



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **01 May 2021** **To** **30 April 2022**

Charity name: Bigger Heart Zanzibar

Charity registration number: 1179065

Objectives and Activities

Summary of the purposes of the charity as set out in its governing document	<p>For the public benefit to promote the education including social and physical training of people under the age of 25 living in Wales and in Africa in such a way that the trustees think fit, including by:</p> <ol style="list-style-type: none">1. awarding to such persons scholarships, maintenance allowance or grants tenable at any university, college or institution of higher or further education2. Providing their education (including the study of music or other arts).3. To undertake travel in furtherance of that education or to prepare for entry to any occupation, trade or profession on leaving any educational establishment.4.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	<p>We work to enrich the lives of children, young people and vulnerable members of the community. Our mission is to empower these groups of people, ensuring brighter futures in spite of their backgrounds. We focus on promoting health, fitness, education and sustainability. We provide the necessary tools required by those we support and access to education through innovative ways of engagement.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	<p>We can confirm that the trustees have had regard to the guidance issued by the Charity Commission on public benefit.</p>

Achievements and Performance

The trustees present their report with the financial statements of the charity for the year ended 30 April 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	<p>We work to enrich the lives of children, young people and vulnerable members of the community.</p> <p>Our mission is to empower these groups of people, ensuring brighter futures in spite of their backgrounds.</p> <p>We focus on promoting health, fitness, education and sustainability.</p> <p>We provide the necessary tools required by those we support and access to education through innovative ways of engagement.</p>
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Additional information

The main activities we undertake in relation to our purpose and key objectives:

- Promoting health and fitness from a young age
- Providing healthy and nutritious snacks for children from deprived backgrounds.
- Providing inclusive physical classes for children, their parents' carers, designed to strengthen their relationships and increase their confidence.
- Delivery arts and crafts sessions both in person and remotely to foster creativity and mental wellbeing.

In this financial year, Bigger Heart Zanzibar was awarded £10,000 by The National Lottery Community Fund Wales. With the grant, we aimed to deliver a health and fitness project remotely for young people and families that were most affected by the impacts of the Covid-19 pandemic. This is especially children from disadvantaged background who are living in poverty and can't have access to open space for physical activities, which also increases mental health issues for these families who struggling to put food on the table.

This project will addressed this issue by providing well-being support to children and families from St Thomas area. Weekly activities will include:

- dance lessons
- craft & painting lessons
- health & nutrition lessons
- family bonding awareness sessions to tackle domestic abuse

All activities were delivered on a weekly basis.

A total of 86 children were engaged and fully participated in the activities.

Outcomes

Since the beginning of the COVID-19, these children from St Thomas were feeling isolated and frustrated by the lack of physical activities and social interaction.

This project made them feel connected, socially included, motivated and will continue to keep them healthy mentally and physically.
We worked in partnership with St Thomas Community school and they helped us to share information about this project so that everybody knew about what we are offering and could access our support.

Financial Review

Review of the charity's financial position at the end of the period	<p>The trustees were delighted to receive grants and donations in this period 01 May 2021 to 30 April 2022, which resulting in incoming resources totalling £10,735. We are grateful to The National Lottery Community Fund Wales and individual donors from the public.</p> <p>The total resources expended in this period total £6861.</p>
Statement explaining the policy for holding reserves stating why they are held	Bigger Heart Zanzibar aims to keep approximately three months running costs in reserves. This is also to cover any emergency. To achieve this, we will aim to put £1,000 per year into the reserves from income until that level is achieved.
Amount of reserves held	£500
Reasons for holding zero reserves	<p>N/A</p> <p>The charity has until now been relying on restricted project funding which has not made it possible to put away a lot of funds for the reserves. We will be working on securing more funding for unrestricted expenses and core functions of the charity.</p>
Details of fund materially in deficit	N/A
Explanation of any uncertainties about the charity continuing as a going concern	The charity has neither the intention nor the need to liquidate or curtail materially the scale of its operations and the charity will remain in existence long enough for its assets to be used.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	<p>The charity's Statement of Financial Activities shows that all the income generated over this period was restricted in nature. Following initial meetings, plans have been developed to explore more extensive fundraising in future periods. In particular, the trustees plan to seek funds for developing trading activities and for specific projects which will further the objects of the charity.</p>
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Investment policy and objectives including any social investment policy adopted	The trustees are currently exploring the idea of investing any future reserves as an effective way to generate income, and the organisation will aim to follow a proper process and secure the help of experts in order to develop a strategy that could generate good returns for our organisation.
A description of the principal risks facing the charity	The primary risk is the charity relying on restricted funding which will be mitigated by diversification of income in the next financial year.
Other	Our future plans are to continue to make a difference by tackling poverty and social inequality faced by young people and empowering them through education, health and wellbeing. To be able to do that and reach as many people as possible we will have to work towards increasing our and growing our core/unrestricted income so that we can continue developing as an organisation.

Structure, Governance and Management

Description of charity's trusts:	
Type of governing document (trust deed, royal charter)	Constitution
How is the charity constituted? (e.g. unincorporated association, CIO)	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	(1) Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	The charity trustees will make available to each new charity trustee, on or before his or her first appointment: (a) a copy of the current version of this constitution; and (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
The charity's organisational structure and any wider network with which the charity works	The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits. The trustees meet as a body every quarter and are responsible for all decisions taken in relation to management of the organisation's resources and the activities provided by the charity. To assist in the smooth running of the charity the trustees have appointed a Director that helps them oversee all aspects of the charity's work. The day-to-day management of the Charity and projects are delegated to the Director. The current chairperson is Nawal Simpson who is one of the co-founders of the charity and is a young person herself. She is a motivated individual with strong communication skills who likes to volunteer for a good cause and make positive changes in the life of the most marginalised young people. Her role as a Trustee and Chair is to ensure the organisation is keeping in line with its principles and purpose, which are set out in our governing document. Our current Director Layla Yahya, is one of the other co-Founders of Bigger Heart. She possesses strong interpersonal skills and is able to identify gaps in society and design creative tools to address them. Layla is passionate about

	<p>young people and children and that drives all her work.</p> <p>Her main role is to act as a liaison between the board of trustees and the rest of the organisation, and ensures project delivery is in line with the charity's objectives.</p>
Relationship with any related parties	<p>One of the charity's core values is collaboration. Our work would not be possible without partnership on a local level with primary schools and the council.</p>
Other	N/A

Reference and Administrative details

Charity name	Bigger Heart Zanzibar
Other name the charity uses	N/A
Registered charity number	1179065
Charity's principal address	<p>53 Pen y Garn, Pentrechwyth Swansea SA1 7ET</p>

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Nawal Simpson			Bigger Heart Zanzibar
2	Salim Mohammed			Bigger Heart Zanzibar
3	Elly Herminawati			Bigger Heart Zanzibar
4				
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17				
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
Layla Yahya		

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Nawal

Simpson

Full name(s)

Nawal

Simpson

**Position (eg
Secretary, Chair, etc)**

Chair

Date

21 February 2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Bigger Heart Zanzibar

1179065

Receipts and payments accounts

CC16a

For the period
from

01/05/2021

To

30/04/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations		735	-	735	245
Grants		16,500	-	16,500	10,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	17,235	-	17,235	10,245
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	17,235	-	17,235	10,245
A3 Payments					
Equipment		5,949	-	5,949	13,087
Accountant		396	-	396	396
Project Coordinator fees		500	-	500	4,800
Professional fees		-	-	-	640
Bakk charges	-	16	-	16	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	6,861	-	6,861	18,923
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	6,861	-	6,861	18,923
Net of receipts/(payments)	-	10,374	-	10,374	- 8,678
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	627	-	627	-
Cash funds this year end	-	11,001	-	11,001	- 8,678

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank and in hand		11,001	627
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	11,001	627
	(agree balances with receipts and payments account(s))	OK	OK	Agreement: Free


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	HERMINAWATI ELY	21/2/2023