

REGISTERED COMPANY NUMBER: 11427513 (England and Wales)
REGISTERED CHARITY NUMBER: 1179048

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2022
FOR
CHUMS CHARITY**

**Foxley Kingham
Chartered Accountants
260 - 270 Butterfield
Great Marlings
Luton
Bedfordshire
LU2 8DL**

CHUMS CHARITY

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CHUMS CHARITY

REFERENCE AND ADMINISTRATIVE DETAILS for the Year Ended 31 MAY 2022

TRUSTEES

Mr G V Ball
Mr B C Banks (resigned 1.9.22)
Ms M Browning (resigned 5.7.21)
Ms A R B Carter (resigned 30.6.21)
Ms D J Hewitt
Mr A P Robson
Mrs J Williams

REGISTERED OFFICE

Wrest Park Enterprise Centre
Wrest Park
Silsoe
Bedfordshire
MK45 4HS

**REGISTERED COMPANY
NUMBER**

11427513 (England and Wales)

**REGISTERED CHARITY
NUMBER**

1179048

INDEPENDENT EXAMINER

Foxley Kingham
Chartered Accountants
260 - 270 Butterfield
Great Marlings
Luton
Bedfordshire
LU2 8DL

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

The Trustees who are also directors of the Charity for the purposes of the Companies Act 2006, are pleased to present their report with the financial statements of the Charity for the year ended 31 May 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

CHUMS Charity (the 'Charity') is a charitable company which was incorporated on 21 June 2018, registered with the Charity Commission on 3 July 2018 and began operating on 1 April 2019.

OBJECTIVES AND ACTIVITIES

Objectives

The objectives of the Charity are: -

- to promote the preservation of mental health and
- to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress, through
- the provision of support to children and their families affected by bereavement, trauma and other emotional and mental health issues in the United Kingdom.

The Charity furthers these purposes by making grants to services operated by other charities and social enterprises. The Charity reviews its aims and activities regularly, in particular to ensure the success of the services funded and the benefits the services have brought to the Charity's beneficiaries.

The Trustees have read and considered the general guidance on public benefit provided by the Charity Commission in setting the Charity's aims and objectives.

Grantmaking

The Charity has established its grant making policy to achieve its mission, aims and objects for the public benefit, in particular by funding support for children and their families affected by bereavement, trauma and other emotional and mental health issues. Whilst the Charity's objectives enable it to further these purposes throughout the United Kingdom, the Charity currently focuses its activities within Luton and Bedfordshire. Going forward and in line with best practice, the Charity will review its grant making policy annually to ensure that it reflects the Charity's objectives and thereby advances public benefit.

As a grant making Charity, we rely greatly on the generosity of the community to help us raise the funds required to support services provided to our beneficiaries. As Trustees, we continue to seek and utilise opportunities to improve our presence in the community to raise awareness and to attract and maintain vital sources of income to further our objectives. We work proactively to build relationships with the widest possible range of stakeholders across our communities, seeking always to strengthen our links with individuals, other charities and grant making bodies and corporate entities who currently all contribute to make our activities successful.

The Charity primarily funds a number of services, provided by CHUMS Social Enterprise CIC ('CHUMS CIC'), a community interest company, which provide a range of unique services that improve the lives of the Charity's beneficiaries. These services form part of a wider provision of services by CHUMS CIC; however, unlike other services provided by CHUMS CIC, the services funded by the Charity do not receive any NHS funding. By funding services through CHUMS CIC, as opposed to running services itself, the Charity is able to achieve maximum value for money and significantly improved outcomes which ensure that the individuals, families, organisations and communities we serve, have access to innovative, multi-disciplinary and collaborative models of care within CHUMS own 'mental health care and wellbeing pathway'. This unique wellbeing pathway brings together the expertise and infrastructure provided as a result of CHUMS CIC's NHS commissioned services and the innovative community outreach programmes that are funded by the Charity. Within an ever more stretched fundraising environment, the Trustees have confidence that their existing model of grant making enables the delivery of outstanding services that provide solutions to the complex problems faced by the Children & Young People (CYP) and their families in our communities in 2022.

The services funded by the Charity during the year are described in more detail below. The Trustees wish to continue to support these services and therefore, at present, the Charity does not invite unsolicited grant applications. The Trustees have regard to the Charity Commission's guidance on grant funding an organisation that isn't a charity when making grants to CHUMS CIC and ensure that all grants made are in accordance with the Charity's Articles of Association, for the furtherance of its objectives and for the benefit of the public.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

OBJECTIVES AND ACTIVITIES

THE SERVICES WE SUPPORT

How our activities deliver public benefit: achievement and performance

As described above, the Charity has made grants to CHUMS CIC and currently supports five services which benefit CYP and families affected by bereavement, trauma and other emotional and mental health issues, as well as the general public more widely. The Trustees take steps when making decisions in relation to grant making to ensure that each grant provides adequate public benefit, as well as to ensure that the Charity receives adequate reporting to allow it to improve its targeted grant-making.

The services funded by the Charity are as follows:

1. Trauma Service
2. Recreational Therapeutic Service
3. Bedfordshire Suicide Bereavement Service
4. Babyloss Service
5. Disability Friendship Scheme

1. The Bereavement and Non-bereavement Trauma Service

This service supports CYP in crisis who are not able to get on with their normal lives as a result of one or multiple traumas. They are stuck in the moment of their loss or their abuse and are reliving the horror on a constant basis. Children and young people are referred into the service usually by families, teachers, or social services.

The cases seen in the service cover trauma received from domestic violence, sexual abuse, bereavement and more recently, refugee children fleeing from war. Also, medical trauma, road traffic accidents, and a large increase in knife crime and community violence.

Public benefit

The wider social impacts of the Trauma Service are:

- Improved life outcomes
- More resilient CYP, families and communities
- Reduced stigma of mental health difficulties

Within Bedfordshire and Luton there are very limited trauma interventions and no other specialist trauma service available to CYP. The Trauma service provides a high-quality and effective solution to the systemic pressures of increased demand, waiting lists and inequalities of access experienced by so many CYP within the wider mental health care system in our region.

Outcomes

The Trauma Service targets four main outcomes which are measured quantitatively and/ or qualitatively:

- Decreased distress and increased functioning
- Improved relationships (family and peer)
- Able to engage fully in education
- Progress towards personal goal (set at the start of intervention)

Testimonials

"Thank you both for today's session. I cannot explain how important it is to feel listened to."
(Parent following the Parent Support Group)

"My therapist was able to make me feel safe and listened to in sessions which put me at ease from difficulties as I was provided a safe space to talk freely about stressful situations."
(CYP beneficiary)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

OBJECTIVES AND ACTIVITIES

2. Recreational Therapeutic Service (REC) - TACTICS football programme and ENCORE music programme

This innovative service works with CYP aged 8 to 14 years old who struggle to engage with traditional 1:1 talking therapies. Not all CYP can or are willing to engage in traditional 1:1 talking therapies. For many it is simply too intense or talking through their feelings in that more formal setting is too difficult.

Unfortunately, because of a lack of alternative provision, many CYP do not receive the support they need and often express their frustrations through unhelpful behaviours. These CYP may then struggle long-term with educational engagement leading to potentially negative personal and social impacts.

The REC programmes are designed to support CYP using a medium they can relate to (ie. music and football) with a robust psychological approach based on cognitive behavioural therapy (CBT) principles, a well-known and evidence-based psycho-social intervention.

The programmes use of CBT principles empowers CYP, giving them a better understanding of their emotions and proven strategies and tools to help them to cope better. The service targets mild to moderate mental health difficulties by providing early intervention to CYP who may be struggling with difficulties around anxiety, low-mood, low self-esteem and/or challenging behaviours.

Public benefit

Wider social impacts include:

- Better academic achievement
- More resilient CYP
- More resilient families
- Better life choices
- More resilient school communities
- Less demand on CAMHS services

Outcomes

- Improved mental health for disengaged children and young people or those suffering with anxiety.
- Improved behaviour management for children and young people displaying challenging behaviours.
- Increased engagement in education and enhanced emotional wellbeing and resiliency.

Testimonials

"TACTICS football sessions helped me with my anger and anxiety. I liked the S.T.O.P technique"
(CYP beneficiary)

"Clear delivery that the children understood and enjoyed and the sessions were just the right amount of time. The children play together more in the playground and they talk about the musical instruments they learnt with confidence to others. The communication with CHUMS has been excellent and they have followed up with a few of our families when they have seen more support is needed."
(CYP teacher)

3. Bedfordshire Suicide Bereavement Service (BSBS)

BSBS supports families and individuals of all ages bereaved by suicide in Bedfordshire. The only service of its kind in the county, BSBS works in close partnership with Bedfordshire Police so that they can refer families to the service as early as possible, with the aim of supporting families within 48 hours.

Starting with just one part-time member of staff and a small number of dedicated volunteers, CHUMS CIC has been delivering the service since 2015. In that time, referrals have grown substantially as the service has become better known and numbers of suicides / suspected suicides have increased.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

OBJECTIVES AND ACTIVITIES

Suicide is non-discriminatory - it affects people from all walks of life. All the evidence suggests that, in a post-pandemic, post-Brexit world with a growing economic crisis, demand for the service will continue to increase over the next few years - a trend that will require the Charity to find ever more resourceful ways to fund the growth in the critical work of the service.

BSBS offers vital support to a suicide bereaved person (or family) within 2-4 days of receiving a referral, providing both practical and emotional support and helping the beneficiaries to make some very difficult but important decisions during a time of great personal anxiety, grief and stress.

This year referrals have included offering support to people as young as three years old, and also to elderly people in their eighties who are sadly faced with the suicide of a spouse or child. Inclusive and empathetic in its approach, BSBS supports all sections of the community. including extended family, friends, colleagues, social groups and witness to a suicide death.

The service includes:

- Phone support
- Individual counselling
- Group/family counselling
- Monthly support group for adults
- Monthly support group for CYP
- Resource lists
- Signposting to other organisations, church leaders, school communities and workplaces.
- Crisis visits to schools and workplaces (following a suicide)
- A swimming club
- Support for the immediate and extended family, friends, colleagues

Public benefit

The wider social impacts are aligned to those of the Trauma Service:

- Improved life outcomes
- More resilient CYP, families and communities
- Reduced stigma of mental health difficulties

It is worth noting that improved life outcomes for adults who are supported by BSBS will have a direct benefit not just for the individual, but also for their family, friends and wider community.

Outcomes

Traumatically bereaved children and adults are supported through the most difficult time are:

- Less likely to take their own lives
- Able to re-engage in education and work much sooner than would otherwise be possible
- Able to care for other family members

In addition, families benefit hugely from talking about their emotions and grief and as such, are better able to 'process the devastating event'. This improves communication within the family helping them to function better and carry on with their lives as soon as possible.

Testimonials from Adult beneficiaries

"I will be forever grateful for the mental health, the emotional and bereavement support and I cannot thank you enough for that."

"Your support has really helped me to start moving forward again with my life and is so very much appreciated. Thank you again from the bottom of my heart"

"If it was not for the support CHUMS has offered me, I also would not of have been able to face the reality or attend the coroner's inquest hearing. I could not of have done that without their professionalism and help and I will be forever grateful"

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

OBJECTIVES AND ACTIVITIES

4. Babyloss Service

CHUMS Babyloss Service has been running for eight years and provides bereavement support to bereaved parents (and sometimes grandparents and siblings too) following the death of a baby through late miscarriage, stillbirth, compassionate termination, or neonatal death. The service also provides support during subsequent anxious rainbow pregnancies. Much of the work of the service continues to be the provision of ongoing support to existing clients who require longer term interventions due to the nature of their loss.

Referrals to the service come mainly from the Luton and Dunstable Hospital through their bereavement midwife, but also through self-referrals and from GPs, health visitors and community midwives.

The service provides the following support to families:

- Telephone support
- Crisis visits
- Home assessments
- Individual and couples counselling
- Monthly bereavement Snowdrop support group
- Bereaved fathers only group
- Monthly Rainbow group for those expecting again and those requiring further support
- Private Facebook support groups
- Lending library
- Workshop days offering creative therapeutic interventions
- Two event days each year

The event days are for bereaved couples and their wider families and consist of a Summer Baby Memory Day and, at the end of each year, a Snowdrop Remembrance Service.

Public benefit

- Reduced demand for specialist mental health services
- More resilient families
- Development of peer to peer support networks

Outcomes

Through the provision of this specialist support, families report the following outcomes:

- Feel less isolated
- Developed peer to peer support with others with similar lived experience
- Better able to express their feelings and worries
- Better able to normalise their responses
- More able to manage their grief
- Developed a range of coping strategies
- Improved emotional wellbeing and resiliency

Testimonial

"We would like to thank you (Chums) for these beautiful things to put on our tree I can honestly say it was emotional putting the tree up and even getting the decorations , as I was with our daughter ...last year , but these gifts made it lovely , Christmas to us means family and memories so it hurts that ours ain't complete but we also need to be strong for others around us and they enjoy Christmas so thank you so much it something that will come out every year and we will light the candles until they go out."

(Bereaved Parent beneficiary)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

OBJECTIVES AND ACTIVITIES

5. Disability Friendship Scheme

The scheme operates in Luton offering a safe weekly social space for children and young people with learning and/or physical disabilities aged 13 to 25, as well as outings and workshops in the Easter and Summer holidays. The scheme has been run as an ongoing project in the Luton Borough since CHUMS took it over from Luton Borough Council in March 2015.

The service enables and empowers young people with a wide range of physical and learning impairments to be able to access and enjoy the same social opportunities as their non-disabled peers. CHUMS recognises the importance of offering this group of young people a safe space on a Friday evening to meet, let off steam, have fun, support one another as well as be supported. Each session offers the beneficiaries a sanctuary that is safe, where support is unconditional and non-judgemental, but with relevant boundaries in place.

Being able to regularly meet with their peers and build positive, supportive relationships whilst having fun helps the scheme's beneficiaries to feel less isolated and alone and helps them develop their social communication skills. In addition, the service offers much needed respite to parents, carers, and siblings, and gives them a chance to have a break from their caring responsibilities. The service is enhanced greatly by a small team of regular volunteers who attend the weekly sessions on a rota basis; they are a valuable asset to both CHUMS and the young people accessing the scheme.

Another important feature is that it offers outings in the Easter and Summer holidays, giving the young people the opportunity to go bowling, to the theatre, to the seaside, and enjoy a range of different outdoor activity days.

Referrals are most commonly made into the service via other agencies in Luton but referrals can also be made by individuals and families.

Public benefit

Wider social impacts are:

- Respite for parents/carers/siblings leading to improved family life
- Improved social inclusion and engagement for a marginalised group of young people
- Reduced stigma
- Improved mental health and wellbeing for the young people

Outcomes

The young people are able to access the service up until they reach the age of 25. During their time in the service they develop:

- Improved social communication skills with their peers and with other people in the community
- Improved confidence and self-esteem
- Their ability to lead independent, more fulfilling lives
- Improved soft and hard skills which enhance their educational attainment and their employability
- A friendship group with others with shared lived experience
- Increased confidence and communication skills
- Opportunities to share their stories with others at external events

Testimonials

"What I can say is that, if it were not for the CHUMS Friendship group, I would have not had my daughter and 3 of her friends from CHUMS in my car for a social outing, a meal, followed by a movie. The girls supported each other, and it is down to the confidence building through CHUMS that has given my daughter the confidence and social friendship group that otherwise would leave her isolated in her bedroom."

(Parent)

"The CHUMS Friendship & Disability scheme is much more than a friendship group; it is a supportive structure for those young people who attend. The light must not be allowed to extinguish on such a treasured scheme."

(Parent)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

OBJECTIVES AND ACTIVITIES

SOURCES OF INCOME

The Charity benefits from the support of its donors and funders who raise funds to enable it to support the services described above. The Charity also relies on a diversified range of donations and grants to support its charitable activities:

The Charity primarily relies on three sources of income:

Grants

The Charity receives a number of grants which are restricted for particular services. During 2021/22 we were very generously supported by a number of local, regional and national grant funders: The Amateurs Trust, Angus Brewer Community Fund, The Arnold Clark Community Fund, ASDA Foundation, Autism Bedfordshire, The Barbara Ward Foundation, Beaverbrooks Charitable Trust, Bedfordshire and Luton Community Foundation, Bedfordshire Police VERU, The BIG Give, CDS CIC, Charity of Robert Lucas for the Poor, Coop Customer Donation Fund, David Solomons Charitable Trust, First Give, Gale Family Trust, Groundwork UK/Tesco Bags of Help, London Luton Airport Limited CIF, Marley's Aart Foundation, The National Lottery, Neighbourly CT, Oakdene Foundation, Panacea Charitable Trust, St James's Place and The Wavendon Foundation.

Donations

Income from local companies, schools and community groups came closer to historical levels following the pandemic and the series of lockdowns, with donations delivering 31% of income and events 16%. We were thrilled to see the re-emergence of corporate support as companies returned to a more normal way of working alongside supporting their local communities.

Events & Campaigns

Fundraising can take many shapes and forms. February 2022 saw the return of our 'Shine Bright, Wear Bright' Schools Campaign physically taking place in schools which was sponsored by GoStudent, as well as the return of multiple physical challenges by supporters, ranging from sponsored walks to runs and wingwalks to skydives. A significant Ice Ultra Challenge raised over £10,000 for the Bedfordshire Suicide Bereavement Service.

The Trustees would like to note and thank the incredible energy, passion and consistent contribution of all of our incredible supporters who have helped the Charity to make 2021/22 another successful year, enabling us to make grants to CHUMS CIC that support and enable the amazing work of the charitable services as outlined above.

COVID-19

The Trustees recognise the significant ongoing event associated with the pandemic and the short, medium and longer term impact on the mission, aims and objects of the charity. In line with Government and NHS England advice at the time, the charity closed its office as a result of the COVID-19 pandemic on 19 March 2020 and staff continued to work mostly off-site during the first and second lockdown periods. During this financial year however, the charity slowly began to operate what is now referred to as a 'hybrid model of working', with staff being able to return to the office and working alongside each other in a team again. The Trustees were mindful at all times of the health and safety and emotional wellbeing of the staff and provided ongoing leadership, guidance and support throughout.

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

Fundraising income was very dependent on planned grant income and emergency grant income throughout the year with 52% of funds being received from this source against 73% last year and close to the average of 50% previously.

FINANCIAL REVIEW

Financial position

The total funds raised in the year ended 31 May 2022 amounted to £357,359 (2021: £426,520) with a net £206,934 (2021: £288,399) made in grants to the five services supported by the Charity.

After grants and expenditure on the Charity's charitable activities, the board of Trustees report a net income of £7,104 (2021: £18,725) in the year under review. At the financial year end, the unrestricted general reserves stand at £101,145 (2021: £95,718) and restricted reserves at £1,677 (2021: £nil).

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

FINANCIAL REVIEW

Reserves policy

The Trustees consider it prudent to maintain an appropriate level of reserves. Such reserves could from time to time be required to avoid any disruption to the charitable fundraising work, given that by their nature, certain sources of income are erratic and difficult to forecast.

The Reserves Policy was reviewed and approved by the Charity at its Trustees meeting on 4 July 2022 and has retained the reserves target as six months operational costs rising to a maximum of twelve months. The Trustees consider six months to be an appropriate and adequate time period to enable the Charity to continue to operate with no unrestricted income while a new strategy is implemented to address the issue or to settle the costs of closing the Charity while paying creditors as they fall due. The Reserves Policy is subject to an annual review.

PLANS FOR FUTURE PERIODS

The Charity plans to continue to make grants to the services outlined above subject to satisfactory funding arrangements. In light of the current challenging financial climate, the Trustees are keen to strengthen the Charity's fundraising capabilities to enable to secure long-term support for the beneficiaries of the services being funded.

During the year, Trustees took the decision to further invest in the staff team as part of their plans to review and refresh the Charity's strategy with the aim of ensuring that the organisation is fit for purpose in a post-pandemic world. This proactive step demonstrates the Trustees ambition over the next few years to build a Charity with a clear strategy that can be delivered by a high performing staff and volunteer team in order to grow the organisation's supporter and donor base each year and maximise the fundraising potential from new and alternative sources.

The Trustees are also keen to take advantage of the Charity's new structure to put in place robust governance procedures to ensure that the Charity is effectively and appropriately furthering its charitable purposes for the public benefit.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a charitable company limited by guarantee, as defined by the Companies Act 2006, governed by its Articles of Association. In the event of the Charity being wound up, the Charity's sole member is required to contribute an amount not exceeding £1.

Recruitment and appointment of new trustees

The directors of the Charity are also charity Trustees for the purpose of charity law. Under the Articles of Association, the Trustees are appointed for a period of three years from the date of appointment, after which they may be appointed for one or more further terms of three years.

All trustees give their time voluntarily and received no benefits from the Charity.

The Trustees are responsible for recruiting and appointing new Trustees. Under the Articles of Association, the process of finding suitable candidates to be considered for appointment as new trustees shall be led by the Chair of the Charity, with the support of the Charity Director or an existing Trustee, and the Chief Executive of CHUMS CIC. When recruiting new Trustees, the Trustees have regard to ensuring that there is a broad skill mix amongst the board and that the Board of Trustees reflects the diversity of the communities of people that the Charity serves.

New Trustees are encouraged to meet with the Charity's staff and representatives from CHUMS CIC to understand how the Charity operates and the services which are funded by the Charity. Trustees are also encouraged to attend external training sessions where appropriate, and all Trustees are provided with a copy of the Charity Commission's guidance "The Essential Trustee".

Organisational structure

The Charity's Trustees, who are responsible for the strategic direction and policy of the Charity, meet formally on a regular basis. Pre-Covid, such meetings would be on a face to face, in-person basis, with additional meetings held by telephone or video conference as required. Through the second year of the COVID-19 pandemic, following the guidance from Government and NHS England, Trustee's meeting were held utilising videoconferencing facilities. As the country emerged out of 2021 into 2022, Trustees (like staff) began to move to a hybrid model of meetings - some online and some face to face.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Staff and Volunteers


The Charity employs a small fundraising team to raise funds for the Charity's purposes. The Charity's Head of Fundraising and Communications also provides secretarial services to the Trustees.

The Trustees are extremely grateful for the dedication and hard work provided by the staff team and all of the volunteers that have so generously given their time to support the work of the Charity. It is not an understatement to say that without the dedication and commitment of the volunteer team, the organisation would not be able to raise awareness of mental health and emotional wellbeing issues and fundraise to the extent that it has done through this financial year.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. As the Charity becomes operational, the Trustees are in the process of carrying out a review of the major risks to which the Charity is exposed and establishing a risk register. Where appropriate, the systems and procedures will be put in place to mitigate the risks the Charity faces.

Approved by order of the board of trustees on 21 October 2022 and signed on its behalf by:



Mrs J Williams - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CHUMS CHARITY

Independent examiner's report to the trustees of CHUMS Charity ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Tara Aldwin ACA
Institute of Chartered Accountants in England and Wales
Foxley Kingham
Chartered Accountants
260 - 270 Butterfield
Great Marlings
Luton
Bedfordshire
LU2 8DL

Date: 10 November 2022

CHUMS CHARITY

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 MAY 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, legacies and grants	2	116,584	208,861	325,445	405,494
Raising funds	3	<u>31,914</u>	<u>-</u>	<u>31,914</u>	<u>21,026</u>
Total		<u>148,498</u>	<u>208,861</u>	<u>357,359</u>	<u>426,520</u>
EXPENDITURE ON					
Raising funds		138,792	250	139,042	115,909
Charitable activities					
Grants payable		-	206,934	206,934	288,399
Governance costs		<u>4,279</u>	<u>-</u>	<u>4,279</u>	<u>3,487</u>
Total		<u>143,071</u>	<u>207,184</u>	<u>350,255</u>	<u>407,795</u>
NET INCOME		5,427	1,677	7,104	18,725
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>95,718</u>	<u>-</u>	<u>95,718</u>	<u>76,993</u>
TOTAL FUNDS CARRIED FORWARD		<u>101,145</u>	<u>1,677</u>	<u>102,822</u>	<u>95,718</u>

The notes form part of these financial statements

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

**BALANCE SHEET
31 MAY 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Intangible assets	10	640	-	640	1,280
CURRENT ASSETS					
Debtors: Amounts falling due within one year	11	3,896	-	3,896	1,457
Cash at bank		<u>107,464</u>	<u>1,677</u>	<u>109,141</u>	<u>97,780</u>
		111,360	1,677	113,037	99,237
CREDITORS					
Amounts falling due within one year	12	(10,855)	-	(10,855)	(4,799)
NET CURRENT ASSETS		<u>100,505</u>	<u>1,677</u>	<u>102,182</u>	<u>94,438</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>101,145</u>	<u>1,677</u>	<u>102,822</u>	<u>95,718</u>
NET ASSETS		<u>101,145</u>	<u>1,677</u>	<u>102,822</u>	<u>95,718</u>
FUNDS	13				
Unrestricted funds				101,145	95,718
Restricted funds				<u>1,677</u>	<u>-</u>
TOTAL FUNDS				<u>102,822</u>	<u>95,718</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2022.

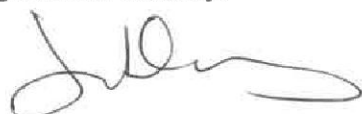
The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 October 2022 and were signed on its behalf by:



Mrs J Williams - Trustee

The notes form part of these financial statements

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 MAY 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

The Charity meets the definition of a public benefit entity under FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income received by way of donations, legacies and grants is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Income received as events income is included in the Statement of Financial Activities under 'raising funds' and is recognised when the event has occurred and the income is receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Restricted funds are those received from donors for a specific purpose, usually to fund a specified service. The funds are granted to organisations to deliver the specified service in accordance with the Charity's objectives, to cover the costs of delivering those services.

Unrestricted funds are those received from donors without a specific purpose specified and therefore to be used for the general objectives of the Charity. The funds are used for the day to day fundraising activities of the Charity to meet its objectives and the net raised is granted to organisations at the discretion of the trustees to deliver a specified service meeting the Charity's objectives.

Donated services

In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised in the financial statements. The Charity does not directly engage volunteers in its activities however does recognise the input of its supporters at events, bucket collections and ad hoc fundraising activities.

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 MAY 2022

2. DONATIONS, LEGACIES AND GRANTS

	2022	2021
	£	£
Donations and legacies	138,259	95,274
Grants	<u>187,186</u>	<u>310,220</u>
	<u>325,445</u>	<u>405,494</u>

3. RAISING FUNDS

	2022	2021
	£	£
Events income	<u>31,914</u>	<u>21,026</u>

4. GRANTS PAYABLE

	2022	2021
	£	£
Grants payable	<u>206,934</u>	<u>288,399</u>

The total grants paid to institutions during the year was as follows:

	2022	2021
	£	£
Grants to CHUMS CIC	<u>206,934</u>	<u>288,399</u>

	£	£
Trauma Service	90,300	77,760
Recreational Therapeutic Service	20,393	47,943
Bedfordshire Suicide Bereavement Service	45,463	95,070
Baby Loss Service	35,753	41,242
Disability Friendship Scheme	12,032	24,389
Young Carers Service	<u>2,993</u>	<u>1,995</u>
	<u>206,934</u>	<u>288,399</u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Computer software amortisation	<u>640</u>	<u>640</u>

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 MAY 2022

6. INDEPENDENT EXAMINER'S REMUNERATION

During the year, fees were paid to the independent examiner totalling £1,140 (2021: £1,140) for independent examination services and £3,139 (2021: £2,347) for other financial services.

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2022 nor for the year ended 31 May 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2022 nor for the year ended 31 May 2021.

8. STAFF COSTS

	2022 £	2021 £
Wages and salaries	101,681	91,414
Social security	10,270	8,674
Pension	<u>5,088</u>	<u>5,629</u>
	<u>117,039</u>	<u>105,717</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Staff	<u>3</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations, legacies and grants	162,974	242,520	405,494
Raising funds	<u>21,026</u>	<u>-</u>	<u>21,026</u>
Total	<u>184,000</u>	<u>242,520</u>	<u>426,520</u>
EXPENDITURE ON			
Raising funds	115,909	-	115,909
Charitable activities			
Grants payable	-	288,399	288,399
Governance costs	<u>3,487</u>	<u>-</u>	<u>3,487</u>
Total	<u>119,396</u>	<u>288,399</u>	<u>407,795</u>
NET INCOME/(EXPENDITURE)	64,604	(45,879)	18,725
Transfers between funds	<u>(40,678)</u>	<u>40,678</u>	<u>-</u>

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 MAY 2022

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Net movement in funds	23,926	(5,201)	18,725
RECONCILIATION OF FUNDS			
Total funds brought forward	71,792	5,201	76,993
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD	<u>95,718</u>	<u>-</u>	<u>95,718</u>

10. INTANGIBLE FIXED ASSETS

	Computer software £
COST	
At 1 June 2021 and 31 May 2022	<u>1,920</u>
AMORTISATION	
At 1 June 2021	640
Charge for year	<u>640</u>
At 31 May 2022	<u>1,280</u>
NET BOOK VALUE	
At 31 May 2022	<u>640</u>
At 31 May 2021	<u>1,280</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Prepayments and accrued income	<u>3,896</u>	<u>1,457</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	268	407
Other taxes and social security costs	5,078	2,961
Other creditors	1,249	-
Accruals and deferred income	<u>4,260</u>	<u>1,431</u>
	<u>10,855</u>	<u>4,799</u>

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 MAY 2022

13. MOVEMENT IN FUNDS

	At 1.6.21 £	Net movement in funds £	At 31.5.22 £
Unrestricted funds			
General fund	95,718	5,427	101,145
Restricted funds			
Recreational Therapeutic Service	-	500	500
Baby Loss Service	-	39	39
Other Restricted	-	1,138	1,138
	-	1,677	1,677
TOTAL FUNDS	<u>95,718</u>	<u>7,104</u>	<u>102,822</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	148,498	(143,071)	5,427
Restricted funds			
Trauma Service	90,300	(90,300)	-
Recreational Therapeutic Service	20,893	(20,393)	500
Bedfordshire Suicide Bereavement Service	45,463	(45,463)	-
Baby Loss Service	35,792	(35,753)	39
Young Carers Service	2,993	(2,993)	-
Disability Friendship Scheme	12,032	(12,032)	-
Other Restricted	1,388	(250)	1,138
	<u>208,861</u>	<u>(207,184)</u>	<u>1,677</u>
TOTAL FUNDS	<u>357,359</u>	<u>(350,255)</u>	<u>7,104</u>

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 MAY 2022

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.6.20 £	Net movement in funds £	Transfers between funds £	At 31.5.21 £
Unrestricted funds				
General fund	71,792	64,604	(40,678)	95,718
Restricted funds				
Recreational Therapeutic Service	-	(32,105)	32,105	-
Bedfordshire Suicide Bereavement Service	5,201	(5,201)	-	-
Baby Loss Service	-	(4,383)	4,383	-
Disability Friendship Scheme	-	(4,190)	4,190	-
	<u>5,201</u>	<u>(45,879)</u>	<u>40,678</u>	<u>-</u>
TOTAL FUNDS	<u>76,993</u>	<u>18,725</u>	<u>-</u>	<u>95,718</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	184,000	(119,396)	64,604
Restricted funds			
Trauma Service	77,760	(77,760)	-
Recreational Therapeutic Service	15,838	(47,943)	(32,105)
Bedfordshire Suicide Bereavement Service	89,869	(95,070)	(5,201)
Baby Loss Service	36,859	(41,242)	(4,383)
Young Carers Service	1,995	(1,995)	-
Disability Friendship Scheme	20,199	(24,389)	(4,190)
	<u>242,520</u>	<u>(288,399)</u>	<u>(45,879)</u>
TOTAL FUNDS	<u>426,520</u>	<u>(407,795)</u>	<u>18,725</u>

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 MAY 2022

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.6.20 £	Net movement in funds £	Transfers between funds £	At 31.5.22 £
Unrestricted funds				
General fund	71,792	70,031	(40,678)	101,145
Restricted funds				
Recreational Therapeutic Service	-	(31,605)	32,105	500
Bedfordshire Suicide Bereavement Service	5,201	(5,201)	-	-
Baby Loss Service	-	(4,344)	4,383	39
Disability Friendship Scheme	-	(4,190)	4,190	-
Other Restricted	-	1,138	-	1,138
	<u>5,201</u>	<u>(44,202)</u>	<u>40,678</u>	<u>1,677</u>
TOTAL FUNDS	<u>76,993</u>	<u>25,829</u>	<u>-</u>	<u>102,822</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	332,498	(262,467)	70,031
Restricted funds			
Trauma Service	168,060	(168,060)	-
Recreational Therapeutic Service	36,731	(68,336)	(31,605)
Bedfordshire Suicide Bereavement Service	135,332	(140,533)	(5,201)
Baby Loss Service	72,651	(76,995)	(4,344)
Young Carers Service	4,988	(4,988)	-
Disability Friendship Scheme	32,231	(36,421)	(4,190)
Other Restricted	<u>1,388</u>	<u>(250)</u>	<u>1,138</u>
	<u>451,381</u>	<u>(495,583)</u>	<u>(44,202)</u>
TOTAL FUNDS	<u>783,879</u>	<u>(758,050)</u>	<u>25,829</u>

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 MAY 2022

14. RELATED PARTY DISCLOSURES

CHUMS CIC

CHUMS CIC is the sole member of the Charity. Dawn Hewitt, a trustee, is the Chief Executive and a director of CHUMS CIC. Ben Banks, a trustee until he resigned on 1 September 2022, is also a director of CHUMS CIC.

During the period under review, grants were made to CHUMS CIC of £206,934 (2021: £288,399). These grants were made for charitable purposes in accordance with objectives of the Charity.

15. ULTIMATE CONTROLLING PARTY

The Board of Trustees is the ultimate controlling party.