

CHUMS CHARITY

England & Wales · Charity number 1179048

Details

Other names	CHUMS
Status	Registered
Legal form	Charitable company
Company number	11427513
Registered	2018-07-03
Register	View on the Charity Commission register

Contact

Address Chums
Wrest Park Enterprise Centre
Wrest Park
Silsoe
Bedford
MK45 4HS

Phone 01525863924

Email sue.clarke@chumscharity.org

Website <http://chumscharity.org>

Activities

Objects: TO PROMOTE THE PRESERVATION OF MENTAL HEALTH AND TO ASSIST IN RELIEVING AND REHABILITATING PERSONS SUFFERING FROM MENTAL DISORDER OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS, IN PARTICULAR BY PROVIDING SUPPORT TO CHILDREN AND THEIR FAMILIES AFFECTED BY BEREAVEMENT, TRAUMA AND OTHER EMOTIONAL AND MENTAL HEALTH ISSUES IN THE UNITED KINGDOM

Activities: Mental health and emotional wellbeing support services

Classification

- **How:** Makes Grants To Organisations
- **What:** Disability, Recreation, Other Charitable Purposes
- **Who:** Children/young People

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£537,042	£546,453	£62,922	3
2024-05-31	£448,089	£468,762	-	-
2023-05-31	£540,753	£550,569	£93,006	4
2022-05-31	£357,359	£350,255	-	-
2021-05-31	£426,520	£407,795	-	-

Trustees

Name	Role	Appointed
Andrew Mark Carter	Chair	2023-04-17
DAWN HEWITT		2017-10-01
Jenny Coles CBE		2023-10-16
Jessica Margaret Ann Costanzo		2023-01-16
Kevin Lawson-McNamara		2023-10-16
SHARON KNOTT		2024-04-22

CHUMS CHARITY

England & Wales - Charity number 1179048

Accounts

REGISTERED COMPANY NUMBER: 11427513 (England and Wales)
REGISTERED CHARITY NUMBER: 1179048

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2025
FOR
CHUMS CHARITY**

CHUMS CHARITY

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for the Year Ended 31 MAY 2025**

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CHUMS CHARITY

REFERENCE AND ADMINISTRATIVE DETAILS for the Year Ended 31 MAY 2025

TRUSTEES	Mrs D J Hewitt Mr A M Carter Mrs J Coles Mrs J M A Costanzo Mrs S Knott Mr K M P Lawson-McNamara Mrs H Touhey
REGISTERED OFFICE	Wrest Park Enterprise Centre Wrest Park Silsoe Bedfordshire MK45 4HS
REGISTERED COMPANY NUMBER	11427513 (England and Wales)
REGISTERED CHARITY NUMBER	1179048
INDEPENDENT EXAMINER	Tara Aldwin ACA Foxley Kingham Chartered Accountants 260 - 270 Butterfield Great Marlings Luton Bedfordshire LU2 8DL

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2025**

The Trustees who are also directors of the Charity for the purposes of the Companies Act 2006, are pleased to present their report with the financial statements of the Charity for the year ended 31 May 2025. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

CHUMS Charity (the 'Charity') is a charitable company which was incorporated on 21 June 2018, registered with the Charity Commission on 3 July 2018 and began operating on 1 April 2019.

OBJECTIVES AND ACTIVITIES

Objectives

The objectives of the Charity are: -

- to promote the preservation of mental health and
- to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress, through
- the provision of support to children and their families affected by bereavement, trauma and other emotional and mental health issues in the United Kingdom.

The Charity furthers these purposes by making grants to services operated by other charities and social enterprises. The Charity reviews its aims and activities regularly, in particular to ensure the success of the services funded and the benefits the services have brought to the Charity's beneficiaries.

The Trustees have read and considered the general guidance on public benefit provided by the Charity Commission in setting the Charity's aims and objectives.

Grantmaking

The Charity has established its grant making policy to achieve its mission, aims and objects for the public benefit, in particular by funding support for children and their families affected by bereavement, trauma and other emotional and mental health issues. Whilst the Charity's objectives enable it to further these purposes throughout the United Kingdom, the Charity currently focuses its activities within Luton and Bedfordshire. Going forward and in line with best practice, the Charity will review its grant making policy annually to ensure that it reflects the Charity's objectives and thereby advances public benefit.

As a grant making Charity, we rely greatly on the generosity of the community to help us raise the funds required to support services provided to our beneficiaries. As Trustees, we continue to seek and utilise opportunities to improve our presence in the community to raise awareness and to attract and maintain vital sources of income to further our objectives. We work proactively to build relationships with the widest possible range of stakeholders across our communities, seeking always to strengthen our links with individuals, other charities and grant making bodies and corporate entities who currently all contribute to make our activities successful.

The Charity primarily funds a number of services, provided by CHUMS Social Enterprise CIC ('CHUMS CIC'), a community interest company, which provides a range of unique services that improve the lives of the Charity's beneficiaries. These services form part of a wider provision of services by CHUMS CIC; however, unlike other services provided by CHUMS CIC, the services funded by the Charity do not receive any NHS funding. By funding services through CHUMS CIC as opposed to running services itself, the Charity is able to achieve maximum value for money and significantly improved outcomes which ensure that the individuals, families, organisations, and communities we serve, have access to innovative, multi-disciplinary and collaborative models of care within CHUMS' own 'mental health care and wellbeing pathway'. This unique wellbeing pathway brings together the expertise and infrastructure provided as a result of CHUMS CIC's NHS commissioned services and the innovative community outreach programmes that are funded by the Charity. Within an ever more stretched fundraising environment, the Trustees have confidence that the existing model of grant making enables the delivery of outstanding mental health services that are responsive to the increasing demand for services, and to the increasingly complex problems faced by the Children & Young People (CYP) and their families across our local communities.

The services funded by the Charity during the year are described in more detail below. The Trustees wish to continue to support these services and therefore, at present, the Charity does not invite unsolicited grant applications. The Trustees have regard to the Charity Commission's guidance on grant funding an organisation that isn't a charity when making grants to CHUMS CIC and ensure that all grants made are in accordance with the Charity's Articles of Association, for the furtherance of its objectives and for the benefit of the public.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2025**

OBJECTIVES AND ACTIVITIES - THE SERVICES WE SUPPORT

How our activities deliver public benefit: achievement and performance

As described above and as well as being of benefit to the general public more widely, the Charity has made grants to CHUMS CIC and currently supports six services which benefit CYP and families affected by bereavement, trauma and other emotional and mental health issues. The Trustees take steps when making decisions in relation to grant making to ensure that each grant provides adequate public benefit, as well as to ensure that the Charity receives adequate reporting to allow it to improve its targeted grant-making.

The services funded by the Charity are as follows:

1. Trauma Service
2. Recreational Therapeutic Service
3. Bedfordshire Suicide Bereavement Service
4. Babyloss Service
5. Disability Friendship Scheme
6. Bereavement Service

1. The Bereavement and Non-bereavement Trauma Service

This service supports CYP in crisis who are not able to get on with their normal lives as a result of one or multiple traumas. They are stuck in the moment of their loss or their abuse and are reliving the horror on a constant basis. Children and young people are referred into the service usually by families, teachers, or social services.

The cases seen in the service cover trauma received from domestic violence, sexual abuse, bereavement and more recently, refugee children fleeing from war. Also, medical trauma, road traffic accidents, and a large increase in knife crime and community violence.

Public benefit

The wider social impacts of the Trauma Service are:

- Improved life outcomes
- More resilient CYP, families and communities
- Reduced stigma of mental health difficulties

Within Bedfordshire and Luton there are very limited trauma interventions and no other specialist trauma service available to CYP. The Trauma service provides a high-quality and effective solution to the systemic pressures of increased demand, waiting lists and inequalities of access experienced by so many CYP within the wider mental health care system in our region.

Outcomes

The Trauma Service targets four main outcomes which are measured quantitatively and/ or qualitatively:

- Decreased distress and increased functioning
- Improved relationships (family and peer)
- Able to engage fully in education
- Progress towards personal goal (set at the start of intervention)

During the year, the Trauma Team has supported 115 CYP and there were 160 new referrals. 788 contacts were undertaken of which 92 were group contacts. Over and above the numbers, the Trauma service has helped to transform the lives of all the CYP and parent/carers that came into the service, enabling them to move forward in their lives, and to re-engage with their education and the schools, families, and communities that they live in.

Testimonials

"They really helped me to process my story and let it all out and I feel so much better." (CYP service user)

"I was listened to and felt there is help available. There is nothing else available in Bedfordshire for my child, this service is very important especially because I have no other support. I feel like the therapists are very knowledgeable and professional and I feel supported by them." (Parent/Carer)

"I am very grateful for the service we received, and I hope this service continues to support other children and families as it makes a real difference in our lives. To the CHUMS team, I am so grateful for all the support and wonderful treatment for my son, special thanks to S, who was wonderful, listening to us and helping us with patience and care. I am so comfortable and happy with our experience from you." (Parent/Carer)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2025**

OBJECTIVES AND ACTIVITIES

2. Recreational Therapeutic Service (REC) - TACTICS football programme and ENCORE music programme

This innovative service works with CYP aged 7 to 11 years old who struggle to engage with traditional 1:1 talking therapies. Not all CYP can or are willing to engage in traditional 1:1 talking therapies. For many it is simply too intense or talking through their feelings in that more formal setting is too difficult.

Objectives and activities

Unfortunately, because of a lack of alternative provision, many CYP do not receive the support they need and often express their frustrations through unhelpful behaviours. These CYP may then struggle long-term with educational engagement leading to potentially negative personal and social impacts.

The REC programmes are designed to support CYP using a medium they can relate to (i.e. music and multi-sports) with a robust psychological approach based on cognitive behavioural therapy (CBT) principles, a well-known and evidence-based psycho-social intervention.

The programmes use of CBT principles empowers CYP, giving them a better understanding of their emotions and proven strategies and tools to help them to cope better. The service targets mild to moderate mental health difficulties by providing early intervention to CYP who may be struggling with difficulties around anxiety, low-mood, low self-esteem and/or challenging behaviours.

Public benefit

Wider social impacts include:

- Better academic achievement
- More resilient CYP
- More resilient families
- Better life choices
- More resilient school communities
- Less demand on CAMHS services

Outcomes

- Improved mental health for disengaged children and young people or those suffering with anxiety.
- Improved behaviour management for children and young people displaying challenging behaviours.
- Increased engagement in education and enhanced emotional wellbeing and resiliency.

During the year, 155 CYP were referred into the TACTICS (multi-sports) service, who were supported through 139 1:1 contacts and 682 group contacts. In all, 821 contacts were undertaken by the TACTICS Team. During the year, 138 CYP were referred into the ENCORE (music) service, who were supported through 342 1:1 contacts and 743 group contacts. In all, 1085 contacts were undertaken by the ENCORE Team. Over and above the numbers, the two unique REC services have helped to transform the lives of all the CYP that came into the service, enabling them to re-engage with their education and the schools, families, and communities that they live in.

Testimonials

"I enjoyed learning calming strategies whilst having fun. It helps me make better decisions when angry." (TACTICS CYP)

"I have been chatting each session through with X and we went over the booklet she brought home yesterday. She has really enjoyed the sessions and definitely picked up on some tips we can build on with her at home. Thanks so much for your time." (Parent/Carer)

3. Bedfordshire Suicide Bereavement Service (BSBS)

BSBS supports families and individuals of all ages bereaved by suicide in Bedfordshire. The only service of its kind in the county, BSBS works in close partnership with Bedfordshire Police so that they can refer families to the service as early as possible, with the aim of supporting families within 48 hours.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2025**

OBJECTIVES AND ACTIVITIES

Starting with just one part-time member of staff and a small number of dedicated volunteers, CHUMS CIC has been delivering the service since 2015. In that time, referrals have grown substantially as the service has become better known and numbers of suicides / suspected suicides have increased.

Suicide is non-discriminatory - it affects people from all walks of life. All the evidence suggests that, in a post-pandemic, post-Brexit world with a growing economic crisis, demand for the service will continue to increase over the next few years - a trend that will require the Charity to find ever more resourceful ways to fund the growth in the critical work of the service.

BSBS offers vital support to a suicide bereaved person (or family) within 2-4 days of receiving a referral, providing both practical and emotional support and helping the beneficiaries to make some very difficult but important decisions during a time of great personal anxiety, grief and stress.

Objectives and activities

As in previous years, referrals have included offering support to a very wide range of people within our communities, from someone as young as three years old, through to older clients in their eighties who were sadly dealing with the aftermath of suicide of a spouse or child. Inclusive and empathetic in its approach, BSBS supports all sections of the community, including extended family, friends, colleagues, social groups, and witnesses to a suicide death.

The service includes:

- Phone support
- Individual counselling
- Group/family counselling
- Monthly support group for adults
- Monthly support group for CYP
- Resource lists
- Signposting to other organisations, church leaders, school communities and workplaces.
- Crisis visits to schools and workplaces (following a suicide)
- Support to local clubs including a swimming club
- Support for the immediate and extended family, friends, colleagues

Public benefit

The wider social impacts are aligned to those of the Trauma Service:

- Improved life outcomes
- More resilient CYP, families and communities
- Reduced stigma of mental health difficulties

It is worth noting that improved life outcomes for adults who are supported by BSBS will have a direct benefit not just for the individual, but also for their family, friends, and wider community.

Outcomes

Traumatically bereaved children and adults are supported through the most difficult time are:

- Less likely to take their own lives
- Able to re-engage in education and work much sooner than would otherwise be possible
- Able to care for other family members

In addition, families benefit hugely from talking about their emotions and grief and as such, are better able to 'process the devastating event'. This improves communication within the family helping them to function better and carry on with their lives as soon as possible.

During the year, the BSBS Team has supported 233 service users, of which 143 were new referrals. A total of 1,111 contacts took place, of which 130 were group contacts. Over and above the numbers, BSBS has helped to support all of the CYP and adults that came into the service, enabling them to find a way forward through the darkest of times in their lives.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2025**

OBJECTIVES AND ACTIVITIES

Testimonials from adult beneficiaries

"Having someone who really did know and understand what I had been through and was feeling, having the specialist support which was not available from my workplace - people at work didn't know what to say to me. I'm sure having specialist input is what helped me recover quicker from this. The leaflet and initial phone call came just at the right time for me, when I was feeling at my lowest ebb over this."

"My care was taken from the dark corridors of anger and grief to acceptance of the situation."

"I felt listened to and supported, not judged, able to talk freely. You gave me helpful tips which have really helped me move forward."

4. Babyloss Service

CHUMS Babyloss Service has been running for ten years and provides specialised bereavement support to bereaved parents (and sometimes grandparents and siblings too) following the death of a baby through late miscarriage, stillbirth, compassionate termination, or neonatal death. The service also provides support during subsequent anxious rainbow pregnancies. Much of the work of the service continues to be the provision of ongoing support to existing clients who require longer term interventions due to the nature of their loss.

Objectives and activities

Referrals to the service come mainly from the Luton and Dunstable Hospital through their bereavement midwife, but also through self-referrals and from GPs, health visitors and community midwives.

The service provides the following support to families:

- Telephone support
- Crisis visits
- Home assessments
- Individual and couples counselling
- Monthly bereavement Snowdrop support group
- Bereaved fathers only group
- Monthly Rainbow group for those expecting again and those requiring further support
- Private Facebook support groups
- Lending library
- Workshop days offering creative therapeutic interventions
- Two event days each year

The event days are for bereaved couples and their wider families and consist of a Summer Baby Memory Day and, at the end of each year, a Snowdrop Remembrance Service.

Public benefit

- Reduced demand for specialist mental health services
- More resilient families
- Development of peer to peer support networks

Outcomes

Through the provision of this specialist support, families report the following outcomes:

- Feel less isolated
- Developed peer to peer support with others with similar lived experience
- Better able to express their feelings and worries
- Better able to normalise their responses
- More able to manage their grief
- Developed a range of coping strategies
- Improved emotional wellbeing and resiliency

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

REPORT OF THE TRUSTEES for the Year Ended 31 MAY 2025

OBJECTIVES AND ACTIVITIES

During the year, the Babyloss Team has supported 114 adults, of whom 47 were new referrals. There were a total of 777 contacts of which 162 were group contacts. Over and above the numbers, the Babyloss service has helped to support all of the people that came into the service, enabling them to find a way forward through the darkest of times in their lives.

Testimonials from bereaved parent beneficiaries

"Thank you so much. I have found it so helpful to meet with you and talk through those challenging times. It's also been really nice to share the happy and beautiful moments too. Thank you so much for everything. X"

"I don't have enough words for say thanks to you the way you helped me in this whole journey after W. I am grateful to have you."

After going through my darkest points when losing L, I desperately searched the Internet for help, the world felt too heavy and lonely for me at that time. I found CHUMS and having the support and time to talk with someone, and as a group, made the biggest difference and the world felt easier to live in. Babyloss is still not spoken about as openly as it should be, and along my journey I found others who had experienced similar. There are so many people quietly grieving the loss of their children, before they even had time to hear their cry, or watch them wake up in the mornings. To raise some money and awareness for such an important charity is the least I can do to say thank you for helping me, and countless others navigate the hardest days xXx"

5. Disability Friendship Scheme

The scheme operates in Luton offering a safe weekly social space for children and young people with learning and/or physical disabilities aged 13 to 25, as well as outings and workshops in the Easter and Summer holidays. The scheme has been run as an ongoing project in the Luton Borough since CHUMS took it over from Luton Borough Council in March 2015.

The service enables and empowers young people with a wide range of physical and learning impairments to be able to access and enjoy the same social opportunities as their non-disabled peers. CHUMS recognises the importance of offering this group of young people a safe space on a Friday evening to meet, let off steam, have fun, support one another as well as be supported. Each session offers the beneficiaries a sanctuary that is safe, where support is unconditional and non-judgemental, but with relevant boundaries in place.

Objectives and activities

Being able to regularly meet with their peers and build positive, supportive relationships whilst having fun helps the scheme's beneficiaries to feel less isolated and alone and helps them develop their social communication skills. In addition, the service offers much needed respite to parents, carers, and siblings, and gives them a chance to have a break from their caring responsibilities. The service is enhanced greatly by a small team of regular volunteers who attend the weekly sessions on a rota basis; they are a valuable asset to both CHUMS and the young people accessing the scheme.

Another important feature is that it offers outings in the Easter and Summer holidays, giving the young people the opportunity to go bowling, to the theatre, to the seaside, and enjoy a range of different outdoor activity days.

Referrals are most commonly made into the service via other agencies in Luton but referrals can also be made by individuals and families.

Public benefit

Wider social impacts are:

- Respite for parents/carers/siblings leading to improved family life
- Improved social inclusion and engagement for a marginalised group of young people
- Reduced stigma
- Improved mental health and wellbeing for the young people

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2025**

OBJECTIVES AND ACTIVITIES

Outcomes

The young people are able to access the service up until they reach the age of 25. During their time in the service they develop:

- Improved social communication skills with their peers and with other people in the community
- Improved confidence and self-esteem
- Their ability to lead independent, more fulfilling lives
- Improved soft and hard skills which enhance their educational attainment and their employability
- A friendship group with others with shared lived experience
- Increased confidence and communication skills
- Opportunities to share their stories with others at external events

During the year, the Disability Friendship Team has supported 11 CYP of which 2 were new referrals. In total, 44 weekly sessions and 5 trips/days out were provided for the CYP beneficiaries. A total of 191 contacts were undertaken. Over and above the numbers, the Disability Friendship Scheme has helped to provide a supportive, nurturing and safe environment for all the CYP, helping transform the lives for the better, whilst providing much-needed respite for their parents/carers.

Testimonials

"I love that I have so many friends at FS. I feel normal, and I love coming every week." (CYP beneficiary)

"I am glad we have found the fs group, we did not know it was available. It has been great to see Child A interact with other young people and engage in activities where communication is encouraged. We have struggled to find a group where young people are not playing game consoles and lacking interaction".

6. Bereavement Service

This service is being funded by the Charity while a longer term source of funding is being sought. We are providing comprehensive bereavement services for children and young people in Bedfordshire. The programme provides emotional and therapeutic support to those affected by the loss of a loved one, offering individual counselling, group workshops, and remembrance services. Our core activities include tailored workshops for children (up to 12 years old) and teenagers, monthly drop-in sessions, and annual remembrance services. Creative activities such as memory jars and clay throwing help children express their feelings and develop coping strategies. The programme aims to normalise grief experiences, improve family communication and provide ongoing support.

During the year 50 children and young people were supported out of a total of 79 new referrals. A total of 190 contacts were undertaken of which 23 were group contacts.

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2025**

OBJECTIVES AND ACTIVITIES

SOURCES OF INCOME

The Charity benefits from the support of its donors and funders who raise funds to enable it to support the services described above. The Charity also relies on a diversified range of donations and grants to support its charitable activities:

The Charity primarily relies on three sources of income:

Grants

The Charity receives a number of grants which are restricted for particular services. During 2024/25, grants gave 56% of total income, down from 67% last year but consistent at nearly £303,000. We were very generously supported by a number of local, regional and national grant funders: Alex Ferry Foundation, The Amateurs Trust, Ampthill Town Council, Angus Brewer Community Fund, Autism Bedfordshire, The Barbara Ward Foundation, Barclays Community Football Fund, Bedford Council House of Industry, The Bedfordshire Charitable Trust, Bedfordshire and Luton Community Foundation, Bedfordshire Police Foundation, Beds Luton & MK ICB, Biggleswade Town Council, Flitwick Town Council, Gale Family Trust, Groundwork UK/Tesco, Leighton Linlade Town Council, Lifelines International, London Luton Airport Limited CIF, Masonic Charitable Foundation, Mazars Charitable Trust, NFU Mutual Charitable Trust, Oakdene Foundation, Panacea Charitable Trust, Robert Lucas Charity for the Poor, Rookery South Stewartby, St John's Hospital Trust, Souter Charitable Trust, Steel Charitable Trust, Stellantis, TK Maxx/Homesense Foundation, Yorkshire Building Society and 2 grant funders who wish to remain anonymous.

Donations

Income from local companies, schools and community groups came closer to historical levels following the pandemic and the series of lockdowns, with donations delivering 33% of total income, up from 24% last year, and up just over £68,000 to just over £176,000. We were pleased to access new corporate support with companies actively looking to support their local communities once more.

Events & Campaigns

Fundraising activities organised by the Charity can take many shapes and forms, from our annual Golf Days to our #WhatsYourStory campaign. February 2025 saw the 8th edition of our 'Shine Bright, Wear Bright' Schools Campaign taking place in schools, as well as the return of multiple physical challenges by supporters, ranging from sponsored walks and runs to wingwalks and treks. Overall, events & campaigns delivered 11% of total income this year, up from 9% last year.

The Trustees would like to note and thank the incredible energy, passion and consistent contribution of all of our incredible supporters who have helped the Charity to make 2024/25 another successful year, enabling us to make grants to CHUMS CIC that support and enable the amazing work of the charitable services as outlined above.

OBJECTIVES AND ACTIVITIES

2024/25 continued to be a challenging fundraising environment with global conflicts, political changes and a high inflation environment, causing ongoing cost of living challenges, together with higher levels of applications to grant funders from other charities. We have focused our efforts on grant fundraising and corporate partnerships during this period with a view to broadening income streams once again in the coming months and years.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2025**

STRATEGIC REPORT

Achievements and performance

Fundraising activities

Fundraising income continues to be dependent on planned grant income, both recurring multi-year grants and new grant applications. This year saw a continued strong focus on grant applications to maintain and, ideally, grow income, with more applications made than last year, including to a number of previously unapplied for funders. However, despite increased competition for grants due to the economic situation, grant income was maintained at £302,995, a small increase from £301,093. In overall terms though, the increase in other sources meant a decrease in the proportion of total funds raised via grants from 67% last year to 56% this year.

Donations income increased by just over £68,000 to £176,122 with an increased focus on community and corporate support. We will continue to increase our focus in this area as we work with a greater number of Corporates and Community groups.

Events & Campaigns income increased to £57,925 from £39,157 last year. We will focus on high impact, high income generating events this coming year.

Financial review

Financial position

The total funds raised in the year ended 31 May 2025 amounted to £537,042 (2024: £448,089) with a net £373,766 (2024: £266,901) made in grants to the six services supported by the Charity.

After grants and expenditure on the Charity's charitable activities, the board of Trustees report a net expenditure of £9,411 (2024: £20,673) in the year under review. At the financial year end, the unrestricted general reserves stand at £54,614 (2024: £35,333) and restricted reserves at £8,308 (2024: £37,000).

Reserves policy

The Trustees consider it prudent to maintain an appropriate level of reserves. Such reserves could from time to time be required to avoid any disruption to the charitable fundraising work, given that by their nature, certain sources of income are erratic and difficult to forecast.

The Reserves Policy was reviewed and approved by the Charity at its Trustees meeting on 14 July 2025 and has retained the reserves target as six months operational costs rising to a maximum of twelve months. The Trustees consider six months to be an appropriate and adequate time period to enable the Charity to continue to operate with no unrestricted income while a new strategy is implemented to address the issue or to settle the costs of closing the Charity while paying creditors as they fall due. The Reserves Policy is subject to an annual review.

Due to the challenging circumstances last year, the unrestricted reserves fell from representing six months operational costs at the start of the year to just over two months operational costs at the year end. It was recognised by the Trustees that it would take two years to rebuild those reserves after such a challenging year. During the year ending 31 May 2025 those reserves were increased back up to four months operational costs. The Trustees have approved the budget for the year ending 31 May 2026 which includes rebuilding those reserves back up to six months operational costs.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2025**

**STRATEGIC REPORT
PLANS FOR FUTURE PERIODS**

The Charity plans to continue to make grants to the services outlined above subject to satisfactory funding arrangements. In light of the current challenging financial climate, the Trustees are keen to strengthen the Charity's fundraising capabilities to enable to secure long-term support for the beneficiaries of the services being funded.

The Fundraising Audit commissioned from No Stone Unturned Fundraising in 2022 continues to steer activity and help inform the organisation's strategy moving forwards. The Audit identified 7 key actions for the charity to follow which were embedded into a robust action plan that underpins the strategic direction of the Charity through to 2025. This aligns with Trustees' development plans to build a charity with a clear strategy that can be delivered by a high performing staff and volunteer team, committed to growing the organisation's supporter and donor base each year and maximising the fundraising potential from new and alternative sources.

CHUMS Charity Strategic Priorities to 2025/26:

- Increase income to sustain and deliver more mental health services
- Build capacity and capability to meet rising demand
- Increase reach and engagement across all communities
- Promote high quality innovative services that transform people's lives

The Trustees are committed to ensuring that there are robust governance procedures in place and being followed at all times, to ensure that the Charity is effectively and appropriately furthering its charitable purposes for the public benefit.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a charitable company limited by guarantee, as defined by the Companies Act 2006, governed by its Articles of Association. In the event of the Charity being wound up, the Charity's sole member is required to contribute an amount not exceeding £1.

Recruitment and appointment of new trustees

The directors of the Charity are also charity Trustees for the purpose of charity law. Under the Articles of Association, the Trustees are appointed for a period of three years from the date of appointment, after which they may be appointed for one or more further terms of three years.

All trustees give their time voluntarily and received no benefits from the Charity.

The Trustees are responsible for recruiting and appointing new Trustees. Under the Articles of Association, the process of finding suitable candidates to be considered for appointment as new trustees shall be led by the Chair of the Charity, with the support of the Charity Director or an existing Trustee, and the Chief Executive of CHUMS CIC. When recruiting new Trustees, the Trustees have regard to ensuring that there is a broad skill mix amongst the board and that the Board of Trustees reflects the diversity of the communities of people that the Charity serves. Last year, two Trustees resigned and four new Trustees were appointed from the recruitment campaign undertaken. These changes have brought fresh insights and stability this year with no further changes in Trustees.

New Trustees are encouraged to meet with the Charity's staff and representatives from CHUMS CIC to understand how the Charity operates and the services which are funded by the Charity. Trustees are also encouraged to attend external training sessions where appropriate, and all Trustees are provided with a copy of the Charity Commission's guidance "The Essential Trustee".

Organisational structure

The Charity's Trustees, who are responsible for the strategic direction and policy of the Charity, meet formally on a regular basis. Throughout the year, a hybrid approach was used allowing for both face to face and online meetings.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2025**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Staff and Volunteers

The Charity employs a small fundraising team to raise funds for the Charity's purposes.

The Trustees are extremely grateful for the dedication and hard work provided by the staff team and all of the volunteers that have so generously given their time to support the work of the Charity. As in previous years, it is not an understatement to say that without the dedication and commitment of the volunteer team, the organisation would not be able to raise awareness of mental health and emotional wellbeing issues and fundraise to the extent that it has done through this financial year. However, during this financial year, the Trustees note that the Charity's active volunteer base has remained at the lower levels prompted originally by the Covid-19 pandemic, which has had a negative effect on the organisation's fundraising capacity. To mitigate against this risk, proactive plans are in place during the 2025/26 year to improve our volunteer recruitment, development and retention.

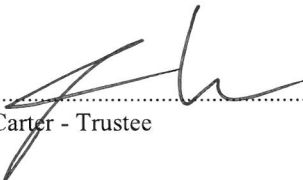
Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The risk register was comprehensively refreshed and streamlined in autumn 2024, and is reviewed quarterly throughout the year at Board Meetings.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on *27th November* and signed on the board's behalf by:

2025

.....
Mr A M Carter - Trustee



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CHUMS CHARITY**

Independent examiner's report to the trustees of CHUMS Charity - A Registered Charity

I report to the charity trustees on my examination of the financial statements of the CHUMS Charity - A Registered Charity (the Trust) for the year ended 31 May 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's financial statements carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Tara Aldwin ACA

Foxley Kingham
Chartered Accountants
260 - 270 Butterfield
Great Marlings
Luton
Bedfordshire
LU2 8DL

Date: 17 December 2025.

CHUMS CHARITY

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 MAY 2025**

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, legacies and grants	2	134,043	345,074	479,117	408,932
Raising funds	3	<u>57,925</u>	<u>-</u>	<u>57,925</u>	<u>39,157</u>
Total		<u>191,968</u>	<u>345,074</u>	<u>537,042</u>	<u>448,089</u>
EXPENDITURE ON					
Raising funds	4	169,627	-	169,627	198,938
Charitable activities	5				
Grants payable		-	373,766	373,766	266,901
Governance costs		<u>3,060</u>	<u>-</u>	<u>3,060</u>	<u>2,923</u>
Total		<u>172,687</u>	<u>373,766</u>	<u>546,453</u>	<u>468,762</u>
NET INCOME/(EXPENDITURE)		19,281	(28,692)	(9,411)	(20,673)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>35,333</u>	<u>37,000</u>	<u>72,333</u>	<u>93,006</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>54,614</u></u>	<u><u>8,308</u></u>	<u><u>62,922</u></u>	<u><u>72,333</u></u>

The notes form part of these financial statements

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

**BALANCE SHEET
31 MAY 2025**

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
CURRENT ASSETS					
Debtors: Amounts falling due within one year	13	10,514	-	10,514	39,568
Cash at bank		<u>52,946</u>	<u>8,308</u>	<u>61,254</u>	<u>51,778</u>
		63,460	8,308	71,768	91,346
CREDITORS					
Amounts falling due within one year	14	(8,846)	-	(8,846)	(19,013)
		<u>54,614</u>	<u>8,308</u>	<u>62,922</u>	<u>72,333</u>
NET CURRENT ASSETS					
		<u>54,614</u>	<u>8,308</u>	<u>62,922</u>	<u>72,333</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>54,614</u>	<u>8,308</u>	<u>62,922</u>	<u>72,333</u>
NET ASSETS					
		<u>54,614</u>	<u>8,308</u>	<u>62,922</u>	<u>72,333</u>
FUNDS					
	15			54,614	35,333
Unrestricted funds				<u>8,308</u>	<u>37,000</u>
Restricted funds				<u>62,922</u>	<u>72,333</u>
TOTAL FUNDS					
				<u>62,922</u>	<u>72,333</u>

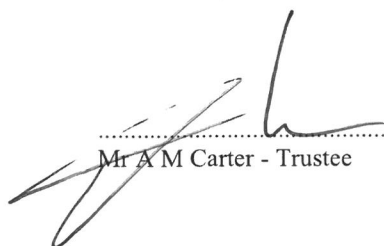
The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 27th November 2025 and were signed on its behalf by:


.....
Mr A M Carter - Trustee

The notes form part of these financial statements

CHUMS CHARITY

**CASH FLOW STATEMENT
for the Year Ended 31 MAY 2025**

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	<u>9,476</u>	<u>(52,963)</u>
Net cash provided by/(used in) operating activities		<u>9,476</u>	<u>(52,963)</u>
		_____	_____
Change in cash and cash equivalents in the reporting period		9,476	(52,963)
Cash and cash equivalents at the beginning of the reporting period		<u>51,778</u>	<u>104,741</u>
Cash and cash equivalents at the end of the reporting period		<u><u>61,254</u></u>	<u><u>51,778</u></u>

The notes form part of these financial statements

CHUMS CHARITY

**NOTES TO THE CASH FLOW STATEMENT
for the Year Ended 31 MAY 2025**

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025	2024
	£	£
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(9,411)	(20,673)
Adjustments for:		
Decrease/(increase) in debtors	29,054	(34,848)
(Decrease)/increase in creditors	<u>(10,167)</u>	<u>2,558</u>
Net cash provided by/(used in) operations	<u>9,476</u>	<u>(52,963)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.6.24	Cash flow	At 31.5.25
	£	£	£
Net cash			
Cash at bank	<u>51,778</u>	<u>9,476</u>	<u>61,254</u>
Total	<u>51,778</u>	<u>9,476</u>	<u>61,254</u>

The notes form part of these financial statements

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 MAY 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

The Charity meets the definition of a public benefit entity under FRS 102.

The charitable company is a company limited by guarantee and has no share capital.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income received by way of donations, legacies and grants is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Income received as events income is included in the Statement of Financial Activities under 'raising funds' and is recognised when the event has occurred and the income is receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Restricted funds are those received from donors for a specific purpose, usually to fund a specified service. The funds are granted to organisations to deliver the specified service in accordance with the Charity's objectives, to cover the costs of delivering those services.

Unrestricted funds are those received from donors without a specific purpose specified and therefore to be used for the general objectives of the Charity. The funds are used for the day to day fundraising activities of the Charity to meet its objectives and the net raised is granted to organisations at the discretion of the trustees to deliver a specified service meeting the Charity's objectives.

Donated services

In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised in the financial statements. The Charity does not directly engage volunteers in its activities however does recognise the input of its supporters at events, bucket collections and ad hoc fundraising activities.

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2025**

2. DONATIONS, LEGACIES AND GRANTS		2025	2024
		£	£
Donations and legacies		176,122	107,839
Grants		<u>302,995</u>	<u>301,093</u>
		<u>479,117</u>	<u>408,932</u>
3. RAISING FUNDS		2025	2024
		£	£
Events income		<u>57,925</u>	<u>39,157</u>
4. RAISING FUNDS			
Raising funds		2025	2024
		£	£
Office costs		8,477	6,563
Events costs		17,776	8,827
Staff costs		106,840	118,610
Motor and travel expenses		3,074	5,009
Payroll processing costs		1,200	1,104
Staff training		-	514
General fundraising expenses		2,402	2,063
Consultancy fees		<u>29,858</u>	<u>56,248</u>
		<u>169,627</u>	<u>198,938</u>
5. CHARITABLE ACTIVITIES COSTS			
	Grant funding of activities (see note 6)	Support costs (see note 7)	Totals
	£	£	£
Grants payable	373,766	-	373,766
Governance costs	<u>-</u>	<u>3,060</u>	<u>3,060</u>
	<u>373,766</u>	<u>3,060</u>	<u>376,826</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2025**

6. GRANTS PAYABLE

	2025	2024
	£	£
Grants payable	<u>373,766</u>	<u>266,901</u>

The total grants paid to institutions during the year was as follows:

	2025	2024
	£	£
Grants to CHUMS CIC	<u>373,766</u>	<u>266,901</u>

	£	£
Trauma Service	76,168	35,426
Recreational Therapeutic Service	36,100	87,985
Bedfordshire Suicide Bereavement Service	105,318	54,237
Baby Loss Service	69,657	64,115
Disability Friendship Scheme	8,406	9,970
Young Carers Service	4,360	300
Bereavement Service	60,000	-
Other	<u>13,757</u>	<u>14,868</u>
	<u>373,766</u>	<u>266,901</u>

7. SUPPORT COSTS

		Governance costs
Governance costs		£
		<u>3,060</u>

8. INDEPENDENT EXAMINER'S REMUNERATION

During the year, fees were paid to the independent examiner totalling £1,200 (2024: £1,140) for independent examination services and £3,060 (2024: £2,887) for other financial services.

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2025 nor for the year ended 31 May 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2025 nor for the year ended 31 May 2024.

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2025**

10. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	92,072	100,938
Social security	9,386	9,954
Pension	<u>5,382</u>	<u>7,718</u>
	<u>106,840</u>	<u>118,610</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Staff	<u>3</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations, legacies and grants	113,031	295,901	408,932
Raising funds	<u>39,157</u>	-	<u>39,157</u>
Total	<u>152,188</u>	<u>295,901</u>	<u>448,089</u>
EXPENDITURE ON			
Raising funds	198,938	-	198,938
Charitable activities			
Grants payable	-	266,901	266,901
Governance costs	<u>2,923</u>	-	<u>2,923</u>
Total	<u>201,861</u>	<u>266,901</u>	<u>468,762</u>
NET INCOME/(EXPENDITURE)	(49,673)	29,000	(20,673)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>85,006</u>	<u>8,000</u>	<u>93,006</u>
TOTAL FUNDS CARRIED FORWARD	<u>35,333</u>	<u>37,000</u>	<u>72,333</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2025**

12. INTANGIBLE FIXED ASSETS		Computer software £	
COST			
At 1 June 2024 and 31 May 2025		<u>1,920</u>	
AMORTISATION			
At 1 June 2024 and 31 May 2025		<u>1,920</u>	
NET BOOK VALUE			
At 31 May 2025		<u><u>-</u></u>	
At 31 May 2024		<u><u>-</u></u>	
 13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
	2025	2024	
	£	£	
Prepayments and accrued income	<u>10,514</u>	<u>39,568</u>	
 14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
	2025	2024	
	£	£	
Trade creditors	1,296	6,205	
Other taxes and social security costs	2,799	1,501	
Other creditors	1,523	1,166	
Accruals and deferred income	<u>3,228</u>	<u>10,141</u>	
	<u>8,846</u>	<u>19,013</u>	
 15. MOVEMENT IN FUNDS			
	At 1.6.24	Net movement in funds	At 31.5.25
	£	£	£
Unrestricted funds			
General fund	35,333	19,281	54,614
Restricted funds			
Recreational Therapeutic Service	-	8,250	8,250
Bedfordshire Suicide Bereavement Service	37,000	(37,000)	-
CIC Staff Campaign	<u>-</u>	<u>58</u>	<u>58</u>
	<u>37,000</u>	<u>(28,692)</u>	<u>8,308</u>
TOTAL FUNDS	<u>72,333</u>	<u>(9,411)</u>	<u>62,922</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2025**

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	191,968	(172,687)	19,281
Restricted funds			
Trauma Service	76,168	(76,168)	-
Recreational Therapeutic Service	44,350	(36,100)	8,250
Bedfordshire Suicide Bereavement Service	68,318	(105,318)	(37,000)
Baby Loss Service	69,657	(69,657)	-
Young Carers Service	4,360	(4,360)	-
Disability Friendship Scheme	8,406	(8,406)	-
Bereavement Service	60,000	(60,000)	-
Other Restricted	12,200	(12,200)	-
CIC Staff Campaign	<u>1,615</u>	<u>(1,557)</u>	<u>58</u>
	<u>345,074</u>	<u>(373,766)</u>	<u>(28,692)</u>
TOTAL FUNDS	<u>537,042</u>	<u>(546,453)</u>	<u>(9,411)</u>

Comparatives for movement in funds

	At 1.6.23 £	Net movement in funds £	At 31.5.24 £
Unrestricted funds			
General fund	85,006	(49,673)	35,333
Restricted funds			
Recreational Therapeutic Service	8,000	(8,000)	-
Bedfordshire Suicide Bereavement Service	<u>-</u>	<u>37,000</u>	<u>37,000</u>
	<u>8,000</u>	<u>29,000</u>	<u>37,000</u>
TOTAL FUNDS	<u>93,006</u>	<u>(20,673)</u>	<u>72,333</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2025**

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	152,188	(201,861)	(49,673)
Restricted funds			
Trauma Service	35,426	(35,426)	-
Recreational Therapeutic Service	79,985	(87,985)	(8,000)
Bedfordshire Suicide Bereavement Service	91,237	(54,237)	37,000
Baby Loss Service	64,115	(64,115)	-
Young Carers Service	300	(300)	-
Disability Friendship Scheme	9,970	(9,970)	-
Other Restricted	2,666	(2,666)	-
CIC Staff Campaign	<u>12,202</u>	<u>(12,202)</u>	<u>-</u>
	<u>295,901</u>	<u>(266,901)</u>	<u>29,000</u>
TOTAL FUNDS	<u>448,089</u>	<u>(468,762)</u>	<u>(20,673)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.6.23 £	Net movement in funds £	At 31.5.25 £
Unrestricted funds			
General fund	85,006	(30,392)	54,614
Restricted funds			
Recreational Therapeutic Service	8,000	250	8,250
CIC Staff Campaign	<u>-</u>	<u>58</u>	<u>58</u>
	<u>8,000</u>	<u>308</u>	<u>8,308</u>
TOTAL FUNDS	<u>93,006</u>	<u>(30,084)</u>	<u>62,922</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2025**

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	344,156	(374,548)	(30,392)
Restricted funds			
Trauma Service	111,594	(111,594)	-
Recreational Therapeutic Service	124,335	(124,085)	250
Bedfordshire Suicide Bereavement Service	159,555	(159,555)	-
Baby Loss Service	133,772	(133,772)	-
Young Carers Service	4,660	(4,660)	-
Disability Friendship Scheme	18,376	(18,376)	-
Bereavement Service	60,000	(60,000)	-
Other Restricted	14,866	(14,866)	-
CIC Staff Campaign	13,817	(13,759)	58
	<u>640,975</u>	<u>(640,667)</u>	<u>308</u>
TOTAL FUNDS	<u>985,131</u>	<u>(1,015,215)</u>	<u>(30,084)</u>

16. PURPOSE OF RESTRICTED FUNDS

Trauma Service

Grant income received to support Children & Young People in crisis and not being able to get on with their normal lives as a result of traumas.

Recreational Therapeutic Service

Grant income and donations received to support children in a way that is fun and engaging through activities they are passionate about i.e. music and multi sports, which would help them to improve their behaviour, anxiety, self-confidence and engagement in learning.

Bedfordshire Suicide Bereavement Service

Grant income and donations received to support families and individuals of all ages bereaved by suicide.

Baby Loss Service

Grant income and donations received to help provide specialised bereavement support to bereaved parents (and sometimes grandparents and siblings too) following the death of a baby through late miscarriage, stillbirth, compassionate termination, or neonatal death.

Young Carers Service

Grant income and donations received to support children and young people who have a practical caring role for a parent or sibling, enabling them to lead fulfilling lives as well as gain an understanding of illnesses or disabilities that impact on their families.

Disability Friendship Scheme

Grant income received to support a scheme operated in Luton offering a safe weekly social space for children and young people with learning and/or physical disabilities aged 13 to 25, as well as outings and workshops in the Easter and Summer holidays.

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 MAY 2025

16. PURPOSE OF RESTRICTED FUNDS - continued

Bereavement Service

Grant income received to provide comprehensive bereavement services for children and young people in Bedfordshire. This service helps provides emotional and therapeutic support to those affected by the loss of a loved one, offering individual counselling, group workshops, and remembrance services.

Other Restricted

Grant income received towards a specific purpose from the House of Industry Estate working in Bedford Borough.

17. RELATED PARTY DISCLOSURES

CHUMS CIC

CHUMS CIC is the sole member of the Charity. Dawn Hewitt, a trustee, is the Chief Executive and a director of CHUMS CIC.

During the period under review, grants were made to CHUMS CIC of £373,766 (2024: £266,901). These grants were made for charitable purposes in accordance with objectives of the Charity.

18. ULTIMATE CONTROLLING PARTY

The Board of Trustees is the ultimate controlling party.

CHUMS CHARITY

England & Wales - Charity number 1179048

Accounts

REGISTERED COMPANY NUMBER: 11427513 (England and Wales)
REGISTERED CHARITY NUMBER: 1179048

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2024
FOR
CHUMS CHARITY**

CHUMS CHARITY

**CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 MAY 2024**

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CHUMS CHARITY

**REFERENCE AND ADMINISTRATIVE DETAILS
for the Year Ended 31 MAY 2024**

TRUSTEES	Mr G V Ball (resigned 16.10.23) Mr A M Carter Mrs J Coles (appointed 16.10.23) Mrs J M A Costanzo Ms D J Hewitt Mrs S Knott (appointed 22.4.24) Mr K McNamara (appointed 16.10.23) Mrs H Touhey (appointed 16.10.23) Mrs J Williams (resigned 16.10.23)
REGISTERED OFFICE	Wrest Park Enterprise Centre Wrest Park Silsoe Bedfordshire MK45 4HS
REGISTERED COMPANY NUMBER	11427513 (England and Wales)
REGISTERED CHARITY NUMBER	1179048
INDEPENDENT EXAMINER	Tara Aldwin ACA Foxley Kingham Chartered Accountants 260 - 270 Butterfield Great Marlings Luton Bedfordshire LU2 8DL

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

REPORT OF THE TRUSTEES for the Year Ended 31 MAY 2024

The Trustees who are also directors of the Charity for the purposes of the Companies Act 2006, are pleased to present their report with the financial statements of the Charity for the year ended 31 May 2024. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

CHUMS Charity (the 'Charity') is a charitable company which was incorporated on 21 June 2018, registered with the Charity Commission on 3 July 2018 and began operating on 1 April 2019.

OBJECTIVES AND ACTIVITIES

Objectives

The objectives of the Charity are: -

- to promote the preservation of mental health and
- to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress, through
- the provision of support to children and their families affected by bereavement, trauma and other emotional and mental health issues in the United Kingdom.

The Charity furthers these purposes by making grants to services operated by other charities and social enterprises. The Charity reviews its aims and activities regularly, in particular to ensure the success of the services funded and the benefits the services have brought to the Charity's beneficiaries.

The Trustees have read and considered the general guidance on public benefit provided by the Charity Commission in setting the Charity's aims and objectives.

Grantmaking

The Charity has established its grant making policy to achieve its mission, aims and objects for the public benefit, in particular by funding support for children and their families affected by bereavement, trauma and other emotional and mental health issues. Whilst the Charity's objectives enable it to further these purposes throughout the United Kingdom, the Charity currently focuses its activities within Luton and Bedfordshire. Going forward and in line with best practice, the Charity will review its grant making policy annually to ensure that it reflects the Charity's objectives and thereby advances public benefit.

As a grant making Charity, we rely greatly on the generosity of the community to help us raise the funds required to support services provided to our beneficiaries. As Trustees, we continue to seek and utilise opportunities to improve our presence in the community to raise awareness and to attract and maintain vital sources of income to further our objectives. We work proactively to build relationships with the widest possible range of stakeholders across our communities, seeking always to strengthen our links with individuals, other charities and grant making bodies and corporate entities who currently all contribute to make our activities successful.

The Charity primarily funds a number of services, provided by CHUMS Social Enterprise CIC ('CHUMS CIC'), a community interest company, which provides a range of unique services that improve the lives of the Charity's beneficiaries. These services form part of a wider provision of services by CHUMS CIC; however, unlike other services provided by CHUMS CIC, the services funded by the Charity do not receive any NHS funding. By funding services through CHUMS CIC as opposed to running services itself, the Charity is able to achieve maximum value for money and significantly improved outcomes which ensure that the individuals, families, organisations, and communities we serve, have access to innovative, multi-disciplinary and collaborative models of care within CHUMS own 'mental health care and wellbeing pathway'. This unique wellbeing pathway brings together the expertise and infrastructure provided as a result of CHUMS CIC's NHS commissioned services and the innovative community outreach programmes that are funded by the Charity. Within an ever more stretched fundraising environment, the Trustees have confidence that the existing model of grant making enables the delivery of outstanding mental health services that are responsive to the increasing demand for services, and to the increasingly complex problems faced by the Children & Young People (CYP) and their families across our local communities.

The services funded by the Charity during the year are described in more detail below. The Trustees wish to continue to support these services and therefore, at present, the Charity does not invite unsolicited grant applications. The Trustees have regard to the Charity Commission's guidance on grant funding an organisation that isn't a charity when making grants to CHUMS CIC and ensure that all grants made are in accordance with the Charity's Articles of Association, for the furtherance of its objectives and for the benefit of the public.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2024**

**OBJECTIVES AND ACTIVITIES
THE SERVICES WE SUPPORT**

How our activities deliver public benefit: achievement and performance

As described above and as well as being of benefit to the general public more widely, the Charity has made grants to CHUMS CIC and currently supports five services which benefit CYP and families affected by bereavement, trauma and other emotional and mental health issues. The Trustees take steps when making decisions in relation to grant making to ensure that each grant provides adequate public benefit, as well as to ensure that the Charity receives adequate reporting to allow it to improve its targeted grant-making.

The services funded by the Charity are as follows:

1. Trauma Service
2. Recreational Therapeutic Service
3. Bedfordshire Suicide Bereavement Service
4. Babyloss Service
5. Disability Friendship Scheme

1. The Bereavement and Non-bereavement Trauma Service

This service supports CYP in crisis who are not able to get on with their normal lives as a result of one or multiple traumas. They are stuck in the moment of their loss or their abuse and are reliving the horror on a constant basis. Children and young people are referred into the service usually by families, teachers, or social services.

The cases seen in the service cover trauma received from domestic violence, sexual abuse, bereavement and more recently, refugee children fleeing from war. Also, medical trauma, road traffic accidents, and a large increase in knife crime and community violence.

Public benefit

The wider social impacts of the Trauma Service are:

- Improved life outcomes
- More resilient CYP, families and communities
- Reduced stigma of mental health difficulties

Within Bedfordshire and Luton there are very limited trauma interventions and no other specialist trauma service available to CYP. The Trauma service provides a high-quality and effective solution to the systemic pressures of increased demand, waiting lists and inequalities of access experienced by so many CYP within the wider mental health care system in our region.

Outcomes

The Trauma Service targets four main outcomes which are measured quantitatively and/ or qualitatively:

- Decreased distress and increased functioning
- Improved relationships (family and peer)
- Able to engage fully in education
- Progress towards personal goal (set at the start of intervention)

During the year, the Trauma Team has supported 99 CYP, and 13 parent/carers, of which 88 were new referrals. A total of 18 group sessions were delivered and 895 contacts were undertaken. Over and above the numbers, the Trauma service has helped to transform the lives of all the CYP and parent/carers that came into the service, enabling them to move forward in their lives, and to re-engage with their education and the schools, families, and communities that they live in.

Testimonials

"The problem my daughter had was dealt with in an amazing way, not only making my daughter feel better, but helping myself (mum) feel better about everything. The support has been amazing, I really can't fault the help we have been given. CHUMS has been a true rock for my daughter." (Parent/Carer)

"I wanted to express my heartfelt gratitude for all the support you have provided to my children over the past few months. Your dedication and care have made a significant impact on their healing journey, and I truly appreciate all the time you have invested. Once again, thank you for everything you have done." (Parent/Carer)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2024**

OBJECTIVES AND ACTIVITIES

2. Recreational Therapeutic Service (REC) - TACTICS football programme and ENCORE music programme

This innovative service works with CYP aged 7 to 11 years old who struggle to engage with traditional 1:1 talking therapies. Not all CYP can or are willing to engage in traditional 1:1 talking therapies. For many it is simply too intense or talking through their feelings in that more formal setting is too difficult.

Objectives and activities

Unfortunately, because of a lack of alternative provision, many CYP do not receive the support they need and often express their frustrations through unhelpful behaviours. These CYP may then struggle long-term with educational engagement leading to potentially negative personal and social impacts.

The REC programmes are designed to support CYP using a medium they can relate to (i.e. music and multi-sports) with a robust psychological approach based on cognitive behavioural therapy (CBT) principles, a well-known and evidence-based psycho-social intervention.

The programmes use of CBT principles empowers CYP, giving them a better understanding of their emotions and proven strategies and tools to help them to cope better. The service targets mild to moderate mental health difficulties by providing early intervention to CYP who may be struggling with difficulties around anxiety, low-mood, low self-esteem and/or challenging behaviours.

Public benefit

Wider social impacts include:

- Better academic achievement
- More resilient CYP
- More resilient families
- Better life choices
- More resilient school communities
- Less demand on CAMHS services

Outcomes

- Improved mental health for disengaged children and young people or those suffering with anxiety.
- Improved behaviour management for children and young people displaying challenging behaviours.
- Increased engagement in education and enhanced emotional wellbeing and resiliency.

During the year, 143 CYP were referred into the TACTICS (multi-sports) service, who were supported through the delivery of 100 groups and 520 1:1 sessions. In all, 545 contacts were undertaken by the TACTICS Team (645 including group sessions). During the year, 195 CYP were referred into the ENCORE (music) service, who were supported through the delivery of 152 groups and 322 1:1 sessions. In all, 535 contacts were undertaken by the ENCORE Team (687 including group sessions). Over and above the numbers, the two unique REC services have helped to transform the lives of all the CYP that came into the service, enabling them to re-engage with their education and the schools, families, and communities that they live in.

Testimonials

"TACTICS really helped me stay calm when I got angry, so then I knew what to do when I was angry and how to keep myself calm - and Tactics is also really fun!" (CYP beneficiary)

"ENCORE is really fun. You get to build up your confidence. If you have anxiety it helps you because they give you helpful tools and can play instruments and have fun too!" (CYP beneficiary)

3. Bedfordshire Suicide Bereavement Service (BSBS)

BSBS supports families and individuals of all ages bereaved by suicide in Bedfordshire. The only service of its kind in the county, BSBS works in close partnership with Bedfordshire Police so that they can refer families to the service as early as possible, with the aim of supporting families within 48 hours.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2024**

OBJECTIVES AND ACTIVITIES

Starting with just one part-time member of staff and a small number of dedicated volunteers, CHUMS CIC has been delivering the service since 2015. In that time, referrals have grown substantially as the service has become better known and numbers of suicides / suspected suicides have increased.

Suicide is non-discriminatory - it affects people from all walks of life. All the evidence suggests that, in a post-pandemic, post-Brexit world with a growing economic crisis, demand for the service will continue to increase over the next few years - a trend that will require the Charity to find ever more resourceful ways to fund the growth in the critical work of the service.

BSBS offers vital support to a suicide bereaved person (or family) within 2-4 days of receiving a referral, providing both practical and emotional support and helping the beneficiaries to make some very difficult but important decisions during a time of great personal anxiety, grief and stress.

Objectives and activities

As in previous years, referrals have included offering support to a very wide range of people within our communities, from someone as young as three years old, through to older clients in their eighties who were sadly dealing with the aftermath of suicide of a spouse or child. Inclusive and empathetic in its approach, BSBS supports all sections of the community, including extended family, friends, colleagues, social groups, and witnesses to a suicide death.

The service includes:

- Phone support
- Individual counselling
- Group/family counselling
- Monthly support group for adults
- Monthly support group for CYP
- Resource lists
- Signposting to other organisations, church leaders, school communities and workplaces.
- Crisis visits to schools and workplaces (following a suicide)
- Support to local clubs including a swimming club
- Support for the immediate and extended family, friends, colleagues

Public benefit

The wider social impacts are aligned to those of the Trauma Service:

- Improved life outcomes
- More resilient CYP, families and communities
- Reduced stigma of mental health difficulties

It is worth noting that improved life outcomes for adults who are supported by BSBS will have a direct benefit not just for the individual, but also for their family, friends, and wider community.

Outcomes

Traumatically bereaved children and adults are supported through the most difficult time are:

- Less likely to take their own lives
- Able to re-engage in education and work much sooner than would otherwise be possible
- Able to care for other family members

In addition, families benefit hugely from talking about their emotions and grief and as such, are better able to 'process the devastating event'. This improves communication within the family helping them to function better and carry on with their lives as soon as possible.

During the year, the BSBS Team has supported 35 CYP, and 133 adults, of which, 140 were new referrals. A total of 24 Group sessions were delivered and 604 contacts were undertaken. Over and above the numbers, BSBS has helped to support all of the CYP and adults that came into the service, enabling them to find a way forward through the darkest of times in their lives.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2024**

OBJECTIVES AND ACTIVITIES

Testimonials from adult beneficiaries

"...my child is in a very good place at the moment ... He has started college and although I know he still has occasions when he is thinking about his Dad, the wonderful support we received from Chums has helped enormously."

"I like coming to the group because you are all friendly and made me feel welcome. Also, non-judgemental and listened to who was ever speaking. I also feel the most important thing is people know how I feel. Thank you."

"My partner recently took his life and this has been the hardest thing that's happened to me. I found it hard at first to find help or someone to talk to that wasn't my family or friends. I called CHUMS up and I was given a worker straight away, which really helped me to talk about how I was feeling and it gave me a space to say everything I was struggling with and explain all my sadness. I feel more positive about the future, which was something I was struggling with the most. I've really appreciated having somebody to talk to."

4. Babyloss Service

CHUMS Babyloss Service has been running for ten years and provides specialised bereavement support to bereaved parents (and sometimes grandparents and siblings too) following the death of a baby through late miscarriage, stillbirth, compassionate termination, or neonatal death. The service also provides support during subsequent anxious rainbow pregnancies. Much of the work of the service continues to be the provision of ongoing support to existing clients who require longer term interventions due to the nature of their loss.

Objectives and activities

Referrals to the service come mainly from the Luton and Dunstable Hospital through their bereavement midwife, but also through self-referrals and from GPs, health visitors and community midwives.

The service provides the following support to families:

- Telephone support
- Crisis visits
- Home assessments
- Individual and couples counselling
- Monthly bereavement Snowdrop support group
- Bereaved fathers only group
- Monthly Rainbow group for those expecting again and those requiring further support
- Private Facebook support groups
- Lending library
- Workshop days offering creative therapeutic interventions
- Two event days each year

The event days are for bereaved couples and their wider families and consist of a Summer Baby Memory Day and, at the end of each year, a Snowdrop Remembrance Service.

Public benefit

- Reduced demand for specialist mental health services
- More resilient families
- Development of peer to peer support networks

Outcomes

Through the provision of this specialist support, families report the following outcomes:

- Feel less isolated
- Developed peer to peer support with others with similar lived experience
- Better able to express their feelings and worries
- Better able to normalise their responses
- More able to manage their grief
- Developed a range of coping strategies
- Improved emotional wellbeing and resiliency

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2024**

OBJECTIVES AND ACTIVITIES

During the year, the Babyloss Team has supported 93 adults, of whom 52 were new referrals. A total of 31 Group sessions were delivered and 517 contacts undertaken. Over and above the numbers, the Babyloss service has helped to support all of the people that came into the service, enabling them to find a way forward through the darkest of times in their lives.

Testimonials from bereaved parent beneficiaries

"It was very comforting to speak to another person who has also lost their baby. They knew how I felt when others didn't. I am forever grateful to you for all of your support which has helped me through the worst time of my life. Thank you. CHUMS, you are an amazing Charity!"

"CHUMS has been a huge positive and important part of my grieving journey and if it wasn't there it would have been a very difficult time and difficult to overcome and learn to cope."

5. Disability Friendship Scheme

The scheme operates in Luton offering a safe weekly social space for children and young people with learning and/or physical disabilities aged 13 to 25, as well as outings and workshops in the Easter and Summer holidays. The scheme has been run as an ongoing project in the Luton Borough since CHUMS took it over from Luton Borough Council in March 2015.

The service enables and empowers young people with a wide range of physical and learning impairments to be able to access and enjoy the same social opportunities as their non-disabled peers. CHUMS recognises the importance of offering this group of young people a safe space on a Friday evening to meet, let off steam, have fun, support one another as well as be supported. Each session offers the beneficiaries a sanctuary that is safe, where support is unconditional and non-judgemental, but with relevant boundaries in place.

Objectives and activities

Being able to regularly meet with their peers and build positive, supportive relationships whilst having fun helps the scheme's beneficiaries to feel less isolated and alone and helps them develop their social communication skills. In addition, the service offers much needed respite to parents, carers, and siblings, and gives them a chance to have a break from their caring responsibilities. The service is enhanced greatly by a small team of regular volunteers who attend the weekly sessions on a rota basis; they are a valuable asset to both CHUMS and the young people accessing the scheme.

Another important feature is that it offers outings in the Easter and Summer holidays, giving the young people the opportunity to go bowling, to the theatre, to the seaside, and enjoy a range of different outdoor activity days.

Referrals are most commonly made into the service via other agencies in Luton but referrals can also be made by individuals and families.

Public benefit

Wider social impacts are:

- Respite for parents/carers/siblings leading to improved family life
- Improved social inclusion and engagement for a marginalised group of young people
- Reduced stigma
- Improved mental health and wellbeing for the young people

Outcomes

The young people are able to access the service up until they reach the age of 25. During their time in the service they develop:

- Improved social communication skills with their peers and with other people in the community
- Improved confidence and self-esteem
- Their ability to lead independent, more fulfilling lives
- Improved soft and hard skills which enhance their educational attainment and their employability
- A friendship group with others with shared lived experience
- Increased confidence and communication skills

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

REPORT OF THE TRUSTEES for the Year Ended 31 MAY 2024

OBJECTIVES AND ACTIVITIES

- Opportunities to share their stories with others at external events

During the year, the Disability Friendship Team has supported 11 CYP of which 3 were new referrals. In total, 41 weekly sessions and 9 trips/days out were provided for the CYP beneficiaries. A total of 184 contacts were undertaken. Over and above the numbers, the Disability Friendship Scheme has helped to provide a supportive, nurturing and safe environment for all the CYP, helping transform the lives for the better, whilst providing much-needed respite for their parents/carers.

Testimonials

"I have built my confidence since coming to the Friday sessions and doing different activities has really helped me to build my skills and make new friends when I am down there are always staff who are there to listen to me when I'm upset. It's nice to meet up every week on Friday as we get to meet people and have a chat with them." (CYP beneficiary)

"Thank u for the trip to Woburn, it was [E's] favourite day of the hols, I had the pleasure of attending the group on Tuesday with my Son, what a lovely welcome the young people receive and a great space for them to socialise and chat! Chips are an added bonus which suits my son." (Parent/Carer)

SOURCES OF INCOME

The Charity benefits from the support of its donors and funders who raise funds to enable it to support the services described above. The Charity also relies on a diversified range of donations and grants to support its charitable activities.

The Charity primarily relies on three sources of income:

Grants

The Charity receives a number of grants which are restricted for particular services. During 2023/24, grants gave 67% of total income, similar to last year. We were very generously supported by a number of local, regional and national grant funders: The Amateurs Trust, The Amazon Charitable Trust, Ampthill Town Council, Angus Brewer Community Fund, Autism Bedfordshire, The Bedfordshire Charitable Trust, Bedfordshire and Luton Community Foundation, Bedfordshire Police Foundation, BNI Givers Gain, CDS CIC, Charity of Robert Lucas for the Poor, First Give, Flitwick Town Council, Gale Family Trust, Groundwork UK/Tesco, Hospital Saturday Fund, Lifelines International, London Luton Airport Limited CIF, Marley's Aart Foundation, Mazars Charitable Trust, National Highways Legacy Fund, NHS England, Oakdene Foundation, Rookery South Stewartby, Sandy Town Council, St James's Place, St John's Hospital Trust, Souter Charitable Trust, Steel Charitable Trust, TK Maxx/Homesense Foundation, The Wavendon Foundation, Way In Charity, The Worshipful Company of Environmental Cleaners and Yorkshire Building Society.

Donations

Income from local companies, schools and community groups came closer to historical levels following the pandemic and the series of lockdowns, with donations delivering 24% of total income, up from 19% last year, but consistent at nearly £108,000. We were pleased to access new corporate support with companies actively looking to support their local communities once more.

Events & Campaigns

Fundraising activities organised by the Charity can take many shapes and forms, from our annual Golf Days to our 2024 #WhatsYourStory campaign. February 2024 saw the 7th edition of our 'Shine Bright, Wear Bright' Schools Campaign taking place in schools and sponsored by Issured, as well as the return of multiple physical challenges by supporters, ranging from sponsored walks and runs to wingwalks and skydives. Overall, events & campaigns delivered 9% of total income this year, down from 15% last year.

The Trustees would like to note and thank the incredible energy, passion and consistent contribution of all of our incredible supporters who have helped the Charity to make 2023/24 another successful year, enabling us to make grants to CHUMS CIC that support and enable the amazing work of the charitable services as outlined above.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2024**

OBJECTIVES AND ACTIVITIES

2023/24 continued to be a challenging fundraising environment with global conflicts, political uncertainty and a high inflation environment causing an ongoing cost of living crisis, adding to the post-COVID lethargy in engagement with fundraising and community events. We have focused our efforts on grant fundraising and corporate partnerships during this period with a view to broadening income streams once again in the coming months and years.

STRATEGIC REPORT

Achievement and performance

Fundraising activities

Fundraising income continues to be dependent on planned grant income, both recurring multi-year grants and new grant applications. This year saw a continued strong focus on grant applications to maintain and, ideally, grow income, with more applications made than last year. However, increased competition for grants due to the economic situation meant that grant income fell nearly £55,000 to £301,093. In overall terms though, this meant a slight increase in the proportion of total funds raised via grants from 66% last year to 67% this year.

Donations income was stable at just under £108,000 with a continued focus on community and corporate support.

Events & Campaigns income halved from £76,763 last year to £39,157. This was primarily due to staff changes which led to certain events and campaigns not going ahead in the year.

Financial review

Financial position

The total funds raised in the year ended 31 May 2024 amounted to £448,089 (2023: £540,753) with a net £266,901 (2023: £356,434) made in grants to the five services supported by the Charity.

After grants and expenditure on the Charity's charitable activities, the board of Trustees report a net expenditure of £20,673 (2023: £9,816) in the year under review. At the financial year end, the unrestricted general reserves stand at £35,333 (2023: £85,006) and restricted reserves at £37,000 (2023: £8,000).

Reserves policy

The Trustees consider it prudent to maintain an appropriate level of reserves. Such reserves could from time to time be required to avoid any disruption to the charitable fundraising work, given that by their nature, certain sources of income are erratic and difficult to forecast.

The Reserves Policy was reviewed and approved by the Charity at its Trustees meeting on 8 July 2024 and has retained the reserves target as six months operational costs rising to a maximum of twelve months. The Trustees consider six months to be an appropriate and adequate time period to enable the Charity to continue to operate with no unrestricted income while a new strategy is implemented to address the issue or to settle the costs of closing the Charity while paying creditors as they fall due. The Reserves Policy is subject to an annual review.

Due to the challenging circumstances this year, the unrestricted reserves fell from representing six months operational costs at the start of the year to just over two months operational costs at the year end. The Trustees have approved the budget for the year ending 31 May 2025 which includes rebuilding those reserves back up to six months operational costs.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2024**

STRATEGIC REPORT

PLANS FOR FUTURE PERIODS

The Charity plans to continue to make grants to the services outlined above subject to satisfactory funding arrangements. In light of the current challenging financial climate, the Trustees are keen to strengthen the Charity's fundraising capabilities to enable to secure long-term support for the beneficiaries of the services being funded.

The Fundraising Audit commissioned from No Stone Unturned Fundraising in 2022 continues to steer activity and help inform the organisation's strategy moving forwards. The Audit identified 7 key actions for the charity to follow which were embedded into a robust action plan that underpins the strategic direction of the Charity through to 2025. This aligns with Trustees' development plans to build a charity with a clear strategy that can be delivered by a high performing staff and volunteer team, committed to growing the organisation's supporter and donor base each year and maximising the fundraising potential from new and alternative sources.

CHUMS Charity Strategic Priorities to 2025:

- Increase income to sustain and deliver more mental health services
- Build capacity and capability to meet rising demand
- Increase reach and engagement across all communities
- Promote high quality innovative services that transform people's lives

The Trustees are committed to ensuring that there are robust governance procedures in place and being followed at all times, to ensure that the Charity is effectively and appropriately furthering its charitable purposes for the public benefit.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a charitable company limited by guarantee, as defined by the Companies Act 2006, governed by its Articles of Association. In the event of the Charity being wound up, the Charity's sole member is required to contribute an amount not exceeding £1.

Recruitment and appointment of new trustees

The directors of the Charity are also charity Trustees for the purpose of charity law. Under the Articles of Association, the Trustees are appointed for a period of three years from the date of appointment, after which they may be appointed for one or more further terms of three years.

All trustees give their time voluntarily and received no benefits from the Charity.

The Trustees are responsible for recruiting and appointing new Trustees. Under the Articles of Association, the process of finding suitable candidates to be considered for appointment as new trustees shall be led by the Chair of the Charity, with the support of the Charity Director or an existing Trustee, and the Chief Executive of CHUMS CIC. When recruiting new Trustees, the Trustees have regard to ensuring that there is a broad skill mix amongst the board and that the Board of Trustees reflects the diversity of the communities of people that the Charity serves. As can be seen above in this Report, two Trustees resigned in October 2023 and three new Trustees were appointed on the same date resulting from the recruitment campaign undertaken, and a further one Trustee was appointed in April 2024. The Board are extremely grateful for the strong contributions made over many years by the two trustees who resigned during the year.

New Trustees are encouraged to meet with the Charity's staff and representatives from CHUMS CIC to understand how the Charity operates and the services which are funded by the Charity. Trustees are also encouraged to attend external training sessions where appropriate, and all Trustees are provided with a copy of the Charity Commission's guidance "The Essential Trustee".

Organisational structure

The Charity's Trustees, who are responsible for the strategic direction and policy of the Charity, meet formally on a regular basis. Throughout the year, a hybrid approach was used allowing for both face to face and online meetings.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Staff and Volunteers

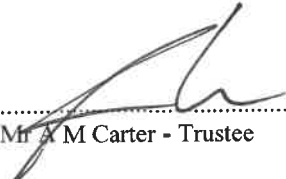
The Charity employs a small fundraising team to raise funds for the Charity's purposes. The Charity's Head of Fundraising and Communications also provides secretarial services to the Trustees.

The Trustees are extremely grateful for the dedication and hard work provided by the staff team and all of the volunteers that have so generously given their time to support the work of the Charity. As in previous years, it is not an understatement to say that without the dedication and commitment of the volunteer team, the organisation would not be able to raise awareness of mental health and emotional wellbeing issues and fundraise to the extent that it has done through this financial year. However, during this financial year, the Trustees note that the Charity's active volunteer base has remained at the lower levels prompted originally by the Covid-19 pandemic, which has had a negative effect on the organisation's fundraising capacity. To mitigate against this risk, proactive plans will be put in place during the 2024/25 year to seek funding to improve our volunteer recruitment, development and retention.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. After the Fundraising Audit was completed, the risk register was comprehensively refreshed in autumn 2023 and is reviewed quarterly throughout the year at Board Meetings.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 28/10/24 and signed on the board's behalf by:


.....
Mr A M Carter - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CHUMS CHARITY**

Independent examiner's report to the trustees of CHUMS Charity - A Registered Charity

I report to the charity trustees on my examination of the financial statements of the CHUMS Charity - A Registered Charity (the Trust) for the year ended 31 May 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's financial statements carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Tara Aldwin ACA

Foxley Kingham
Chartered Accountants
260 - 270 Butterfield
Great Marlings
Luton
Bedfordshire
LU2 8DL

Date: 19 December 2024

CHUMS CHARITY

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 MAY 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, legacies and grants	2	113,031	295,901	408,932	463,990
Raising funds	3	<u>39,157</u>	<u>-</u>	<u>39,157</u>	<u>76,763</u>
Total		<u>152,188</u>	<u>295,901</u>	<u>448,089</u>	<u>540,753</u>
 EXPENDITURE ON					
Raising funds	4	198,938	-	198,938	190,823
Charitable activities	5				
Grants payable		-	266,901	266,901	356,434
Governance costs		<u>2,923</u>	<u>-</u>	<u>2,923</u>	<u>3,312</u>
Total		<u>201,861</u>	<u>266,901</u>	<u>468,762</u>	<u>550,569</u>
 NET INCOME/(EXPENDITURE)		(49,673)	29,000	(20,673)	(9,816)
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>85,006</u>	<u>8,000</u>	<u>93,006</u>	<u>102,822</u>
 TOTAL FUNDS CARRIED FORWARD		<u>35,333</u>	<u>37,000</u>	<u>72,333</u>	<u>93,006</u>

The notes form part of these financial statements

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

**BALANCE SHEET
31 MAY 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
CURRENT ASSETS					
Debtors: Amounts falling due within one year	14	2,568	37,000	39,568	4,720
Cash at bank		<u>51,778</u>	<u>-</u>	<u>51,778</u>	<u>104,741</u>
		54,346	37,000	91,346	109,461
CREDITORS					
Amounts falling due within one year	15	<u>(19,013)</u>	<u>-</u>	<u>(19,013)</u>	<u>(16,455)</u>
NET CURRENT ASSETS		<u>35,333</u>	<u>37,000</u>	<u>72,333</u>	<u>93,006</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>35,333</u>	<u>37,000</u>	<u>72,333</u>	<u>93,006</u>
NET ASSETS		<u>35,333</u>	<u>37,000</u>	<u>72,333</u>	<u>93,006</u>
FUNDS					
	16			35,333	85,006
Unrestricted funds				<u>37,000</u>	<u>8,000</u>
Restricted funds					
TOTAL FUNDS				<u>72,333</u>	<u>93,006</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 28/10/24..... and were signed on its behalf by:


.....
Mr A M Carter - Trustee

The notes form part of these financial statements

CHUMS CHARITY

**CASH FLOW STATEMENT
for the Year Ended 31 MAY 2024**

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash absorbed by operations	1	<u>(52,963)</u>	<u>(4,400)</u>
Net cash used in operating activities		<u>(52,963)</u>	<u>(4,400)</u>
Change in cash and cash equivalents in the reporting year		(52,963)	(4,400)
Cash and cash equivalents at the beginning of the reporting year		<u>104,741</u>	<u>109,141</u>
Cash and cash equivalents at the end of the reporting year		<u><u>51,778</u></u>	<u><u>104,741</u></u>

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net expenditure for the reporting year (as per the Statement of Financial Activities)	(20,673)	(9,816)
Adjustments for:		
Depreciation charges	-	640
Increase in debtors	(34,848)	(824)
Increase in creditors	<u>2,558</u>	<u>5,600</u>
Net cash used in operations	<u>(52,963)</u>	<u>(4,400)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.6.23 £	Cash flow £	At 31.5.24 £
Net cash			
Cash at bank	<u>104,741</u>	<u>(52,963)</u>	<u>51,778</u>
	<u>104,741</u>	<u>(52,963)</u>	<u>51,778</u>
Total	<u><u>104,741</u></u>	<u><u>(52,963)</u></u>	<u><u>51,778</u></u>

The notes form part of these financial statements

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 MAY 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

The Charity meets the definition of a public benefit entity under FRS 102.

The charitable company is a company limited by guarantee and has no share capital.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income received by way of donations, legacies and grants is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Income received as events income is included in the Statement of Financial Activities under 'raising funds' and is recognised when the event has occurred and the income is receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Restricted funds are those received from donors for a specific purpose, usually to fund a specified service. The funds are granted to organisations to deliver the specified service in accordance with the Charity's objectives, to cover the costs of delivering those services.

Unrestricted funds are those received from donors without a specific purpose specified and therefore to be used for the general objectives of the Charity. The funds are used for the day to day fundraising activities of the Charity to meet its objectives and the net raised is granted to organisations at the discretion of the trustees to deliver a specified service meeting the Charity's objectives.

Donated services

In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised in the financial statements. The Charity does not directly engage volunteers in its activities however does recognise the input of its supporters at events, bucket collections and ad hoc fundraising activities.

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2024**

2. DONATIONS, LEGACIES AND GRANTS	2024	2023	
	£	£	
Donations and legacies	107,839	108,058	
Grants	<u>301,093</u>	<u>355,932</u>	
	<u>408,932</u>	<u>463,990</u>	
3. RAISING FUNDS	2024	2023	
	£	£	
Events income	<u>39,157</u>	<u>76,763</u>	
4. RAISING FUNDS			
Raising funds	2024	2023	
	£	£	
Office costs	6,563	6,744	
Events costs	8,827	23,858	
Staff costs	118,610	149,198	
Motor and travel expenses	5,009	2,625	
Payroll processing costs	1,104	1,254	
Staff training	514	1,007	
General fundraising expenses	2,063	4,357	
Consultancy fees	56,248	1,140	
Depreciation	<u>-</u>	<u>640</u>	
	<u>198,938</u>	<u>190,823</u>	
5. CHARITABLE ACTIVITIES COSTS			
	Grant funding of activities (see note 6)	Support costs (see note 7)	Totals
	£	£	£
Grants payable	266,901	-	266,901
Governance costs	<u>-</u>	<u>2,923</u>	<u>2,923</u>
	<u>266,901</u>	<u>2,923</u>	<u>269,824</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2024**

6. GRANTS PAYABLE

	2024	2023
	£	£
Grants payable	<u>266,901</u>	<u>356,434</u>

The total grants paid to institutions during the year was as follows:

	2024	2023
	£	£
Grants to CHUMS CIC	<u>266,901</u>	<u>356,434</u>

	£	£
Trauma Service	35,426	105,744
Recreational Therapeutic Service	54,237	36,813
Bedfordshire Suicide Bereavement Service	64,115	128,495
Baby Loss Service	9,970	56,871
Disability Friendship Scheme	87,985	15,814
Young Carers Service	300	12,697
Other	<u>14,868</u>	<u>-</u>
	<u>266,901</u>	<u>356,434</u>

7. SUPPORT COSTS

		Governance costs
Governance costs		£
		<u>2,923</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Computer software amortisation	<u>-</u>	<u>640</u>

9. INDEPENDENT EXAMINER'S REMUNERATION

During the year, fees were paid to the independent examiner totalling £1,140 (2023: £1,140) for independent examination services and £2,887 (2023: £3,426) for other financial services.

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2024**

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2024 nor for the year ended 31 May 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2024 nor for the year ended 31 May 2023.

11. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	100,938	127,504
Social security	9,954	13,162
Pension	<u>7,718</u>	<u>8,532</u>
	<u><u>118,610</u></u>	<u><u>149,198</u></u>

The average monthly number of employees during the year was as follows:

	2024	2023
Staff	<u><u>3</u></u>	<u><u>4</u></u>

No employees received emoluments in excess of £60,000.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations, legacies and grants	115,095	348,895	463,990
Raising funds	<u>76,763</u>	-	<u>76,763</u>
Total	<u><u>191,858</u></u>	<u><u>348,895</u></u>	<u><u>540,753</u></u>
 EXPENDITURE ON			
Raising funds	189,684	1,139	190,823
Charitable activities			
Grants payable	15,001	341,433	356,434
Governance costs	<u>3,312</u>	-	<u>3,312</u>
Total	<u><u>207,997</u></u>	<u><u>342,572</u></u>	<u><u>550,569</u></u>
 NET INCOME/(EXPENDITURE)	 (16,139)	 6,323	 (9,816)
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>101,145</u>	<u>1,677</u>	<u>102,822</u>
 TOTAL FUNDS CARRIED FORWARD	 <u><u>85,006</u></u>	 <u><u>8,000</u></u>	 <u><u>93,006</u></u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2024**

13. INTANGIBLE FIXED ASSETS

		Computer software £
COST		
At 1 June 2023 and 31 May 2024		<u>1,920</u>
AMORTISATION		
At 1 June 2023 and 31 May 2024		<u>1,920</u>
NET BOOK VALUE		
At 31 May 2024		<u><u>-</u></u>
At 31 May 2023		<u><u>-</u></u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Prepayments and accrued income	<u>39,568</u>	<u>4,720</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	6,205	1,345
Other taxes and social security costs	1,501	3,186
Other creditors	1,166	8,568
Accruals and deferred income	<u>10,141</u>	<u>3,356</u>
	<u>19,013</u>	<u>16,455</u>

16. MOVEMENT IN FUNDS

	At 1.6.23 £	Net movement in funds £	At 31.5.24 £
Unrestricted funds			
General fund	85,006	(49,673)	35,333
Restricted funds			
Recreational Therapeutic Service	8,000	(8,000)	-
Bedfordshire Suicide Bereavement Service	<u>-</u>	<u>37,000</u>	<u>37,000</u>
	<u>8,000</u>	<u>29,000</u>	<u>37,000</u>
TOTAL FUNDS	<u>93,006</u>	<u>(20,673)</u>	<u>72,333</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2024**

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	152,188	(201,861)	(49,673)
Restricted funds			
Trauma Service	35,426	(35,426)	-
Recreational Therapeutic Service	79,985	(87,985)	(8,000)
Bedfordshire Suicide Bereavement Service	91,237	(54,237)	37,000
Baby Loss Service	64,115	(64,115)	-
Young Carers Service	300	(300)	-
Disability Friendship Scheme	9,970	(9,970)	-
Other Restricted	2,666	(2,666)	-
CIC Staff Campaign	<u>12,202</u>	<u>(12,202)</u>	<u>-</u>
	<u>295,901</u>	<u>(266,901)</u>	<u>29,000</u>
TOTAL FUNDS	<u>448,089</u>	<u>(468,762)</u>	<u>(20,673)</u>

Comparatives for movement in funds

	At 1.6.22 £	Net movement in funds £	At 31.5.23 £
Unrestricted funds			
General fund	101,145	(16,139)	85,006
Restricted funds			
Recreational Therapeutic Service	500	7,500	8,000
Baby Loss Service	39	(39)	-
Other Restricted	<u>1,138</u>	<u>(1,138)</u>	<u>-</u>
	<u>1,677</u>	<u>6,323</u>	<u>8,000</u>
TOTAL FUNDS	<u>102,822</u>	<u>(9,816)</u>	<u>93,006</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2024**

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	191,858	(207,997)	(16,139)
Restricted funds			
Trauma Service	105,744	(105,744)	-
Recreational Therapeutic Service	39,313	(31,813)	7,500
Bedfordshire Suicide Bereavement Service	128,495	(128,495)	-
Baby Loss Service	46,832	(46,871)	(39)
Young Carers Service	12,697	(12,697)	-
Disability Friendship Scheme	15,814	(15,814)	-
Other Restricted	-	(1,138)	(1,138)
	<u>348,895</u>	<u>(342,572)</u>	<u>6,323</u>
TOTAL FUNDS	<u>540,753</u>	<u>(550,569)</u>	<u>(9,816)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.6.22 £	Net movement in funds £	At 31.5.24 £
Unrestricted funds			
General fund	101,145	(65,812)	35,333
Restricted funds			
Recreational Therapeutic Service	500	(500)	-
Bedfordshire Suicide Bereavement Service	-	37,000	37,000
Baby Loss Service	39	(39)	-
Other Restricted	<u>1,138</u>	<u>(1,138)</u>	<u>-</u>
	<u>1,677</u>	<u>35,323</u>	<u>37,000</u>
TOTAL FUNDS	<u>102,822</u>	<u>(30,489)</u>	<u>72,333</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2024**

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	344,046	(409,858)	(65,812)
Restricted funds			
Trauma Service	141,170	(141,170)	-
Recreational Therapeutic Service	119,298	(119,798)	(500)
Bedfordshire Suicide Bereavement Service	219,732	(182,732)	37,000
Baby Loss Service	110,947	(110,986)	(39)
Young Carers Service	12,997	(12,997)	-
Disability Friendship Scheme	25,784	(25,784)	-
Other Restricted	2,666	(3,804)	(1,138)
CIC Staff Campaign	<u>12,202</u>	<u>(12,202)</u>	<u>-</u>
	<u>644,796</u>	<u>(609,473)</u>	<u>35,323</u>
TOTAL FUNDS	<u>988,842</u>	<u>(1,019,331)</u>	<u>(30,489)</u>

17. RELATED PARTY DISCLOSURES

CHUMS CIC

CHUMS CIC is the sole member of the Charity. Dawn Hewitt, a trustee, is the Chief Executive and a director of CHUMS CIC.

During the period under review, grants were made to CHUMS CIC of £266,901 (2023: £356,434). These grants were made for charitable purposes in accordance with objectives of the Charity.

18. ULTIMATE CONTROLLING PARTY

The Board of Trustees is the ultimate controlling party.

CHUMS CHARITY

England & Wales - Charity number 1179048

Accounts

REGISTERED COMPANY NUMBER: 11427513 (England and Wales)
REGISTERED CHARITY NUMBER: 1179048

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2023
FOR
CHUMS CHARITY**



CHUMS CHARITY

**CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 MAY 2023**

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CHUMS CHARITY

REFERENCE AND ADMINISTRATIVE DETAILS for the Year Ended 31 MAY 2023

TRUSTEES	Mr G V Ball Mr B C Banks (resigned 1.9.22) Mr A M Carter (appointed 17.4.23) Mrs J Coles (appointed 16.10.23) Mrs J M A Costanzo (appointed 16.1.23) Ms D J Hewitt Mr K McNamara (appointed 16.10.23) Mr A P Robson (resigned 16.4.23) Mrs H Touhey (appointed 16.10.23) Mrs J Williams
REGISTERED OFFICE	Wrest Park Enterprise Centre Wrest Park Silsoe Bedfordshire MK45 4HS
REGISTERED COMPANY NUMBER	11427513 (England and Wales)
REGISTERED CHARITY NUMBER	1179048
INDEPENDENT EXAMINER	Tara Aldwin ACA Foxley Kingham Chartered Accountants 260 - 270 Butterfield Great Marlings Luton Bedfordshire LU2 8DL

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

REPORT OF THE TRUSTEES for the Year Ended 31 MAY 2023

The Trustees who are also directors of the Charity for the purposes of the Companies Act 2006, are pleased to present their report with the financial statements of the Charity for the year ended 31 May 2023. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

CHUMS Charity (the 'Charity') is a charitable company which was incorporated on 21 June 2018, registered with the Charity Commission on 3 July 2018 and began operating on 1 April 2019.

OBJECTIVES AND ACTIVITIES

Objectives

The objectives of the Charity are: -

- to promote the preservation of mental health and
- to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress, through
- the provision of support to children and their families affected by bereavement, trauma and other emotional and mental health issues in the United Kingdom.

The Charity furthers these purposes by making grants to services operated by other charities and social enterprises. The Charity reviews its aims and activities regularly, in particular to ensure the success of the services funded and the benefits the services have brought to the Charity's beneficiaries.

The Trustees have read and considered the general guidance on public benefit provided by the Charity Commission in setting the Charity's aims and objectives.

Grantmaking

The Charity has established its grant making policy to achieve its mission, aims and objects for the public benefit, in particular by funding support for children and their families affected by bereavement, trauma and other emotional and mental health issues. Whilst the Charity's objectives enable it to further these purposes throughout the United Kingdom, the Charity currently focuses its activities within Luton and Bedfordshire. Going forward and in line with best practice, the Charity will review its grant making policy annually to ensure that it reflects the Charity's objectives and thereby advances public benefit.

As a grant making Charity, we rely greatly on the generosity of the community to help us raise the funds required to support services provided to our beneficiaries. As Trustees, we continue to seek and utilise opportunities to improve our presence in the community to raise awareness and to attract and maintain vital sources of income to further our objectives. We work proactively to build relationships with the widest possible range of stakeholders across our communities, seeking always to strengthen our links with individuals, other charities and grant making bodies and corporate entities who currently all contribute to make our activities successful.

The Charity primarily funds a number of services, provided by CHUMS Social Enterprise CIC ('CHUMS CIC'), a community interest company, which provides a range of unique services that improve the lives of the Charity's beneficiaries. These services form part of a wider provision of services by CHUMS CIC; however, unlike other services provided by CHUMS CIC, the services funded by the Charity do not receive any NHS funding. By funding services through CHUMS CIC as opposed to running services itself, the Charity is able to achieve maximum value for money and significantly improved outcomes which ensure that the individuals, families, organisations, and communities we serve, have access to innovative, multi-disciplinary and collaborative models of care within CHUMS own 'mental health care and wellbeing pathway'. This unique wellbeing pathway brings together the expertise and infrastructure provided as a result of CHUMS CIC's NHS commissioned services and the innovative community outreach programmes that are funded by the Charity. Within an ever more stretched fundraising environment, the Trustees have confidence that the existing model of grant making enables the delivery of outstanding mental health services that are responsive to the increasing demand for services, and to the increasingly complex problems faced by the Children & Young People (CYP) and their families across our local communities.

The services funded by the Charity during the year are described in more detail below. The Trustees wish to continue to support these services and therefore, at present, the Charity does not invite unsolicited grant applications. The Trustees have regard to the Charity Commission's guidance on grant funding an organisation that isn't a charity when making grants to CHUMS CIC and ensure that all grants made are in accordance with the Charity's Articles of Association, for the furtherance of its objectives and for the benefit of the public.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2023**

OBJECTIVES AND ACTIVITIES

THE SERVICES WE SUPPORT

How our activities deliver public benefit: achievement and performance

As described above and as well as being of benefit to the general public more widely, the Charity has made grants to CHUMS CIC and currently supports five services which benefit CYP and families affected by bereavement, trauma and other emotional and mental health issues. The Trustees take steps when making decisions in relation to grant making to ensure that each grant provides adequate public benefit, as well as to ensure that the Charity receives adequate reporting to allow it to improve its targeted grant-making.

The services funded by the Charity are as follows:

1. Trauma Service
2. Recreational Therapeutic Service
3. Bedfordshire Suicide Bereavement Service
4. Babyloss Service
5. Disability Friendship Scheme

1. The Bereavement and Non-bereavement Trauma Service

This service supports CYP in crisis who are not able to get on with their normal lives as a result of one or multiple traumas. They are stuck in the moment of their loss or their abuse and are reliving the horror on a constant basis. Children and young people are referred into the service usually by families, teachers, or social services.

The cases seen in the service cover trauma received from domestic violence, sexual abuse, bereavement and more recently, refugee children fleeing from war. Also, medical trauma, road traffic accidents, and a large increase in knife crime and community violence.

Public benefit

The wider social impacts of the Trauma Service are:

- Improved life outcomes
- More resilient CYP, families and communities
- Reduced stigma of mental health difficulties

Within Bedfordshire and Luton there are very limited trauma interventions and no other specialist trauma service available to CYP. The Trauma service provides a high-quality and effective solution to the systemic pressures of increased demand, waiting lists and inequalities of access experienced by so many CYP within the wider mental health care system in our region.

Outcomes

The Trauma Service targets four main outcomes which are measured quantitatively and/ or qualitatively:

- Decreased distress and increased functioning
- Improved relationships (family and peer)
- Able to engage fully in education
- Progress towards personal goal (set at the start of intervention)

During the year, the Trauma Team has supported 233 CYP, and 28 parent/carers, of which 137 were new referrals. A total of 791 sessions were delivered and 1,360 contacts were undertaken. Over and above the numbers, the Trauma service has helped to transform the lives of all the CYP and parent/carers that came into the service, enabling them to move forward in their lives, and to re-engage with their education and the schools, families, and communities that they live in.

Testimonials

"The problem my daughter had was dealt with in an amazing way, not only making my daughter feel better, but helping myself (mum) feel better about everything. The support has been amazing, I really can't fault the help we have been given. CHUMS has been a true rock for my daughter." (Parent/Carer)

"I wanted to express my heartfelt gratitude for all the support you have provided to my children over the past few months. Your dedication and care have made a significant impact on their healing journey, and I truly appreciate all the time you have invested. Once again, thank you for everything you have done." (Parent/Carer)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2023**

OBJECTIVES AND ACTIVITIES

2. Recreational Therapeutic Service (REC) - TACTICS football programme and ENCORE music programme

This innovative service works with CYP aged 7 to 11 years old who struggle to engage with traditional 1:1 talking therapies. Not all CYP can or are willing to engage in traditional 1:1 talking therapies. For many it is simply too intense or talking through their feelings in that more formal setting is too difficult.

Objectives and activities

Unfortunately, because of a lack of alternative provision, many CYP do not receive the support they need and often express their frustrations through unhelpful behaviours. These CYP may then struggle long-term with educational engagement leading to potentially negative personal and social impacts.

The REC programmes are designed to support CYP using a medium they can relate to (i.e. music and football) with a robust psychological approach based on cognitive behavioural therapy (CBT) principles, a well-known and evidence-based psycho-social intervention.

The programmes use of CBT principles empowers CYP, giving them a better understanding of their emotions and proven strategies and tools to help them to cope better. The service targets mild to moderate mental health difficulties by providing early intervention to CYP who may be struggling with difficulties around anxiety, low-mood, low self-esteem and/or challenging behaviours.

Public benefit

Wider social impacts include:

- Better academic achievement
- More resilient CYP
- More resilient families
- Better life choices
- More resilient school communities
- Less demand on CAMHS services

Outcomes

- Improved mental health for disengaged children and young people or those suffering with anxiety.
- Improved behaviour management for children and young people displaying challenging behaviours.
- Increased engagement in education and enhanced emotional wellbeing and resiliency.

During the year, 167 CYP were referred into the TACTICS service, who were supported through the delivery of 122 groups. In all, 919 contacts were undertaken by the TACTICS Team. During the year, 151 CYP were referred into the ENCORE service, who were supported through the delivery of 92 groups and 259 1:1 sessions. In all, 505 contacts were undertaken by the ENCORE Team. Over and above the numbers, the two unique REC services have helped to transform the lives of all the CYP that came into the service, enabling them to reengage with their education and the schools, families, and communities that they live in.

Testimonials

"TACTICS really helped me stay calm when I got angry, so then I knew what to do when I was angry and how to keep myself calm - and Tactics is also really fun!" (CYP beneficiary)

"ENCORE is really fun. You get to build up your confidence. If you have anxiety it helps you because they give you helpful tools and can play instruments and have fun too!" (CYP beneficiary)

3. Bedfordshire Suicide Bereavement Service (BSBS)

BSBS supports families and individuals of all ages bereaved by suicide in Bedfordshire. The only service of its kind in the county, BSBS works in close partnership with Bedfordshire Police so that they can refer families to the service as early as possible, with the aim of supporting families within 48 hours.

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2023**

OBJECTIVES AND ACTIVITIES

Starting with just one part-time member of staff and a small number of dedicated volunteers, CHUMS CIC has been delivering the service since 2015. In that time, referrals have grown substantially as the service has become better known and numbers of suicides / suspected suicides have increased.

Suicide is non-discriminatory - it affects people from all walks of life. All the evidence suggests that, in a post-pandemic, post-Brexit world with a growing economic crisis, demand for the service will continue to increase over the next few years - a trend that will require the Charity to find ever more resourceful ways to fund the growth in the critical work of the service.

BSBS offers vital support to a suicide bereaved person (or family) within 2-4 days of receiving a referral, providing both practical and emotional support and helping the beneficiaries to make some very difficult but important decisions during a time of great personal anxiety, grief and stress.

Objectives and activities

As in previous years, referrals have included offering support to a very wide range of people within our communities, from someone as young as three years old, through to older clients in their eighties who were sadly dealing with the aftermath of suicide of a spouse or child. Inclusive and empathetic in its approach, BSBS supports all sections of the community, including extended family, friends, colleagues, social groups, and witnesses to a suicide death.

The service includes:

- Phone support
- Individual counselling
- Group/family counselling
- Monthly support group for adults
- Monthly support group for CYP
- Resource lists
- Signposting to other organisations, church leaders, school communities and workplaces.
- Crisis visits to schools and workplaces (following a suicide)
- Support to local clubs including a swimming club
- Support for the immediate and extended family, friends, colleagues

Public benefit

The wider social impacts are aligned to those of the Trauma Service:

- Improved life outcomes
- More resilient CYP, families and communities
- Reduced stigma of mental health difficulties

It is worth noting that improved life outcomes for adults who are supported by BSBS will have a direct benefit not just for the individual, but also for their family, friends, and wider community.

Outcomes

Traumatically bereaved children and adults are supported through the most difficult time are:

- Less likely to take their own lives
- Able to re-engage in education and work much sooner than would otherwise be possible
- Able to care for other family members

In addition, families benefit hugely from talking about their emotions and grief and as such, are better able to 'process the devastating event'. This improves communication within the family helping them to function better and carry on with their lives as soon as possible.

During the year, the BSBS Team has supported 105 CYP, and 170 adults, of which, 126 were new referrals. A total of 23 Group sessions were delivered and 663 contacts were undertaken. Over and above the numbers, BSBS has helped to support all of the CYP and adults that came into the service, enabling them to find a way forward through the darkest of times in their lives.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2023**

OBJECTIVES AND ACTIVITIES

Testimonials from adult beneficiaries

"...my child is in a very good place at the moment ... He has started college and although I know he still has occasions when he is thinking about his Dad, the wonderful support we received from Chums has helped enormously."

"I like coming to the group because you are all friendly and made me feel welcome. Also, non-judgemental and listened to who was ever speaking. I also feel the most important thing is people know how I feel. Thank you."

"My partner recently took his life and this has been the hardest thing that's happened to me. I found it hard at first to find help or someone to talk to that wasn't my family or friends. I called CHUMS up and I was given a worker straight away, which really helped me to talk about how I was feeling and it gave me a space to say everything I was struggling with and explain all my sadness. I feel more positive about the future, which was something I was struggling with the most. I've really appreciated having somebody to talk to."

4. Babyloss Service

CHUMS Babyloss Service has been running for ten years and provides specialised bereavement support to bereaved parents (and sometimes grandparents and siblings too) following the death of a baby through late miscarriage, stillbirth, compassionate termination, or neonatal death. The service also provides support during subsequent anxious rainbow pregnancies. Much of the work of the service continues to be the provision of ongoing support to existing clients who require longer term interventions due to the nature of their loss.

Objectives and activities

Referrals to the service come mainly from the Luton and Dunstable Hospital through their bereavement midwife, but also through self-referrals and from GPs, health visitors and community midwives.

The service provides the following support to families:

- Telephone support
- Crisis visits
- Home assessments
- Individual and couples counselling
- Monthly bereavement Snowdrop support group
- Bereaved fathers only group
- Monthly Rainbow group for those expecting again and those requiring further support
- Private Facebook support groups
- Lending library
- Workshop days offering creative therapeutic interventions
- Two event days each year

The event days are for bereaved couples and their wider families and consist of a Summer Baby Memory Day and, at the end of each year, a Snowdrop Remembrance Service.

Public benefit

- Reduced demand for specialist mental health services
- More resilient families
- Development of peer to peer support networks

Outcomes

Through the provision of this specialist support, families report the following outcomes:

- Feel less isolated
- Developed peer to peer support with others with similar lived experience
- Better able to express their feelings and worries
- Better able to normalise their responses
- More able to manage their grief
- Developed a range of coping strategies
- Improved emotional wellbeing and resiliency

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2023**

OBJECTIVES AND ACTIVITIES

During the year, the Babyloss Team has supported 229 adults, of whom 45 were new referrals. A total of 40 Group sessions were delivered and 630 contacts undertaken. Over and above the numbers, the Babyloss service has helped to support all of the people that came into the service, enabling them to find a way forward through the darkest of times in their lives.

Testimonials from bereaved parent beneficiaries

"It was very comforting to speak to another person who has also lost their baby. They knew how I felt when others didn't. I am forever grateful to you for all of your support which has helped me through the worst time of my life. Thank you. CHUMS, you are an amazing Charity!"

"CHUMS has been a huge positive and important part of my grieving journey and if it wasn't there it would have been a very difficult time and difficult to overcome and learn to cope."

5. Disability Friendship Scheme

The scheme operates in Luton offering a safe weekly social space for children and young people with learning and/or physical disabilities aged 13 to 25, as well as outings and workshops in the Easter and Summer holidays. The scheme has been run as an ongoing project in the Luton Borough since CHUMS took it over from Luton Borough Council in March 2015.

The service enables and empowers young people with a wide range of physical and learning impairments to be able to access and enjoy the same social opportunities as their non-disabled peers. CHUMS recognises the importance of offering this group of young people a safe space on a Friday evening to meet, let off steam, have fun, support one another as well as be supported. Each session offers the beneficiaries a sanctuary that is safe, where support is unconditional and non-judgemental, but with relevant boundaries in place.

Objectives and activities

Being able to regularly meet with their peers and build positive, supportive relationships whilst having fun helps the scheme's beneficiaries to feel less isolated and alone and helps them develop their social communication skills. In addition, the service offers much needed respite to parents, carers, and siblings, and gives them a chance to have a break from their caring responsibilities. The service is enhanced greatly by a small team of regular volunteers who attend the weekly sessions on a rota basis; they are a valuable asset to both CHUMS and the young people accessing the scheme.

Another important feature is that it offers outings in the Easter and Summer holidays, giving the young people the opportunity to go bowling, to the theatre, to the seaside, and enjoy a range of different outdoor activity days.

Referrals are most commonly made into the service via other agencies in Luton but referrals can also be made by individuals and families.

Public benefit

Wider social impacts are:

- Respite for parents/carers/siblings leading to improved family life
- Improved social inclusion and engagement for a marginalised group of young people
- Reduced stigma
- Improved mental health and wellbeing for the young people

Outcomes

The young people are able to access the service up until they reach the age of 25. During their time in the service they develop:

- Improved social communication skills with their peers and with other people in the community
- Improved confidence and self-esteem
- Their ability to lead independent, more fulfilling lives
- Improved soft and hard skills which enhance their educational attainment and their employability
- A friendship group with others with shared lived experience
- Increased confidence and communication skills

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

REPORT OF THE TRUSTEES for the Year Ended 31 MAY 2023

OBJECTIVES AND ACTIVITIES

- Opportunities to share their stories with others at external events

During the year, the Disability Friendship Team has supported 38 CYP of which 8 were new referrals. In total, 36 weekly sessions and trips/days out were provided for the CYP beneficiaries. A total of 207 contacts were undertaken. Over and above the numbers, the Friendship service has helped to provide a supportive, nurturing and safe environment for all the CYP, helping transform the lives for the better, whilst providing much-needed respite for their parents/carers.

Testimonials

"I have built my confidence since coming to the Friday sessions and doing different activities has really helped me to build my skills and make new friends when I am down there are always staff who are there to listen to me when I'm upset. It's nice to meet up every week on Friday as we get to meet people and have a chat with them." (CYP beneficiary)

"Thank u for the trip to Woburn, it was [E's] favourite day of the hols, I had the pleasure of attending the group on Tuesday with my Son, what a lovely welcome the young people receive and a great space for them to socialise and chat! Chips are an added bonus which suits my son." (Parent/Carer)

SOURCES OF INCOME

The Charity benefits from the support of its donors and funders who raise funds to enable it to support the services described above. The Charity also relies on a diversified range of donations and grants to support its charitable activities:

The Charity primarily relies on three sources of income:

Grants

The Charity receives a number of grants which are restricted for particular services. During 2022/23 we were very generously supported by a number of local, regional and national grant funders: The Amateurs Trust, Angus Brewer Community Fund, The Arnold Clark Community Fund, ASDA Foundation, Autism Bedfordshire, The Barbara Ward Foundation, Beaverbrooks Charitable Trust, Bedfordshire and Luton Community Foundation, Bedfordshire Police Foundation, Bedfordshire Police VERU, The BIG Give, CDS CIC, Charity of Robert Lucas for the Poor, Coop Customer Donation Fund, David Solomons Charitable Trust, First Give, Gale Family Trust, Groundwork UK/Tesco Bags of Help, London Luton Airport Limited CIF, Marley's Aart Foundation, The National Lottery, Neighbourly CT, Oakdene Foundation, Panacea Charitable Trust, St James's Place and The Wavendon Foundation.

Donations

Income from local companies, schools and community groups came closer to historical levels following the pandemic and the series of lockdowns, with donations delivering 19% of income and events 15%. We were thrilled to see the re-emergence of corporate support as companies returned to a more normal way of working alongside supporting their local communities.

Events & Campaigns

Fundraising can take many shapes and forms. February 2023 saw the return of our 'Shine Bright, Wear Bright' Schools Campaign physically taking place in schools which was sponsored by GoStudent, as well as the return of multiple physical challenges by supporters, ranging from sponsored walks to runs and wingwalks to skydives. A significant Ice Ultra Challenge raised over £10,000 for the Bedfordshire Suicide Bereavement Service.

The Trustees would like to note and thank the incredible energy, passion and consistent contribution of all of our incredible supporters who have helped the Charity to make 2022/23 another successful year, enabling us to make grants to CHUMS CIC that support and enable the amazing work of the charitable services as outlined above.

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2023**

OBJECTIVES AND ACTIVITIES

COVID-19 - still casting its shadow, and the Cost of Living Crisis

The longer-term impacts of the COVID-19 pandemic are still being felt, particularly in the way people live and work, and CHUMS Charity - like so many others - continues to operate a 'hybrid model of working' which has without doubt become the 'new normal'. Operationally, the Charity has not faced any ongoing challenges due to the pandemic, which is a relief to note.

That said, it is difficult to determine what impact COVID may still be having on the charity's ability to hold events and raise funds out in the community, but even if the impact of that is receding, the Trustees feel it important to note in this Report that the country has experienced a significant cost of living crisis during this financial year which has lowered living standards for millions of people in the UK, thus potentially reducing their ability to be able to support charitable causes through donations and individual giving. The Trustees and Staff are mindful of this and will seek to put plans in place through the next financial year to maximise any and all opportunities to generate income, including the introduction of a series of new fundraising campaigns to be launched in autumn 2023.

STRATEGIC REPORT

Achievement and performance

Fundraising activities

Fundraising income continues to be dependent on planned grant income, both recurring multi-year grants and new grant applications. This year saw a strong focus on grant applications to grow income against the backdrop of falling donations income that was identified early in the year. As a result, grants rose as a proportion of total funds raised from 52% last year to 66% this year.

Financial review

Financial position

The total funds raised in the year ended 31 May 2023 amounted to £540,753 (2022: £357,359) with a net £356,434 (2022: £206,934) made in grants to the five services supported by the Charity.

After grants and expenditure on the Charity's charitable activities, the board of Trustees report a net expenditure of £9,816 (2022: net income £7,104) in the year under review. At the financial year end, the unrestricted general reserves stand at £85,006 (2022: £101,145) and restricted reserves at £8,000 (2022: £1,677).

Reserves policy

The Trustees consider it prudent to maintain an appropriate level of reserves. Such reserves could from time to time be required to avoid any disruption to the charitable fundraising work, given that by their nature, certain sources of income are erratic and difficult to forecast.

The Reserves Policy was reviewed and approved by the Charity at its Trustees meeting on 17 July 2023 and has retained the reserves target as six months operational costs rising to a maximum of twelve months. The Trustees consider six months to be an appropriate and adequate time period to enable the Charity to continue to operate with no unrestricted income while a new strategy is implemented to address the issue or to settle the costs of closing the Charity while paying creditors as they fall due. The Reserves Policy is subject to an annual review.

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

REPORT OF THE TRUSTEES for the Year Ended 31 MAY 2023

STRATEGIC REPORT PLANS FOR FUTURE PERIODS

The Charity plans to continue to make grants to the services outlined above subject to satisfactory funding arrangements. In light of the current challenging financial climate, the Trustees are keen to strengthen the Charity's fundraising capabilities to enable to secure long-term support for the beneficiaries of the services being funded.

During Quarter 1, a Fundraising Audit was commissioned from No Stone Unturned Fundraising to enable the Trustees and Staff to identify potential areas for growth and improvement across all income stream areas, and to help inform the organisation's strategy moving forwards. The Audit identified 7 key actions for the charity to follow which have been embedded into a robust action plan that underpins the strategic direction of the Charity over the next two years. This proactive step aligns with Trustees' development plans from the last financial year to build a charity with a clear strategy that can be delivered by a high performing staff and volunteer team, committed to growing the organisation's supporter and donor base each year and maximising the fundraising potential from new and alternative sources.

CHUMS Charity Strategic Priorities 2022-5:

- Increase income to sustain and deliver more mental health services
- Build capacity and capability to meet rising demand
- Increase reach and engagement across all communities
- Promote high quality innovative services that transform people's lives

The Trustees are committed to ensuring that there are robust governance procedures in place and being followed at all times to ensure that the Charity is effectively and appropriately furthering its charitable purposes for the public benefit.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a charitable company limited by guarantee, as defined by the Companies Act 2006, governed by its Articles of Association. In the event of the Charity being wound up, the Charity's sole member is required to contribute an amount not exceeding £1.

Recruitment and appointment of new trustees

The directors of the Charity are also charity Trustees for the purpose of charity law. Under the Articles of Association, the Trustees are appointed for a period of three years from the date of appointment, after which they may be appointed for one or more further terms of three years.

All trustees give their time voluntarily and received no benefits from the Charity.

The Trustees are responsible for recruiting and appointing new Trustees. Under the Articles of Association, the process of finding suitable candidates to be considered for appointment as new trustees shall be led by the Chair of the Charity, with the support of the Charity Director or an existing Trustee, and the Chief Executive of CHUMS CIC. When recruiting new Trustees, the Trustees have regard to ensuring that there is a broad skill mix amongst the board and that the Board of Trustees reflects the diversity of the communities of people that the Charity serves. As can be seen above in this Report, one Trustee stepped down in September 2022 and two new Trustees were appointed during the Trustees Recruitment Campaign undertaken in Autumn 2022, and one existing member of the Board stepped down in April 2023. The Board are extremely grateful for the strong contributions made over many years by the two trustees who resigned during the year.

New Trustees are encouraged to meet with the Charity's staff and representatives from CHUMS CIC to understand how the Charity operates and the services which are funded by the Charity. Trustees are also encouraged to attend external training sessions where appropriate, and all Trustees are provided with a copy of the Charity Commission's guidance "The Essential Trustee".

Organisational structure

The Charity's Trustees, who are responsible for the strategic direction and policy of the Charity, meet formally on a regular basis. Through the year, a hybrid approach has been implemented allowing for both face to face and online meetings.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2023**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Staff and Volunteers

The Charity employs a small fundraising team to raise funds for the Charity's purposes. The Charity's Head of Fundraising and Communications also provides secretarial services to the Trustees.

The Trustees are extremely grateful for the dedication and hard work provided by the staff team and all of the volunteers that have so generously given their time to support the work of the Charity. As in previous years, it is not an understatement to say that without the dedication and commitment of the volunteer team, the organisation would not be able to raise awareness of mental health and emotional wellbeing issues and fundraise to the extent that it has done through this financial year. However, during this financial year, the Trustees note that the Charity's active volunteer base has reduced significantly since the Covid-19 pandemic which has had a negative effect on the organisation's fundraising capacity. To mitigate against this risk, proactive plans will be put in place during the 2023/24 year to seek funding to improve our volunteer recruitment, development and retention.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. After the Fundraising Audit was completed in the summer, the risk register was comprehensively refreshed in autumn 2022 and is reviewed quarterly throughout the year at Board Meetings.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on ~~16th October 2023~~ and signed on the board's behalf by:



.....
Mrs J Williams - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CHUMS CHARITY**

Independent examiner's report to the trustees of CHUMS Charity - A Registered Charity

I report to the charity trustees on my examination of the financial statements of the CHUMS Charity - A Registered Charity (the Trust) for the year ended 31 May 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's financial statements carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Tara Aldwin ACA

Foxley Kingham
Chartered Accountants
260 - 270 Butterfield
Great Marlings
Luton
Bedfordshire
LU2 8DL

Date: 30 November 2023

CHUMS CHARITY

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 MAY 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, legacies and grants	2	115,095	348,895	463,990	325,445
Raising funds	3	<u>76,763</u>	<u>-</u>	<u>76,763</u>	<u>31,914</u>
Total		<u>191,858</u>	<u>348,895</u>	<u>540,753</u>	<u>357,359</u>
EXPENDITURE ON					
Raising funds	4	189,684	1,139	190,823	140,050
Charitable activities					
Grants payable	5	15,001	341,433	356,434	206,934
Governance costs		<u>3,312</u>	<u>-</u>	<u>3,312</u>	<u>3,271</u>
Total		<u>207,997</u>	<u>342,572</u>	<u>550,569</u>	<u>350,255</u>
NET INCOME/(EXPENDITURE)		(16,139)	6,323	(9,816)	7,104
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>101,145</u>	<u>1,677</u>	<u>102,822</u>	<u>95,718</u>
TOTAL FUNDS CARRIED FORWARD		<u>85,006</u>	<u>8,000</u>	<u>93,006</u>	<u>102,822</u>

The notes form part of these financial statements

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

**BALANCE SHEET
31 MAY 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Intangible assets	13	-	-	-	640
CURRENT ASSETS					
Debtors: Amounts falling due within one year	14	4,720	-	4,720	3,896
Cash at bank		<u>96,741</u>	<u>8,000</u>	<u>104,741</u>	<u>109,141</u>
		101,461	8,000	109,461	113,037
CREDITORS					
Amounts falling due within one year	15	(16,455)	-	(16,455)	(10,855)
NET CURRENT ASSETS					
		<u>85,006</u>	<u>8,000</u>	<u>93,006</u>	<u>102,182</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>85,006</u>	<u>8,000</u>	<u>93,006</u>	<u>102,822</u>
NET ASSETS					
		<u>85,006</u>	<u>8,000</u>	<u>93,006</u>	<u>102,822</u>
FUNDS					
Unrestricted funds	16			85,006	101,145
Restricted funds				<u>8,000</u>	<u>1,677</u>
TOTAL FUNDS					
				<u>93,006</u>	<u>102,822</u>

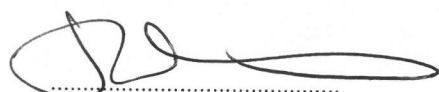
The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 16th October 2023 and were signed on its behalf by:



Mrs J Williams - Trustee

The notes form part of these financial statements

CHUMS CHARITY

**CASH FLOW STATEMENT
for the Year Ended 31 MAY 2023**

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	<u>(4,400)</u>	<u>11,361</u>
Net cash (used in)/provided by operating activities		<u>(4,400)</u>	<u>11,361</u>
Change in cash and cash equivalents in the reporting year		(4,400)	11,361
Cash and cash equivalents at the beginning of the reporting year		<u>109,141</u>	<u>97,780</u>
Cash and cash equivalents at the end of the reporting year		<u><u>104,741</u></u>	<u><u>109,141</u></u>

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net (expenditure)/income for the reporting year (as per the Statement of Financial Activities)	(9,816)	7,104
Adjustments for:		
Depreciation charges	640	640
Increase in debtors	(824)	(2,439)
Increase in creditors	<u>5,600</u>	<u>6,056</u>
Net cash (used in)/provided by operations	<u><u>(4,400)</u></u>	<u><u>11,361</u></u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.6.22 £	Cash flow £	At 31.5.23 £
Net cash			
Cash at bank	<u>109,141</u>	<u>(4,400)</u>	<u>104,741</u>
Total	<u><u>109,141</u></u>	<u><u>(4,400)</u></u>	<u><u>104,741</u></u>

The notes form part of these financial statements

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 MAY 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

The Charity meets the definition of a public benefit entity under FRS 102.

The charitable company is a company limited by guarantee and has no share capital.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income received by way of donations, legacies and grants is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Income received as events income is included in the Statement of Financial Activities under 'raising funds' and is recognised when the event has occurred and the income is receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Restricted funds are those received from donors for a specific purpose, usually to fund a specified service. The funds are granted to organisations to deliver the specified service in accordance with the Charity's objectives, to cover the costs of delivering those services.

Unrestricted funds are those received from donors without a specific purpose specified and therefore to be used for the general objectives of the Charity. The funds are used for the day to day fundraising activities of the Charity to meet its objectives and the net raised is granted to organisations at the discretion of the trustees to deliver a specified service meeting the Charity's objectives.

Donated services

In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised in the financial statements. The Charity does not directly engage volunteers in its activities however does recognise the input of its supporters at events, bucket collections and ad hoc fundraising activities.

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2023**

2. DONATIONS, LEGACIES AND GRANTS			
		2023	2022
		£	£
Donations and legacies		108,058	138,259
Grants		<u>355,932</u>	<u>187,186</u>
		<u>463,990</u>	<u>325,445</u>
3. RAISING FUNDS			
		2023	2022
		£	£
Events income		<u>76,763</u>	<u>31,914</u>
4. RAISING FUNDS			
Raising funds			
		2023	2022
		£	£
Office costs		6,744	4,292
Events costs		23,858	4,857
Staff costs		149,198	117,039
Motor and travel expenses		2,625	1,085
Payroll processing costs		1,254	1,008
Staff training		1,007	374
General fundraising expenses		4,357	3,895
Consultancy fees		1,140	6,860
Depreciation		<u>640</u>	<u>640</u>
		<u>190,823</u>	<u>140,050</u>
5. CHARITABLE ACTIVITIES COSTS			
	Grant funding of activities (see note 6)	Support costs (see note 7)	Totals
	£	£	£
Grants payable	356,434	-	356,434
Governance costs	<u>-</u>	<u>3,312</u>	<u>3,312</u>
	<u>356,434</u>	<u>3,312</u>	<u>359,746</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2023**

6. GRANTS PAYABLE

	2023	2022
	£	£
Grants payable	<u>356,434</u>	<u>206,934</u>

The total grants paid to institutions during the year was as follows:

	2023	2022
	£	£
Grants to CHUMS CIC	<u>356,434</u>	<u>206,934</u>

	£	£
Trauma Service	105,744	90,300
Recreational Therapeutic Service	36,813	20,393
Bedfordshire Suicide Bereavement Service	128,495	45,463
Baby Loss Service	56,871	35,753
Disability Friendship Scheme	15,814	12,032
Young Carers Service	<u>12,697</u>	<u>2,993</u>
	<u>356,434</u>	<u>206,934</u>

7. SUPPORT COSTS

		Governance costs
		£
Accountancy and Independent Examiners Fee		<u>3,312</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Computer software amortisation	<u>640</u>	<u>640</u>

9. INDEPENDENT EXAMINER'S REMUNERATION

During the year, fees were paid to the independent examiner totalling £1,140 (2022: £1,140) for independent examination services and £3,426 (2022: £3,139) for other financial services.

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2023 nor for the year ended 31 May 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2023 nor for the year ended 31 May 2022.

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2023**

11. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	127,504	101,681
Social security	13,162	10,270
Pension	<u>8,532</u>	<u>5,088</u>
	<u>149,198</u>	<u>117,039</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Staff	<u>4</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations, legacies and grants	116,584	208,861	325,445
Raising funds	<u>31,914</u>	<u>-</u>	<u>31,914</u>
Total	<u>148,498</u>	<u>208,861</u>	<u>357,359</u>
EXPENDITURE ON			
Raising funds	139,800	250	140,050
Charitable activities			
Grants payable	-	206,934	206,934
Governance costs	<u>3,271</u>	<u>-</u>	<u>3,271</u>
Total	<u>143,071</u>	<u>207,184</u>	<u>350,255</u>
NET INCOME	5,427	1,677	7,104
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>95,718</u>	<u>-</u>	<u>95,718</u>
TOTAL FUNDS CARRIED FORWARD	<u>101,145</u>	<u>1,677</u>	<u>102,822</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2023**

13. INTANGIBLE FIXED ASSETS

		Computer software £
COST		
At 1 June 2022 and 31 May 2023		<u>1,920</u>
AMORTISATION		
At 1 June 2022		1,280
Charge for year		<u>640</u>
At 31 May 2023		<u>1,920</u>
NET BOOK VALUE		
At 31 May 2023		<u> </u>
At 31 May 2022		<u>640</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Prepayments and accrued income	<u>4,720</u>	<u>3,896</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	1,345	268
Other taxes and social security costs	3,186	5,078
Other creditors	8,568	1,249
Accruals and deferred income	<u>3,356</u>	<u>4,260</u>
	<u>16,455</u>	<u>10,855</u>

16. MOVEMENT IN FUNDS

	At 1.6.22	Net movement in funds	At 31.5.23
	£	£	£
Unrestricted funds			
General fund	101,145	(16,139)	85,006
Restricted funds			
Recreational Therapeutic Service	500	7,500	8,000
Baby Loss Service	39	(39)	-
Other Restricted	<u>1,138</u>	<u>(1,138)</u>	<u> </u>
	<u>1,677</u>	<u>6,323</u>	<u>8,000</u>
TOTAL FUNDS	<u>102,822</u>	<u>(9,816)</u>	<u>93,006</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2023**

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	191,858	(207,997)	(16,139)
Restricted funds			
Trauma Service	105,744	(105,744)	-
Recreational Therapeutic Service	39,313	(31,813)	7,500
Bedfordshire Suicide Bereavement Service	128,495	(128,495)	-
Baby Loss Service	46,832	(46,871)	(39)
Young Carers Service	12,697	(12,697)	-
Disability Friendship Scheme	15,814	(15,814)	-
Other Restricted	-	(1,138)	(1,138)
	<u>348,895</u>	<u>(342,572)</u>	<u>6,323</u>
TOTAL FUNDS	<u>540,753</u>	<u>(550,569)</u>	<u>(9,816)</u>

Comparatives for movement in funds

	At 1.6.21 £	Net movement in funds £	At 31.5.22 £
Unrestricted funds			
General fund	95,718	5,427	101,145
Restricted funds			
Recreational Therapeutic Service	-	500	500
Baby Loss Service	-	39	39
Other Restricted	-	1,138	1,138
	<u>-</u>	<u>1,677</u>	<u>1,677</u>
TOTAL FUNDS	<u>95,718</u>	<u>7,104</u>	<u>102,822</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2023**

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	148,498	(143,071)	5,427
Restricted funds			
Trauma Service	90,300	(90,300)	-
Recreational Therapeutic Service	20,893	(20,393)	500
Bedfordshire Suicide Bereavement Service	45,463	(45,463)	-
Baby Loss Service	35,792	(35,753)	39
Young Carers Service	2,993	(2,993)	-
Disability Friendship Scheme	12,032	(12,032)	-
Other Restricted	<u>1,388</u>	<u>(250)</u>	<u>1,138</u>
	<u>208,861</u>	<u>(207,184)</u>	<u>1,677</u>
TOTAL FUNDS	<u>357,359</u>	<u>(350,255)</u>	<u>7,104</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.6.21 £	Net movement in funds £	At 31.5.23 £
Unrestricted funds			
General fund	95,718	(10,712)	85,006
Restricted funds			
Recreational Therapeutic Service	-	8,000	8,000
	<u>95,718</u>	<u>(2,712)</u>	<u>93,006</u>
TOTAL FUNDS	<u>95,718</u>	<u>(2,712)</u>	<u>93,006</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2023**

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	340,356	(351,068)	(10,712)
Restricted funds			
Trauma Service	196,044	(196,044)	-
Recreational Therapeutic Service	60,206	(52,206)	8,000
Bedfordshire Suicide Bereavement Service	173,958	(173,958)	-
Baby Loss Service	82,624	(82,624)	-
Young Carers Service	15,690	(15,690)	-
Disability Friendship Scheme	27,846	(27,846)	-
Other Restricted	<u>1,388</u>	<u>(1,388)</u>	<u>-</u>
	<u>557,756</u>	<u>(549,756)</u>	<u>8,000</u>
TOTAL FUNDS	<u>898,112</u>	<u>(900,824)</u>	<u>(2,712)</u>

17. RELATED PARTY DISCLOSURES

CHUMS CIC

CHUMS CIC is the sole member of the Charity. Dawn Hewitt, a trustee, is the Chief Executive and a director of CHUMS CIC.

During the period under review, grants were made to CHUMS CIC of £356,434 (2022: £206,934). These grants were made for charitable purposes in accordance with objectives of the Charity.

18. ULTIMATE CONTROLLING PARTY

The Board of Trustees is the ultimate controlling party.

CHUMS CHARITY

England & Wales - Charity number 1179048

Accounts

REGISTERED COMPANY NUMBER: 11427513 (England and Wales)
REGISTERED CHARITY NUMBER: 1179048

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2022
FOR
CHUMS CHARITY**

**Foxley Kingham
Chartered Accountants
260 - 270 Butterfield
Great Marlings
Luton
Bedfordshire
LU2 8DL**

CHUMS CHARITY

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for the Year Ended 31 MAY 2022**

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CHUMS CHARITY

**REFERENCE AND ADMINISTRATIVE DETAILS
for the Year Ended 31 MAY 2022**

TRUSTEES	Mr G V Ball Mr B C Banks (resigned 1.9.22) Ms M Browning (resigned 5.7.21) Ms A R B Carter (resigned 30.6.21) Ms D J Hewitt Mr A P Robson Mrs J Williams
REGISTERED OFFICE	Wrest Park Enterprise Centre Wrest Park Silsoe Bedfordshire MK45 4HS
REGISTERED COMPANY NUMBER	11427513 (England and Wales)
REGISTERED CHARITY NUMBER	1179048
INDEPENDENT EXAMINER	Foxley Kingham Chartered Accountants 260 - 270 Butterfield Great Marlings Luton Bedfordshire LU2 8DL

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

The Trustees who are also directors of the Charity for the purposes of the Companies Act 2006, are pleased to present their report with the financial statements of the Charity for the year ended 31 May 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

CHUMS Charity (the 'Charity') is a charitable company which was incorporated on 21 June 2018, registered with the Charity Commission on 3 July 2018 and began operating on 1 April 2019.

OBJECTIVES AND ACTIVITIES

Objectives

The objectives of the Charity are: -

- to promote the preservation of mental health and
- to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress, through
- the provision of support to children and their families affected by bereavement, trauma and other emotional and mental health issues in the United Kingdom.

The Charity furthers these purposes by making grants to services operated by other charities and social enterprises. The Charity reviews its aims and activities regularly, in particular to ensure the success of the services funded and the benefits the services have brought to the Charity's beneficiaries.

The Trustees have read and considered the general guidance on public benefit provided by the Charity Commission in setting the Charity's aims and objectives.

Grantmaking

The Charity has established its grant making policy to achieve its mission, aims and objects for the public benefit, in particular by funding support for children and their families affected by bereavement, trauma and other emotional and mental health issues. Whilst the Charity's objectives enable it to further these purposes throughout the United Kingdom, the Charity currently focuses its activities within Luton and Bedfordshire. Going forward and in line with best practice, the Charity will review its grant making policy annually to ensure that it reflects the Charity's objectives and thereby advances public benefit.

As a grant making Charity, we rely greatly on the generosity of the community to help us raise the funds required to support services provided to our beneficiaries. As Trustees, we continue to seek and utilise opportunities to improve our presence in the community to raise awareness and to attract and maintain vital sources of income to further our objectives. We work proactively to build relationships with the widest possible range of stakeholders across our communities, seeking always to strengthen our links with individuals, other charities and grant making bodies and corporate entities who currently all contribute to make our activities successful.

The Charity primarily funds a number of services, provided by CHUMS Social Enterprise CIC ('CHUMS CIC'), a community interest company, which provide a range of unique services that improve the lives of the Charity's beneficiaries. These services form part of a wider provision of services by CHUMS CIC; however, unlike other services provided by CHUMS CIC, the services funded by the Charity do not receive any NHS funding. By funding services through CHUMS CIC, as opposed to running services itself, the Charity is able to achieve maximum value for money and significantly improved outcomes which ensure that the individuals, families, organisations and communities we serve, have access to innovative, multi-disciplinary and collaborative models of care within CHUMS own 'mental health care and wellbeing pathway'. This unique wellbeing pathway brings together the expertise and infrastructure provided as a result of CHUMS CIC's NHS commissioned services and the innovative community outreach programmes that are funded by the Charity. Within an ever more stretched fundraising environment, the Trustees have confidence that their existing model of grant making enables the delivery of outstanding services that provide solutions to the complex problems faced by the Children & Young People (CYP) and their families in our communities in 2022.

The services funded by the Charity during the year are described in more detail below. The Trustees wish to continue to support these services and therefore, at present, the Charity does not invite unsolicited grant applications. The Trustees have regard to the Charity Commission's guidance on grant funding an organisation that isn't a charity when making grants to CHUMS CIC and ensure that all grants made are in accordance with the Charity's Articles of Association, for the furtherance of its objectives and for the benefit of the public.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

OBJECTIVES AND ACTIVITIES

THE SERVICES WE SUPPORT

How our activities deliver public benefit: achievement and performance

As described above, the Charity has made grants to CHUMS CIC and currently supports five services which benefit CYP and families affected by bereavement, trauma and other emotional and mental health issues, as well as the general public more widely. The Trustees take steps when making decisions in relation to grant making to ensure that each grant provides adequate public benefit, as well as to ensure that the Charity receives adequate reporting to allow it to improve its targeted grant-making.

The services funded by the Charity are as follows:

1. Trauma Service
2. Recreational Therapeutic Service
3. Bedfordshire Suicide Bereavement Service
4. Babyloss Service
5. Disability Friendship Scheme

1. The Bereavement and Non-bereavement Trauma Service

This service supports CYP in crisis who are not able to get on with their normal lives as a result of one or multiple traumas. They are stuck in the moment of their loss or their abuse and are reliving the horror on a constant basis. Children and young people are referred into the service usually by families, teachers, or social services.

The cases seen in the service cover trauma received from domestic violence, sexual abuse, bereavement and more recently, refugee children fleeing from war. Also, medical trauma, road traffic accidents, and a large increase in knife crime and community violence.

Public benefit

The wider social impacts of the Trauma Service are:

- Improved life outcomes
- More resilient CYP, families and communities
- Reduced stigma of mental health difficulties

Within Bedfordshire and Luton there are very limited trauma interventions and no other specialist trauma service available to CYP. The Trauma service provides a high-quality and effective solution to the systemic pressures of increased demand, waiting lists and inequalities of access experienced by so many CYP within the wider mental health care system in our region.

Outcomes

The Trauma Service targets four main outcomes which are measured quantitatively and/ or qualitatively:

- Decreased distress and increased functioning
- Improved relationships (family and peer)
- Able to engage fully in education
- Progress towards personal goal (set at the start of intervention)

Testimonials

"Thank you both for today's session. I cannot explain how important it is to feel listened to."
(Parent following the Parent Support Group)

"My therapist was able to make me feel safe and listened to in sessions which put me at ease from difficulties as I was provided a safe space to talk freely about stressful situations."
(CYP beneficiary)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

OBJECTIVES AND ACTIVITIES

2. Recreational Therapeutic Service (REC) - TACTICS football programme and ENCORE music programme

This innovative service works with CYP aged 8 to 14 years old who struggle to engage with traditional 1:1 talking therapies. Not all CYP can or are willing to engage in traditional 1:1 talking therapies. For many it is simply too intense or talking through their feelings in that more formal setting is too difficult.

Unfortunately, because of a lack of alternative provision, many CYP do not receive the support they need and often express their frustrations through unhelpful behaviours. These CYP may then struggle long-term with educational engagement leading to potentially negative personal and social impacts.

The REC programmes are designed to support CYP using a medium they can relate to (ie. music and football) with a robust psychological approach based on cognitive behavioural therapy (CBT) principles, a well-known and evidence-based psycho-social intervention.

The programmes use of CBT principles empowers CYP, giving them a better understanding of their emotions and proven strategies and tools to help them to cope better. The service targets mild to moderate mental health difficulties by providing early intervention to CYP who may be struggling with difficulties around anxiety, low-mood, low self-esteem and/or challenging behaviours.

Public benefit

Wider social impacts include:

- Better academic achievement
- More resilient CYP
- More resilient families
- Better life choices
- More resilient school communities
- Less demand on CAMHS services

Outcomes

- Improved mental health for disengaged children and young people or those suffering with anxiety.
- Improved behaviour management for children and young people displaying challenging behaviours.
- Increased engagement in education and enhanced emotional wellbeing and resiliency.

Testimonials

"TACTICS football sessions helped me with my anger and anxiety. I liked the S.T.O.P technique"
(CYP beneficiary)

"Clear delivery that the children understood and enjoyed and the sessions were just the right amount of time. The children play together more in the playground and they talk about the musical instruments they learnt with confidence to others. The communication with CHUMS has been excellent and they have followed up with a few of our families when they have seen more support is needed."

(CYP teacher)

3. Bedfordshire Suicide Bereavement Service (BSBS)

BSBS supports families and individuals of all ages bereaved by suicide in Bedfordshire. The only service of its kind in the county, BSBS works in close partnership with Bedfordshire Police so that they can refer families to the service as early as possible, with the aim of supporting families within 48 hours.

Starting with just one part-time member of staff and a small number of dedicated volunteers, CHUMS CIC has been delivering the service since 2015. In that time, referrals have grown substantially as the service has become better known and numbers of suicides / suspected suicides have increased.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

OBJECTIVES AND ACTIVITIES

Suicide is non-discriminatory - it affects people from all walks of life. All the evidence suggests that, in a post-pandemic, post-Brexit world with a growing economic crisis, demand for the service will continue to increase over the next few years - a trend that will require the Charity to find ever more resourceful ways to fund the growth in the critical work of the service.

BSBS offers vital support to a suicide bereaved person (or family) within 2-4 days of receiving a referral, providing both practical and emotional support and helping the beneficiaries to make some very difficult but important decisions during a time of great personal anxiety, grief and stress.

This year referrals have included offering support to people as young as three years old, and also to elderly people in their eighties who are sadly faced with the suicide of a spouse or child. Inclusive and empathetic in its approach, BSBS supports all sections of the community. including extended family, friends, colleagues, social groups and witness to a suicide death.

The service includes:

- Phone support
- Individual counselling
- Group/family counselling
- Monthly support group for adults
- Monthly support group for CYP
- Resource lists
- Signposting to other organisations, church leaders, school communities and workplaces.
- Crisis visits to schools and workplaces (following a suicide)
- A swimming club
- Support for the immediate and extended family, friends, colleagues

Public benefit

The wider social impacts are aligned to those of the Trauma Service:

- Improved life outcomes
- More resilient CYP, families and communities
- Reduced stigma of mental health difficulties

It is worth noting that improved life outcomes for adults who are supported by BSBS will have a direct benefit not just for the individual, but also for their family, friends and wider community.

Outcomes

Traumatically bereaved children and adults are supported through the most difficult time are:

- Less likely to take their own lives
- Able to re-engage in education and work much sooner than would otherwise be possible
- Able to care for other family members

In addition, families benefit hugely from talking about their emotions and grief and as such, are better able to 'process the devastating event'. This improves communication within the family helping them to function better and carry on with their lives as soon as possible.

Testimonials from Adult beneficiaries

"I will be forever grateful for the mental health, the emotional and bereavement support and I cannot thank you enough for that."

"Your support has really helped me to start moving forward again with my life and is so very much appreciated. Thank you again from the bottom of my heart"

"If it was not for the support CHUMS has offered me, I also would not of have been able to face the reality or attend the coroner's inquest hearing. I could not of have done that without their professionalism and help and I will be forever grateful"

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

OBJECTIVES AND ACTIVITIES

4. Babyloss Service

CHUMS Babyloss Service has been running for eight years and provides bereavement support to bereaved parents (and sometimes grandparents and siblings too) following the death of a baby through late miscarriage, stillbirth, compassionate termination, or neonatal death. The service also provides support during subsequent anxious rainbow pregnancies. Much of the work of the service continues to be the provision of ongoing support to existing clients who require longer term interventions due to the nature of their loss.

Referrals to the service come mainly from the Luton and Dunstable Hospital through their bereavement midwife, but also through self-referrals and from GPs, health visitors and community midwives.

The service provides the following support to families:

- Telephone support
- Crisis visits
- Home assessments
- Individual and couples counselling
- Monthly bereavement Snowdrop support group
- Bereaved fathers only group
- Monthly Rainbow group for those expecting again and those requiring further support
- Private Facebook support groups
- Lending library
- Workshop days offering creative therapeutic interventions
- Two event days each year

The event days are for bereaved couples and their wider families and consist of a Summer Baby Memory Day and, at the end of each year, a Snowdrop Remembrance Service.

Public benefit

- Reduced demand for specialist mental health services
- More resilient families
- Development of peer to peer support networks

Outcomes

Through the provision of this specialist support, families report the following outcomes:

- Feel less isolated
- Developed peer to peer support with others with similar lived experience
- Better able to express their feelings and worries
- Better able to normalise their responses
- More able to manage their grief
- Developed a range of coping strategies
- Improved emotional wellbeing and resiliency

Testimonial

"We would like to thank you (Chums) for these beautiful things to put on our tree I can honestly say it was emotional putting the tree up and even getting the decorations, as I was with our daughter ...last year, but these gifts made it lovely, Christmas to us means family and memories so it hurts that ours ain't complete but we also need to be strong for others around us and they enjoy Christmas so thank you so much it something that will come out every year and we will light the candles until they go out."

(Bereaved Parent beneficiary)

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

OBJECTIVES AND ACTIVITIES

5. Disability Friendship Scheme

The scheme operates in Luton offering a safe weekly social space for children and young people with learning and/or physical disabilities aged 13 to 25, as well as outings and workshops in the Easter and Summer holidays. The scheme has been run as an ongoing project in the Luton Borough since CHUMS took it over from Luton Borough Council in March 2015.

The service enables and empowers young people with a wide range of physical and learning impairments to be able to access and enjoy the same social opportunities as their non-disabled peers. CHUMS recognises the importance of offering this group of young people a safe space on a Friday evening to meet, let off steam, have fun, support one another as well as be supported. Each session offers the beneficiaries a sanctuary that is safe, where support is unconditional and non-judgemental, but with relevant boundaries in place.

Being able to regularly meet with their peers and build positive, supportive relationships whilst having fun helps the scheme's beneficiaries to feel less isolated and alone and helps them develop their social communication skills. In addition, the service offers much needed respite to parents, carers, and siblings, and gives them a chance to have a break from their caring responsibilities. The service is enhanced greatly by a small team of regular volunteers who attend the weekly sessions on a rota basis; they are a valuable asset to both CHUMS and the young people accessing the scheme.

Another important feature is that it offers outings in the Easter and Summer holidays, giving the young people the opportunity to go bowling, to the theatre, to the seaside, and enjoy a range of different outdoor activity days.

Referrals are most commonly made into the service via other agencies in Luton but referrals can also be made by individuals and families.

Public benefit

Wider social impacts are:

- Respite for parents/carers/siblings leading to improved family life
- Improved social inclusion and engagement for a marginalised group of young people
- Reduced stigma
- Improved mental health and wellbeing for the young people

Outcomes

The young people are able to access the service up until they reach the age of 25. During their time in the service they develop:

- Improved social communication skills with their peers and with other people in the community
- Improved confidence and self-esteem
- Their ability to lead independent, more fulfilling lives
- Improved soft and hard skills which enhance their educational attainment and their employability
- A friendship group with others with shared lived experience
- Increased confidence and communication skills
- Opportunities to share their stories with others at external events

Testimonials

"What I can say is that, if it were not for the CHUMS Friendship group, I would have not had my daughter and 3 of her friends from CHUMS in my car for a social outing, a meal, followed by a movie. The girls supported each other, and it is down to the confidence building through CHUMS that has given my daughter the confidence and social friendship group that otherwise would leave her isolated in her bedroom."

(Parent)

"The CHUMS Friendship & Disability scheme is much more than a friendship group; it is a supportive structure for those young people who attend. The light must not be allowed to extinguish on such a treasured scheme."

(Parent)

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

REPORT OF THE TRUSTEES for the Year Ended 31 MAY 2022

OBJECTIVES AND ACTIVITIES

SOURCES OF INCOME

The Charity benefits from the support of its donors and funders who raise funds to enable it to support the services described above. The Charity also relies on a diversified range of donations and grants to support its charitable activities:

The Charity primarily relies on three sources of income:

Grants

The Charity receives a number of grants which are restricted for particular services. During 2021/22 we were very generously supported by a number of local, regional and national grant funders: The Amateurs Trust, Angus Brewer Community Fund, The Arnold Clark Community Fund, ASDA Foundation, Autism Bedfordshire, The Barbara Ward Foundation, Beaverbrooks Charitable Trust, Bedfordshire and Luton Community Foundation, Bedfordshire Police Foundation, Bedfordshire Police VERU, The BIG Give, CDS CIC, Charity of Robert Lucas for the Poor, Coop Customer Donation Fund, David Solomons Charitable Trust, First Give, Gale Family Trust, Groundwork UK/Tesco Bags of Help, London Luton Airport Limited CIF, Marley's Aart Foundation, The National Lottery, Neighbourly CT, Oakdene Foundation, Panacea Charitable Trust, St James's Place and The Wavendon Foundation.

Donations

Income from local companies, schools and community groups came closer to historical levels following the pandemic and the series of lockdowns, with donations delivering 31% of income and events 16%. We were thrilled to see the re-emergence of corporate support as companies returned to a more normal way of working alongside supporting their local communities.

Events & Campaigns

Fundraising can take many shapes and forms. February 2022 saw the return of our 'Shine Bright, Wear Bright' Schools Campaign physically taking place in schools which was sponsored by GoStudent, as well as the return of multiple physical challenges by supporters, ranging from sponsored walks to runs and wingwalks to skydives. A significant Ice Ultra Challenge raised over £10,000 for the Bedfordshire Suicide Bereavement Service.

The Trustees would like to note and thank the incredible energy, passion and consistent contribution of all of our incredible supporters who have helped the Charity to make 2021/22 another successful year, enabling us to make grants to CHUMS CIC that support and enable the amazing work of the charitable services as outlined above.

COVID-19

The Trustees recognise the significant ongoing event associated with the pandemic and the short, medium and longer term impact on the mission, aims and objects of the charity. In line with Government and NHS England advice at the time, the charity closed its office as a result of the COVID-19 pandemic on 19 March 2020 and staff continued to work mostly off-site during the first and second lockdown periods. During this financial year however, the charity slowly began to operate what is now referred to as a 'hybrid model of working', with staff being able to return to the office and working alongside each other in a team again. The Trustees were mindful at all times of the health and safety and emotional wellbeing of the staff and provided ongoing leadership, guidance and support throughout.

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

Fundraising income was very dependent on planned grant income and emergency grant income throughout the year with 52% of funds being received from this source against 73% last year and close to the average of 50% previously.

FINANCIAL REVIEW

Financial position

The total funds raised in the year ended 31 May 2022 amounted to £357,359 (2021: £426,520) with a net £206,934 (2021: £288,399) made in grants to the five services supported by the Charity.

After grants and expenditure on the Charity's charitable activities, the board of Trustees report a net income of £7,104 (2021: £18,725) in the year under review. At the financial year end, the unrestricted general reserves stand at £101,145 (2021: £95,718) and restricted reserves at £1,677 (2021: £nil).

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

FINANCIAL REVIEW

Reserves policy

The Trustees consider it prudent to maintain an appropriate level of reserves. Such reserves could from time to time be required to avoid any disruption to the charitable fundraising work, given that by their nature, certain sources of income are erratic and difficult to forecast.

The Reserves Policy was reviewed and approved by the Charity at its Trustees meeting on 4 July 2022 and has retained the reserves target as six months operational costs rising to a maximum of twelve months. The Trustees consider six months to be an appropriate and adequate time period to enable the Charity to continue to operate with no unrestricted income while a new strategy is implemented to address the issue or to settle the costs of closing the Charity while paying creditors as they fall due. The Reserves Policy is subject to an annual review.

PLANS FOR FUTURE PERIODS

The Charity plans to continue to make grants to the services outlined above subject to satisfactory funding arrangements. In light of the current challenging financial climate, the Trustees are keen to strengthen the Charity's fundraising capabilities to enable to secure long-term support for the beneficiaries of the services being funded.

During the year, Trustees took the decision to further invest in the staff team as part of their plans to review and refresh the Charity's strategy with the aim of ensuring that the organisation is fit for purpose in a post-pandemic world. This proactive step demonstrates the Trustees ambition over the next few years to build a Charity with a clear strategy that can be delivered by a high performing staff and volunteer team in order to grow the organisation's supporter and donor base each year and maximise the fundraising potential from new and alternative sources.

The Trustees are also keen to take advantage of the Charity's new structure to put in place robust governance procedures to ensure that the Charity is effectively and appropriately furthering its charitable purposes for the public benefit.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a charitable company limited by guarantee, as defined by the Companies Act 2006, governed by its Articles of Association. In the event of the Charity being wound up, the Charity's sole member is required to contribute an amount not exceeding £1.

Recruitment and appointment of new trustees

The directors of the Charity are also charity Trustees for the purpose of charity law. Under the Articles of Association, the Trustees are appointed for a period of three years from the date of appointment, after which they may be appointed for one or more further terms of three years.

All trustees give their time voluntarily and received no benefits from the Charity.

The Trustees are responsible for recruiting and appointing new Trustees. Under the Articles of Association, the process of finding suitable candidates to be considered for appointment as new trustees shall be led by the Chair of the Charity, with the support of the Charity Director or an existing Trustee, and the Chief Executive of CHUMS CIC. When recruiting new Trustees, the Trustees have regard to ensuring that there is a broad skill mix amongst the board and that the Board of Trustees reflects the diversity of the communities of people that the Charity serves.

New Trustees are encouraged to meet with the Charity's staff and representatives from CHUMS CIC to understand how the Charity operates and the services which are funded by the Charity. Trustees are also encouraged to attend external training sessions where appropriate, and all Trustees are provided with a copy of the Charity Commission's guidance "The Essential Trustee".

Organisational structure

The Charity's Trustees, who are responsible for the strategic direction and policy of the Charity, meet formally on a regular basis. Pre-Covid, such meetings would be on a face to face, in-person basis, with additional meetings held by telephone or video conference as required. Through the second year of the COVID-19 pandemic, following the guidance from Government and NHS England, Trustee's meeting were held utilising videoconferencing facilities. As the country emerged out of 2021 into 2022, Trustees (like staff) began to move to a hybrid model of meetings - some online and some face to face.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Staff and Volunteers


The Charity employs a small fundraising team to raise funds for the Charity's purposes. The Charity's Head of Fundraising and Communications also provides secretarial services to the Trustees.

The Trustees are extremely grateful for the dedication and hard work provided by the staff team and all of the volunteers that have so generously given their time to support the work of the Charity. It is not an understatement to say that without the dedication and commitment of the volunteer team, the organisation would not be able to raise awareness of mental health and emotional wellbeing issues and fundraise to the extent that it has done through this financial year.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. As the Charity becomes operational, the Trustees are in the process of carrying out a review of the major risks to which the Charity is exposed and establishing a risk register. Where appropriate, the systems and procedures will be put in place to mitigate the risks the Charity faces.

Approved by order of the board of trustees on 21 October 2022 and signed on its behalf by:



Mrs J Williams - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CHUMS CHARITY**

Independent examiner's report to the trustees of CHUMS Charity ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Tara Aldwin ACA
Institute of Chartered Accountants in England and Wales
Foxley Kingham
Chartered Accountants
260 - 270 Butterfield
Great Marlings
Luton
Bedfordshire
LU2 8DL

Date: 10 November 2022

CHUMS CHARITY

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 MAY 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, legacies and grants	2	116,584	208,861	325,445	405,494
Raising funds	3	<u>31,914</u>	<u>-</u>	<u>31,914</u>	<u>21,026</u>
Total		<u>148,498</u>	<u>208,861</u>	<u>357,359</u>	<u>426,520</u>
 EXPENDITURE ON					
Raising funds		138,792	250	139,042	115,909
Charitable activities					
Grants payable		-	206,934	206,934	288,399
Governance costs		<u>4,279</u>	<u>-</u>	<u>4,279</u>	<u>3,487</u>
Total		<u>143,071</u>	<u>207,184</u>	<u>350,255</u>	<u>407,795</u>
 NET INCOME		 5,427	 1,677	 7,104	 18,725
 RECONCILIATION OF FUNDS					
Total funds brought forward		 <u>95,718</u>	 <u>-</u>	 <u>95,718</u>	 <u>76,993</u>
 TOTAL FUNDS CARRIED FORWARD		 <u>101,145</u>	 <u>1,677</u>	 <u>102,822</u>	 <u>95,718</u>

The notes form part of these financial statements

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

**BALANCE SHEET
31 MAY 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Intangible assets	10	640	-	640	1,280
CURRENT ASSETS					
Debtors: Amounts falling due within one year	11	3,896	-	3,896	1,457
Cash at bank		<u>107,464</u>	<u>1,677</u>	<u>109,141</u>	<u>97,780</u>
		111,360	1,677	113,037	99,237
CREDITORS					
Amounts falling due within one year	12	(10,855)	-	(10,855)	(4,799)
NET CURRENT ASSETS					
		<u>100,505</u>	<u>1,677</u>	<u>102,182</u>	<u>94,438</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>101,145</u>	<u>1,677</u>	<u>102,822</u>	<u>95,718</u>
NET ASSETS					
		<u>101,145</u>	<u>1,677</u>	<u>102,822</u>	<u>95,718</u>
FUNDS					
Unrestricted funds	13			101,145	95,718
Restricted funds				<u>1,677</u>	<u>-</u>
TOTAL FUNDS					
				<u>102,822</u>	<u>95,718</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2022.

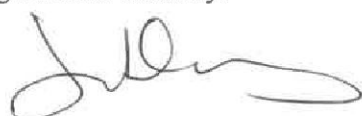
The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 October 2022 and were signed on its behalf by:



Mrs J Williams - Trustee

The notes form part of these financial statements

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 MAY 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

The Charity meets the definition of a public benefit entity under FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income received by way of donations, legacies and grants is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Income received as events income is included in the Statement of Financial Activities under 'raising funds' and is recognised when the event has occurred and the income is receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Restricted funds are those received from donors for a specific purpose, usually to fund a specified service. The funds are granted to organisations to deliver the specified service in accordance with the Charity's objectives, to cover the costs of delivering those services.

Unrestricted funds are those received from donors without a specific purpose specified and therefore to be used for the general objectives of the Charity. The funds are used for the day to day fundraising activities of the Charity to meet its objectives and the net raised is granted to organisations at the discretion of the trustees to deliver a specified service meeting the Charity's objectives.

Donated services

In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised in the financial statements. The Charity does not directly engage volunteers in its activities however does recognise the input of its supporters at events, bucket collections and ad hoc fundraising activities.

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2022**

2. DONATIONS, LEGACIES AND GRANTS

	2022	2021
	£	£
Donations and legacies	138,259	95,274
Grants	<u>187,186</u>	<u>310,220</u>
	<u>325,445</u>	<u>405,494</u>

3. RAISING FUNDS

	2022	2021
	£	£
Events income	<u>31,914</u>	<u>21,026</u>

4. GRANTS PAYABLE

	2022	2021
	£	£
Grants payable	<u>206,934</u>	<u>288,399</u>

The total grants paid to institutions during the year was as follows:

	2022	2021
	£	£
Grants to CHUMS CIC	<u>206,934</u>	<u>288,399</u>

	£	£
Trauma Service	90,300	77,760
Recreational Therapeutic Service	20,393	47,943
Bedfordshire Suicide Bereavement Service	45,463	95,070
Baby Loss Service	35,753	41,242
Disability Friendship Scheme	12,032	24,389
Young Carers Service	<u>2,993</u>	<u>1,995</u>
	<u>206,934</u>	<u>288,399</u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Computer software amortisation	<u>640</u>	<u>640</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2022**

6. INDEPENDENT EXAMINER'S REMUNERATION

During the year, fees were paid to the independent examiner totalling £1,140 (2021: £1,140) for independent examination services and £3,139 (2021: £2,347) for other financial services.

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2022 nor for the year ended 31 May 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2022 nor for the year ended 31 May 2021.

8. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	101,681	91,414
Social security	10,270	8,674
Pension	<u>5,088</u>	<u>5,629</u>
	<u>117,039</u>	<u>105,717</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Staff	<u>3</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations, legacies and grants	162,974	242,520	405,494
Raising funds	<u>21,026</u>	<u>-</u>	<u>21,026</u>
Total	<u>184,000</u>	<u>242,520</u>	<u>426,520</u>
EXPENDITURE ON			
Raising funds	115,909	-	115,909
Charitable activities			
Grants payable	-	288,399	288,399
Governance costs	<u>3,487</u>	<u>-</u>	<u>3,487</u>
Total	<u>119,396</u>	<u>288,399</u>	<u>407,795</u>
NET INCOME/(EXPENDITURE)	64,604	(45,879)	18,725
Transfers between funds	<u>(40,678)</u>	<u>40,678</u>	<u>-</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2022**

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued	Unrestricted fund £	Restricted funds £	Total funds £
Net movement in funds	23,926	(5,201)	18,725
RECONCILIATION OF FUNDS			
Total funds brought forward	71,792	5,201	76,993
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD	<u>95,718</u>	<u>-</u>	<u>95,718</u>
10. INTANGIBLE FIXED ASSETS			Computer software £
COST			
At 1 June 2021 and 31 May 2022			<u>1,920</u>
AMORTISATION			
At 1 June 2021			640
Charge for year			<u>640</u>
At 31 May 2022			<u>1,280</u>
NET BOOK VALUE			
At 31 May 2022			<u>640</u>
At 31 May 2021			<u>1,280</u>
11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2022 £	2021 £
Prepayments and accrued income		<u>3,896</u>	<u>1,457</u>
12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2022 £	2021 £
Trade creditors		268	407
Other taxes and social security costs		5,078	2,961
Other creditors		1,249	-
Accruals and deferred income		<u>4,260</u>	<u>1,431</u>
		<u>10,855</u>	<u>4,799</u>

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2022

13. MOVEMENT IN FUNDS

	At 1.6.21 £	Net movement in funds £	At 31.5.22 £
Unrestricted funds			
General fund	95,718	5,427	101,145
Restricted funds			
Recreational Therapeutic Service	-	500	500
Baby Loss Service	-	39	39
Other Restricted	-	1,138	1,138
	-	1,677	1,677
TOTAL FUNDS	<u>95,718</u>	<u>7,104</u>	<u>102,822</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	148,498	(143,071)	5,427
Restricted funds			
Trauma Service	90,300	(90,300)	-
Recreational Therapeutic Service	20,893	(20,393)	500
Bedfordshire Suicide Bereavement Service	45,463	(45,463)	-
Baby Loss Service	35,792	(35,753)	39
Young Carers Service	2,993	(2,993)	-
Disability Friendship Scheme	12,032	(12,032)	-
Other Restricted	1,388	(250)	1,138
	208,861	(207,184)	1,677
TOTAL FUNDS	<u>357,359</u>	<u>(350,255)</u>	<u>7,104</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2022**

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.6.20 £	Net movement in funds £	Transfers between funds £	At 31.5.21 £
Unrestricted funds				
General fund	71,792	64,604	(40,678)	95,718
Restricted funds				
Recreational Therapeutic Service	-	(32,105)	32,105	-
Bedfordshire Suicide Bereavement Service	5,201	(5,201)	-	-
Baby Loss Service	-	(4,383)	4,383	-
Disability Friendship Scheme	-	(4,190)	4,190	-
	<u>5,201</u>	<u>(45,879)</u>	<u>40,678</u>	<u>-</u>
TOTAL FUNDS	<u>76,993</u>	<u>18,725</u>	<u>-</u>	<u>95,718</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	184,000	(119,396)	64,604
Restricted funds			
Trauma Service	77,760	(77,760)	-
Recreational Therapeutic Service	15,838	(47,943)	(32,105)
Bedfordshire Suicide Bereavement Service	89,869	(95,070)	(5,201)
Baby Loss Service	36,859	(41,242)	(4,383)
Young Carers Service	1,995	(1,995)	-
Disability Friendship Scheme	20,199	(24,389)	(4,190)
	<u>242,520</u>	<u>(288,399)</u>	<u>(45,879)</u>
TOTAL FUNDS	<u>426,520</u>	<u>(407,795)</u>	<u>18,725</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2022**

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.6.20 £	Net movement in funds £	Transfers between funds £	At 31.5.22 £
Unrestricted funds				
General fund	71,792	70,031	(40,678)	101,145
Restricted funds				
Recreational Therapeutic Service	-	(31,605)	32,105	500
Bedfordshire Suicide Bereavement Service	5,201	(5,201)	-	-
Baby Loss Service	-	(4,344)	4,383	39
Disability Friendship Scheme	-	(4,190)	4,190	-
Other Restricted	-	1,138	-	1,138
	<u>5,201</u>	<u>(44,202)</u>	<u>40,678</u>	<u>1,677</u>
TOTAL FUNDS	<u>76,993</u>	<u>25,829</u>	<u>-</u>	<u>102,822</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	332,498	(262,467)	70,031
Restricted funds			
Trauma Service	168,060	(168,060)	-
Recreational Therapeutic Service	36,731	(68,336)	(31,605)
Bedfordshire Suicide Bereavement Service	135,332	(140,533)	(5,201)
Baby Loss Service	72,651	(76,995)	(4,344)
Young Carers Service	4,988	(4,988)	-
Disability Friendship Scheme	32,231	(36,421)	(4,190)
Other Restricted	1,388	(250)	1,138
	<u>451,381</u>	<u>(495,583)</u>	<u>(44,202)</u>
TOTAL FUNDS	<u>783,879</u>	<u>(758,050)</u>	<u>25,829</u>

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 MAY 2022

14. RELATED PARTY DISCLOSURES

CHUMS CIC

CHUMS CIC is the sole member of the Charity. Dawn Hewitt, a trustee, is the Chief Executive and a director of CHUMS CIC. Ben Banks, a trustee until he resigned on 1 September 2022, is also a director of CHUMS CIC.

During the period under review, grants were made to CHUMS CIC of £206,934 (2021: £288,399). These grants were made for charitable purposes in accordance with objectives of the Charity.

15. ULTIMATE CONTROLLING PARTY

The Board of Trustees is the ultimate controlling party.

CHUMS CHARITY

England & Wales - Charity number 1179048

Accounts

REGISTERED COMPANY NUMBER: 11427513 (England and Wales)
REGISTERED CHARITY NUMBER: 1179048

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2021
FOR
CHUMS CHARITY**

Foxley Kingham
Chartered Accountants
260 - 270 Butterfield
Great Marlings
Luton
Bedfordshire
LU2 8DL

CHUMS CHARITY

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for the Year Ended 31 MAY 2021**

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CHUMS CHARITY

**REFERENCE AND ADMINISTRATIVE DETAILS
for the Year Ended 31 MAY 2021**

TRUSTEES	Mr G V Ball Mr B C Banks Ms M Browning (resigned 5.7.21) Ms A R B Carter (resigned 30.6.21) Ms D J Hewitt Mr A P Robson Ms J Williams
REGISTERED OFFICE	Wrest Park Enterprise Centre Wrest Park Silsoe Bedfordshire MK45 4HS
REGISTERED COMPANY NUMBER	11427513 (England and Wales)
REGISTERED CHARITY NUMBER	1179048
INDEPENDENT EXAMINER	Foxley Kingham Chartered Accountants 260 - 270 Butterfield Great Marlings Luton Bedfordshire LU2 8DL

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

REPORT OF THE TRUSTEES for the Year Ended 31 MAY 2021

The Trustees who are also directors of the Charity for the purposes of the Companies Act 2006, are pleased to present their report with the financial statements of the Charity for the year ended 31 May 2021. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

CHUMS Charity (the 'Charity') is a charitable company which was incorporated on 21 June 2018, registered with the Charity Commission on 3 July 2018 and began operating on 1 April 2019.

OBJECTIVES AND ACTIVITIES

Objectives

The objectives of the Charity are: -

- to promote the preservation of mental health and
- to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress, through
- the provision of support to children and their families affected by bereavement, trauma and other emotional and mental health issues in the United Kingdom.

The Charity furthers these purposes by making grants to services operated by other charities and social enterprises. The Charity reviews its aims and activities regularly, in particular to ensure the success of the services funded and the benefits the services have brought to the Charity's beneficiaries.

The Trustees have read and considered the general guidance on public benefit provided by the Charity Commission in setting the Charity's aims and objectives.

Grantmaking

The Charity has established its grant making policy to achieve its objects for the public benefit, in particular by funding support for children and their families affected by bereavement, trauma and other emotional and mental health issues. Whilst the Charity's objectives enable it to further these purposes throughout the United Kingdom, the Charity currently focuses its activities in Luton and Bedfordshire. Going forward, the Charity will review its grant making policy annually to ensure that it reflects the Charity's objectives and thereby advances public benefit.

As a grant making Charity, we rely greatly on the generosity of the community to help us raise the funds required to support services provided to our beneficiaries. As Trustees we continue to look to improve our presence in the community to attract and maintain vital sources of income to further our objectives. We look to strengthen our links with individuals, other charities and grant making bodies and corporate entities who currently all contribute to make our activities successful.

The Charity primarily funds a number of services provided by CHUMS Social Enterprise CIC ('CHUMS CIC'), a community interest company, which benefit the Charity's beneficiaries. These services form part of a wider provision of services by CHUMS CIC, however, unlike other services provided by CHUMS CIC, the services funded by the Charity do not receive any NHS funding. By funding services through CHUMS CIC, as opposed to running services itself, the Charity is able to benefit from the expertise and infrastructure provided as a result of CHUMS CIC's NHS commissioned services. The services funded by the Charity during the year are described in more detail below. The Trustees wish to continue to support these services and therefore, at present, the Charity does not invite unsolicited grant applications.

The Trustees have regard to the Charity Commission's guidance on grant funding an organisation that isn't a charity when making grants to CHUMS CIC and ensure that all grants made are in accordance with the Charity's Articles of Association, for the furtherance of its objectives and for the benefit of the public.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2021**

OBJECTIVES AND ACTIVITIES

THE SERVICES WE SUPPORT

How our activities deliver public benefit: achievement and performance

As described above, the Charity has made grants to CHUMS CIC and currently supports five services which benefit children and families affected by bereavement, trauma and other emotional and mental health issues, as well as the general public more widely. The Trustees take steps when making decisions in relation to grant making to ensure that each grant provides adequate public benefit, as well as to ensure that the Charity receives adequate reporting to allow it to improve its targeted grant-making.

The services funded by the Charity are as follows:

The Bereavement and Non-bereavement Trauma Services

This service supports children and young people who have been traumatically bereaved or have been sexually abused or suffered other trauma in their young lives.

Recreational Therapeutic Service - football and music

The service works with children aged 8 to 14 who struggle to engage with traditional 1:1 talking therapies.

Bedfordshire Suicide Bereavement Service

The service supports families bereaved by suicide. The service works in partnership with Bedfordshire Police so that they can refer families to the service as early as possible, with the aim of supporting families within 48 hours. The service also runs a monthly support group for adults who have been bereaved by suicide in Central Bedfordshire, as well as children's suicide support groups.

Baby Loss Service

The service works with families, following the death of a baby before, at or soon after birth.

Disability Friendship Scheme

The scheme operates in Luton offering a safe weekly social space for children and young people with learning and/or physical disabilities aged 13 to 25 as well as outings and workshops in the Easter and Summer holidays.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2021**

OBJECTIVES AND ACTIVITIES

SOURCES OF INCOME

The Charity benefits from the support of its donors and funders who raise funds to enable it to support the services described above. The Charity also relies on a diversified range of donations and grants to support its charitable activities:

The Charity primarily relies on three sources of income:

Grants

The Charity receives a number of grants which are restricted for particular services. During 2020/21 we were very generously supported by a number of trusts with both regular grants and emergency COVID-19 grants: The Amateurs Trust, Autism Beds, Barbara Ward Foundation, Bedfordshire and Luton Community Foundation, Bedfordshire Police Lottery, Bedfordshire Police VERU, Betty Messenger Charitable Foundation, Charity of Robert Lucas for the Poor, Coca Cola EP, Coop Community Fund, Coop Customer Donation Fund, DCMS, Ecclesiastical Movement For Good, Gale Family Trust, Groundwork/Tesco Bags of Help, John Laing Charitable Trust, London Luton Airport Limited CIF, the National Lottery, Neighbourly CT, NFU Mutual Community Giving Fund, The Oak Trust, Oakdene Foundation, Personal Group Corporate Trust, Pixel Fund, Robert Lucas Charity, Royal Sun Alliance, St James's Place, Tesco, T K Maxx and Homesense Foundation, the True Colours Trust, the Wavendon Foundation and the White Stuff Foundation.

Donations

Income from local companies, schools and community groups was hit particularly hard due to the pandemic and the series of lockdowns, such that income shrunk to just under 18% for these income streams against a forecast of 37%.

Events & Campaigns

Fundraising can take many shapes and forms and in addition to specific fundraising appeals the Charity has had to be creative in relaunching a more virtual range of events in 2020/21 including the following initiatives:

- An Emergency Fundraising Campaign
- Shine Bright, Wear Bright Schools Campaign which was badly affected by schools closing
- Virtual performances by local artists and bands
- Socially distanced Outdoor Cinema events

Notwithstanding the impact of COVID-19 on fundraising activities discussed later in this report, the contribution of our incredible supporters has helped the Charity to make 2020/21 a successful year enabling us to make grants to CHUMS CIC to support the charitable services outlined above.

2020 AND COVID-19

The Trustees recognise the significant ongoing event associated with the pandemic and the short, medium and longer term impact on the objectives of the charity. The Charity closed its office as a result of the COVID-19 pandemic on Thursday 19 March 2020 and staff have continued to work off site since that date.

The loss of valuable sources of income from events such as the London Marathon necessitated a swift change of focus resulting in different strategies being adopted to raise funds. After an initial drop in giving, the nation began to respond very positively to charitable giving and the Charity took the opportunity to offer virtual events and to horizon scan and submit applications for new specific COVID-19 grants and related sources of funds.

The Charity received support from individuals launching their own virtual challenges, entertainers who were happy to host virtual concerts in aid of CHUMS and donors who responded with straightforward cash donations in order to support mental health locally at such a challenging time.

Applications were made to emergency grant funders with some success as mental health became more of a focus and we were successful with our application to The National Lottery (which included Government funding from the Department for Digital, Culture, Media and Sport) in the autumn of 2020.

The Charity recognises it must rearrange and continue to plan new events and activities going forward whilst reviewing its strategy to maximise the fundraising potential from new and alternative sources.

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2021**

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

Fundraising income was very dependent on planned grant income and emergency grant income throughout the year with 73% of funds being received from this source against an average of 50% previously.

FINANCIAL REVIEW

Financial position

This was the second full year of operation for the Charity. The total funds raised in the year ended 31 May 2021 amounted to £426,520 (2020: £449,841) with a net £288,399 (2020: £287,538) made in grants to the five services supported by the Charity.

After grants and expenditure on the Charity's charitable activities, the board of Trustees report a net income of £18,725 (2020: £33,896) in the year under review. At the financial year end, the unrestricted general reserves stand at £95,718 (2020: £71,792) and restricted reserves at £nil (2020: £5,201).

Reserves policy

The Trustees consider it prudent to maintain an appropriate level of reserves. Such reserves could from time to time be required to avoid any disruption to the charitable fundraising work, given that by their nature, certain sources of income are erratic and difficult to forecast.

The Reserves Policy was reviewed and approved by the Charity at its Trustees meeting on 27 September 2021 and has set the reserves target as six months operational costs rising to a maximum of twelve months. The Trustees consider six months to be an appropriate and adequate time period to enable the Charity to continue to operate with no unrestricted income while a new strategy is implemented to address the issue or to settle the costs of closing the Charity while paying creditors as they fall due. The Reserves Policy is subject to an annual review.

PLANS FOR FUTURE PERIODS

The Charity plans to continue to make grants to the services outlined above subject to satisfactory funding arrangements. In light of the current challenging financial climate, the Trustees are keen to strengthen the Charity's fundraising capabilities to enable to secure long-term support for the beneficiaries of the services being funded. The Trustees are also keen to take advantage of the Charity's new structure to put in place robust governance procedures to ensure that the Charity is effectively and appropriately furthering its charitable purposes for the public benefit.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is a charitable company limited by guarantee, as defined by the Companies Act 2006, governed by its Articles of Association. In the event of the Charity being wound up, the Charity's sole member is required to contribute an amount not exceeding £1.

Recruitment and appointment of new trustees

The directors of the Charity are also charity trustees for the purpose of charity law. Under the Articles of Association, the Trustees are appointed for a period of three years from the date of appointment, after which they may be appointed for one or more further terms of three years.

All trustees give their time voluntarily and received no benefits from the Charity.

The Trustees are responsible for recruiting and appointing new Trustees. Under the Articles of Association, the process of finding suitable candidates to be considered for appointment as new trustees shall be led by the Chair of the Charity, the Head of Fundraising of the Charity or an existing Trustee and the Chief Executive of CHUMS CIC. When recruiting new Trustees, the Trustees have regard to ensuring that there is a broad skill mix amongst the board.

New Trustees are encouraged to meet with the Charity's staff and representatives from CHUMS CIC to understand how the Charity operates and the services which are funded by the Charity. Trustees are also encouraged to attend external training sessions where appropriate, and all Trustees are provided with a copy of the Charity Commission's guidance "The Essential Trustee".

**REPORT OF THE TRUSTEES
for the Year Ended 31 MAY 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

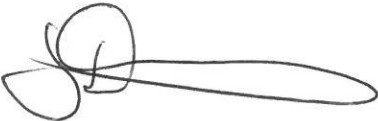
Organisational structure

The Charity's Trustees, who are responsible for the strategic direction and policy of the Charity, meet formally on a regular basis. Normally such meetings would be on a person to person basis, with additional meetings held by telephone or video conference as required. The current COVID-19 environment has witnessed the Trustee's meeting regularly utilising videoconferencing facilities. The Charity employs a small fundraising team to raise funds for the Charity's purposes. The Charity's Head of Fundraising and Communications also provides secretarial services to the Trustees. The Trustees are extremely grateful for the dedication and hard work provided by the team.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. As the Charity becomes operational, the Trustees are in the process of carrying out a review of the major risks to which the Charity is exposed and establishing a risk register. Where appropriate, the systems and procedures will be put in place to mitigate the risks the Charity faces.

Approved by order of the board of trustees on 30 September 2021 and signed on its behalf by:

A handwritten signature in black ink, consisting of a large, stylized initial 'J' followed by a long horizontal stroke.

Ms J Williams - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CHUMS CHARITY**

Independent examiner's report to the trustees of CHUMS Charity ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Tara Aldwin ACA
Institute of Chartered Accountants in England and Wales
Foxley Kingham
Chartered Accountants
260 - 270 Butterfield
Great Marlings
Luton
Bedfordshire
LU2 8DL

Date: 8 November 2021

CHUMS CHARITY

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 MAY 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations, legacies and grants	2	162,974	242,520	405,494	424,250
Raising funds	3	21,026	-	21,026	25,591
Total		184,000	242,520	426,520	449,841
 EXPENDITURE ON					
Raising funds		115,909	-	115,909	123,891
Charitable activities					
Grants payable		-	288,399	288,399	287,538
Governance costs		3,487	-	3,487	4,516
Total		119,396	288,399	407,795	415,945
NET INCOME/(EXPENDITURE)		64,604	(45,879)	18,725	33,896
Transfers between funds	13	(40,678)	40,678	-	-
Net movement in funds		23,926	(5,201)	18,725	33,896
 RECONCILIATION OF FUNDS					
Total funds brought forward		71,792	5,201	76,993	43,097
TOTAL FUNDS CARRIED FORWARD		95,718	-	95,718	76,993

The notes form part of these financial statements

CHUMS CHARITY (REGISTERED NUMBER: 11427513)

**BALANCE SHEET
31 MAY 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	10	1,280	-	1,280	-
CURRENT ASSETS					
Debtors: Amounts falling due within one year	11	1,457	-	1,457	4,742
Cash at bank		97,780	-	97,780	76,021
		<u>99,237</u>	<u>-</u>	<u>99,237</u>	<u>80,763</u>
CREDITORS					
Amounts falling due within one year	12	(4,799)	-	(4,799)	(3,770)
		<u>94,438</u>	<u>-</u>	<u>94,438</u>	<u>76,993</u>
NET CURRENT ASSETS					
		<u>95,718</u>	<u>-</u>	<u>95,718</u>	<u>76,993</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>95,718</u>	<u>-</u>	<u>95,718</u>	<u>76,993</u>
NET ASSETS					
		<u>95,718</u>	<u>-</u>	<u>95,718</u>	<u>76,993</u>
FUNDS					
	13				
Unrestricted funds				95,718	71,792
Restricted funds				-	5,201
				<u>95,718</u>	<u>76,993</u>
TOTAL FUNDS					
				<u>95,718</u>	<u>76,993</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2021.

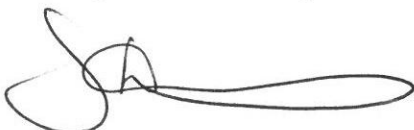
The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30 September 2021 and were signed on its behalf by:



Ms J Williams - Trustee

The notes form part of these financial statements

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 MAY 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

The Charity meets the definition of a public benefit entity under FRS 102.

The Trustees consider that the Charity is a going concern. COVID-19 has put pressures on the ability of the Charity to raise funds but the risk to going concern is purely in respect of the raising of funds sufficient to cover its direct fundraising operating costs. The Charity is specifically not committed to granting funds to CHUMS CIC which it has not raised, the ultimate risk lies with CHUMS CIC for delivering those services. The Trustees have responded to the Charity's own risk by putting in place plans to find alternative sources of unrestricted income for the year ahead and by increasing its unrestricted reserves at the year end to cover its operational costs for at least six months. The Trustees therefore consider that although there is some level of uncertainty this is not sufficient to cause the going concern basis to be inappropriate.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income received by way of donations, legacies and grants is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Income received as events income is included in the Statement of Financial Activities under 'raising funds' and is recognised when the event has occurred and the income is receivable.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - Straight line over 3 years

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Restricted funds are those received from donors for a specific purpose, usually to fund a specified service. The funds are granted to organisations to deliver the specified service in accordance with the Charity's objectives, to cover the costs of delivering those services.

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2021**

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds are those received from donors without a specific purpose specified and therefore to be used for the general objectives of the Charity. The funds are used for the day to day fundraising activities of the Charity to meet its objectives and the net raised is granted to organisations at the discretion of the trustees to deliver a specified service meeting the Charity's objectives.

Donated services

In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised in the financial statements. The Charity does not directly engage volunteers in its activities however does recognise the input of its supporters at events, bucket collections and ad hoc fundraising activities.

2. DONATIONS, LEGACIES AND GRANTS

	2021	2020
	£	£
Donations and legacies	95,274	139,916
Grants	310,220	284,334
	405,494	424,250

Grants received, included in the above, are as follows:

	2021	2020
	£	£
Other grants	310,220	284,334
	310,220	284,334

3. RAISING FUNDS

	2021	2020
	£	£
Events income	21,026	25,591
	21,026	25,591

4. GRANTS PAYABLE

	2021	2020
	£	£
Grants payable	288,399	287,538
	288,399	287,538

The total grants paid to institutions during the year was as follows:

	2021	2020
	£	£
Grants to CHUMS CIC	288,399	287,538
	288,399	287,538

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2021**

4. GRANTS PAYABLE - continued

	£	£
Trauma Service	77,760	60,842
Recreational Therapeutic Service	47,943	16,483
Bedfordshire Suicide Bereavement Service	95,070	45,686
Baby Loss Service	41,242	49,217
Disability Friendship Scheme	24,389	20,710
Young Carers Service	1,995	94,600
	<u>288,399</u>	<u>287,538</u>

Grants receivable for the Young Carers Service ceased during the year ended 31 May 2020 and the Charity no longer funds that service because CHUMS CIC receives funding for it directly. The amounts received during the year ended 31 May 2021 were sundry donations for the service and these were granted to CHUMS CIC to support that service.

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Depreciation - owned assets	640	-
	<u>640</u>	<u>-</u>

6. INDEPENDENT EXAMINER'S REMUNERATION

During the year, fees were paid to the independent examiner totalling £1,140 (2020: £1,140) for independent examination services and £2,347 (2020: £3,376) for other financial services.

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2021 nor for the year ended 31 May 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2021 nor for the year ended 31 May 2020.

8. STAFF COSTS

	2021 £	2020 £
Wages and salaries	91,414	93,572
Social security	8,674	8,736
Pension	5,629	6,157
	<u>105,717</u>	<u>108,465</u>

The average monthly number of employees during the year was as follows:

	2021	2020
Staff	4	4
	<u>4</u>	<u>4</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2021**

8. STAFF COSTS - continued

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations, legacies and grants	143,492	280,758	424,250
Raising funds	25,591	-	25,591
Total	169,083	280,758	449,841
EXPENDITURE ON			
Raising funds	102,374	21,517	123,891
Charitable activities			
Grants payable	-	287,538	287,538
Governance costs	4,516	-	4,516
Total	106,890	309,055	415,945
NET INCOME/(EXPENDITURE)	62,193	(28,297)	33,896
RECONCILIATION OF FUNDS			
Total funds brought forward	9,599	33,498	43,097
TOTAL FUNDS CARRIED FORWARD	71,792	5,201	76,993

10. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
Additions	1,920
DEPRECIATION	
Charge for year	640
NET BOOK VALUE	
At 31 May 2021	1,280
At 31 May 2020	-

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2021

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Prepayments and accrued income	1,457	4,742
	<u>1,457</u>	<u>4,742</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	407	180
Social security and other taxes	2,961	2,445
Accruals and deferred income	1,431	1,145
	<u>4,799</u>	<u>3,770</u>

13. MOVEMENT IN FUNDS

	At 1.6.20	Net movement in funds	Transfers between funds	At 31.5.21
	£	£	£	£
Unrestricted funds				
General fund	71,792	64,604	(40,678)	95,718
Restricted funds				
Recreational Therapeutic Service	-	(32,105)	32,105	-
Bedfordshire Suicide Bereavement Service	5,201	(5,201)	-	-
Baby Loss Service	-	(4,383)	4,383	-
Disability Friendship Scheme	-	(4,190)	4,190	-
	<u>5,201</u>	<u>(45,879)</u>	<u>40,678</u>	<u>-</u>
TOTAL FUNDS	<u>76,993</u>	<u>18,725</u>	<u>-</u>	<u>95,718</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	184,000	(119,396)	64,604
Restricted funds			
Trauma Service	77,760	(77,760)	-
Recreational Therapeutic Service	15,838	(47,943)	(32,105)
Bedfordshire Suicide Bereavement Service	89,869	(95,070)	(5,201)
Baby Loss Service	36,859	(41,242)	(4,383)
Young Carers Service	1,995	(1,995)	-
Disability Friendship Scheme	20,199	(24,389)	(4,190)
	<u>242,520</u>	<u>(288,399)</u>	<u>(45,879)</u>
TOTAL FUNDS	<u>426,520</u>	<u>(407,795)</u>	<u>18,725</u>

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2021

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.6.19 £	Net movement in funds £	At 31.5.20 £
Unrestricted funds			
General fund	9,599	62,193	71,792
Restricted funds			
Trauma Service	142	(142)	-
Bedfordshire Suicide Bereavement Service	1,657	3,544	5,201
Baby Loss Service	3,432	(3,432)	-
Disability Friendship Scheme	6,750	(6,750)	-
Other Restricted	21,517	(21,517)	-
	<u>33,498</u>	<u>(28,297)</u>	<u>5,201</u>
TOTAL FUNDS	<u>43,097</u>	<u>33,896</u>	<u>76,993</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	169,083	(106,890)	62,193
Restricted funds			
Trauma Service	60,700	(60,842)	(142)
Recreational Therapeutic Service	16,483	(16,483)	-
Bedfordshire Suicide Bereavement Service	49,230	(45,686)	3,544
Baby Loss Service	45,785	(49,217)	(3,432)
Young Carers Service	94,600	(94,600)	-
Disability Friendship Scheme	13,960	(20,710)	(6,750)
Other Restricted	-	(21,517)	(21,517)
	<u>280,758</u>	<u>(309,055)</u>	<u>(28,297)</u>
TOTAL FUNDS	<u>449,841</u>	<u>(415,945)</u>	<u>33,896</u>

CHUMS CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2021

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.6.19 £	Net movement in funds £	Transfers between funds £	At 31.5.21 £
Unrestricted funds				
General fund	9,599	126,797	(40,678)	95,718
Restricted funds				
Trauma Service	142	(142)	-	-
Recreational Therapeutic Service	-	(32,105)	32,105	-
Bedfordshire Suicide Bereavement Service	1,657	(1,657)	-	-
Baby Loss Service	3,432	(7,815)	4,383	-
Disability Friendship Scheme	6,750	(10,940)	4,190	-
Other Restricted	21,517	(21,517)	-	-
	<u>33,498</u>	<u>(74,176)</u>	<u>40,678</u>	<u>-</u>
TOTAL FUNDS	<u>43,097</u>	<u>52,621</u>	<u>-</u>	<u>95,718</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	353,083	(226,286)	126,797
Restricted funds			
Trauma Service	138,460	(138,602)	(142)
Recreational Therapeutic Service	32,321	(64,426)	(32,105)
Bedfordshire Suicide Bereavement Service	139,099	(140,756)	(1,657)
Baby Loss Service	82,644	(90,459)	(7,815)
Young Carers Service	96,595	(96,595)	-
Disability Friendship Scheme	34,159	(45,099)	(10,940)
Other Restricted	-	(21,517)	(21,517)
	<u>523,278</u>	<u>(597,454)</u>	<u>(74,176)</u>
TOTAL FUNDS	<u>876,361</u>	<u>(823,740)</u>	<u>52,621</u>

CHUMS CHARITY

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MAY 2021**

14. RELATED PARTY DISCLOSURES

CHUMS CIC

CHUMS CIC is the sole member of the Charity. Dawn Hewitt, a trustee, is the Chief Executive and a director of CHUMS CIC. Ben Banks, a trustee, is also a director of CHUMS CIC.

During the period under review, grants were made to CHUMS CIC of £288,399 (2020: £287,538). These grants were made for charitable purposes in accordance with objectives of the Charity.

15. ULTIMATE CONTROLLING PARTY

The Board of Trustees is the ultimate controlling party.