

Positive Riding for the Disabled Association (Positive RDA)

Charitable Incorporation Organisation

Registered Charity no: 1178998

First registered 29 Jun 2018

Annual Report and Accounts for Trustees and Supporters

***Covering the 6th year of Incorporation
to 29th June 2024***

***Enabling people with life-changing injuries
and illnesses to ride and be with horses***

Based near Wantage, Oxfordshire

Annual Report

Strategic Overview

As in previous reports, our purpose is to people to ride and interact with horses and nature.

Our main focus is on supporting people with life-changing injuries and long term disabilities, including families with children. Health challenges such as Stroke, MS, Parkinson's, Spinal Injury, Sight Loss and age-related diseases can often bring depression and mental ill-health too. Our participants are likely to have ridden and owned horses, something they can share with family and friends. We want to train our coaches and volunteers in the needs of this group.

Activity 2023-24

We are delighted to welcome Claire Schimmer as a Trustee with effect from 31 October 2023

As a National RDA member group we had seen how Covid fundamentally changed approaches to RDA activities for people living with disability. It also increased awareness of mental health and the importance of accessibility to nature. We had been disappointed not to meet criteria for RDA National Office aimed at RDA new groups, as they could not insure our activities.

We have therefore spent time discussing how we wanted to work to support greater inclusivity and the health and wellbeing benefits of access to nature, through horses.

We have taken legal advice and are preparing to submit changes to our constitution.

Liz Morrison LLB MSc BHSII - Lead Coach

Annual Accounts

Positive RDA was first registered on 29 Jun 2018.

These accounts cover the sixth year of Incorporation to 29th June 2024.

	£	Accounts to 29 th June 2024	Accounts to 29 th June 2023
Income	<i>Donation</i>	1	0
	TOTAL	1	0
Expenditure	<i>Publicity & Website</i>	0	
	<i>Fundraising Costs</i>	0	0
	<i>Finance charges</i>	0	0.20
	<i>Loan repayment</i>	0	0
	Sub Total		0
Ringfenced Funds	<i>Transferred for capital costs</i>	0	0
	Balance of Income & Expenditure	1	
Balances in Triodos bank:		<i>As at 1/7/2024</i>	<i>As at 1/7/2023</i>
	<i>Current Account</i>	£ 136.08	£ 135.08
	<i>Reserve Acct</i>	£ 10.00	£ 10.00

Chargeable costs have been minimised or delayed

Trustees :

Ian Lewis – Chair
 Lesley Steele – Treasurer
 Claire Schimmer
 June Morrison
 Jennifer Winter