

Positive Riding for the Disabled Association (Positive RDA)

Charitable Incorporation Organisation

Registered Charity no: 1178998

First registered 29 Jun 2018

Annual Report and Accounts for Trustees and Supporters

***Covering the 5th year of Incorporation
to 29th June 2023***

***Enabling people with life-changing injuries
and illnesses to ride and be with horses***

Based near Wantage, Oxfordshire



Annual Report

Strategic Overview

As in previous reports, our purpose is to people to ride and interact with horses and nature. This includes using a mobile service using an accessible horsebox which we have been closely involved in developing.

Our main focus is on supporting people with life-changing injuries and long term disabilities, including families with children. Health challenges such as Stroke, MS, Parkinson's, Spinal Injury, Sight Loss and age-related diseases can often bring depression and mental ill-health too. Our participants are likely to have ridden and owned horses, something they can share with family and friends. We want to train our coaches and volunteers in the needs of this group.

Activity 2022-23

Running under Covid restrictions resulted in identifying a need for changes to our operating model.

As a National RDA member group we had seen how Covid fundamentally changed approaches to RDA activities for people living with disability. It also increased awareness of mental health and the importance of accessibility to nature.

We were disappointed not to meet criteria for RDA National Office aimed at RDA new groups, as their operating model did not accommodate our mobile service and they could not therefore insure our activities. We have spent time discussing how our mobile service could work within the RDA operating model or whether further adjustments are needed.

Next steps in 2022-23

We are now exploring a new approach, and had a number of meetings to understand the benefits of equine assisted activities and how to enable access to Nature and develop a community-led proposition.

Liz Morrison LLB MSc BHSII – Lead Coach

Annual Accounts

Positive RDA was first registered on 29 Jun 2018.

These accounts cover the fifth year of Incorporation to 29th June 2023.

	£	Accounts to 29 th June 2023	Accounts to 29 th June 2022
Income	<i>Funds raised</i>	0	4643.60
	<i>Cashflow Loan</i>		
	TOTAL	0	4643.60
Expenditure	<i>Publicity & Website</i>	6.20	
	<i>Fundraising Costs</i>	0	144.82
	<i>Finance charges</i>	0.20	1.50
	<i>Loan repayment</i>	0	265.00
	Sub Total		411.32
Ringfenced Funds	<i>Transferred for capital costs</i>	0	-4250.00
	Balance of Income & Expenditure	6.40	112.28
Balances in Triodos bank:		<i>As at 1/7/2023</i>	<i>As at 1/7/2022</i>
	<i>Current Account</i>	£ 135.08	£ 141.58
	<i>Reserve Acct</i>	£ 10.00	£ 10.00

Chargeable costs have been minimised or delayed

Trustees :

Ian Lewis – Chair
 Lesley Steele - Treasurer
 June Morrison
 Jennifer Winter