

# Positive Riding for the Disabled Association (Positive RDA)

*Charitable Incorporation Organisation*

*Registered Charity no: 1178998*

*First registered 29 Jun 2018*

## **Annual Report and Accounts for Trustees and Supporters**

***Covering the 3rd year of Incorporation  
to 29<sup>th</sup> June 2021***

*Enabling people with life-changing injuries  
and illnesses to ride and be with horses*

*Based near Wantage, Oxfordshire*

# Annual Report

## Strategic Overview

We promote the therapeutic benefits of people interacting with horses and nature by providing a mobile service using an accessible horsebox.

As an National RDA member group we focus on supporting people with life-changing injuries and illnesses, such as Stroke, Cancer, MS, Parkinson's, Spinal Injury, Sight Loss and age-related diseases. We recognise that these health challenges can often bring depression and mental ill-health too. Our participants are likely to have ridden and owned horses, something they can share with family and friends. We want to train drivers, coaches and volunteers in the needs of this group.

The idea for a mobile group came when we realised the complexity of safely mounting and dismounting riders with a range of disabilities. The horsebox will enable this to happen in countryside settings instead of only at a Riding School. The design also means that we will be able to take horses to care homes and hospices to support memorable conversations.

## Activity 2020-21

A 2<sup>nd</sup> year of running under Covid restrictions has been understandably difficult.

The Covid Pandemic stopped all RDA sessions and fundamentally changed approaches to RDA activities for people living with disability. It also increased awareness of mental health and the importance of accessibility to nature. The horsebox design was therefore adapted to enable horses to safely visit people in care homes and hospices.

Our activity continued to focus on raising ringfenced funds for the purchase and build of a suitable vehicle. This is a time-consuming process, and we were disappointed not to meet criteria for funds aimed at start-ups and RDA new groups. Other applications are continuing.

We have identified a vehicle to purchase and our plans have developed well.

## Action plan 2021-22

As last year, given these changes, in the short term, our priority is to continue to promote the concept of an innovative mobile service. Funds raised are donated on the basis that they will support the purchase and building of the horsebox and getting it 'on the road'.

Any surplus funds will subsidise its use for RDA participants and to train our coaches and volunteers.

# Annual Accounts

Positive RDA was first registered on 29 Jun 2018.

These accounts cover the third year of Incorporation to 29<sup>th</sup> June 2021.

		<b>Accounts to 29<sup>th</sup> June 2019</b>	<b>Accounts to 29<sup>th</sup> June 2020</b>	<b>Accounts to 29<sup>th</sup> June 2021</b>
<b>Income</b>	<i>Funds raised</i>	£ 182.15	£ 572.00	1500.00
	<i>Cash flow Loan</i>			410.00
	<b>TOTAL</b>	<b>£182.15</b>	<b>£ 572.00</b>	<b>1900.00</b>
	<b>In Reserve</b>			<b>10.00</b>
				<b>1910.00</b>
<b>Expenditure</b>	<i>Training &amp; Expenses -</i>	0	£ 123.00	0.70
	<i>Publicity &amp; Website</i>	0	£ 446.81	240.00
	<b>Sub Total</b>	<b>0</b>	<b>£ 569.81</b>	<b>240.70</b>
	<i>Transfer to CIC</i>			-1500
	<b>Balance of Income and Expenditure</b>	<b>£ 182.15</b>	<b>£ 2.19</b>	<b>169.30</b>
	<b>Balance in hand</b>		<b>£ 184.34</b>	<b>£353.64</b>

Our focus was on grant applications and fundraising for the capital costs of our new base, a unique accessible horsebox.

All chargeable costs including trustee expenses have been minimised or delayed

## Trustees

Ian Lewis – Chair

Lesley Steele - Treasurer

June Morrison

Jennifer Winter