



# The Bridge Foundation

## Annual Report and Accounts

### 31 March 2023



Charity Number: 1178918

The Bridge Foundation was founded in 1983 in Bristol, by a psychotherapist trained at the Tavistock Clinic – a world-leading centre of excellence for psychotherapy training. The Bridge soon established a regional reputation for clinical quality, dealing with acute mental health difficulties and making life-changing differences to local lives. Almost 40 years later, with our role as leaders in mental health firmly established, The Bridge's support services remain a vital contribution to Bristol communities.

*"You are literally the reason my child comes to school."*

(Parent of child receiving therapy, Bridge in Schools)

*"I don't know how I would have coped with secondary school without you."*

(Young person, Bridge Psychotherapy Service)

*"There is no money in this world that can pay for the good you did me, the good that will last for my life. There are no words to describe my gratitude for having you in my story."*

(Parent receiving parent therapy, Bridge in Schools)

*"The work I did at The Bridge allowed me to continue taking the steps in my recovery I needed, and eventually lead the life that at one point I didn't know if I would ever be able to live."*

(Young person, Bridge Psychotherapy Service)

*"I have come away from my therapy with a better understanding of myself, and a set of tools for when I experience either new stresses or the reappearance of the old."*

(Adult, Bridge Psychotherapy Service)

## Schools-embedded early intervention mental health support

Through **Bridge in Schools**, we have channelled decades of experience and an evidence-based approach into providing high-quality psychotherapy to children and families, where deprivation and entrenched inequalities lead to disproportionate levels of mental health difficulties. Our “life-transforming support” (Schools Trust Deputy CEO) brings the best help to the most vulnerable to give children a better start in life.



## Individualised person-centred therapeutic work through client-led services

Our **Bridge Psychotherapy Service** helps individuals and families feel secure and supported in their mental health. Our expert multidisciplinary team support children, young people, families and adults from all backgrounds and experiences. Our clinicians who work with clients under 18 also have in-depth training in child and adolescent development.



## Expert professional support services, training opportunities and events

**The Bridge** supports professionals to manage work involving complex situations and vulnerabilities. We provide our rich clinical expertise through commissioned referrals, supervision and training, and well-attended conferences, and are highly reputed throughout professional networks in the region and nationally.







## Outreach programme

We designed our innovative Bridge in Schools outreach programme to provide specialist mental health services from within an environment that is already safe and accessible to children by embedding our expert therapists as part of the pastoral team. Children and families see highly trained staff, rarely to be found outside specialist NHS services or costly private clinics. We are uncompromising about maintaining this level of expertise, so that the best help is there for the most vulnerable.



## School partnerships

Our school partnerships are built around collaboration, to co-create a mental health service that builds on the individual school's existing expertise and provision. Our model brings specialist mental health into the heart of the school community. We work with local primary, secondary and Special Educational Needs and Disabilities (SEND) schools across the Bristol region, focusing on the most deprived areas.

Placing our highly qualified child and adolescent mental health experts within local schools overcomes barriers to access. Schools refer children with the greatest mental health struggles into our in-depth therapeutic services, which we deliver within an environment that is familiar and safe.



## Whole-school wellbeing programme

Schools also benefit from access to this in-house expert mental health support through a therapeutic offer that is responsive to the particular and current needs of the school community. The Bridge in Schools whole-school wellbeing programme includes:

- 1:1 therapy
- Group sessions
- Classroom observations
- Professional assessment
- Reflective practice
- Supervision and training
- Treatment planning
- Consultation

We augment our positive impact on children's emotional wellbeing through a holistic approach and support for teachers and parents to help sustain the emotional and behavioural improvements gained.

*"What's so great about The Bridge is that they don't come and go; they're in it for the long haul and that's what makes the difference."*

(Head Teacher)

*"The knowledge and experience Bridge in Schools therapists share with staff to help support our children is rich and inspiring."*

(Learning Mentor, June 2023)

*"The additional supervision space for staff is vital, especially in the current climate. I doubt I would have survived SENDCoing for 10 years so well without the support of Bridge in Schools – they just know how to make you feel safe to share, think and problem solve."*

(SENDCo, May 2023)

*"The Bridge in Schools' work with children has always shown exceptional impact and the work with parents has also been crucial to the emotional health of their children (and them)."*

(SENDCo, May 2023)

*"Many schools do not have therapeutic interventions. I feel blessed to be part of a school that has The Bridge involved, as its impact is great, supporting children, families and staff to thrive."*

(Learning Mentor/Family Support/  
Attendance Officer, June 2023)

## This year we:



Provided **316** young people with 1:1 in-depth therapeutic support, including **68** children and young people within SEND schools.



Embedded our support within **17** partner schools, including **6** SEND schools across Bristol and South Gloucester through long-term partnerships.



Delivered **5,054** clinical sessions of therapeutic support within term time.

Our established data set shows that, despite rising levels of severity, we continue to make a consistently positive impact on children's mental health. We measure mental health outcomes using established clinical tools, comparing the change in emotional and behavioural symptoms between the start and end of the therapy.

## We see the following results after therapeutic intervention:



Children are more able to think about and manage their difficult feelings.



Children's relationships with both peers and adults show improvements.



Children's emotional resilience and self-confidence increases.



School staff are more confident in supporting pupils with complex needs.



Parents are more able to understand and respond to the needs of their children.

During this period **86%** of respondents reported that problems had been much or a bit better since coming to therapy.



## Tailored support

Through our not-for-profit psychotherapy services we provide highly effective support, tailored to individual needs, to benefit the mental health of children, young people, families, and adults. Our experienced and highly qualified multidisciplinary team is dedicated to supporting life-long improvements for individuals who are suffering mental health difficulties and challenges. We help people across the Bristol region feel secure and supported in their mental health; working with all ages, backgrounds and experiences.

## This year we:



Supported 357 clients, of which:

- **22%** were services commissioned by social services or adoption support for children and families. Of these, approximately **82%** were for children and young people with additional needs or struggles in accessing or continuing with their education.
- **80%** paid a subsidised, means-assessed rate.



Delivered **6,257** clinical sessions.



Provided subsidised group therapy to **11** parents.



Launched a new psychotherapeutically-informed autism assessment service.



Began a pilot for psychotherapy outreach in a nearby community, providing free therapeutic support to **2** clients with low incomes.







*"I cannot thank you enough for the new awareness you have given me. The skills and ability to think differently have helped me so much and I feel like they are leading the way to the next stage of my life."*

*(Young person)*

*"Our therapist was able to offer us so many useful insights into our situation and has increased our confidence in parenting our challenging teen. We will always be grateful for her advice."*

*(Parent)*

*"Until recently he was head banging, now I can't remember the last time this happened. He is much happier now."*

*(Parent)*

*"My therapist's gentle encouragement has given me the safe space to explore things from my past that I have never spoken about."*

*(Adult)*

*"Meeting other parents going through similar struggles has been helpful. Sharing experiences helped me feel less alone."*

*(Parent Group attendee)*



The Bridge Foundation’s diverse income streams include our (not-for-profit) fee-paying service; contributions from our partner schools; commissioned services through Local Authority funding and government schemes; and charitable grants:



We have a strong loyal supporter base among local funders, many of whom have funded our work for nearly a decade. Partnering long term with trusts and statutory sources who know our work well, we also seek to expand our range of funders each year.

**We would like to thank all funders and partners who have generously supported our work during this year**



Trusthouse Charitable Foundation  
Henry Smith Foundation  
Medlock Charitable Trust  
Lloyd Robinson Family Trust  
Nisbet Trust  
John Thaw Foundation  
Edward Gostling Foundation  
Walter Guinness Charitable Trust  
Souter Charitable Trust

Linnet Trust  
Inchrye Trust  
Gilbert Lane Trust  
Casey Trust  
Estelle Trust  
Portishead Nautical Trust  
England Charitable Trust  
Alfred Hill Fund

We also extend our sincere thanks to the funders and partners who wish to remain anonymous, as well as members of the public who have raised funds, and the individuals and close supporters who have donated to our cause this year.

As we close out the final year of a five-year strategy that sought to bring the highest quality clinical work to diverse and vulnerable communities, we have been reflecting on all of the learning we have gained over the last four decades as we look to the future.

Mental health awareness may be higher than ever in the public sphere but challenges on mental health are also at crisis point for many, and especially among our children and adolescents, who have experienced disproportionate levels of challenge over recent years. We intend to build on our position as a local and trusted mental health expert in the Bristol region and play our part in leading lasting and sustainable solutions to the mental health crisis, through our innovative and evidence-based approaches.



In our 40th year, we are focused on how we can bring the proven outcomes of psychotherapy and our highly effective psychodynamic, psychoanalytic approach and model to benefit our local communities as fully and accessibly as possible. We are working to capitalise on the successes of our past while ensuring continual improvements and positive evolution. We do so from a place of relative strength and stability – especially given the considerable uncertainty of the times – through a proven combination of unrivalled clinical excellence and effective professional processes underpinned by a robust and diverse financial model.

We approach the next stage of our journey with high ambitions and a healthy level of confidence in our ability to reduce the damaging impact of poor mental health among local individuals and families.

As The Bridge Foundation approaches its 40th anniversary I find myself reflecting on how much has been achieved over those years. The organisation has grown and changed in myriad ways as old friends and colleagues move on and new people with different skills and ideas take the helm. The focus of the work may change and develop with time; our current emphasis being on our two core services – Bridge in Schools and Bridge Psychotherapy Service. What doesn't change are the fundamental principles behind the work. We continue with our aim of widening access to and understanding of psychodynamic ideas and interventions while offering a range of services that make a difference to the lives of children and families. The quality of our service is paramount and we continue looking for innovative and yet sustainable ways to achieve this.

This year has seen four important developments within the organisation. Firstly we said good bye to our CEO, Michelle Windle at the end of 2022. Michelle made a hugely valuable contribution in her two years with The Bridge – particularly in the development of a robust infrastructure for the organisation that will stand us in good stead for the future. We have not replaced Michelle with another CEO. Instead we have opted for a Joint Leadership Model where our three senior managers now act as Directors and work closely with the Board of Trustees to lead and manage the organisation. It is early days for this model of leadership but we aim to review the change during the latter half of 2023 and should be able to report on its progress next year.

Secondly, we have the good fortune to be able to buy the property next door to the one that we currently rent. We are buying from another therapeutic organisation so the space needs little alteration for the delivery of our services. It was within this new building that The Bridge was originally housed so it feels a little as though The Bridge is coming 'home'. We are enormously grateful to all those involved in facilitating this transaction. It means a great deal to us all.

The third development I would like to mention is to do with service delivery. Although our core services remain the same, we are continuing to diversify within those services. For example, we are starting to work with groups – parent groups at the moment – and are developing a multi-disciplinary autism assessment service that will provide therapeutic support for families. We are also developing our support for honorary and trainee therapists. This not only contributes to the wider profession but it allows us to offer therapy to a wider range of people and meet some of our diversity objectives.

Lastly, whilst navigating the change of leadership arrangement we have been reminded of the value of reflection as a way of meeting some of our core aims and objectives. When working hard it is possible to get tied into strategy and business and leave little time for thinking. This seems at odds with a psychodynamic approach and we have now introduced reflective space for all those involved in management and leadership including the Board of trustees.

My final words are to say thank you to all those who make it possible for the Bridge to go from strength to strength. That includes our wonderful staff and Directors, our committed Board of Trustees, our partner schools, our funders and all the other supporters who quietly wish us well in the background. Thank you for another successful year at the Bridge.

Best wishes,

Cathy Benjamin

# The Bridge Foundation Annual Review, 31 March 2023

## Reference and administrative details

12

<b>Charity number</b>	1178918																		
<b>Registered office</b>	13 Sydenham Road Bristol BS6 5SH																		
<b>Trustees</b>	<p>The trustees who served during the year and up to the date of this report were as follows:</p> <table><tr><td>Alison Appshaw</td><td>Treasurer</td></tr><tr><td>Cathy Benjamin</td><td>Chair</td></tr><tr><td>Itamar Cohen</td><td>Appointed 18.07.22</td></tr><tr><td>Kristian Cox</td><td></td></tr><tr><td>Caroline Harris</td><td></td></tr><tr><td>Jessica Miles</td><td></td></tr><tr><td>Laura Vickers</td><td></td></tr><tr><td>Lindy Wootton</td><td></td></tr><tr><td>Lucy Young</td><td></td></tr></table>	Alison Appshaw	Treasurer	Cathy Benjamin	Chair	Itamar Cohen	Appointed 18.07.22	Kristian Cox		Caroline Harris		Jessica Miles		Laura Vickers		Lindy Wootton		Lucy Young	
Alison Appshaw	Treasurer																		
Cathy Benjamin	Chair																		
Itamar Cohen	Appointed 18.07.22																		
Kristian Cox																			
Caroline Harris																			
Jessica Miles																			
Laura Vickers																			
Lindy Wootton																			
Lucy Young																			
<b>Chief Executive Officer</b>	Michelle Windle (Until 14.12.22)																		
<b>Joint Leadership Team</b>	Matthew Jenkins (from 15.12.22) Annabelle Patel (from 15.12.22) Georgina Taylor (from 15.12.22)																		
<b>Bankers</b>	Natwest 40 Queen's Road Clifton Bristol BS8 1BF																		
<b>Independent Examiners</b>	Godfrey Wilson Limited Chartered accountants and statutory auditors 5th Floor Mariner House 62 Prince Street Bristol BS1 4QD																		

Reference and administrative information set out on this page forms part of this report. The financial statements below comply with current statutory requirements, the Constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities (effective from January 2019).



### Objectives and activities

#### Purpose

The objects of the CIO are for the public benefit in Bristol and the South West (the area of benefit):

- The advancement of the science, skills and application of psychoanalytical psychotherapy; and
- The promotion of the arts.

This is done through the advancement of the skills and application of psychoanalytically based therapeutic services and the pursuit of good practice through education, training, consultancy and promotion of the arts.

#### Aims

##### Our vision

At The Bridge Foundation we want a future where every person can feel secure about who they are and relate to others as fully and honestly as possible.

We provide counselling, psychotherapy, consultation and supervision informed by psychoanalytic thinking in Bristol and the South West. We use a psychoanalytic approach to explore underlying patterns in behaviour and relationships and improve emotional wellbeing and mental health.

We do this by providing:

- Psychodynamic counselling and psychotherapy;
- A range of therapeutic services for individuals, couples and families, to help people with different needs at different life stages;
- Professional training for counsellors working in schools and supervision and work discussion for professionals working with people; and
- Hosting conferences and events.

##### Our approach

The Bridge Foundation is a charity where:

- Our diverse local communities find access to high quality counselling and psychotherapy;
- People find a space to explore anything that causes mental or emotional distress;
- Children, young people, adults and families find help from highly qualified and skilled staff;
- Organisations and professionals find a space for learning and reflecting on clinical practice;
- A wider audience finds conferences and arts events which use psychoanalytic thinking to bring new perspectives to human experience;
- Staff and volunteers find opportunities to develop their psychoanalytic practice within an innovative learning organisation; and
- Commissioners and funders find an organisation committed to evidence-based practice, accountability and sustainable social impact.

### Strategic aims

- To provide a high professional standard of psychotherapy and counselling services for individuals, families, parents, children and young people;
- To respond to disadvantage and diversity through provision of counselling and psychotherapy services for those who would not easily have access to such services;
- To support appreciation, learning and development of psychoanalytic thinking and its application through provision of conferences, arts events, training and consultation; and
- To promote monitoring, evaluation, research and intelligence to inform and educate policy and service development.

### **Organisational developments and performance**

#### **Change in Leadership**

The Bridge Foundation CEO tendered her resignation in June 2022 giving six months' notice. Through a period of consultation with staff and trustees it was decided to move forward with a joint leadership model. From late December 2022 Georgina Taylor, Clinical Director and Clinical Lead Bridge Psychotherapy Service, Annabelle Patel, Operations and Finance Director and Matthew Jenkins, Clinical Director and Clinical Lead Bridge in Schools formed the Joint Leadership Team (JLT). JLT meet regularly with trustees to review this new structure and so far it is going well.

#### **Bridge in Schools**

The increase in the level and complexity of issues that children are coming to us with that was noted last year, is a trend that has continued. Although the pandemic is "over" in the sense that we no longer have lockdowns or social distancing, the long term effects of the pandemic on families are still very much with us. Schools are at the forefront in experiencing the continuing impact of the pandemic on children's development and mental health. School staff are under a great deal of pressure, supporting children with complex emotional needs, while at the same time attempting to make up lost ground in terms of learning and development.

In addition the worsening cost of living pressures experienced by many of our families have been a source of additional stress and anxiety. Other support services that many families rely on such as mental health services and social care are also continuing to experience pressures that lead to longer waiting times and limited access. This leaves many families feeling unsupported.



As a result of all these pressures, the children and young people who access our services are frequently nearing a state of crisis. This can then mean that they require longer term or more in depth support. Restricted school budgets and a rising need for support means that demand for services can exceed capacity, and as a service we can then only respond to those in most need, while other children and young people who might benefit from effective early intervention struggle to access timely intervention and are at risk of further deterioration.

We continue to advocate our whole school partnership approach to wellbeing which helps schools to prioritise emotional wellbeing within the education system in the context of the many challenges facing schools. Although we are fully back in schools, we have retained some aspects of things that were developed during the pandemic such as being able to offer online consultations to parents who might find it difficult to access a face to face appointment for a variety of reasons.

In spite of all the financial pressures experienced by schools, we continue to grow as a service. This reflects not only the increased need in the areas of children's mental health and emotional wellbeing but also that by offering a model that is based on partnership with schools, and high quality interventions from experienced expert staff, we are able to add real value. This is reflected both in the clinical outcomes data that we collect but also in the qualitative feedback that we get from schools and children and young people and families.

### **Bridge Psychotherapy Service**

The waiting time in the Bridge Psychotherapy Service (BPS) for much of the year was around 4 months due to high demand for our services. We have recruited to help meet this need and are continuing to recruit. The majority of those waiting for appointments were under 16s and their parents.

In 2022 we created a new management structure within BPS where in place of one manager and two assistant managers we instead have a clinical lead, assistant clinical lead and three senior therapists. This has been helpful in expanding our management capacity and also enabling us to develop and expand. Each senior therapist has an area of areas of specific responsibility, which are currently:

- Trainees, supervision service;
- Commissioned work; group work; and
- Autism assessments, training and CPD (internal / external), parent-infant work.

The senior therapists also share in the supervision of the team and all contribute to the running of our internal CPDs.

Our autism assessments are a new development. One of our senior therapists has completed the training required, and will work alongside our psychiatrist to deliver high quality assessments. We are uniquely placed to offer assessments that are therapeutic in nature and can offer ongoing therapy or parent support where needed, recognising that a diagnosis of autism is just the start of the help that may be needed. We are responding both to our own internal need for children who attend therapy here to be able to receive a prompt autism assessment if needed, and also the external climate where waiting lists for autism assessments are lengthy and where the NHS waiting list locally can now only be accessed at the point that a family is at crisis point.

Our therapy group for parents has continued to run successfully, offering a much lower fee option to clients and enabling them to benefit from sharing thoughts and views with other parents. This has been facilitated by two of the senior therapists. We are aiming to run additional groups from September, potentially aimed at different client groups.

One of our therapists has been delivering free therapy to clients in a community setting as a pilot. This is enabling clients who would not be able to afford our regular therapy fees or who could not easily travel to access time limited therapy. If this is successful and valued we will consider possible funding models for this going forwards.

We continue to offer a strong internal programme of training and development, including a regular space to think about issues of diversity. Some of the training is across BPS and the schools team while some is team specific. Topics we have looked at recently have included working with adopted young people, parent work, understanding the body in therapy and autism. We have also covered a range of topics in our staff forums which are open to both clinical and non-clinical staff.

### **Plans for the Future**

We are in the third year of our new three-year organisational Strategic Plan launched in April 2021. The plan was developed to enable us to grow to meet the ever-increasing demand for our services whilst also having a focus on sustainable growth to ensure all services are delivered with the same level of clinical excellence. Demand for services has reached higher levels than we have ever seen in our long history and we recognise that we need to strengthen the organisation on all levels to be able to meet the level of need in a clinically robust way. Our Strategic Plan is essential to enable this to happen.



There are five pillars to this strategic plan:

1. **Accessibility** – Make the organisation and our services accessible to more diverse communities;
2. **Innovation** – Build on our clinical expertise to offer new services to engage and help clients in different ways;
3. **Sustainability** – Develop our infrastructure to use our resources as effectively as possible to meet the changing needs of clients;
4. **Evidence** – Develop an evidence base to demonstrate the impact and strength of our clinical work; and
5. **Quality** – Develop a KPI Framework to monitor and evaluate service outputs and outcomes to ensure clinical and operational excellence.

The Joint Leadership is currently working on a new strategic plan to build on the existing one and take us into a future of sustainable growth.

We have plans to purchase a property to aid this strategic growth and hope to complete this purchase in the 23/24 financial year.

### Public benefit

Trustees have regard to the two key principles of public benefit set by the Charity Commission. First that there should be clarity over benefits and that they must relate to organisational aims and that such benefits should be balanced against any harmful detriment. The second benefit must be to the public; that beneficiaries must be appropriate and that access to such benefits should not be unreasonably restricted. Trustees consider that the combination of fee paying and free services provided by the Bridge Foundation conforms to the conditions and guidance offered by the Charity Commission in relation to public benefit.

### Financial review

#### Going concern

The trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The pandemic has had a significant impact on the global economy but the charity has managed to maintain a solid financial position as a result of the mixed financial model that it operates.

The charity holds unrestricted, general reserves of £261,553 and a cash balance of £289,728 at year end. The charity has continued to secure income in 23/24 through its established mixed financial model and the trustees consider that the charity has sufficient cash reserves to continue as a going concern for a period of at least 12 months from the date on which these financial statements are approved.

# The Bridge Foundation Annual Review, 31 March 2023

## Report of the trustees

18

### Financial position

The year ended with expenditure of £825,815 against an income of £963,341. At March 2023, total unrestricted reserves amounted to £261,553.

### Principal risks

Trustees regularly address risk management issues, which are the major strategic, business and operational risks which the charity faces, the maintenance of a risk register, the establishment of systems for the monitoring of risk, and the setting up of contingency arrangements. The Treasurer and Chair review financial performance and cash flow bi-monthly. Clinical risk is currently managed through regular clinical supervision and adherence to the ethics and best practice of relevant professional bodies (BACP, UKCP, BPC and ACP).

### Reserves policy

Trustees have examined the charity's requirements for reserves in the light of the main risks to the organisation and have established a clear policy. The majority of the Foundation's project running costs are covered by income generated within the financial year or by funding from designated or restricted funds. Such funds fluctuate as a consequence of grants from major funders being received either in advance or in arrears of the financial year in which relevant expenditure is made.

Trustees have, therefore, established a policy whereby free reserves (the unrestricted funds not committed in tangible fixed assets or otherwise designated by a funder or donor) should be maintained at a minimum level equating to at least three months of unrestricted expenditure (the non-project core costs of the organisation). The intention is that such free reserves should provide sufficient cover for non-project management, administrative and other support costs in case of unexpected funding shortfalls and to allow time to deal with such unexpected events.

There is no separate reserves account but the unrestricted reserves of cash (monitored by trustees and staff monthly) at the end of the year were sufficient to cover ten months of support costs. Support costs for ten months amount to £147,004 and as at the balance sheet date, unrestricted cash reserves were £146,287.

General reserves are £261,553. The reason for this high figure is the fact that some of this amount (£170,000) will be used for the property purchase in 23/24.



# The Bridge Foundation Annual Review, 31 March 2023

## Report of the trustees

19

### **Structure, governance and management**

#### **Constitution**

The Bridge Foundation was registered as an unincorporated charity on 1 February 1999 operating under a deed of trust dated 19 October 1998 as amended by a supplemental deed dated 12 May 2009 with charity number 1073759. As of 1 April 2019, the organisation has become a Charitable Incorporated Organisation (CIO) with charity number 1178918.

#### **Method of appointment or election of trustees**

Potential trustees are initially invited to have an informal discussion with the JLT and / or the Chair and to visit the organisation. Potential trustees are then invited to an interview with two trustees to gain an understanding of the organisation. This involves discussion of the mission, vision and strategic direction of the organisation; the roles and responsibilities of being a trustee, and the difference between governance and management. The meeting explores the skills and qualities the candidate can bring and their capacity and willingness to commit sufficient time to the role.

On appointment new trustees have the opportunity to attend a board meeting to get the feel of the board, and are later formally appointed by the board with confirmation at the AGM.

Trustee induction and training consists of a meeting with the Chair and JLT, a tour of the premises and introductions to the Senior Management Team. They also receive an information package that includes the Articles of Association, Annual Report and Accounts and Charity Commission booklets describing the responsibilities of the trustee role. New trustees are strongly encouraged to attend locally organised governance training opportunities details of which are circulated periodically to all trustees.

The Bridge Foundation is a member of Voscur – a Bristol based organisation that aims to support, develop and represent Bristol's Voluntary, Community and Social Enterprise (VCSE) sector – and The Association of Chairs – a national membership organisation supporting Chairs and Vice Chairs of charities and social enterprises in England and Wales. Both of these organisations provide training and peer support opportunities for members of the board.

Trustees are appointed for a term of four years in the first instance.

### **Organisational structure and decision making**

The Board of Trustees meets six times a year and is responsible for the finances, the strategic direction and policy of the charity.

The Board of Trustees aims to provide a balance of skills and experience relevant and applicable to the work of The Bridge Foundation, our beneficiary groups and the issues we are dealing with. Professions currently represented include child and adult psychotherapy, social work, education, finance, child protection, public relations and human resources.

The board has adopted, and will keep under review, a set of policies relating to corporate governance - including Equalities, Child Protection and Safeguarding, Vulnerable Adults, Confidentiality, Environment, Health & Safety, Complaints, Employment, Data Protection and Grievance.

Trustee recruitment has been a focus of the last year with a number of long-standing Trustees standing down in the previous year and new ones coming on board. The Trustees have committed to developing the membership of the Board and increasing its diversity. Planning has included more accessible recruitment procedures with wider advertising and clearer supporting information such as trustee job and role descriptions.

We now have hybrid Trustee meetings which can be a challenge and we are working on ways to make these operate more effectively and equitably.

Two sub-boards meet regularly and report to the board.

### **Sub-boards**

Strategy, Resources and Business Group (SRB) meets six times a year.

Membership: Joint Leadership Team and 3 trustees – one of whom acts as Chair.

Purpose:

- To receive and to interrogate the detail of strategic and business proposals from the SMT and the Board of Trustees and to recommend proposals to the board for consideration and decision making;
- To monitor and review progress of services, projects and developments and to report back to the board; and
- To keep an overview of the Foundation as an employer and to ensure good employment practice.



# The Bridge Foundation Annual Review, 31 March 2023

## Report of the trustees

21

Finance Group meets six times a year.

Membership: Operations and Finance Director, the Bridge Foundation Treasurer and one other trustee.

Purpose:

- Preparation of Annual Budget for approval by board; and
- Regular monitoring of expenditure and income and related financial matters and quarterly reporting to board.

The JLT holds responsibility for the operational management of The Bridge Foundation, the management of clinical service teams and for the planning, delivery and monitoring of services.

The Operations and Finance Director, assisted by the Finance Assistant, holds responsibility for financial planning and monitoring and for the preparation of management accounts and for audit. The Monitoring and Evaluation Data Analyst has responsibility for the collection and analysis and presentation of monitoring and evaluation information.

### **Pay and remuneration**

Pay reviews and new posts are assessed and reviewed by a job evaluation panel made up of senior staff and trustees. Recommendations relating to staff (pay, conditions of service, leave of absence, new appointments) are presented to the SRB and either agreed there or passed to the board for endorsement and/or approval.

### **Risk management**

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems and procedures are in place to mitigate the charity's exposure to the major risks.

### **Insurance**

The charity holds employer liability, public liability and professional indemnity insurances.

### **Trustees' indemnities**

Trustees exercise skill and care in the management of staff, finances, and the delivery of services and receive regular reports with documentation on all aspects of organisational activity. The composition of the board and its meetings and deliberations take place within the terms of the governing document.

### Statement of responsibilities of the trustees

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources, including the net income or expenditure, of the charity for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities Statements of Recommended Practice (SORP);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

### Independent examiners

Godfrey Wilson Limited were re-appointed as independent examiners to the charity during the year and have expressed their willingness to continue in that capacity.

Approved by the trustees on 25<sup>th</sup> September 2023

**Cathy Benjamin,**  
**Chair of Trustees, The Bridge Foundation**

CMB.



# The Bridge Foundation Annual Review, 31 March 2023

## Independent examiner's report to the trustees

23

I report to the trustees on my examination of the accounts of The Bridge Foundation (the CIO) for the year ended 31 March 2023, which are set out on pages 24 to 37.

### Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the CIO's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

Godfrey Wilson Limited also provides ad hoc bookkeeping services to the CIO. I confirm that as a member of the ICAEW I am subject to the FRC's Revised Ethical Standard 2016, which I have applied with respect to this engagement.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Date: 25 September 2023 *Alison Godfrey*

**Alison Godfrey, FCA Member of the ICAEW**, for and on behalf of:

**Godfrey Wilson Limited**, Chartered accountants and statutory auditors,  
5th Floor Mariner House, 62 Prince Street, Bristol BS14QD

# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

24

### The Bridge Foundation

#### Statement of financial activities

For the year ended 31 March 2023

	Note	Restricted £	Unrestricted £	2023 Total £	2022 Total £
<b>Income from:</b>					
Donations	3	-	41,130	<b>41,130</b>	29,811
Charitable activities	4	251,565	667,592	<b>919,157</b>	727,418
Other income		-	3,054	<b>3,054</b>	4,978
<b>Total income</b>		<u>251,565</u>	<u>711,776</u>	<u><b>963,341</b></u>	<u>762,207</u>
<b>Expenditure on:</b>					
Raising funds		-	29,750	<b>29,750</b>	21,003
Charitable activities		<u>116,204</u>	<u>679,861</u>	<u><b>796,065</b></u>	<u>660,638</u>
<b>Total expenditure</b>	6	<u>116,204</u>	<u>709,611</u>	<u><b>825,815</b></u>	<u>681,641</u>
<b>Net income and net movement in funds</b>	7	135,361	2,165	<b>137,526</b>	80,566
<b>Reconciliation of funds:</b>					
Total funds brought forward		<u>8,080</u>	<u>259,388</u>	<u><b>267,468</b></u>	<u>186,902</u>
<b>Total funds carried forward</b>		<u><u>143,441</u></u>	<u><u>261,553</u></u>	<u><u><b>404,994</b></u></u>	<u><u>267,468</u></u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the accounts.



# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

25

### The Bridge Foundation

#### Balance sheet

As at 31 March 2023

	Note	2023 £	2022 £
<b>Current assets</b>			
Debtors	10	122,591	149,546
Cash at bank and in hand		<u>289,728</u>	<u>139,506</u>
		<b>412,319</b>	<b>289,052</b>
<b>Liabilities</b>			
Creditors: amounts falling due within 1 year	11	<u>(7,325)</u>	<u>(21,584)</u>
<b>Net current assets and net assets</b>	13	<u><b>404,994</b></u>	<u><b>267,468</b></u>
<b>Funds</b>	14		
Restricted funds		143,441	8,080
Unrestricted funds			
General funds		<u>261,553</u>	<u>259,388</u>
<b>Total charity funds</b>		<u><b>404,994</b></u>	<u><b>267,468</b></u>

Approved by the trustees on 25 September 2023 and signed on their behalf by

CMB.

Cathy Benjamin - Chair of Trustees

# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

26

### The Bridge Foundation

#### Statement of cash flows

For the year ended 31 March 2023

	2023 £	2022 £
<b>Cash used in operating activities:</b>		
Net movement in funds	137,526	80,566
Decrease / (increase) in debtors	26,955	(14,949)
Increase in creditors	<u>(14,259)</u>	<u>(22,681)</u>
<b>Net cash provided by operating activities</b>	<u>150,222</u>	<u>42,936</u>
<b>Increase in cash and cash equivalents in the year</b>	<b>150,222</b>	<b>42,936</b>
Cash and cash equivalents at the beginning of the year	<u>139,506</u>	<u>96,570</u>
<b>Cash and cash equivalents at the end of the year</b>	<u><b>289,728</b></u>	<u><b>139,506</b></u>

The charity has not provided an analysis of changes in net debt as it does not have any long term financing arrangements.

### The Bridge Foundation

#### Notes to the financial statements

#### For the year ended 31 March 2023

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#### 1. Accounting policies

##### a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Bridge Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

##### b) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charity's ability to continue as a going concern.

##### c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from the government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of therapeutic service provision is deferred until criteria for income recognition are met.

##### d) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

##### e) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.



# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

28

### The Bridge Foundation

#### Notes to the financial statements

##### For the year ended 31 March 2023

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#### 1. Accounting policies (continued)

##### f) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

##### g) Allocation of support and governance costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities based on the proportion of direct costs:

	2023	2022
Raising funds	3.6%	3.1%
Charitable activities	96.4%	96.9%

##### h) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

##### i) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

##### j) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

##### k) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.

##### l) Pension costs

The charity operates a defined contribution pension scheme for its employees. There are no further liabilities other than that already recognised in the SOFA.



# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

29

### The Bridge Foundation

#### Notes to the financial statements

#### For the year ended 31 March 2023

#### 1. Accounting policies (continued)

##### m) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

There are no key sources of estimation uncertainty that have a significant effect on the amounts recognised in the financial statements.

#### 2. Prior period comparatives: statement of financial activities

	Restricted £	Unrestricted £	2022 Total £
<b>Income from:</b>			
Donations	-	29,811	<b>29,811</b>
Charitable activities	146,269	581,149	<b>727,418</b>
Other income	-	4,978	<b>4,978</b>
<b>Total income</b>	<b>146,269</b>	<b>615,938</b>	<b>762,207</b>
<b>Expenditure on:</b>			
Raising funds	-	21,003	<b>21,003</b>
Charitable activities	157,069	503,569	<b>660,638</b>
<b>Total expenditure</b>	<b>157,069</b>	<b>524,572</b>	<b>681,641</b>
<b>Net income / (expenditure) and net movement in funds</b>	<b>(10,800)</b>	<b>91,366</b>	<b>80,566</b>

# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

30

### The Bridge Foundation

#### Notes to the financial statements

For the year ended 31 March 2023

#### 3. Income from donations

	Restricted £	Unrestricted £	2023 Total £	2022 Total £
Donations	-	40,530	<b>40,530</b>	29,811
Gifts in kind	-	600	<b>600</b>	-
	<u>-</u>	<u>41,130</u>	<u><b>41,130</b></u>	<u>29,811</u>

All income from donations in the prior year was unrestricted.

#### 4. Income from charitable activities

	Restricted £	Unrestricted £	2023 Total £
Therapy session fees	-	468,867	<b>468,867</b>
Grants	251,565	-	<b>251,565</b>
Contracts	-	198,725	<b>198,725</b>
<b>Total income from charitable activities</b>	<u>251,565</u>	<u>667,592</u>	<u><b>919,157</b></u>

#### Prior period comparative:

	Restricted £	Unrestricted £	2022 Total £
Therapy session fees	-	342,134	342,134
Contracts	-	236,902	236,902
Grants	146,269	-	146,269
Conference fees	-	2,113	2,113
<b>Total income from charitable activities</b>	<u>146,269</u>	<u>581,149</u>	<u>727,418</u>

#### 5. Government grants

No government grants were received by the charity during the current or prior year.

# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

31

### The Bridge Foundation

#### Notes to the financial statements

For the year ended 31 March 2023

#### 6. Total expenditure

	Raising funds £	Charitable activities £	Support and governance costs £	2023 Total £
Staff costs (note 8)	20,390	577,413	81,863	679,666
Sessional staff and other staff costs	-	34,070	-	34,070
Advertising	3,005	-	-	3,005
Venue hire	-	-	1,481	1,481
Travel and subsistence	-	-	3,433	3,433
Professional fees	-	14,532	23,647	38,179
IT costs	-	-	7,739	7,739
Premises and office costs	-	-	52,779	52,779
Bank and card fees	-	-	1,583	1,583
Sundry	-	-	1,870	1,870
Bad debt	-	-	2,010	2,010
<b>Sub-total</b>	<b>23,395</b>	<b>626,015</b>	<b>176,405</b>	<b>825,815</b>
Allocation of support and governance costs	6,355	170,050	(176,405)	-
<b>Total expenditure</b>	<b>29,750</b>	<b>796,065</b>	<b>-</b>	<b>825,815</b>

Total governance costs were £2,640 (2022: £2,165).



# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

32

### The Bridge Foundation

#### Notes to the financial statements

For the year ended 31 March 2023

#### 6. Total expenditure (continued)

##### Prior period comparative

	Raising funds £	Charitable activities £	Support and governance costs £	2022 Total £
Staff costs (note 8)	16,430	482,059	45,676	544,165
Sessional staff and other staff costs	-	49,157	-	49,157
Fees and subscriptions	-	-	607	607
Advertising	982	-	-	982
Venue hire	-	-	150	150
Travel and subsistence	-	-	731	731
Professional fees	-	16,490	6,758	23,248
IT costs	-	-	8,630	8,630
Premises and office costs	-	-	47,031	47,031
Bank and card fees	-	-	1,443	1,443
Sundry	-	-	2,241	2,241
Bad debt	-	-	3,256	3,256
<b>Sub-total</b>	<b>17,412</b>	<b>547,706</b>	<b>116,523</b>	<b>681,641</b>
Allocation of support and governance costs	3,591	112,932	(116,523)	-
<b>Total expenditure</b>	<b>21,003</b>	<b>660,638</b>	<b>-</b>	<b>681,641</b>

# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

33

### The Bridge Foundation

#### Notes to the financial statements

#### For the year ended 31 March 2023

#### 7. Net movement in funds

This is stated after charging:

	2023 £	2022 £
Operating lease payments	28,655	28,655
Trustees' remuneration	Nil	Nil
Trustees' reimbursed expenses	Nil	5
Independent examiners' remuneration:		
▪ Independent examination (excl VAT)	2,200	1,800
▪ Other services (excl VAT)	364	144
	<u>28,655</u>	<u>28,655</u>

In the prior year, one trustee was paid £5 for parking relating to trustee obligations.

#### 8. Staff costs and numbers

Staff costs were as follows:

	2023 £	2022 £
Salaries and wages	623,454	502,833
Social security costs	44,303	32,176
Pension costs	11,909	9,156
	<u>679,666</u>	<u>544,165</u>

No employee earned more than £60,000 during the year.

The key management personnel of the charity comprise the Trustees, Chief Executive Officer, Finance and Office Manager, and the Clinical Managers. The total employee benefits of the key management personnel were £143,065 (2022: £129,603).

	2023 No.	2022 No.
Average head count	<u>17.8</u>	<u>14.2</u>

#### 9. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

34

### The Bridge Foundation

#### Notes to the financial statements

For the year ended 31 March 2023

#### 10. Debtors

	2023 £	2022 £
Trade debtors	20,071	77,352
Prepayments	5,169	2,069
Other debtors	694	1,881
Accrued income	96,657	68,244
	<u>122,591</u>	<u>149,546</u>

#### 11. Creditors : amounts due within 1 year

	2023 £	2022 £
Trade creditors	-	2,704
Accruals	4,259	10,418
Deferred income (note 12)	-	6,002
Other creditors	3,066	2,460
	<u>7,325</u>	<u>21,584</u>

#### 12. Deferred income

	2023 £	2022 £
At 1 April 2022	6,002	15,632
Deferred during the year	-	6,002
Released during the year	(6,002)	(15,632)
<b>At 31 March 2023</b>	<u>-</u>	<u>6,002</u>

Deferred income relates to income received in advance of therapeutic service provision.



# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

35

The Bridge Foundation

Notes to the financial statements

For the year ended 31 March 2023

### 13. Analysis of net assets between funds

	Restricted funds £	Unrestricted funds £	Total funds £
Current assets	143,441	268,878	412,319
Current liabilities	-	(7,325)	(7,325)
<b>Net assets at 31 March 2023</b>	<b>143,441</b>	<b>261,553</b>	<b>404,994</b>
<b>Prior period comparative</b>			
	Restricted funds £	Unrestricted funds £	Total funds £
Current assets	8,080	280,972	289,052
Current liabilities	-	(21,584)	(21,584)
<b>Net assets at 31 March 2022</b>	<b>8,080</b>	<b>259,388</b>	<b>267,468</b>

# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

36

### The Bridge Foundation

#### Notes to the financial statements

For the year ended 31 March 2023

#### 14. Movements in funds

	At 1 April 2022 £	Income £	Expenditure £	At 31 March 2023 £
<b>Restricted funds</b>				
Bridge in Schools	-	108,124	(108,124)	-
Bristol Community Health - Health & Wellbeing Grant Programme	8,080	-	(8,080)	-
Quartet Property Fund	-	143,441	-	<b>143,441</b>
<b>Total restricted funds</b>	<b>8,080</b>	<b>251,565</b>	<b>(116,204)</b>	<b>143,441</b>
<b>Unrestricted funds</b>				
General funds	259,388	711,776	(709,611)	<b>261,553</b>
<b>Total unrestricted funds</b>	<b>259,388</b>	<b>711,776</b>	<b>(709,611)</b>	<b>261,553</b>
<b>Total funds</b>	<b>267,468</b>	<b>963,341</b>	<b>(825,815)</b>	<b>404,994</b>
<b>Prior period comparative</b>	<b>At 1 April 2021 £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>At 31 March 2022 £</b>
<b>Restricted funds</b>				
Bridge in Schools	-	146,269	(146,269)	-
Bristol Community Health - Health & Wellbeing Grant Programme	18,880	-	(10,800)	8,080
<b>Total restricted funds</b>	<b>18,880</b>	<b>146,269</b>	<b>(157,069)</b>	<b>8,080</b>
<b>Unrestricted funds</b>				
General funds	168,022	615,938	(524,572)	259,388
<b>Total unrestricted funds</b>	<b>168,022</b>	<b>615,938</b>	<b>(524,572)</b>	<b>259,388</b>
<b>Total funds</b>	<b>186,902</b>	<b>762,207</b>	<b>(681,641)</b>	<b>267,468</b>

# The Bridge Foundation Annual Review, 31 March 2023

## Financial Statements

37

### The Bridge Foundation

#### Notes to the financial statements

#### For the year ended 31 March 2023

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#### 14. Movements in funds (continued)

##### Purposes of restricted funds

###### Bridge in Schools

Brings specialist mental health expertise to schools. The schools make a contribution to the cost of this service and the restricted element represents the fundraised amount from grant giving trusts and foundations.

###### Bristol Community Health - Health & Wellbeing Grant Programme

Grant for a research programme to find a psychological approach to resolve trauma issues which are creating incontinence problems in teenage refugees.

###### Quartet Property Fund

Funds received to purchase a building in 23/24.

#### 15. Operating lease commitments

The charity had operating leases at the year end with total future minimum lease payments as follows:

	2023	2022
	£	£
Amount falling due:		
Within 1 year	28,655	28,655
Within 1 - 5 years	14,214	42,869
	<u>42,869</u>	<u>71,524</u>

#### 16. Related party transactions

There were no related party transactions in the current or prior year.





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Cotham, Bristol, BS6 5SH

Charity Number: 1178918