



**Steve Browne Foundation**  
MAKING YOUR BEST, BETTER

# **Annual Report 2023-2024**





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“Life is like a camera, focus on the good times, develop from the negatives, and if things don’t work out, take another shot”



# Chairperson Message



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The past year has been undeniably challenging for our charity. Attracting funds became an uphill battle, with economic uncertainties and shifting priorities affecting our ability to support vital initiatives. However, amidst these difficulties, our dedicated volunteers and committed trustees rallied together.

Their unwavering efforts allowed us to continue our mission of empowering young people, strengthening communities, and driving impactful projects. Through their dedication, we provided essential resources, mentorship, and hope to those in need. Whether it was funding educational programs, supporting local grassroots initiatives, or fostering creativity, our collective resolve made a tangible difference.

As we reflect on the hurdles overcome, we recognize that challenges can be catalysts for growth. Our charity emerged stronger, more resilient, and even more determined to create positive change. Together, we remain steadfast in our commitment to building a brighter future for all.

Thank you to our incredible volunteers, trustees, and supporters who made this progress possible



# Objectives 2023



## **Empowering Young People: Navigating Challenges and Creating Opportunities**

Addressing Well-Being; Our insight revealed that the primary concerns of young people centred around their well-being. The pandemic's lingering effects have taken a toll on their mental and physical health. Happiness and confidence have plummeted to all-time lows. The pandemic is far from over for our country's youngsters, particularly those from less well-off households. We recognise this reality and continue to provide essential resources, mentorship, and hope to those in need.

Unlocking Career Opportunities; Another pressing concern was the lack of career opportunities. Disruptions to education during the pandemic left many young people worried about their skills and qualifications. Almost half of those surveyed felt hopeless about the future, and permanent knowledge and skill gaps weighed heavily on their minds. Our mission extended beyond immediate challenges; we aimed to equip young individuals with the tools they need to secure jobs and achieve their career goals.

Positive Impact Despite the hurdles, our collective efforts yielded positive outcomes. We supported young people through mentorship programs, mental health initiatives, and skill-building workshops. By addressing their needs promptly and providing high-quality services, we contributed to a reduction in struggles related to mental health. Our commitment remains unwavering, and we look forward to a brighter future for all.

# Priorities & Achievements



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## Physical & mental health support

### Improved Confidence and Self-Esteem:

- Worked on building self-confidence.
- Celebrated their achievements, no matter how small.
- Fostered a positive self-image.

### Enhanced Communication Skills:

- Conducted mock interviews and provided feedback.
- Practiced effective communication techniques.
- Encouraged active listening and empathy.

### Navigated Life Transitions:

- Assisted with transitioning from school to work.
- Addressed challenges related to independence.
- Supported them during critical life stages.

Remember, mentoring is about making a lasting impact on young lives



# Priorities & Achievements



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## Future Aspirations

### Aspire 2 B – Enrichment events:

Our “Aspire 2 B” community day serves as a pivotal platform for young individuals. During this event, they connect with seasoned professionals, gain valuable insights, and broaden their horizons. It’s a space where dreams are nurtured and possibilities explored

### Work experience opportunities:

We recognise that hands-on experience is invaluable. That’s why we’ve facilitated work experience opportunities for young people. Through internships, apprenticeships, and practical placements, they get a taste of real-world scenarios, learn essential skills, and build confidence

### Reciprocal Mentoring

Our reciprocal mentoring program bridges generational gaps. It’s a two-way street where both young and experienced professionals learn from each other. Fresh perspectives meet seasoned wisdom, fostering innovation and growth.

### Career Pathways

We’ve opened doors to diverse career opportunities. It’s not just about dreaming; it’s about equipping young people with the tools, knowledge, and empowerment to step confidently into their desired career paths

Together, we’re shaping  
a future where young  
aspirations flourish, and  
possibilities know no  
bounds

# Priorities & Achievements



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## Support through organised physical activities

### Social Interaction and Sense of Belonging:

**Community Building:** Our sports programs create a positive environment for social interaction. Young people learn teamwork, communication, and cooperation while playing together. This sense of community fosters a feeling of belonging and connectedness.

- **Leadership Opportunities:** Structured sports activities empower young individuals. They can become leaders, mentors, and ambassadors within their peer groups. sports on personal growth and social integration

### Cognitive Development:

- **Enhancing Cognitive Skills:** Sports engage the mind as well as the body. Decision-making, strategic thinking, and problem-solving are integral to games. These cognitive skills extend beyond the field and contribute to overall development.
- **Academic Performance:** Research suggests that physically active students often perform better academically. Sports enhance focus, discipline, and time management, positively influencing classroom performance.

### Empowering vulnerable youth

- **Tackling Inequalities:** Many young people face inequalities daily, especially those with special needs or challenging circumstances. Our sports activities including school holiday programs provide an inclusive platform where everyone can participate and thrive, regardless of background or ability.
- **Building Resilience:** Overcoming challenges in sports, builds resilience. Young individuals learn to cope with setbacks, bounce back, and persevere—a valuable life skill that extends beyond the playing field

In summary, sports programs not only promote physical fitness but also nurture character, resilience, and social bonds. They empower young people to lead healthier, more connected lives, making a meaningful difference in their communities

# Future Plans-2024

## Young Sports Leaders Awards:

Empowering young people to develop essential skills such as teamwork, communication, self-belief, self-management, and problem-solving.

These qualities will not only enhance their sports leadership abilities but also contribute to successful futures in education and employment.

## Well-Being Initiatives:

### Grief Camps

Create safe spaces for young people to process grief and loss as well as support their mental health

Engage professional counsellors and mentors to guide participants through their emotional journey.

Activities will include group discussions, art therapy, and physical exercises to promote healing.

## Aspire 2 B community Program

Program of physical and career activities that foster teamwork, fitness, and a sense of community

Fostering community collaboration and partnerships

Focus on holistic development, including mental health, resilience and life skills

## Reciprocal Mentoring:

Pair corporate professionals with young people.

Mentors can provide guidance, emotional support, and practical advice.



# Financial Accounts



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Receipts £	
Services	4500.00
Fundraising	6175.20
Donations	5300.00
TOTAL	15975.20

Assets at year end £	
Bank account cash	1427.60

Payments £	
Storage	1500
Volunteers/staff expenses	1428.00
Accommodation	720
venues	2000
Caterers	640
Equipment	1433.19
stationary	210
Insurance	166.79
Grant writing	941.00
Activities	3342.40
Website fee	366
Premises hire	1800.00
Bank charges	0.22
Total	14547.60