



## Trustees' Annual Report for the period

|      |                   |       |      |    |                 |       |      |
|------|-------------------|-------|------|----|-----------------|-------|------|
| From | Period start date |       |      | To | Period end date |       |      |
|      | 01                | April | 2022 |    | 31              | March | 2023 |

### Section A Reference and administration details

|                                    |                                                                                    |
|------------------------------------|------------------------------------------------------------------------------------|
| Charity name                       | Our Blue Light                                                                     |
| Other names charity is known by    |                                                                                    |
| Registered charity number (if any) | 1178735                                                                            |
| Charity's principal address        | Northmoor Cottage South<br>Northmoor, Wykeham,<br>Scarborough<br>Postcode YO13 9QH |

#### Names of the charity trustees who manage the charity

|    | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|--------------|-----------------|-----------------------------------|---------------------------------------------------------------|
| 1  | Jay Marshall | Chairman        |                                   |                                                               |
| 2  | Mark Wright  |                 |                                   |                                                               |
| 3  | Helen Wright |                 |                                   |                                                               |
| 4  | Katy Moncad  |                 |                                   |                                                               |
| 5  |              |                 |                                   |                                                               |
| 6  |              |                 |                                   |                                                               |
| 7  |              |                 |                                   |                                                               |
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| 19 |              |                 |                                   |                                                               |
| 20 |              |                 |                                   |                                                               |

#### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |
|      |                                   |
|      |                                   |

### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

|                                                                     |                                                |
|---------------------------------------------------------------------|------------------------------------------------|
| Type of governing document<br>(eg. trust deed, constitution)        | Constitution                                   |
| How the charity is constituted<br>(eg. trust, association, company) | Corporate Body                                 |
| Trustee selection methods<br>(eg. appointed by, elected by)         | Recommendation by Trustees<br>Voted<br>Elected |

### Additional governance issues (Optional information)

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |     |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| <p>You <b>may choose</b> to include additional information, where relevant, about:</p> <ul style="list-style-type: none"><li>• policies and procedures adopted for the induction and training of trustees;</li><li>• the charity's organisational structure and any wider network with which the charity works;</li><li>• relationship with any related parties;</li><li>• trustees' consideration of major risks and the system and procedures to manage them.</li></ul> | N/A |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

To raise awareness of mental health and well-being to all staff across the Emergency and Essential services by providing peer support networks with links across the UK. To also raise mental health awareness and support the families of Emergency and Essential services staff and to signpost and support colleagues where required.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Trustees continued the partnership with Peter Lewin Emotional Support Dogs and held 7 sessions over the year for around 60 members of Emergency Services.

The Charity ran a Yorkshire 3 Peaks walk for 30+ walkers from different Emergency Services.

The Charity ran 2 weekends for Families of Emergency Service workers to help them reconnect after the Pandemic. These were held in an Outwood Bound Centre and were very well received with plans for more in the future.

The Trustees sent a Team to take part and Support the Light The Lakes project for Care of Police Survivors.

Trustees also attended the Emergency Services Show to network with other Blue Light workers and Organisations.

The Charity also were invited to the launch of the Mental Health at Work project and to the launch of the Blue Light Card Foundation.

**Additional details of objectives and activities (Optional information)**

N/A

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

The Charity continued to operate under difficult conditions due to poor financial funding. The Charity was able to continue with its Family Camps and outdoor activities. The Charity has been able to Network with other Organisations with a view to partner on some future activities. The Charity continued with its regular Social Media and online presence.

## Section E Financial review

**Brief statement of the charity's policy on reserves**

This year we held no reserves.

**Details of any funds materially in deficit**

None

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Due to after effects of Covid, fundraising was very limited to some donations from several Fundraising activities.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                            |                   |  |
|--------------------------------------------|-------------------|--|
| <b>Signature(s)</b>                        | Mark Wright       |  |
| <b>Full name(s)</b>                        | Mark Wright       |  |
| <b>Position (eg Secretary, Chair, etc)</b> | Acting Chair      |  |
| <b>Date</b>                                | 30th January 2024 |  |