



# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2021		31	March	2022

## Section A Reference and administration details

**Charity name**

Our Blue Light

**Other names charity is known by**

**Registered charity number (if any)**

1178735

**Charity's principal address**

Northmoor Cottage South

Northmoor, Wykeham,

Scarborough

**Postcode**

YO13 9QH

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jay Marshall	Chairman		
2	Mark Wright			
3	Helen Wright			
4	Katy Moncad			
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

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### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Corporate Body
Trustee selection methods (eg. appointed by, elected by)	Recommendation by Trustees Voted Elected

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

N/A

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

To raise awareness of mental health and well-being to all staff across the Emergency and Essential services by providing peer support networks with links across the UK. To also raise mental health awareness and support the families of Emergency and Essential services staff and to signpost and support colleagues where required.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Trustees joined other charities and organisations to advise and collaborate in developing a new MIND Blue Light Program. The Charity supported several individuals with funding for private Therapy.

The Charity ran several Surfing sessions for members of Ambulance services and Police forces.

A Trustee took part in several online Mental Health Conferences to represent the Charity.

Trustees and supporters made up a Team to support the “Light The Lakes” initiative for Police Officer families.

The Trustees exhibited and networked at the Emergency Services Show in Birmingham.

The charity trialled a session with Pete Lewin and his Emotional Support Dogs.

The Charity held a Yorkshire Three Peaks Walk.

In October the Charity held a Masked Ball in Scarborough which had been postponed. The Ball was smaller than intended due to a reduced capacity but was well attended.

Trustees were involved in University research into staff retention in the NHS.

A Trustee represented the charity at the Royal Foundations launch of their Blue Light Mandate.

**Additional details of objectives and activities (Optional information)**

N/A

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.

## Section D

## Achievements and performance

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### Summary of the main achievements of the charity during the year

The Charity continued to operate under very difficult conditions due to Covid restrictions. The Charity was able to start small scale outdoor activities again under Government Covid guidelines.

The Charity continued to build on its Social Media and online presence.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

This year we held no reserves except some prepaid ticket money for some Walks that had to be postponed.

**Details of any funds materially in deficit**

None

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

Due to Covid restrictions, fundraising was very limited to some donations from several supporters.

**Section F Other optional information**

**Section G Declaration**

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>	Jay Marshall	
<b>Full name(s)</b>	Jason Marshall	
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	31 <sup>st</sup> January 2023	