

OUR BLUE LIGHT

England & Wales · Charity number 1178735

Details

Status Registered

Legal form CIO

Registered 2018-06-11

Register [View on the Charity Commission register](#)

Contact

Address Northmoor Cottage South
Northmoor
Scarborough
Scarborough
North Yorkshire
YO13 9QH

Phone 07714 370621

Email team@ourbluelight.co.uk

Website www.ourbluelight.co.uk

Activities

Objects: (A) TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH AND WELLBEING OF PERSONS WORKING FOR THE EMERGENCY AND ESSENTIAL SERVICES AND THEIR FAMILIES THROUGHOUT THE UNITED KINGDOM BY THE PROVISION OF INFORMATION, ADVICE, ADVOCACY, COUNSELLING AND GUIDANCE SO THAT THEY ARE BETTER ABLE TO MANAGE THE STRESS THEY ENCOUNTER. (B) TO ADVANCE THE EDUCATION OF THE PUBLIC RELATING TO THE WORK OF THE EMERGENCY AND ESSENTIAL SERVICES THROUGHOUT THE UNITED KINGDOM. (C) THE RELIEF OF FINANCIAL HARDSHIP AMONG PERSONS WORKING FOR THE EMERGENCY AND ESSENTIAL SERVICES AND THEIR FAMILIES BY PROVIDING: GRANTS, ITEMS AND SERVICES CONSIDERED NECESSARY TO MEET AND RELIEVE THEIR NEED.FOR THE PURPOSES OF THIS CLAUSE "EMERGENCY AND ESSENTIAL SERVICES" ARE DEFINED AS SERVICES WHICH ENSURE PUBLIC HEALTH AND SAFETY, INCLUDING BUT NOT LIMITED TO, MEMBERS OF THE AMBULANCE, POLICE AND FIRE SERVICES, FRONTLINE NHS STAFF, LIFEBOAT, MOUNTAIN RESCUE AND AIR AMBULANCE PERSONNEL.

Activities: Raise awareness of mental health and wellbeing to all staff across the emergency and essential servicesProvide peer support networks with links across the UK.Raise awareness of mental health and support the families of the emergency & essential services staff.Signpost support to colleagues where required.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** The General Public/mankind

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|--------|-------------|--------|-----------|
| 2025-03-31 | £871 | £3,380 | - | - |
| 2024-03-31 | £150 | £2,804 | - | - |
| 2023-03-31 | £4,715 | £5,419 | - | - |
| 2022-03-31 | £1,100 | £4,608 | - | - |
| 2021-03-31 | £3,178 | £4,014 | - | - |

Trustees

| Name | Role | Appointed |
|----------------|------|------------|
| Helen Wright | | 2017-10-01 |
| JAY MARSHALL | | 2017-10-01 |
| Kathryn Moncad | | 2019-11-07 |
| Mark Wright | | 2017-10-01 |

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Trustees' Annual Report for the period

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|-------------|----|-------------------|------|-----------|-----------------|-------|------|
| | | Period start date | | | Period end date | | |
| From | 01 | April | 2024 | To | 31 | March | 2025 |

Section A Reference and administration details

Charity name

Our Blue Light

Other names charity is known by

Registered charity number (if any)

1178735

Charity's principal address

Northmoor Cottage South
 Northmoor, Wykeham,
 Scarborough
Postcode YO13 9QH

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------|-----------------|-----------------------------------|---|
| 1 | Mark Wright | Trustee | | |
| 2 | Kathryn Moncad | Trustee | | |
| 3 | Helen Wright | Trustee | | |
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
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Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
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Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

| | |
|---|--|
| Type of governing document (eg. trust deed, constitution) | Constitution |
| How the charity is constituted (eg. trust, association, company) | Corporate Body |
| Trustee selection methods (eg. appointed by, elected by) | Recommendation by Trustees Voted Elected |

Additional governance issues (Optional information)

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|--|-----|
| <p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. | N/A |
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To raise awareness of mental health and well-being to all staff across the Emergency and Essential services by providing peer support networks with links across the UK. To also raise mental health awareness and support the families of Emergency and Essential services staff and to signpost and support colleagues where required.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees have held a Weekend for Emergency Service families which was well attended. The weekend gave families a chance to reconnect in a safe space.
The Charity also continued with Therapy sessions with Pete Lewins Emotional Support Dogs and these sessions could not occur without the kind support from the North Yorkshire Water Park.
Several Trustees have also attended the Emergency Services Show in Birmingham.
The charity was invited to the launch of the Blue Light Card Foundation in Leicester and several Trustees attended.
The Charity has continued to provide help and advice through its Social Media pages.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The Charity was able to continue to support members of Emergency Services but has found that there have been reduced income from donations and time given by volunteers.

The level of support to the Charity has reduced overall which is a concern and thoughts will have to be made to bring in new members and Trustees.

The Social Media posts and advice have continued to be popular and the Charity continues to have a large group of followers online.

Section E Financial review

Brief statement of the charity's policy on reserves

No reserves.

Details of any funds materially in deficit

None.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Gaining donations is still very difficult and future projects will possibly need Grants to help support them.

Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|--|-------------|--|
| Signature(s) | Mark Wright | |
| Full name(s) | Mark Wright | |
| Position (eg Secretary, Chair, etc) | Trustee | |
| Date | 31/01/2026 | |

OUR BLUE LIGHT

England & Wales - Charity number 1178735

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Trustees' Annual Report for the period

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|-------------|-------------------|-------|------|-----------|-----------------|-------|------|
| From | Period start date | | | To | Period end date | | |
| | 01 | April | 2023 | | 31 | March | 2024 |

Section A Reference and administration details

| | |
|---|--------------------------|
| Charity name | Our Blue Light |
| Other names charity is known by | |
| Registered charity number (if any) | 1178735 |
| Charity's principal address | Northmoor Cottage South |
| | Northmoor, Wykeham, |
| | Scarborough |
| | Postcode YO13 9QH |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------|-----------------|-----------------------------------|---|
| 1 | Mark Wright | | | |
| 2 | Kathryn Moncad | | | |
| 3 | Helen Wright | | | |
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
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Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
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Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

| | |
|---|--|
| Type of governing document (eg. trust deed, constitution) | Constitution |
| How the charity is constituted (eg. trust, association, company) | Corporate Body |
| Trustee selection methods (eg. appointed by, elected by) | Recommendation by Trustees Voted Elected |

Additional governance issues (Optional information)

| | |
|--|-----|
| <p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. | N/A |
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To raise awareness of mental health and well-being to all staff across the Emergency and Essential services by providing peer support networks with links across the UK. To also raise mental health awareness and support the families of Emergency and Essential services staff and to signpost and support colleagues where required.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees continued with holding several Weekends for Emergency Service families which were well attended. These weekends give families a chance to reconnect in a safe space.
The Charity also continued with Therapy sessions with Pete Lewins Emotional Support Dogs and these sessions could not occur without the kind support from the North Yorkshire Water Park.
Several Trustees have also attended the Emergency Services Show in Birmingham, and also were invited to attend the Mental Health Symposium in Manchester.
Several OBL volunteers also attended the "Light the Lakes" event to support other Police charities.
The Charity has continued to provide help and advice through its Social Media pages.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The Charity was able to continue to support members of Emergency Services but has found that there have been reduced income from donations and time given by volunteers.
The Social Media posts and advice have continued to be popular and the Charity continues to have a large group of followers online.

Section E

Financial review

Brief statement of the charity's policy on reserves

No Reserves.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Fundraising has continued to be tight post pandemic. Going forward, the Trustees have discussed the using of a Grant finder service.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|--|-------------|--|
| Signature(s) | Mark Wright | |
| Full name(s) | Mark Wright | |
| Position (eg Secretary, Chair, etc) | Trustee | |
| Date | 31/01/2025 | |

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Trustees' Annual Report for the period

| | | | | | | | |
|-------------|-------------------|-------|------|-----------|-----------------|-------|------|
| From | Period start date | | | To | Period end date | | |
| | 01 | April | 2022 | | 31 | March | 2023 |

Section A Reference and administration details

Charity name Our Blue Light

Other names charity is known by

Registered charity number (if any) 1178735

Charity's principal address

Northmoor Cottage South
 Northmoor, Wykeham,
 Scarborough
Postcode YO13 9QH

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|--------------|-----------------|-----------------------------------|---|
| 1 | Jay Marshall | Chairman | | |
| 2 | Mark Wright | | | |
| 3 | Helen Wright | | | |
| 4 | Katy Moncad | | | |
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
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Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
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Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

| | |
|---|--|
| Type of governing document (eg. trust deed, constitution) | Constitution |
| How the charity is constituted (eg. trust, association, company) | Corporate Body |
| Trustee selection methods (eg. appointed by, elected by) | Recommendation by Trustees Voted Elected |

Additional governance issues (Optional information)

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| <p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none">• policies and procedures adopted for the induction and training of trustees;• the charity's organisational structure and any wider network with which the charity works;• relationship with any related parties;• trustees' consideration of major risks and the system and procedures to manage them. | N/A |
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To raise awareness of mental health and well-being to all staff across the Emergency and Essential services by providing peer support networks with links across the UK. To also raise mental health awareness and support the families of Emergency and Essential services staff and to signpost and support colleagues where required.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees continued the partnership with Peter Lewin Emotional Support Dogs and held 7 sessions over the year for around 60 members of Emergency Services.
The Charity ran a Yorkshire 3 Peaks walk for 30+ walkers from different Emergency Services.
The Charity ran 2 weekends for Families of Emergency Service workers to help them reconnect after the Pandemic. These were held in an Outwood Bound Centre and were very well received with plans for more in the future.
The Trustees sent a Team to take part and Support the Light The Lakes project for Care of Police Survivors.
Trustees also attended the Emergency Services Show to network with other Blue Light workers and Organisations.
The Charity also were invited to the launch of the Mental Health at Work project and to the launch of the Blue Light Card Foundation.

Additional details of objectives and activities (Optional information)

N/A

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The Charity continued to operate under difficult conditions due to poor financial funding. The Charity was able to continue with its Family Camps and outdoor activities. The Charity has been able to Network with other Organisations with a view to partner on some future activities. The Charity continued with its regular Social Media and online presence.

Section E

Financial review

Brief statement of the charity's policy on reserves

This year we held no reserves.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Due to after effects of Covid, fundraising was very limited to some donations from several Fundraising activities.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|--|-------------------|--|
| Signature(s) | Mark Wright | |
| Full name(s) | Mark Wright | |
| Position (eg Secretary, Chair, etc) | Acting Chair | |
| Date | 30th January 2024 | |

OUR BLUE LIGHT

England & Wales - Charity number 1178735

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Trustees' Annual Report for the period

| | | | | | | | |
|-------------|-------------------|-------|------|-----------|-----------------|-------|------|
| From | Period start date | | | To | Period end date | | |
| | 01 | April | 2021 | | 31 | March | 2022 |

Section A Reference and administration details

| | |
|---|--------------------------|
| Charity name | Our Blue Light |
| Other names charity is known by | |
| Registered charity number (if any) | 1178735 |
| Charity's principal address | Northmoor Cottage South |
| | Northmoor, Wykeham, |
| | Scarborough |
| | Postcode YO13 9QH |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|--------------|-----------------|-----------------------------------|---|
| 1 | Jay Marshall | Chairman | | |
| 2 | Mark Wright | | | |
| 3 | Helen Wright | | | |
| 4 | Katy Moncad | | | |
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
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Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
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Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

| | |
|--|--|
| Type of governing document <small>(eg. trust deed, constitution)</small> | Constitution |
| How the charity is constituted <small>(eg. trust, association, company)</small> | Corporate Body |
| Trustee selection methods <small>(eg. appointed by, elected by)</small> | Recommendation by Trustees Voted Elected |

Additional governance issues (Optional information)

| | |
|--|-----|
| <p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> <input type="checkbox"/> policies and procedures adopted for the induction and training of trustees; <input type="checkbox"/> the charity's organisational structure and any wider network with which the charity works; <input type="checkbox"/> relationship with any related parties; <input type="checkbox"/> trustees' consideration of major risks and the system and procedures to manage them. | N/A |
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To raise awareness of mental health and well-being to all staff across the Emergency and Essential services by providing peer support networks with links across the UK. To also raise mental health awareness and support the families of Emergency and Essential services staff and to signpost and support colleagues where required.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees joined other charities and organisations to advise and collaborate in developing a new MIND Blue Light Program. The Charity supported several individuals with funding for private Therapy.

The Charity ran several Surfing sessions for members of Ambulance services and Police forces.

A Trustee took part in several online Mental Health Conferences to represent the Charity.

Trustees and supporters made up a Team to support the "Light The Lakes" initiative for Police Officer families.

The Trustees exhibited and networked at the Emergency Services Show in Birmingham.

The charity trialled a session with Pete Lewin and his Emotional Support Dogs.

The Charity held a Yorkshire Three Peaks Walk.

In October the Charity held a Masked Ball in Scarborough which had been postponed. The Ball was smaller than intended due to a reduced capacity but was well attended.

Trustees were involved in University research into staff retention in the NHS.

A Trustee represented the charity at the Royal Foundations launch of their Blue Light Mandate.

Additional details of objectives and activities (Optional information)

N/A

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The Charity continued to operate under very difficult conditions due to Covid restrictions. The Charity was able to start small scale outdoor activities again under Government Covid guidelines.
The Charity continued to build on its Social Media and online presence.

Section E

Financial review

Brief statement of the charity's policy on reserves

This year we held no reserves except some prepaid ticket money for some Walks that had to be postponed.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Due to Covid restrictions, fundraising was very limited to some donations from several supporters.

Section F Other optional information

[Empty box for optional information]

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|--|-------------------------------|--|
| Signature(s) | Jay Marshall | |
| Full name(s) | Jason Marshall | |
| Position (eg Secretary, Chair, etc) | Chair | |
| Date | 31 st January 2023 | |

OUR BLUE LIGHT

England & Wales - Charity number 1178735

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Trustees' Annual Report for the period

| | | | | | | | |
|-------------|-------------------|-------|------|-----------|-----------------|-------|------|
| From | Period start date | | | To | Period end date | | |
| | 01 | April | 2020 | | 31 | March | 2021 |

Section A Reference and administration details

Charity name Our Blue Light

Other names charity is known by

Registered charity number (if any) 1178735

Charity's principal address
 Northmoor Cottage South
 Northmoor, Wykeham,
 Scarborough
Postcode YO13 9QH

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|---------------|-----------------|-----------------------------------|---|
| 1 | Jay Marshall | Chairman | | |
| 2 | Tracey Varela | | End December 2020 | |
| 3 | Mark Wright | | | |
| 4 | Helen Wright | | | |
| 5 | Katy Moncad | | | |
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
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Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
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Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

| | |
|--|--|
| Type of governing document <small>(eg. trust deed, constitution)</small> | Constitution |
| How the charity is constituted <small>(eg. trust, association, company)</small> | Corporate Body |
| Trustee selection methods <small>(eg. appointed by, elected by)</small> | Recommendation by Trustees Voted Elected |

Additional governance issues (Optional information)

| | |
|--|-----|
| <p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> <input type="checkbox"/> policies and procedures adopted for the induction and training of trustees; <input type="checkbox"/> the charity's organisational structure and any wider network with which the charity works; <input type="checkbox"/> relationship with any related parties; <input type="checkbox"/> trustees' consideration of major risks and the system and procedures to manage them. | N/A |
|--|-----|

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To raise awareness of mental health and well-being to all staff across the emergency and essential services by providing peer support networks with links across the UK. To also raise mental awareness and support the families of emergency and essential services staff and to signpost, support colleagues where required.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

This financial Year started with Covid-19 restrictions and lock downs.
The Charity continued by increasing its online content and publishing help and advice to its followers.
The Charity was also able to hold online Meetings and mini-Conferences which were well attended.
The Charity had to cancel 10 events throughout the year which had been planned. This was due to Covid restrictions as they were face to face events. This had a major impact on Fundraising and being able to engage with the Charity's followers.
New Partnerships were formed with other Emergency Service Charities and Groups who were having similar problems. This has given us new opportunities for when we come out of Covid restrictions.
The Charity was able to engage with other Groups and Organisations to create a Charity Calendar which enabled some engagement while obeying restrictions.
The Charity was able to hold online "Family Nights" and Christmas Carol Concerts which were well received and attended.
Trustees were also involved throughout the year in giving advice and assisting other Emergency Service Groups in providing Well-being to frontline staff.

Additional details of objectives and activities (Optional information)

N/A

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The Charity had to adapt very quickly to meeting and providing online advice and content due to restrictions. Trustees were able to give first hand feedback to Policy makers and Stakeholders about the effect on the Well-being of frontline Emergency Service staff. The Charity was able to produce a Charity Calendar while keeping to all regulations and restrictions.

Section E

Financial review

Brief statement of the charity's policy on reserves

This year we held no reserves except for some prepaid tickets to the Yorkshire 3 Peaks Walk which had to be postponed.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The only monies received were from the sale of the Charity Calendar and refunds from cancelled events. Due to Covid-19 restrictions, fundraising was extremely limited.

Section F Other optional information

[Empty box for optional information]

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|--|-------------------------------|--|
| Signature(s) | | |
| Full name(s) | Jay Marshall | |
| Position (eg Secretary, Chair, etc) | Chairman | |
| Date | 31 st January 2022 | |