

CROFT

ANNUAL REPORT

2024-2025

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OBJECTIVES AND ACTIVITIES

The charity's main objectives are specifically restricted to the alleviation and relief of poverty, hardship and distress.

The charity supports people to improve wellbeing and quality of life through community and skills building, both for residents and visitors.

Emphasis is on growing and cooking food, managing a small holding and therapeutic support.

In achieving those objectives during the year, the charity continued to offer a safe and stable home environment in which residents worked together on our smallholding.

Croft is a charity supporting people in recovery from trauma, couched within a therapeutic social system of shared farming and craftsmanship. We offer the most vulnerable in Norfolk a place to recover, rehabilitate, reclaim their independence and form positive community connections that extend beyond our farm walls.

Our range of therapeutic activities, both current and planned, is based around our 5 pillars of wellbeing: food, nature, animal therapy, creative activities and talking therapies. Low income disproportionately correlates to poor nutritional choices, and community-based cooking has an evidenced positive impact on food choices, budgeting and acts as a Lifestyle Motivator. NIH therapeutic evidence shows community gardening improves and maintains the wellbeing of individuals with positive effects



on self-esteem, socialisation, confidence and behaviour. Stroking animals is scientifically proven to reduce human blood pressure by 10%, reducing stress, preventing cardiovascular disease, strokes, aneurysms and anxiety. Creative community-led micro-enterprises are evidenced to empower communities to drive and invest in their own social care, increasing financial, marketing and sales skills alongside social cohesion and confidence.

We currently offer supported accommodation plus talking therapies with trauma informed therapists and psychologists and the use of horticultural therapy from the outset.

HIGHLIGHTS OF THE YEAR

In 2024/25 we were able to support 4 residents, three women and one man to be able to rebuild their lives after experiencing trauma.

We have worked with our local authority to adapt the bedrooms, bathroom and kitchen in the farmhouse to accommodate residents with significant mobility issues.

We run cookery lessons on Mondays and horticulture on Thursdays which dovetail nicely as part of the general smallholding tasks.

As part of these activities we have produced over 100 jars of jam, chutney and pickled vegetables as well as over 50 litres of cider vinegar, 280 bottles of apple juice and over 200 balms, salves, tinctures and creams. This year we expanded the vegetable gardens by a further 8 beds, produced all our own compost and grew a





vast amount of different vegetables and fruit which kept us stocked up throughout the year.

We built our own bog filter to help our large pond and to tackle the duck weed and cloudy water. We now have no duck weed, crystal clear water, 100s of fish and newts as well as lilies, reeds, pond flowers and a family of moorhens. The bog filter required us to do a lot of research and to build our own circuit board using solar power.

We welcomed 9 new chickens to our site and now are lucky enough to collect chocolate brown, white, blue, green and pink eggs daily.

Huge effort went into clearing the site. The old chilli sheds

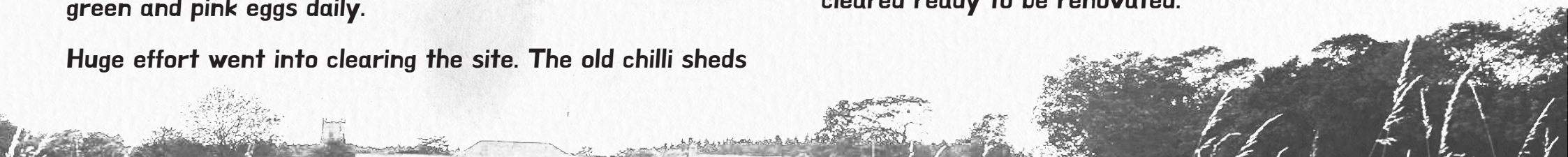


were dilapidated and needed to be taken down, this took 6 weeks over the summer and was a very big job.

Further work to the electrics has been carried out and repairs to the roofs and barge boards.

The 1 bedroom granary attached to the large barn has been completely gutted and renovated and is now available as a training flat to be used to prepare people to live independently as they get ready to move on and live independently.

The big barn which has 3 bedrooms has been totally cleared ready to be renovated.





FUTURE DEVELOPMENTS

Our next step is to refurbish the beautiful woodworking room into a bright and spacious craft room, moving the woodwork to the garden tool shed - which is spacious in itself. This will enable textiles and printing as well as art therapy, adding to the existing offer.

We also want to develop our outdoor kitchen so we can extend our Monday cookery to the outside and expand on how we explore food to fork. Included in this will be a smokers.

We also want to redevelop some of our existing workshop space. We will develop a wellbeing and yoga space which will help us to incorporate movement, meditation and therapeutic interventions which will complement our current offer and sit within the coaching programme in development.

The goats, sheep and donkeys are imminent, we are currently organising the fencing and shelters.





OUR THANKS AND ACKNOWLEDGEMENTS

We would like to thank our board and volunteers (Mark, Dan, Clem and John) for their tireless work over the year. We would like to thank Sally and Gareth for their feedback in helping us shape our residential service.

We would also like to thank Jane Peel for the excellent onsite horticultural sessions she has delivered with residents, also thanks to Sally and Gareth. Annie Blunt for her continued interest in what we are doing and support of residents. We would also like to thank our landlord for her continued support and generous financial investment in helping the charity achieve its aims with very limited funds and high level of repair needed to our site and the buildings within it.

We believe in ensuring those we serve are represented at every level of decision making and our female-led Board of 5 has lived experience (direct or via a family member) of mental health issues, drug and alcohol addiction, the criminal justice system, domestic violence, living in poverty, living with a long-term health condition, severe vision impairment, neurodiversity, LGBTQIA+ and coming from a working class background.

Julie Eason (Co-Chair): Julie founded The Fundraisers and co-founded The Arts Fundraisers, has previously worked as a Director of Fundraising for National Charities, in the UK Cabinet Office, DCLG, and as director of housing for the New South Wales Government. She has won a Charity Times Award and a Government Excellence in Delivery award for her work.

Georgie Finn (Co-Chair): Norfolk local and a visual artist, exhibiting as part of the East Anglian 4PRINTmakers, with a BA in Ceramics from Central St Martins and MA in children's book illustration.

Yvonne O'Connor (Treasurer): Managing Director of Framptons Accounting Services and qualified accountant.

Hannah Travers (Trustee Fundraising): former Director of Fundraising, and nominated Young Fundraiser of the Year, who set up her own consultancy and co-founded The Arts Fundraisers, with an 80%+ bid success rate for arts clients. (resigned 2025)

Pea Crabtree (Trustee Comms): Artist, Printmaker, Fundraiser and Graphic Designer with long term experience of working inside the VCS and in creative career and side hustle experiences throughout his working life.



"Although I still get low and some days are really hard - I have definitely come out of my shell and built up my resilience since being part of Croft, everyone has been so kind to me and supportive." SB

"I've been well supported and the place is lovely - I'm so happy and grateful for everything." TN

"I feel like I'm part of a family - it feels good, especially as my family are so far away and I miss them terribly." LP



The Charity Registration Number is :- 1178610

Croft

Report and Accounts

30 April 2025

Croft

Report and accounts for the year ended 30 April 2025

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Croft - Statement of Financial Activities for the year ended 30 April 2025

Statement of Financial Activities for the year ended 30 April 2025

	SORP Ref	Current year Unrestricted Funds 2025 £	Current year Restricted Funds 2025 £	Current year Endowment Funds 2025 £	Current year Total Funds 2025 £	Prior Year Total Funds 2024 £
Income & Endowments from:						
Voluntary Income	A1		-	-	-	-
Charitable activities	A2	51,806		-	51,806	30,762
Investment income	A4	-		-	-	-
Total income	A	51,806	-	-	51,806	30,762
Expenditure on:						
				-		
Charitable activities	B2	48,909		-	48,909	33,827
Governance costs	B2			-	-	-
Other costs		-				-
Total expenditure	B	48,909	-	-	48,909	33,827
Net income/(expenditure) for the year		2,897	-	-	2,897	(3,065)
Transfers between funds	C			-	-	-
Net income after transfers	A-B-C	2,897	-	-	2,897	(3,065)
Net movement in funds		2,897	-	-	2,897	(3,065)
Reconciliation of funds:-						
	E					
Total funds brought forward		(970)		-	(970)	2,095
Total funds carried forward		1,927	-	-	1,927	(970)

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

All activities derive from continuing operations

the notes attached on pages 6- 8 form an integral part of these accounts

Croft - Balance Sheet as at 30 April 2025

	Notes	SORP Ref	2025 £	2024 £
Fixed assets		A		
Tangible assets		A2	616	822
Current assets		B		
Debtors		B2	-	-
Cash at bank and in hand		B4	1,311	17
Total current assets			<u>1,311</u>	<u>17</u>
Creditors: amounts falling due within one year	2	C1	<u>-</u>	<u>(1,809)</u>
Net current assets/(liabilities)			1,311	(1,792)
The total net assets of the charity/(liabilities of the charity)			<u>1,927</u>	<u>(970)</u>

The total net assets of the charity/(liabilities of the charity) are funded by the funds of the charity, as follows:-

Restricted funds

Restricted Fixed Asset Funds	D2	<u>-</u>	<u>-</u>
		-	-

Unrestricted Funds

Unrestricted Revenue Funds	D3	<u>1,927</u>	<u>-</u>	<u>(970)</u>
		1,927	-	(970)
Total charity funds		<u>1,927</u>	<u>1,927</u>	<u>(970)</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA.

The Trustees acknowledge their responsibilities for complying with the requirements of charity legislation with respect to accounting records and the preparation of accounts.

Ms J Eason
Chairman
Approved by the board of trustees on 18th February 2026

the notes attached on pages 6- 8 form an integral part of these accounts

Croft

Notes to the Accounts for the year ended 30 April 2025

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015 (as amended by the Bulletin issued in February 2016) published by the Charity Commission in England & Wales (CCEW) ,effective January 2016, (The SORP), and in accordance with all applicable law in the charity's jurisdiction of registration.

Going Concern

At the time of approving the accounts, the Trustees have reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Restricted and Unrestricted Funds

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charities work or for specific artistic projects being undertaken by the charity.

Significant judgements, key assumptions and estimates

The preparation of the accounts in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the accounts and the reported amounts of revenues and expenses during the reporting period. Actual results may differ from these estimates. The key estimates and assumptions used in these financial statements are set out in the accounting policies notes included the additional policy notes within these accounts such as for depreciation.

Policies relating income recognition.

Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

Notes to the Accounts for the year ended 30 April 2025

Accounting for deferred income and income received in advance

Where terms and conditions relating to income have not been met or uncertainty exists as to whether the charity can meet any terms or conditions otherwise within its control, income is not recognised but is deferred as a liability until it is probable that the terms or conditions imposed can be met.

Any grant that is subject to performance-related conditions received in advance of delivering the goods and services required by that condition, or is subject to unmet conditions wholly outside the control of the recipient charity, is accounted for as a liability and shown on the balance sheet as deferred income. Deferred income is released to income in the reporting period in which the performance-related or other conditions that limit recognition are met.

When income from a grant or donation has not been recognised due to the conditions applying to the gift not being wholly within the control of the recipient charity, it is disclosed as a contingent asset if receipt of the grant or donation is probable once those conditions are met.

Where time related conditions are imposed or implied by a funder, then the income is apportioned to the time periods concerned, and, where applicable, is accounted for as a liability and shown on the balance sheet as deferred income. When grants are received in advance of the expenditure on the activity funded by them, but there are no specific time related conditions, then the income is not deferred.

Any condition that allows for the recovery by the donor of any unexpended part of a grant does not prevent recognition of the income concerned, but a liability to any repayment is recognised when repayment becomes probable.

Policies relating to expenditure on goods and services provided to the charity.

Recognition of liabilities and expenditure

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated.

Liabilities arising from future funding commitments and constructive obligations, including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain, give rise to a provision in the accounts, which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities, and is decreased by the utilisation of any provision within the period, and reversed if any provision is no longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

Croft

Notes to the Accounts for the year ended 30 April 2025

Financial instruments including cash and bank balances

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instrument Issues' of FRS 102 to all financial instruments.

Financial instruments are recognised when the Charity becomes party to the contractual provisions of the instrument.

Financial assets are offset, with the net presented in the accounts when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include trade and other receivables and cash and bank balances, are initially measured at transaction price including transaction costs.

Impairment of financial assets

Financial assets, other than those held at fair value through income and expenditure, are assessed for the indicators of impairment at each reporting end date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected.

If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in net income/(expenditure) for the year.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in net income/(expenditure) for the year.

2 Creditors: amounts falling due within one year

	2025	2024
	£	£
Creditors	-	1,809
Accruals	-	-
PAYE, NIC VAT and other taxes	-	-
Other creditors	-	-
	<u>-</u>	<u>1,809</u>

3 Income and Expenditure account summary

	2025	2024
	£	£
At 1 May 2024	(970)	2,095
Transfers in for the year	-	-
Surplus/(loss) after tax for the year	2,897	(3,065)
At 30 April 2025	<u>1,927</u>	<u>(970)</u>