

Trustees Annual Report

Objectives and activities

The charity's main objectives are specifically restricted to the alleviation and relief of poverty, hardship and distress arising from homelessness, addictions, trauma and mental health illnesses.

In achieving those objectives during the year, the charity has continued to offer a safe and stable home environment in which residents work together within the context of a smallholding setting.

This enables residents to take responsibility for themselves and others whilst learning new skills and benefiting from working outside.

Review of the year

Highlights of the year

- Supported 12 residents over the last financial year
- Remained at capacity for the majority of the year
- Provided 2 detox beds in conjunction with Keys Detox
- 12 step recovery run weekly at the farm once the Lockdown lifted
- The Lockdown prompted the best ever engagement in creative outdoor activity
- IT skills training delivered
- 100 Chili plants propagated and successfully grown and processed
- The introduction of daytime social outings with trustees and residents- the coast, Ely Cathedral and Thorpe Wood Adventure
- Record quantities of fruit and vegetables grown
- Completion of the bathroom extension
- Refurbishment of the front barn into an office
- Very successful placement of 2 residents leaving prison
- Extension of our pantry by converting the old brick bathroom in preparation for our bumperharvest
- We became the Lord Mayor of Thetfords charity of the year and hosted the mayor and his wife for tea
- We got chickens and ducks - in particular Wilbur who has become a therapy duck
- We have fostered 3 rabbits who are really useful therapeutic support and totally spoilt by the community
- Introduced 2 beehives
- Interviewed by BBC Radio Norfolk
- Planted 6 trees on Earth day
- Enabled 3 successful move on pathways

Chairs report

Without doubt the thing we will remember about this year is Covid 19 and the lockdown.

During the spring of 2020 we turned this crisis into a positive and the residents demonstrated a willingness to work in the gardens in a way we hadn't seen before.

There was much sharing of skills and learning from each other resulting in some very creative projects. Bird tables, benches and furniture renovation are some examples as well as bread and pizza making and development of various areas of the garden.

The most productive activity was the garden and not only the usual vegetables in the poly-tunnel and garden. Resident SG created many more growing areas and germinated and planted up well over 100 chilli and pepper plants, so many that he renovated the old greenhouse and created a Chilli house! We were able to make a little farm gate sales area which really motivated the residents. There were so many chillies that there was an endless production of chilli jam, chilli oil and marinated chillies.

The No Dig garden started at the end of the previous financial year, inspired by Charles Dowding, was an outstanding success and we were able to harvest vast quantities of vegetables and squash.

This abundance of produce was consumed by the residents ensuring that they were eating a diet that would assist in their physical recovery as well as introducing them to healthier life choices.

Trustees revamped the residents' Forum renaming it 'Chit Chat and Treats' which better enabled group chats and beneficiary consultation. Out of this has emerged the 'day outings' between Trustees and residents, the first being a visit to Ely and more recently one to Thorpe Wood Adventure which trustee Tim organised, definitely the most popular activity which included canoeing.

We were able to deliver much enhanced therapeutic support this year by working with Sam Nash, a psychotherapist who delivered 'Understanding addiction workshops' and weekly Group therapy sessions, both offerings were attended by all residents.

Nigel Worth, who is Keys Detox local representative, returned to support us after lockdown to run the 12 Steps program. He also came regularly to mentor a resident who was detoxing.

Now that the Covid vaccinations have been rolled out the 'Friends of Finchams Farm' have resumed their monthly breakfast/volunteering visits. It was lovely to see some of them back and they were given a great welcome by residents who knew them from the past.

Challenges

The end of 2020 with the return of another lockdown proved more challenging than the first one, due mainly to the weather which lacked the sunny days which made the first one so much more pleasant and productive; this was a period of more relapses than usual.

We took in two men coming out of prison, one of whom was returning to us. He arrived with a serious infection on his long-time leg ulcer. We have supported his twice weekly treatment provided by our local Surgery and are pleased to say that the progress will avoid an amputation which was feared. He still has a long way to go before having a graft but is now able to walk unaided and contribute to activity on the farm.

We are pleased to note that neither of the men have relapsed and both are reducing their Methadone.

The other difficult event during that period was the previous Chairman's illness which resulted in his retirement.

Our Thanks and acknowledgement

There is a long list of thanks: first and foremost to volunteer Kris who did 2 days gardening during Lockdown Kris did all our shopping, collection of daily pick-up from the chemist, and all the running around which kept the community safe and Covid free.

Trustee Tim has been a steadfast volunteer coming each week to do a host of repairs and build the new bathroom, organising extra help including his lovely wife Carol and introducing us to another Tim, the manager of the woodland adventure, who generously gave us the day for free;

Many thanks to Nigel who has run the Recovery for yet another year.

Thanks also to Glenda who has run 'lie-busters' for a number of the residents.

Many thanks to Ian and Paula who between them have managed the administration and finances for the charity.

A big thank you to Luke for many things including the website, late night debates and daily support over the year.

There's a host of people and organisations who support us with generous gifts and time:

- Diane from the Salvation Army;
- Ali from Food bank
- Jane from the Food bank in Attleborough
- Stella who gives up her time so generously to help us out
- Emmaus Norfolk and Waveney who come laden with goodies on a regular basis
- The Buckenham Food Appeal who provide food for Christmas and beyond
- Wayne who responded so quickly to our advert about our need of a plasterer, and refused payment
- The church of the Nazareen who so generously sent us a ping pong table .
- Thanks in a special way to Warren and Andy who organised the Narcotics Anonymous NAevenings that the residents always appreciated.
- Jake for delivering the Art Therapy sessions for the residents

Our Future Plans

The grounds and outbuildings

Here we plan to develop a range of new initiatives to further complement and build on what we have achieved already. We have plans to develop a full site design of gardens within gardens which will offer therapeutic spaces to residents. At the same time offering residents the opportunity to gain skills in path building, planting, water gardens and simple landscape architecture. We will increase our range of animals to include goats, pigs and sheep, depending on whether we can rent the land next door will determine whether we get a small Jersey cow for milk/butter and cream as well as cheesemaking.

We have plans for building an outdoor kitchen and smokery as well as refurbishing and developing the old outbuildings and barns to introduce a range of crafts over the next 5 years, such as blacksmithing/metal work, jam chutney and preserving, improve the woodworking and create an art studio.

Alongside this we want to install a geodesic yoga dome, wood fired sauna and wood fired hot tubs as part of our recovery offer.

We also want to transform our large existing pond into a natural swimming pond with help from local specialists in Bressingham. This will not only compliment the above ideas but also allow wildlife to flourish as well as providing an exciting project for the residents.

The Accommodation

We need to address the heating in the farmhouse and replace the old Rayburn as well as address a number of general maintenance issues across the site.

We are about to embark on the refurbishment of the front barn into 3 self-contained rooms and would like to build three luxury self-contained pods as further accommodation in order to improve the resident package and support recovery and move on to independent living.

The Therapeutic offer

Our plan is to build on the relationships we have formed with a range of practitioners in order to further develop support avenues for residents. This will include art therapy, meditation and mindfulness, trauma therapy and engagement with a range of crafts onsite such as woodworking and metal work.

We intend to develop the spaces and buildings as outlined above in order to form partnerships with talented artists and practitioners who will deliver a full calendar of therapies, training and holistic services across the week.

Photos of life at Finchams





A lovely day with the
Mayor & Mayoress



Financial Review

Overall, the charity performed well in the financial year, returning an Unrestricted Funds surplus of £3,991 despite lock down but reflecting resident occupation.

Income

Charitable income has remained steady when benchmarked against the 2019 - 2020 financial year. For the first half of the financial year residency was relatively low due to the conditions around COVID but this increased in the third quarter and income from the additional residents allowed the reserves to be maintained

Expenditure

We managed to return a surplus during the year despite our extension to activities and investments in our buildings.

Reserves Policy

The Board has agreed that the minimum level of reserves that must be maintained is the equivalent of three month's operating expenditure. In addition, the Board may designate funds where there is a particular risk or cost. This is reviewed annually to ensure it remains appropriate.

Donations and grants for specific items, expenses or activities are treated as restricted funds and used only for the specific purposes for which they were received.

The charity's overall reserves position looks ok. Generally the key expenditure is circa. £1,500 per month for utilities and bills and the charity is holding a surplus of £3,991 against this. Due to the current high level of residency at the close of the financial year there are no issues identified here.

Structure, Governance and Management

The organisation is a charitable incorporated organisation, incorporated and registered as a charity on 01.06.2018. Prior to this it was operating a charitable company limited by guarantee.

The charity is directed by the Board of Trustees and governed by its Memorandum and Articles of Association. The trustees are directors for the purposes of company law and serve terms of three years, after which they may offer themselves for re-election, subject to approval at the charity's annual general meeting.

Trustees are appointed from the membership of the charity which, in accordance with the Articles of Association, is open to any individual who is interested in furthering the charity's work. The Trustees at the date of approval of the accounts are listed on page one

Risk Management

The charity acknowledges the Charity Commission's recommendation for them to undertake a review of the major risks to which the charity is exposed. The Trustees recognise their duty and the risks faced by the charity are reviewed on an ongoing basis and they will continue to do so in the future.

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Signed on behalf of the Trustees

Chair

A. Jarrold

Date

08.01.22

Independent examiners report

REGISTERED COMPANY NUMBER: CE014275 (England and Wales)
REGISTERED CHARITY NUMBER: 1178610

Report of the Trustees and
Unaudited Financial Statements for the Year Ended
30th April 2021 for
Fincham Farm Turn Around Stays

TWR Accountants
The Old Registrars
57a High Street
Brandon
Suffolk
IP27 0AU

	Page
Report of the Trustees	1 to 2
Independent Examiner's Report	3
Statement of Financial Activities	4
Balance Sheet	5 to 6
Notes to the Financial Statements	7 to 10
Detailed Statement of Financial Activities	11 to 12

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30th April 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
CE014275 (England and Wales)

Registered Charity number
1178610

Registered office
All Saints Barn,
Fincham Farm
Garboldisham Ling
Diss Norfolk IP22 2NJ

Trustees

Ms A Jarrold (Chair)
Mr T Mellows
Ms G Finn

Independent examiner
TWR Accountants
The Old Registrars
57a High Street
Brandon
Suffolk
IP27 0AU

COMMENCEMENT OF ACTIVITIES
Activities commenced on 1 June 2018.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

To supply supported living accommodation designed to develop a strong recovery community in which people can and will recover from issues with addiction, offending, homelessness and mental health. To offer programs of therapeutic recovery support as well as practical help and advice which aid individuals

in achieving and maintaining abstinence and reduce the likelihood of relapse.

Approved by order of the board of trustees on 08.01.2022 and signed on its behalf by:

Mr T Mellows - Trustee

Fincham Farm Turn Around Stays

I report on the accounts of the company for the year ended 30th April 2021, which are set out on pages four to ten.

Responsibilities and basis of report

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

- that accounting records were not kept as required by section 386 of the Companies Act 2006; or
- that the accounts do not accord with those records; or
- that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
- that there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.

TWR Accountants
The Old Registrars
57a High Street
Brandon
Suffolk IP27 0AU

Date: 01.12.2021.

Patrick Smith

Statement of Financial Activities
for the year ended 30th April 2021

		2021	2020
		Unrestricted	Total funds
		fund	
		£	£
	Notes		
INCOMING RESOURCES			
Incoming resources from generated funds			
Voluntary income		10,681	3,730
Investment income	2	815	389
Incoming resources from charitable activities		<u>41,391</u>	
Council relief income			<u>60,571</u>
Total incoming resources		52,887	64,690
 RESOURCES EXPENDED			
Charitable activities			
Spending on charitable activities		47,529	60,919
Governance costs		2,914	1,092
Other resources expended		<u>3,135</u>	<u>1,652</u>
Total resources expended		53,578	63,663
 NET INCOMING/(OUTGOING) RESOURCES		(691)	1,027
 RECONCILIATION OF FUNDS			
Total funds brought forward		4,682	3,655
 TOTAL FUNDS CARRIED FORWARD		<u>3,991</u>	<u>4,682</u>

Balance Sheet at 30th April 2021

		2021	2020
		Unrestricted	Total funds
		fund	
		£	£
	Notes		
FIXED ASSETS			
Tangible assets	6	1,950	1,969

CURRENT ASSETS

Cash at bank and in hand		2,666	3,926
--------------------------	--	--------------	-------

CREDITORS

Amounts falling due within one year	7	(625)	(1,213)
-------------------------------------	---	--------------	---------

NET CURRENT ASSETS

	<u>2,041</u>	<u>2,713</u>
--	---------------------	---------------------

TOTAL ASSETS LESS CURRENT LIABILITIES

	3,991	4,682
--	--------------	-------

NET ASSETS

	<u>3,991</u>	<u>4,682</u>
--	---------------------	---------------------

FUNDS

Unrestricted funds	8	<u>3,991</u>	<u>4,682</u>
--------------------	---	---------------------	---------------------

TOTAL FUNDS

	<u>3,991</u>	<u>4,682</u>
--	---------------------	---------------------

Balance Sheet at 30th April 2021

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th April 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th April 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015). The financial statements were approved by the Board of Trustees on 08.1.2022 and were signed on its behalf by:

Mr T Mellows -Trustee

Ms A Jarrold -Trustee

Notes to the Financial Statements for the year ended 30th April 2021

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles	- 25% on reducing balance
----------------	---------------------------

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	2021
	2020
	£
	£
Solar income	<u>815</u>
	<u>389</u>

3. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	2021	
	2020	
	£	
	£	
Depreciation - owned assets	650	656
Deficit on disposal of fixed asset	<u>1,969</u>	=

Fincham Farm Turn Around Stays

Notes to the Financial Statements - continued for the year ended 30th April 2021

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30th April 2021 nor for the year ended 30th April 2020.

Trustees' expenses

There were no trustees' expenses paid for the year

5. STAFF COSTS (freelance)

2021	2020
£	£
<u>8,303</u>	<u>7,542</u>

The average monthly number of employees during the year was as follows:

2021	2020
<u>0</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

6. TANGIBLE FIXED ASSETS

	Motor vehicles £
COST	
At 1st May 2020	3,500

Additions	2,600
Disposals	<u>(3,500)</u>
At 30th April 2021	<u>2,600</u>

DEPRECIATION

At 1st May 2020	1,531
Charge for year	650
Eliminated on disposal	<u>(1,531)</u>
At 30th April 2021	<u>650</u>

NET BOOK VALUE

At 30th April 2021	<u>1,950</u>
At 30th April 2020	<u>1,969</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Accrued expenses	<u>625</u>	<u>1,213</u>

8. MOVEMENT IN FUNDS

	At 1.5.20 £	Net movement in funds £	At 30.4.21 £
Unrestricted funds			
General fund	4,682	(691)	3,991
TOTAL FUNDS	<u>4,682</u>	<u>(691)</u>	<u>3,991</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			

General fund	52,887	(53,578)	(691)
TOTAL FUNDS	<u>52,887</u>	<u>(53,578)</u>	<u>(691)</u>

Comparatives for movement in funds

	At 1.5.19 £	Net movement in funds £	At 30.4.20 £
Unrestricted Funds			
General fund	3,655	1,027	4,682
TOTAL FUNDS	<u>3,655</u>	<u>1,027</u>	<u>4,682</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	64,690	(63,663)	1,027
TOTAL FUNDS	<u>64,690</u>	<u>(63,663)</u>	<u>1,027</u>

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

Net movement in funds	At 1.5.19 £	At 30.4.21. £
Unrestricted funds		
General fund	<u>3,655</u>	<u>336</u>
	<u>3,991</u>	
TOTAL FUNDS	<u>3,655</u>	<u>336</u>
	<u>3,991</u>	

A current year 12 months and prior year 12 months combined net movement in funds, included in

the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	<u>117,577</u>	<u>(117,241)</u>	<u>336</u>
TOTAL FUNDS	<u>117,577</u>	<u>(117,241)</u>	<u>336</u>
		2021 £	2020 £
INCOMING RESOURCES			
Voluntary income			
Gifts		516	-
Tenant living expense income		<u>10,165</u>	<u>3,730</u>
		10,681	3,730
Investment income			
Solar income		815	389
Incoming resources from charitable activities			
Council relief income		<u>41,391</u>	<u>60,571</u>
Total incoming resources		52,887	64,690
RESOURCES EXPENDED			
Charitable activities			
Wages		8,303	7,542
Household supplies		2,939	2,515
Food		6,047	8,794
Solidarity		1,120	1,013
Rent		10,369	17,060
Rates and water		1,124	1,673
Light and heat		5,391	3,307
Gardening		1,416	670
Repairs and maintenance		358	7,623
Motor expenses		3,636	4,708
Travel and subsistence		488	418
Postage, print and stationery		289	303
Sundries		786	468
Computer expenses		554	60
Training		85	113
Insurance		3,429	3,265
Phone		<u>1,195</u>	<u>1,387</u>

	47,529	60,919
Governance costs		
Accountancy	936	612
Book-keeping fees	1,943	-
Legal and professional fees	<u>35</u>	<u>480</u>
	2,914	1,092
	2021	2020
	£	£
Support costs		
Finance		
Bank charges	-	11
Other		
Solidarity Gifts	516	985
Motor vehicle depreciation	650	656
Loss on sale of tangible fixed assets	<u>1,969</u>	<u>-</u>
	<u>3,135</u>	<u>1,641</u>
Total resources expended	53,578	
	63,663	
Net (expenditure)/income	<u>(691)</u>	<u>—</u>
<u>1,027</u>		