

# BANO WELFARE TRUST

England & Wales · Charity number 1178600

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2018-06-01

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 29 Manor Road  
London  
E10 7AL

**Phone** 07817865017

## Activities

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**Objects:** 1) TO RELIEVE FINANCIAL HARDSHIP, DISTRESS AND SUFFERING AMONG ORPHANS, POOR PEOPLE, VICTIMS OF NATURAL AND MAN-MADE DISASTERS AND OTHER PEOPLE IN NEED BY MEANS OF, BUT NOT EXCLUSIVELY, MAKING GRANTS OR LOANS FOR PROVIDING OR PAYING FOR ITEMS, EQUIPMENT, SERVICES AND FACILITIES, INCLUDING THE PROVISION OF FOOD, CLEAN WATER, CLOTHING AND ACCOMMODATION FOR THE BENEFIT OF THE SAID PERSONS;2) TO ADVANCE EDUCATION FOR THE BENEFIT OF THE POOR, THE ILLITERATE AND THE GENERAL PUBLIC BY MEANS OF, BUT NOT EXCLUSIVELY, THE PROVISION OR ASSISTANCE IN THE PROVISION OF EDUCATIONAL RESOURCES, EQUIPMENT, ACTIVITIES AND FACILITIES, SUCH AS SCHOOLS, LIBRARIES, TRAINING CENTRES AND SCHOLARSHIPS;3) TO RELIEVE SICKNESS AND TO PRESERVE GOOD HEALTH AMONG PERSONS IN NEED, BY MEANS OF, BUT NOT EXCLUSIVELY, THE PROVISION OR ASSISTANCE IN THE PROVISION OF FACILITIES SUCH AS TESTING AND TREATMENT CENTRES AND CLINICS FOR THE BENEFIT OF THE SAID PERSONS.

**Activities:** Makes Grants To Individuals

## Classification

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- **How:** Makes Grants To Individuals, Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** The General Public/mankind

## Geography

- Pakistan

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	-	-	-	-
2024-03-31	-	-	-	-
2023-03-31	£1,525	£2,343	-	-
2022-03-31	£5,015	£3,745	-	-
2021-03-31	£2,035	£2,019	-	-
2020-03-31	£2,961	£3,325	-	-

## Trustees

Name	Role	Appointed
<b>SHAHNAZ MEHMOOD</b>	Chair	2021-01-01
MIAN ARSHAD MEHMOOD		2021-01-01
SAAD HASAN MEHMOOD		2021-01-01

**BANO WELFARE TRUST**

England & Wales - Charity number 1178600

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# Accounts

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# BANO WELFARE TRUST

## Unaudited Trustees' Report and Financial Statements For the period 1 April 2022 to 31 March 2023

# Trustees' annual report (including Directors' report) for the period

From: 1<sup>st</sup> April 2022

To: 31<sup>st</sup> March 2023

Charity name: BANO WELFARE TRUST

Charity registration number: 1178600

Company number: CE014269

## Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objective of the charity as set out in its governing document is to relieve financial hardship, distress, and suffering among orphans, poor people, victims of natural and man-made disasters, and other people in need. Provide education to the poor. To relieve sickness and preserve good health among persons in need.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The objective of the charity as set out in its governing document is to relieve financial hardship, distress, and suffering among orphans, poor people, victims of natural and man-made disasters, and other people in need. Provide education to the poor. To relieve sickness and preserve good health among persons in need.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting objectives and planning undertakings the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

## Achievements and performance

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The charity has successfully helped a lot of people in need. People are able to get free food from the charity's food bank. People donate small amounts to the charity which is then utilised to run these food banks. The food is mostly available to the people who are unable to afford meals.</p> <p>There have been cases where donors have come together and raised money for a special case i.e. some in need during a medical emergency and can't afford treatment.</p>
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## Financial review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>The charity only uses available cash in bank to carry out its activities and has no liabilities hence the financial position of the charity seems stable.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>The charity carries forward sufficient reserves to cover all anticipated financial commitments. Working within the guidelines established by the constitution the Trustees will determine what use to make of these funds</p>
<p>Amount of reserves held</p>	<p>Para 1.22</p>	<p>The charity held reserves of £504 at the period end.</p>
<p>Explanation of any uncertainties about the charity continuing as a going concern</p>	<p>Para 1.23</p>	<p>The Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For that reason they continue to adopt the going concern basis in preparing the financial statements.</p>

## Structure, governance and management

<p>Description of charity's trusts:</p>		
<p>Type of governing document: for example, <a href="#">trust deed</a>, <a href="#">memorandum and articles of association</a> etc</p>	<p>Para 1.25</p>	<p>Charitable Incorporated Organisation (CIO)</p>

How is the charity constituted? for example limited company, unincorporated association, CIO	Para 1.25	The charity is registered with the Charity Commission as a Charitable Incorporated Organisation (CIO), dated 01 June 2018 approved by the Charity Commission
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The management of the charity is the responsibility of the existing Trustees who appoint new Trustees as designated under the terms of the constitution.

## Reference and administrative details

Charity name	BANO WELFARE TRUST
Registered charity number	1178600
Charity's principal address	29 MANOR ROAD LONDON E10 7AL

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SHAHNAZ MEHMOOD			
2	SAAD HASAN MEHMOOD			
3	MIAN ARSHAD MEHMOOD			

## Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)	SHAHNAZ MEHMOOD	
Full name(s)	SHAHNAZ MEHMOOD	
Position (for example Secretary, Chair, etc)	Chair	
Date	22-04-2024	

<b>BANO WELFARE TRUST</b>				
<b>Statement of financial activities</b>				
<b>For the period 1 April 2022 to 31 March 2023</b>				
	<i>Notes</i>	<i>Unrestricted Total Funds 2023 £</i>	<i>Total Funds 2023 £</i>	<i>Total Funds 2022 £</i>
<b>Income</b>				
Donations	1	1,525	1,525	5,015
		<u>1,525</u>	<u>1,525</u>	<u>5,015</u>
<b>Expenditure</b>				
Direct Costs	2	2,343	2,343	3,745
		<u>2,343</u>	<u>2,343</u>	<u>3,745</u>
<b>Net Receipts/(Payments)</b>	-	818	- 818	1,270
<b>Cash funds at start of period</b>		<u>1,322</u>	<u>1,322</u>	<u>52</u>
<b>Cash funds this period end</b>		<u>504</u>	<u>504</u>	<u>1,322</u>

<b>BANO WELFARE TRUST</b>			
<b>Balance sheet</b>			
<b>For the period 1 April 2022 to 31 March 2023</b>			
	<i>Notes</i>	<i>2023 £</i>	<i>2022 £</i>
<b>Current Assets</b>			
Cash at bank	3	504	1,322
Net current assets as unrestricted funds		504	1,322

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by

*SHAHNAZ MEHMOOD*

SHAHNAZ MEHMOOD

Chair

22 April 2024

# BANO WELFARE TRUST

## Notes to the Financial Statements

For the period 1 April 2022 to 31 March 2023

### 1. Analysis of income from donations

**2023**

£

Donations 1,525

Donations were raised in small amount from different donors.

### 2. Analysis of Direct Costs

**2023**

£

Direct Costs 2,343

Direct costs is the total money which was spent to carry out the charity's activities.

### 3. Analysis of Current Assets

**2023**

£

Cash at bank 504

Cash at bank is the total money available in the charity's bank at the period end.

End of report.

**BANO WELFARE TRUST**

England & Wales - Charity number 1178600

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# Accounts

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# BANO WELFARE TRUST

## Unaudited Trustees' Report and Financial Statements For the period 1 April 2021 to 31 March 2022

# Trustees' annual report (including Directors' report) for the period

From: 1<sup>st</sup> April 2021

To: 31<sup>st</sup> March 2022

Charity name: BANO WELFARE TRUST

Charity registration number: 1178600

Company number: CE014269

## Objectives and activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objective of the charity as set out in its governing document is to relieve financial hardship, distress, and suffering among orphans, poor people, victims of natural and man-made disasters, and other people in need. Provide education to the poor. To relieve sickness and preserve good health among persons in need.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The objective of the charity as set out in its governing document is to relieve financial hardship, distress, and suffering among orphans, poor people, victims of natural and man-made disasters, and other people in need. Provide education to the poor. To relieve sickness and preserve good health among persons in need.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting objectives and planning undertakings the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

## Achievements and performance

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The charity has successfully helped a lot of people in need. People are able to get free food from the charity's food bank. People donate small amounts to the charity which is then utilised to run these food banks. The food is mostly available to the people who are unable to afford meals.</p> <p>There have been cases where donors have come together and raised money for a special case i.e. some in need during a medical emergency and can't afford treatment.</p>
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## Financial review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>The charity only uses available cash in bank to carry out its activities and has no liabilities hence the financial position of the charity seems stable.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>The charity carries forward sufficient reserves to cover all anticipated financial commitments. Working within the guidelines established by the constitution the Trustees will determine what use to make of these funds</p>
<p>Amount of reserves held</p>	<p>Para 1.22</p>	<p>The charity held reserves of £1,322 at the period end.</p>
<p>Explanation of any uncertainties about the charity continuing as a going concern</p>	<p>Para 1.23</p>	<p>The Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For that reason they continue to adopt the going concern basis in preparing the financial statements.</p>

## Structure, governance and management

<p>Description of charity's trusts:</p>		
<p>Type of governing document: for example, <a href="#">trust deed</a>, <a href="#">memorandum and articles of association</a> etc</p>	<p>Para 1.25</p>	<p>Charitable Incorporated Organisation (CIO)</p>

How is the charity constituted? for example limited company, unincorporated association, CIO	Para 1.25	The charity is registered with the Charity Commission as a Charitable Incorporated Organisation (CIO), dated 01 June 2018 approved by the Charity Commission
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The management of the charity is the responsibility of the existing Trustees who appoint new Trustees as designated under the terms of the constitution.

## Reference and administrative details

Charity name	BANO WELFARE TRUST
Registered charity number	1178600
Charity's principal address	29 MANOR ROAD LONDON E10 7AL

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SHAHNAZ MEHMOOD			
2	SAAD HASAN MEHMOOD			
3	MIAN ARSHAD MEHMOOD			

## Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)	SHAHNAZ MEHMOOD	
Full name(s)	SHAHNAZ MEHMOOD	
Position (for example Secretary, Chair, etc)	Chair	
Date	22-04-2024	

<b>BANO WELFARE TRUST</b>				
<b>Statement of financial activities</b>				
<b>For the period 1 April 2021 to 31 March 2022</b>				
	<i>Notes</i>	<i>Unrestricted Total Funds 2022 £</i>	<i>Total Funds 2022 £</i>	<i>Total Funds 2021 £</i>
<b>Income</b>				
Donations	1	5,015	5,015	2,035
		5,015	5,015	2,035
<b>Expenditure</b>				
Direct Costs	2	3,745	3,745	2,019
<b>Total Expenditure</b>		3,745	3,745	2,019
<b>Net Receipts/(Payments)</b>		1,270	1,270	16
<b>Cash funds at start of period</b>		52	52	36
<b>Cash funds this period end</b>		1,322	1,322	52

<b>BANO WELFARE TRUST</b>			
<b>Balance sheet</b>			
<b>For the period 1 April 2021 to 31 March 2022</b>			
	<i>Notes</i>	<i>2022 £</i>	<i>2021 £</i>
<b>Current Assets</b>			
Cash at bank	3	1,322	52
<b>Net current assets as unrestricted funds</b>		1,322	52

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by

*SHAHNAZ MEHMOOD*

SHAHNAZ MEHMOOD

Chair

22 April 2024

# BANO WELFARE TRUST

## Notes to the Financial Statements

For the period 1 April 2021 to 31 March 2022

### 1. Analysis of income from donations

**2022**

£

Donations 5,015

Donations were raised in small amount from different donors.

### 2. Analysis of Direct Costs

**2022**

£

Direct Costs 3,745

Direct costs is the total money which was spent to carry out the charity's activities.

### 3. Analysis of Current Assets

**2022**

£

Cash at bank 1,322

Cash at bank is the total money available in the charity's bank at the period end.

End of report.

**BANO WELFARE TRUST**

England & Wales - Charity number 1178600

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# Accounts

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# BANO WELFARE TRUST

Unaudited  
Trustees' Report and Financial Statements  
For the period 1 April 2020 to 31 March 2021

# Trustees' annual report (including Directors' report) for the period

From: 1<sup>st</sup> April 2020

To: 31<sup>st</sup> March 2021

Charity name: BANO WELFARE TRUST

Charity registration number: 1178600

Company number: CE014269

## Objectives and activities

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<p>Amount of reserves held</p>	<p>Para 1.22</p>	<p>The charity held reserves of £52 at the period end.</p>
<p>Explanation of any uncertainties about the charity continuing as a going concern</p>	<p>Para 1.23</p>	<p>The Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For that reason they continue to adopt the going concern basis in preparing the financial statements.</p>

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## Reference and administrative details

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Registered charity number	1178600
Charity's principal address	29 MANOR ROAD LONDON E10 7AL

## Names of the charity trustees who manage the charity

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1	SHAHNAZ MEHMOOD			
2	SAAD HASAN MEHMOOD			
3	MIAN ARSHAD MEHMOOD			

## Declarations

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The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)	SHAHNAZ MEHMOOD	
Full name(s)	SHAHNAZ MEHMOOD	
Position (for example Secretary, Chair, etc)	Chair	
Date	22-04-2024	

<b>BANO WELFARE TRUST</b>				
<b>Statement of financial activities</b>				
<b>For the period 1 April 2020 to 31 March 2021</b>				
	<i>Notes</i>	<i>Unrestricted Total Funds 2021 £</i>	<i>Total Funds 2021 £</i>	<i>Total Funds 2020 £</i>
<b>Income</b>				
Donations	1	2,035	2,035	2,961
		<u>2,035</u>	<u>2,035</u>	<u>2,961</u>
<b>Expenditure</b>				
Direct Costs	2	2,019	2,019	3,325
		<u>2,019</u>	<u>2,019</u>	<u>3,325</u>
<b>Total Expenditure</b>				
		16	16	-
<b>Net Receipts/(Payments)</b>		36	36	400
<b>Cash funds at start of period</b>		<u>52</u>	<u>52</u>	<u>36</u>
<b>Cash funds this period end</b>				

<b>BANO WELFARE TRUST</b>			
<b>Balance sheet</b>			
<b>For the period 1 April 2020 to 31 March 2021</b>			
	<i>Notes</i>	<i>2021 £</i>	<i>2020 £</i>
<b>Current Assets</b>			
Cash at bank	3	52	36
Net current assets as unrestricted funds		52	36

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by

*SHAHNAZ MEHMOOD*

SHAHNAZ MEHMOOD

Chair

22 April 2024

# BANO WELFARE TRUST

## Notes to the Financial Statements

For the period 1 April 2020 to 31 March 2021

### 1. Analysis of income from donations

**2021**

£

Donations 2,035

Donations were raised in small amount from different donors.

### 2. Analysis of Direct Costs

**2021**

£

Direct Costs 2,019

Direct costs is the total money which was spent to carry out the charity's activities.

### 3. Analysis of Current Assets

**2021**

£

Cash at bank 52

Cash at bank is the total money available in the charity's bank at the period end.

End of report.