

# ILLUMINATE MIND FOUNDATION

England & Wales - Charity number 1178594

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2018-06-01

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 30 Cross Street  
Hampton Hill  
Richmond  
TW12 1RT

**Phone** 0208 412 7383

**Email** [nowisthetime1@live.com](mailto:nowisthetime1@live.com)

**Website** <http://illuminatemind.net>

## Activities

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**Objects:** TO ADVANCE THE TEACHINGS OF JESUS CHRIST FOR THE BENEFIT OF THE PUBLIC IN ACCORDANCE WITH THE SPIRITUAL PHILOSOPHY PROMULGATED IN THE WORK ENTITLED A COURSE IN MIRACLES.

**Activities:** We create opportunities to discover the teachings of A Course in Miracles. We provide guidance and illumination for student and teachers of A Course in Miracles. We offer ongoing groups and events in the greater London area and internationally. Some groups are open for online participation. Several times a year we offer free events to the public. We run a website resource including free e-books.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Buildings/facilities/open Space, Other Charitable Activities
- **What:** Religious Activities
- **Who:** The General Public/mankind

## Geography

- Northern Ireland
- Scotland
- Spain
- United States
- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£27,359	£17,791	-	-
2024-05-31	£21,829	£14,440	-	-
2023-05-31	£2,849	£14,303	-	-
2022-05-31	£821,236	£819,260	£827,651	0
2021-05-31	£808	£5,745	-	-

## Trustees

Name	Role	Appointed
Rev SIMON CHRISTOPHER	Chair	2016-09-29
DANIELA MATARRESE B.A.		2016-09-29
Debra Frankiewicz		2019-08-15
HOLLY ROSEMARY THOMAS		2016-09-29

**ILLUMINATE MIND FOUNDATION**

England & Wales - Charity number 1178594

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# Accounts

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## Trustees' Annual Report for the period

From - 1<sup>st</sup> June, 2024 to 31<sup>st</sup> May 2025

Charity name: Illuminate Mind Foundation

Charity registration number: 1178594

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>1/ To promote the religious and philosophical teachings of Jesus Christ in <b>A Course in Miracles</b> to the general public primarily in the United Kingdom.</p> <p>2/ To provide illumination, guidance and resources to those who are actively engaged with the teachings of Jesus Christ in <b>A Course in Miracles</b> regardless of location.</p> <p>3/ To provide a property primarily in the United Kingdom as a teaching centre, for healing, for worship and fellowship for anyone interested in the spiritual experience and self-transformation promised in <b>A Course in Miracles</b>.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We believe in our mandate, explicitly stated in the published work of the teachings, to extend and expound the profoundly transformative spiritual message in the existential philosophy of 'A Course in Miracles' for the positive benefit of the general public, in the name of God. We do this in two primary ways – firstly by striving to bring individuals together under the guidance of the Holy Spirit for the purpose of discovering the message of atonement, healing the mind through the application of the existential spiritual psychology of forgiveness, restoring our true relationship with God and the illumination of mind in Christ. Secondly by producing and providing resources in various media formats, via our website, various digital, social media platforms and in person to support members of the public interested in the spiritual message, students already</p>

		engaged and teachers who have evolved as students to begin their own ministry.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	When making decisions in furthering the charity's objects, the trustees have endeavoured to take the Commission's guidance on public benefit into consideration, and in particular, the specific guidance on charities for the advancement of religion.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<p>This grant making policy lays out our aims and principles in awarding grants and also a range of specific checks which will be applied to any given grant depending on the nature of the grant application and will be decided on a case for case basis.</p> <p>We can only fund projects and activities that are exclusively charitable and fall within the objects of the charity.</p> <p>Participation at some events is without cost, others are by a 'suggested donation' making them accessible to all. The charity wishes no one be excluded from its services and activities for financial reasons. This is advertised on the information provided for the majority of events, classes etc the charity promotes.</p> <p>Where there are fixed costs for accommodation and meals, we try to keep them reasonable. If costs are an obstacle to participation, individuals are informed they are welcome to enquire about assistance. All are welcome. Generally, the amount of assistance is determined through a conversation between the individual and the trustee they had initial contact with, followed by consultation between the trustees and the treasurer. The charity will make up the shortfall in participants funds towards board and lodging in most cases with the discretion to go further should it be warranted.</p> <p>The charity stands ready to provide financial assistance to individuals who wish to attend an event as long as it's in a position to do so an in the charity's best interests.</p> <p><b>Funding Criteria.</b> Grants are available to individuals only. The charity will consider all applications that fall within our charitable</p>

		<p>purposes and meet our funding criteria and for which, the due diligence process is established. Grants will be made based on the funding available and solely on merit and so long as the trustee has not identified any unacceptable issues.</p> <p><b>Priorities –</b> We require submissions to be made by email detailing costs and shortfall where assistance is being requested. All grantees will be required to acknowledge receipt of the funding granted and to provide a report on how their grant was used and the impact this has had. The content and nature of information to be reported will be appropriate for the size of grant awarded. The charity will monitor such reports to not only ensure that grants are being used for the purposes intended, but also to assess the impact grants have made. This learning will be used to inform future decision making and policy to maximise the charity’s impact.</p> <p><b>Decision Making Process</b> Applications deemed exceptional will be considered by the board of trustees, who work to the Charity Commission C27 guidelines on trustee decision making. In general, applications will be considered between respective trustees, who have contact with the applicant, and the treasurer. In this case the board of trustees will be kept informed and a report made at the subsequent meeting of the board.</p> <p>Grants are awarded entirely at the discretion of the trustees and their decision is final.</p> <p><b>Notification</b> All applicants will be notified of the outcome of their request and successful applicants will have funding made available. For small grants and any to individuals, we advise applicants of their award and include their obligations in receiving it:</p> <ul style="list-style-type: none"><li>• Confirming receipt.</li><li>• It may only be spent for the purposes for which it was given.</li><li>• Confirming its use and on how the grant was spent.</li><li>• Any unused portion of the grant is to be returned to the charity.</li></ul>
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		<ul style="list-style-type: none"> <li>• Reporting back on the impact the grant had.</li> </ul> <p><b>Data Protection</b> Applicants' data will be held in accordance with data protection legislation.</p> <p><b>Checks and Due Diligence</b> The charity will carry out sufficient due diligence on grant applicants to confirm the identity of the applicant and that.</p> <ul style="list-style-type: none"> <li>• Any funding will be applied in accordance with the charity's charitable purposes.</li> <li>• Funds will not be knowingly used for illegal purposes, such as money laundering, bribery or financing terrorism.</li> <li>• The applicant does not hold views or have any involvement in activities contrary to the charity's values and charitable purposes.</li> </ul> <p><b>Promotion</b> Funding assistance is promoted on our website and on the information advertised for events the charity promotes.</p>
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>4 regular volunteers provide administrative help and practical and technical assistance at events which have enabled us to run the events smoothly and on a more professional level. Residential events require a team of up to 8 volunteers to organize various aspects of the event. One-day or weekend workshops are benefited by 2-3 volunteers helping to set up and break down the hired room, cleaning etc. efficiently.</p> <p>Other volunteers also perform a number of administrative tasks such as transcribing talks, copy-reading and video editing. 3 volunteers are helping with Social media management, video production and website development.</p>
Other		

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## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The charity continues its work to offer a varied programme of in-person and online events, group meetings, extending our activities in the UK, Spain, and Poland, also with programmes in Tucson, AZ, USA.</p> <p>Longer, 9-day retreat and 4-day residential weekend experiences are held in Spain where we share a centre for retreat and healing with a sister non-profit organization, The Association for the Discovery of A Course in Miracles.</p> <p>One-day and weekend meetings, and occasional residential events have been held in the UK and London, broadly communicated and open to all. The charity also has held live streaming events at Christmas and other special occasions to welcome as many participants as possible.</p> <p>There are now two regular study meeting groups held each week and a longer one every two weeks with several teachers.</p> <p>The charity also offers Zoom-based presentations on the online platform UCDMUniversal Colombia, which has an extensive global reach, and which also streams on YouTube and retains videos for later viewing there. The charity continues to discuss participation in international conventions with affiliated groups and organizations.</p> <p>We continue to work to develop the resources available on the charity's website and its Spanish language pages, with more eBooks and audio recordings, video clips continuing to be published.</p> <p>The charity actively communicates on Facebook, and Instagram promoting our services and message, and acting as a portal to our programme and the teachings of spiritual forgiveness and connecting to any member of the public, standing students and teachers of A Course in Miracles locally and worldwide.</p>

	<p>We have created and published frequent group email bulletins (1500 plus contacts), and engage in general networking between students and teachers of the spiritual philosophy of A Course in Miracles.</p> <p>The charity continues to invest in video and audio online streaming software and equipment to support and enhance our outreach programme over the Internet, mostly via Zoom video, and to improve the quality of audio and video recordings, including translation equipment.</p> <p>The charity has achieved one of its main objectives by purchasing a property for its use as a teaching, healing and communications centre. Work is ongoing to make it more suitable for in-person group meetings and one-to-one sessions and a studio equipped for quality recordings and broadcasts.</p> <p>The on-site studio building is actively being used to record audio and video and stream our presentations around the UK and the world over the internet.</p> <p>Individual statements of experiences and benefits samples :-</p> <p>I experienced a lot of healing during the Enlightenment Retreat in Morera with many communications during the retreat and after, including in my sleeping dreams. During the retreat I experienced the Love behind every perceived grievance. So much love. I experienced that dislike or judgment is my attempt to cover up love and the bigger the dislike, the bigger the love, in Truth. It was a powerful communication and this idea and reinterpretation continues to help me let go of old ideas and keep my heart open, loving, forgiving, beautiful. Thank you to all who attended, coordinated and taught during this retreat. Grateful for the opportunity to participate, attend and receive the mind healing.</p> <p>Amy T – June 2024</p> <p>The charity firmly and positively communicates the vital benefit of the God-centred aspect of its psychological and philosophical practice of forgiveness for spiritual, mental and emotional well-being. Forgiveness is well-documented as essential to psychological and emotional well-</p>
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	<p>being. Our philosophy presents a systematic programme of spiritual forgiveness as an ultra-personal psychotherapeutic process for healing, and spiritual rebirth. The benefits are life-changing for individuals as they develop a renewed relationship with their innate spiritual Self, God and the divine.</p> <p>The charity works to reach the public as broadly as we are able to within the scope of the religious and spiritual domain.</p> <p>The spiritual philosophy is presented in a self-study programme which profoundly shifts the existential perspective of identity, the ground of being, for many students. The charity promotes events where individuals can join others in experiential class settings with fellowship and support. The psychological benefits are expressed by individuals and spiritual experiences give confidence in the foundation of the teachings. Metaphysical understanding of sickness and healing are of great benefit to those who have been suffering.</p> <p>The regular weekly groups provide the continuity of a consistent support for new students of the philosophy. Many comment on how valuable they are.</p> <p>The charity also provides one-to-one support and counselling on an international basis via online platforms like zoom.</p> <p>The charity website aims to be a portal, a vital resource to reading, audio and video materials, with increasing web traffic statistics which we believe shows the increasing level of interest in the books of A Course in Miracles and numbers of students engaged with the teachings worldwide.</p> <p>The charity has provided financial assistance where requested and according to our procedures for such requests. In total £370 was provided this reporting year period.</p> <p>The charity has continued to invest in improvements its property so that it better supports our purposes.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Balance of funds held in account at end of accounting year – May 31st £ 22,982.00																		
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>The trustees aim to maintain funds of £4000 held in reserve to ensure continuity of activities throughout the coming 12 months regardless of any fluctuation in donations.</p> <ul style="list-style-type: none"> <li>• £4000 reserve funds. Current annual running costs - £3,122.</li> <li>• £6000 designated for projects planned over the coming 12 months – website dev/ audio-video studio / publishing – print / video / audio / equipment / promotions / room hire.</li> <li>• £ 749 designated funds for grant-making/ financial assistance, segregated and held in sub account.</li> <li>• £15,000 projected needs for the charity's property. Maintenance, repair and renovation over the next 12 months.</li> </ul> <table border="1" data-bbox="815 1162 1390 1968"> <tr> <td>Balance of accounts 31/05/2025</td> <td>22,982</td> </tr> <tr> <td>Reserves – total funds</td> <td>4,000</td> </tr> <tr> <td>Grant making funds</td> <td>749</td> </tr> <tr> <td>Available funds</td> <td>18,233</td> </tr> <tr> <td>Designated funds – Projects essential to charity operations and growth</td> <td>6,000</td> </tr> <tr> <td>Projected maintenance, repair and renovation of the charity's property</td> <td>15,000</td> </tr> <tr> <td>Total projected</td> <td>25,749</td> </tr> <tr> <td>Deficit of funds</td> <td>-2767</td> </tr> <tr> <td>Projected income</td> <td>17,100</td> </tr> </table>	Balance of accounts 31/05/2025	22,982	Reserves – total funds	4,000	Grant making funds	749	Available funds	18,233	Designated funds – Projects essential to charity operations and growth	6,000	Projected maintenance, repair and renovation of the charity's property	15,000	Total projected	25,749	Deficit of funds	-2767	Projected income	17,100
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Total projected	25,749																			
Deficit of funds	-2767																			
Projected income	17,100																			
Amount of reserves held	Para 1.22	£4,000																		

Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		<p><b>Trustee benefits –</b></p> <p>The board of trustees, taking into regard the CC's guidance on decision-making and conflict of interests, agreed to provide Rev Christopher, a trustee and senior volunteer minister, with accommodations on the upper, 1st floor of the charity's property in Cross St Hampton Hill. His tenancy started on Dec 1<sup>st</sup> 2021, and has use of three rooms which would be valued at approximately £1000 monthly on the open market. In the charity's agreement with Rev Christopher, he will pay the majority of the utility bills, split the council tax 50/50, and oversee the work of repairs, maintenance and renovations. He will generally act as caretaker of the property to ensure its security, and that it attains and maintains a good standard of repair. He will also ensure the property is set up and developed to support the charity's activities and functions going forward.</p>

### Structure, Governance and Management

Description of charity's trusts:		
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Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by current trustees

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Illuminate Mind Foundation
Other name the charity uses	
Registered charity number	1178594
Charity's principal address	30, Cross St., Hampton Hill Hampton TW12 1RT

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Simon Christopher	Chair		
2	Daniela (Barbara) Matarrese	Treasurer and Creative Communications director		
3	Holly Thomas	Secretary		
4	Debra Frankiewicz	Administrator		
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

<b>Director name</b>		

Name of trustees holding title to property belonging to the charity

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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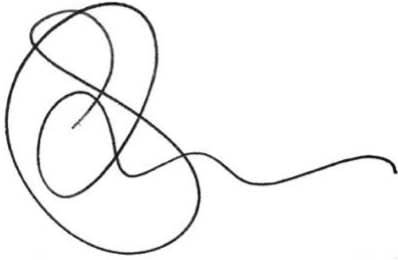
## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Simon Christopher	
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	10/03/2026	



Receipts and payments accounts

For the period  
from

01/06/2024

To

31/05/2025

Section A Receipts and payments

	Unrestricted funds		Restricted funds	Designated funds	Total funds	Last year
	to the nearest	£	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>						
Donations		20,500	-	-	20,500	20,181
Loan		- 0	-	-	-	-
Interest		- 0		10	10	22
Income Generation (from solar panels)		1,554		-	1,554	1,626
Gift Aid		301	-	-	301	-
Event Booking - Money Collected for Venue		4,980			4,980	
Card Used in Error		14			14	
<b>Sub total(Gross income for AR)</b>		<b>27,349</b>	<b>-</b>	<b>10</b>	<b>27,359</b>	<b>21,829</b>
<b>A2 Asset and investment sales, (see table).</b>						
		- 0	- 0	- 0	-	
		- 0	- 0	- 0	-	- 0
<b>Sub total</b>		<b>- 0</b>	<b>- 0</b>	<b>- 0</b>	<b>-</b>	<b>- 0</b>
<b>Total receipts</b>		<b>27,349</b>	<b>- 0</b>	<b>10</b>	<b>27,359</b>	<b>21,829</b>
<b>A3 Payments</b>						
Administration		227	-	-	227	53
Advertising & Promotion		82	-	-	82	-
Bank Charges & Fees		85			85	62
Donations & Grants Out				370	370	475
Card used in error (reimbursed)		14			14	
Event Booking - Money Sent to Venue		5,054			5,054	
Event Costs (room hire)		820			820	800
Event Costs (equipment)		- 0	-	-	-	899
Event Costs (other)		322			322	318
Postage		- 0	-	-	-	-
Software		68			68	
Teaching Resources		8			8	
Video Production Costs		115			115	83
Website		1,180			1,180	402
IMF Office		552			552	549
IMF Centre		8,173		-	8,173	8,886
Equipment		1,091	-	-	1,091	2,389
Financial Services		- 0	-	-	-	-
Trustee Payments		- 0	-	-	-	-
Trustee Expenses		- 0			-	
		<b>17,791</b>	<b>-</b>	<b>370</b>	<b>18,161</b>	<b>14,916</b>
<b>A4 Asset and investment purchases, (see table)</b>						
		- 0	- 0	- 0	-	
<b>Sub total</b>		<b>- 0</b>	<b>- 0</b>	<b>- 0</b>	<b>-</b>	
<b>Total payments</b>		<b>17,791</b>	<b>- 0</b>	<b>370</b>	<b>18,161</b>	<b>14,916</b>
<b>Net of receipts/(payments)</b>		<b>9,558</b>	<b>-</b>	<b>360</b>	<b>9,198</b>	<b>6,913</b>
<b>A5 Transfers between funds</b>		<b>- 0</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>		<b>13,037</b>	<b>-</b>	<b>747</b>	<b>13,784</b>	<b>6,874</b>
<b>Cash funds this year end</b>		<b>22,595</b>	<b>-</b>	<b>387</b>	<b>22,982</b>	<b>13,787</b>

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Designated funds to nearest £
<b>B1 Cash funds</b>		22,595	-	387
	<b>Total cash funds</b>	<b>22,595</b>	<b>-</b>	<b>387</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Designated funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	805466		-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval

## Independent Examiner's Report to the Trustees of Illuminate Mind Foundation

This report on the financial statements of the Charity for the year to closure ended 31<sup>st</sup> May 2025, which are set out on pages 1 & 2 and 1 to 14, is in respect of an examination carried out under s145 of the Charities Act 2011 ("the Act").

### **Respective responsibilities of trustees and independent examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed. Where the charity's gross income exceeded £250,000 I am qualified to undertake the examination by being a qualified Fellow of the Association of Charity Independent Examiners.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*DR Ralph*

David R Ralph IEng JP FCIPD MIET FCIE  
HMCE MLR No. 12338775

10<sup>th</sup> March 2026

50 Southwood Road  
Rusthall  
Tunbridge Wells  
Kent.  
TN4 8SP

**ILLUMINATE MIND FOUNDATION**

England & Wales - Charity number 1178594

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# Accounts

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## Trustees' Annual Report for the period

From - 1<sup>st</sup> June, 2023 to 31<sup>st</sup> May 2024

Charity name: Illuminate Mind Foundation

Charity registration number: 1178594

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>1/ To promote the religious and philosophical teachings of Jesus Christ in <b>A Course in Miracles</b> to the general public primarily in the United Kingdom.</p> <p>2/ To provide illumination, guidance and resources to those who are actively engaged with the teachings of Jesus Christ in <b>A Course in Miracles</b> regardless of location.</p> <p>3/ To provide a property primarily in the United Kingdom as a teaching centre, for healing, for worship and fellowship for anyone interested in the spiritual experience and self-transformation promised in <b>A Course in Miracles</b>.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We believe in our mandate, explicitly stated in the printed work of the teachings, to extend and expound the profoundly transformative spiritual message in the philosophy of A Course in Miracles for the positive benefit of the general public, in the name of God. We do this in two primary ways – firstly by striving to bring individuals together under the guidance of the Holy Spirit for the purpose of discovering the message of atonement, healing the mind through the application of the transpersonal psychology of forgiveness, restoring our true relationship with God and to experience the illumination of mind in Christ. Secondly by producing and providing resources in various media formats, via our website, various digital platforms and in person.</p>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	When making decisions in furthering the charity's objects, the trustees have endeavoured to take the Commission's guidance on public benefit into consideration, in particular, the specific guidance on charities for the advancement of religion.
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**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<p>This grant making policy lays out our aims and principles in awarding grants and also a range of specific checks which will be applied to any given grant depending on the nature of the grant application and will be decided on a case for case basis.</p> <p>We can only fund projects and activities that are exclusively charitable and fall within the objects of the charity.</p> <p>Participation at some events is without cost, others are by a 'suggested donation' making them accessible to all. The charity wishes no one be excluded from its services and activities for financial reasons. This is advertised on the information provided for the majority of events, classes etc the charity promotes.</p> <p>Where there are fixed costs for accommodation and meals, we try to keep them reasonable. If costs are an obstacle to participation, individuals are informed they are welcome to enquire about assistance. All are welcome. Generally, the amount of assistance is determined through a conversation between the individual and the trustee they had initial contact with, followed by consultation between the trustees and the treasurer. The charity will make up the shortfall in participants funds towards board and lodging in most cases with the discretion to go further should it be warranted.</p> <p>The charity stands ready to provide financial assistance to individuals who wish to attend an event as long as it's in a position to do so.</p> <p><b>Funding Criteria.</b> Grants are available to individuals only. The charity will consider all applications that fall within our charitable purposes and meet our funding criteria and, for which, the due diligence process is established. Grants will be made based on the funding available and solely on merit and so long as the</p>

	<p>trustee has not identified any unacceptable issues.</p> <p><b>Priorities –</b>  We require submissions to be made by email detailing costs and shortfall where assistance is being requested.  All grantees will be required to acknowledge receipt of the funding granted and to provide a report on how their grant was used and the impact this has had. The content and nature of information to be reported will be appropriate for the size of grant awarded. The charity will monitor such reports to not only ensure that grants are being used for the purposes intended, but also to assess the impact grants have made. This learning will be used to inform future decision making and policy to maximise the charity’s impact.</p> <p><b>Decision Making Process</b>  Applications deemed exceptional will be considered by the board of trustees, who work to the Charity Commission C27 guidelines on trustee decision making. In general, applications will be considered between respective trustees, who have contact with the applicant, and the treasurer. In this case the board of trustees will be kept informed and a report made at the subsequent meeting of the board.</p> <p>Grants are awarded entirely at the discretion of the trustees and their decision is final.</p> <p><b>Notification</b>  All applicants will be notified of the outcome of their request and successful applicants will have funding made available. For small grants and any to individuals, we advise applicants of their award and include their obligations in receiving it:</p> <ul style="list-style-type: none"> <li>• Confirming receipt.</li> <li>• It may only be spent for the purposes for which it was given.</li> <li>• Confirming its use and on how the grant was spent.</li> <li>• Any unused portion of the grant is to be returned to the charity.</li> <li>• Reporting back on the impact the grant had.</li> </ul> <p><b>Data Protection</b></p>
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		<p>Applicants' data will be held in accordance with data protection legislation.</p> <p><b>Checks and Due Diligence</b> The charity will carry out sufficient due diligence on grant applicants to confirm the identity of the applicant and that.</p> <ul style="list-style-type: none"> <li>• Any funding will be applied in accordance with the charity's charitable purposes.</li> <li>• Funds will not be knowingly used for illegal purposes, such as money laundering, bribery or financing terrorism.</li> <li>• The applicant does not hold views or have any involvement in activities contrary to the charity's values and charitable purposes.</li> </ul> <p><b>Promotion</b> Funding assistance is promoted on our website and on the information advertised for events the charity promotes.</p>
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>4 regular volunteers provide administrative help and practical and technical assistance at events which have enabled us to run the events smoothly and on a more professional level. Residential events require a team of up to 8 volunteers to organize various aspects of the event. One-day or weekend workshops are benefited by 2-3 volunteers helping to set up and break down the hired room, cleaning etc. efficiently.</p> <p>Volunteers also perform a number of administrative tasks such as transcribing talks, copy-reading and video editing. 3 volunteers are helping with Social media management, video production and website development.</p>
Other		

## Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The charity continues its work to offer a varied programme of in-person and online events, group meetings, extending our activities in the UK, Spain and other European countries, also with programmes in Tucson, AZ, USA.</p> <p>Longer, 9-day retreat and 4-day weekend experiences are held in Spain where we share a centre for retreat and healing with a sister non-profit organization, The Association for the Discovery of A Course in Miracles.</p> <p>One-day and weekend meetings have been held in London, broadly communicated and open to all. The charity also has held live streaming events at Christmas and other special occasions to welcome as many participants as possible.</p> <p>There are now two regular study meeting groups held each week and a longer one every two weeks.</p> <p>The charity also offers Zoom-based presentations on the online platform UCDMUniversal Colombia, which has an extensive global reach, which also streams on YouTube and retains videos for later viewing there. The charity continues to discuss participation in international conventions with affiliated groups and organizations.</p> <p>We continue to work to develop the resources available on the charity's website and its Spanish language pages, with more eBooks and audio recordings, video clips continuing to be published.</p> <p>The charity actively communicates on Facebook, and Instagram promoting our services and message, and acting as a portal to our programme and the teachings of spiritual forgiveness and connecting to any member of the public, standing students and teachers of A Course in Miracles locally and worldwide.</p> <p>We have created and published frequent group email bulletins (1500 plus contacts), and engage in general networking between students and teachers of the spiritual philosophy of A Course in Miracles.</p> <p>The charity continues to invest in video and audio online streaming software and</p>

	<p>equipment to support and enhance our outreach programme over the Internet, mostly via Zoom video, and to improve the quality of audio and video recordings, including translation equipment.</p> <p>The charity has achieved one of its main objectives by purchasing a property for its use as a teaching, healing and communications centre. Work is ongoing to make it more suitable for in-person group meetings and one-to-one sessions and studio quality recordings and broadcasts.</p> <p>The on-site studio building is actively being used to record audio and video and stream our presentations around the UK and the world over the internet.</p> <p>Individual statements of experiences and benefits samples :-</p> <p>Amy T – I experienced a lot of healing during the Enlightenment Retreat in Morera with many communications during the retreat and after, including in my sleeping dreams. During the retreat I experienced the Love behind every perceived grievance. So much love. I experienced that dislike or judgment is my attempt to cover up love and the bigger the dislike, the bigger the love, in Truth. It was a powerful communication and this idea and reinterpretation continues to help me let go of old ideas and keep my heart open, loving, forgiving, beautiful. Thank you to all who attended, coordinated and taught during this retreat. Grateful for the opportunity to participate, attend and receive the mind healing. The Enlightenment Principle Event in June 2024 in Spain</p> <p>Miguel I have experienced moments of great tension with a person, in an uncontrolled way on my part, so I need correction for myself. When I returned to Valencia, wonderful things happened to me, which I recognize as miraculous, and all chained together.</p> <p>I feel gratitude for my acceptance, from all of you. Thank you. Easter retreat 2023 - Spain</p>
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	<p>The charity firmly and positively communicates the vital benefit of the God-centred aspect of its psychological and philosophical practice of forgiveness for spiritual, mental and emotional well-being. Forgiveness is well-documented as essential to psychological and emotional well-being. Our philosophy presents a systematic programme of spiritual forgiveness as an ultra-personal psychotherapeutic process for healing, and spiritual rebirth. The benefits are life-changing for individuals as they develop a renewed relationship with their innate spiritual Self, God and the divine.</p> <p>The charity works to reach the public as broadly as we are able to within the scope of the religious and spiritual domain.</p> <p>The spiritual philosophy is presented in a self-study programme which profoundly shifts the existential perspective, the ground of being, for many students. The charity promotes events where individuals can join others in experiential class settings with fellowship and support. The psychological benefits are expressed by individuals and spiritual experiences give confidence in the foundation of the teachings. Metaphysical understanding of sickness and healing are of great benefit to those who have been suffering.</p> <p>The regular weekly groups provide the continuity of a consistent support for new students of the philosophy. Many comment on how valuable they are.</p> <p>The charity also provides one-to-one support and counselling on an international basis via online platforms like zoom.</p> <p>The charity website aims to be a portal to reading, audio and video materials, with approximately 4000 page views each month (Fasthosts data). This number is a large increase which we believe shows the increasing level of interest in the books of A Course in Miracles and numbers of students engaged with the teachings.</p> <p>The charity has provided financial assistance where requested and according to our procedures for such requests. In total £475 was provided this reporting year period.</p>
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You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Balance of funds held in account at end of accounting year – May 31st £13,787.00		
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>The trustees aim to maintain funds of £3000 held in reserve to ensure continuity of activities throughout the coming 12 months regardless of any fluctuation in donations.</p> <ul style="list-style-type: none"> <li>• £3000 reserve funds. Current annual costs are approximately £2000.</li> <li>• £6000 designated for projects planned over the coming 12 months – website dev/ audio-video studio / publishing – print / video / audio / equipment / promotions / room hire.</li> <li>• £ 749 designated funds for grant-making/ financial assistance, segregated and held in sub account.</li> <li>• £18,000 projected needs for property. Maintenance, repair and renovation of the charity's property over the next 12 months. These additional funds will be sought from donors and a fund-raising campaign.</li> </ul>		
		<table border="1"> <tr> <td>Balance of accounts 31/05/2024</td> <td>13,787.00</td> </tr> </table>	Balance of accounts 31/05/2024	13,787.00
		Balance of accounts 31/05/2024	13,787.00	
		<table border="1"> <tr> <td>Designated funds – assistance grant-making account</td> <td>– 749</td> </tr> </table>	Designated funds – assistance grant-making account	– 749
		Designated funds – assistance grant-making account	– 749	
		<table border="1"> <tr> <td>Reserves – total funds</td> <td>3,000</td> </tr> </table>	Reserves – total funds	3,000
		Reserves – total funds	3,000	
		<table border="1"> <tr> <td>Available funds</td> <td>10,038</td> </tr> </table>	Available funds	10,038
		Available funds	10,038	
		<table border="1"> <tr> <td>12 month projection</td> <td></td> </tr> </table>	12 month projection	
12 month projection				
<table border="1"> <tr> <td>Grant making funds</td> <td>500</td> </tr> </table>	Grant making funds	500		
Grant making funds	500			
<table border="1"> <tr> <td>Designated funds – Projects essential to charity operations and growth</td> <td>6,000</td> </tr> </table>	Designated funds – Projects essential to charity operations and growth	6,000		
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<table border="1"> <tr> <td>Projected maintenance, repair and renovation of the charity's property</td> <td>18,000</td> </tr> </table>	Projected maintenance, repair and renovation of the charity's property	18,000		
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<table border="1"> <tr> <td>Total projected</td> <td>24,500</td> </tr> </table>	Total projected	24,500		
Total projected	24,500			

		Deficit of funds to be raised	14,462
Amount of reserves held	Para 1.22	£3,000	
Reasons for holding zero reserves	Para 1.22		
Details of fund materially in deficit	Para 1.24		
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23		

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		<p><b>Trustee benefits –</b></p> <p>The board of trustees, taking into regard the CC's guidance on decision-making, agreed to provide Rev Christopher, a trustee and senior volunteer minister, with accommodations on the upper, 1st floor of the charity's property in Cross St Hampton Hill. His tenancy started on Dec 1<sup>st</sup> 2021, and has use of three rooms which would be valued at approximately £1000 monthly on the open market. In the charity's agreement with Rev Christopher, he will pay the majority of the utility bills, split the council tax 50/50, and oversee the work of repairs, maintenance and renovations. He will generally act as caretaker of the property to ensure its security, and that it attains and maintains a good standard of repair. He will also ensure the property is set up to support the charity's activities and functions.</p>

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by current trustees

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Illuminate Mind Foundation
Other name the charity uses	
Registered charity number	1178594
Charity's principal address	30, Cross St., Hampton Hill Hampton TW12 1RT

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Simon Christopher	Chair		
2	Daniela (Barbara) Matarrese	Treasurer and Creative Communications director		
3	Holly Thomas	Secretary		
4	Debra Frankiewicz	Administrator		
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20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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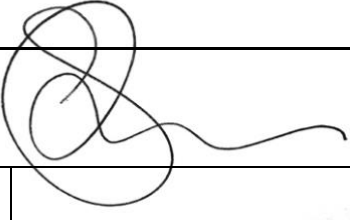
## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

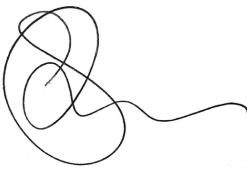

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Simon Christopher	
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	18/03/2025	

	Illuminate Mind Foundation			1178594	
	Receipts and payments accounts				
	For the period from	01/06/2023	To	31/05/2024	CC16a
<b>Section A Receipts and payments</b>					
	Unrestricted funds	Restricted funds	Designated funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations	20,181	-	-	20,181	1,004
Loan	-	-	-	-	-
Interest	-	-	22	22	6
Income Generation (from solar panels)	-	1,626	-	1,626	1,839
<b>Sub total(Gross income for AR)</b>	<b>20,181</b>	<b>1,626</b>	<b>22</b>	<b>21,829</b>	<b>2,849</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Total receipts</b>	<b>20,181</b>	<b>1,626</b>	<b>22</b>	<b>21,829</b>	<b>2,849</b>
<b>A3 Payments</b>					
Administration	53	-	-	53	16
Advertising & Promotion	0	-	-	-	-
Bank Charges & Fees	62	-	-	62	61
Donations & Grants Out	-	-	475	-	678
Event Costs (room hire)	800	-	-	800	280
Event Costs (equipment)	899	-	-	899	196
Event Costs (other)	318	-	-	318	101
Postage	-	-	-	-	-
Teaching Resources	-	-	-	-	-
Video Production Costs	83	-	-	83	83
Website	402	-	-	402	364
IMF Office	549	-	-	549	570
IMF Centre	8,737	149	-	8,737	10,729
Equipment	2,389	-	-	2,389	830
Financial Services	-	-	-	-	377
Trustee Payments	-	-	-	-	-
Trustee Expenses	-	-	-	-	18
<b>Sub total</b>	<b>14,292</b>	<b>149</b>	<b>475</b>	<b>14,916</b>	<b>14,303</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Total payments</b>	<b>14,292</b>	<b>149</b>	<b>475</b>	<b>14,916</b>	<b>14,303</b>

<b>Net of receipts/(payments)</b>	<b>5,889</b>	<b>1,477</b>	<b>-453</b>	<b>6,913</b>	<b>-11,454</b>
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	<b>7,148</b>	<b>-1,477</b>	<b>1,203</b>	<b>6,874</b>	<b>18,328</b>
<b>Cash funds this year end</b>	<b>13,037</b>	<b>0</b>	<b>750</b>	<b>13,787</b>	<b>6,874</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Designated funds to nearest £
<b>B1 Cash funds</b>		13,037	-	750
	<b>Total cash funds</b>	<b>13,037</b>	<b>-</b>	<b>750</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Designated funds to nearest £
<b>B2 Other monetary assets</b>	Gift aid still to be claimed	281	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	IMF Centre (property)		797,000	-
	Equipment (purchase price)		7,375	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Simon Christopher - Chair		18/03/2025
		Holly Thomas - Secretary		18/03/2025

**ILLUMINATE MIND FOUNDATION**

England & Wales - Charity number 1178594

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# Accounts

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## Trustees' Annual Report for the period

From - 1<sup>st</sup> June, 2022 to 31<sup>st</sup> May 2023

Charity name: Illuminate Mind Foundation

Charity registration number: 1178594

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>1/ To promote the religious and philosophical teachings of Jesus Christ in <b>A Course in Miracles</b> to the general public primarily in the United Kingdom.</p> <p>2/ To provide illumination, guidance and resources to those who are actively engaged with the teachings of Jesus Christ in <b>A Course in Miracles</b> regardless of location.</p> <p>3/ To provide a property primarily in the United Kingdom as a teaching centre, for healing, for worship and fellowship for anyone interested in the spiritual experience and self-transformation promised in <b>A Course in Miracles</b>.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We believe in our mandate, explicitly stated in the teachings, to extend and expound the profoundly transformative spiritual message in the philosophy of A Course in Miracles for the positive benefit of the general public, in the name of God. We do this in two primary ways – firstly by striving to bring individuals together under the guidance of the Holy Spirit for the purpose of discovering the message of atonement, healing the mind through the application of the transpersonal psychology of forgiveness, restoring our true relationship with God and to experience the illumination of mind in Christ. Secondly by producing and providing resources in various media formats, via our website, various digital platforms and in person.</p>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	When making decisions in furthering the charity's objects, the trustees have endeavoured to take the Commission's guidance on public benefit into consideration, in particular, the specific guidance on charities for the advancement of religion.

### Additional information (optional)

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	SORP reference	
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Grants will be made based on the funding available and solely on merit and so long as the trustee has not identified any unacceptable issues.

**Priorities –**

We require submissions to be made by email detailing costs and shortfall where assistance is being requested.

All grantees will be required to acknowledge receipt of the funding granted and to provide a report on how their grant was used and the impact this has had. The content and nature of information to be reported will be appropriate for the size of grant awarded. The charity will monitor such reports to not only ensure that grants are being used for the purposes intended, but also to assess the impact grants have made. This learning will be used to inform future decision making and policy to maximise the charity's impact.

**Decision Making Process**

Applications deemed exceptional will be considered by the board of trustees, who work to the Charity Commission C27 guidelines on trustee decision making. In general, applications will be considered between respective trustees, who have contact with the applicant, and the treasurer. In this case the board of trustees will be kept informed and a report made at the subsequent meeting of the board.

Grants are awarded entirely at the discretion of the trustees and their decision is final.

**Notification**

All applicants will be notified of the outcome of their request and successful applicants will have funding made available. For small grants and any to individuals, we advise applicants of their award and include their obligations in receiving it:

- Confirming receipt.
- It may only be spent for the purposes for which it was given.
- Confirming its use and on how the grant was spent.
- Any unused portion of the grant is to be returned to the charity.
- Reporting back on the impact the grant had.

		<p><b>Data Protection</b> Applicants' data will be held in accordance with data protection legislation.</p> <p><b>Checks and Due Diligence</b> The charity will carry out sufficient due diligence on grant applicants to confirm the identity of the applicant and that.</p> <ul style="list-style-type: none"> <li>• Any funding will be applied in accordance with the charity's charitable purposes.</li> <li>• Funds will not be knowingly used for illegal purposes, such as money laundering, bribery or financing terrorism.</li> <li>• The applicant does not hold views or have any involvement in activities contrary to the charity's values and charitable purposes.</li> </ul> <p><b>Promotion</b> Funding assistance is promoted on our website and on the information advertised for events the charity promotes.</p>
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Other		

## Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The charity has offered a varied programme of events, extending our activities in the UK and Spain, with programmes in Tucson, AZ, USA. Longer, 9-day retreat and 4-day weekend experiences in Spain. One-day and weekend meetings in London, and broadly communicated open to all, live streaming events at Christmas and other special occasions.</p> <p>There are now two regular study meetings each week and one every two weeks.</p> <p>We continue to work to develop the resources available on the website and the Spanish language pages version, with more eBooks and audio recordings, video clips to be published.</p> <p>Facebook, and Instagram are active platforms for communicating our services and message, acting as a portal to our programme and the teachings of spiritual forgiveness and connecting to students of A Course in Miracles worldwide.</p> <p>We have created and published frequent group email bulletins (1500 plus contacts), and engage in general networking between students and teachers of the spiritual philosophy of A Course in Miracles.</p> <p>We present sessions on the online platform UCDM Colombia, and participate in international conventions with affiliated groups and organizations.</p> <p>The charity continues to invest in video and audio online streaming software and equipment to support and enhance our outreach programme over the Internet, Zoom and to improve the quality of audio and video recordings, including translation equipment.</p> <p>The charity has achieved one of its main objectives by purchasing a property for its use as a teaching, healing and communications centre. Work is ongoing to make it more suitable for in-person group meetings and one-to-one sessions.</p> <p>The on-site studio building is actively being used to record audio and video and stream our presentations around the UK and the world.</p>

Individual statements of experiences and benefits samples :-

Here's testament from Begonya C, one of the participants to a retreat in September, 2022 –

“In this retreat I have experienced many moments of true happiness that cannot be compared to the happiness of the world where it is always conditioned to external situations. The happiness I felt in this retreat, on the contrary, is felt from the inside out and envelops everything. I have also had moments where I have had to go through my fears to see them up close and when that has happened, I have always had all the support and help I needed. Simon Christopher teaches the course from his heart knowing that he has no other purpose for being here. Simon offers the Course in Miracles pure and full of life where students embrace it so they can rediscover that they are already perfect in the one reality we share with God.”

And from Steve R:

“I had an experience of innocence that is unshakably real. I cannot deny that. Now I can bring that to any moment that I am in fear and know my innocence is real instead.”

The charity firmly and positively communicates the vital benefit of the transpersonal psychology of forgiveness for spiritual, mental and emotional well-being. Forgiveness is well-documented as essential to psychological and emotional well-being. Our philosophy presents a systematic programme of spiritual forgiveness as an ultra-personal psychotherapeutic process. The benefits are life-changing for individuals as they develop a renewed relationship with their innate spiritual Self.

The charity works to reach the public as broadly as we are able to within the scope of the religious and spiritual domain.

The spiritual philosophy is presented in a self-study programme which profoundly shifts the existential perspective, the ground of being, for many students. The charity promotes events where individuals can join others in experiential class settings with fellowship and support. The psychological benefits are expressed by individuals and spiritual experiences give confidence in the foundation of the teachings. Metaphysical understanding of sickness and healing are of great benefit to those who have been suffering.

		<p>The regular weekly groups provide the continuity of a consistent support for new students of the philosophy. Many comment on how valuable they are.</p> <p>The charity also provides one-to-one support and counselling on an international basis via online platforms like zoom.</p> <p>The charity website aims to be a portal to reading, audio and video materials, with approximately 4000 page views each month.</p> <p>The charity has provided financial assistance where requested and according to our procedures for such requests. In total £678 was provided this reporting year period.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Balance of funds held in account at end of accounting year – May 31 <sup>st</sup> £ 6,875.00	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>The trustees aim to maintain funds of £3000 held in reserve to ensure continuity of activities throughout the coming 12 months regardless of any fluctuation in donations.</p> <ul style="list-style-type: none"> <li>• £3000 reserve funds. Current annual costs are approximately £2000.</li> <li>• £2000 designated for projects planned over the coming 12 months – website dev/ audio-video studio / publishing - print/video/audio / promotions / equipment.</li> <li>• £ 1,204 designated funds for grant-making/ financial assistance, segregated and held in sub account.</li> <li>• £15,000 projected needs for maintenance, repair and renovation of the charity's property over the next 6 - 12 months. These additional funds will be sought from donors and a fund-raising campaign.</li> </ul>	
		Balance of accounts 31/05/2022	6,875.00
		<b>Reserves</b> – total funds	3,000
		Designated funds – Projects essential to charity operations and growth	2,000
		Designated funds – assistance grant-making account	1,204
		Total	6,204
		Deficit of funds to be raised	15,000
		Total projected	21,204

Amount of reserves held	Para 1.22	£3,000	
Reasons for holding zero reserves	Para 1.22		
Details of fund materially in deficit	Para 1.24		
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23		

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		<p><b>Trustee benefits –</b></p> <p>The board of trustees, taking into regard the CC's guidance on decision-making, agreed to provide Rev Christopher, a trustee and senior volunteer minister, with accommodations on the upper, 1st floor of the charity's property in Cross St Hampton Hill. His tenancy started on Dec 1<sup>st</sup> 2021, and has use of three rooms which would be valued at approximately £1000 monthly on the open market. In the charity's agreement with Rev Christopher, he will pay the majority of the utility bills, split the council tax 50/50, and oversee the work of repairs, maintenance and renovations. He will generally act as caretaker of the property to ensure its security, and that it attains and maintains a good standard of repair. He will also ensure the property is set up to support the charity's activities and functions.</p>



## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Constitution
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , <a href="#">CIO</a> )	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by current trustees

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Illuminate Mind Foundation
Other name the charity uses	
Registered charity number	1178594
Charity's principal address	30, Cross St., Hampton Hill Hampton TW12 1RT

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Simon Christopher	Chair		
2	Daniela (Barbara) Matarrese	Treasurer and Creative Communications director		
3	Holly Thomas	Secretary		
4	Debra Frankiewicz	Administrator		
5				
6				
7				
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16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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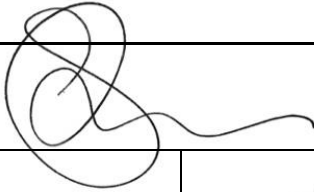
## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Simon Christopher	
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	21/4/2024	



**Receipts and Payments Accounts**

**CC16a**

For the period  
from

Period start date  
01/06/2022

To

Period end date  
31/05/2023

**Section A Receipts and payments**

	Unrestricted funds	Restricted funds	Designated funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations	704.00	0.00	300.00	1,004.00	454,101.00
Loan	0.00	0.00	0.00	0.00	367,000.00
Interest	0.00	0.00	6.00	6.00	0
Income Generation	0	1839	0	0	0
<b>Sub total (Gross income for AR)</b>	<b>704</b>	<b>1,839</b>	<b>306</b>	<b>2,849</b>	<b>821,101</b>
<b>A2 Asset and investment sales, (see table).</b>					
	- 0	- 0	- 0	-	- 0
<b>Sub total</b>	<b>- 0</b>	<b>- 0</b>	<b>- 0</b>	<b>-</b>	<b>- 0</b>
<b>Total receipts</b>	<b>704</b>	<b>1,839</b>	<b>306</b>	<b>2,849</b>	<b>821,101</b>
<b>A3 Payments</b>					
Administration	16.00	-	-	16	16.00
Advertising & Promotion	0.00	-	-	-	77.00
Bank Charges & Fees	61.00	-	-	61	136.00
Donations & Grants Out	0	-	678.00	678	2,186.00
Event Costs (room hire)	280.00	-	-	280	780.00
Event Costs (car hire, sundries, transporting)	196.00	-	-	196	717.00
Event Costs (streaming, Covid-19 equipment)	101.00	-	-	101	193.00
Postage	0.00	-	-	-	28.00
Publishing	0.00	-	-	-	0.00
Teaching Resources	0.00	-	-	-	5.00
Volunteer Expenses	0.00	-	-	-	0.00
Video Production Costs	83.00	-	-	83	83.00
Website	364.00	-	-	364	579.00
IMF Office	570.00	-	-	570	549
IMF Centre	0	10,729	-	10,729	809,587.00
Equipment	830.00	-	-	830	3,257.00
Financial Services	377	-	-	377	
Trustee Payments	0.00	-	-	-	491.00
Trustee Expenses	18.00	-	-	18	176.00
<b>Sub total</b>	<b>2,896</b>	<b>10,729</b>	<b>678</b>	<b>14,303</b>	<b>818,860</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	- 0	- 0	- 0	-	- 0
<b>Sub total</b>	<b>- 0</b>	<b>- 0</b>	<b>- 0</b>	<b>-</b>	<b>- 0</b>
<b>Total payments</b>	<b>2,896</b>	<b>10,729</b>	<b>678</b>	<b>14,303</b>	<b>818,860</b>
<b>Net of receipts/(payments)</b>	<b>- 2,192</b>	<b>- 8,890</b>	<b>- 372</b>	<b>- 11,454</b>	<b>2,241</b>
<b>A5 Transfers between funds</b>		-	-	-	-
<b>A6 Cash funds last year end</b>	<b>9,340</b>	<b>7,413</b>	<b>1,575</b>	<b>18,328</b>	<b>16,088</b>
<b>Cash funds this year end</b>	<b>7,148</b>	<b>- 1,477</b>	<b>1,203</b>	<b>6,874</b>	<b>18,329</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Designated funds to nearest £
<b>B1 Cash funds</b>		7,148	- 1,477	1,203
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>7,148</b>	<b>- 1,477</b>	<b>1,203</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Designated funds</b>
		to nearest £	to nearest £	to nearest £
<b>B2 Other monetary assets</b>	Gift aid still to be claimed	960	-	-
		-	-	-
<b>B3 Investment assets</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
	Property	Restricted	797,000	-
	Equipment	Unrestricted funds	4,087	-
<b>B5 Liabilities</b>		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval

**ILLUMINATE MIND FOUNDATION**

England & Wales - Charity number 1178594

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# Accounts

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**Illuminate Mind Foundation**

**Report of the Trustees & Financial Statements for the year ended 31<sup>st</sup> May 2022**

**Registered Charity No 1178594**  
**Illuminate Mind Foundation**

**Contents**

<b>Reports</b>	<b>Page</b>
Reference and Administrative Information	1
Report of the Trustees	2 - 6
Report of the Independent Examiner	7
<b>Financial Statements</b>	
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Financial Statements	10 - 11

**Reference and Administrative Information**

<b>Registered Charity Name</b>	Illuminate Mind Foundation
<b>Charity Registration Number</b>	1178594 (CIO 1 <sup>st</sup> June 2018)
<b>Charity Registered Office</b>	30 Cross Street, Hampton Hill, Hampton. TW12 1RT
<b>Secretary</b>	Holly Rose Thomas
<b>Trustees</b>	Simon Christopher (Chair) Daniela (Barbara) Matarrese Holly Rose Thomas Debra Frankiewicz
<b>Bankers</b>	HSBC 26 Parade Leamington Spa CV32 4AJ
<b>Independent Examiner</b>	David R Ralph JP FCIE 50 Southwood Road, Rusthall, Tunbridge Wells, Kent TN4 8SP

# **Illuminate Mind Foundation**

## **Report of the Trustees**

### **For the Year Ending 31<sup>st</sup> May 2022**

#### **Summary of the purposes of the charity as set out in its governing document**

- 1/ To promote the religious and philosophical teachings of Jesus Christ in **A Course in Miracles** to the general public primarily in the United Kingdom.
- 2/ To provide illumination, guidance and resources to those who are actively engaged with the teachings of Jesus Christ in **A Course in Miracles** regardless of location.
- 3/ To provide a property primarily in the United Kingdom as a teaching centre, for healing, for worship and fellowship for anyone interested in the spiritual experience and self-transformation promised in **A Course in Miracles**.

#### **Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts**

We believe in our mandate, explicitly stated in the teachings, to extend and expound the profoundly transformative spiritual message of A Course in Miracles for the positive benefit of the general public, in the name of God. We do this in two primary ways – firstly by striving to bring individuals together under the guidance of the Holy Spirit for the purpose of discovering the message of atonement, healing the mind through forgiveness, restoring our true relationship with God and to experience the illumination of mind in Christ. Secondly by producing and providing resources in various media formats, via our website and in person.

When making decisions in furthering the charity's objects, the trustees have endeavoured to take the Commission's guidance on public benefit into consideration, in particular, the specific guidance on charities for the advancement of religion.

#### **Grant Making Policy**

This grant making policy lays out our aims and principles in awarding grants and also a range of specific checks which will be applied to any given grant depending on the nature of the grant application. Decisions will be made on a case for case basis. We can only fund projects and activities that are exclusively charitable and fall within the objects of the charity.

Participation at some events is without cost, others are by a 'suggested donation' making them accessible to all. The charity wishes no one be excluded from its services and activities for financial reasons. This is advertised on the information provided for the majority of events, classes etc. that the charity promotes.

Where there are fixed costs for accommodation and meals, we try to keep them reasonable. If costs are an obstacle to participation, individuals are informed they are welcome to enquire about assistance. All are welcome. Generally, the amount of assistance is determined through a conversation between the individual and the trustee they had initial contact with, followed by consultation between the trustees and the treasurer. The charity will make up the shortfall in participants funds towards board and lodging in most cases with the discretion to go further should it be warranted. The charity stands ready to provide financial assistance to individuals who wish to attend an event as long as it's in a position to do so.

#### **Funding Criteria**

Grants are available to individuals only. The charity will consider all applications that fall within our charitable purposes and meet our funding criteria and, for which, the due diligence process is established.

Grants will be made based on the funding available and solely on merit and so long as the trustee has not identified any unacceptable issues.

### **Priorities**

We require submissions to be made by email detailing costs and shortfall where assistance is being requested.

All grantees will be required to acknowledge receipt of the funding granted and to provide a report on how their grant was used and the impact this has had. The content and nature of information to be reported will be appropriate for the size of grant awarded. The charity will monitor such reports to not only ensure that grants are being used for the purposes intended, but also to assess the impact grants have made. This learning will be used to inform future decision making and policy to maximise the charity's impact.

### **Decision Making Process**

Applications deemed exceptional will be considered by the board of trustees, who work to the Charity Commission C27 guidelines on trustee decision making. In general, applications will be considered between respective trustees, who have contact with the applicant, and the treasurer. In this case the board of trustees will be kept informed and a report made at the subsequent meeting of the board.

Grants are awarded entirely at the discretion of the trustees and their decision is final.

### **Notification**

All applicants will be notified of the outcome of their request and successful applicants will have funding made available. For small grants and any to individuals, we advise applicants of their award and include their obligations in receiving it:

- Confirming receipt
- It may only be spent for the purposes for which it was given
- Confirming its use and on how the grant was spent
- Any unused portion of the grant is to be returned to the charity
- Reporting back on the impact the grant had

### **Data Protection**

Applicants' data will be held in accordance with data protection legislation.

### **Checks and Due Diligence**

The charity will carry out sufficient due diligence on grant applicants to confirm the identity of the applicant and that:

- Any funding will be applied in accordance with the charity's charitable purposes
- Funds will not be knowingly used for illegal purposes, such as money laundering, bribery or financing terrorism
- The applicant does not hold views or have any involvement in activities contrary to the charity's values and charitable purposes

### **Promotion**

Funding assistance is promoted on our website and on the information advertised for events the charity promotes.

### **Contribution made by volunteers**

Between 4 and 6 regular volunteers provide administrative help and practical and technical assistance at events which have enabled us to run the events smoothly and on a more professional level. Residential events require a team of up to 10 volunteers to organize various aspects of the event. One-day or weekend workshops are benefited by 2-3 volunteers helping to set up and break down the hired room, cleaning etc. efficiently.

Volunteers perform a number of administrative tasks such as transcribing talks, copy-reading and correcting.

The charity's property has benefited from the help of volunteers to clean, tend the gardens, decorate and other repair and improvement issues. The charity depends on many volunteers to help communicate our programme and activities to the general public.

## **Achievements & Performance**

The charity has offered a varied programme of events, further extending our activities in the USA with programmes in Tucson, AZ including a 13-day retreat. We've also held a special Easter weekend retreat in Spain, one-day and weekend meetings in London, residential events in Warwickshire, and live streaming events at Christmas and July 4th which were broadly communicated and open to all.

There are three regular study meetings each week and one every two weeks.

We continue to work to develop the resources available on the website and the Spanish pages version, more eBooks, audio recordings and video clips.

Facebook and Instagram are active platforms for communicating our services and message, acting as a portal to our programme and the teachings of spiritual forgiveness.

We create and publish frequent group email bulletins (1500 plus contacts), and engage in general networking between students and teachers of the spiritual philosophy of A Course in Miracles.

We present on the online platform UCDM Colombia, and participate in international conventions. We conduct general networking between students and teachers of A Course in Miracles.

The charity continues to invest in video and audio online streaming software and equipment to support and enhance our outreach programme over the Internet, Zoom and to improve the quality of audio and video recordings. Including translation equipment.

The charity has achieved one of its main objectives by purchasing a property for its use as a teaching, healing and communications centre, in the Greater London area. Work is ongoing to ready it for meetings. Its studio building is actively being used to record audio and video and stream our presentations around the world.

Here's a testament from Mary, one of the participants to a retreat in September, 2021 – *“Just returned from a retreat with Simon Christopher at La Finca de Milagros in Spain. So many beautiful transformative encounters and experiences to open the mind and heart, for which I am very grateful. Before the retreat I had been referred for a brain and spine cancer assessment with Neurology. By the first day of the retreat all symptoms had disappeared. This afternoon I will be going for the MRI scan, as I decided to proceed with a certainty that they will find... nothing! I feel very peaceful about this.”*

The charity firmly and positively communicates the vital benefit of forgiveness for spiritual, mental and emotional wellbeing. Forgiveness is well documented as essential to psychological health. Our philosophy presents a systematic programme of spiritual forgiveness. The benefits are life changing for individuals as they develop a renewed relationship with the divine.

The charity works to reach the public as broadly as we are able to within the scope of the religious and spiritual domain. The pandemic has curtailed some in-person activities which we shall restore when appropriate.

The spiritual philosophy is presented in a self-study programme which is life changing for many students. The charity promotes events where individuals can join others in experiential class settings with fellowship and support. The psychological benefits are expressed by individuals, spiritual experiences give confidence in the foundation of the teachings. Metaphysical understanding of sickness and healing are of great benefit to those who have been suffering.

The regular weekly groups provide a consistent support for new students of the material. Many comment on how valuable they are.

The charity provides one-to-one support and counselling on an international basis.

The charity website aims to be a portal to reading, audio and video materials, with approximately 400 visitors each month.

The charity has provided financial assistance where requested and according to our procedures for such requests. £2,138 in total.

## **Finance Review**

Balance of funds held in account at end of accounting year – 31<sup>st</sup> May 2022 was £18,064

The trustees aim to maintain funds of £17,975 held in reserve to ensure continuity of activities throughout the coming 12 months regardless of any fluctuation in donations.

- £4000 designated towards cash flow and commitments for running costs, monthly and annual account commitments, including additional funding allowance for inflation and contingencies in taking on new account commitments, i.e. accountant/independent examiner.
- £5000 designated for projects planned over the coming 12 months – website development / audio-video studio / publishing - print/video/audio / promotions / equipment / house set up for charity use
- £1575 designated funds for grant-making / financial assistance, segregated and held in sub account.
- £7,400 restricted funds towards the maintenance, repair and renovation of the charity's property over the next 6 -12 months. £15,000 projected as costs, £7,600 additional funds are needed to be raised

## **Structure, Governance & Management**

Trustees are appointed by election by current trustees

### **Payments Received by Trustees**

The board of trustees, taking into regard the CC's guidance on decision making, agreed to employ one of the trustees, Holly Thomas, to undertake a search for suitable properties for a centre. The charity aims to provide a place for teaching and healing, for worship and fellowship and where any member of the public can discover more about the spiritual philosophy. This was a pragmatic solution that saved the charity time in achieving a significant objective. The trustee was paid £491 in total.

### **Trustee Benefits**

The board of trustees, taking into regard the CC's guidance on decision making, agreed to provide Rev. Christopher, a trustee and senior volunteer minister, with accommodations on the first floor of the charity's property. His tenancy started on Dec 1<sup>st</sup> 2021 and has use of three rooms which would be valued at approximately £1000 monthly on the open market. In the charity's agreement with Rev. Christopher, he will pay the majority of the utility bills, oversee the work of repairs, maintenance and renovations. He will generally act as caretaker of the property to ensure its security, see that it attains and maintains a good standard of repair and is set up to support the charity's activities and functions.

## Preparation of Report and Accounts

The Trustees are responsible for preparing the annual report and Financial Statements in accordance with applicable law and United Kingdom accounting standards.

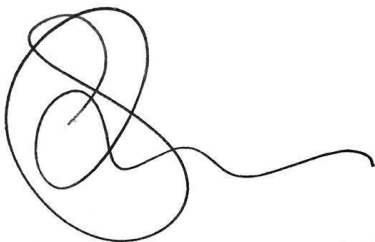
The law applicable to charities in England and Wales requires the Charity to prepare the Financial Statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources for that year.

In preparing these accounts, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with applicable law, regulations and the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the trustees on 11th March 2023 and signed on their behalf by Simon Christopher (Chair).

A handwritten signature in black ink, consisting of several loops and a long horizontal tail, positioned to the left of the page.

## Independent Examiner's Report to the Trustees of Illuminate Mind Foundation

This report on the financial statements of the Charity for the extended year to closure ended 31<sup>st</sup> May 2022, which are set out on pages 1 to 11, is in respect of an examination carried out under s145 of the Charities Act 2011 ("the Act").

### **Respective responsibilities of trustees and independent examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed. Where the charity's gross income exceeded £250,000 I am qualified to undertake the examination by being a qualified Fellow of the Association of Charity Independent Examiners.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

# D R Ralph

David R Ralph IEng JP FCIPD MIET FCIE  
HMCE MLR No. 12338775

14th March 2023

50 Southwood Road  
Rusthall  
Tunbridge Wells  
Kent.  
TN4 8SP

**Illuminate Mind Foundation**

**Statement of Finance  
Activities**

For the Year Ending 31st May  
2022

		2022			2021	
	Note	Unrestricted Funds	Designated Funds	Restricted Funds	Total Funds	Total Funds
		£	£	£	£	£
<b>Incoming Resources from</b>						
<i>Charitable Activities</i>						
Donations & Gifts	2	387	3,849	817,000	821,236	808
<i>Other Activities</i>						
<i>Investment &amp; other Income</i>						
<b>Total receipts</b>		<b>387</b>	<b>3,849</b>	<b>817,000</b>	<b>821,236</b>	<b>808</b>
	2021	808	0	0	808	808
<b>Payments</b>						
<i>Charitable Activities</i>						
Charitable Activities	3	2,662	2,138	0	4,800	5,685
<i>Support Costs</i>						
Support Costs	4	549	0	0	549	504
<i>Capital Project</i>						
Capital Project	5	3,257	0	809,587	812,844	3,297
<i>Governance Costs</i>						
Governance Costs	6	1,067	0	0	1,067	60
<b>Total Payments</b>		<b>7,535</b>	<b>2,138</b>	<b>809,587</b>	<b>819,260</b>	<b>9,549</b>
<b>Net receipts/payments</b>		<b>-7,148</b>	<b>1,711</b>	<b>7,413</b>	<b>1,976</b>	<b>-8,741</b>
<b>Funds Brought Forward</b>		<b>16,028</b>	<b>0</b>	<b>0</b>	<b>16,028</b>	<b>5,745</b>
<b>Funds Carried Forward</b>		<b>8,880</b>	<b>1,711</b>	<b>7,413</b>	<b>18,004</b>	<b>-2,996</b>

## Illuminate Mind Foundation

### Balance Sheet

		Unrestricted	Designated	Capital	<u>2022</u>	<u>2021</u>
<b>Fixed Assets</b>						
IMF Centre	5			809,587	809,587	
<b>Current Assets</b>						
HSBC Current Account		9,341		7,413	16,754	15088
HSBC Assistance Account			1,575		1,575	
CAF Account (Closed 2021)					0	1000
Debtors	7		135		135	
<b>Liabilities</b>						
<b>Creditors</b>	8	-400			-400	
<u>Total Assets Less Liabilities</u>		<u>8,941</u>	<u>1,710</u>	<u>817,000</u>	<u>827,651</u>	<u>3,297</u>

### **Funds**

Unrestricted	8,880
Designated	1,771
Restricted Fund	7,413
Capital Fund	809,587
<u>Total Funds</u>	<u>827,651</u>

## Notes to the Financial Statements for the year ended 31<sup>st</sup> May 2022

### 1 Accounting policies

#### 1.1 Accounting convention

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in September 2015 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### 1.2 Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continues to adopt the going concern basis of accounting in preparing the accounts.

#### 1.3 Charitable funds

**Unrestricted funds** represent funds of the Charity that are not subject to any restrictions regarding their use and are available for application on the general purposes of the Charity and support activities and the day to day running and administration of the Charity.

**Designated funds:** funds designated by the Trustees for a particular purpose:

**Capital Fund:** Holds the value of the IMC

**Restricted funds:** represent funds of the Charity which have been received with restrictions so that they may only be used by the Trustees for the purpose stated:

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Trustees have been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Rental income from letting centre is recognised when the rent is due.

	<u>2022</u> £	<u>2021</u> £
<b>2 INCOMING RESOURCES</b>		
<b>Donations &amp; Gifts</b>		
General Fund (Unrestricted)	387	808
Designated Fund (Assistance Fund)	3,714	0
Gift Aid tax recovered	135	0
Restricted Fund (IMC purchase)	817,000	0

A major donor provided the money for purchase of the IMC (property) by way of a cash donation (£450,000) and an underwritten loan (£367,000) via Alkaro Hospitality Ltd. The loan has now been written off. There was no liability on the charity to repay it, so it has not been included as a Creditor below.

## PAYMENTS

### 3 Charitable Activities

Administration	180	51
Promotion	77	
Donations & Grants	2,186	394
Running Events	1,690	45
Production Costs	88	319
Website	579	712

### 4 Support Costs

IMF Office	549	504
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### 5 Capital Expenditure

Purchase of IMC	809,587	
<b>Equipment</b>	<b>3,257</b>	<b>3297</b>

### 6 Governance Costs

Trustee Expenses	176	60
Hire of Casual Worker	491	
Independent Examination costs	400	

The IMC is a property used to provide its charitable work, so the trustees will not be revaluing it, as SORP allows for functional property.

Simon Christopher chair of Trustees is our voluntary church minister, who also acts as caretaker and therefore has an apartment and office within the church centre. If the apartment was let on the open market, it could bring in approximately £12,000 per annum based on similar apartments in the local area.

1 Trustees claimed £176 in expenses during the year, in the previous year 2 number Trustees claimed £60 in expenses

Following the Trustees failing to locate a suitable premises for the IMC they decided, to ask one of their number Holly Rose Thomas to undertake work on a casual basis to locate a site. The hire costs of £491 is seen by the other Trustees good value for money as a property was quickly located.

## 7. DEBTORS

Income Tax Recoverable	135	n/a
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## 8. CREDITORS

Independent Examination costs	400	n/a
-------------------------------	-----	-----

## 9. CASH FLOW

	<u>2022</u>	<u>2021</u>
Cash Brought Forward	16,028	21,025
Cash generated in year	821,236	808
Cash spent in year	819,260	5,745
Cash Carried Forward	<u>18,004</u>	<u>16,028</u>

**ILLUMINATE MIND FOUNDATION**

England & Wales - Charity number 1178594

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# Accounts

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# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	1st	June	2020		31 <sup>st</sup>	May	2021

## Section A Reference and administration details

**Charity name** Illuminate Mind Foundation

**Other names charity is known by** n/a

**Registered charity number (if any)** 1178594

**Charity's principal address** 30 Cross Street

Hampton Hill

Hampton

**Postcode**

TW12 1RT

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Simon Christopher	Chair		
2	Daniela (Barbara) Matarrese	Treasurer		
3	Holly Thomas	Secretary		
4	Debra Frankiewicz	Administrator		
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Elected by current trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

<p>1/ To promote the religious and philosophical teachings of Jesus Christ in <b>A Course in Miracles</b> to the general public primarily in the United Kingdom.</p> <p>2/ To provide illumination, guidance and resources to those who are actively engaged with the teachings of Jesus Christ in <b>A Course in Miracles</b> regardless of location.</p>
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3/ To provide a property primarily in the United Kingdom as a teaching centre, for healing, for worship and fellowship for anyone interested in the spiritual experience and self-transformation promised in **A Course in Miracles**.

When making decisions in furthering the charity's objects, the trustees have endeavoured to take the Commission's guidance on public benefit into consideration, in particular, the specific guidance on charities for the advancement of religion.

We believe in our mandate, explicitly stated in the teachings, to extend and expound the profoundly transformative spiritual message of A Course in Miracles for the positive benefit of the general public, in the name of God. We do this in two primary ways – firstly by striving to bring individuals together under the guidance of the Holy Spirit for the purpose of discovering the message of atonement, healing the mind through forgiveness, restoring our true relationship with God and to experience the illumination of mind in Christ. Secondly by providing resources in various media formats, mostly via our website.

This year our programme has been adversely affected by the Covid-19 pandemic and restrictions on in-person gatherings. We have postponed some events, however, we continued to organize and run a programme of online events throughout the year. In the USA we have been able to meet in-person and in Spain too. We included free/open meetings to the general worldwide public and our Christmas celebration event was live-streamed on YouTube and Facebook.

Events -

- Twice-weekly open online meetings for those members of the public interested in the teachings, hosting international teachers and in-house teachers.
- Fortnightly online meeting with our senior teacher for beginners and more serious students including those aspiring to teach the message of A Course in Miracles.
- Workshops - one-day events & two-day weekends,
- In-person 9-day residential retreat in Spain.
- Autumn & Spring in-person programme series in Tucson, Arizona.
- Frequent participation in UCDDM Universal live-streaming virtual teaching sessions out of Bogotá, Colombia.
- Zoom streaming events have supported the growth of online participants from many countries i.e USA, France, Spain, Italy, South America and remote parts of the UK. Spanish translation is provided for Spanish speakers from Spain and S America.

We have continued to invest in hardware to improve our online service.

Our website includes our calendar of events, free ebooks, audio recordings, video clips and information about our help and healing service. Articles and excerpts have been added and blog developed. A section of personal experiences by individuals attending our meetings is included and continues to grow with each residential event.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Spanish language pages are being added to the site for our Spanish student audience.

Healing and help – we have freely supported individuals with concerns, needs and challenges from the UK and overseas by phone and Skype call.

We have recorded audio and video of teaching sessions, with investment in equipment, in order to produce generally available materials, providing guidance and insight into the teachings.

Facebook – we maintain a presence for communicating, posting information about events, resources and inspiration.

We send out a frequent bulletin by email to more than 1100 contacts in the EU, 150 in the USA and a smaller group in South American countries.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Policy on financial assistance

Participation at some events is without cost, others are by a 'suggested donation' making them accessible to all. No one is excluded for financial reasons. Where there are fixed costs for accommodation and meals we try to keep them reasonable. If costs are an obstacle to participation, individuals are informed they are welcome to enquire about assistance. All are welcome. Generally, the amount of assistance is determined through a conversation with the individual followed by consultation between trustees. The charity will make up the shortfall in participants funds towards board and lodging.

The charity stands ready to provide financial assistance to individuals who wish to attend an event as long as it's in a position to do so.

Volunteers

We have benefited from the generous help of many volunteers over the year. Between 4 and 6 regular volunteers have provided administrative help and practical and technical assistance at events which have enabled us to run the events smoothly and on a more professional level.

We have been in discussion with a donor who has made an offer to assist in funding the purchase of a property.

**Summary of the main achievements of the charity during the year**

In response to the Covid-19 restrictions we have managed a continuous programme of online meetings to discover and explore the teachings and practices set out in the books of A Course in Miracles.

A widely advertised Christmas Celebration with Candlelight, Music and readings was offered to the general public live-streamed on YouTube and Facebook. A July 4<sup>th</sup> event was also broadcast to any and all interested.

The “Personal Experiences” section of the website shows the profound, life-changing benefit and joy of this curriculum. These expressions are a strong testimony to the benefit of attending our meetings and engaging with the teachings. See sidebar link on our site [www.illuminatemind.net](http://www.illuminatemind.net).

Our contact email list continues to attract new subscribers and Facebook pages also act as a portal to the charity’s resources and activities.

UK and global contacts have increased during the lockdown with interested members of the public finding information about our activities from various sources: MeetUp, our Facebook pages and other Facebook group pages, our Website, Instagram, UCDM Colombia, Group email bulletins, general networking between students and teachers of A Course in Miracles.

Development of web resources continues with addition of Spanish language pages, more eBooks and audio recordings, video clips.

We have extended further activities in the USA, with two successful programmes in Tucson, AZ.

Some students have progressed to actively offer their own classes.

A regular online class has been introduced through the UCDM group in Bogotá, Colombia, whose reach is Latin America and Global.

The charity continues to invest in video and audio online streaming software and equipment to support and enhance our outreach programme over the Internet.

A workgroup of regular attendees and advisors has been formed to set up a separate non-profit association and to find a suitable retreat facility for our use in Spain.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The trustees aim to maintain unrestricted fund reserves of £10,000 to ensure continuity of activities throughout the coming 12 months regardless of any fluctuation in donations. We have seen below normal levels of activity during the pandemic year, however we expect activity, income and expenses, to increase as we normalize and are able to arrange in-person programmes.

#### Projected spending:

Assistance grant funding – 500

Website development – 3,500

Room hire – 4,000

Various accounts in support of video -streaming incl. broadband – 1000

Other projects (i.e. publishing) – 1000

The charity's reserves policy will be reviewed every six months.

### Details of any funds materially in deficit

There are no creditors who have a legal claim on the assets of the charity.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Pandemic restrictions have caused our financial activity to fall. However, our outreach and contact list has continued to grow at home and abroad through video streaming. The trustees are optimistic financial activity will increase to support our aims of creating greater access to the general interested public and publish more materials for students.

The charity has received several smaller donations from individuals but has not engaged in fundraising campaigns. Our focus has been primarily to provide online events with some investment in equipment but with generally lower costs than in-person meetings.

The charity currently has a reserve fund policy covering the projected cost of supporting our activities over the next 12 months, with sufficiency to offset any uncertainty in financial support.

The financial statements have been prepared in accordance with the Charities Act 2011, Section 133, using the Receipts & Payments basis.

The charity had no other income or expenditure at the end of the financial year that was outstanding (eg. gift aid claims yet to be completed, auditing/examination costs yet to be paid, or outstanding invoices).

## Section F

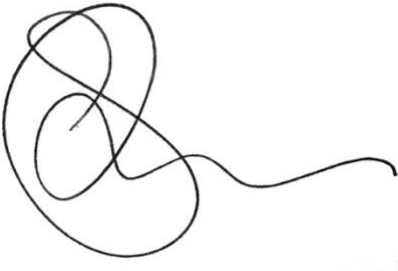
## Other optional information

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**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Rev Simon Christopher	
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	01/02/2022	



**Receipts and payments accounts**

CC16a

For the period  
from

1st June 2020

To

31st May 2021

**Section A Receipts and payments**

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations	808	-	-	808	5,406
<b>Sub total (Gross income for AR)</b>	<b>808</b>	<b>-</b>	<b>-</b>	<b>808</b>	<b>5,406</b>
<b>A2 Asset and investment sales, (see table).</b>					
	- 0	- 0	- 0	-	
<b>Sub total</b>	<b>- 0</b>	<b>- 0</b>	<b>- 0</b>	<b>-</b>	<b>- 0</b>
<b>Total receipts</b>	<b>808</b>	<b>- 0</b>	<b>- 0</b>	<b>808</b>	<b>5,406</b>
<b>A3 Payments</b>					
Administration	48	-	-	48	0
Advertising & Promotion	0	-	-	-	595
Event Costs (room hire)	0	-	-	-	3793
Event Costs (equipment, sundries, deposit)	164	-	-	164	337
Event Costs (streaming, Covid-19 hea/safety)	200	-	-	200	0
Donations & Grants Out	394	-	-	394	5806
Trustee Expenses	60	-	-	60	12
Volunteer Expenses	45	-	-	45	0
Video Production Costs	83	-	-	83	245
Website	712	-	-	712	1579
Teaching Resources	0	-	-	-	41
Publishing	236	-	-	236	0
IMF Office	504	-	-	504	685
Bank & Card Fees	2	-	-	2	14
Equipment	3297	-	-	3,297	2967
Unreconciled Payment (donation rec'd in err.)	0	-	-	-	374
<b>Sub total</b>	<b>5,745</b>	<b>-</b>	<b>-</b>	<b>5,745</b>	<b>16,448</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	- 0	- 0	- 0	-	
<b>Sub total</b>	<b>- 0</b>	<b>- 0</b>	<b>- 0</b>	<b>-</b>	<b>- 0</b>
<b>Total payments</b>	<b>5,745</b>	<b>- 0</b>	<b>- 0</b>	<b>5,745</b>	<b>16,448</b>
<b>Net of receipts/(payments)</b>	<b>- 4,937</b>	<b>-</b>	<b>-</b>	<b>- 4,937</b>	<b>- 11,042</b>
<b>A5 Transfers between funds</b>	<b>- 0</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>21,025</b>	<b>-</b>	<b>-</b>	<b>21,025</b>	<b>32,066</b>
<b>Cash funds this year end</b>	<b>16,088</b>	<b>-</b>	<b>-</b>	<b>16,088</b>	<b>21,025</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
<b>B1 Cash funds</b>	HSBC Account	15,088	-	
	CAF Account	1,000	-	
	<b>Total cash funds</b>	<b>16,088</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
<b>B2 Other monetary assets</b>		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	Physical assets - equipment purchased (purchase price)		3,297	
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Simon Christopher - Chair		01/02/2022
		Holly Thomas - Secretary		01/02/2022