



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 01/05/2020

To 30/04/2021

Charity name: Serenity Social & Therapeutic Horticulture

Charity registration number: 1178564

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To relieve sickness and promote and protect health within Darlington and the surrounding area through the provision of therapeutic horticulture to those with, or vulnerable to, mental health problems and to protect physical health through encouraging horticulture-related physical activity; and</p> <p>To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals resident in Darlington and the surrounding area who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p><b>Dr Satinder Sanghera spent the year training to return to General Practice after a period of ill health retirement. In doing so, she was able to look to benefit the charity in new ways whilst the charity was unable to accept clients due to the Pandemic preventing our vulnerable clients from taking any risk with social gatherings.</b></p> <p><b>As a direct result of her training she became aware of integrated care services and a new department within this called staff health and well-being. They sign-post NHS staff to wellbeing therapies. We explored this further and decided to link in with this organisation to provide support to clients once NHS covid guidance allowed groups to gather outside.</b></p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p><b>yes we have regarded the guidance on public benefit</b></p>

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

### Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>As already mentioned the pandemic prevented us from being able to open our charity due to restrictions on social gatherings throughout a large part of 2020, coupled with the fact that our existing client base were largely all shielding.</b></p> <p><b>However this time was well spent gathering information to send the charity in a new direction to help those NHS Frontline staff whilst linking in with an emerging new NHS organisation purposely designed for this.</b></p> <p><b>We also used this time to explore skilled volunteers who could contribute to this new service and sourced two excellent mindfulness and greencare therapy coaches as well as retaining an existing excellent tai chi instructor.</b></p> <p><b>This year was also spent revamping our website and updating the profiles on our volunteers.</b></p> <p><b>Dr Sanghera also trained to volunteer to help during the early stages of the pandemic on the helplines and had successful surgery which would eventually allow her to then embark on a training programme to re-enter general practice</b></p>

**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<b>as above</b>
Performance of fundraising activities against objectives set	Para 1.41	<b>as above</b>
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>we're in a good position as have spent less than £100 with a cash fund at year end of nearly £6,000.00 in the charity bank account</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>we plan to use these funds for the charity work 2021/22</b>
Amount of reserves held	Para 1.22	<b>nil</b>
Reasons for holding zero reserves	Para 1.22	<b>our overheads are relatively low for this year</b>
Details of fund materially in deficit	Para 1.24	<b>nil</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>nil</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>local grants</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Constitution</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Every charity trustee must be ordinarily resident within the Darlington Local Authority District and its environs.</p> <p>There must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee, subject to the provisions of Clause9(2). A charity trustee appointed under this clause shall complete the term of office that would have been served by the former trustee whose position they have been appointed to fill.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Serenity social & therapeutic horticulture
Other name the charity uses	SSTH
Registered charity number	<b>1178564</b>

Charity's principal address	Woodside North Lane Killerby Darlington DL2 3UH

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	satinder sanghera	executive director		
2	mike faulkner	secretary		
3	rita lawson	governance officer		
4	sanjay patel	treasurer		
5	helen hobson	client support officer		
6				
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20				

### Corporate trustees – names of the directors at the date the report was approved

Director name		
<b>satinder sanghera</b>		

### Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
<b>none</b>		

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

## Additional information (optional)

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Satinder Sanghera	Mike Faulkner
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Position (eg  
Secretary, Chair, etc)

Chair / Executive Director

Secretary

Date

30/2/21



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
Serenity Social & Therapeutic Horticulture	1178564

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## Receipts and payments accounts

For the period from	Period start date	To	Period end date
	1/5/2020		30/4/2021

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	165	-	-	165	2,403
Restricted donations	-	-	-	-	400
Grants	-	-	-	-	2,968
Restricted grants	-	-	-	-	1,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>165</b>	<b>-</b>	<b>-</b>	<b>165</b>	<b>6,771</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>165</b>	<b>-</b>	<b>-</b>	<b>165</b>	<b>6,771</b>
<b>A3 Payments</b>					
Insurance	16	-	-	16	115
DBS Checks	10	-	-	10	21
Training	-	-	-	-	-
Consumables	44	-	-	44	1,017
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>71</b>	<b>-</b>	<b>-</b>	<b>71</b>	<b>1,153</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Equipment	-	-	-	-	639
Tools	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>639</b>
<b>Total payments</b>	<b>71</b>	<b>-</b>	<b>-</b>	<b>71</b>	<b>1,791</b>
<b>Net of receipts/(payments)</b>	<b>94</b>	<b>-</b>	<b>-</b>	<b>94</b>	<b>4,979</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>4,502</b>	<b>1,400</b>	<b>-</b>	<b>5,902</b>	<b>923</b>
<b>Cash funds this year end</b>	<b>4,596</b>	<b>1,400</b>	<b>-</b>	<b>5,996</b>	<b>5,902</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		4,596	1,400	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>4,596</b>	<b>1,400</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK

[illegible]

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Disabled Composting Toilet	Restricted	-	-
	Tool Store	Restricted	-	-
	High Raised Beds x 2	Restricted	-	-
	Lightweight Watering Cans x 3	Restricted		
	Trough for washing pots	Restricted	-	-
	Sprinkler	Restricted		
	Catering Boiler	Restricted		
	8 foot Greenhouse Staging & potting pal	Restricted		
	Chairs x 6	Restricted		
	Kettle	Restricted		
	Peta specialised garden tools	Restricted		
	Recycling bin	Restricted	-	-
	Floral scissors x 2	Restricted	-	-
	Tes, Coffee & Sugar containers	Restricted	-	-
	Wheelbarrow	Restricted		
	Garden Bench	Restricted		
	Kneeler stools x 2	Restricted		
	Secateurs x 4	Restricted		
	Vegetable cages x 3	Restricted		

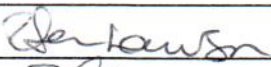



Long High Raised Bed	Restricted		
Chairs x 12	Unrestricted		
Fridge	Unrestricted		
Hose reel	Unrestricted		
Posters x 2	Unrestricted		
Gazebo	Unrestricted		
Teapots x 2	Unrestricted		
Whiteboard	Unrestricted		
Curling equipment	Unrestricted	-	-

## B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	rita LAWSON	21-2-22
	SAPINDER SANGHERA	21-2-22