

REGISTERED COMPANY NUMBER: CE014241 (England and Wales)
REGISTERED CHARITY NUMBER: 1178563

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 May 2025
for
The Counselling Hub

Ridgway and Company
The Office,
Ffordd Pentre Bach,
Nercwys.
Mold
Flintshire
CH7 4EG

The Counselling Hub

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for the Year Ended 31 May 2025

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The Counselling Hub

Report of the Trustees for the Year Ended 31 May 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 May 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The board of Trustees meet once a month with the organisation manager to direct the management and governance of the Counselling Hub Charity. This includes matters relating to health and safety, finance, risks, maintenance, staff, volunteers, activities, marketing, compliance with regulations, grants and the development of the business.

Objectives and activities

Objectives and aims

The objectives of the CIO are to protect and promote the mental and emotional health of the general public by the provision of a safe and affordable counselling service.

Public benefit

The Trustees have referred to the Charity Commission's general guidance on public benefit when reviewing their aims and objectives and in planning future activities. The Trustees remain committed to equal opportunities for all.

Achievements and performance

Charitable activities

The Counselling Hub has continued to operate effectively, maintaining some of the previous ways of operating. Creating continuity, resilience and robust ways of supporting our community and enhancing our service delivery. Our mental health support services have now fully transitioned into a hybrid model, offering both in-person and remote counselling. This approach has expanded our geographical outreach while maintaining essential local community services, including drop-in and one-to-one therapy sessions for those affected by suicide, self-harm, and depression.

Again this year, we achieved our objectives without statutory support, relying on the sale of donated goods and local fundraising efforts. Community initiatives included supporting families across Mold, Wrexham and Buckley. Our outreach via the Internet and telephone services is on a much wider scale. Areas such as Bangor, Chester and other smaller villages and communities are also able to access our services without needing to be present.

Providing Christmas gifts to local children is something we have continued to do and will seek to further enhance upon.

We also collaborated with local businesses to deliver food goods and vouchers to families in need.

Our partnerships with Town Councils and Probation Services remain strong. We have integrated several probation workers into our team, providing them with new skills and mental health support while they assist with premises maintenance. Furthermore, we continue to provide supervised contact and mediation services, as well as placements for student counsellors and volunteers.

We maintain our presence in Buckley and Mold and have expanded our operations with a new office and preparations of a further shop in Wrexham. Additionally, we continue to sponsored two local rugby clubs to further our focus on male mental health.

Structure, governance and management

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Reference and administrative details

Registered Company number

CE014241 (England and Wales)

The Counselling Hub

Report of the Trustees
for the Year Ended 31 May 2025

Registered Charity number

1178563

Registered office

9 Wrexham Street
Mold
Flintshire
CH7 1ET

Trustees

P Ringeval
V M Sale
I Davies (resigned 4.11.24)
M A Morton
D W P Salisbury (appointed 30.10.24)
N Bellis (appointed 23.10.24)

Company Secretary

Independent Examiner

Ridgway and Company
The Office,
Ffordd Pentre Bach,
Nercwys.
Mold
Flintshire
CH7 4EG

Approved by order of the board of trustees on and signed on its behalf by:

.....
P Ringeval - Trustee

Independent Examiner's Report to the Trustees of
The Counselling Hub

Independent examiner's report to the trustees of The Counselling Hub ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christian Ridgway

Ridgway and Company
The Office,
Ffordd Pentre Bach,
Nercwys.
Mold
Flintshire
CH7 4EG

Date:

The Counselling Hub

Statement of Financial Activities
for the Year Ended 31 May 2025

	Notes	31.5.25 Unrestricted fund £	31.5.24 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		34,949	37,491
Other trading activities	2	83,183	69,648
Total		<u>118,132</u>	<u>107,139</u>
EXPENDITURE ON			
Raising funds		114,030	92,875
NET INCOME		4,102	14,264
RECONCILIATION OF FUNDS			
Total funds brought forward		70,217	55,953
TOTAL FUNDS CARRIED FORWARD		<u><u>74,319</u></u>	<u><u>70,217</u></u>

The notes form part of these financial statements

The Counselling Hub

Balance Sheet
31 May 2025

	Notes	31.5.25 Unrestricted fund £	31.5.24 Total funds £
FIXED ASSETS			
Tangible assets	7	208,119	209,462
CURRENT ASSETS			
Debtors	8	-	1,126
Cash at bank		10,987	10,037
		<u>10,987</u>	<u>11,163</u>
CREDITORS			
Amounts falling due within one year	9	(16,732)	(16,214)
NET CURRENT ASSETS		<u>(5,745)</u>	<u>(5,051)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		202,374	204,411
CREDITORS			
Amounts falling due after more than one year	10	(128,055)	(134,194)
NET ASSETS		<u>74,319</u>	<u>70,217</u>
FUNDS	12		
Unrestricted funds		<u>74,319</u>	<u>70,217</u>
TOTAL FUNDS		<u>74,319</u>	<u>70,217</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

The Counselling Hub

Balance Sheet - continued

31 May 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on
and were signed on its behalf by:

.....
P Ringeval - Trustee

Notes to the Financial Statements
for the Year Ended 31 May 2025

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on reducing balance
Motor vehicles	- 25% on reducing balance
Computer equipment	- 25% on reducing balance

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	31.5.25	31.5.24
	£	£
Sales	83,183	69,648
	<u> </u>	<u> </u>

The Counselling Hub

Notes to the Financial Statements - continued
for the Year Ended 31 May 2025

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.5.25	31.5.24
	£	£
Depreciation - owned assets	2,027	1,692
	<u>2,027</u>	<u>1,692</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

Mrs P Ringeval received gross income of £35,197 during the year to 31/05/2023 (prior year £34,519).

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 May 2025 nor for the year ended 31 May 2024.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.5.25	31.5.24
	4	5
Average employees	<u>4</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	37,491
Other trading activities	69,648
Total	<u>107,139</u>
EXPENDITURE ON	
Raising funds	92,875
	<u>92,875</u>
NET INCOME	14,264
RECONCILIATION OF FUNDS	
Total funds brought forward	55,953
	<u>55,953</u>
TOTAL FUNDS CARRIED FORWARD	<u>70,217</u>

Notes to the Financial Statements - continued
for the Year Ended 31 May 2025

7. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Motor vehicles £	Computer equipment £	Totals £
COST					
At 1 June 2024	202,040	175	1,800	13,914	217,929
Additions	-	140	-	544	684
At 31 May 2025	202,040	315	1,800	14,458	218,613
DEPRECIATION					
At 1 June 2024	-	128	1,056	7,283	8,467
Charge for year	-	47	186	1,794	2,027
At 31 May 2025	-	175	1,242	9,077	10,494
NET BOOK VALUE					
At 31 May 2025	202,040	140	558	5,381	208,119
At 31 May 2024	202,040	47	744	6,631	209,462

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.25 £	31.5.24 £
Trade debtors	-	1,126

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.25 £	31.5.24 £
Other loans (see note 11)	14,400	14,400
Trade creditors	1	(1)
Social security and other taxes	887	266
Pension	256	11
Other creditors	-	218
Accrued expenses	1,188	1,320
	16,732	16,214

Notes to the Financial Statements - continued
for the Year Ended 31 May 2025

10. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.5.25	31.5.24
	£	£
Other loans (see note 11)	128,055	134,194

11. LOANS

An analysis of the maturity of loans is given below:

	31.5.25	31.5.24
	£	£
Amounts falling due within one year on demand:		
Other loans	14,400	14,400
Amounts falling between one and two years:		
Other loans - 1-2 years	14,400	14,400
Amounts falling due between two and five years:		
Other loans - 2-5 years	43,200	43,200
Amounts falling due in more than five years:		
Repayable by instalments:		
Other loans more 5yrs instal	70,455	76,594

12. MOVEMENT IN FUNDS

	At 1.6.24	Net movement in funds	At 31.5.25
	£	£	£
Unrestricted funds			
General fund	70,217	4,102	74,319
TOTAL FUNDS	70,217	4,102	74,319

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	118,132	(114,030)	4,102
TOTAL FUNDS	118,132	(114,030)	4,102

Notes to the Financial Statements - continued
for the Year Ended 31 May 2025

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.6.23 £	Net movement in funds £	At 31.5.24 £
Unrestricted funds			
General fund	55,953	14,264	70,217
TOTAL FUNDS	<u>55,953</u>	<u>14,264</u>	<u>70,217</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	107,139	(92,875)	14,264
TOTAL FUNDS	<u>107,139</u>	<u>(92,875)</u>	<u>14,264</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.6.23 £	Net movement in funds £	At 31.5.25 £
Unrestricted funds			
General fund	55,953	18,366	74,319
TOTAL FUNDS	<u>55,953</u>	<u>18,366</u>	<u>74,319</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	225,271	(206,905)	18,366
TOTAL FUNDS	<u>225,271</u>	<u>(206,905)</u>	<u>18,366</u>

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 May 2025.

The Counselling Hub

Detailed Statement of Financial Activities
for the Year Ended 31 May 2025

	31.5.25 £	31.5.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Grants	34,949	37,491
Other trading activities		
Sales	83,183	69,648
Total incoming resources	118,132	107,139
EXPENDITURE		
Support costs		
Finance		
Bank charges	1,831	554
Bank loan interest	8,262	8,557
	10,093	9,111
Other		
Wages	72,929	58,946
Rates and water	2,319	2,265
Licences and insurance	1,355	1,590
Light and heat	5,150	3,082
Telephone	2,559	1,664
Sundries	2,950	-
Staff welfare and cleaning	1,527	1,932
Repairs and maintenance	2,915	2,805
Post and stationery	567	1,076
Accountancy	1,527	1,825
Advertising	464	296
Subscriptions	2,084	1,644
Staff training	1,228	937
Card machine fees	1,000	921
Motor and travel	2,826	2,853
Software and IT costs	510	235
Plant and machinery	47	16
Motor vehicles	186	248
Computer equipment	1,794	1,429
	103,937	83,764
Total resources expended	114,030	92,875
Net income	4,102	14,264

This page does not form part of the statutory financial statements