

REGISTERED COMPANY NUMBER: CE014241 (England and Wales)
REGISTERED CHARITY NUMBER: 1178563

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 May 2022
for
The Counselling Hub

Ridgway and Company
Chartered Accountants
The Office,
Ffordd Pentre Bach, Nercwys.
Mold
Flintshire
CH7 4EG

The Counselling Hub

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for the Year Ended 31 May 2022

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The Counselling Hub

Report of the Trustees for the Year Ended 31 May 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 May 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The board of Trustees meet once a month with the organisation manager to direct the management and governance of the Counselling Hub Charity. This includes matters relating to health and safety, finance, risks, maintenance, staff, volunteers, activities, marketing, compliance with regulations, grants and the development of the business.

Objectives and activities

Objectives and aims

The objectives of the CIO are to protect and promote the mental and emotional health of the general public by the provision of a safe and affordable counselling service.

Public benefit

The Trustees have referred to the Charity Commission's general guidance on public benefit when reviewing their aims and objectives and in planning future activities. The Trustees remain committed to equal opportunities for all.

Achievement and performance

Charitable activities

Since the COVID-19 pandemic we have enhanced our existing mental health support and activities to be transitional between in person and remote practice, offering a hybrid service is proving to be very beneficial with a much greater logistical outreach. We have had a 50% increase in demand. Staff and volunteers have been trained inline with the necessary changes. We follow business continuity, risk assessment, health and safety and government COVID-19 measures.

Also, in response to local outcry and increased referrals, we have started delivering food goods, donated by our local supermarkets, to our most vulnerable families and individuals that are socially isolating and unable to access or afford. We coordinate our responses for community delivery parcels through telephone methods; for most people, we are the only contact they have. We use this contact opportunity to provide additional mental health support.

Last year we directly helped 355 (new) members and their extended families. Current upscale services; this is likely to be more than double if demand runs at the current rate. We use equal opportunities monitoring forms to evaluate outcomes and hold regular trustee meetings to review and work on SMART and SWOT analysis. We have shelves in our shop where people in financial distress can come and collect food goods.

We run a suicide prevention, self-harm and depression management drop-in, consisting of one large room and two smaller offices and maintain a further 3 offices in other areas.

We provide supervised contact for families that are not permitted to see their children unsupervised. These placements are allocated by the courts and are carried out by suitably qualified / vetted persons. We provide mediation services (fully qualified and insured) to families with young children, or mediation for teens that are struggling with their family relationships.

We have extended our volunteering opportunities and placements for student counsellors. We have also commenced work with the probation services and provide placements for unpaid work / community services.

This year we purchased a huge multi-storey building that houses three floors of retail space. We have redecorated, installed fittings and fixtures and also installed CCTV. The building has four offices. These are still in need of further reparation but have greatly improved. We have paid a £40,000 deposit on the building.

Further work has been undertaken with local youngsters to help them deal with troubling issues such as bullying, self-harm and bereavement to suicide.

Ongoing support is offered for those struggling with suicide, self-harm and depression management by means of counselling, social inclusion, volunteering and skill building, training and referrals to appropriate organisations.

We offer food and clothing to the homeless and have even supported accommodation in extreme circumstances.

The Counselling Hub

Report of the Trustees
for the Year Ended 31 May 2022

Structure, governance and management

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Reference and administrative details

Registered Company number

CE014241 (England and Wales)

Registered Charity number

1178563

Registered office

9 Wrexham Street
Mold
Flintshire
CH7 1ET

Trustees

P Ringeval
D Schimanke
V M Sale
M S Alexander
I Davies
M A Morton

Company Secretary

Independent Examiner

Ridgway and Company
Chartered Accountants
The Office,
Ffordd Pentre Bach, Nercwys.
Mold
Flintshire
CH7 4EG

Approved by order of the board of trustees on and signed on its behalf by:

.....
P Ringeval - Trustee

Independent Examiner's Report to the Trustees of
The Counselling Hub

Independent examiner's report to the trustees of The Counselling Hub ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christian Ridgway
Ridgway and Company
Chartered Accountants
The Office,
Ffordd Pentre Bach, Nercwys.
Mold
Flintshire
CH7 4EG

Date:

The Counselling Hub

Statement of Financial Activities
for the Year Ended 31 May 2022

	Notes	31.5.22 Unrestricted fund £	31.5.21 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		42,369	81,428
Other trading activities	2	55,761	31,792
Other income		-	750
Total		<u>98,130</u>	<u>113,970</u>
EXPENDITURE ON			
Raising funds		97,127	84,644
NET INCOME		1,003	29,326
RECONCILIATION OF FUNDS			
Total funds brought forward		53,399	24,073
TOTAL FUNDS CARRIED FORWARD		<u><u>54,402</u></u>	<u><u>53,399</u></u>

The notes form part of these financial statements

The Counselling Hub

Balance Sheet
31 May 2022

	Notes	31.5.22 Unrestricted fund £	31.5.21 Total funds £
FIXED ASSETS			
Tangible assets	7	209,203	8,382
CURRENT ASSETS			
Debtors	8	687	43,043
Cash at bank		9,320	8,166
		<hr/> 10,007	<hr/> 51,209
CREDITORS			
Amounts falling due within one year	9	(19,208)	(6,192)
NET CURRENT ASSETS		<hr/> (9,201)	<hr/> 45,017
TOTAL ASSETS LESS CURRENT LIABILITIES		200,002	53,399
CREDITORS			
Amounts falling due after more than one year	10	(145,600)	-
NET ASSETS		<hr/> 54,402	<hr/> 53,399
FUNDS	12		
Unrestricted funds		54,402	53,399
TOTAL FUNDS		<hr/> 54,402	<hr/> 53,399

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The Counselling Hub

Balance Sheet - continued

31 May 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
P Ringeval - Trustee

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on reducing balance
Motor vehicles	- 25% on reducing balance
Computer equipment	- 25% on reducing balance

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	31.5.22	31.5.21
	£	£
Sales	55,761	31,792
	<u> </u>	<u> </u>

The Counselling Hub

Notes to the Financial Statements - continued
for the Year Ended 31 May 2022

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.5.22	31.5.21
	£	£
Depreciation - owned assets	2,220	1,894
Surplus on disposal of fixed assets	-	(750)
	<u> </u>	<u> </u>

4. TRUSTEES' REMUNERATION AND BENEFITS

Mrs P Ringeval received gross income of £34,519 during the year to 31/05/2022 (prior year £31,416).

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 May 2022 nor for the year ended 31 May 2021.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.5.22	31.5.21
	4	4
Average employees	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	81,428
Other trading activities	31,792
Other income	750
Total	<u>113,970</u>
 EXPENDITURE ON	
Raising funds	84,644
	<u> </u>
 NET INCOME	 29,326
 RECONCILIATION OF FUNDS	
Total funds brought forward	24,073
	<u> </u>
 TOTAL FUNDS CARRIED FORWARD	 <u>53,399</u>

Notes to the Financial Statements - continued
for the Year Ended 31 May 2022

7. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Motor vehicles £	Computer equipment £	Totals £
COST					
At 1 June 2021	-	175	1,800	9,170	11,145
Additions	202,040	-	-	1,001	203,041
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
At 31 May 2022	202,040	175	1,800	10,171	214,186
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
DEPRECIATION					
At 1 June 2021	-	63	38	2,662	2,763
Charge for year	-	28	440	1,752	2,220
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
At 31 May 2022	-	91	478	4,414	4,983
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
NET BOOK VALUE					
At 31 May 2022	202,040	84	1,322	5,757	209,203
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
At 31 May 2021	-	112	1,762	6,508	8,382
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.22 £	31.5.21 £
Trade debtors	687	3,043
Other debtors	-	40,000
	<hr/>	<hr/>
	687	43,043
	<hr/>	<hr/>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.22 £	31.5.21 £
Other loans (see note 11)	14,400	785
Social security and other taxes	832	657
Pension	178	160
Other creditors	2,576	2,905
Accrued expenses	1,222	1,685
	<hr/>	<hr/>
	19,208	6,192
	<hr/>	<hr/>

Notes to the Financial Statements - continued
for the Year Ended 31 May 2022

10. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.5.22 £	31.5.21 £
Other loans (see note 11)	145,600	-

11. LOANS

An analysis of the maturity of loans is given below:

	31.5.22 £	31.5.21 £
Amounts falling due within one year on demand:		
Other loans	14,400	785
Amounts falling between one and two years:		
Other loans - 1-2 years	14,400	-
Amounts falling due between two and five years:		
Other loans - 2-5 years	43,200	-
Amounts falling due in more than five years:		
Repayable by instalments:		
Other loans more 5yrs instal	88,000	-

12. MOVEMENT IN FUNDS

	At 1.6.21 £	Net movement in funds £	At 31.5.22 £
Unrestricted funds			
General fund	53,399	1,003	54,402
TOTAL FUNDS	53,399	1,003	54,402

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	98,130	(97,127)	1,003
TOTAL FUNDS	98,130	(97,127)	1,003

Notes to the Financial Statements - continued
for the Year Ended 31 May 2022

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.6.20 £	Net movement in funds £	At 31.5.21 £
Unrestricted funds			
General fund	24,073	29,326	53,399
TOTAL FUNDS	<u>24,073</u>	<u>29,326</u>	<u>53,399</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	113,970	(84,644)	29,326
TOTAL FUNDS	<u>113,970</u>	<u>(84,644)</u>	<u>29,326</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.6.20 £	Net movement in funds £	At 31.5.22 £
Unrestricted funds			
General fund	24,073	30,329	54,402
TOTAL FUNDS	<u>24,073</u>	<u>30,329</u>	<u>54,402</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	212,100	(181,771)	30,329
TOTAL FUNDS	<u>212,100</u>	<u>(181,771)</u>	<u>30,329</u>

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 May 2022.

The Counselling Hub

Detailed Statement of Financial Activities
for the Year Ended 31 May 2022

	31.5.22 £	31.5.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Grants	42,369	81,428
Other trading activities		
Sales	55,761	31,792
Other income		
Gain on sale of tangible fixed assets	-	750
Total incoming resources	98,130	113,970
EXPENDITURE		
Support costs		
Finance		
Bank charges	396	-
Other		
Wages	60,396	49,252
Rates and water	2,093	2,840
Licences and insurance	908	1,082
Light and heat	3,732	2,251
Telephone	1,339	1,952
Sundries	421	-
Rent	13,000	11,420
Staff welfare and cleaning	1,219	524
Repairs and maintenance	2,883	5,080
Post and stationery	727	675
Accountancy	979	1,927
Advertising	1,598	270
Subscriptions	1,107	200
Legal and professional fees	140	210
Staff training	958	2,156
Card machine fees	729	396
Motor and travel	2,107	2,411
Software and IT costs	174	104
Plant and machinery	28	37
Motor vehicles	441	38
Computer equipment	1,752	1,819
	96,731	84,644
Total resources expended	97,127	84,644
Net income	1,003	29,326

This page does not form part of the statutory financial statements