

**It currently takes on
average **7-9 YEARS** from
the onset of symptoms to
achieving a diagnosis of
Endometriosis.**

**People with Endometriosis **deserve
better!****

Trustee Report

January 10th, 2022 – January 10th, 2023

Charity Name

The Endometriosis Foundation

Registered Charity Number

1178525

Registered Charity Address

601 Prince Avenue

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Contact

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www.theendometriosisfoundation.org

hello@theendometriosisfoundation.org

About us.

The Endometriosis Foundation is a not-for-profit organisation dedicated to raising awareness of Endometriosis, providing trusted and transparent information, education, and support. One of the biggest challenges people with Endometriosis face is accessing the right information and care which is why we are dedicated to arming people with transparent, reliable, and trusted information to help guide them through their journey with Endometriosis.

Our Mission.

Our mission is to create a future where Endometriosis is recognised and understood.

Our Vision.

Our vision is a future where everybody with Endometriosis receives the care and support they need, especially those within the later stages.

Our Goal.

Our goal continues to be to raise awareness of Endometriosis, providing reliable and trusted information. We continue to educate healthcare professionals and the public.

Our Story.

The Endometriosis Foundation was set up by Carla Cressy from Essex, England, who suffered from most of the obvious signs of Endometriosis from the age of just 13, but despite multiple visits to her GP and emergency admissions to A&E, for years her symptoms were dismissed and wrongly diagnosed.

Carla was officially diagnosed with Endometriosis aged 25, over a decade after her symptoms started. This late diagnosis impacted much of her adult life, resulting in 8 surgeries - including a bladder reconstruction, bowel surgery – resulting in a temporary ileostomy (stoma), and a total hysterectomy – taking away the chance of her ever bearing her own child, and forcing her into surgical menopause at just 29 years of age.

To this very day, Carla has never received any information or support outside of her family and friends.

As a consequence of her suffering, she decided she wanted to make a difference. She set up an online support group which now helps thousands of people. She began carrying out talks in schools which led her to starting a national campaign to raise awareness of Endometriosis amongst those in education.

Her campaign was supported by our late, honourable Chair and Trustee, Sir David Amess - MP for Southend-West, to which on March 14th, 2018, The Endometriosis All-Party Parliamentary Group (APPG) was formed and a little over a year later, Endometriosis was included in the school curriculum.

About Endometriosis.

Endometriosis (pronounced en-doh-me-tree-o-sis) is a common yet widely under-recognised and misunderstood condition affecting more than 10% of the female population. It can cause enormous suffering but remains understudied, under-diagnosed and poorly treated.

In the UK, it currently takes on average between 7-9 years from the onset of symptoms to achieving a diagnosis of Endometriosis. This is unacceptable! In 8 years, a student completes an entire cycle of school.

Endometriosis can carry a lot of uncertainty and symptoms which can have a significant impact on a person's quality of life, affecting school attendance and the ability to pursue a professional career. The symptoms can impact fertility and relationships and can often result in feelings of isolation and depression.

In severe cases, Endometriosis can sometimes result in the loss of normal hormone activity and loss of reproductive function leading to infertility and early onset menopause. In the more extreme cases, Endometriosis can be life threatening by impacting on kidney, bowel and lung function, and there is currently no cure.

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OUR YEARLY ACHIEVEMENTS.

The launch of our website

Our all-inclusive website is now officially live with tailored information for all those affected by Endometriosis including guidance on the treatments available, the signs to look out for, referral pathways, nutritional advice, and fertility. We regularly review and, where necessary, update our information ensuring people with Endometriosis have access to up-to-date information and guidance, ensuring all those affected or at risk of developing Endometriosis can make informed decisions around their care.

Planning our 2023 campaign

This year we made a start on our fertility awareness campaign to encourage a fair and positive change for people living with Endometriosis. The campaign began with achieving sponsorship with leading endoscope manufacturer Karl Storz who provided space and equipment to hold our real stories campaign filming series only this time with a focus around fertility. We held two events, capturing stories from women through our community groups who bravely shared their experiences on camera. These story telling videos will be used to share real-life perspectives on how Endometriosis affects fertility and the struggles those affected face.

Confirmation of our official launch event

Our official launch event date has now been secured and will take place on Tuesday, 7th March 2023 at the Palace of Westminster, House of Lords.

Confirmation of our local to Southend-on-Sea launch event

Our official local launch event date has now been secured and will take place on Friday, 31st March 2023 at Porters Civic House, the Mayoral Parlour in Southend-on-Sea.

Sponsorship

We secured official sponsorship with the Centre for Reproductive and Genetic Health as their chosen charity.

The Endometriosis Foundation

12 months Accounts to 10th January 2023

Registered Charity Number 1178525

Income and Expenditure

10.01.23

INCOME

Carla Cressey Accumulated Expenses 2018-2023 (relinquished)	£3,285.32
Accumulated Accountants Expenses 2019-2023 (relinquished)	£250.00
Fundraising	£778.37
Sponsorship	£1,000.00
Donations	£2,172.76
Paypal	£66.88
Easy Fundraising	£32.30
Bank Interest	£26.69

Total Income

£7,612.32

EXPENDITURE

Online support subscriptions & service including Email, web support, data analysis, dropbox, adobe, zoom	£483.90
Phone Services	£120.00
Home Office Costs	£360.00
Accounting Costs	£25.00
Fund Raising Regulator	£50.00
Ansvar Insurance	£110.36
Fund Raising Platform	£311.92

	£7.70
Bank Charges	
Total Expenditure	£1,468.88
Excess of Income over Expenditure	£6,143.44

Notes:

Income for Year Ended 10.1.23 includes Carla Cressey expenses of £3,285.32 incurred in maintaining the charity from 2018-2023 which have been relinquished to improve the financial status. The accounts fees for 2019-2023 have also been reclassified as a donation to the charity.

Fundraising activities during this period were adversely affected by personal illness and Covid-19.

The Trustees declare that they approve of the Trustees' report above.

Signed on behalf of the charity's trustees –

Signature



Full name

Dr. Joseph B Davis

Position (Trustee, Secretary, Chair etc)

Trustee

Date

24 July 2023

Charity registration number 1178525