

THE ENDOMETRIOSIS FOUNDATION

England & Wales · Charity number 1178525

Details

Other names	WOMEN WITH ENDOMETRIOSIS
Status	Registered
Legal form	CIO
Registered	2018-05-25
Register	View on the Charity Commission register

Contact

Address	601 Prince Avenue Westcliff-On-Sea SS0 0JQ
Phone	03001027007
Email	hello@theendometriosisfoundation.org
Website	www.theendometriosisfoundation.org

Activities

Objects: THE PROMOTION AND PROTECTION OF GOOD HEALTH IN WOMEN SUFFERING FROM ENDOMETRIOSIS BY RAISING AWARENESS AND EDUCATING STUDENTS AND THE PUBLIC ABOUT SYMPTOMS AND BY PROVIDING SUPPORT FORUMS AND GROUPS FOR WOMEN WHO SUFFER WHILST PROMOTING THE IMPORTANCE OF SELF-CARE.

Activities: The Endometriosis Foundation is a patient-led charity built on compassion, collaboration, and lived experience. We are dedicated to raising awareness, educating, and supporting people affected by endometriosis.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, The General Public/mankind

Geography

- Canada
- Sweden
- United States
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-10	£79,642	£65,360	-	-
2024-01-10	£39,572	£24,839	-	-
2023-01-10	£7,612	£1,469	-	-
2022-01-10	£40	£1,858	-	-
2021-01-10	£2,722	£2,317	-	-

Trustees

Name	Role	Appointed
Alec Edward Shelbrooke	Chair	2025-09-11
Annaliese Hughes		2025-10-23
Catherine Noonan		2025-10-01
Clare Bourne		2025-02-27
Dr JOSEPH DAVIS		2018-05-25
Dr Rebecca Mallick		2025-10-01
Dr Srividya Seshadri		2021-11-18
Heidi Salter		2021-10-27
Manish Chand		2022-05-05
Martin Hirsch		2025-02-09
Oliver O'Donovan		2022-04-16
Sula Belmont		2025-10-02
Thomas Bainton		2025-10-22

THE ENDOMETRIOSIS FOUNDATION

England & Wales - Charity number 1178525

Accounts

**It currently takes on
average **9 YEARS** from the
onset of symptoms to
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**People with Endometriosis **deserve
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Trustee Report

January 10th, 2023 – January 10th, 2024

Charity Name

The Endometriosis Foundation

Registered Charity Number

1178525

Registered Charity Address

601 Prince Avenue

SS0 0JQ

Contact

0300 102 7007

www.theendometriosisfoundation.org

hello@theendometriosisfoundation.org

About us.

Endometriosis can cause enormous suffering but remains understudied, under-funded, under-diagnosed and often misunderstood. **Our mission** is to create a future where endometriosis is recognised and understood. **Our vision** is a future where everybody with endometriosis receives the care and support they need without delay.

We believe everyone should have access to accurate, transparent, and trustworthy information, especially when it comes to making decisions about their bodies.

The Endometriosis Foundation is a not-for-profit organisation dedicated to raising awareness, providing trusted and transparent information, education, and support. One of the biggest challenges people with Endometriosis face is accessing the right information and care which is why we are dedicated to arming people with transparent, reliable, and trusted information to help guide them through their journey with Endometriosis.



Our mission is to create a future where Endometriosis is recognised and understood.

Our vision is a future where everybody with Endometriosis receives the care and support they need, especially those within the later stages.

Our goal continues to be to raise awareness of Endometriosis, providing reliable and trusted information. We continue to educate healthcare professionals and the public.

Our Story.

The charity's founder and CEO, Carla, suffered from most of the obvious signs of endometriosis from the age of just 13. Despite multiple visits to her GP and being under the care of a gynaecologist aged 14, along with several emergency admissions to A&E, for years, like most people with endometriosis, her symptoms were dismissed by doctors as well as being wrongly diagnosed with various other conditions.

Carla was officially diagnosed with endometriosis and infertility aged 25, over a decade after her symptoms started. Her late diagnosis impacted much of her adult life, resulting in multiple life-changing operations, including an unnecessary appendectomy, various hormonal regulating treatments, several laparoscopies, a laparotomy (open surgery), reconstruction of her bladder and ureters, bowel surgery – resulting in a temporary ileostomy (stoma), and a total hysterectomy – taking away the chances of her bearing her own child, forcing her into surgical menopause at just 29 years of age.

As a consequence of her suffering and having discovered there was very little awareness and understanding surrounding endometriosis, she decided to make a difference. First, she set up an online support group which now helps thousands of people.

Next, she began carrying out educational talks in schools which led to her campaigning for awareness among young people in education. She partnered with her local MP, the late Sir David Amess. Together, they managed to get endometriosis education on the school curriculum for the first time and later, went on to establish the endometriosis All Party Parliamentary Group (APPG).

Carla went on to launch The Endometriosis Foundation, now one of two leading endometriosis charities in the UK. For Carla, her goal for the charity is for it to become everything that she never had.

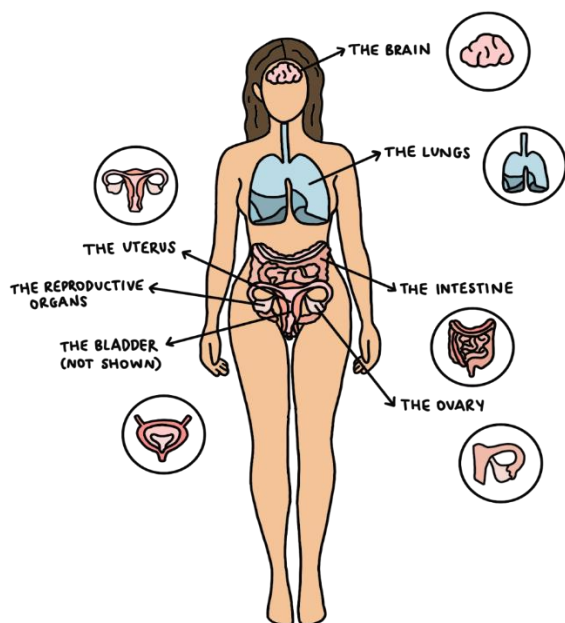


About Endometriosis.

Endometriosis is a common long-term health condition affecting more than 1 in 10 women and girls, and those assigned female at birth, usually of reproductive age (from puberty to the menopause). You may be more likely to develop the condition if a close relative, such as a mother or sister has it. It is a complex and often misunderstood condition that affects millions of people worldwide.

It can cause extreme pain, organ dysfunction, infertility, and numerous other physical and emotional challenges. Yet, despite its significant impact, the condition remains vastly under-recognised, under-diagnosed, and under-funded.

A diagnosis in the UK currently averages nine years. The causes are unknown and treatment options remain limited, with no definitive cure in sight.



What is it?

Endometriosis happens when cells, similar to those that make up the lining of the uterus (endometrium) are found growing and functioning in areas of the body they shouldn't be. These rogue cells are usually found affecting the lining of the pelvis, the ovaries, fallopian tubes, the urinary bladder and the bowel. However they can also be found further afield in places like the diaphragm (breathing muscle), chest cavity (thorax). Albeit rare, Endometriosis has been found affecting every organ within the entire body.

More about endometriosis

You can have one or few patches of Endometriosis in one area, or you can have multiple patches of Endometriosis in various parts of the body. These patches can be either on the surface (superficial endometriosis), deep inside the tissue and surrounding organ(s) or inside the ovaries forming cysts (endometrioma).

As Endometriosis develops, it can lead to the formation of fibrous scar tissue, causing organs such as the ovaries, fallopian tubes, the uterus, and bowel to stick together. This can distort the organs, jeopardising their function, leading to severe pain and sometimes serious medical problems. In its more severe form, this is known as frozen pelvis disease.

For information about Endometriosis, visit our website www.theendometriosisfoundation.org

**People with Endometriosis deserve
better!**

Trustee Report

January 10th, 2023 – January 10th, 2024

OUR YEARLY ACHIEVEMENTS.

Website

Our comprehensive website is now live, offering personalised information for everyone affected by endometriosis. Details about the condition, the signs, available treatments, referral pathways, and valuable nutritional and fertility advice.

Official launch

On March 7th, 2023, in conjunction with Endometriosis Awareness Week and 'National Be Heard Day,' The Endometriosis Foundation's official launch event was held at the House of Lords, UK Parliament. This momentous occasion marked a significant milestone in our mission and was attended by key stakeholders, supporters, and advocates who share our commitment to making a meaningful impact.

Partnership announcement

On the same day as The Endometriosis Foundation's official launch event, our founder's personal journey with endometriosis was prominently featured across all Holland & Barrett digital storefronts. This feature marked the beginning of an exciting new partnership between our charity and the renowned health and wellness retailer, aiming to raise awareness and support for those affected by endometriosis.

We hosted the BSGE webinars

Throughout the month of March, in honour of Endometriosis Awareness Month, The Endometriosis Foundation hosted a series of educational webinars in collaboration with the British Society for Gynaecological Endoscopy (BSGE). These webinars serve as a crucial platform to disseminate vital information about endometriosis, covering topics ranging from symptoms and diagnosis to treatment options and patient care. By bringing together leading experts and healthcare professionals, our goal is to empower individuals affected by endometriosis with knowledge, support, and resources essential for informed decision-making and improved quality of life. We are deeply committed to raising awareness and

fostering a better understanding of this often misunderstood condition through these insightful and educational sessions.

Endo Social events

The Endometriosis Foundation proudly launched its 'Endo Social' community events in collaboration with Holland & Barrett. These events aim to foster a supportive and informative environment for those affected by endometriosis. The 'Endo Socials' now take place regularly across the UK, providing a platform for individuals to connect, share experiences, and gain valuable insights into managing their condition. This partnership underscores our commitment to building a strong, informed community dedicated to raising awareness and improving the lives of those impacted by endometriosis.

Real Stories campaign launch

The Endometriosis Foundation has forged a meaningful partnership with Karl Storz, collaborating on multiple occasions to produce our Real-Stories campaign. Members from our support groups have participated in these sessions, courageously sharing their personal experiences on camera. These real-life accounts serve as powerful testimonials, shedding light on the challenges faced by those affected by endometriosis and highlighting the importance of awareness and support. Through this collaboration, we aim to amplify voices, inspire empathy, and foster greater understanding of the impact of endometriosis on individuals and their families. Together with Karl Storz, we are dedicated to raising awareness and advocating for improved care and resources for those living with this chronic condition.

Female Health Festival

The Endometriosis Foundation hosted its inaugural Female Health Festival at West Ham Women's Football Club. This groundbreaking event brought together experts, advocates, and the community to focus on women's health, with a special emphasis on endometriosis. The festival featured informative workshops, health screenings, expert panels, and interactive sessions designed to empower attendees with knowledge and resources. The collaboration with West Ham Women's Football Club highlighted the importance of supporting women's health in all areas, including sports and physical activity. This event marked the beginning of an ongoing effort to prioritize and enhance women's health and well-being.

Partnership announcement

The Endometriosis Foundation forged a meaningful partnership with OddBalls, uniting to raise awareness and support for those affected by endometriosis. This collaboration aims to amplify advocacy efforts through shared campaigns, educational initiatives, and fundraising activities. Together, both organisations strive to empower individuals with knowledge, promote early detection, and enhance the quality of life for those managing endometriosis. This partnership exemplifies a commitment to making a positive impact in the community and fostering greater understanding of this challenging condition.

Campaign launch

The Endometriosis Foundation launched its 'Our Fertility Matters' campaign, advocating for equitable access to treatment and comprehensive support for those affected by endometriosis. This campaign aims to address the significant barriers that many individuals

face in obtaining necessary medical care and resources. By highlighting personal stories, providing educational materials, and engaging with policymakers, the charity strives to bring about meaningful change in the healthcare system. The ultimate goal of 'Our Fertility Matters' is to ensure that everyone, regardless of their circumstances, receives fair and effective treatment options and the support they need to manage their fertility and overall health.

The Fertility Show

The Endometriosis Foundation made its debut at The Fertility Show at London Olympia. This significant participation underscored the crucial link between endometriosis and female infertility, as endometriosis is one of the leading causes of infertility among women. Our presence at the event provided a platform to raise awareness, offer support, and share valuable information with those affected by both fertility challenges and endometriosis. Building on the success of our first exhibition, the foundation proudly returned to exhibit at the 2024 show, continuing our commitment to education and advocacy within the fertility and endometriosis communities.

Sky News Documentary

The Endometriosis Foundation collaborated with Sky News on the acclaimed documentary, 'Endometriosis: My Search for a Cure,' which garnered attention and acclaim for its insightful portrayal of the challenges faced by individuals with endometriosis. This impactful partnership aimed to raise awareness and shed light on the realities of living with this condition. The documentary's nomination at the National Television Society further highlighted its significance in bringing important issues to the forefront of public discourse. Through this collaboration, both organisations continue to advocate for greater understanding, support, and advancements in the treatment of endometriosis.

Number 10 Downing Street

Our founder was honoured to join a pivotal round table discussion at Number 10 Downing Street, focused on the challenges and solutions related to endometriosis in the workplace. This high-profile meeting brought together key stakeholders, including policymakers, healthcare professionals, and advocates, to address the impact of endometriosis on employees and employers alike. The discussion aimed to develop actionable strategies to improve workplace policies, increase awareness, and provide better support for those managing endometriosis while maintaining their careers. This invitation underscores the foundation's commitment to driving significant policy changes and enhancing the quality of life for individuals affected by this condition.

Cambridge University: Endometriosis Workshop

The Endometriosis Foundation hosted its inaugural Endometriosis Awareness Workshop at Emmanuel College, Cambridge University. This milestone event brought together students, faculty, and community members to educate and raise awareness about the impact of endometriosis. Through interactive discussions, expert presentations, and personal testimonies, attendees gained a deeper understanding of the condition's challenges and treatment options. The workshop aimed to empower participants with knowledge and equip them to support those affected by endometriosis in their academic and personal lives. This

The Endometriosis Foundation
Jan 10th, 2023 – Jan 10th, 2024, Trustee Report

initiative reflects the charity's commitment to fostering awareness, advocacy, and support within academic institutions and beyond.

The Endometriosis Foundation
12 months Accounts to 10th January 2024
Registered Charity Number 1178525

Income and Expenditure

10.01.24

INCOME

Fundraising	£13,632.39
Sponsorship	£1,000.00
Donations	£3,892.79
Grant	£20,220.00
Bank Interest	£733.29
Sundry	£93.90

Total Income	<u>£39,572.37</u>
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EXPENDITURE

Online Support Subscriptions & Service: including Email hosting, Web Support, data analysis, Dropbox, Adobe, Zoom & Marketing	£2,357.60
Phone Services	£152.54
Home Office Costs & stationery	£1,015.49
Accounting Costs	£25.00
Fund Raising Regulator	£50.00
Ansvar Insurance	£290.66
Fund Raising Platform	£179.70
Event Costs	£5,864.66
Educational Purposes	£1,590.72
Bank Charges	£9.15
Volunteer Expenses	£636.28
Consultancy Costs	£12,480.00
Postal Costs	£188.18

Total Expenditure	<u>£24,839.98</u>
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Excess of Income over Expenditure	<u>£14,732.39</u>
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The Endometriosis Foundation
Jan 10th, 2023 – Jan 10th, 2024, Trustee Report

The Trustees declare that they approve of the Trustees' report above.

Signed on behalf of the charity's trustees –

Signature

A. Cutner

Full name

Alfred Cutner

Position (Trustee, Secretary, Chair etc)

Chair

Date

8/7/24

Charity registration number 1178525

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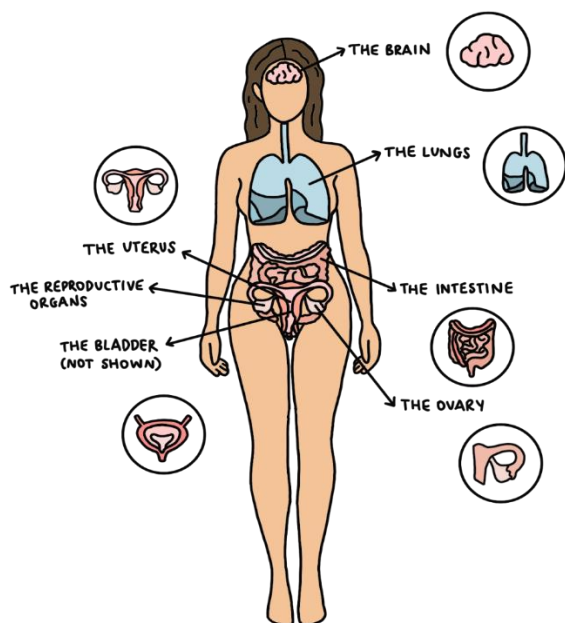


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Trustee Report

January 10th, 2023 – January 10th, 2024

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10.01.24

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EXPENDITURE

Online Support Subscriptions & Service: including Email hosting, Web Support, data analysis, Dropbox, Adobe, Zoom & Marketing	£2,357.60
Phone Services	£152.54
Home Office Costs & stationery	£1,015.49
Accounting Costs	£25.00
Fund Raising Regulator	£50.00
Ansvar Insurance	£290.66
Fund Raising Platform	£179.70
Event Costs	£5,864.66
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Jan 10th, 2023 – Jan 10th, 2024, Trustee Report

The Trustees declare that they approve of the Trustees' report above.

Signed on behalf of the charity's trustees –

Signature

A. Cutner

Full name

Alfred Cutner

Position (Trustee, Secretary, Chair etc)

Chair

Date

8/7/24

Charity registration number 1178525

THE ENDOMETRIOSIS FOUNDATION

England & Wales - Charity number 1178525

Accounts

It currently takes on average **7-9 YEARS from the onset of symptoms to achieving a diagnosis of Endometriosis.**

People with Endometriosis **deserve better!**

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January 10th, 2022 – January 10th, 2023

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Our Mission.

Our mission is to create a future where Endometriosis is recognised and understood.

Our Vision.

Our vision is a future where everybody with Endometriosis receives the care and support they need, especially those within the later stages.

Our Goal.

Our goal continues to be to raise awareness of Endometriosis, providing reliable and trusted information. We continue to educate healthcare professionals and the public.

Our Story.

The Endometriosis Foundation was set up by Carla Cressy from Essex, England, who suffered from most of the obvious signs of Endometriosis from the age of just 13, but despite multiple visits to her GP and emergency admissions to A&E, for years her symptoms were dismissed and wrongly diagnosed.

Carla was officially diagnosed with Endometriosis aged 25, over a decade after her symptoms started. This late diagnosis impacted much of her adult life, resulting in 8 surgeries - including a bladder reconstruction, bowel surgery – resulting in a temporary ileostomy (stoma), and a total hysterectomy – taking away the chance of her ever bearing her own child, and forcing her into surgical menopause at just 29 years of age.

To this very day, Carla has never received any information or support outside of her family and friends.

As a consequence of her suffering, she decided she wanted to make a difference. She set up an online support group which now helps thousands of people. She began carrying out talks in schools which led her to starting a national campaign to raise awareness of Endometriosis amongst those in education.

Her campaign was supported by our late, honourable Chair and Trustee, Sir David Amess - MP for Southend-West, to which on March 14th, 2018, The Endometriosis All-Party Parliamentary Group (APPG) was formed and a little over a year later, Endometriosis was included in the school curriculum.

About Endometriosis.

Endometriosis (pronounced en-doh-me-tree-o-sis) is a common yet widely under-recognised and misunderstood condition affecting more than 10% of the female population. It can cause enormous suffering but remains understudied, under-diagnosed and poorly treated.

In the UK, it currently takes on average between 7-9 years from the onset of symptoms to achieving a diagnosis of Endometriosis. This is unacceptable! In 8 years, a student completes an entire cycle of school.

Endometriosis can carry a lot of uncertainty and symptoms which can have a significant impact on a person's quality of life, affecting school attendance and the ability to pursue a professional career. The symptoms can impact fertility and relationships and can often result in feelings of isolation and depression.

In severe cases, Endometriosis can sometimes result in the loss of normal hormone activity and loss of reproductive function leading to infertility and early onset menopause. In the more extreme cases, Endometriosis can be life threatening by impacting on kidney, bowel and lung function, and there is currently no cure.

**People with Endometriosis deserve
better!**

Trustee Report

January 10th, 2022 – January 10th, 2023

OUR YEARLY ACHIEVEMENTS.

The launch of our website

Our all-inclusive website is now officially live with tailored information for all those affected by Endometriosis including guidance on the treatments available, the signs to look out for, referral pathways, nutritional advice, and fertility. We regularly review and, where necessary, update our information ensuring people with Endometriosis have access to up-to-date information and guidance, ensuring all those affected or at risk of developing Endometriosis can make informed decisions around their care.

Planning our 2023 campaign

This year we made a start on our fertility awareness campaign to encourage a fair and positive change for people living with Endometriosis. The campaign began with achieving sponsorship with leading endoscope manufacturer Karl Storz who provided space and equipment to hold our real stories campaign filming series only this time with a focus around fertility. We held two events, capturing stories from women through our community groups who bravely shared their experiences on camera. These story telling videos will be used to share real-life perspectives on how Endometriosis affects fertility and the struggles those affected face.

Confirmation of our official launch event

Our official launch event date has now been secured and will take place on Tuesday, 7th March 2023 at the Palace of Westminster, House of Lords.

Confirmation of our local to Southend-on-Sea launch event

Our official local launch event date has now been secured and will take place on Friday, 31st March 2023 at Porters Civic House, the Mayoral Parlour in Southend-on-Sea.

Sponsorship

We secured official sponsorship with the Centre for Reproductive and Genetic Health as their chosen charity.

The Endometriosis Foundation

12 months Accounts to 10th January 2023

Registered Charity Number 1178525

Income and Expenditure

10.01.23

INCOME

Carla Cressey Accumulated Expenses 2018-2023
(relinquished)

£3,285.32

Accumulated Accountants Expenses 2019-2023
(relinquished)

£250.00

Fundraising

£778.37

Sponsorship

£1,000.00

Donations

£2,172.76

Paypal

£66.88

Easy Fundraising

£32.30

Bank Interest

£26.69

Total Income

£7,612.32

EXPENDITURE

Online support subscriptions & service including

Email, web support, data analysis, dropbox, adobe, zoom

£483.90

Phone Services

£120.00

Home Office Costs

£360.00

Accounting Costs

£25.00

Fund Raising Regulator

£50.00

Ansvar Insurance

£110.36

Fund Raising Platform

£311.92

	£7.70
Bank Charges	
Total Expenditure	<u>£1,468.88</u>
Excess of Income over Expenditure	<u>£6,143.44</u>

Notes:


Income for Year Ended 10.1.23 includes Carla Cressey expenses of £3,285.32 incurred in maintaining the charity from 2018-2023 which have been relinquished to improve the financial status. The accounts fees for 2019-2023 have also been reclassified as a donation to the charity.

Fundraising activities during this period were adversely affected by personal illness and Covid-19.

The Trustees declare that they approve of the Trustees' report above.

Signed on behalf of the charity's trustees –

Signature



Full name

Dr. Joseph B Davis

Position (Trustee, Secretary, Chair etc)

Trustee

Date

24 July 2023

THE ENDOMETRIOSIS FOUNDATION

England & Wales - Charity number 1178525

Accounts

ANNUAL TRUSTEE REPORT 2021 – 2022

Charity name

The Endometriosis Foundation

Other names the charity is known by

Women With Endometriosis

Registered charity number

1178525

Registered charity address

601 Prince Avenue

SS0 0JQ

Contact

Hello@theendometriosisfoundation.org

0300 102 7007

About Us

Our mission is to create a future where endometriosis is recognised and understood. Our purpose is to do all it takes to support people with endometriosis.

The Endometriosis Foundation is a patient led organisation enabling us to provide real-life tailored advice in a sensitive and compassionate manner. We work inclusively with various medical professionals and our members to provide practical advice and emotional support to all those in need, in particular those within the later stages of endometriosis (moderate – severe), striving continually to further our cause for greater clarity and information around endometriosis.

Our goal is to

- Raise awareness of endometriosis
- Provide transparent information you can trust
- Educate the public, health care professionals, and in particular, young people about endometriosis and the importance an early diagnosis and seeking adequate care.
- Provide a safe and supportive place for all those in need

About endometriosis

Endometriosis causes enormous suffering to more than 1 in 10 people of reproductive age, but remains understudied, underdiagnosed and poorly treated. In the U.K. alone, it currently takes on average 8 years to be diagnosed. In 8 years, a student completes an entire cycle of school. Endometriosis causes lifelong suffering filled with uncertainty. The symptoms can lead to chronic pain, urinary, bowel and breathing issues, organ failure, early onset menopause, infertility, and depression, and there is no cure.

The Endometriosis Foundation's goal is to arm people with all the information they need to navigate their way through their endometriosis journey. Having access to these services can be life-changing, and for some, a life saver. Many are often neglected during their endometriosis journey, and we know first-hand how valuable these resources can be.

In loving memory

On Friday, October 15th, 2021, our hearts were broken to hear the devastating news of the loss of Sir David Amess who sadly passed away following a cruel and violent attack that took place and his constituency surgery.

The Endometriosis Foundation wishes to continue his legacy in becoming a charity dedication to raising awareness, informing, and supporting all those affected by Endometriosis.

Our year

We were luckily enough to be able to continue holding our support groups online throughout the past year and these sessions are still running. After a lot of feedback, we learnt that online support groups were a strong preference for a lot of people within our community, enabling those that were maybe not feeling particularly well and perhaps unable to leave the house, to still benefit from accessing support.

We continue to meet fortnightly via Zoom and these sessions have become a reliable and trusted source of support and we continue to provide care, advice, and guidance for some of the most vulnerable people amongst our community

Our future

Following the loss of Sir David Amess, we have found ourselves in a position where we are to appoint a new acting Chair for the charity.

Going forward, we plan to expand our support services by fundraising to set up bi-weekly face-to face support groups offering a safe and supportive place for those affected to come along and meet others, seek guidance, and connect with others going through similar experiences, helping them feel less alone. We aim to raise funds to enable us to continue raising awareness of endometriosis, hold informative events, fundraising and awareness activities, and develop our support services.

Our goal is to launch a fully functioning website tailored to affected by endometriosis. We aim to provide an all-inclusive patient information website that entails everything needed to know from information about endometriosis, the signs to look out for, the treatments available, referral pathways, fertility and nutrition advice, and advice to patients on how to get the most from their medical team.

January 2021-January 2022 Accounts

Total Income

£40.00

Total Expenditure

£1,857.76

Excess Expenditure over Income

£1,817.76

Prior Year Expenditure over Income

£1,170.13

Excess of Expenditure over Income

£2,987.89

Current Assets

Santander Bank Balance

£42.43

Current Liabilities

Carla Cressey Expenditure

£2,805.32

Accountancy Fees

£ 225.00

Total Current Liabilities

£3,030.32

Current Assets less Current Liabilities

£2,987.89

January 2021-January 2022 Accounts -

Income and Expenditure

Income

£40.00

Expenditure

Online support, Subscriptions & Services
£1,230.00

Phone Services
£154.80

Stationery & Postage
£0.00

Design, Printing & Canvassing
£131.88

Home Office Costs
£240.00

Accountancy Fees
£ 0.00

Fund Raising Regulator
£50.00

Ansvar Insurance
£18.95

Bank Charges
£32.13

Total Expenditure
£1,857.76

Excess of Expenditure Over Income
£1,817.76

Declaration

The trustees declare that they approve of the trustees' report above

Signed on behalf of the charity's trustees

Signature

A handwritten signature in black ink, appearing to be 'Joseph B Davis', is written inside a rectangular box.

Full name

Joseph B Davis

Position (e.g. Trustee, Secretary, Chair etc.)

Trustee

Date

10/08/2022

Charity registration number 1178525

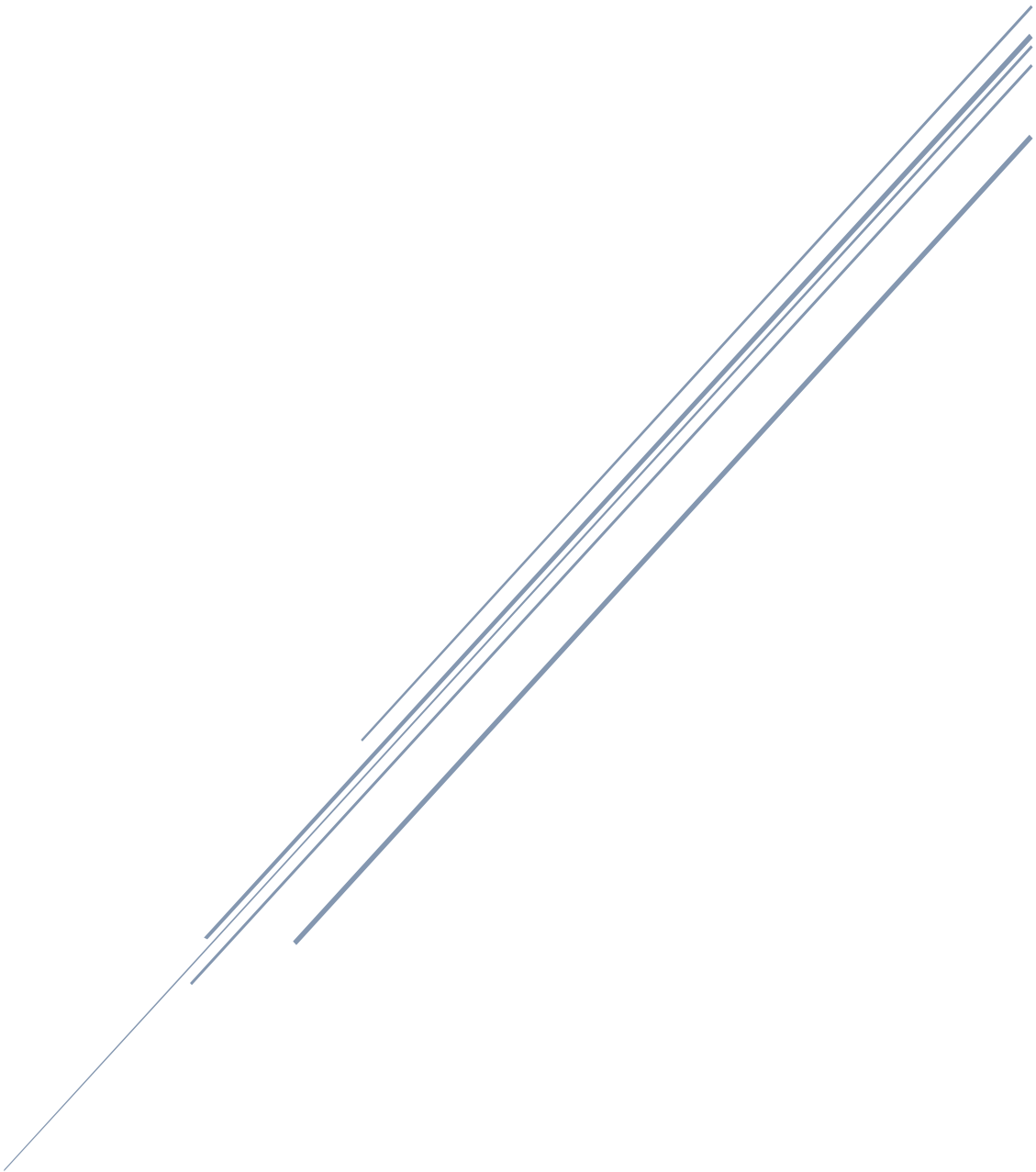
THE ENDOMETRIOSIS FOUNDATION

England & Wales - Charity number 1178525

Accounts

THE ENDOMETRIOSIS FOUNDATION

Trustee Report 2020-2021



Charity name

The Endometriosis Foundation

Other names the charity is known by

Women With Endometriosis

Registered charity number

1178525

Registered charity address

601 Prince Avenue

SS0 0JQ

Name of registered trustees

Sir David Amess

(MP for Southend West)

Dr Masahide Kanayama

(Endometriosis Specialist)

Dr Joseph Davis

(Reproductive Endocrinologist)

CEO

Miss Carla Cressy

About us

The Endometriosis Foundation (also known as women with endometriosis) is dedicated to raising awareness, informing, and supporting people affected by Endometriosis. Working inclusively with various medical professionals and our members to provide practical advice and emotional support to all those in need, striving continually to further our cause for greater clarity and information around Endometriosis.

Our main goal is support and give guidance to those affected by Endometriosis. Helping people access the care and treatment they need at the right time. We are a foundation made up of people who have experienced Endometriosis enabling us to provide tailored support and advise in a compassionate manner, alongside raising awareness of the condition and its symptoms and educating students about Endometriosis.

Our Vision

To create a better future where Endometriosis is recognised and understood and where the effects of living with Endometriosis do not limit a woman or girl's ability to live a full and productive life. Our vision is a future where women are empowered to make their own choices, whether that is to have a family, study, to travel or to have a career.

Our History

The Endometriosis Foundation was founded by former model Carla Cressy from Essex, England, who despite suffering from most of the obvious signs of Endometriosis from the age of just 13, for years her symptoms were dismissed by a handful of doctors and wrongly diagnosed with various other conditions.

In January 2016 at aged 25, Carla was diagnosed with severe stage four endometriosis and a frozen pelvis, during an emergency two-part operation to save her life. Carla's late diagnosis resulted in irreversible organ damage, involving multiple organs and sadly, infertility.

Since her diagnosis, Carla has endured multiple medical and surgical treatments to help manage her condition, including two laparotomies (open surgery), four laparoscopies (keyhole surgery), medical induced menopause (and various other hormone treatments) and an unnecessary appendicectomy.

On October 6th, 2020, during the COVID-19 global pandemic, Carla endured further major surgery which entailed re positioning of her bladder, the insertion of ureteric stents, a radical hysterectomy (removing her cervix, uterus, ovaries, and fallopian tubes) and part of her bowel, leaving her with an ileostomy (stoma) and forcing her into surgical menopause at just 29 years old.

As a consequence of her suffering, Carla decided she wanted to make a difference. She campaigned to raise awareness of Endometriosis and the importance of an early diagnosis amongst young girls in education. Her campaign was supported by Sir David Amess, MP for Southend-West to which on March 14th, 2018, The Endometriosis All-Party Parliamentary Group (APPG) was formed.

Carla's statement – "Having never heard of endometriosis prior to my diagnosis and having never received guidance or support outside of my family and friends, I know first-hand how challenging and isolating this journey can be. I wanted to create a charity to raise awareness, to influence legislation and to provide the much-needed support to others that I never had

Our Yearly Achievements

Sadly, due to our founder Miss Carla Cressy undergoing major surgery in October 2020, and the outbreak of Coronavirus this year we have been unable to do all that we had set out to do. However, that said, with restrictions beginning to ease and with Carla having recovered and gaining back her strength, we are exciting to get back to work on the many goals we set out to do.

Support Groups

Our monthly support groups have continued to run remotely during 2020-2021 and we also now include a National Support Group

Group counselling

We launched our pilot group therapy program in collaborating with The Women's Consortium charity in aid to work towards strengthening valuable lives.

Completing our Real-life stories campaign

We have completed the editing process of our Real-life Stories video campaign which we are looking to launch in the summer of 2021 in support of our awareness campaign.

The launch of our ambassadors' program

We have begun our application process recruiting volunteer medical ambassadors dedicated to our cause.

Online webinar planning

We have organised and planned to hold two online webinars throughout the month of March 2021 to mark Endometriosis awareness month.

Me, My Hormones & My Fertility

Me, my hormones & my fertility is a webinar of talks by a multidisciplinary team of experts discussing the affects endometriosis can have on fertility and learning ways to cope with menopause.

With guest speakers confirmed –

Ms Vidya Seshadri – Consultant Gynaecologist Specialist in Reproductive Medicine and Surgery Head of CRGH research & Clinical development

Dr Rebecca Lewis – GP with specialist interest in menopause

Power Up For Change

Power Up For Change is a webinar of talks by a multidisciplinary team of experts discussing the affects endometriosis can have, the treatments available and the recent findings from the Endometriosis APPG

The Endometriosis Foundation

Last amended 03/05/2021

With guest speakers confirmed –

Sir David Amess – Chair of the Endometriosis APPG and Trustee with The Endometriosis Foundation

Mr Christian Bekker – Associate professor Consultant Gynaecologist & Subspecialist in Reproductive Medicine

Mr Alfred Cutner – Renowned expert in severe Endometriosis – Past Chair of the BSGE & BSUG

Mr Joel Naftalin – Expert in gynaecological ultrasound

Structure, governance, and management

The Endometriosis Foundation is a UK based charity committed to the promotion and protection of good health in young girls and women affected by Endometriosis. The foundation provides reliable information and emotional and physical support to all those in need. Ensuring those affected by Endometriosis receive the care and treatment they need at the right time

Our Strengths

- Our board of directors are equipped with personal understanding and knowledge of the condition based on real life experiences whether they are personally affected ~~themselves~~ or a family member
- Our Trustees ~~exist of~~ include an MP; and internationally qualified specialists in both Endometriosis and Infertility ~~and an MP~~
- Our social media platforms are very well established
- Our online support groups ~~grow by the~~ are increasing daily
- We have a trusting and supportive relationship with our members and volunteers
- We run a monthly national online support group
- We have recently created a pool of Endometriosis, infertility, mental health, and menopause specialists who are willing to help us achieve our goals.

Our Weaknesses

- No office space
- Lack of financial resource and income
- Delay in the launch of our website due to lack of communication with our builders as a result of covid restrictions
- Delay in the launch of the charity due to covid restrictions

Opportunities

- To establish partnerships across the UK and overseas to help raise our profile and support people in need further afield.
- To establish partnerships with employers and schools to help introduce our project schemes to raise awareness of Endometriosis and its symptoms and to help us reach more people in need

Our feedback

I can't remember how I came across The Endometriosis Foundation, but I am so glad I did. I have learnt so much about Endometriosis from other people being a part of the group and I am still learning things now.

It's so nice to know that you are not on your own and there are people out there going through the same things that you are. Also having people to talk to no matter what time of day it is has really helped me.

Kayleigh

(Community member)

The one thing that really got to me when it came to joining The Endometriosis Foundation was that there are so many women who just understand. You can go through years of trauma and not being believed and to find a group like this was the most important thing in my journey.

Whether it's advice on what to do, where to go or just to talk it's so important to have that support

Lisa

(Community member)

The Endometriosis Foundation has given me so much support throughout my journey to diagnosis. Before I came across this charity, I felt very isolated with my symptoms. The charity's Facebook page has enabled me to connect with my women who sadly suffer from this condition. I have made friends, a community that I feel a part of and for this, I am so grateful.

I am genuinely in awe of the charity founder and ambassadors who have their own battles yet are always happy to offer help based on their past experiences. You have given me so much hope for the future

Amarni

(Community member)

Our future plans

- To continue extending our areas of support by setting up additional monthly support groups
- To launch a fully functioning website including an online support group
- To secure funding to enable us to continue holding information and awareness events across the country
- Continue educational workshops to help students recognise what is normal and what is not around menstruation
- To continue planning and officially launch our 2021 awareness Campaign

Finances

Income
Rhianna's Music Event £2,389.00
GoFundMe £90.49
Hope's Calendar Sale £42.35
The Found Forina £200.00
Total income £2,721.84

Expenditure

Online support, subscriptions & Services (including
e-mail subscription, web support, smart survey, data
analysis, Dropbox, Adobe, Zoom)

£1,228.43

Phone Services

£262.49

Stationery & Postage

£28.99

Design & Printing

£241.88

Home Office Costs

£360.00

Accountancy Fees

£75.00

Bank Charges

£120.00

Total Expenditure

£2,316.79

Excess of Income Over Expenditure

£405.05

Total Expenditure

£2,316.79

Excess of Expenditure Over Income


(£1,170.13)

Declaration

The trustees declare that they approve of the trustees' report above

Signed on behalf of the charity's trustees

Signature



A rectangular box containing a handwritten signature in blue ink, which appears to be 'JD'.

Full name

Joseph Davis

Position (e.g. Trustee, Secretary, Chair etc.)

Trustee

Date

14/05/21

Charity registration number 1178525