

Year ending 31st March 2025

PANS PANDAS UK

Annual Report

2024/25



Introduction

I am pleased to present this Annual Report for 2024-25, which as usual describes what the charity has achieved over the last year, and how our income has been used to further our objectives. We have made some great strides this year, and it is my pleasure to outline some of these achievements in this report.

We may be a small team, but we are a powerful one, and before sharing the progress we've made, I want to take a moment to recognise the incredible people behind it all.

First, my heartfelt thanks go to our Board of Trustees, whose unwavering commitment ensures that PANS PANDAS UK remains a well-governed and forward-thinking organisation. I'm continually inspired by our dedicated staff team, whose passion and perseverance drive our mission forward. It's truly a privilege to work alongside such talented and compassionate individuals.

I also want to extend sincere appreciation to our amazing volunteers. Your contributions are invaluable. Whether you've taken on a fundraising challenge, made a donation, shared a post, contacted your MP, or handed a leaflet to your GP. Every action you have taken has made a difference. The awareness raised and the support we receive are thanks to your efforts, and I am deeply grateful. We are acutely aware of the ongoing cost-of-living crisis and the additional pressures it places on our community. Your continued support during these challenging times is deeply appreciated and never taken for granted.

While you'll find a full overview of our key achievements later in this report, I'd like to highlight a few milestones that stand out.



Our collaboration with the PANS PANDAS Steering Group has been particularly impactful, with significant progress made toward developing clinical guidelines in partnership with the Royal College of Paediatrics and Child Health (RCPCH). We're also proud to support the first NHS-led research into PANS and PANDAS through a national surveillance study, which is an important step forward for recognition and understanding of these conditions.

This year also saw the launch of a CPD-accredited GP training module. The uptake has exceeded expectations, clearly demonstrating the demand for education in this area and reinforcing the importance of our ongoing work to support clinical guideline development.

Our teacher training programme continues to grow from strength to strength, now being delivered across the UK. We're also expanding this work to include tailored training for Educational Psychologists, further helping to ensure that children affected by PANS and PANDAS are better supported in educational settings.

Our Youth Board has been incredibly active,

leading the way with our 2024 Awareness Day campaign, Ask the Experts. This was the first youth-led initiative of its kind internationally, and we're excited to build on its success by involving even more professionals and young people themselves, as experts by experience in answering questions from our young people.

We're also expanding our network of in-person support groups, led by our wonderful volunteers. These groups offer vital opportunities for connection and community, helping to combat the isolation that so many families experience. Alongside this, we've launched our Friends of PANS PANDAS UK programme, giving us a clearer picture of the community we represent and reminding us that we are indeed stronger together.

Finally, I'd like to share some personal news. In June 2025, I stepped down as Chair of the Board after 7 years as a trustee, to take on the new role of Chief Executive Officer of PANS PANDAS UK.


I'm thrilled to be able to dedicate myself fully to the charity in this capacity and to continue championing the needs of the PANS PANDAS community across the UK.

I'm also pleased that we were able to announce that an existing Trustee, Andrew Koss, will be taking over as Chair. With his significant experience and commitment, I have every confidence that the governance of the organisation will remain as robust as ever.

Warmest regards,



Vicky Burford
Chief Executive Officer, formerly Chair of Trustees



PANS PANDAS UK have been so incredibly supportive to us as a family, without them and the PANS PANDAS UK community I don't know if we would have made it through this hell. This condition is like no other and is often mis-diagnosed leaving children disabled unable to leave the house and with no support or treatment options available on the NHS.

This report is laid out in the following manner:

[Section 1:](#) What are PANS and PANDAS, and what is PANS PANDAS UK

[Section 2:](#) This Annual Report - General

[Section 3:](#) Meeting Our Legal Requirements

[Section 4:](#) Reference and Administrative Details

[Section 5:](#) Structure, Governance and Management

[Section 6:](#) Objectives and Activities

[Section 7:](#) Achievements and Performance

[Section 8:](#) Financial Review

[Section 9:](#) Funds Held as Custodian Trustee on Behalf of Others

[Section 10:](#) Public Benefit Statement

[Section 11:](#) Plans for Future Periods

[Section 12:](#) Signed Statement

[Section 13:](#) Appendices

Section 1: What are PANS and PANDAS, and what is PANS PANDAS UK?

PANS (Paediatric Acute-onset Neuropsychiatric Syndrome) and PANDAS (Paediatric Auto-immune, Neuropsychiatric Disorders Associated with Streptococcal Infections) are a set of immune-mediated conditions causing a variety of neuro-psychiatric conditions such as Obsessive-Compulsive Disorder (OCD), tics and eating disorders in addition to other equally distressing symptoms. These are cruel and complex conditions which require a multi-disciplinary team of medical professionals as well as understanding and support from schools, and in some cases social care, to ensure the very best support is offered to affected families.

PANS PANDAS UK (PPUK) operates nationally across the UK and was granted charity status in England and Wales on 22 May 2018 and then in Scotland on 20 March 2024. PPUK has 7 part time employees (3.03 FTE) and utilises the experience of three independent contractors.

Please visit our website for more information:

www.panspandasuk.org



PANS PANDAS UK was a lifeline of hope for my family when our daughter suddenly fell unwell with this condition. This charity work tirelessly to raise awareness and support families and young people affected by the devastating condition.

Section 2: This Annual Report - General

This Annual Report for the financial year 2024-25 explains our aims and how we have gone about achieving them.

It has been prepared in accordance with the applicable legal requirements.

It gives a balanced view of the charity's structure, aims, objectives, activities and performance. Importantly, it describes our primary sources of funding and describes how the money was spent.

It highlights the main activities we have undertaken.

Section 3: Meeting Our Legal Requirements

SORP (FRS 102) is the Charity Commission's Statement of Recommended Practice - Accounting and Reporting by Charities. We have therefore prepared this report, and our accounts, in accordance with that guidance, as we were founded after 1 January 2016.

Because we anticipate our income rising in future to above £250k, we have prepared our accounts on an accruals basis. This means that our accounts contain a statement summarising all money received and paid out in the financial year, and a statement of our assets and liabilities at the end of the year. Our accounts have been subject to independent examination.

The detailed legal requirements for this report are set out in The Charities (Accounts and Reports) Regulations 2008 which provide a legal underpinning for many of the recommendations made in the applicable Charities SORP.

The headings used in our report follow this guidance, as follows:

- Reference and administrative details;
- Structure, governance and management;
- Objectives and activities;
- Achievements and performance;
- A financial review;
- Funds held as custodian trustee on behalf of others;
- Public benefit statement.

Section 4: Reference and Administrative Details

4.1 The Charity's Name

The Charity's name is PANS PANDAS UK.

4.2 The Charity's Registration Number

PANS PANDAS UK is registered with the Charity Commission for England and Wales: 1178484 and the OCSR in Scotland: SC053206

4.3 The Address of the Principal Office

The Charity does not operate from premises, but by a network of people operating from their own homes. The Charity's formal legal contact in 2024/25 was through the then Chair of Trustees, Mrs Vicky Burford, who can be contacted at vicky.burford@panspandasuk.org or via the Charity's registered office below.

The Charity's Registered Office is as follows:
Greville House, 10 Jury Street, Warwick CV34 4EW

4.4 Names of Charity's Trustees

[Mrs Vicky Burford](#): resigned as [Chair of Trustees](#) on 2 June 2025

[Mr Philip Edwin Hall](#): Treasurer

[Mr Andrew Koss](#): appointed trustee 31 May 2024

appointed to [Chair of Trustees](#) 2 June 2025

[Mr Chris Derrer](#): appointed trustee 31 May 2024

[Ms Rebecca Huitson](#): appointed trustee 31 May 2024, resigned 18 April 2025

[Mrs Victoria Queralt](#): appointed trustee 12 October 2024

[Diane Palmer](#): resigned 30 August 2024

No other people served as a charity trustee or custodian trustee between 1 April 2024 and 31 October 2025.

Section 5: Structure, Governance and Management

5.1 The Governing Document

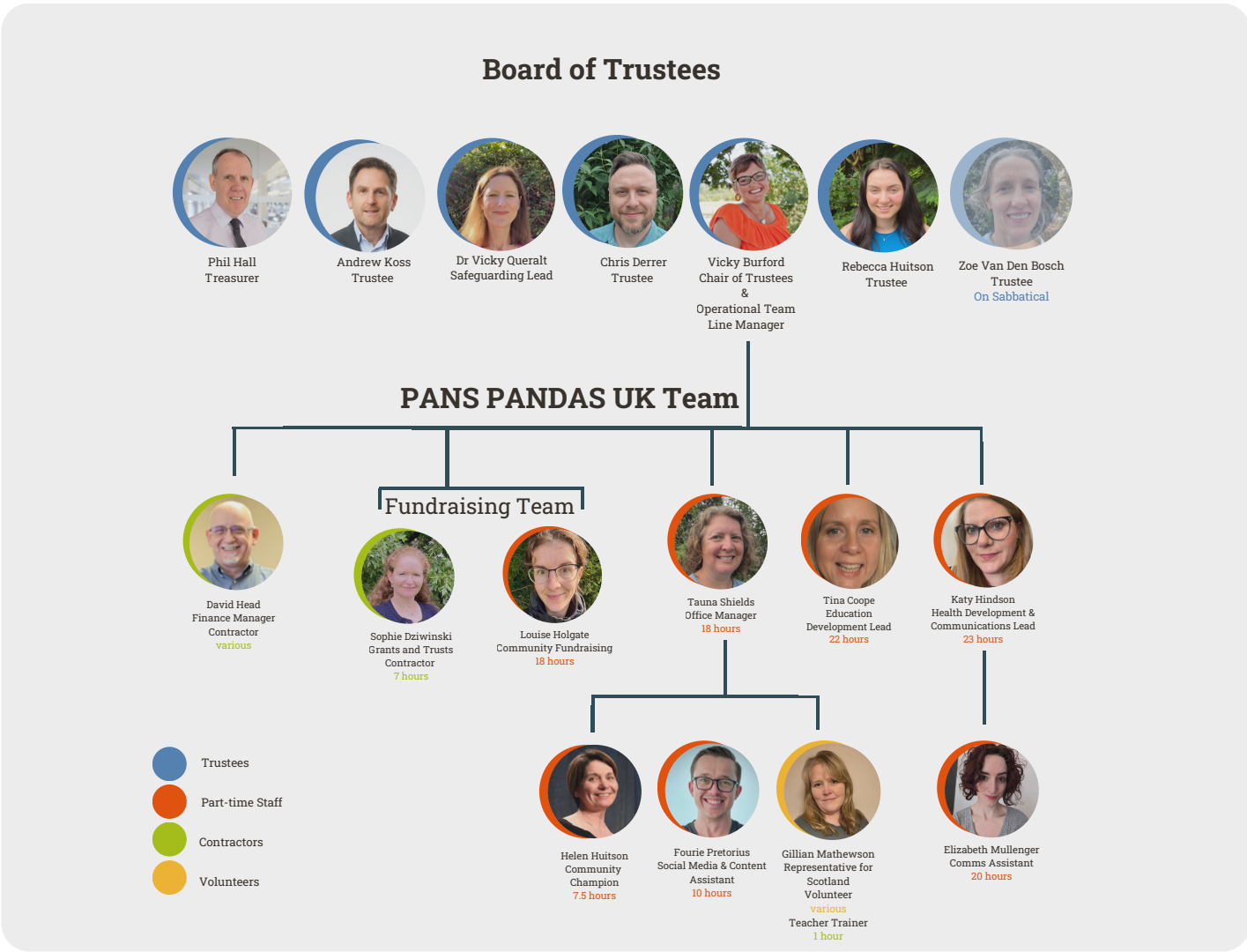
The Charity has a formal Constitution, the founding one being approved by the Charity Commission on 22 May 2018. A review of the Constitution was made by the Trustees in early 2024 with a view to simplifying the document and clarifying our charitable objects.

The Charity is governed by the Board of Trustees which meets via video-conference once per quarter. Minutes are formally recorded following each board meeting. Trustees may be appointed at any time by the Board of Trustees.

The Charity benefits from 7 part-time employees and utilises the expertise of 3 contracted staff to undertake the day to day running of operations.

5.2 Our Organisation Chart

The governance and operational structure of PPUK for the year ending 5th April 2024 is shown on the organisation chart below.



5.3 Board of Trustees

PPUK is led by the Board of Trustees with a Chair. Trustees may be appointed at any time by the Board. The Board operates by means of trustee meetings, held on a video-conference basis, or physically meeting if necessary.

5.4 Our Operational Team

The work of the charity is carried out by an operational team. As at the end of the financial year, the charity currently has 7 employed staff all working on a part time basis.

Alongside the employed staff, the charity is supported by 3 contracted staff members, Finance Manager, Grants and Trusts Manager and Teacher Trainer.

The total part time hours worked are equivalent to 3.03 full time employees.

The work of the team is also supported by some excellent and committed volunteers.

5.5 Corporate Governance Standards

In this reporting year, PPUK continued developing its corporate governance framework following the board approved plan set out during 2022/23 to ensure that we follow industry-specific best practice standards.

As part of this PPUK is strongly committed to further enhancing its risk management framework, with work actively being undertaken to mitigate risk and help the charity continue to grow and become more resilient.

5.6 Risk Management

Following the implementation of a robust risk management framework for the charity during the previous reporting year, work on a risk identification and assessment process for greater clarity on the charity's risk profile continues. Further developments will be implemented during 2025/2026 to ensure that effective risk management remains fully integrated into the charity's strategic and operational activities.

Section 6: Objectives and Activities

6.1 The Purposes of the Charity

The charity's purposes concern the medical conditions PANS (Paediatric Acute-Onset Neuropsychiatric Syndrome) and PANDAS (Paediatric Autoimmune Neuropsychiatric Disorder Associated with Streptococcal Infections).

In particular, the objects are:

- To advance the education of the general public in all areas relating to the medical conditions PANS (Paediatric Acute-Onset Neuropsychiatric Syndrome) and PANDAS (Paediatric Autoimmune Neuropsychiatric Disorder Associated with Streptococcal Infections).
- To relieve the need of sufferers (and families) of the medical conditions PANS and PANDAS by the provision of support, education, and practical advice.



PANS PANDAS UK have been a great support to us over the last 9 months, and I admire all of the incredible strides forward you are making.

6.2 The Main Activities Undertaken

Some of the more notable achievements over the last year have included the following:

6.2.1 Policy Development

During 2024/25 some significant milestones were met towards improved healthcare for people with PANS and PANDAS in the UK.

6.2.1.1 All Party Parliamentary Group

The PANS PANDAS All Party Parliamentary Group (APPG) was relaunched following the change in Government with 32 members including 4 officers.

6.2.1.2 NHS Scotland

NHS Scotland wrote to outline their support for patients with PANS and PANDAS.

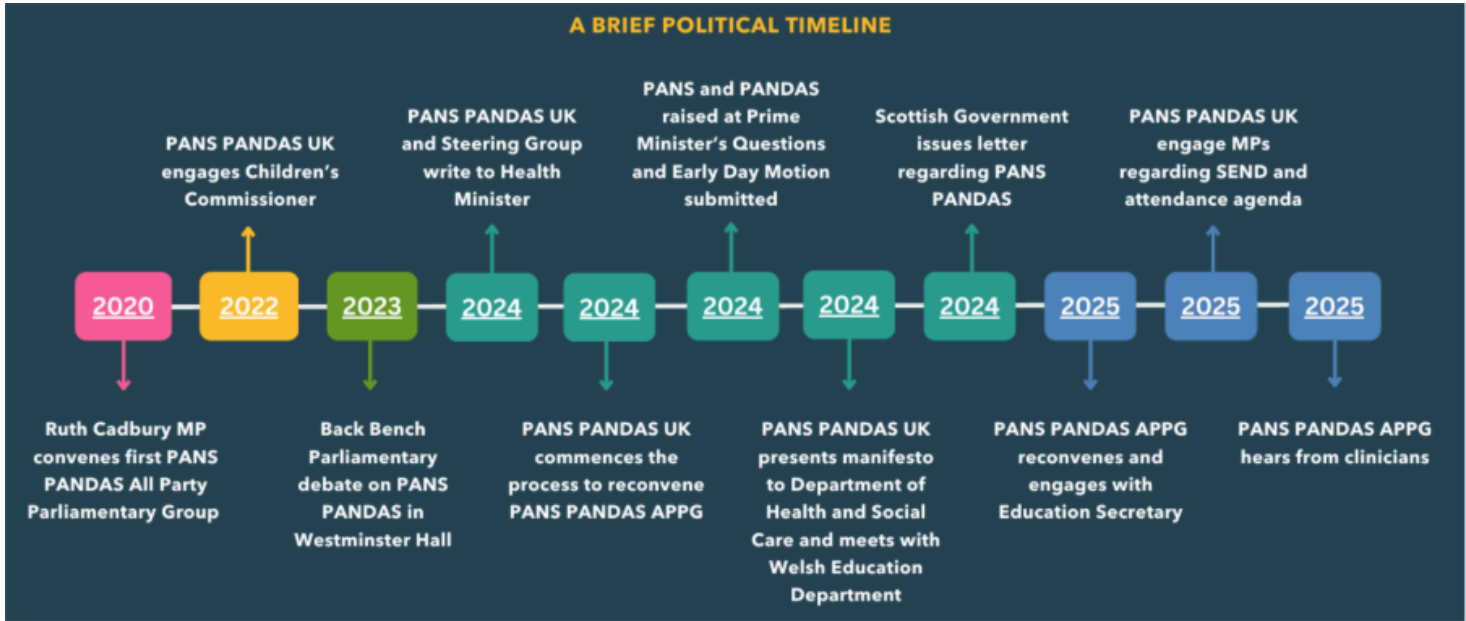
6.2.1.3 Education Briefing Document

PANS PANDAS UK responded to the Children’s Wellbeing and Schools Bill and wrote an Education Briefing Document.

6.2.1.4 Manifesto for Change

PANS PANDAS UK and the PANS PANDAS Steering Group (PPSG) wrote to the Secretary of State for Health and Social Care, Wes Streeting MP. Baroness Merron responded, inviting PANS PANDAS UK, Chair of the APPG Wendy Chamberlain MP and a clinician to meet with her in parliament. We presented a manifesto outlining what needs to change and how that fits within the NHS 10 Year plan.

A BRIEF POLITICAL TIMELINE



6.2.2 PANS PANDAS Steering Group

For more information about the PANS PANDAS Steering Group please visit www.theppsg.org.uk

6.2.2.1 Clinical Guidelines Working Group

This year, the PANS Clinical Guideline Development Group was established with support from RCPCH. Two independent co-chairs were appointed, terms of reference established, the scope drafted, consulted on and finalised. A literature review was undertaken (completion due Summer 2025) and work began to identify candidates to participate in the Delphi study.

6.2.2.2 Education, Social Care and Health Working Group

On 23 May 2024, the Education, Social Care, and Health Group (ESCHG) convened its inaugural online meeting. This multidisciplinary group brings together 18 professionals from educational psychology, psychotherapy, social care leadership, teaching, SEND and Inclusion, and commissioning. It is co-chaired by a Designated Clinical Officer and the Education Lead from PANS PANDAS UK.

PANS and PANDAS are complex conditions requiring coordinated, multi-agency responses. To address disparities in awareness and support across Local Authorities, The ESCHG is developing a position statement. This will clarify the roles and responsibilities of professionals in health, education, and social care when supporting children and young people with suspected or diagnosed PANS/PANDAS. The statement will also highlight training needs and outline current care and education pathways. The ESCHG has completed a first draft.

6.2.2.3 Research Working Group

The PANS PANDAS Research Working Group was formed to expedite high quality UK research into these conditions. One of the key initiatives of the PANS PANDAS Research Working Group has been to submit applications to the British Paediatric Surveillance Unit (BPSU) and the Child and Adolescent Psychiatry Surveillance Service (CAPSS) to better understand the incidence of PANS and PANDAS in the UK. We await results from the stage 1 application but expect the response to be positive. Subsequent research will centre around early phase treatment and will map out service development including acute presentations, the refractory group of patients and the relapsing group of patients. The intention is that this should lead into early intervention and antibiotic studies.

6.2.3 Rebranded and launched new website

We were delighted to launch our new branding and new website in May 2024 which we hope represents our mission more clearly. Our new website is easier to navigate and contains an accessibility widget to enable as many people as possible to access our resources and information more easily.

6.2.4 Awareness Day 'ask the experts' campaign with Youth Board

During Awareness Day our amazing Youth Board asked international expert clinicians some of the questions for which they have been seeking answers. Recordings of the clinicians answering those questions were used as part of our Awareness Day campaign and are now live on our website here: [Ask the Experts](#)

6.2.5 Collaboration with Taming Olivia - Youth Board

Our amazing Youth Board has been working closely with OCD support organisation, Taming Olivia, on an exciting creative project to share information about PANS and PANDAS with young people. The Youth Board have co-created a character called Glitch, to represent the conditions and development of a comic strip is underway.



6.2.6 Launched our Friends of PANS PANDAS UK scheme

We launched our Friends of PANS PANDAS UK (FOPP) scheme which is so much more than a regular giving scheme. FOPP will help create a sense of belonging and togetherness, enabling us to use our collective voice, but also providing us with a better understanding of the number of people who we are supporting.

6.2.7 Development of two Community Reference Groups

To ensure that the voices of our communities are at the heart of our work, we established two Community Reference Groups in May 2024, one for England and Wales, and one for Scotland and Northern Ireland. These groups were created to provide a structured and meaningful way for us to listen to, learn from, and collaborate with the people and communities we serve.

6.2.8 Appointment of a CEO

Interviews for a Chief Executive Officer were undertaken and the former Chair of Trustees, Vicky Burford was appointed as CEO, with a start date of June 2025.

6.2.9 Community Survey

A survey of our community to understand better the ways in which they would like us to be communicating with them was undertaken in January 2025. The results of this survey will be shared with our community and used to develop a communications strategy during the next financial year.

6.2.10 CPD Accredited Teacher Training

Due to the popularity of our CPD Accredited Teacher Training, we increased the number of sessions we are delivering and recruited 2 new trainers and one new support assistant. During the 2024/25 financial year we delivered 38 training sessions attended by a total of 1,163 educational professionals.



Thank you for helping us, we will be forever grateful.

6.2.11 Annual Community Fundraising Campaign

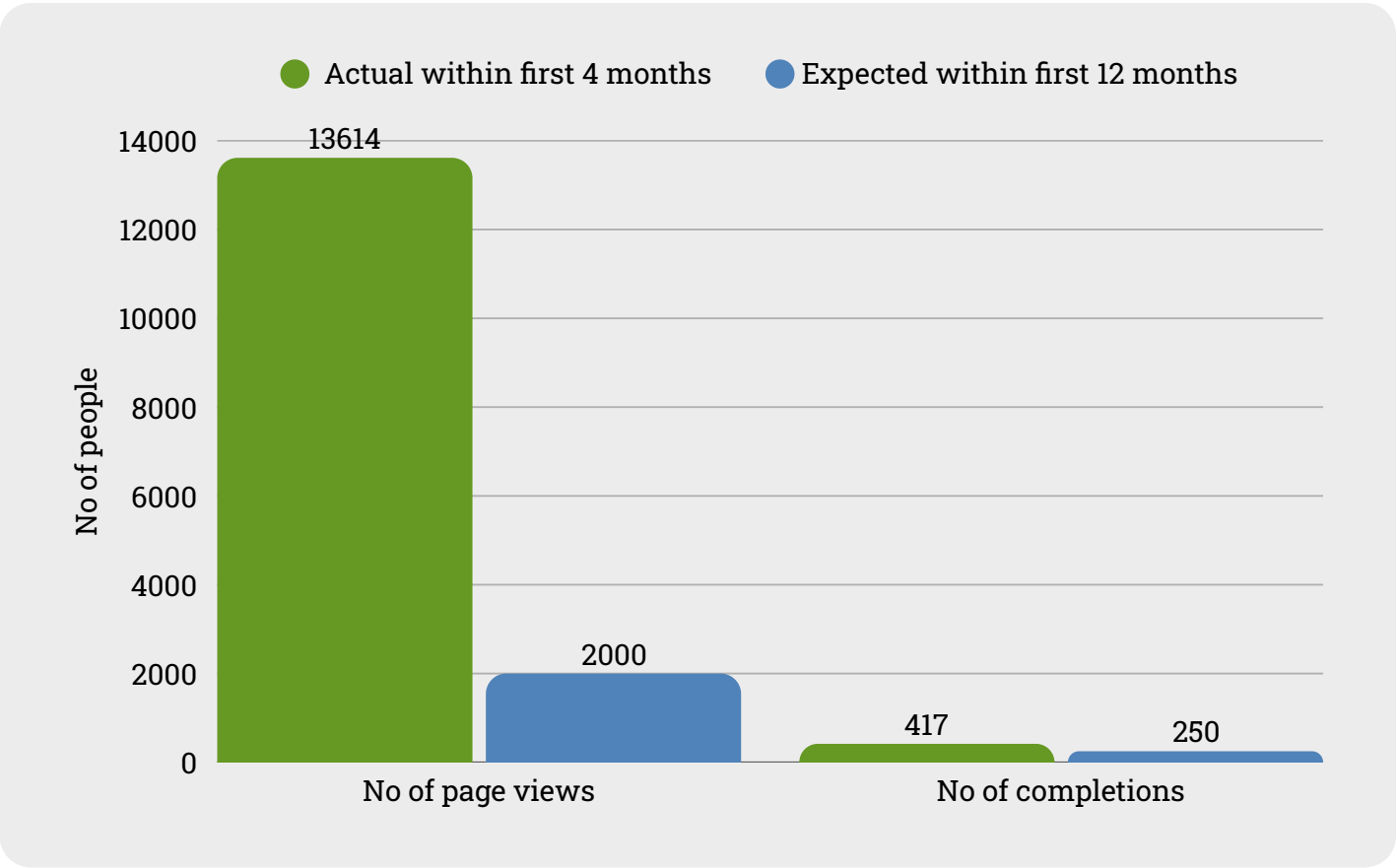
In July 2024 our second ‘Choose your Challenge’ campaign took place during the month of July. Living with PANS and PANDAS is a challenge every day, and so we ask people during the month of July to get out of their comfort zones and challenge themselves to do something difficult and raise money for PPUK at the same time. Our incredible community got behind us and raised over £30,000 during the course of this campaign.

6.2.12 CPD Accredited Learning Module for Doctors

We worked closely with MIMS Learning to create a CPD accredited e-learning module for UK healthcare professionals in primary and secondary care.

This short module is the first of its kind and aims to improve awareness of childhood acute neuropsychiatric conditions, describing what PANDAS is and how to diagnose it and what the current recommendations are for treatment. Since launching the PANDAS-specific module in October 2024, MIMS Learning has reported hundreds more completions than they would usually anticipate in a module of this kind. This demonstrates healthcare professionals’ growing interest in learning more about acute neuropsychiatric conditions.

This table demonstrates the number of anticipated views and completions expected within the first 12 months of the module launch (blue) and the actual number of views and completions within only the first 4 months (green).



6.2.13 Health and Education Conference Attendance

We attended a variety of health and education related conferences during the 2024/25 financial year including:

- The Royal College of GPs conference in October 2024, where we exhibited and spoke to many interested GPs about the conditions and noticed a significant increase in the number of GPs aware of the conditions.
- The Royal College of Paediatrics conference in March 2025, where we were honoured to be selected for a highly competitive workshop slot. The session, titled "Perspectives on PANS and PANDAS", was well attended and delivered in collaboration with three distinguished paediatric specialists, offering a range of expert insights.
- The NASEN Live Education Conference in July 2024 where we engaged with a wide range of education professionals, raising awareness of the educational impacts of PANS and PANDAS, and sharing our resources including the offer of free training.
- The TES SEND Education Conference in September 2024, which provided a valuable opportunity to connect with SEND leaders and practitioners. We shared insights into the challenges faced by children with PANS and PANDAS in educational settings and promoted our resources and guidance for schools.

6.2.14 Council for Disabled Children

We delivered a presentation to the Council for Disabled Children in September 2024 highlighting the need for greater recognition of PANS and PANDAS within disability and inclusion frameworks. The session sparked valuable connections with other organisations and charities, inspired new initiatives such as our manifesto, and provided an opportunity to share updates on the health and education system streams currently underway.



I could not have survived to this point without the incredible wealth of knowledge offered by the charity.

Section 7: Achievements and Performance

We report on our performance and achievements on several measures.

7.1 Our Main Mission

At PANS PANDAS UK, our purpose is to serve the community affected by PANS and PANDAS. We understand that this community is made up of individuals and families with a wide range of shared experiences, and we are committed to listening and responding to their diverse needs. We try to ensure that everything we do is guided by ongoing engagement with the community, helping to shape our direction and ensure our work remains relevant and impactful.

Our mission is to improve the health and wellbeing of everyone affected by these conditions across the UK.

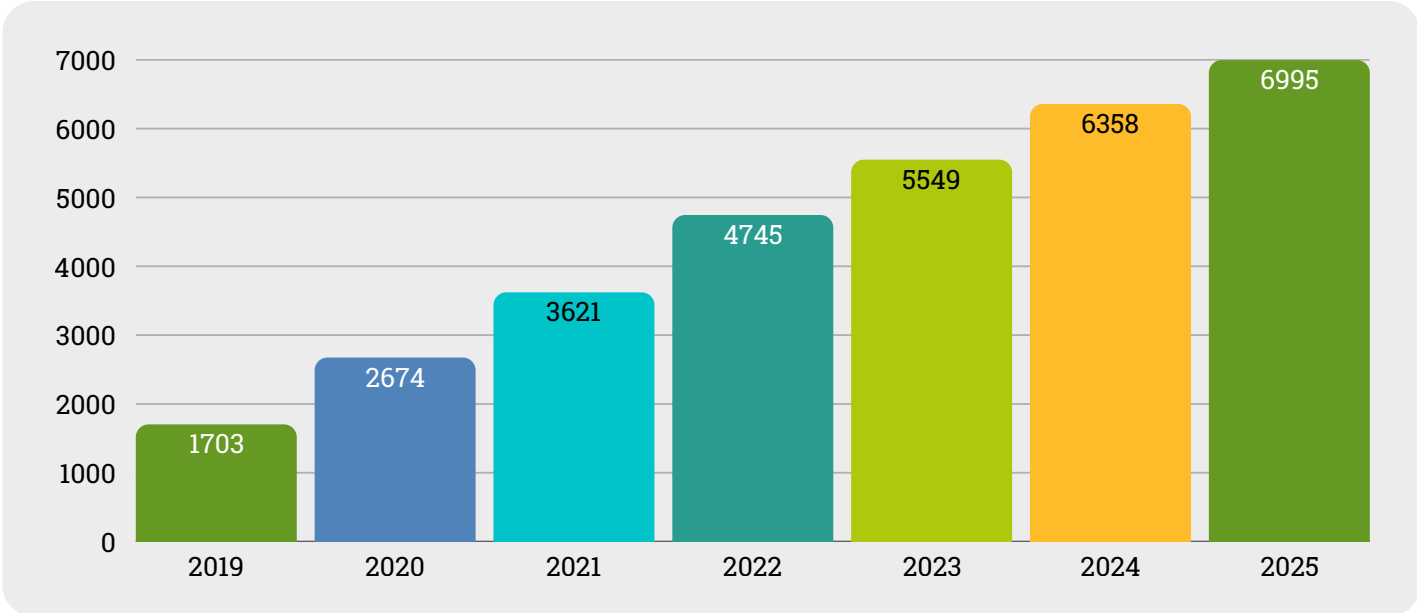
We work closely with healthcare and education professionals to build knowledge and understanding, so that individuals presenting with symptoms potentially linked to PANS or PANDAS receive appropriate assessment, and those diagnosed have equitable access to care, diagnosis, and treatment, no matter where they live or how much money they have.

We are also committed to providing clear, accessible information and resources to support families and individuals. This includes guidance on diagnosis, healthcare pathways, symptom management, and educational support.

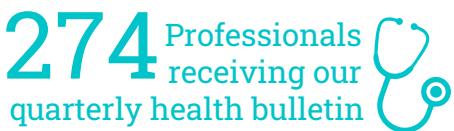
Above all, we are striving for lasting, systemic change, so that everyone affected by PANS or PANDAS receives the excellent, effective, and equitable care they deserve.

7.2 “Members”

We did not have a formal membership scheme in place during the last financial year and so we have used our Facebook support group as our measure. We continue to see a steady growth in numbers joining our Facebook support group year on year.



7.3 Our Impact at a glance

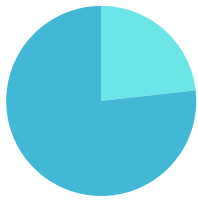


“This charity has saved
our family and our sanity
by providing unwavering
support and help when
we needed it the most.

“Fab charity!”

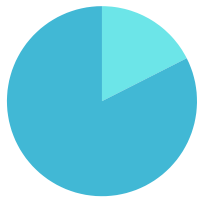
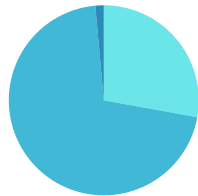


Teacher Training Impact



100% agreed or strongly agreed that presentation materials were relevant and clear

98.5% agreed or strongly agreed that pace and content was appropriate for audience



100% agreed or strongly agreed that the programme content would raise awareness of PANS and PANDAS

100% would recommend our teacher training to colleagues



Teacher Training Feedback

“The slides were great, and the trainer was very knowledgeable. It was helpful that it covered all areas of PANS/PANDAS including presentations in school and things we should be mindful of.”

“Knowledgeable and passionate host”

“Incredibly informative - detailed and breadth of information”

“Clear and easy to understand information with very helpful tips on PANS PANDAS in the school setting and highlighting the unique challenges in a way that is easy to understand.”



Follows up by
59%

Visits up by
40%

Facebook reach up
58%



Content Interactions up
100%

Visits up by
1.5%

Instagram reach up
114%



Reactions
1,935

Reposts
130

LinkedIn Impressions
57,332



Due to new charges by the social media platform X, we are unable to access our analytics, however we believe that our twitter presence has grown in line with the activity on our other social media platforms.

Section 8: Financial Review

8.1 The Reporting Period for this Report

The Charity's financial performance reported below is for the period from 6 April 2024 to 31 March 2025 (a minor adjustment of the reporting year-end to align with our monthly reporting software).

We use a financial software package called Xero to manage and monitor our financial transactions, as it is a piece of software compatible with HMRC requirements, and familiar to our Examiner.

Our financial results have been independently examined and the examiner reported that there were no issues of any concern.

This Annual Report contains three relevant appendices:

- Appendix A is the Charity Commission Form CC16a;
- Appendix B is the Independent Examiner's Report;
- Appendix C is the Statement of Financial Activities, containing:
 - The Profit and Loss Account;
 - The Balance Sheet;
 - The Notes to the Accounts.

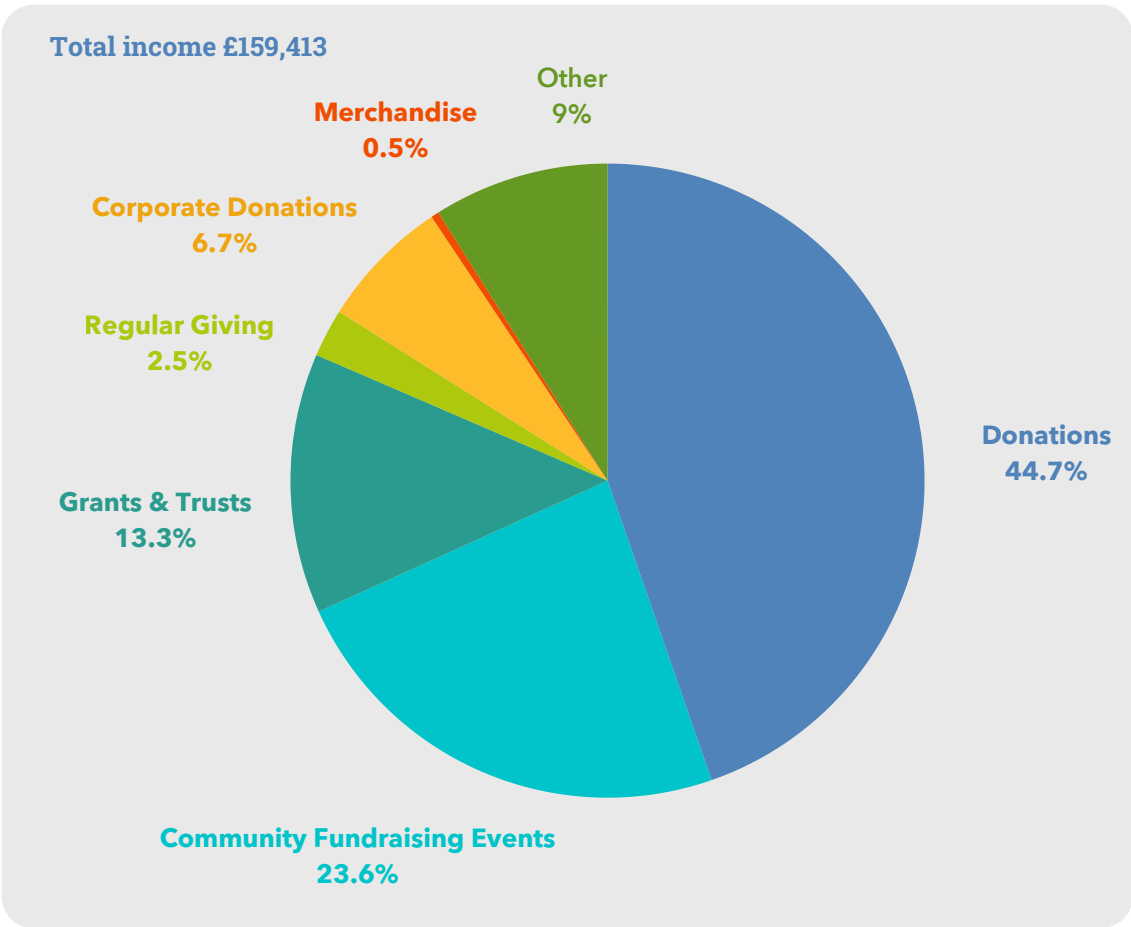
To follow is a brief summary of those statutory documents.



PANS PANDAS UK are a lifeline of information and support. We would be completely lost and alone without them.

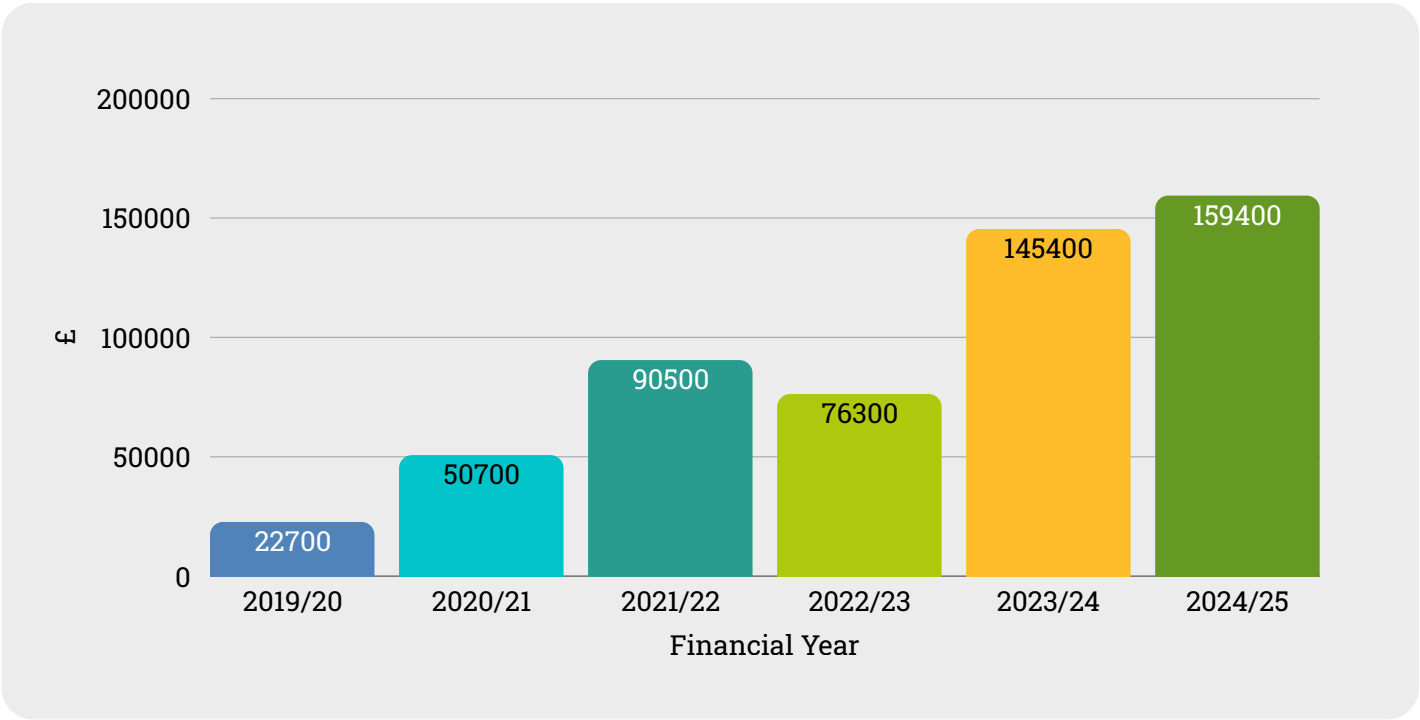
8.2 Income in 2024-25

The chart below presents the sources of income during the financial year, together with the percentage represented by each source.



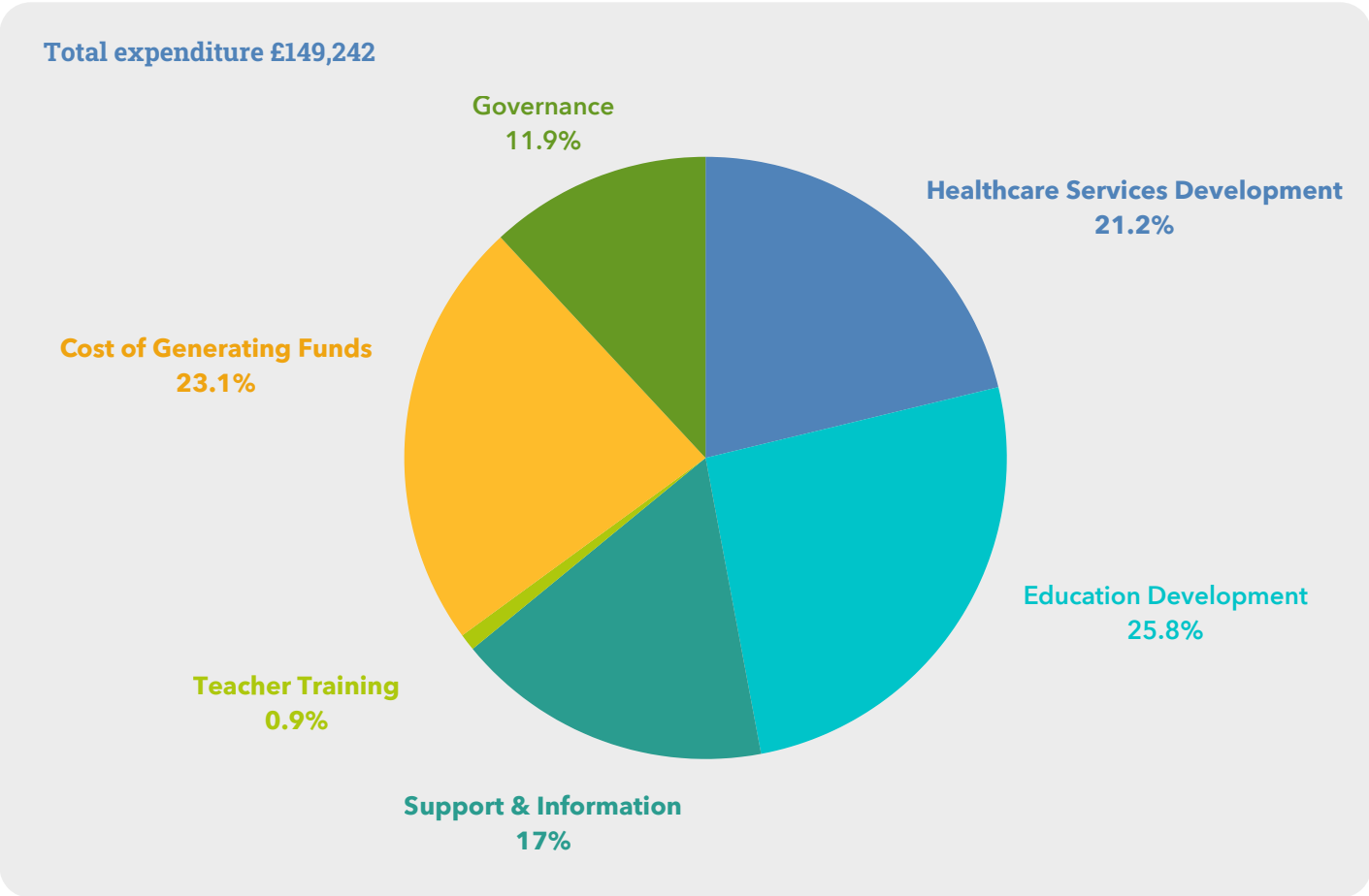
8.3 Historic Income Trends

The graph below shows the historic income trends.



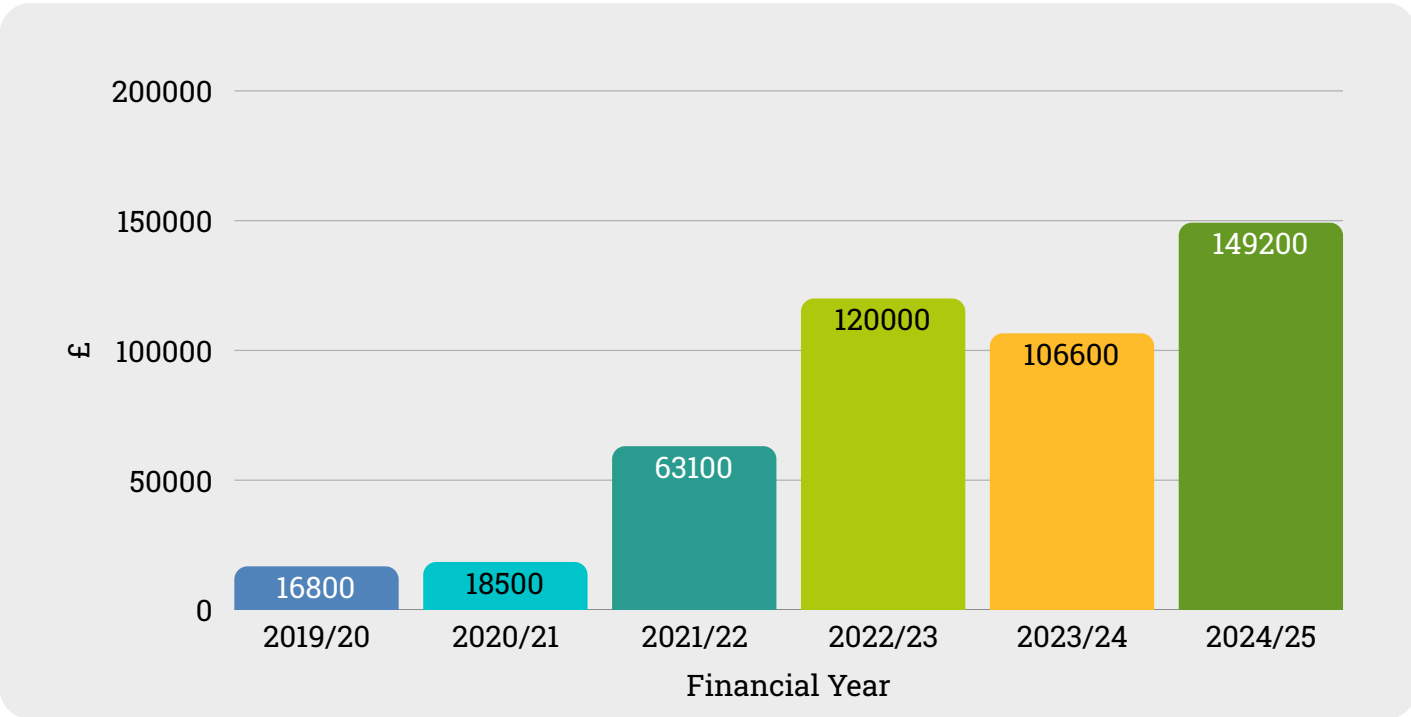
8.4 Expenditure in 2024-25

The chart below presents the sources of expenditure during the financial year, together with the percentage represented by each source.



8.5 Historic Expenditure Trends

The graph below shows the historic expenditure trends.



8.6 Reserves

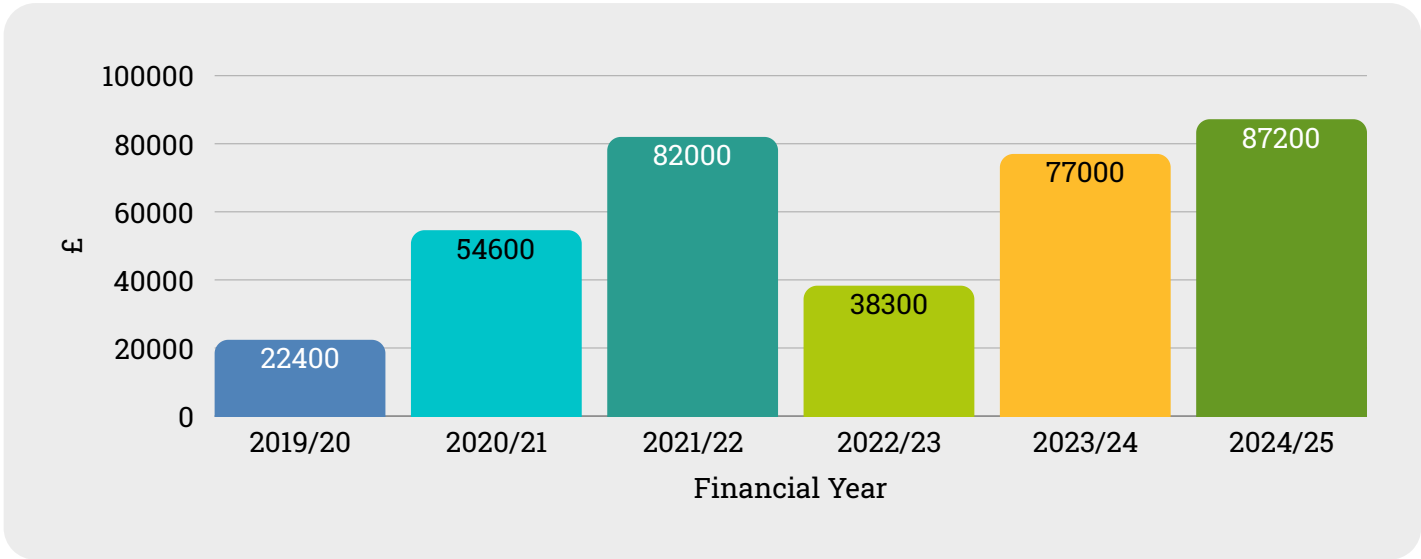
The appropriate level of reserves was based on a risk-based approach for both restricted and unrestricted funds. This approach, which considered a number of plausible threats to income and expenditure, resulted in a figure representing about 6 months’ turnover, which is consistent with advice from the Charity Commission for a charity of this size.

The table below presents the reserves position at the start and the end of the financial year.

Table 8.1 Reserves	
Total Reserves Held as at 31 st March 2025	£87,208
Of which, held in Restricted Funds	£65,354
Of which, held in Unrestricted Funds	£21,854
Total Reserves as a Proportion of Annual Turnover	55% (6.5 months of turnover)

The level of unrestricted reserves represents only 14% of our annual turnover, less than 2 months. The level of reserves will be kept under review in 2025-26.

The chart below presents the reserves held at the end of each financial year.



8.5 Funds in deficit

The charity has no funds in deficit.

Section 9: Funds Held as Custodian Trustee on Behalf of Others

PANS PANDAS UK does not hold any assets in respect of other charities.

Section 10: Public Benefit Statement

It is PPUK's belief that the charity has complied with the duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

Section 11: Plans for Future Periods

11.1 Financial Year 2025/26

Although only larger charities subject to statutory audit are required to provide details of plans for future periods, we nevertheless provide headlines for planned activity in the financial year 2025/26.

11.1.1 Building Momentum for Change

As we look to the year ahead, PANS PANDAS UK is entering an exciting phase of growth, collaboration, and impact. Our plans span across the UK and touch every area of our work; from clinical progress and research to community engagement and professional education.

11.1.2 All Party Parliamentary Group

We're excited about the next phase of our work with the All-Party Parliamentary Group (APPG) on PANS and PANDAS, and we have some ambitious plans in motion.

To begin with, we're preparing to host a special session in early summer, where clinical experts will be invited to meet with APPG members. This will be a valuable opportunity to deepen understanding of PANS and PANDAS among parliamentarians, ensuring they are well-informed and equipped to advocate for meaningful change.

Following this, we're planning a drop-in event at Parliament. There will be an open invitation for MPs to hear directly from members of our community. These personal stories and lived experiences are powerful, and we believe they will help bring the realities of PANS and PANDAS to the forefront of political discussion.

Looking further ahead, we're working towards a second Backbench Debate, this time with a dedicated focus on the challenges around access to healthcare experienced by our community. This will be another important moment to raise awareness, push for progress, and ensure that the voices of those affected by PANS and PANDAS are heard at the highest levels.

11.1.3 PANS PANDAS Steering Group (PPSG)

To increase visibility and accessibility, we'll be launching a dedicated website for the PPSG. This platform will showcase the group's work and serve as a central hub for related documents and updates.

11.1.4 Engaging NHS Trusts

We'll be reaching out to all NHS Trust Chief Executives across the UK with an update on the PPSG's work, encouraging them to share this information with their GP and paediatric teams to raise awareness and improve clinical understanding.

11.1.5 Clinical Guidelines Working Group

The literature review that will inform the Delphi process is nearing completion. Once finalised, the Delphi process will begin. This is an essential step in developing robust, evidence-based clinical guidelines.

11.1.6 Pathway/Service Specification Group

As the Delphi process concludes, we'll begin shaping a clear referral pathway and service specification. This will help clinicians navigate diagnosis and treatment once the guidelines are published.

11.1.7 Education, Social Care and Health Working Group

The first draft of our guidance is complete and now undergoing internal review. We will then be identifying key external stakeholders to provide feedback, before the guidance is published ensuring the guidance is comprehensive and practical.

11.1.8 Research Working Group

Our applications for the Child and Adolescent Psychiatric Surveillance System (CAPSS) and British Paediatric Surveillance Unit (BPSU) surveillance studies are progressing to the second phase. If successful, they will move forward to ethics approval, marking a major milestone in NHS-led research into PANS and PANDAS.

11.1.9 Virtual Conference for Parents and Carers

We're excited to host a week-long virtual conference filled with expert-led webinars and workshops designed to support and empower parents and carers. We will bring together experts from education, psychotherapy, occupational therapy, speech and language therapy, social work, benefits support, and so much more to provide our community with practical and useful information and support.

11.1.10 Educational Psychologist Training

We will expand our teacher training provision by developing a CPD accredited training module for Educational Psychologists, with a view to launching this training in September 2025.

11.1.11 Youth Advisory Board

Our Youth Board continues to lead with creativity and passion. The Taming Olivia comic strip collaboration is set to launch soon, and we're planning to expand this work with new resources and merchandise. We're also hopeful that National Lottery Community Fund support will allow us to recruit a dedicated Youth Worker to help deliver a youth-led project.

11.1.12 Building Organisational Resilience

To secure the future of our work, we're investing in our organisational resilience, strengthening our foundations so we can continue to grow and support our community for years to come.

11.1.13 Communications Strategy

We are developing a new communications strategy following feedback received from our community via a survey launched in the last financial year, to ensure we're engaging with our community in meaningful, accessible, and responsive ways.

11.1.14 Supporting the Devolved Nations

We hope to secure funding to launch a scoping exercise to better understand the specific needs of our community members in Scotland, Wales, and Northern Ireland. This will help us tailor our support and advocacy efforts, ensuring that no one is left behind, regardless of where they live.

11.1.15 Conferences, Webinars and Workshops

We'll be attending a range of health and education conferences to raise awareness and share knowledge with professionals. Highlights include:

- A hybrid workshop at the Birmingham School of Dentistry's training day in June 2025, focusing on the impact of dental treatment on patients with PANS and PANDAS.
- Attendance at the Royal College of General Practitioners Annual Conference in Wales this autumn as exhibitors, continuing our efforts to engage with primary care professionals.

Section 12: Signed Statement

I, Vicky Burford, hereby sign this Annual Report as a true record of the activities of the Charity for the year from 6th April 2024 to 31st March 2025.

Signed: 

Name: Vicky Burford

Position: CEO, Former Chair of Trustees, PANS PANDAS UK

Date: 31 October 2025

Having been duly authorised to do so by the Trustees of the Charity.

Section 13: Appendices

Appendix A

Independent Examiner's Report

Appendix B

Statement of Financial Activities, containing:

- The Profit and Loss Account;
- The Balance Sheet;
- The Notes to the Accounts.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
PANS/PANDAS UK**

Independent examiner's report to the trustees of PANS/PANDAS UK

I report to the charity trustees on my examination of the accounts of the Charity for the period ended 31st March 2025.

Responsibilities and basis of report

As the charity Trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

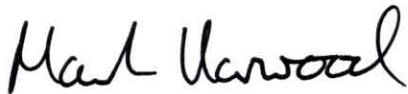
Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mark Harwood FCA BFP FMAAT
Michael Harwood & Co
Chartered Accountants
Greville House
10 Jury Street
Warwick
Warwickshire
CV34 4EW

Date: 12th November 2025

PANS/PANDAS UK

STATEMENT OF FINANCIAL ACTIVITIES
for the Period 6th April 2024 – 31st March 2025

6th April 2024 – 31st March 2025					Year Ended 5 th April 2024			
Notes	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £		
Income from:								
Donations & legacies	2	79,270	77,354	156,624	144,134	-	144,134	
Other trading activities		647	-	647	406	-	406	
Other		2,142	-	2,142	815	-	815	
Total income		82,059	77,354	159,413	145,355	-	145,355	
Expenditure on:								
Charitable activities:								
Health services development	3	29,766	2,000	31,766	22,328	-	22,328	
Education development		28,526	10,000	38,526	24,765	-	24,765	
Patient information and support		25,430	-	25,430	14,295	-	14,295	
Youth Advisory Board		-	-	-	880	-	880	
Research		-	-	-	4,368	632	5,000	
Teacher Training		1,301	-	1,301	-	-	-	
Total charitable activities		97,023	12,000	97,023	66,636	632	67,268	
Raising funds	4	34,439	-	34,439	28,128	-	28,128	
Governance	5	17,780	-	17,780	11,191	-	11,191	
Total expenditure		137,242	12,000	149,242	105,955	632	106,587	
Net income/(expenditure)		(55,183)	65,354	10,171	39,400	(632)	38,768	
Transfers between funds		-	-	-	24,669	(24,669)	-	
Net movement in funds		10	(55,183)	65,354	10,171	(25,301)	38,768	
Fund balances brought forward			77,037	-	77,037	12,968	25,301	38,269
Fund balances carried forward			21,854	65,354	87,208	77,037	-	77,037

PANS/PANDAS UK

BALANCE SHEET
As at 31st March 2025

	Note	31/03/2025 Unrestricted £	31/03/2025 Restricted £	31/03/2025 Total £	05/04/2024 Unrestricted £	05/04/2024 Restricted £	05/04/2024 Total £
Current assets							
Debtors	8	1,010	-	1,010	-	-	-
Cash at bank and in hand		23,489	65,354	88,843	77,122	-	77,122
Total current assets		<u>24,499</u>	<u>65,354</u>	<u>89,853</u>	<u>77,122</u>	<u>-</u>	<u>77,122</u>
Current liabilities							
Creditors	9	(2,645)	-	(2,645)	(85)	-	(85)
Net current assets		<u>21,854</u>	<u>65,354</u>	<u>87,208</u>	<u>77,037</u>	<u>-</u>	<u>77,037</u>
Total assets less current liabilities	10	<u><u>21,854</u></u>	<u><u>65,354</u></u>	<u><u>87,208</u></u>	<u><u>77,037</u></u>	<u><u>-</u></u>	<u><u>77,037</u></u>

The financial statements were approved by the Trustees on 24th October 2025.

On behalf of the Trustees



Mr Andrew Koss
Chair

PANS/PANDAS UK

NOTES TO THE ACCOUNTS for the Period 6th April 2024 – 31st March 2025

1. ACCOUNTING POLICIES

a) Basis of preparing the financial statements

PANS/PANDAS UK is a Charitable Incorporated Organisation registered in England & Wales and Scotland. The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, Charities Accounts (Scotland) Regulations 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention and are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

b) Income

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donations, grants and gifts given for specific purposes are treated as income in the year of receipt. Unspent restricted income is included under restricted funds as it is fully committed.

No amounts are included in the financial statements for services donated by volunteers. Further detail is given in the Trustees' Annual Report.

Income from trading activities includes activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

c) Expenditure

Expenditure is included on an accruals basis, and has been classified under headings that aggregate all cost related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. Where costs cannot be directly attributed, they have been allocated on a basis consistent with the use of resources (see 1.d) below).

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Redundancy and termination costs are recognised as an expense in the SoFA and a liability on the Balance Sheet immediately at the point the charity is demonstrably committed to either: terminate the employment of an employee or group of employees before normal retirement date; or provide termination benefits as a result of an offer made in order to encourage voluntary redundancy. The charity is considered to be demonstrably committed only when it has a detailed formal plan for the termination and is without realistic possibility of withdrawal from the plan.

d) Allocation of expenditure

Salaries - The salaries of project workers are allocated directly to the projects on which they work, alongside the charity's contribution to pensions where appropriate.

PANS/PANDAS UK

NOTES TO THE ACCOUNTS for the Period 6th April 2024 – 31st March 2025

1. ACCOUNTING POLICIES - continued

d) Allocation of expenditure - continued

Other costs - Core costs are allocated to the expenditure headings in the Statement of Financial Activities as follows:

	Administration Costs %	Communications Costs %
Health services development	30	20
Education development	30	20
Patient information and support	30	20
Youth Advisory Board	0	0
Research	0	0
Cost of generating funds	5	40
Governance	5	0
	<hr/> 100	<hr/> 100

	Administration Costs £	Communications Costs £
Health services development	10,665	1,617
Education development	10,665	1,617
Patient information and support	10,665	1,618
Youth Advisory Board	-	-
Research	-	-
Cost of generating funds	1,778	3,235
Governance	1,777	-
	<hr/> 35,550	<hr/> 8,087

e) Taxation

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

f) Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

g) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

h) Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions are expensed as they become payable.

PANS/PANDAS UK

NOTES TO THE ACCOUNTS for the Period 6th April 2024 – 31st March 2025

2. DONATIONS AND LEGACIES INCOME

	6th April 2024 – 31st March 2025			Year Ended 5 th April 2024		
	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Regular giving	3,913	-	3,913	3,163	-	3,163
Major donors	-	60,354	60,354	15,307	-	15,307
Individuals	10,863	-	10,863	23,316	-	23,316
Companies/Organisations	10,677	-	10,677	21,494	-	21,494
Trusts & foundations	4,133	17,000	21,133	-	-	-
PPUK fundraising events	22,244	-	22,244	6,386	-	6,386
Community-led events	15,304	-	15,304	57,862	-	57,862
Gift Aid	12,136	-	12,136	16,606	-	16,606
Total donations and legacies	79,270	77,354	156,624	144,134	-	144,134

3. CHARITABLE ACTIVITIES EXPENDITURE

	6th April 2024 – 31st March 2025			Year Ended 5 th April 2024		
	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Project costs	20,316	-	20,316	12,790	632	13,422
Project staff costs	27,860	12,000	39,860	34,726	-	34,726
Administration*	31,995	-	31,995	15,965	-	15,965
Communications*	4,852	-	4,852	3,155	-	3,155
Total expenditure on charitable activities	85,023	12,000	97,023	66,636	632	67,268

* = see Note 1.c)

4. COSTS OF GENERATING FUNDS

	6th April 2024 – 31st March 2025			Year Ended 5 th April 2024		
	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Merchandise	527	-	527	48	-	48
Resources & materials	1,345	-	1,345	1,279	-	1,279
Event costs	494	-	494	7,699	-	7,699
Platform fees	2,456	-	2,456	3,063	-	3,063
Professional fees	14,815	-	14,815	12,360	-	12,360
Other fundraising costs	656	-	656	20	-	20
Staff costs	9,133	-	9,133	669	-	669
Administration*	1,778	-	1,778	887	-	887
Communications*	3,235	-	3,235	2,103	-	2,103
Total expenditure on raising funds	34,439	-	34,439	28,128	-	28,128

* = see Note 1.c)

PANS/PANDAS UK

NOTES TO THE ACCOUNTS
for the Period 6th April 2024 – 31st March 2025

5. GOVERNANCE COSTS

	6th April 2024 – 31st March 2025			Year Ended 5 th April 2024		
	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Trustee expenses/costs	3,081	-	3,081	1,604	-	1,604
Insurance	974	-	974	832	-	832
Accountancy software	442	-	442	384	-	384
Bookkeeping	7,200	-	7,200	4,212	-	4,212
Independent examiner	2,340	-	2,340	2,040	-	2,040
HR services	1,951	-	1,951	1,232	-	1,232
Other costs	15	-	15	-	-	-
Administration*	1,777	-	1,777	887	-	887
Total governance costs	17,780	-	17,780	11,191	-	11,191

* = see Note 1.c)

6. STAFF COSTS

	6th April 2024 – 31st March 2025 £	Year Ended 5 th April 2024 £
Gross wages	66,484	45,764
Pension costs	1,922	1,270
Other employee costs	3,425	-
Total salaries, wages and related costs	71,831	47,034
Average number of employees	6	4

No employee earned £60,000 per annum or more.

Total redundancy/termination payments amount to £3,425 (2024 - £nil) and related to the Administration Manager position which was deemed to be no longer required following a restructure.

7. TRUSTEES' REMUNERATION AND EXPENSES

No Trustee or connected person received any remuneration or expenses either directly or indirectly.

8. DEBTORS

	31.03.25 £	05.04.24 £
Prepayments	1,010	-
	<u>1,010</u>	<u>-</u>

PANS/PANDAS UK

NOTES TO THE ACCOUNTS for the Period 6th April 2024 – 31st March 2025

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.03.25 £	05.04.24 £
Trade creditors	264	-
Other creditors	941	85
Accruals	1,440	-
	<u>2,645</u>	<u>85</u>

10. MOVEMENT IN FUNDS

	Funds at 06.04.24 £	Incoming resources £	Expended resources £	Transfers £	Funds at 31.03.25 £
Unrestricted (General) fund	77,037	82,059	(137,242)	-	21,854
Restricted funds:					
Hospital Saturday Fund	-	2,000	(2,000)	-	-
Education Fund	-	10,000	(10,000)	-	-
Information & Support Fund	-	5,000	-	-	5,000
The BIG Give	-	20,354	-	-	20,354
Caudwell Fund	-	40,000	-	-	40,000
	<u>-</u>	<u>77,354</u>	<u>(12,000)</u>	<u>-</u>	<u>65,354</u>
TOTAL FUNDS	<u>77,037</u>	<u>159,413</u>	<u>(149,242)</u>	<u>-</u>	<u>87,208</u>

11. RESTRICTED FUNDS

The purposes for which the restricted funds are held by the charity are:

Hospital Saturday Fund

Grant funding received from The Hospital Saturday Fund for the development of UK Clinical Guidelines for PANS and PANDAS.

Education Fund

Grant funding received from the James Tudor Foundation for the delivery of teacher training.

Information & Support Fund

Grant funding received from the Quilter Foundation for the development of information resources about PANS and PANDAS, specifically for the community of children and young people affected.

The BIG Give

Christmas Campaign income towards delivery of an online community conference in 2025 and an in-person international conference in 2026.

Caudwell Fund

Donation received from Rebekah Caudwell towards the costs of the CEO salary and Health Services Development work.

12. RELATED PARTY DISCLOSURES

There were no related party transactions during the year.