

# FRIENDS OF ESSEX & LONDON HOMELESS

## Trustees' Annual Report

For the year ended 31 May 2025

### 1. Objectives and Activities

Friends of Essex & London Homeless (FOELH) is a volunteer-led charity committed to supporting individuals and families experiencing homelessness, poverty, and hardship across Essex and London.

Our objectives are:

- To relieve poverty and hardship
- To provide essential items including food, clothing, and toiletries
- To support vulnerable individuals with dignity, compassion, and respect
- To reduce social isolation and improve wellbeing

We achieve this through direct outreach, community engagement, and the provision of essential supplies to those most in need.

### 2. Activities and Achievements

During the year, FOELH continued to deliver consistent and vital frontline support across both London and Essex.

#### London Outreach – Charing Cross (Weekly)

- Average of 130–140 hot meals served per session
- Distribution of drinks, fresh fruit, clothing, toiletries, and essentials
- Support delivered in a safe, welcoming, and community-focused environment

#### Essex Outreach – Grays (Weekly)

- Weekly food bank support tailored to individual and family needs
- Distribution of approximately 30+ food parcels per week
- Additional support including hot food, clothing, and essential items

#### Additional Support Provided

- Warm clothing, coats, and footwear
- Toiletries and hygiene products
- Sleeping bags and seasonal essentials
- Pet food
- Children's treat bags and family support

Across both locations, the charity supports over 200 individuals and families weekly.

### 3. Volunteer Contribution

FOELH is entirely volunteer-led, with no paid staff.

Estimated volunteer contribution:

- 4,000+ hours annually

### 4. Public Benefit

The trustees confirm compliance with Section 17 of the Charities Act 2011.

## 5. Financial Review

FOELH operates as a non-funded charity relying on donations and community support.

## 6. Reserves Policy

Minimal reserves are maintained with funds used promptly.

## 7. Structure, Governance and Management

The charity is governed by trustees with day-to-day operations run by volunteers.

## 8. Risk Management

Risks include demand, funding reliance, volunteer capacity, and operational space.

## 9. Plans for Future Periods

FOELH will continue delivering outreach and expanding support.

## 10. Statement of Trustees' Responsibilities

The trustees confirm the accounts comply with the Charities Act 2011.

Signed on behalf of the Trustees

Signature:  \_\_\_\_\_

Name: Steven A Stuart

Date: 30 March 2026



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name Friends of Essex & London Homeless	No (if any)
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## Receipts and payments accounts

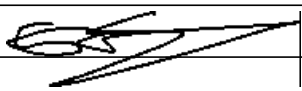
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For the period from	Period start date 1/6/2024	To	Period end date 31/05/2025
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	45,000	-	-	45,000	-
Grants	3,000	-	-	3,000	-
Sponsors	1,276	-	-	1,276	-
Fundraising Events	156	-	-	156	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	49,432	-	-	49,432	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	49,432	-	-	49,432	-
<b>A3 Payments</b>					
Storage	1,580	-	-	1,580	-
Utilities	2,010	-	-	2,010	-
Vehicle Repairs/Maintenance	1,660	-	-	1,660	-
Cleaning & Consumables	1,790	-	-	1,790	-
Stationary	380	-	-	380	-
Travel/Fuel	2,995	-	-	2,995	-
Food/Foodbank Essentials	7,210	-	-	7,210	-
Insurances	1,506	-	-	1,506	-
	-	-	-	-	-
<b>Sub total</b>	19,131	-	-	19,131	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	19,131	-	-	19,131	-
<b>Net of receipts/(payments)</b>	30,301	-	-	30,301	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	30,301	-	-	30,301	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			S A Stuart	30/03/2026

INDEPENDENT EXAMINER'S REPORT  
TO THE TRUSTEES OF  
FRIENDS OF ESSEX & LONDON HOMELESS

For the year ended 31 May 2025

I report on the accounts of the charity for the year ended 31 May 2025, which are set out in the accompanying documents.

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other

than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

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Name: Mrs Lynette Bridges ACCA

Address:

Arden View

High Road

Horndon on the Hill

Stanford-Le-Hope

SS17 8LB

Date: 30 March 2026