

FRIENDS OF ESSEX & LONDON HOMELESS

England & Wales - Charity number 1178366

Details

Status Registered

Legal form CIO

Registered 2018-05-14

Register [View on the Charity Commission register](#)

Contact

Address 233 Caspian Way
Purfleet
RM19 1LB

Phone 07815935208

Email teamfoelh@gmail.com

Website www.foelh.com

Activities

Objects: TO RELIEVE THE NEEDS OF HOMELESS PERSONS AND ROUGH SLEEPERS WHO BECAUSE OF SOCIAL AND ECONOMIC CIRCUMSTANCES REQUIRE ASSISTANCE BY THE PROVISION OF TEMPORARY ACCOMMODATION, FINANCIAL SUPPORT, INFORMATION AND ADVICE.

Activities: We set this charity up to help homeless, vulnerable and people living in poverty in Essex and London by distributing foods, drinks, clothes, toiletries and sleeping bags and we do this by operating 2 soup kitchens weekly and also if anyone needing our help is brought to our attention

Classification

- **How:** Provides Other Finance, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability, The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£49,432	£19,131	-	-
2024-05-31	£22,685	£17,862	-	-
2023-05-31	£24,045	£20,060	-	-
2022-05-31	£21,565	£19,327	-	-
2021-05-31	£18,010	£16,100	-	-

Trustees

Name	Role	Appointed
STEVEN ANDREW STUART	Chair	2018-04-23
DONNA SUZANNE BRIDGES		2018-04-23
DOROTHY MARGARET STUART		2018-04-23

FRIENDS OF ESSEX & LONDON HOMELESS

England & Wales - Charity number 1178366

Accounts

FRIENDS OF ESSEX & LONDON HOMELESS

Trustees' Annual Report

For the year ended 31 May 2025

1. Objectives and Activities

Friends of Essex & London Homeless (FOELH) is a volunteer-led charity committed to supporting individuals and families experiencing homelessness, poverty, and hardship across Essex and London.

Our objectives are:

- To relieve poverty and hardship
- To provide essential items including food, clothing, and toiletries
- To support vulnerable individuals with dignity, compassion, and respect
- To reduce social isolation and improve wellbeing

We achieve this through direct outreach, community engagement, and the provision of essential supplies to those most in need.

2. Activities and Achievements

During the year, FOELH continued to deliver consistent and vital frontline support across both London and Essex.

London Outreach – Charing Cross (Weekly)

- Average of 130–140 hot meals served per session
- Distribution of drinks, fresh fruit, clothing, toiletries, and essentials
- Support delivered in a safe, welcoming, and community-focused environment

Essex Outreach – Grays (Weekly)

- Weekly food bank support tailored to individual and family needs
- Distribution of approximately 30+ food parcels per week
- Additional support including hot food, clothing, and essential items

Additional Support Provided

- Warm clothing, coats, and footwear
- Toiletries and hygiene products
- Sleeping bags and seasonal essentials
- Pet food
- Children's treat bags and family support

Across both locations, the charity supports over 200 individuals and families weekly.

3. Volunteer Contribution

FOELH is entirely volunteer-led, with no paid staff.

Estimated volunteer contribution:

- 4,000+ hours annually

4. Public Benefit

The trustees confirm compliance with Section 17 of the Charities Act 2011.

5. Financial Review

FOELH operates as a non-funded charity relying on donations and community support.

6. Reserves Policy

Minimal reserves are maintained with funds used promptly.

7. Structure, Governance and Management

The charity is governed by trustees with day-to-day operations run by volunteers.

8. Risk Management

Risks include demand, funding reliance, volunteer capacity, and operational space.

9. Plans for Future Periods

FOELH will continue delivering outreach and expanding support.

10. Statement of Trustees' Responsibilities

The trustees confirm the accounts comply with the Charities Act 2011.

Signed on behalf of the Trustees

Signature:  _____

Name: Steven A Stuart

Date: 30 March 2026



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Friends of Essex & London Homeless	No (if any)
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Receipts and payments accounts

CC16a

For the period from	Period start date 1/6/2024	To	Period end date 31/05/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	45,000	-	-	45,000	-
Grants	3,000	-	-	3,000	-
Sponsors	1,276	-	-	1,276	-
Fundraising Events	156	-	-	156	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	49,432	-	-	49,432	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	49,432	-	-	49,432	-
A3 Payments					
Storage	1,580	-	-	1,580	-
Utilities	2,010	-	-	2,010	-
Vehicle Repairs/Maintenance	1,660	-	-	1,660	-
Cleaning & Consumables	1,790	-	-	1,790	-
Stationary	380	-	-	380	-
Travel/Fuel	2,995	-	-	2,995	-
Food/Foodbank Essentials	7,210	-	-	7,210	-
Insurances	1,506	-	-	1,506	-
	-	-	-	-	-
Sub total	19,131	-	-	19,131	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	19,131	-	-	19,131	-
Net of receipts/(payments)	30,301	-	-	30,301	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	30,301	-	-	30,301	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

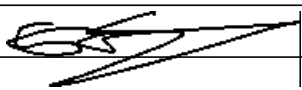
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	S A Stuart	30/03/2026

INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF
FRIENDS OF ESSEX & LONDON HOMELESS

For the year ended 31 May 2025

I report on the accounts of the charity for the year ended 31 May 2025, which are set out in the accompanying documents.

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other

than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Name: Mrs Lynette Bridges ACCA

Address:

Arden View

High Road

Horndon on the Hill

Stanford-Le-Hope

SS17 8LB

Date: 30 March 2026

FRIENDS OF ESSEX & LONDON HOMELESS

England & Wales - Charity number 1178366

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	M 06	Year 2023		Day 31	Month 05	Year 2024

Section A Reference and administration details

Charity name Friends Of Essex & London Homeless

Other names charity is known by FOELH

Registered charity number (if any) 1178366

Charity's principal address

233 Caspian Way
Purfleet on Thames
Essex
Postcode RM19 1LB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steven A Stuart			
2	Donna S Bridges			
3	Dorothy M Stuart			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance, and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO
How the charity is constituted (eg. trust, association, company)	By meeting legal requirements and adopting a governing document
Trustee selection methods (eg. appointed by, elected by)	Appointed By Existing Trustees

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees. • the charity's organisational structure and any wider network with which the charity works. • relationship with any related parties. • trustees' consideration of major risks and the system and procedures to manage them. 	<p>All people facing volunteers have an enhanced DB.</p> <p>We have Policies and procedures in place....</p> <p>Safeguarding for vulnerable adults and children</p> <p>First aid and defibrillator training</p> <p>Food hygiene</p> <p>GDPR</p> <p>Substance misuse</p> <p>Health and safety</p> <p>Equality, diversity, and inclusion</p> <p>Fire safety</p>
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To offer relief of those in need by reason of homelessness, poverty, or other hardship because of social and economic circumstances by providing food, meals, clothing, support, advice, and information required to meet the basic standard of living and who are situated in and around Essex and the London areas

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Trustees have had the regard to the guidance by the charities commission on the public benefit.

We run two weekly soup kitchens incorporating an everyday essential food bank at one of these.

We provide a range of outreach services and advice if required and always look to follow a good working partnership with any local authorities, outside agencies and voluntary organisations that we involved with and this in turn increases the range of services available to our service users.

Additional details of objectives and activities (Optional information)

All our volunteers are extremely committed to helping those we see each week and take pride in what they do and will always go beyond to help service users

You **may choose** to include further statements, where relevant, about:

- policy on grant making.
- policy programme related investment.
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

X

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Section E

Financial review

Brief statement of the charity's policy on reserves

All reserves are fully allocated

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising).
- how expenditure has supported the key objectives of the charity.
- investment policy and objectives including any ethical investment policy adopted.

Friends of Essex & London Homeless funds for 2023/2024 have come from donations, sponsors, grants, and fundraising

Section F

Other optional information

We have throughout the year continued to promote FOELH within Essex and London as we see so many people in need of our services, and this is on the increase due to the cost-of-living crisis

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	S A Stuart	
Full name(s)	Steven Andrew Stuart	
Position (eg Secretary, Chair, etc)	Co-Founder & Trustee	
Date	27 th February 2025	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Friends of Essex & London Homeless	No (if any)
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Receipts and payments accounts

CC16a

For the period from	Period start date 6/1/2023	To	Period end date 5/31/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	4,935	-	-	4,935	-
Grants	6,500	-	-	6,500	-
Sponsors	6,450	-	-	6,450	-
Fundraising Events	4,800	-	-	4,800	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	22,685	-	-	22,685	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	22,685	-	-	22,685	-
A3 Payments					
Storage	1,490	-	-	1,490	-
Utilities	1,920	-	-	1,920	-
Vehicle Repairs/Maintenance	1,776	-	-	1,776	-
Cleaning & Consumables	1,885	-	-	1,885	-
Stationary	450	-	-	450	-
Travel/Fuel	2,690	-	-	2,690	-
Foods/Foodbank Essentials	6,231	-	-	6,231	-
Insurances	1,420	-	-	1,420	-
	-	-	-	-	-
Sub total	17,862	-	-	17,862	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	17,862	-	-	17,862	-
Net of receipts/(payments)	4,823	-	-	4,823	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	4,823	-	-	4,823	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	S A Stuart	Steven A Stuart	2/27/2025	

FRIENDS OF ESSEX & LONDON HOMELESS

England & Wales - Charity number 1178366

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 06	Year 2021		Day 31	Month 05	Year 2022

Section A Reference and administration details

Charity name Friends of Essex & London Homeless

Other names charity is known by FOELH

Registered charity number (if any) 1178366

Charity's principal address

233 Caspian Way
Purfleet on Thames
Essex
Postcode RM191LB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steven A Stuart			
2	Donna S Bridges			
3	Dorothy M Stuart			
4				
5				
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO
How the charity is constituted (eg. trust, association, company)	Constituted
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees.
- the charity's organisational structure and any wider network with which the charity works.
- relationship with any related parties.
- trustees' consideration of major risks and the system and procedures to manage them.

Policies and Procedures in Place
Safeguarding for vulnerable adults & Children
GDPR
Food Hygiene
All Volunteers Have Been Enhanced DBS Checked
Risk Assessment
Naloxone Injection Training for Opioid Overdoses
First Aid and Defibrillator training

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve the needs of homeless persons and rough sleepers who because of social and economic circumstances require assistance by the provisions or temporary accommodation, financial support, information, and advice
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Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Trustees have had the regard to the guidance by the Charities Commission on the public benefit.

We run two weekly soup kitchens and an everyday foodbank once a week.

We provide a range of outreach services, and always work towards maintaining a good working partnership with all local authorities, outside agencies, and any other voluntary organisations to make sure we can offer a good range of services for every service user if needed.

We also offer a small foodbank provision alongside one of our outreaches in the local community for anyone who is struggling with the cost-of-living crisis.

T

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

All of our volunteers are extremely committed to helping those we see each week and they all take pride in what they do and always go above and beyond in helping anyone in need or in crisis.

Summary of the main achievements of the charity during the year

We work very closely alongside our local outreach services within our local council. They attend on a regular basis and due to our good working relationship, they not only deal homelessness they also take the time to assist anyone with other issues and take them back to the relevant department to look into additional help that is needed.

We are currently having discussions with our local council, and we have put a proposal forward of how we as a charity feel that we can make a greater impact to the wider community with may various social issues.

In the school summer holidays of 2022, we ran a child's lunch provision which proved a huge success for every parent/carer that came to us for this additional help

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Section E Financial review

Brief statement of the charity's policy on reserves	All reserves are fully allocated
Details of any funds materially in deficit	N/A

Further financial review details (Optional information)

<p>You may choose to include additional information, where relevant about:</p> <ul style="list-style-type: none"> the charity's principal sources of funds (including any fundraising); how expenditure has supported the key objectives of the charity; investment policy and objectives including any ethical investment policy adopted. 	<p>Friends of Essex & London Homeless funding 2022/2023 has come from donation's, grants, sponsors, and fundraising</p>
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Section F Other optional information

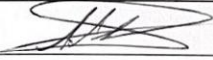
We have throughout the year continued to promote FOELH in Essex and London as we know so many people are struggling in many ways, and this unfortunately is on the increase due to the cost-of-living crisis.

We hope by helping those who we see on a weekly basis or even as a one off it will ease their burden and let them know that people are out there to help them and not judging them as we do not walk in their shoes

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Steven Andrew Stuart	
Position (eg Secretary, Chair, etc)	Co-Founder and Trustee	
Date	1 st May 2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

Friends of Essex & London Homeless

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/06/2022

To

Period end date
31/05/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	9,882	-	-	9,882	-
Grants	5,000	-	-	5,000	-
Sponsors	8,440	-	-	8,440	-
Fundraising Events	723	-	-	723	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	24,045	-	-	24,045	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	24,045	-	-	24,045	-
A3 Payments					
Storage	1,450	-	-	1,450	-
Utilities	1,800	-	-	1,800	-
Vehicle Repairs and Maintenance	1,624	-	-	1,624	-
Cleaning and Consumables	2,857	-	-	2,857	-
Stationary	491	-	-	491	-
Travel/Fuel	2,455	-	-	2,455	-
Foods/Foodbank Essentials	8,961	-	-	8,961	-
Insurances	422	-	-	422	-
	-	-	-	-	-
Sub total	20,060	-	-	20,060	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	20,060	-	-	20,060	-
Net of receipts/(payments)	3,985	-	-	3,985	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	3,985	-	-	3,985	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	DK	DK

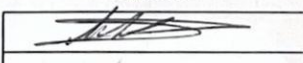
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	STELLEN STUART	01/05/24

FRIENDS OF ESSEX & LONDON HOMELESS

England & Wales - Charity number 1178366

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Friends of Essex & London Homeless

No (if any)

Receipts and payments accounts

CC16a

For the period from 01/06/2021 To 31/05/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	8,565	-	-	8,565	-
Grants	7,500	-	-	7,500	-
Sponsors	5,500	-	-	5,500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	21,565	-	-	21,565	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	21,565	-	-	21,565	-
A3 Payments					
Storage	1,330	-	-	1,330	-
Utilities	1,690	-	-	1,690	-
Vehicle Repairs and upkeep	3,800	-	-	3,800	-
Cleaning and Consumables	3,465	-	-	3,465	-
Stationary	459	-	-	459	-
Travel	590	-	-	590	-
Foods	7,560	-	-	7,560	-
Insurance	433	-	-	433	-
	-	-	-	-	-
Sub total	19,327	-	-	19,327	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	19,327	-	-	19,327	-
Net of receipts/(payments)	2,238	-	-	2,238	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,238	-	-	2,238	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank	-	-	-
		-	-	-
		-	-	-
	Total cash funds	2,238	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK

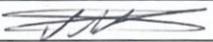
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	N/A	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	N/A		-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	N/A		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	N/A		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Steven Stuart	13th April 2023



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 06	Year 2021		Day 31	Month 05	Year 2022

Section A Reference and administration details

Charity name Friends of Essex & London Homeless

Other names charity is known by FOELH

Registered charity number (if any) 1178366

Charity's principal address

233 Caspian Way
Purfleet on Thames
Essex
Postcode RM191LB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steven A Stuart			
2	Donna S Bridges			
3	Dorothy M Stuart			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	CIO
How the charity is constituted <small>(eg. trust, association, company)</small>	Constituted
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Appointed by existing trustees

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees.
- the charity's organisational structure and any wider network with which the charity works.
- relationship with any related parties.
- trustees' consideration of major risks and the system and procedures to manage them.

Policies and Procedures in place
Safeguarding for vulnerable adults
GDPR
Food Hygiene
Covid – 19
Risk Assessment
First Aid and Defibrillator training

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve the needs of homeless persons and rough sleepers who because of social and economic circumstances require assistance by the provisions or temporary accommodation, financial support, information and advice

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Trustees have had the regard to the guidance by the Charities Commission on the public benefit.

We run two weekly soup kitchens and an everyday foodbank once a week.

We provide a range of outreach services, and we always work towards a good working partnership with all local authorities and outside agencies and other voluntary organisations to make sure we can offer a good range of services for every service user if needed.

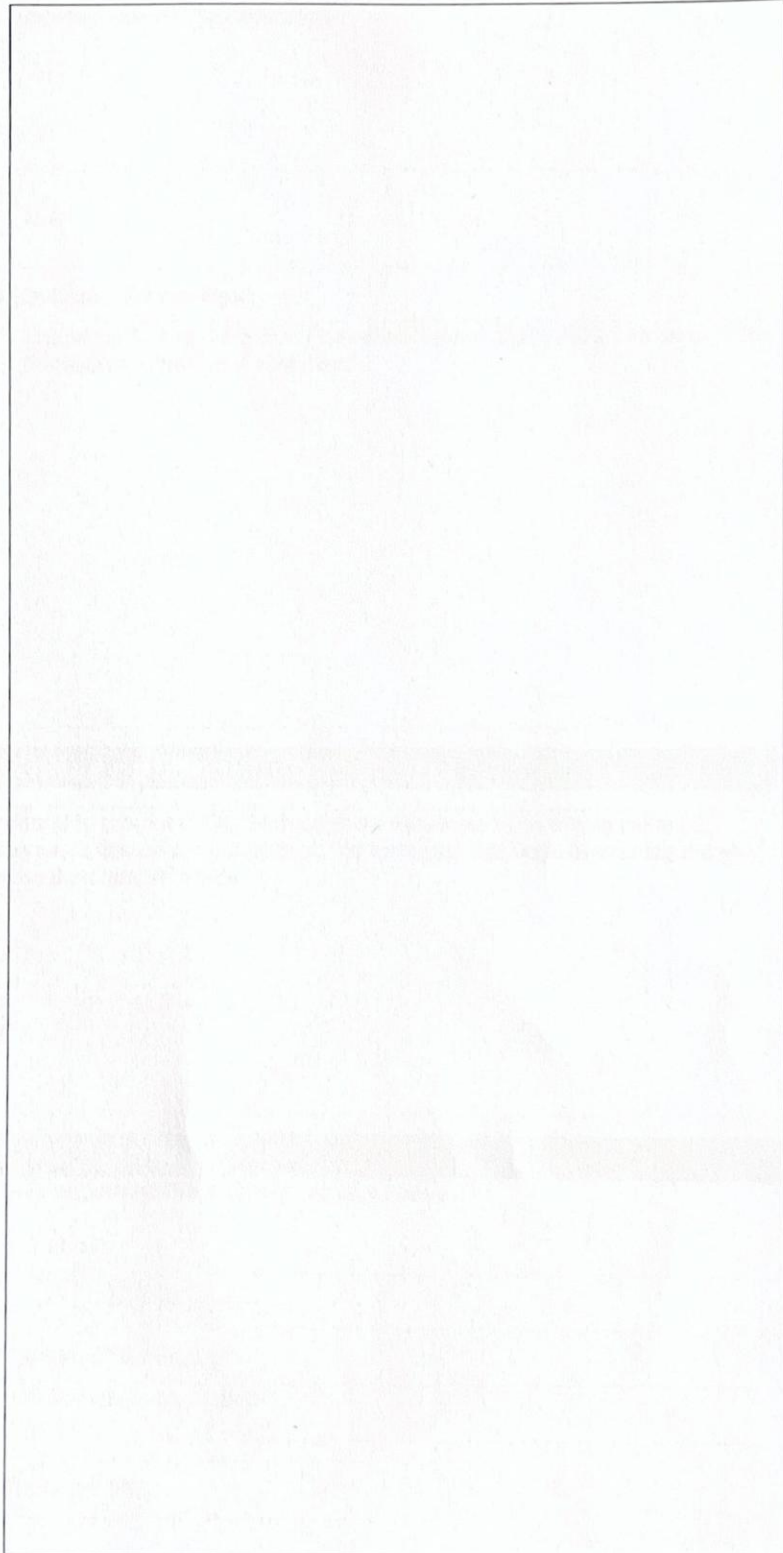
T

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

All of our volunteers are extremely committed to helping those we see each week and take pride in what they do and always go above and beyond in helping anyone in need or in crisis.

Summary of the main achievements of the charity during the year



Section E Financial review

Brief statement of the charity's policy on reserves

All reserves are fully allocated

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Friends of Essex & London Homeless funding 2021/2022 has come from donation's, grants and sponsors

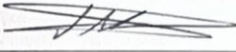
Section F Other optional information

We have throughout the year continued to promote FOELH throughout Essex and London as we know people are struggling in various ways and this unfortunately is on the increase. We hope by helping those less fortunate and in crisis it will ease their burden a little

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Steven Andrew Stuart	
Position (eg Secretary, Chair, etc)	Co-Founder and Trustee	
Date	13 th April 2023	

FRIENDS OF ESSEX & LONDON HOMELESS

England & Wales - Charity number 1178366

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	06	2020		31	05	2021

Section A Reference and administration details

Charity name: Friends of Essex & London Homeless

Other names charity is known by: FOELH

Registered charity number (if any): 1178366

Charity's principal address:

233 Caspian Way
Purfleet on Thames
Essex
Postcode: RM191LB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steven A Stuart			
2	Donna S Bridges			
3	Dorothy M Stuart			
4				
5				
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19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

N/A

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

CIO

How the charity is constituted
(eg. trust, association, company)

Constituted

Trustee selection methods
(eg. appointed by, elected by)

Appointed by existing trustees

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Policies and Procedures in place
Safeguarding for vulnerable adults
GDPR
Food Hygiene
Covid-19
Risk Assessment
All volunteers have enhanced DBS checks

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve the needs of homeless persons and rough sleepers who because of social and economic circumstances require assistance by the provisions or temporary accommodation, financial support, information, and advice

Trustees have had the regard to the guidance issued by the Charities Commission on public benefit

We run two weekly soup kitchens and an everyday food bank once a week

We provide a range of outreach services, and we always work towards a good working partnership with local authorities and any other voluntary organisations to serve a range of services for every service user if needed

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

All our volunteers are extremely committed to helping those we see as they know they need a helping hand

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Our food bank that we set up is now proving invaluable to many people we see, and we also set up and run where possible a school holiday lunch programme for and parents/carers needed a little help during school holidays

Section E

Financial review

Brief statement of the charity's policy on reserves

All reserves are fully allocated

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

FOELH funding 2020/2021 has come from donations, grants, and sponsors

Section F

Other optional information

We continue as a charity to promote ourselves throughout Essex and London and take pride in helping those less fortunate and in crisis by offering a little help in any way we can to ease their burden

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Steven Andrew Stuart

Position (eg Secretary, Chair, etc)

Co-Founder and Trustee

Date

23/03/2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Friends of Essex & London Homeless

No (if any)

Receipts and payments accounts

CC16a

For the period from	Period start date 01/06/2020	To	Period end date 31/05/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	7,610	-	-	7,610	-
Grants	4,900	-	-	4,900	-
Sponsors	5,500	-	-	5,500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	18,010	-	-	18,010	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18,010	-	-	18,010	-
A3 Payments					
Storage	1,250	-	-	1,250	-
Utilities	1,610	-	-	1,610	-
Vehicle Repairs	755	-	-	755	-
Cleaning and Consumables	4,115	-	-	4,115	-
Stationary	496	-	-	496	-
Travel	490	-	-	490	-
Foods	6,995	-	-	6,995	-
Insurance	389	-	-	389	-
	-	-	-	-	-
Sub total	16,100	-	-	16,100	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	16,100	-	-	16,100	-
Net of receipts/(payments)	1,910	-	-	1,910	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,910	-	-	1,910	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank	1,910	-	-
		-	-	-
		-	-	-
	Total cash funds	1,910	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	N/A	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	N/A		-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	N/A		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	N/A		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	STEVEN STUART	23/3/22