



YOUMANITY

Principal activity and objectives 2022 – 2023

Youmanity seeks to devise, drive and deliver cultural projects for the benefit of communities globally. Promoting social inclusion, equality and human rights; projects can be part of a planned calendar or on ad-hoc community basis. Most notable amongst the projects is the annual photography award, where stories on themes ranging from human trafficking, gender and age discrimination to disability are shared by photographic entries from around the world. Entries are selected by a panel of judges and subsequently showcased in exhibitions in London and beyond.

World Mental Health Day

To mark World Mental Health Day Youmanity celebrated the world's first mindfulness train carriages. This was the result of a close cooperation between KeolisAmey Docklands (KAD), operators of Docklands Light Railway (DLR) and Youmanity which saw the deployment of the 'Inner Journey' passenger trains to support passenger wellbeing and mental health. This project was supported by Brain Recharge - a self-guided meditation app developed for use on DLR trains and designated relaxation areas located in Canary Wharf, Tower Gateway, Woolwich Arsenal DLR stations.



The worlds' first mindfulness train on the DLR network © Anton Phatianov | Youmanity

STEP TOGETHER - mental health campaign

Step Together is a campaign designed to promote dancing for physical and mental wellbeing. According to scientific research conducted by Dance Psychologist, Dr Peter Lovatt, when people move their bodies to rhythm they produce neurotransmitters, dopamine and serotonin (happy hormones), that stay in the body up to a week after the last dance.



Youmanity volunteers joining London Pride © Youmanity

STEP TOGETHER at Pride in London

Youmanity paraded at London Pride. The charity partnered with NGO Speaker Box Street Party who danced at key locations along the Pride route in Central London. Pocket size flyers publicising the STEP TOGETHER campaign - the benefits of dancing on mind and body - were distributed to members of the public. More here:

<https://youtu.be/8RqSTtFGSu8>



Photo submission by Marcos A. Ramos Esteves © Ramos Esteves

STEP TOGETHER at Heron Quay DLR and London City Hall

To mark World Mental Health Day 2022 Youmanity partnered with DLR and Thrive LDN to deliver a danceathon, powered by the Speaker Box Street Party! This dance project was designed to help improve mood, reduce stress and anxiety. Research suggests that dancing produces mood-improving chemicals, 'happy hormones' that stay in the body as long as a week after the last dance. According to dance psychologist, Dr Peter Lovatt, just ten minutes of dancing can provide a good work out for the body and brain, raising the heartbeat to cause a release of feel-good endorphins, reducing our stress levels. More here: <https://youtu.be/7uEYw2pxLTU>

STEP TOGETHER Photography Award

Entitled STEP TOGETHER, the 2022 Photography Award invited participants to submit a photograph that captured the happiness when dancing. The judges in 2022 were Anne Williams - Documentary Photography Historian, Michael Pritchard FRPS - Director, Education and Public Affairs, The Royal Photographic Society; Fabienne Bowden - Dance Therapist; Maria Falconer FRPS - Dance Photographer; Niall McDiarmid - Street Photographer; Simon Samaki - Director, Speaker Box Street Party; Angelo Iudice - Chair of Youmanity. More here: <https://youtu.be/aQyoQc9zwQk>

European Commission Projects

EASE: Entrepreneurs for Autonomy, Self-Development and Equality.

Directed to women, the project assumed that women who owned a business already contributed to the global economy and that there is no talent shortage among female entrepreneurs. EASE followed a Sustainable Development Goals call for ending poverty, addressing global inequalities and "leaving no one behind by supporting vulnerable groups, achieving gender equality and empowering women and girls".



Project presentation of the EASE Project in London on 07/06/2022 ©Youmanity

Such an approach encourages economic inclusion in the form of entrepreneurial opportunities for traditionally under-served members of society. The EASE Project addressed the difficulties newcomers find in assessing vocational routes - a lack of advice on suitable professional options, education and training. Career guidance tends to be school/university-based, therefore inaccessible to most adult refugees as there are difficulties with the official recognition of refugees' previous qualifications.

EASE involved the participation of seven project partners from the UK, Italy, Portugal, Slovakia and Romania. On 7th June Youmanity hosted a presentation of EASE in the presence of project participants, social and employment stakeholders from different background. More here: <https://youtu.be/4J0y7YxkuoA>

EDUCATIONAL CARTOONS

Youmanity set out to produce a number of cartoons to promote public health advice, raise awareness of suicide prevention, promote human connection and kindness, as well as explaining how depression and anxiety affects people. The content, narration and animation was devised, driven and delivered by Youmanity. 'Be Your Authentic Self' is one of the titles produced during 2022-23. The cartoons playlist is available on www.youtube.com/youmanity

FILMS

During the last decade Youmanity produced a number of educational films. Addressing pressing social issues they reach a wide audience, to inform and inspire change. All of Youmanity's film material is freely available via www.youtube.com/youmanity

Breaking Barriers

Starring Rory McGuire, this film project explores the concept of 'beauty'. The camera follows Rory - a young man affected by a facial birthmark - as he reflects on what 'beauty' means to him. The film is receiving a number of accolades worldwide, including Best Short Film at the Prague Film Awards. In May the film was well received at the Cannes Film Festival, more here: <https://youtu.be/8FshfJ3l9E4>



Screening of Breaking Barriers at the Cannes Film Festival © Youmanity

The Story of Daniel Moloney

The Story of Daniel Moloney' is a film exploring the journey of a 22-year old affected by cystic hygroma - a rare condition which can result in facial disfigurement. This film project is three year in the making and aims to raise awareness of what it is like to live with a facial disfigurement that 'speaks' even before Daniel can even say his name.

Black History Month

To promote the importance of Cultural Diversity, Youmanity added some visuals to the Benjamin Zephaniah's The British Poem. With this poem Zephaniah makes the point that every single ingredient is vital to the 'mix' and has equal importance. More here: <https://youtu.be/KPOAQmZ7gHg>

EXHIBITIONS

In 2019 Youmanity, together with the charity PAPYRUS, launched Friend-Ship. This is an on-going campaign designed to reclaim the importance of friendship to promote human connection and help prevent mental health issues associated with social isolation.



William and Daniel Moloney next to their portrait showcased at the House of Commons

The Friend-Ship photography exhibitions consist in a collection of remarkable images that capture the spirit of friendship. Access to our exhibitions is free and a talk on the importance of human connection always accompany the opening night. Guest speakers include Maggie Carman, Councillor of the City of Westminster and Angelo Iudice, founder of Youmanity.

Friend-Ship at Westminster Libraries

To mark International Friendship Day 2022, Youmanity showcased 30 portraits taken by photographer, Grace Lambert-Phillips. Grace asked Londoners what friendship meant to them before taking their portrait. The photographs, together with their definition of friendship, was showcased at the Paddington Library during June-August 2022.

More here: <https://youtu.be/i4tQMwnt8Co>

Friend-Ship at Houses of Parliament

Our Friend-Ship Photography Exhibition was due to be showcased at the House of Commons in 2019, but due to the General elections first, and then the outbreak of Covid-19 this exhibition could not be installed. During 2021/2022 Youmanity made a new application to display this sensitive body of work which met the approval of Karen Buck MP, who is sponsoring the event. The Friend-Ship Photography Exhibition was showcased within the Upper Waiting Hall at the House of Commons in December 2022.

More here: <https://youtu.be/LFKpEHHy5ZU>

During 2022-23 Youmanity collaborated with other charities and organisations, including Thrive London, Haringey Suicide Prevention Group, the British Council, the European Commission, The Royal Photographic Society, Westminster Libraries, Metropolitan Police, Speaker Box Street Party and Conversano City Hall, Italy.

YOUMANITY

FINANCIAL STATEMENTS

FOR

THE YEAR ENDED 30 JUNE 2023

Charity Registration Number 1178295

Company Registration Number 06621685

Youmanity
Report of the Trustees
For the Year Ended 30 June 2023

The final stage of the Entrepreneurs for Autonomy, Self-development+Equity (EASE) under the Erasmus+ programme for the empowerment of refugee women ended in this financial year. The project is funded by the consortium member for UK National Agency starting from Sep 2019 for a duration of 36 months.

Financial Review

The trustees review annually the financial resources and endeavor to pursue the charity's objectives without eroding the value of the capital endowment. The incoming resources of the charity in 2023 was £98,940 (2022: £52,968), and the expenditure was £63,408 (2022: £83,774), giving a surplus of £35,531. the incoming resources include a grant from the British Council for the Entrepreneurs for Autonomy, Self-development + Equality under the Erasmus + Programme.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Trustees' Responsibilities in Relation to the Financial Statements

The trustees (who are also the directors of the company for the purposes of the company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards. The law requires the charity trustees to prepare financial statements for each year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure for the accounting period.

In preparing the financial statements, the trustees are required to:

- * Select suitable accounting policies and then apply them consistently;
- * observe the methods and principles in the Charities SORP;
- * make judgements and estimates that are reasonable and prudent;
- * state whether applicable UK accounting standards have been followed, subject to any material departures, disclosed and explained in the financial statements;
- * prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps to the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by order of the board of trustees on

and signed on its behalf by:



A A Ludice
Director

Independent Examiner's Report

Report to the trustees/ members of

Charity Name Youmanity

On accounts for the year ended 30th June 2023

Charity number 1178295

Company registration number 06621685

Set out on pages 1 to 9

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedure laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and,
- to state whether particular matters have come to my attention.

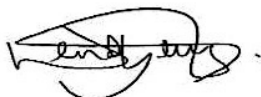
Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act, and,
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Wendy Cheung
Fellow member of the Association of Chartered Certified Accountants
Redwood Grove Ltd
Date: 24/07/2023

Younanity
For the Year Ended 30 June 2023
Statement of Financial Activities

Categories by activity	Notes	Restricted fund £	Unrestricted fund £	Total Fund 30.06.2023 £	Total Fund 30.06.2022 £
Incoming resources					
Income:					
Donations and fund raising events			51,086	51,086	3,714
Grant income		47,854	0	47,854	49,254
Total	3	47,854	51,086	98,940	52,968
Resources expended					
Expenditure on:					
Charitable activities		52,029	9,696	61,725	81,180
Administration and management	4	842	842	1,684	2,594
Total	5	52,871	10,538	63,409	83,774
Net income/(expenditure) before investment gains/(losses)		-5,017	40,548	35,531	-30,806
Net gains/(losses) on investments		0	0	0	0
Net income/(expenditure)		-5,017	40,548	35,531	-30,806
Transfers between funds		0	0	0	0
Other recognised gains/(losses):					
Gains and losses on revaluation of fixed assets for the charity's own use		0	0	0	0
Other gains/(losses)		-141		-141	-3,208
Net movement in funds		-5,158	40,548	35,390	19,275
Fund Balances at brought forward		20,912	11,578	32,490	63,522
30.06.2023		15,754	52,126	67,880	32,490

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.
The statement of financial activities also complies with the requirements for an income and expenditure account under the Company Act 2006.

Youmanity
For the Year Ended 30 June 2023
Balance Sheet

	Notes	Restricted fund £	Unrestricted fund £	Total this year 2023 £	Total last year 2022 £
Fixed assets					
Tangible assets	6	-	5,771	5,771	4,481
Total fixed assets		-	5,771	5,771	4,481
Current assets					
Debtors	7	-	-	-	-
Cash at bank and in hand	8	16,379	46,980	63,359	30,603
Total current assets		16,379	46,980	63,359	30,603
Creditors: amounts falling due within one year	9	625	625	1,250	2,594
Net current assets/(liabilities)		15,754	46,355	62,109	28,009
Total assets less current liabilities		15,754	52,126	67,880	32,490
Funds of the Charity					
Restricted income funds		15,754	-	15,754	20,912
Unrestricted funds			52,126	52,126	11,578
Total funds	10	15,754	52,126	67,880	32,490

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2023. No member of the company has deposited a notice, pursuant to section 476 of the Company Act 2006, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for

- Ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Company Act 2006, and,
- Preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statement have been prepared in accordance with the special provisions of the Company Act 2006 relating to small charitable companies.

This report was approved by the board of Trustees on :

Signed by :



A A Iudice
Director

1 Basis of preparation

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102), the Company Act 2006, and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. There are no key judgements that the charity has made which have a significant effect on the accounts. The Trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

1.3 Accounting policies

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met. It is probable that the income will be received and that the amount can be measured reliably.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to specific headings, they have been allocated to activities on a basis consistent with the use of resources.

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular purposes.

The charity is exempt from corporation tax on its charitable activities.

1.4 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimated and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects both current and future periods.

1 Basis of preparation

1.5 Fund accounting

Restricted funds can only be used for restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular purposes.

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or value, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computer and Equipment : 10% pa. on a straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and carrying value of the asset and is recognised in net income/expenditure for the year.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with bank, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity only has financial assets and financial liabilities of the kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. Taxation

The charity is exempt from corporation tax on its charitable activities.

Youmanity
For the Year Ended 30 June 2023

3 Analysis of income

		Restricted fund	Unrestricted fund	Total fund £	Prior year £
Analysis					
Donations and legacies:	Donations and gifts	-	51,086	51,086	3,714
	Gift Aid	-	-	-	-
	Legacies	-	-	-	-
	General grants provided by government/other organisations	47,854	-	47,854	49,254
	Sponsorships	-	-	-	-
	Donated goods, facilities and services	-	-	-	-
	Other donation before commencement	-	-	-	-
Total		47,854	51,086	98,940	52,968

4. Governance cost

	This year £	Last year £
Independent examiner's fees	-	1,000
Accountancy	1,000	1,500
Other admin fee	684	94
Total governance cost	1,684	2,594

5. Analysis of expenditure

		Restricted fund	This year Unrestricted fund	Total funds £	Last year Total fund
Analysis					
Expenditure on raising funds:					
	Awareness Campaigns	-	1,956	1,956	4,834
	Exhibitions	-	1,272	1,272	741
	Travel and Subsistence	-	583	583	1,845
	Awards	-	-	-	515
	Postage and Stationery	-	174	174	101
	Depreciation	-	745	745	541
	Bank Charges	84	132	216	137
	Telephone	-	607	607	658
	Utilities	-	344	344	805
	Accountancy Fee	500	500	1,000	1,500
	Legal & Professional Fee	342	341	683	1,094
	Restricted Fund Activities	51,945	-	51,945	58,527
	Equipment	-	1,493	1,493	2,394
	General Expenses	-	30	30	619
	Educational Materials	-	2,361	2,361	8,840
	Other Projects	-	-	-	623
Total expenditure		52,871	10,538	63,409	83,774

Youmanity
For the Year Ended 30 June 2023

6. Tangible fixed assets

	2023	2022
Cost		
Cost brought forward	7670	7670
Additions	2034	0
	<u>9704</u>	<u>7670</u>
Depreciation		
Depreciation brought forward	3189	2648
Charge for the year	744	541
	<u>3933</u>	<u>3189</u>
Net book value at year end	<u>5771</u>	<u>5022</u>

7. Debtors and prepayments

The is no debtors nor prepayment during the year.

8. Cash at bank and in hand

	This year £	Last year £
	-	-
Cash at bank and on hand	63,359	30,603
	<u>-</u>	<u>-</u>
Total	<u>63,359</u>	<u>30,603</u>

9. Creditors and accruals

Analysis of creditors

	Amounts falling due after	
	This year	Last year
	£	£
Accruals and other creditors	1,250	2,500
	-	-
	<u>-</u>	<u>-</u>
Total	<u>1,250</u>	<u>2,500</u>

Youmanity
For the Year Ended 30 June 2023

10. Movement in funds

	1st July 2022	Incoming Resources	Outgoing Resources	30th June 2023
Unrestricted general funds				
Restricted funds				
2Smile & EASE project	20,912	47,854	52,871	15,895
Forex loss			141	
Total Charity Funds	20,912	47,854	53,012	15,754