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Charity Commission Annual Return 2023

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STROKE AND DIABETES EDUCATION AND AID FOUNDATION (SADEAF)
Charity registration number: 1178260

Most of the information you give in this form will become publicly available on the Register of Charities. Any field that the Charity Commission will not display will be clearly marked.

This document is a record of the information provided in the Annual Return 2023.

PART A - Charity information

Financial period

Financial period start date

01/07/2022

Financial period end date

30/06/2023

Income and spending

Income £

£ 6,045

Spending £

£ 0

Number of contracts from government

How many contracts (other than grant agreements) did your charity receive from central government or a local authority during the financial period for this return?

0

Number of grants from government

How many grants did your charity receive from central government or a local authority during the financial period for this return?

0

Income breakdown

Donations and legacies (excluding Endowments Received)

£ 6,045

Charitable activities

£ 0

Other trading activities

£ 0

Investments

£ 0

Other

£ 0

Grantmaking

Is grant making the main way your charity carries out its purposes?

No

Recipients of grants

Please round all figures to the nearest pound (do not enter decimal points or commas).

Individuals

£ 0

Other charities

£ 0

Other organisations that are not charities

£ 0

Trustee payments

Excluding out of pocket expenses, for what were any of the trustees paid during the financial period for this return?

☒ e. None of the trustees have been paid

Did any of the trustees resign and take up employment with your charity in the financial period of this return?

No

Income from outside the UK

Did your charity receive income from outside of the United Kingdom in the financial period of this return?

No

Delivering activities outside the United Kingdom

Did your charity deliver charitable activities outside of the United Kingdom in the financial period of this return?

Yes

Select the countries your charity delivered charitable activities outside the United Kingdom

Sudan

Written agreements with partners outside UK

Does your charity have formal written agreements in place with any partners delivering charitable activities on its behalf outside of the United Kingdom?

Yes

Spending outside England & Wales

Did your charity spend funds outside of the United Kingdom in the financial period of this return?

No

Total Spending outside England & Wales

£

Trading subsidiaries

Does the charity have any trading subsidiaries?

No

Charity contact details correct

Is the contact address displayed from the Register of Charities, correct?

Yes

Charity headquarters details correct

Is this the same address that you use as your charity's administrative headquarters?

Yes

Charity contact address

Address Line 1

83 IRLAM ROAD

Address Line 2

URMSTON

Address Line 3

MANCHESTER

Address Line 4

Address Line 5

Postcode

M41 6DU

Country

Charity Headquarters address

Address Line 1

83 IRLAM ROAD

Address Line 2

URMSTON

Address Line 3

MANCHESTER

Address Line 4

Address Line 5

Postcode

M41 6DU

Country

Membership type

Is the charity part of a wider group structure with a parent body and subsidiary bodies?

no, the charity is not part of a wider group structure

Employment contract types

People were permanently employed by your charity

0

People were on fixed-terms contracts with your charity

0

Self-employed people were working for your charity

0

Governance policies

Internal charity financial controls policy and procedures

Yes

Safeguarding policy and procedures

Yes

Financial reserves policy and procedures

No

Complaints policy and procedures

No

Serious incident reporting policy and procedures

Yes

Internal risk management policy and procedures

Yes

Trustee expenses policy and procedures

Yes

Trustee conflicts of interest policy and procedures

Yes

Investing charity funds policy and procedures

No

Campaigns and political activity policy and procedures

Yes

Bullying and harassment policy and procedures

Yes

Social media policy and procedures

Yes

Engaging external speakers at charity events policy and procedures

No

Safeguarding

Has your charity provided services to children and/or adults at risk in the financial period of the return?

No

External risk and impact

Donations

Negative

Other income - grants

Negative

Other income - contracts

Negative

Other income - investment

Negative

Expenditure on charitable activities

Negative

Expenditure on overheads

Negative

Number of volunteers

Negative

Number of employees

Negative

Number of trustees

Negative

Fundraising activities

Negative

Capacity to deliver services

Negative

Total service demand

Negative

Volunteers

Excluding trustees, provide an estimate of the number of volunteers who carried out charitable activities on behalf of your charity in the United Kingdom during the financial period of this return?

0

Privacy statement

Any information you give us will be held securely and processed only in accordance with the rule on data protection. We will not disclose your personal details to anyone unconnected to the Charity Commission unless:

- **you have consented to their release; or**
- **we are legally obliged to disclose them; or**
- **we regard disclosure as either (a) necessary so that we can properly carry out our statutory functions or (b) necessary in the public interest.**

We may share and disclose information about you with relevant public authorities, regulatory bodies and agencies, outside the Charity Commission but only if:

- **we can lawfully do so; and**
- **we decide that disclosure is necessary for national security, crime detection, prevention, and law enforcement, or other issues in the public interest**

Information we collect about you

We will use this information:

To enable us to carry out our statutory functions and duties;

This will include the following actions:

(a) update, consolidate, and improve the accuracy of our records;

(b) undertake crime detection and prevention and law enforcement and assist the third parties specified above to investigate or prevent crime and carry out law enforcement;

(c) data analysis, testing, research, statistical and survey purposes

Information we receive from other sources.

Information we receive from other sources

We may combine this information with information you give to us and information we collect about you.

We may use this information and the combined information for the purposes set out above (depending on the types of information we receive).

We will ensure that any such disclosure and use is proportionate; considers your right to respect for your private life; and is done fairly and lawfully in accordance with the data protection principles of the Data Protection Act.

The Data Protection Act 1998 regulates the use of 'personal data', which is essentially any information, however stored, about identifiable living individuals.

As a 'data controller' under the Act, the Charity Commission must comply with it. Any changes we may make to our privacy statement in the future will be set out in the replacement version of this form.

Please check back frequently to see any updates or changes to our privacy policy.

Declaration

This annual return has not been submitted and no Declaration has been made



Stroke and Diabetes Education and Aid Foundation
(SADEAF)

83 Irlam Road, Urmoston,
Manchester, M41 6DU

The trustees present their report along with a consolidated financial statement of the charity for the period 01/07/2022 to 30/06/2023. The financial statement was prepared according to the Charity Commission guidelines and confirm they comply with the requirements of the Charities Act 2011, the trust deed, and the Charities SORP (FRS 102). SADEAF is a charity registered with the Charity Commission under registration number 1178260. SADEAF is a Charitable Incorporated Organisation (CIO), whose only voting members are its charity trustees.

Mission Statement:

To reduce the incidence and impact of stroke and diabetes by developing comprehensive education and training programs focused on prevention, treatment, rehabilitation, and support for all patients impacted by stroke and diabetes in Sudan. SADEAF will particularly target the poorer and the needy sectors of communities who are unable to afford the costs of healthcare. SADEAF aims to provide its services free of charge. Our long-term goal is to help establish stroke units in all major centres that are well-resourced with highly skilled and trained personnel.

Objectives:

The objectives we set reflect our aims to promote health through fighting stroke and diabetes in Sudan. These objectives are, however, set in the context of the broader goals we set for the charity. In setting our objectives and planning our activities SADEAF trustees have followed the Charity Commission's public benefit guidance.

Our long-term objectives are:

- 1- To promote stroke and diabetes care in developing countries through training of allied healthcare professionals with special focus in Sudan.
- 2- To encourage medical professionals and support staff to receive training that enhances their skills locally in their countries so they can facilitate further training of key professional individuals in Sudan.
- 3- A long-term objective is to train a group of professionals to become themselves trainers to continue training in developing countries.
- 4- To support on-going programs aiming at prevention and early recognition of Diabetes and Stroke.
- 5- To help medical professionals to establish and run stroke units in Sudan.
- 6- To establish hyperacute thrombolysis service for stroke patients.



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- 7- To supply essential rehabilitation and diabetes care equipments.
- 8- To promote research.
- 9- To educate the public, particularly those who are vulnerable to stroke and/or diabetes, to minimise the risks of stroke and diabetes.
- 10- Health education to raise the public awareness for Stroke recognition, and prevention in England, through organising health education activities.

Review of activities and achievements

Activities

Stroke is quite common in the Sudan with severe impact on patients, families, and society. Care for patients with stroke and diabetes is extremely poor in Sudan, and proper stroke units do not exist there. SADEAF believes that the best method to achieve its long-term goal to improve the care for patients with stroke and diabetes in Sudan is through establishment of a high-quality stroke centre that provide high-quality services and training. This centre is then functions as a central training unit equipped with highly trained staff who will then trains other new staff to establish new stroke units in the country.

The activities that are planned for the public benefit in collaboration with our partners are:

1. Establishment of a partner organization in Sudan to participate in running the stroke units, fundraising, and help to raise the stroke awareness in the community.
2. To promote health education as one of our mainstay measures in our fight against stroke and diabetes.
3. Establishment of new stroke units and diabetes centres or renovation of the primitive already existing units by providing essential equipment and training.



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How will the charity work?

The board of trustees sets the plans for the charity activities according to the charity long term objectives and goals. The activities of SADEAF are governed by clear and robust internal policies that set to safeguard the charity against any risks. These policies were approved by the board of trustees on 17th of December 2017. These policies were derived from the guidance of the Charity Commission for England and Wales. These policies come under four major headings:

- 1: Due Diligence Policy**
- 2: Anti-Money Laundering (AML) Policy**
- 3: Anti-Terrorist Finance Policy**
- 4: Risk Management Policy.**

The charity activities are planned to be set according to the Charity Commission guidelines for public health benefits, aiming to significantly reduce the burden of stroke and diabetes on the community in Sudan. The trustees will ensure that any activities carried out should be in accordance with the charity aims and objectives.

We are planning to execute our objectives through two different geographical areas.

- 1- Locally in the UK, where the charity is raising funds, setting the guidelines for operation, and construct plans to deliver its vision and goals. Also, SADEAF will promote health, educating the public in UK about risks of stroke and diabetes through health check campaigns that can be used as fundraising activities as well.
- 2- Overseas where the actual activities should take place in collaboration with our partners in Sudan.

The trustees have identified that the care for stroke patients and diabetes is extremely poor in Sudan. There was only one stroke unit that has stopped working after a short period of time due to lack of resources. It was providing an extremely limited services run by staff who was not professionally trained to care for stroke patients. The trustees have decided to take this opportunity to re-establish the services in this unit and develop it to standard stroke unit that serves as well as a central unit for training staff for other new units.



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What did we do: Activities and achievements and performance?

Despite the resolution of the global Coronavirus Pandemic which has affected all the charity activities for more than two years, the charity activities was overshadowed by the continuous political turmoil and unrest and violence in Sudan, which erupted to state of war and fighting on 15th of April 2023. These political unrests are continuously going since the overturn of the previous regime in 2019. The charity during this period has experienced difficult times as the political unrests led the Stroke Unit to lose its funding, and therefore it has stopped its activities. Moreover the eruption of the war in Sudan in April had led the people to migrate out of the main cities and therefore the major health centres has all stopped working, and patients care has moved to peripheral hospitals that are not well equipped to care for patients with stroke. The trustees are aware that the suffering of patients with Stroke and their families has increased due to the poor care for stroke patients in Sudan and due to these difficulties has adversely affected patients' physical wellbeing, social, mental, and financial status. This unprecedented situation has restricted the abilities of the health professionals working in stroke and in general to develop their full scope of management. These unprecedented situations have led to cancellation of all of the face-to-face elective activities and training planned by the Charity.

Although SADEAF was determined to adjust its strategies and plans to adapt to these new situations to achieve its goals through adoption of new and creative ways to overcome these obstacles and resume training and reopen the stroke unit in Soba University Teaching Hospital in Sudan, but the new unstable political situation let to more poor conditions that made any activity harder. Hope is now high to reach a new agreement between the political parties led by The United Nation Organisation will lead to stability that will allow SADEAF to fully implements its mission.

Due to this extraordinary situation SADEAF charity is forced to rethink and adjust its plans and start from the beginning again, using new creative ways to restart training to prepare the new team to reopen the stroke unit again.



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The main activities planned for the period 01/07/2022 to 30/06/2023:

- 1- To resume training when the political situation settles to re-establish the stroke unit in Soba University Teaching Hospital or any other suitable hospital for example Oum Durman Hospital.
- 2- Publishing the Arabic language translation of scientific contents from The British Stroke Association, after improvement.
- 3- Start collaboration with our partner organization in Sudan to re-equip and fund the stroke units when reestablished.

Details of the activities planned for year ending 30th of June 2023:

1- Resumption of the second and third stages of training.

The charity has conducted successfully the first stage of the training program for the new team in Soba University Hospital in Sudan in July 2018. The charity was hopeful to conduct the second and third stages of training in January 2019 and April 2019 respectively, but unfortunately due to the Sudanese revolution that erupted in December 2018 and the long political turmoil and unrest that followed it and continued till after the end of the year 2021. The charity was forced to cancel all its activities in the stroke unit in Sudan. This was followed by the outbreak of the Coronavirus Pandemic, which has further delayed all activities from February 2020 till the end of 2021, and the continued political turmoil that is still going.

The stroke training project is supposed to be **mentored by Dr. Indira Natarajan**, the clinical director of neurosciences and the stroke service lead at the Royal Stoke University Hospital, Stoke-on-Trent, UK. Dr Natarajan has got enormous experience in stroke service development.

Unfortunately, all the charity plans to resume training from January 2019 till now has failed and all training programmes which were rescheduled to take place online in March - April 2021 has been put on hold as the political situation in Sudan and the Coronavirus Pandemic didn't allow the Stroke Unit to start activity and as a result of this inactivity the recruited team of the allied health professional supposed to start the training has stopped working for the stroke unit and so the Stroke Unit in Soba University Hospital didn't start again.



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The previous agreement with Omdurman Teaching Hospital in Sudan to establish a new stroke unit is on hold due to the previous mentioned political unrest which further escalated to a full state of war going on since April 2023 till now. SADEAF has agreed to provide training of the staff and provide the essential equipments necessary to start activity if that Stroke Unit was established. This agreement should now be revisited when the political and security ssituations settled.

2- Improvement of SADEAF website contents through publishing Arabic language translation of scientific contents from The British Stroke Association.

After the charity was granted permission to publish on our website www.sadeaf.com some of the scientific contents of the British Stroke Association UK ([Stroke Association | Home](#)), SADEAF Charity decided to translate this scientific content and publish it for the use of Sudanese patients, families, and the public in general to raise the awareness of the public with stroke prevention, diagnosis, treatment, and prevention.

This is a lengthy process, that should be performed by a certified translator. The process involves four main stages. First the initial language translation, second prove reading, thirdly checking for spelling and grammar mistakes, and then tabulation of contents before publication.

For the translation to be eligible it should be culturally appropriated because it is particularly important for an Arabic audience to feel familiar with the contents. In the Arabic culture things like gender, religion, sexuality, politics, and food have significance and sometimes different meaning or interpretations. It is important to know your audience and that you get the words, images, logos, and colours are right.

Unfortunately, the first attempt to perform this translation has failed, although the translator was a certified translator, the translation lacked the right scientific sense and lacked clarity and wasn't tabulated in a manner that can be followed. This means this task remains to be completed. The charity is still in the process to look again for a qualified translators to finish this important educational task.

Of note this translation was funded by a generous donation from Dr Mohammed Gadour the charity trustee and a chairman.



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3- Establishment of a partner organization in Sudan

SADEAF partner organization application was approved, and the partner organisation is fully operational awaiting the political and security situation to improve to start collaboration.

Collaborating with our local partner in Sudan is thought to be vital because it will allow the charity to utilize the local resources to run the charity activities and help in health education, and to help in fund raising as SADEAF in UK is not allowed to transfer funds abroad and all local activities costs should be sourced locally. The partner organization will represent our charity in Sudan to facilitate fund raising that helps to maintain the stroke unit, and help to supply essential equipment, and liaise with the local authorities regarding administrative issues. Also, the participation of the local partner will help to raise the public awareness for stroke and diabetes.



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Financial report

Our finance:

During the period from 01/07/2022 to 30/06/2023 the net funds SADEAF has increased by £6045.00 and the total amount in the account by the end of June 2023 was £48641.00. This entire amount is still in reserve.

The charity did not spend any funds during this period, due to the political situation in Sudan which led to cancellation of all charity activities.

The principal source of income for SADEAF is the regular monthly donation to the charity bank account by our community in Britain through direct debit or standing orders.

SADEAF strategy is built on educating and training of new stroke team members in the developing countries mainly Sudan, therefore all the funds in reserves are kept for this purpose. The trustees and generous community members have funded all the activities up to the end of June 2021, and all the reserves of the charity has remained save to facilitate the trip and the educational materials for the stroke expert trainers team from UK (Royal Stoke Hospital in Stoke-on-Trent) to Sudan to conduct the third and final stage of training when normal life resume.

SADEAF has no expenses as it does not pay tax or national insurance contributions, because SADEAF do not hire any employees and the execution of all the charity tasks and activities is shared between the trustees voluntarily to allow the charity spends its funds only for the purpose of training.

The trustees are responsible for keeping proper accounting records regarding income and expenditures and they ensure that the financial statement presented to the Charity Commission comply with the Charity Act 1993, and the Charity Regulations 2008. The trustees are also responsible for safeguarding the charity assets and ensure that they take all the necessary measures to prevent and detect frauds and money laundering and other irregularities.



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SADEAF will adopt the following strict procedures to verify the donors and consider any conditions related to any donations:

- 1- SADEAF does NOT accept donations from outside the United Kingdom. Any donations coming from outside the UK will be rejected.
- 2- Donations will only be accepted from bank accounts holders in banks inside the UK.
- 3- SADEAF will ask for donations in the form of standing orders OR direct Debits coming directly to the charity bank account.
- 4- SADEAF will NOT accept any cash donations.
- 5- SADEAF will only accept substantial once off donation if it complies with the SADEAF Due Diligence policy (SADEAF Internal Policies) and the Charity Commission guidelines and regulations.

SADEAF will be very transparent about all its financial activities and will ensure that there are regular checks taken with the help of specialist professionals such as certified accountants, lawyers, or tax experts. We will also use Tools 6 and 7 advised by the charity commission (Appendix 1), and SADEAF will promptly report any suspicions regarding any transactions to the appropriate authorities such as the police or HMRC or the Charity Commission.



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Statement of Financial Activities for the year 01/07/2020 to 30/06/2021.

Total incoming resources, table (1).

Incoming resources	Funds by the end of 30/06/2022	Funds from 01/07/22 to 30/06/23	Total Funds up to 30/06/2023
Direct debit/Standing orders	£42,596.00	6,045.00	£48,641.00
Total income	£42,596.00	£6,045.00	£48,641.00

Total liabilities and expenditures, table (2).

Resources and expenditures	From 01/07/2020	30/06/2021	Total
Assets	£00.00	£00.00	£00.00
Liabilities	£00.00	£00.00	£00.00
Running costs	£00.00	£00.00	£00.00
Total expenditures	£00.00	£00.00	£00.00

Total funds carried forward for the period 01/07/2022 to 30/06/2023, table (3).

	Total Funds
Total incoming resources	£48,641.00
Total liabilities and expenditures	£00,000.00
Total funds carried forward	£48,641.00

Approved by the trustees on date and signed on their behalf by:

Dr Mohammed Gadour

SADEAF chairman

21/04/2024



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Futures plans:

SADEAF trustees have reviewed their current strategies due to the current difficult and unprecedented situation that has delayed establishing any functioning stroke unit or provide any significant training to help to provide good care for patients suffering stroke and diabetes in Sudan.

Two main difficulties facing the charity and the health system in Sudan in general are the political unrest that started since 2018 till now, this has made the health system unable to agree any plans to establish new units or agree any new recruitments of staff. The second factor is funding the stroke units to provide the running cost.

The charity has focused its attention to the following trying to overcome these obstacles to help improve the care for stroke and diabetes in Sudan.

SADEAF plans in the year 01/07/2023 to 30/06/2024 will focus mainly on:

- 1- With help of our newly approved partners organization in Sudan SADEAF will work hard to establish new stroke units in Teaching Hospitals and make it a training centre for future stroke units in other hospitals.
- 2- Restart of practical training when the new stroke unit is established and a new team is recruited from stage I to stage III. Training initially will be online with possible face to face training in future depending on the time the new team is recruited and ready to start training. Due to the current situation SADEAF will try to utilize the available media like; Zoom, MS Teams, skype, etc, to do the training online specially for stage I and II, and part of stage III of training, and conduct face to face practical training when life go back to normality.
- 3- Complete the Arabic language translation of scientific contents from The British Stroke Association and publish it on the charity website www.sadeaf.com.

The trustees will continue to review and update their plans, tools, and policies to ensure that these strategies are up to date and comply with our charity objectives and with the charity commission policies and guidelines.



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Financially SADEAF will work hard to increase its income through considering other ways of fundraising resources:

- 1- Organising fundraising events like charity dinners, with help of a professional fundraisers
- 2- Organising community campaigns to raise the awareness of the public regarding stroke and diabetes, where the charity can recruit our fellow medical professionals to do public clinics to check weight, blood pressure, sugar and cholesterol, and smoking cessation, and ask for donation.
- 3- Distribution of donation pots on local shops.
- 4- Also, the charity will consider investments that hope to generate more income and will seek tax exemptions for these activities.



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The trustees who served for the charity during this year for the purpose of the charity law are.

Name of Trustee	Responsibilities
1- Dr Mohammed Gadour	Trustee and chairman and financial Governor
2- Dr Ali Suliman	Trustee and vice chairman and financial Governor
3- Dr Fathi Jamil	Trustee and Governor
4- Dr Ali Imam	Trustee and General advisor
5- Mr Idris Gadour	Trustee and IT Governor
6- Mr Muzamel Eltayeb	Trustee and Fundraising Governor

Contacts:

Stroke and Diabetes Education and Aid Foundation (SADEAF)

Dr Mohammed Osman A Gadour

83 Irlam Road, Urmoston, Manchester, M41 6DU

Website: sadeaf.com. Charity registration number 1178260