

# Poole Community Exchange CIO



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Charity No 1178207

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## **Annual Report and Financial Statements From 6<sup>th</sup> April 2022 to 5<sup>th</sup> April 2023**

**Charity No: 1178207**

## POOLE COMMUNITY EXCHANGE CIO

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## Trustees' Report

The Trustees are pleased to present their report together with the financial statements of the charity for the period from 6<sup>th</sup> April 2022 to 5<sup>th</sup> April 2023.

### VISION AND SUMMARY OF PURPOSES IN GOVERNING DOCUMENT

Poole Community Exchange (PCE) provides a safe welcoming place for people of all faiths and none; where they can come together to relax and have fun and give (time, skills, knowledge, friendship, prayer, agape love ..... ) and receive (support, advice, learning, food, friendship, prayer, agape love.....).

We promote social inclusion, helping anyone without distinction. Our community supports people who are currently socially isolated and excluded for whatever reason to build relationships, grow in confidence and integrate with the wider community.

We believe that everyone has something to offer and everyone has something they need. We know people are transformed by the experience of giving and taking. Our unique exchange model encouraging people to 'take what you need and give what you can' is an essential part of our community. We encourage and support everyone in our community to volunteer, blurring the lines between volunteers and beneficiaries. This also removes any stigma in accepting charity as people can give time, as well as donating what they can afford, and know that they are contributing to the community.

We provide:

- a wide range of support, services, facilities and opportunities, which relate to physical, mental, emotional and spiritual needs, in their widest meaning;
- a space where anyone can drop-in for advice or a chat, or to engage with any of the social and leisure opportunities we offer;
- Information on help and support available from other organisations, upcoming events and the wide-range of activities and opportunities across Poole.

We work in partnership and liaise with other organisations to add value, increase efficiency, and not duplicate efforts.

We want everyone in our community to thrive, not just survive.

See page 14 for our legal objects.

## POOLE COMMUNITY EXCHANGE CIO

### ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE

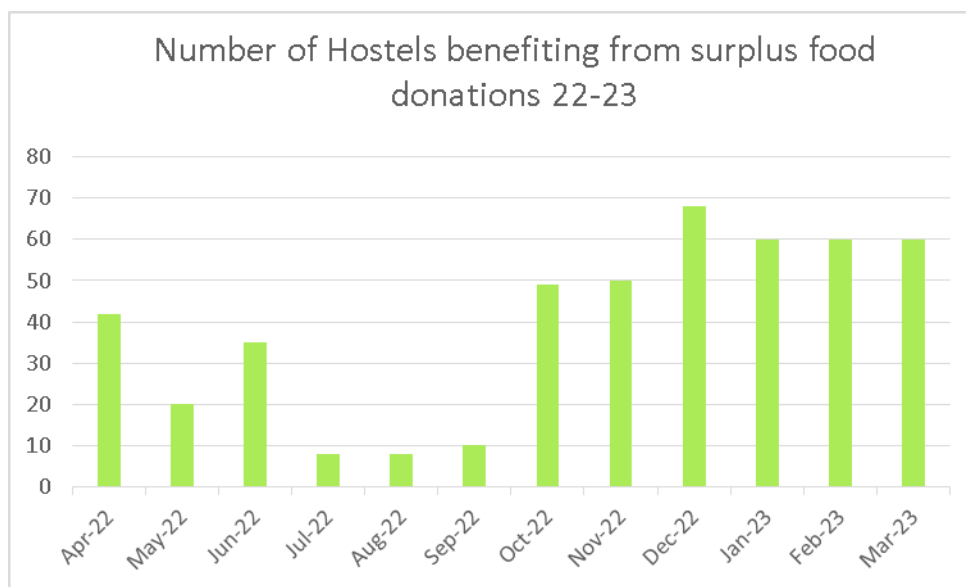
#### Food

We continued to provide food and other necessities to people in need.

The bulk of our food comes from Fareshare and local supermarkets, saving over 7,000kg from landfill this year. However we have seen a marked decrease in our supply from supermarkets and also in the variety available from Fareshare, especially fresh fruit and vegetables and we have had to supplement this by buying some food to support people in living a healthy lifestyle.

During the year covered by this report we estimate we fed about 18,000 people.

Where we have a glut, most often with bread, we donate food to local hostels, helping an estimated 2500 people over the year.



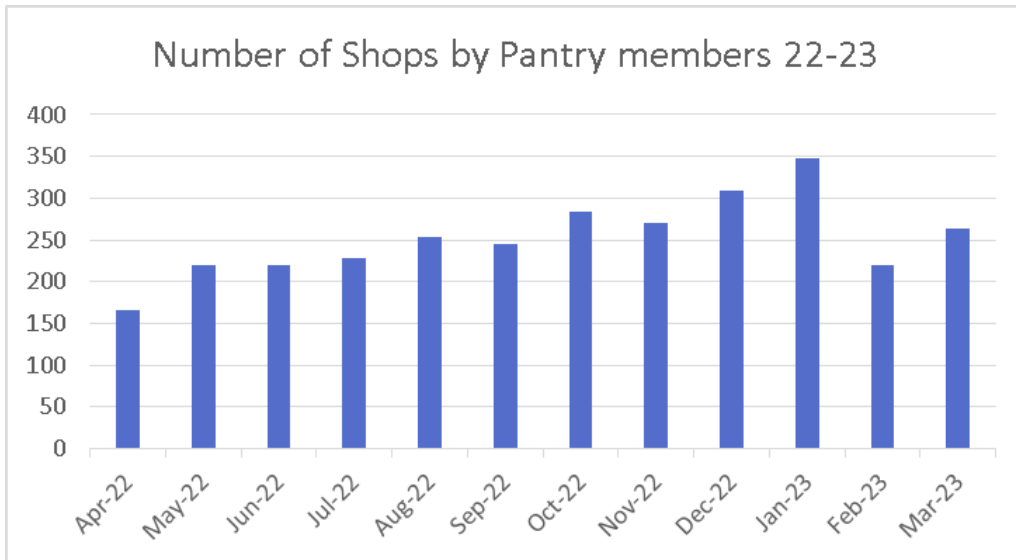
Any food we cannot use is donated to a local animal charity or goes to generating energy from bio waste.

#### Poole Pantry and Community Fridge

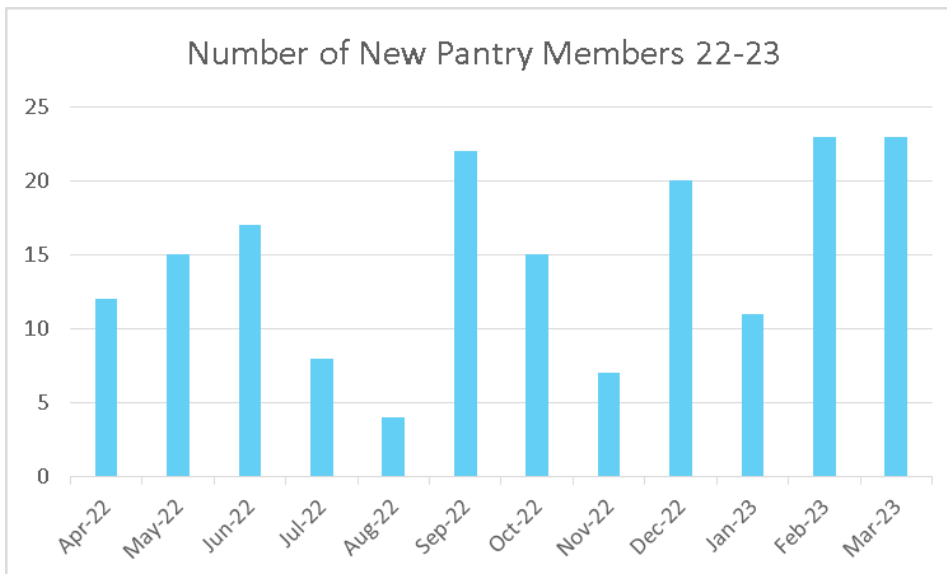
Poole Pantry is membership based, for people who are struggling to feed themselves and their families. We are open 3 days a week. We do not ask for proof of low-income. People can be referred or can self-certify.

Pantry members can choose up to £20 of fresh, frozen and ambient food in their weekly shop. This year our members shopped over 3,000 times. We ask for a suggested donation of £5 to help cover our costs and members are asked to volunteer for one session a month if they are able to do so.

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The cost of living continues to be a problem – we had 177 new members bringing our total up to about 600, though not all shop regularly.



Within the Pantry we also operate a Community Fridge food available to anyone free of charge to help prevent wastage, this usually includes frozen food as well as vegetables, bakery and even fresh flowers.

Comments from our community include:

- o The pantry is my only food source
- o Becoming a pantry member has given me a feeling of being included in community. I feel less lonely and always looking forward to joining other pantry members for lovely lunch and fantastic and tasty pudding and chat
- o The pantry enables to accept charity handouts but to maintain their self-esteem and dignity
- o Weekly shops at the Pantry are a lifeline
- o The Pantry and Fridge have helped me massively in a great time of need where I had to stop working on my self-employed business due to poor health, and could not claim housing benefit due to landlord/property restrictions. It gave

## POOLE COMMUNITY EXCHANGE CIO

me local access to food for a low cost price. It helped me to feel better about myself and that I have support when I need it. It got me out of my depression by talking with staff and volunteers, even if just briefly.

- o the pantry and community fridge are an essential and important lifeline; they provide access to surplus food which would otherwise end up in landfill; products from Pantry allow me and my daughter just TO SURVIVE

### Community meals

We provide a 2 course home cooked community lunch 3 days a week. From modest beginnings we now serve lunch to about 30 people a day, 3 days a week.

These meals are available to anyone, and a key part of building our community. There is something special about joining together to eat. It breaks down barriers, reducing loneliness and isolation and increasing people's feeling of belonging and sense of community.

We ask for a suggested donation of £5 (half price for pantry members).



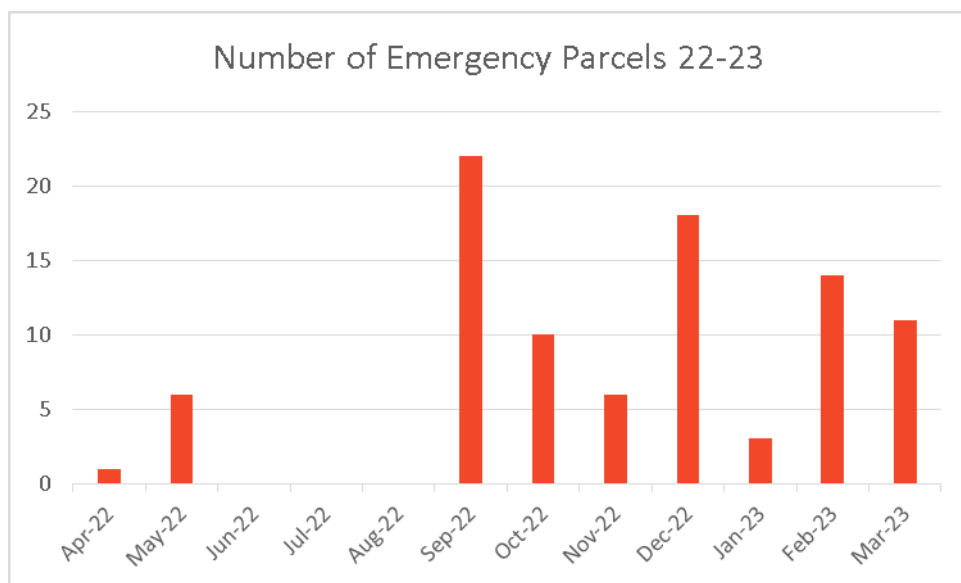
Comments from our community include:

- o I very appreciate the cooked meals. Its nice to have something that someone else has cooked that isn't too pricey, like restaurant. I really like getting the community food, it helps me pay for all food during each week.
- o Doing well with food- should be proud of having Brian as a chef
- o The meal is lovely, so tasty; the food you can buy is very helpful. Also amazing, friendly staff
- o The community meals are great, we come as a family and meet some lovely people. We try new things as a fussy eater+ toddler.

### Food Bank and Emergency parcels

We are a satellite for Poole Food Bank and also provide emergency food parcels on behalf of BCP council, and to people who approach us directly.

## POOLE COMMUNITY EXCHANGE CIO



### Cookery club and lessons

The volunteer chef who cooks the lunches also provides lessons for people who lack skills or confidence, or who want to gain additional skills to help with employment and self-employment, and they gain experience by helping to cook the community lunches.

### Working with other organisations

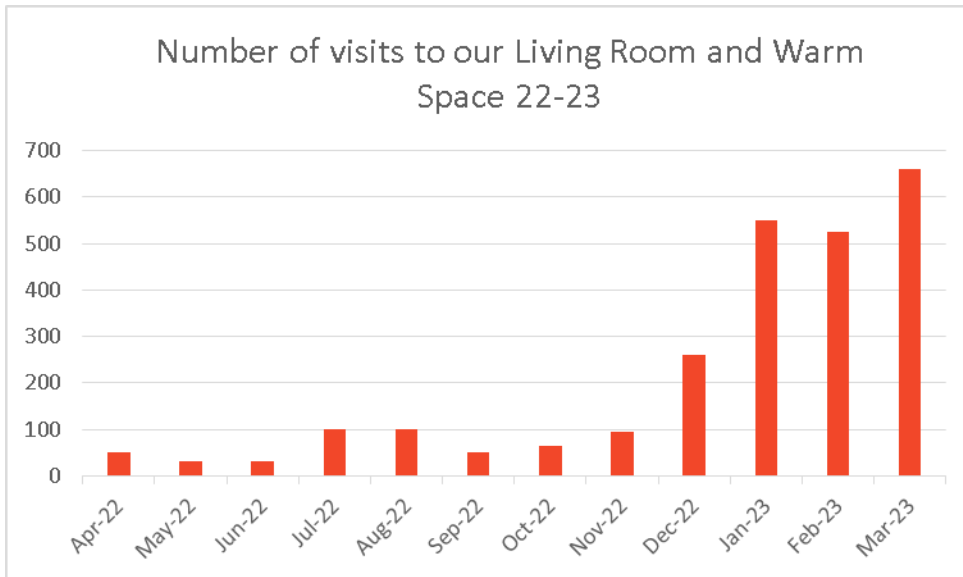
We provided nearly 2500kg of food to Poole Communities Trust who run Moor Communities Food as they have limited storage.

We are a member of the BCP Access to Food partnership.

### Community Living Room

We have always welcomed people who need somewhere to just be, and became a formal Warm Space during the winter. Our Community Living Room was open as a Warm Welcome lounge between 10am and 2.30pm 3 days a week, with hot drinks, homemade cakes and biscuits, free WiFi and recharging, and various activities. Over 2500 people visited last year.

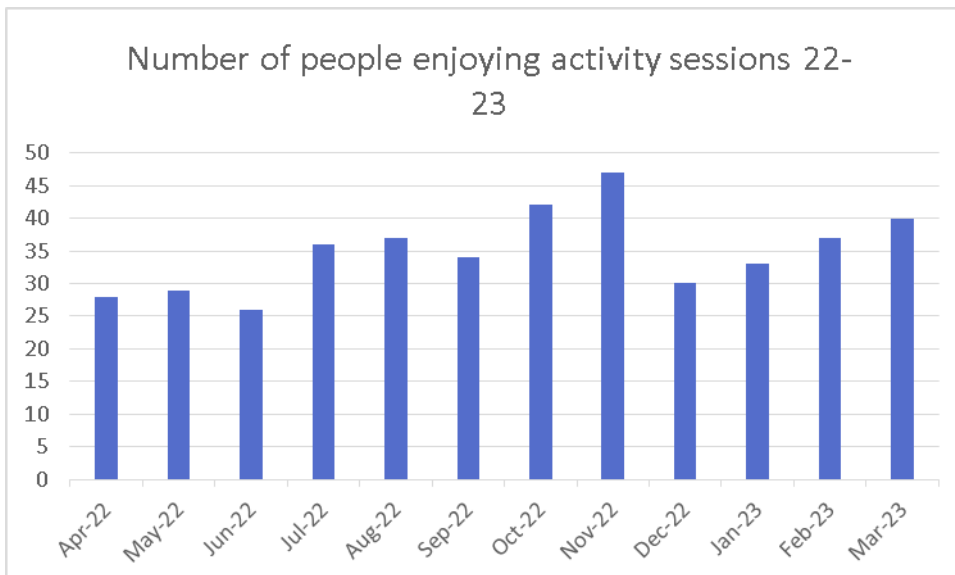
## POOLE COMMUNITY EXCHANGE CIO



As well as a space to chat, we offer a wide range of activities. Games, puzzles and colouring are available every day. We have a regular knit and crochet group, art and craft activities, opportunities to garden and Tai Chi once a fortnight. We time our activities to finish just before or start just after lunch so people can also eat together.

Ridgewater Energy provided a talk for our community on energy efficiency.

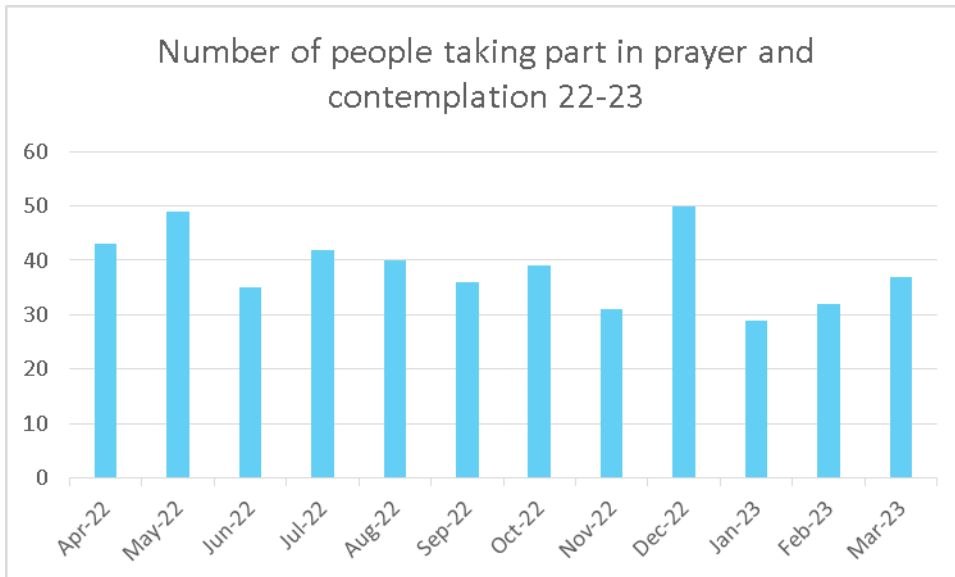
Help and advice is also available from Citizens Advice who helped about 180 people last year.



In partnership with Parkstone URC and The Borough of Poole Chaplaincy Services we also support spiritual wellbeing with prayer, contemplation and discussion.



## POOLE COMMUNITY EXCHANGE CIO



We try to regularly survey our community to complete end of grant reports and to find out what we are doing well and where we can improve. In our November 22 survey:

- 100% of the people asked said they felt an increased sense of belonging,
- 51% had increased their interpersonal (social, communication and relationship) skills,
- 74% had increased self-esteem and confidence,
- 74% of people said they felt less lonely,
- 49% had an increased understanding of money management.

### **Personal story of change**

Billy has worked with Coast for some time to support him to identify voluntary opportunities, which not only helps him manage his chronic social anxiety and isolation but allows him to pursue his interest in conservation and wildlife. When the partnership between COAST, PCE and URC was formed, Billy was happy to join the group working at the church site helping to revamp the rear courtyard area to make it a safe leisure space for all, including the flora and fauna. Billy found the URC a very welcoming place to work and with positive encouragement, he decided to join the community meal one week. Billy has since signed up and now independently regularly accesses the community meal each week. Due to his chronic anxiety, Billy has preferred to remain isolated, so this is a huge achievement for Billy and a testament to the welcoming environment in the Community Living Room offers. The community meal provided by PCE and PURC in partnership not only actively promotes inclusion for people like Billy but also offers a safe haven to engage socially in the local community, meet friends and enjoy a hot and nutritious meal at a very reasonable cost.

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Comments from our community include:

- o Poole pantry and PCE has provided me with a real sense of belonging to a diverse group of people who visit the centre
- o Its encouraging to have a drop-in centre offering hospitality, food for a week and chat, this kind of community activity makes your budget stretch further and makes going out
- o Whole thing is a great idea- not only the food side but when people can get together, meet other people and feel part of a little community
- o It's lovely to be part of something in my local community
- o It's great to talk
- o I had to isolate during covid & now lost confidence about going out but everyone made me feel comfortable & very helpful with crochet I now look forward to Monday
- o I feel more happy.it helped my mental health as it helps me have routine. Met new friends. Therapeutic to be part of gardening group. Enjoyed planted seeds and watching them grow. I like seeing the wildlife.
- o I come to socialise with other people. After lockdown I really needed to get out. I really like the atmosphere here, everyone is friendly. Its good that everyone comes here and supports the community. My mood gets lifted.
- o It's lovely to be part of something in my local community

### Regenerate

We partner with Faithworks SMILE and the church in the Regenerate project. This runs twice a month after school for single parents and their children, providing a hot 2 course meal. About 15-20 children and adults attend each session. There is a quiet space with WiFi for homework, a children's play area for younger children and craft activities. There is a trained children's worker so parents can take time to socialise and access support.

60% of the children who attend have special education needs and disabilities.

### Mission Industries

One of our socially excluded beneficiaries with carpentry skills offered to volunteer to run project repairing and upcycling furniture. The aim of the project was two-fold: to help the socially excluded and also to raise income. It is therefore classed as primary purpose trading.

### Our volunteers

We could not do what we do without our volunteers

During the year about 50 people volunteered for us giving an amazing total of over 22,000 hours.

Many of our volunteers started off as socially excluded beneficiaries but with support have become regular volunteers. During the year 3 of our volunteers became self-employed as a result of the chance we gave them to use and develop their skills and increase their confidence, and the support provided by WISEability and Community Alliances Ltd.

## POOLE COMMUNITY EXCHANGE CIO

### **Personal stories of change**

“George” came to us in November 2021 as a recovering addict. We supported him by working with him as a volunteer to upcycle furniture to gain confidence and self-esteem. He progressed to understand his way of working and how to use those skills in self employment and has progressed into self-employment.

“Anna” came to us as a volunteer, she was nervous about traveling, isolated and by coming and cooking food for the community she has built up self-esteem and confidence. She said “Helping made a huge difference to my mental health; volunteering has helped me leave my home, use public transport, engage with people I don’t know”

“Jenny” came to us as a volunteer. She is unable to work due to a range of health problems including mobility with her hands, Fibromyalgia and other pain. She is a mum of 2 and she was alone during the day. As a registered nurse she thrives on a sense of helping and despite initial confidence and language barriers has

Our  
volunteers have told us:

- o Very happy to be part of Poole pantry in terms of volunteering and community
- o Proud to be part of the team as a volunteer for supporting the community
- o Since I started volunteering, I feel better in my life by being useful. Now I have a lot of friends who became part of my life as family. Peace in mind. Feeling happy when I am helpful. And making the others happy.
- o enjoy working, sharing, laughing, chattering and enjoying being with those who need company or a smile and conversation

### Partners

One of our key values is to work in partnership with other organisations. We can do more together than we could individually.

During this year our partners included

- Parkstone URC, who have provided us with space at a low costs ever since we started, and are now actively partnering with us in the Community Living Room and providing opportunities for people to explore faith and spirituality,
- Hillfield Friary, we offer members of our community the opportunity to attend their retreat days,
- Citizen's Advice, who operate their Urban Advice Vehicle 2 days a week. We are told it is the busiest in Poole,
- Faithworks Food Bank in central Poole,
- WISEability who provided advice and support to get into employment,
- Tricuro who provide volunteers from their COAST project and also run the local day centre,
- The Borough of Poole Chaplaincy Service which provides our in-house advisory and pastoral care work;
- Dorset Ukrainian Association who ran various groups in partnership with the church and joined us for lunch.

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### **PUBLIC BENEFIT**

When planning these activities, the trustees have taken into account the Charity Commission guidance on public benefit and consider that all of these activities provide a public benefit and made a difference to our beneficiaries by:

- providing food and support to vulnerable people in need;
- redistributing good quality surplus food and reducing food waste;
- encouraging healthy eating;
- encouraging self-confidence and a sense of self-worth by volunteering rather than passively receiving;
- supporting people to increase their interpersonal (social, communication and relationship) skills
- fostering a sense of community by meeting for a morning tea/coffee break and/or round the lunch table and sharing food and conversation, giving people the sense that they belong;
- reducing loneliness and isolation by providing an inclusive space where everyone is welcome
- encouraging creativity and experimentation, providing a safe place to fail;
- increasing wellbeing through creativity
- encouraging self-confidence and a sense of self-worth by using existing skills and learning new ones;
- upcycling and repairing furniture that would otherwise be thrown away;
- providing support and information to enable people to become self-employed;
- giving people with mental health issues a safe and welcoming place;
- improving physical health by offering Tai Chi for health classes;
- supporting 3 people with addiction problems and helping their recovery;
- working in partnership with Dorset Ukrainian Association our community gained an understanding of their culture and they were supported to gain an increased understanding of UK culture, use and develop their English and feel more at home;
- working in partnership with Ridgewater Energy to provide advice on reducing energy bills
- providing a space where people can get help and advice on a wide range of issues through Citizen's Advice Bureau.

The ability to access food is one of the most basic human needs. By providing food from the Pantry, as well as cookery lessons and hot lunches, our project is meeting people's need for good, healthy food, on which all other aspects of life depend. This supports not only their physical but their mental health too, as it helps reduce anxiety about when and how they might eat, and there is scientific evidence that a healthy and varied diet improves mood and wellbeing. As well as helping to provide people's physical needs for food and warmth we also meet their need for love and belonging. Everyone is welcome and accepted in our community whoever they are and whatever their needs. For those struggling with feelings of loneliness and isolation this is a vital lifeline. For people struggling with addiction meaningful activity helps.

When people have the knowledge, skills and, ingredients to cook meals from scratch they can make healthier food choices, improving their physical and mental wellbeing. It also boosts self-confidence and self-esteem, and makes budgets go further.

# POOLE COMMUNITY EXCHANGE CIO

## THE FUTURE

During 2022-23 we will continue to fight food poverty, and help people with basic needs.

We intend to continue our original vision of a safe, welcoming space for people to chat, play, be creative, learn, connect with one another, and get any help and advice they might need. To continue to create a true community exchange where people bring their gifts, skills, knowledge etc to share with others. We are always open to exploring new ideas and encouraging people to share their passions.

As part of our vision to help people thrive not just survive, we will also focus on extending our range of social and leisure activities, and looking at how we can become a Wellbeing centre.

## FINANCIAL REVIEW

No fund is materially in deficit.

No funds are held as a custodian trustee.

### Reserve Policy

Our 2022/2023 accounts show £30,075 unrestricted funds carried forward to 23/24.

However some of these funds are directly related to donations given from either the Pantry or the Community Lunches. Although these donations have not been given specifically for that purpose and are therefore not restricted to that purpose, the trustees feel that it is only right for that money to be reinvested in the costs for those projects.

£1,644 is held from the Community Lunches and £16,599 from the Pantry. So out of the £30,075, £18,243 is Designated, leaving £11,832 free for any purpose.

## REFERENCE AND ADMINISTRATIVE DETAILS

<b>Registered Name</b>	Poole Community Exchange CIO
<b>Registered Number</b>	1178207
<b>Principal Office</b>	Parkstone United Reformed Church (PURC) Commercial Road Parkstone Poole BH15 0JW

### Trustees who managed the charity during the period of the report

<b>Name</b>	<b>Office</b>	<b>Dates acted where not for whole of the period</b>
Mark Phillips	Chair	

## POOLE COMMUNITY EXCHANGE CIO

Sarah Percy	Secretary and Treasurer	
Joan Percy		
Michael Hancock		
Andrew Williams		

There are no corporate trustees or trustees holding title to property belonging to the charity.

Andrew Williams resigned on 29<sup>th</sup> June 2023.

Joan Percy resigned on 3<sup>rd</sup> July 2023.

### Trustees who managed the charity at the time the report was signed

John and Karen Ralph became trustees on 29<sup>th</sup> June 2023.

Jennifer Carlton became a trustee on 27<sup>th</sup> July 2023.

Meg Beardsley became a Trustee on 23<sup>rd</sup> November 2023.

Mark Phillips, Sarah Percy and Michael Hancock remained in post at the time the report was signed.

### Independent Examiner

To be appointed

There have been delayed in finding and appointing an independent examiner due to trustees' ill health. Trustees are about to appoint someone and will submit their report asap.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

Poole Community Exchange (PCE) is a Charitable Incorporated Organisation governed by its constitution. It was incorporated and registered on 2<sup>nd</sup> May 2018.

No person or body is entitled to appoint any trustees.

So far trustees have been recruited by word of mouth. Potential trustees complete a volunteer form, submitting two references and explaining why they want to be involved, and what skills and knowledge they can offer. References are taken up and potential trustees then meet with existing trustees. Trustees are appointed at trustee meetings by the existing trustees. They are appointed initially for three years. They may be re-appointed when their term ends. Trustees may serve a maximum of three terms. They must then take a one-year break before they are eligible for reappointment.

## **LEGAL OBJECTS**

The legal objects in the constitution of Poole Community Exchange (PCE) are:

“For the benefit of the residents of and visitors to, in particular but not exclusively, the town of Poole:

- (1) to promote social inclusion by preventing people from becoming socially excluded and, by relieving the needs of those people who are socially excluded and assisting them to integrate into society;
- (2) to provide facilities in the interests of social welfare, for recreation and leisure time occupation, with the objective of improving conditions of life; without

## POOLE COMMUNITY EXCHANGE CIO

distinction of sex, sexual orientation, race or of political, religious, or other opinions by associating together residents, visitors and the local authorities, voluntary and other organisations;

- (3) to promote physical, mental and spiritual well-being mainly, but not exclusively, by the provision of chaplaincy services to offer advice and support.

‘Socially excluded’ means being excluded from society, or parts of society as a result of one or more of the following factors:

- unemployment;
- financial hardship;
- youth or old age;
- ill health (physical or mental);
- substance abuse or dependency including drugs and alcohol;
- discrimination on the grounds of sex, race, ethnic origin, religion, belief, creed, sexual orientation or gender reassignment;
- poor educational or skills attainment;
- relationship and family breakdown;
- homelessness or poor housing (that is housing that does not meet basic habitable standards);
- crime (either as a victim of crime or as an offender rehabilitating into society)."

### **APPROVAL**

Approved by the Trustees of the charity on 2<sup>nd</sup> February 2024 and electronically signed on their behalf by:

Mark Phillips  
Chairman of Trustees

Sarah Percy  
Secretary, Treasurer and Trustee

POOLE COMMUNITY EXCHANGE CIO

**Financial Statements for the Year Ended 5 April 2023**  
**Receipts and Payments**

	<b>Unrestricted Funds (£)</b>		<b>Restricted Funds (£)</b>		<b>Total Funds (£)</b>	
<b>Receipts</b>	<b>2022/23</b>	<b>2021/22</b>	<b>2022/23</b>	<b>2021/22</b>	<b>2022/23</b>	<b>2021/22</b>
Grants	5,000		13,700	23,200	18,700	23,200
Donations	23,545	107	1,105	11,968	24,650	12,075
Trading Income	440				440	0
Interest	183	118			183	118
Reimbursements		785			0	785
Fees for Charitable Services	2,656			5,769	2,656	5,769
Other					0	0
<b>TOTAL RECEIPTS</b>	<b>31,824</b>	<b>1,010</b>	<b>14,805</b>	<b>40,937</b>	<b>46,629</b>	<b>41,947</b>

	<b>Unrestricted Funds (£)</b>		<b>Restricted Funds (£)</b>		<b>Total Funds (£)</b>	
<b>Payments</b>	<b>2022/23</b>	<b>2021/22</b>	<b>2022/23</b>	<b>2021/22</b>	<b>2022/23</b>	<b>2021/22</b>
Core Costs	3,099	3,714	4,308	4,772	7,407	8,486
Direct Project and Activity Costs	5,106	741	33,347	15,247	38,453	15,988
Trading Costs	413	35		54	413	89
Other Expenses	274	264			274	264
Disbursements	1,651	340			1,651	340
PURC Grant Disbursements			3,100		3,100	
Neo-Monastics				25	0	25
<b>Sub-total Payments</b>	<b>10,543</b>	<b>5,094</b>	<b>40,755</b>	<b>20,098</b>	<b>51,298</b>	<b>25,192</b>

	<b>Unrestricted Funds (£)</b>		<b>Restricted Funds (£)</b>		<b>Total Funds (£)</b>	
<b>Asset Purchased for own use</b>	<b>2022/23</b>	<b>2021/22</b>	<b>2022/23</b>	<b>2021/22</b>	<b>2022/23</b>	<b>2021/22</b>
Office Equipment				249	0	249
Kitchen / Catering	280		1,546	402	1,826	402



## POOLE COMMUNITY EXCHANGE CIO

Equipment						
Pantry Equipment			5,325		5,325	
IT Equipment			592	725	592	725
Equipment for Trading Activity				239	0	239
<b>Sub-total Assets for own use</b>	<b>280</b>	<b>0</b>	<b>7,463</b>	<b>1,615</b>	<b>7,743</b>	<b>1,615</b>
<b>TOTAL PAYMENTS</b>	<b>10,823</b>	<b>5,094</b>	<b>48,218</b>	<b>21,713</b>	<b>59,041</b>	<b>26,807</b>

	Unrestricted Funds (£)		Restricted Funds (£)		Total Funds (£)	
	2022/23	2021/22	2022/23	2021/22	2022/23	2021/22
<b>NET RECEIPTS</b>	<b>21,001</b>	<b>(4,084)</b>	<b>(33,413)</b>	<b>19,224</b>	<b>(12,412)</b>	<b>15,140</b>
Transfers between Funds						
Cash funds last year end	9,073	13,157	38,241	19,017		<b>32,174</b>
Cash Funds this year end	30,075	9,073	4,827	38,241	<b>34,902</b>	<b>47,314</b>

## Statement of Assets and Liabilities

	Unrestricted Funds (£)		Restricted Funds (£)		Total Funds (£)	
	2022/23	2021/22	2022/23	2021/22	2022/23	2021/22
<b>Cash Funds</b>						
Petty Cash	19	235	0		<b>19</b>	<b>235</b>
Other Cash	43		0		<b>43</b>	
TSB Current Account	8070	2,402	<b>(1,090)</b>		<b>6,980</b>	<b>2,402</b>
TSB Savings Account	21943	6,436	5917	38,241	<b>27,860</b>	<b>44,677</b>
<b>TOTAL</b>	<b>30,075</b>	<b>9,073</b>	<b>4,827</b>	<b>38,241</b>	<b>34,902</b>	<b>47,314</b>

<b>Assets retained for our own use at cost</b>		<b>Unrestricted Funds (£)</b>		<b>Restricted Funds (£)</b>		<b>Total Funds (£)</b>
Current Year		280		7,463		7,743
Previous Years				12,026		12,026
<b>Total</b>		<b>280</b>		<b>19,489</b>		<b>19,769</b>

## POOLE COMMUNITY EXCHANGE CIO

**Poole Community Exchange CIO**  
**Financial Statements for the Year Ended 2**  
**Receipts and Payments**

	<b>Unrestricted Funds (£)</b>		<b>Restricted Funds (£)</b>	
	<b>2022/23</b>	<b>2021/22</b>	<b>2022/23</b>	<b>2021/22</b>
<b>Receipts</b>				
Grants	5,000		13,700	23,200
Donations	23,545	107	1,105	11,968
Trading Income	440			
Interest	183	118		
Reimbursement		785		
Fees for Charitable Services	2,656			5,769
Other				
<b>TOTAL RECEIPTS</b>	<b>31,824</b>	<b>1,010</b>	<b>14,805</b>	<b>40,937</b>

	<b>Unrestricted Funds (£)</b>		<b>Restricted Funds (£)</b>	
	<b>2022/23</b>	<b>2021/22</b>	<b>2022/23</b>	<b>2021/22</b>
<b>Payments</b>				
Core Costs	3,099	3,714	4,308	4,772
Direct Proect and Activity Costs	5,106	741	33,347	15,247
Trading Costs	413	35		54
Other Expenses	274	264		
Disbursements	1,651	340		
PURC Grant Disbursements			3,100	
Neo-Monastics				25
<b>Sub-total Payments</b>	<b>10,543</b>	<b>5,094</b>	<b>40,755</b>	<b>20,098</b>

	<b>Unrestricted Funds (£)</b>		<b>Restricted Funds (£)</b>	
	<b>2022/23</b>	<b>2021/22</b>	<b>2022/23</b>	<b>2021/22</b>
<b>Asset Purchased for own use</b>				
Office Equipment				249
Kitchen / Catering Equipment	280		1,546	402
Pantry Equipment			5,325	
IT Equipment			592	725
Equipment for Trading Activity				239
<b>Sub-total Assets for own use</b>	<b>280</b>	<b>0</b>	<b>7,463</b>	<b>1,615</b>
<b>TOTAL PAYMENTS</b>	<b>10,823</b>	<b>5,094</b>	<b>48,218</b>	<b>21,713</b>

	<b>Unrestricted Funds (£)</b>		<b>Restricted Funds (£)</b>	
	<b>2022/23</b>	<b>2021/22</b>	<b>2022/23</b>	<b>2021/22</b>
<b>NET RECEIPTS</b>	<b>21,001</b>	<b>(4,084)</b>	<b>(33,413)</b>	<b>19,224</b>
Transfers between Funds				

Cash funds last year end	9,073	13,157	38,241	19,017
Cash Funds this year end	30,075	9,073	4,827	38,241

## Statement of Assets and Liabilities

	Unrestricted Funds (£)		Restricted Funds (£)	
<b>Cash Funds</b>	<b>2022/23</b>	<b>2021/22</b>	<b>2022/23</b>	<b>2021/22</b>
Petty Cash	19	235	0	
Other Cash	43		0	
TSB Current Account	8070	2,402	<b>(1,090)</b>	
TSB Savings Account	21943	6,436	5917	38,241
<b>TOTAL</b>	<b>30,075</b>	<b>9,073</b>	<b>4,827</b>	<b>38,241</b>

<b>Assets retained for our own use at cost</b>		<b>Unrestricted Funds (£)</b>		<b>Restricted Funds (£)</b>
Current Year		280		7,463
Previous Years				12,026
<b>Total</b>		<b>280</b>		<b>19,489</b>

Total Funds (£)	
2022/23	2021/22
18,700	23,200
24,650	12,075
440	0
183	118
0	785
2,656	5,769
0	0
<b>46,629</b>	<b>41,947</b>

Total Funds (£)	
2022/23	2021/22
7,407	8,486
38,453	15,988
413	89
274	264
1,651	340
3,100	
0	25
<b>51,298</b>	<b>25,192</b>

Total Funds (£)	
2022/23	2021/22
0	249
1,826	402
5,325	
592	725
0	239
7,743	<b>1,615</b>
<b>59,041</b>	<b>26,807</b>

Total Funds (£)	
2022/23	2021/22
<b>(12,412)</b>	<b>15,140</b>

	<b>32,174</b>
<b>34,902</b>	<b>47,314</b>

Total Funds (£)	
2022/23	2021/22
19	235
43	
6,980	2,402
27,860	44,677
34,902	47,314

	Total Funds (£)
	7,743
	12,026
	19,769





Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
Poole Community Exchange

On accounts for the year  
ended

5<sup>th</sup> April 2023

Charity no  
(if any)

1178207

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 05/04/2023.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

Date:

08/04/2024

Name:

Abi Aiyegbayo

Relevant professional  
qualification(s) or body  
(if any):

Chartered Institute of Management Accountants

Address:

40 Broadway Lane

Bournemouth

BH8 0AA

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**