



Parkstone United Reformed Church
Commercial Road
POOLE
BH14 0JW

Charity No 1178207

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Annual Report and Financial Statements From 6th April 2020 to 5th April 2021

Charity No: 1178207

POOLE COMMUNITY EXCHANGE CIO

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Annual Report and Financial Statements
From 6th April 2020 to 5th April 2021

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POOLE COMMUNITY EXCHANGE CIO

Trustees' Report

The Trustees are pleased to present their report together with the financial statements of the charity for the period from 6th April 2020 to 5th April 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Name	Poole Community Exchange CIO
Registered Number	1178207
Principal Office	Parkstone United Reformed Church (PURC) Commercial Road Parkstone Poole BH15 0JW

Trustees who managed the charity during the period of the report

Name	Office	Dates acted where not for whole of the period
Mark Phillips	Chairman	
Anthony Sherman	Treasurer	
Sarah Percy	Secretary	
Joan Percy		
Karen Sherman		
Michael Hancock		
Rev. Andy Mason		

There are no trustees for the charity.

Trustees who managed the charity at the time the report was signed

In December 2021 Rev Andy Mason sadly died after a road traffic accident.

All the others above were still trustees at the time the report was signed.

Independent Examiner

Steve Blight, 52 Sandbanks Rd, Poole, BH14 8BY.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Poole Community Exchange (PCE) is a Charitable Incorporated Organisation governed by its constitution. It was incorporated and registered on 2nd May 2018.

No person or body is entitled to appoint any trustees.

So far trustees have been recruited by word of mouth. Potential trustees complete a volunteer form, submitting two references and explaining why they want to be involved, and what skills and knowledge they can offer. References are taken up and potential trustees then meet with existing trustees. Trustees are appointed at trustee meetings by the existing trustees. They are appointed initially for three years. They may be re-appointed when their term ends. Trustees may serve a maximum of three terms. They must then take a one-year break before they are eligible for reappointment.

OBJECTIVES, ACTIVITIES, ACHIEVEMENTS AND PERFORMANCE

The legal objects of Poole Community Exchange (PCE) are:

"For the benefit of the residents of and visitors to, in particular but not exclusively, the town of Poole:

- (1) to promote social inclusion by preventing people from becoming socially excluded and, by relieving the needs of those people who are socially excluded and assisting them to integrate into society;
- (2) to provide facilities in the interests of social welfare, for recreation and leisure time occupation, with the objective of improving conditions of life; without distinction of sex, sexual orientation, race or of political, religious, or other opinions by associating together residents, visitors and the local authorities, voluntary and other organisations;
- (3) to promote physical, mental and spiritual well-being mainly, but not exclusively, by the provision of chaplaincy services to offer advice and support.

'Socially excluded' means being excluded from society, or parts of society as a result of one or more of the following factors:

- unemployment;
- financial hardship;
- youth or old age;
- ill health (physical or mental);
- substance abuse or dependency including drugs and alcohol;
- discrimination on the grounds of sex, race, ethnic origin, religion, belief, creed, sexual orientation or gender reassignment;
- poor educational or skills attainment;
- relationship and family breakdown;
- homelessness or poor housing (that is housing that does not meet basic habitable standards);
- crime (either as a victim of crime or as an offender rehabilitating into society)."

PCE was set up to provide a safe welcoming place for people of all faiths and none; where they can come together to relax and have fun and give (time, skills, knowledge, friendship, prayer, agape love) and receive (support, advice, learning, food, friendship, prayer, agape love....). Anyone is welcome.

We are creating a community where people that are currently socially isolated and excluded for whatever reason can build relationships, grow in confidence and integrate with the wider community. We are also creating a space where people can comfortably explore faith and spirituality.

Our vision is to provide:

- a wide range of support, services, facilities and opportunities, which relate to physical, mental, emotional and spiritual needs, in their widest meaning;
- a space where anyone can drop-in for advice or a chat, or to engage with any of the social and leisure opportunities we offer;
- Information on upcoming events and the wide-range of activities and opportunities across Poole.

During 2020/21 we were obviously unable to continue with our core work due to the coronavirus pandemic.

POOLE COMMUNITY EXCHANGE CIO

Food: coronavirus pandemic, Poole Pantry and Community meals

Because of our existing work with anyone in need, from drug addicts, ex-offenders and homeless, to the lonely, elderly and otherwise vulnerable and disadvantaged, we were able to quickly identify people who needed food deliveries. We also linked into the Bournemouth, Christchurch and Poole (BCP) Council's "Together We Can" Volunteer Hub.

During the first lockdown about 40 volunteers and some paid staff from other organisations worked very long days to provide fresh, frozen and chilled food, and other basic supplies such as toilet rolls. We made about 86 deliveries a week to over 30 Hostels and Refuges, and also delivered to over 20 households a week, feeding an estimated 1,900 individuals.

We also supplied food to 4 Food Banks and gave excess food to the Allendale Café in Wimborne who cooked and delivered 60 meals a day free of charge.

Because of the amount of food we were given – at the peak we received about 7 tonnes of food every week - we had to purchase an extra 2 fridges and 3 freezers on top of our existing community fridge, and borrowed fridge and freezer space from other organisations.

Because we never knew what food we would get, and much of it had very short dates, some even having to be eaten on the same day, effective organisation and distribution were very important, and we are particularly grateful to all our drivers who clocked up more than 1,000 miles a month during the peak.

We could not have done this without our volunteers and the help of others:

- We received over £57,000 of grants from Awards 4 All, Dorset Community Foundation, Talbot Trust, WRAP, Faithworks, Tesco, One Stop, Community Action Network, Neighbourly and donations from individuals and groups;
- Parkstone United Reformed Church allowed us to practically fill their building with food, use their commercial fridges and freezers, and use their staff, only asking us to pay enough to cover their costs;
- Supermarkets, Fareshare and others provided us with free or low cost surplus food;
- The local day centre allowed us to use their walk-in freezers;
- Hall and Woodhouse allowed use to use freezers in their public houses in Lytchett and Wareham;
- Dorset, Devon and Cornwall CRC (previously Probation Services) provided 3 vans and 6 drivers
- Poole Housing Partnership provided volunteers.

As we came out of the first lockdown, we continued to provide deliveries to people who needed to shield or self-isolate, but also started to think about how we could continue to use the free and surplus food we had. We decided to open a Community Pantry to support people suffering from food poverty to eat a balanced and nutritional diet. Poole Pantry launched in October 2020, opening 4 days a week.

People must become members of the Pantry and they can come and choose up to 10 items from a wide range of food plus bakery and fruit and vegetables. We ask for a donation to help cover our costs and members are expected to volunteer for one session a month. This fits our unique 'Exchange' model – everyone has needs and everyone has something to offer. By the end of the year we had 160 members.

Within the Pantry we also operate a Community Fridge where food that has to be eaten that day is available to anyone free of charge to help prevent wastage.

We came to an arrangement with a local community pantry at Turlin Moor who don't have their own storage facilities. They get access to our stock, and we charge them enough to cover our costs

POOLE COMMUNITY EXCHANGE CIO

We continued to supply excess stock to the Allendale Café in Wimborne who turned it into frozen ready meals which were then available through the Pantry.

We had a contract with BCP council to supply shielding boxes to 10 families over 3 months.

During the Christmas holidays and the Spring half-term we provided food parcels with enough food for a family for a week to around 670 families through 9 schools in deprived areas. The schools identified families who were just over the income level to get free school meals, but who still needed help. PCE and PHP volunteers packed the parcels which were picked up and delivered by school staff, including teachers, who could take the opportunity to see the families in their own environment.

As restrictions eased we resumed offering a community meal to volunteers and others within the building.

During the year covered by this report we estimate we fed over 40,000 people.

In order to enable our work we obtained grants to purchase a van, and a 6m² shed with electrics etc. to provide extra food storage.

Other matters during the year

One of our volunteers spent a lot of time helping the church with the refurbishment of the main kitchen. We hope to be able to employ or hire a chef or cook to use this commercial standard kitchen in the future to prepare community meals and offer cookery courses.

We took on a self-employed administrator to help with all the extra work generated by the Pantry.

Public Benefit

When planning these activities, the trustees have taken into account the Charity Commission guidance on public benefit and consider that all of these activities provide a public benefit and made a difference to our beneficiaries by:

- providing food and support to vulnerable people in need during the pandemic;
- redistributing good quality surplus food and reducing food waste;
- encouraging healthy eating;
- encouraging self-confidence and a sense of self-worth by volunteering rather than passively receiving;
- fostering a sense of community by meeting round the lunch table and sharing food and conversation, giving people the sense that they belong.

THE FUTURE

During 2021-22 we will continue to fight food poverty through our community pantry, "Poole Pantry".

We also hope to re-start our original vision of a safe, welcoming space for people to chat, play, be creative, learn, and connect with one another, while keeping each other safe from the coronavirus.

FINANCIAL REVIEW

PCE has no policy on reserves.

No fund is materially in deficit.

POOLE COMMUNITY EXCHANGE CIO

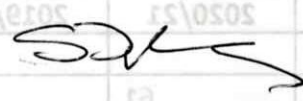
No funds are held as a custodian trustee.

Financial Statements for the Year Ended 5 April 2021

Approved by the Trustees of the charity on 3 March 2022 and signed on their behalf by:



Mark Phillips
Chairman of Trustees



Sarah Percy
Secretary and Trustee

Receipts	2020/21	2019/20	2020/21	2019/20	2020/21	2019/20
Grants	5,202	5,202				
Donations	678	678				
Interest	173	173				
Reimbursement						
Fees for Charitable						
Services						
Other						
TOTAL RECEIPTS	16,888	5,300	67,987	-	84,875	5,300

Payments	2020/21	2019/20	2020/21	2019/20	2020/21	2019/20
Rent	1,400	1,400	6,684	6,684		
Office	282	697	171	753		
Insurance	228	291	194	422		
PPE			2,027	5,027		
Food			9,731	9,731		
IT	292	2,066		292		
N-M			220	220		
Café	32	32		-		
Activities	10	186		10		
Fees for workers	822		14,286	12,108		
Travel	293	46	4,670	4,963		
Construction Costs			3,208	3,208		
Vehicle Costs			2,028	2,028		
Community		106		-		
Alliances						
Disbursement	16,917	1,413		16,917		
Other			423	423		
Sub-total	19,144	6,237	43,762	65,906		
Asset Purchased for own use			9,928	9,928		
TOTAL PAYMENTS	19,144	6,237	53,690	75,834		

NET RECEIPTS	2020/21	2019/20	2020/21	2019/20	2020/21	2019/20
	2,256	4,237	14,227	12,041	-	4,847
Transfers between Funds						
Cash funds last year end	12,413	19,620	4,726	2,366	20,169	22,016
Cash Funds this year end	13,127	12,413	19,023	4,726	32,210	20,169

POOLE COMMUNITY EXCHANGE CIO

Financial Statements for the Year Ended 5 April 2021

No funds are held as a custodian trustee.

	Unrestricted Funds (£)		Restricted Funds (£)		Total Funds (£)	
Receipts	2020/21	2019/20	2020/21	2019/20	2020/21	2019/20
Grants			57,205		57,205	-
Donations	61	678	5,607		5,668	678
Interest	173	211			173	211
Reimbursement	16,654	1,411			16,654	1,411
Fees for Charitable Services			5,175		5,175	
Other					-	-
TOTAL RECEIPTS	16,888	2,300	67,987	-	84,875	2,300

	Unrestricted Funds (£)		Restricted Funds (£)		Total Funds (£)	
Payments	2020/21	2019/20	2020/21	2019/20	2020/21	2019/20
Rent		1,400	6,684		6,684	1,400
Office	582	697	171		753	697
Insurance	228	591	194		422	591
PPE			2,057		2,057	
Food			9,731		9,731	
IT	292	2,066			292	2,066
N-M			250	610	250	610
Café		32			-	32
Activities	10	186			10	186
Fees for workers	822		14,286		15,108	-
Travel	293	46	4,670		4,963	46
Construction Costs			3,208		3,208	
Vehicle Costs			2,058		2,058	
Community Alliances		106			-	106
Disbursement	16,917	1,413			16,917	1,413
Other			453		453	
Sub-total	19,144	6,537	43,762	610	62,906	7,147
Asset Purchased for own use			9,928		9,928	
TOTAL PAYMENTS	19,144	6,537	53,690	610	72,834	7,147

	Unrestricted Funds (£)		Restricted Funds (£)		Total Funds (£)	
	2020/21	2019/20	2020/21	2019/20	2020/21	2019/20
NET RECEIPTS	- 2,256	- 4,237	14,297	- 610	12,041	- 4,847
Transfers between Funds		-				-
Cash funds last year end	15,413	19,650	4,756	5,366	20,169	25,016
Cash Funds this year end	13,157	15,413	19,053	4,756	32,210	20,169

POOLE COMMUNITY EXCHANGE CIO

Statement of Assets and Liabilities

	Unrestricted Funds (£)		Restricted Funds (£)		Total Funds (£)	
	2020/21	2019/20	2020/21	2019/20	2020/21	2019/20
Cash Funds						
Petty Cash	100				100	
TSB Current Account	551	1,083		-	551	1,083
TSB Savings Account	12,506	14,330	19,053	4,756	31,559	19,086
TOTAL	13,157	15,413	19,053	4,756	32,210	20,169
Assets retained for our own use at cost		Unrestricted Funds (£)		Restricted Funds (£)		Total Funds (£)
Current Year				9,928		9,928
Previous Years				483		483
Total		-		10,411		10,411

NOTES TO THE FINANCIAL STATEMENTS

These accounts have been prepared on a receipts and payments basis in accordance with Section 133 of the Charities Act 2011.

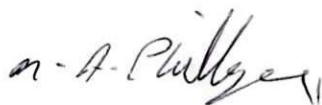
PCE CIO has registered for Gift Aid.

The Trustees confirm that in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on our assets.

The charity has no other monetary assets, investment assets or liabilities.

Disbursement and Reimbursement are Monies paid on behalf of Parkstone United Reformed Church to aid their cash flow.

The Financial Statements were approved by the Trustees on 30 September 2021 and signed on their behalf by:



Mark Phillips
Chairman of Trustees



Sarah Percy
Secretary and Trustee