

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30 September 2021
for
Little Sprouts Health and Wellbeing

JBC Accountants Limited
Chartered Accountants
3B Lockheed Court
Preston Farm
Stockton on Tees
TS18 3SH

Little Sprouts Health and Wellbeing

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for the Year Ended 30 September 2021

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Little Sprouts Health and Wellbeing

Report of the Trustees **for the Year Ended 30 September 2021**

The trustees present their report with the financial statements of the charity for the year ended 30 September 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the charity are to carry on activities which benefit the community and in particular (without limitation), to improve the health and wellbeing of the people of Stockton, Thornaby and surrounding areas, through the provision of education, training and workshops in nutrition and healthy cookery.

Significant activities

Little Sprouts Health and Wellbeing commit to use food and nutrition to support our vulnerable adults and communities to improve their wellbeing through our community cooking clubs and cafes. Our clubs support social inclusion, reduce isolation whilst tackling food poverty and provide safe fully inclusive community spaces.

Since forming in 2011, Little Sprouts have made a real contribution to children, young people and adults in Stockton and surrounding areas. We have built strong partnerships across the VCSE and local communities to help achieve our ambitions and we work closely with our partners to ensure that cooking is used to bring communities together, to share skills and break down many social barriers.

The Little Sprouts team are passionate about food and the health and well-being of communities. We appreciate that the groups we work with often made poor food choices, opting for budget and nutritionally deficient options, leading to many health problems. With few people learning basic cooking skills and increased financial constraints, this contributes to the multifaceted issue of poor nutrition in our area.

Public benefit

The Trustees confirm that they have complied with the duty set out in section 17(5) of the 2011 Charities Act to have due regard to guidance published by the Charities Commission in respect of public benefit.

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Report of the Trustees
for the Year Ended 30 September 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Charitable activities carried out during the year included the following:

Hartington Road - Feeding people living in bedsits and supported housing

October and November saw a continued 5 day service and from December this was reduced to 3 days a week as the funder (a local business) had to cease with the funding due to the financial impact of Covid on his business. We are continuing to fund the service through New Walk funding, Comic relief funding and The National Lottery. We had developed the garden during the summer and have tables and canopies in place for when we can open the café. We delivered Christmas dinner on Christmas day along with 60 health and wellbeing gift bags for the residents of the street.

January to March 2021 saw a 3 day a week service and April to September, a 2 day week service. The Café re-opened one day a week in September 2021.

Recipe Bags

Covid-19 has brought many challenges to the way we support our communities, however we have been passionate in trying to keep to our core values of community cooking. Social distance restraints have meant face to face sessions have been cancelled indefinitely, however we have been putting together themed recipe bags and baking bags and distributing them to community groups and individuals. Working closely with Autism Parents, Teesside Dementia, local schools and individuals, we have sold 150 bags and given out a further 120, free of charge. Going forward, we pledge to provide 60 bags per week to schools and organisations and for sale at the ECO shops.

Digital inclusion work allows us to run zoom cooking classes. Working in partnership with TRAC UK recovery group, we have created recipes and will deliver the bags for collection from the group leader. We will then run an evening, live zoom session

The Community Hub, 34 Havelock St, Thornaby, TS17 6HN

We have continued to buy and collect food to enable us to open The Hub on Tuesdays and Thursdays to hand out food parcels and we currently serve 100 families a week (ever increasing). We are also delivering to 25 families each week who are in a situation where they can't access food due to either health or financial issues. We have put together baking and recipe bags and have sourced and been donated craft packs and books which have proven to be as essential as the food. The Hub is run by 2 members of staff along with a bank of 8 volunteers who help with deliveries, making up food parcels and handing these out directly from the HUB. We charge £1 per food bag and £1 for 5 toiletries.

We have continued to provide recipe bags for schools, ECO shops, the Food Power Network and Zoom cooking.

October to December saw the project grow from just food and essentials, to collecting in clothes, toys and household items, donations and passing them on to families who would benefit the most. We ran a winter coat campaign with volunteers collecting in 300+ coats. These were given out to the community and shared with our partners, health visitors and social workers. We held 2 Covid safe community events, allowing people to access a 2nd community centre that had all the donations displayed, donations for these events totalled in excess £1000.

During the October half term, we responded to the government's decision not to provide free school meals to those eligible and provided 200 food bags containing enough ingredients for a weeks' worth of lunches. With amazing support from local businesses and the community we were also able to provide additional food items, prepared meals and cakes.

The service has been extended to provide Citizen Advice Bureau support and a drug and alcohol peer mentor programme for the community. Being at the grassroots of the community has enabled us to work directly with families and identify specific needs. We can react quickly and in addition to food we also help to provide, clothes, furniture essentials etc. We continue to work closely with MIND, Stockton Welfare, Health Visitors, Social Workers, local schools, Bridges, Northstar Housing, Thirteen Group, Billingham Baby Bank, Justice First (asylum seekers), Eastern Ravens, Teesside Dementia, Five Lamps and more.

Thornaby Partnership

Working with Five Lamps in Thornaby, we have been running community pop ups around the town, specifically targeting pensioners and children. Trying to bring some much needed joy to the area, we take nominations for pensioners to receive free fish and chips on Fridays, or we have made afternoon tea from Hartington Rd and delivered them door to door. When the 3rd lockdown was implemented, we provided stationary/school packs and printing facilities to help children and families with their schoolwork. We were also able to run an Easter pop up event at the local park, gifting donated Easter Eggs as prizes for games and sports competitions.

Norton Grange Eco /Community Shop

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Little Sprouts have had a partnership with Norton Grange Community Centre, which is in an area of high deprivation, and we have worked with Groundwork, Norton Conduit, Norton Community Kinship Carers, for many years and have been delivering cooking and food education projects to address the health and wellbeing of this community. We are a trusted provider and during Covid we have provided weekly food support, craft packs, Christmas hampers and donations to support their collective charitable work. The Groundwork team have volunteered for our organisation as part of our covid response during furlough and we utilised their drivers to support our food collection in the early months of covid, creating a joint community response to meet the demanding needs of delivery at this time.

All these organisations utilise Norton Grange Community Centre which had just completed its renovation prior to March 2020, and as a community partner we planned a variety of joint working.

We have all worked together identifying the community reliance on donated food and foodbanks, whilst also evidencing the families/people who need support but are unable to access services due to isolation, poor mental health, shielding or anxiety due to the current restrictions. This area is serviced solely by a local small convenience shop, as the nearest Aldi is being refurbished, leading to a food desert.

We have started a community shop to address these needs, which is a collaborative project and provides an opportunity for residents to make an appointment to access this environment during the current restrictions.

The eco shop model is the perfect solution to reducing food waste, and we will use this project as a learning exercise and evidence how best we can work with all the local community/businesses etc to help this venture become sustainable.

The eco shop has continued to run successfully. Groundwork NE and Norton Community group use social media for people to book food parcels and recipe bags. Our surplus food and distribution centre makes a weekly delivery, in addition to purchasing nonperishable items.

School Holidays Partnership Work

Working closely with Groundwork/Five Lamps/Corner House/Eastern Ravens, we complemented their holiday enrichment projects by providing recipe bags for children and families to make nutritious home cooked meals.

Community Garden

Building on the community relationships formed, whilst running the Hub at Havelock St, we decided to start a Community Garden on a piece of wasteland. Working with Cultivate Tees Valley, we have 15+ community volunteers attending the project weekly, clearing the land, creating growing beds and cultivating seeds for planting. This is an ongoing project that will continue to be community led to give residents a space to grow their own fruit and vegetables, whilst providing an activity to meet new people and be out in the fresh air. We have enough space to also work with local schools for them to develop their own beds.

"Check in and Chatter"

Throughout our Covid project work, we have come to meet lots of the community who have been very generous in offering to help. Alongside this, we have met people who need to talk. They are often on waiting lists for mental health services or, whilst in lockdown just need company. We contacted Catalyst and worked with them to implement a "check in and chatter" service, matching up volunteers with people who need to talk. The service has proved invaluable, both for the volunteers, in achieving a sense of purpose and feeling like they are giving back, and for the clients, having someone on the end of the phone to chat to and feel supported.

Christmas Hampers and presents

Following the success of a "reverse advent calendar" campaign, we successfully collected in hampers and food donations for 315 hampers. These were collected and distributed by the help of local businesses, individuals and volunteers. We also collected presents and gifts to distribute to the families and partners we work with.

Yarm Youth and Community Hub

At Yarm Youth and Community Hall, we have continued our Covid response through our surplus food and distribution project which has been funded from September 2020 to the end of February 2021 by the National Lottery Covid Government Grant of approx. £36,000.

This funding has enabled our charity to actively, 'reduce food waste', and ensure the food is re-distributed to our Little Sprouts projects, for referrals for individuals, or for our project work with our partner organisations to distribute to local community groups/VCSE/schools, as this ensures we are able to help people experiencing food poverty to have access to nutritional food.

The volume of surplus food can be in excess of 70kg per day, with collection of food up to 6 days per week and the food can range from fresh fruit, vegetables, pastries, bread, non-perishable items and occasionally toiletries, which can all be donated. The services are delivered by three staff members on a rota basis and a driver and we have a base of 26 volunteers who support the project, throughout its day-to-day operations.

The funding has enabled us to employ a driver to collect the foods and distribute the produce to:

Little Sprouts Health and Wellbeing

Report of the Trustees for the Year Ended 30 September 2021

- Havelock Road project twice a week
- Hartington Road where produce is applicable.
- up to 50 individual referrals a week with doorstep delivery by our volunteers
- an additional 150 people through community partners

Due to the volume of foods collected, we committed to impacting the wider community through our work with our partner agencies, some of which we had worked in partnership pre-covid, and others with whom we have built new relationships, as listed below is a selection of our partners who are also committed to helping us reduce food waste and distribute direct to their client making nutritional food available to everyone:

Eastern Ravens Trust, Norton Grange Community Centre in association with Groundwork, Kinship Carers at Norton Grange, Community Champions, Early Intervention Teams, Family Hubs, Social Work Teams, Bridge Mission, 4 Primary Schools, Dementia Group, Hardwick Methodist Church, St Peters Church Stockton, Dementia Link Services, Five Lamps, Thornaby Foodbank, Refugee Charity.

Donating the surplus food provisions enables us to support up to 200 people plus per week and retains our strength in our partnerships work. In addition, during summer holidays, October half term and the lockdowns we have continued to work with our partners, typically the groups working with families and through their help they have identified which families were best to support, providing food provisions alongside their planned doorstep deliveries of craft boxes, lunch boxes and meal kits.

Locally we have had a fantastic response and support in the form of cash donations, Christmas hampers, and volunteering in our project communities. We have built a very strong relationship with the supermarkets based on the longevity of the pandemic and they contribute more and more items each week alongside in-store collections from staff. In Yarm the local banks, shops, Tetley plant in Eaglescliffe, Yarm Rugby Club, local schools, Yarm Churches, Sundaes, Yarm Town Council, HMP Kirklevington Prison donate weekly meals and The Waiting Room and The Crown Pub both donate meals. These plus Yarm Independent School, who has nominated us as one of their key charities, have all supported our charity since Covid.

Food Power Network

Stockton on Tees Food Power Network (SFPN) promotes the health and wellbeing of people in Stockton. The SFPN was created to promote healthy and sustainable food to the public, to make good food affordable and accessible to all, to tackle food poverty and diet related ill health, increase skill, knowledge and resources and also include growing projects, whilst reducing food waste. We are a lead member of this alliance and form part of the working group, where our skills and expertise are drawn upon to help develop a sustainable and resilient plan to best achieve the outcomes above.

ECO Shop

Working in partnership with Amal Project Teesside, in July 2021 we started a BAME focused ECO shop, supported by MFC Foundation. Using links with local primary schools we provide culturally specific foods and use the shop to build relationships with the local BAME Community. Working in partnership with Cultivate Tees Valley, Cornerhouse Youth Project and Five Lamps, we intend to develop the site further and run cooking and growing sessions and community events from the site.

Community Cooking Workshops

As restrictions lifted, we have been able to slowly and safely resume our community cooking workshops. Working with partners and engaging the community who we have been working alongside during Covid.

FINANCIAL REVIEW

Financial position

Income received during the year was £173,225 (2020: £222,135) and of this, £105,714 (2020: £149,596) was in respect of restricted funding.

At the year end, unrestricted funds amounted to £114,277 and restricted funds were £31,560. Cash at bank was £139,152. Funds are held to cover 4 months operational costs in the event of a loss of income and to meet any unforeseen expenditure that may occur.

Little Sprouts Health and Wellbeing
Report of the Trustees
for the Year Ended 30 September 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is governed by its constitution dated 14 November 2017 and is a Charitable Incorporated Organisation.

There must be at least 3 and no more than 12 trustees appointed at any one time. Each trustee is appointed for a specific term at a meeting of the charity's trustees and will be reappointed or replaced at the end of the term.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1178162

Principal address

4 Winpenny Close
Yarm
Cleveland
TS15 9XG

Trustees

Mrs C Lowe
Mrs K Shelley
Mrs S Lillie (resigned 31/5/2021)
Mr G Niven (appointed 29/4/2021)
Ms L Featherstone (appointed 29/4/2021)
Ms E Rees (appointed 29/4/2021)

Independent Examiner

JBC Accountants Limited
Chartered Accountants
3B Lockheed Court
Preston Farm
Stockton on Tees
TS18 3SH

Approved by order of the board of trustees on 4 January 2022 and signed on its behalf by:

Mrs C Lowe - Trustee

Independent Examiner's Report to the Trustees of
Little Sprouts Health and Wellbeing

Independent examiner's report to the trustees of Little Sprouts Health and Wellbeing

I report to the charity trustees on my examination of the accounts of Little Sprouts Health and Wellbeing (the Trust) for the year ended 30 September 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mrs Lynne Dickson
FCA
JBC Accountants Limited
Chartered Accountants
3B Lockheed Court
Preston Farm
Stockton on Tees
TS18 3SH

Date: 10 January 2022

Little Sprouts Health and Wellbeing

Statement of Financial Activities
for the Year Ended 30 September 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		57,405	-	57,405	59,943
Charitable activities					
Health and Wellbeing		10,106	105,714	115,820	162,192
Total		<u>67,511</u>	<u>105,714</u>	<u>173,225</u>	<u>222,135</u>
EXPENDITURE ON					
Charitable activities					
Health and Wellbeing		10,154	154,682	164,836	120,728
NET INCOME/(EXPENDITURE)		<u>57,357</u>	<u>(48,968)</u>	<u>8,389</u>	<u>101,407</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		56,920	80,528	137,448	36,041
TOTAL FUNDS CARRIED FORWARD		<u><u>114,277</u></u>	<u><u>31,560</u></u>	<u><u>145,837</u></u>	<u><u>137,448</u></u>

The notes form part of these financial statements

Little Sprouts Health and Wellbeing

Balance Sheet
30 September 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	5	3,403	4,081	7,484	5,871
CURRENT ASSETS					
Debtors	6	2,340	-	2,340	7,262
Cash at bank		111,673	27,479	139,152	131,413
		<u>114,013</u>	<u>27,479</u>	<u>141,492</u>	<u>138,675</u>
CREDITORS					
Amounts falling due within one year	7	(3,139)	-	(3,139)	(7,098)
NET CURRENT ASSETS		<u>110,874</u>	<u>27,479</u>	<u>138,353</u>	<u>131,577</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>114,277</u>	<u>31,560</u>	<u>145,837</u>	<u>137,448</u>
NET ASSETS		<u>114,277</u>	<u>31,560</u>	<u>145,837</u>	<u>137,448</u>
FUNDS	8				
Unrestricted funds				114,277	56,920
Restricted funds				31,560	80,528
TOTAL FUNDS				<u>145,837</u>	<u>137,448</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 4th JAN 2022 and were signed on its behalf by:

Clare Lowe

Mrs C Lowe - Trustee

Little Sprouts Health and Wellbeing

Notes to the Financial Statements for the Year Ended 30 September 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2021 nor for the year ended 30 September 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2021 nor for the year ended 30 September 2020.

Little Sprouts Health and Wellbeing

Notes to the Financial Statements - continued
for the Year Ended 30 September 2021

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Health & Wellbeing	<u>6</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	59,943	-	59,943
Charitable activities			
Health and Wellbeing	12,596	149,596	162,192
Total	<u>72,539</u>	<u>149,596</u>	<u>222,135</u>
EXPENDITURE ON			
Charitable activities			
Health and Wellbeing	26,111	94,617	120,728
NET INCOME	<u>46,428</u>	<u>54,979</u>	<u>101,407</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	10,492	25,549	36,041
TOTAL FUNDS CARRIED FORWARD	<u>56,920</u>	<u>80,528</u>	<u>137,448</u>

Little Sprouts Health and Wellbeing

Notes to the Financial Statements - continued
for the Year Ended 30 September 2021

5. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 October 2020	7,566
Additions	3,253
	<hr/>
At 30 September 2021	10,819
	<hr/>
DEPRECIATION	
At 1 October 2020	1,695
Charge for year	1,640
	<hr/>
At 30 September 2021	3,335
	<hr/>
NET BOOK VALUE	
At 30 September 2021	7,484
	<hr/>
At 30 September 2020	5,871
	<hr/>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade debtors	2,340	4,003
Other debtors	-	3,259
	<hr/>	<hr/>
	2,340	7,262
	<hr/>	<hr/>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	1,357	5,721
Taxation and social security	1,282	877
Other creditors	500	500
	<hr/>	<hr/>
	3,139	7,098
	<hr/>	<hr/>

Little Sprouts Health and Wellbeing

Notes to the Financial Statements - continued
for the Year Ended 30 September 2021

8. MOVEMENT IN FUNDS

	At 1/10/20 £	Net movement in funds £	At 30/9/21 £
Unrestricted funds			
General fund	56,920	57,357	114,277
Restricted funds			
Community Cooking	17,022	(2,261)	14,761
Hartisan Bread Project	466	(175)	291
The Hart Cafe	14,293	(13,218)	1,075
Yarm Community Food Project	5,000	(5,000)	-
Covid 19 Sustainability Fund	5,000	(5,000)	-
Community Hub Thornaby	2,640	4,693	7,333
Wellbeing and Food Support Team	36,107	(36,107)	-
The National Lottery Awards for All	-	6,660	6,660
Sustain Food Power for Generation Covid	-	690	690
Sustain Eco Shops consultation and set up	-	750	750
	<u>80,528</u>	<u>(48,968)</u>	<u>31,560</u>
TOTAL FUNDS	<u>137,448</u>	<u>8,389</u>	<u>145,837</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	67,511	(10,154)	57,357
Restricted funds			
Community Cooking	50,945	(53,206)	(2,261)
Hartisan Bread Project	-	(175)	(175)
The Hart Cafe	990	(14,208)	(13,218)
Yarm Community Food Project	-	(5,000)	(5,000)
Covid 19 Sustainability Fund	-	(5,000)	(5,000)
Community Hub Thornaby	14,900	(10,207)	4,693
Wellbeing and Food Support Team	-	(36,107)	(36,107)
Teesside Charity - Food waste and distribution hub	4,900	(4,900)	-
The National Lottery Awards for All	9,499	(2,839)	6,660
Sustain Food Power for Generation Covid	21,980	(21,290)	690
Sustain Eco Shops consultation and set up	2,500	(1,750)	750
	<u>105,714</u>	<u>(154,682)</u>	<u>(48,968)</u>
TOTAL FUNDS	<u>173,225</u>	<u>(164,836)</u>	<u>8,389</u>

Little Sprouts Health and Wellbeing

Notes to the Financial Statements - continued
for the Year Ended 30 September 2021

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/10/19 £	Net movement in funds £	At 30/9/20 £
Unrestricted funds			
General fund	10,492	46,428	56,920
Restricted funds			
Community Cooking	16,982	40	17,022
The Good Mood Food Cafe	4,920	(4,920)	-
Hartisan Bread Project	2,147	(1,681)	466
The Hart Cafe	-	14,293	14,293
The Fun, Food, Friendship Lunch Club	1,500	(1,500)	-
Yarm Community Food Project	-	5,000	5,000
Covid 19 Sustainability Fund	-	5,000	5,000
Community Hub Thornaby	-	2,640	2,640
Wellbeing and Food Support Team	-	36,107	36,107
	<u>25,549</u>	<u>54,979</u>	<u>80,528</u>
TOTAL FUNDS	<u>36,041</u>	<u>101,407</u>	<u>137,448</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	72,539	(26,111)	46,428
Restricted funds			
Community Cooking	66,227	(66,187)	40
The Good Mood Food Cafe	-	(4,920)	(4,920)
Hartisan Bread Project	-	(1,681)	(1,681)
The Hart Cafe	23,833	(9,540)	14,293
The Fun, Food, Friendship Lunch Club	-	(1,500)	(1,500)
Covid 19 Response project	9,832	(9,832)	-
Yarm Community Food Project	5,957	(957)	5,000
Covid 19 Sustainability Fund	5,000	-	5,000
Community Hub Thornaby	2,640	-	2,640
Wellbeing and Food Support Team	36,107	-	36,107
	<u>149,596</u>	<u>(94,617)</u>	<u>54,979</u>
TOTAL FUNDS	<u>222,135</u>	<u>(120,728)</u>	<u>101,407</u>

The National Lottery Reaching Communities has provided funding of £50,945 for the Community Cooking programme, which runs from our Community Cafés and outreach mobile kitchens to provide a unique cooking and food education project which is designed to inspire everyone to make better food choices through practical, innovative and fun cooking workshops aimed at all ages and abilities. The funding is a 3 year project and will be used to continue the project.

Little Sprouts Health and Wellbeing

Notes to the Financial Statements - continued
for the Year Ended 30 September 2021

8. MOVEMENT IN FUNDS - continued

Funding of £11,000 from North Star Housing and £3,900 from Kabron Homes has been received to support the work carried out at the Community Hub at Havelock Street in Thornaby. £7,333 of the funding from North Star Housing will be carried forward to meet costs in 2021/22.

£21,980 has been received from Sustain for the project 'Food Power for Generation Covid', which will provide support to families in need by way of food packs, baking bags and meal kits.

Stockton BC has provided Sustain funding for costs associated with the Eco shops consultation and set up. £750 of this funding will be carried forward to meet costs in 2021/22.

National Lottery Awards for All have provided funding of £9,500 to support the charities work in respect of the Eco Shop at Arlington Park, Stockton. £6,333 of this will be carried forward to meet costs in 2021/22.

Middlebrough and Teesside Philanthropic Foundation has donated £4,900 to support the costs of the surplus food waste and distribution hub in Yarm. This has been spent in full during the year.

Funding provided by Stockton Soup in 2019 will be carried forward to meet the future depreciation costs of equipment used by the Hartisan Bread Project.

Funding has been received from Groundwork NE of £990 to fund costs at the cafe at Hartington Road. This has been spent in full.

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 September 2021.