

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1 st	January	2024		31 st	December	2024

Section A Reference and administration details

Charity name

TUMAINI HEALTH

Other names charity is known by

TUMAINI CHRISTIAN HEALTH CENTRE

Registered charity number (if any)

1178145

Charity's principal address

FLAT 43, EXCHANGE COURT

3 BEDFORD PARK

CROYDON

Postcode

CR0 2WR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	JOY ITUMU	CHAIR		
2	JAMES NJUE	TREASURER		
3	TIM WAMBUNYA	SECRETARY	1/6/2024 ongoing	
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION
How the charity is constituted (eg. trust, association, company)	BY ASSOCIATION
Trustee selection methods (eg. appointed by, elected by)	ELECTED BY FOUNDING TRUSTEES

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity works in association with the Kenyan Tumaini Board of Trustees. The Kenyan trustees are responsible for the management and operation of the health centre in Embu, Kenya. The Kenya trustees follow a set of agreed policy documents that are applicable to Kenyan law and approved by the UK trustees. Their names and positions are:

- ☐ John Itumu – Chair
- ☐ Mary Njoroge – Vice-chair
- ☐ Nancy Njagi – Treasurer
- ☐ Jennifer Nyaga – Secretary
- ☐ Stephen Njoka - Trustee

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The preservation and protection of good health for the public benefit primarily in Rwika, Kenya, in particular but not exclusively through the provision of a medical centre and the provision of appropriate subsidised medical care and health education.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

<p>The Kenyan trustees revised the operating costs to £512 per month.</p> <p>In the financial year ending 31st December 2024 TMC received a total of £17,543.86 from Tumaini UK. The construction of accommodation quarters for future volunteers stalled due to a shortage of funds. The regular expenditure was incurred towards the salaries of staff - a nurse, lab tech, caretaker. Our volunteer administrator has continued to offer sacrificial support to our operations. Whenever possible, we have continued to model our ministry on generosity .</p> <p>We reopened the centre from 1st March 2024 after an eight-month closure. During this time, we reflected on the lessons learnt from our operations earlier on. From this, we saw the need to adjust treatment charges to adequately meet the cost of operations. An increase in the charges did not affect the number of clients in any way. Indeed, the numbers have gradually increased.</p> <p>We hosted two medical camps, one in July and another in December with each attracting at least 150 patients. As this was done in consultation with the MOH of the sub-county hospital, we were able to easily refer patients for further.</p> <p>In June, we hosted a one day seminar for 35 local women in conjunction with the ministries of gender and agriculture called 'Kilimo kisasa' (modern agriculture). Those attending were appreciative of the services offered by Tumaini.</p> <p>In November in conjunction with Action Aid and a local CBO 'Centre of Hope' we hosted a one day seminar for 80 children aged 10-15. The topics discussed included self-awareness, menstrual health and children's right.</p> <p>We continue to reach out to the community, needy families in the spirit of Tumaini to develop TMC to a community hub offering health, social and pastoral services. The most common ailments we continue to treat are respiratory, gastrointestinal infections, minor injuries and also management of chronic conditions like diabetes, hypertension and musculoskeletal conditions.</p>

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

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Achievements and performance

Summary of the main achievements of the charity during the year

Tumaini Medical Centre remains a community hub delivering primarily medical services during working hours but also emergency treatments out of hours
We continue to build on our good relationship with the Ministry of Health and the local community.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity's Reserves Policy states that it must keep at least 6 months worth of funds in place to act as reserves. This equates to £3092

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

No fundraising was done in 2023. We received a gift of £6154.24

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

J Itumu

Full name(s)

Joy Itumu

Position (eg Secretary, Chair, etc)

Chair

Date

31/10/2024

TUMAINI HEALTH RECEIPTS AND PAYMENTS ACCOUNTS 2024

Balance b/f	£	3,087.99
Receipts		
Givers, Charity Donations and Fundraising	£	3,929.60
Total receipts	£	3,929.60
Running Balance	£	7,017.59
Payments		
Tumaini Centre staff remuneration	£	5,481.00
Medical Camp	£	430.00
Website	£	398.00
Total payments	£	6,309.00
surplus (deficit)	£	(2,379.40)
Closing Balance	£	708.59