

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	Day 1	Month 1	Year 2022		Day 31	Month 12

## Section A Reference and administration details

Charity name	TUMAINI HEALTH
Other names charity is known by	Tumaini Christian Health Centre
Registered charity number (if any)	1178145
Charity's principal address	The Rectory Woodmansterne Street BANSTEAD Surrey SM7 3NL
Postcode	SM7 3NL

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	REV JOHN ITUMU	CHAIR		
2	KEVIN PARRY	TREASURER		
3	RACHEL HOWIE	SECRETARY		
4	KEVIN HOWIE	FUNDRAISING AND OPERATIONS		
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6				
7				
8				
9				
10				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

CONSTITUTION

How the charity is constituted  
(eg. trust, association, company)

BY ASSOCIATION

Trustee selection methods  
(eg. appointed by, elected by)

ELECTED BY FOUNDING TRUSTEES

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity works in association with the Kenyan Tumaini Board of Trustees. The Kenyan trustees are responsible for the management and operation of the health centre in Embu, Kenya. The Kenya trustees follow a set of agreed policy documents that are applicable to Kenyan law and approved by the UK trustees. Their names and positions are:

- John Itumu – Chair
- Mary Njoroge – Vice-chair
- Nancy Njagi – Treasurer
- Jennifer Nyaga – Secretary
- Stephen Njoka - Trustee

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

**The preservation and protection of good health for the public benefit primarily in Rwika, Kenya, in particular but not exclusively through the provision of a medical centre and the provision of appropriate free medical care and health education.**

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Kenyan trustees revised the operating costs to £1000 per month. This would enable them to finance other routine maintenance and other expenses as the clinic operations expand.

In the financial year ending 31<sup>st</sup> December 2022 TMC received a total of £12,250 from Tumaini UK. Other donations of Ksh 397,680 supplemented this. The most significant expense was the remuneration of our regular staff – a nurse, a laboratory technician, a night guard, a caretaker and the centre coordinator. Whilst TMC was modelled on generosity and a volunteering spirit, the trustees felt that remuneration for the staff would motivate them to serve the patients well.

The free medical camps were particularly successful. We received first-hand information about the state of health in our community. We learnt that many folks go about their daily lives with unattended severe ailments due to lack of drugs in government hospitals nor can they afford treatment from private medical clinics.

A decision was also made to provide a patient waiting bay to shield them from the scorching sun of Rwika. The community much appreciated this.

We also started to reach out to the local community, starting with selected needy families. During the outreach, the staff would visit a home and neighbours would be invited to receive free medical check-up (blood pressure, blood sugar and weight) and general medical advice. This gesture was also well received. Overall, 2022 was a good year for TMC as we became more established in our community.

#### **Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## **Section D**

## **Achievements and performance**

**Summary of the main**

The Health Centre has been open to the public and treating patients five

## Section D

## Achievements and performance

achievements of the charity during the year

days a week – (also emergency treatments out of hours).

Monthly figures-

January	105
February	67
March	75
April	103
May	132
June	141
July	146
August	93
September	101
October	136
November	103
December	97

Amongst general emergency treatments other treatments carried out –

*Common ailments include: t*

- ☐ *Urinary tract infections*
- ☐ *Upper respiratory infections*
- ☐ *Arthritis and joint pains.*
- ☐ *Pneumonia*
- ☐ *Minor injuries*

*Common tests*

- ☐ *H - Pyro*
- ☐ *Urinalysis*
- ☐ *Salmonella test for typhoid*
- ☐ *Stool for ova and cyst.*

*HIV*

*Maternity and dental cases have increased over the month though these are referred to a larger facility 20 km away.*

## Section E

## Financial review

Brief statement of the charity's policy on reserves

The charity's Reserves Policy states that it must keep at least 6 months worth of funds in place to act as reserves. This equates to £4800.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has

No fundraising was done in 2022. We received a gift of £765.00.

supported the key objectives of the charity;

- investment policy and objectives including any ethical investment policy adopted.

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<b>Section F</b>	<b>Other optional information</b>
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<b>Section G</b>	<b>Declaration</b>
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The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	J Itumu	
Full name(s)	Joy Itumu	
Position (eg Secretary, Chair, etc)	Chair	
Date	30/10/2023	

## TUMAINI HEALTH RECEIPTS AND PAYMENTS ACCOUNTS 2022

<b>Balance b/f</b>	<b>£ 18,428.75</b>
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### Receipts

Givers	£ 765.00
Charity Donations and Fundraising	£ 8,209.86

<b>Total receipts</b>	<b>£ 8,974.86</b>
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<b>Running Balance</b>	<b>£ 27,403.61</b>
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### Payments

Build and Start up grant	£ 4,121.06
Tumaini Centre staff remuneration	£ 7,878.94
Expenses	£ 676.00
Water Connection	£ 250.00

<b>Total payments</b>	<b>£ 12,926.00</b>
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<b>surplus (deficait)</b>	<b>£ (3,951.14)</b>
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<b>Closing Balance</b>	<b>£ 14,477.61</b>
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