



Trustees' Annual Report for the period

From: 02 April 22

To: 01 April 23

Charity name: FAB – Families' Activity Breaks

Charity registration number: 1178108

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of young people up to and including the age of 19 who have suffered the loss of a serving parent or family member whilst serving in the British Armed Forces by the provision of fun and challenging activity breaks for bereaved military families in order to provide relief from the effects of bereavement to such young people.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Provision of fun and challenging activity breaks for bereaved military families. We provided 2 x camps: 29 July 2022 - 5 August 2022 (Newlands) 7 - 14 August 2022 (Stamford)
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	The volunteers support our families on the camps. They give up a week of their time as well as time for training. On this occasion it was 2 days. A total of 9 days.
Other		N/A

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The families attending have benefited from therapeutic and challenging activities. These assist in building confidence but key is the peer support gained by being there with other families who are in similar circumstances to them.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set.	Para 1.41	Delivered two successful camps.
Performance of fundraising activities against objectives set.	Para 1.41	We do not have fundraising objectives. The committee are working to recruit a fundraising member to support this function. Donations and grant applications were successful.
Investment performance against objectives.	Para 1.41	N/A
Other.		N/A

Financial Review

Review of the charity's financial position at the end of the period.	Para 1.21	The charity is in a good financial position. The charity did not make funding applications over the COVID period due to the sum of money that was in the account.
Statement explaining the policy for holding reserves stating why they are held.	Para 1.22	Reserves are limited.
Amount of reserves held.	Para 1.22	£30,000
Reasons for holding zero reserves.	Para 1.22	N/A
Details of fund materially in deficit.	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern.	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	-
Investment policy and objectives including any social investment policy adopted.	Para 1.46	-
A description of the principal risks facing the charity.	Para 1.46	-
Other		-

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO - FOUNDATION Registered 26 Apr 2018
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustee selection is based on those individuals who can bring a different and varied perspective. From a family and volunteer point of view and the chair is an experienced trustee who provides guidance to all.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	-
The charity's organisational structure and any wider network with which the charity works	Para 1.51	-
Relationship with any related parties	Para 1.51	-
Other		-

Reference and Administrative details

Charity name	FAB – Families' Activity Breaks
Other name the charity uses	N/A
Registered charity number	1178108
Charity's principal address	22 Grants Crescent Paisley RENFREWSHIRE PA2 6BD

☐ Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ian Lamberton	N/A		Karen Tait
2	Jennifer Birdsall	N/A		Karen Tait
3	Alison Sabiston	N/A		Karen Tait

Corporate trustees – names of the directors at the date the report was approved:

Director name		
N/A		

Name of trustees holding title to property belonging to the charity:

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others:

Description of the assets held in this capacity.	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects.	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets.	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)		
Type of adviser	Name	Address
N/A	N/A	N/A
Name of chief executive or names of senior staff members (Optional information)		
Miss Karen L Tait MBE		

Exemptions from disclosure

Reason for non-disclosure of key personnel details:

N/A

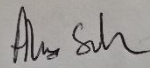
Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	K. Tait	
Full name(s)	Miss Karen L Tait MBE	Miss Alison Sabiston
Position (eg Secretary, Chair, etc)	CEO	Trustee
Date	25 January 2024	25 January 2024

Families' Activity Breaks	1178108
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Receipts and payments accounts

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For the period from	01-Apr-22	To	01-Apr-23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Transfer YHA (previous donations)	-	-	-	-	-
Donations	6,879	-	-	6,879	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,879	-	-	6,879	-
(see table)	-	-	-	-	-
	-	-	-	-	-
Sub total	6,879	-	-	6,879	-
Total receipts	6,879	-	-	6,879	-
A3 Payments					
CAMP EXPENSES	91,924	-	-	91,924	-
TRAVEL EXPENSES	788	-	-	788	-
IT/WEBSITE	1,593	-	-	1,593	-
MARKETING	779	-	-	779	-
BANK FEES	84	-	-	84	-
TRAINING	995	-	-	995	-
STORAGE	414	-	-	414	-
	-	-	-	-	-
Sub total	96,576	-	-	96,576	-
A4 Asset and investment					
DEPOSITS	- 1,033	-	-	- 1,033	-
WEBSITE ADDITIONS	-	-	-	-	-
Sub total	95,543	-	-	95,543	-
Total payments	95,543	-	-	95,543	-
Net of receipts/(payments)	- 88,664	-	-	- 88,664	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 88,664	-	-	- 88,664	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment funds to nearest £
B1 Cash funds	BANK BALANCE	78,224	-	-
		-	-	-
		-	-	-
	Total cash funds	78,224	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	LAPTOP 1	UNRESTRICT	-	-
	LAPTOP 2	UNRESTRICT	-	-
	LAPTOP 3	UNRESTRICT	-	-
	LAPTOP 4	UNRESTRICT	-	-
	WEBSITE	UNRESTRICT	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B5 Liabilities	Details	Fund to which asset belongs	Amount due	When due (optional)
	CAMP DEPOSITS	UNRESTRICT	1,033	-
		-	-	-
		-	-	-
		-	-	-

Signed by one or two trustees on behalf

Signature

Print Name

Date of approval

K TAIT

KAREN TAIT

25/01/2024