

Trustees' Annual Report for the 2024

start date 01/05/2023 To 30/04/2024 Period end date

Charity name: Building Self-Belief CIO

Charity registration number: 1178101

Statement of Recommended Practice FRS 102 (SORP) Bulletin 2 (1 Jan 2019) reference paragraphs indicated

Objectives and activities

Purposes as set out in governing document (1.17)

See constitution section 3 (24 April 2018)

To advance in life and help young people by providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

Details of the issues we seek to tackle (1.36)

The issues the charity seeks to tackle are described in the Business Plan. Young people in the North East (and especially in areas of the lowest deciles of Index of Multiple Deprivation (IMD) of which there are many across the North East) have a poor expectation of future employment. This is reflected in their engagement with school work, contribution at home and in their local community, and mental ill-health, and many of the young people who benefit from our programmes have been referred in because they do not engage with school work, do not do homework, and do not make friends easily.

We are delighted to confirm that the programmes are delivering on our purposes (see below in section on achievement).

How the achievement of the aims furthers our legal purpose (1.36)

By developing people to become enthusiastic contributors to their local community, both the beneficiaries and volunteers, we develop their skills, capacities and capabilities (including mental resilience to the ups and downs that life will inevitably throw at them) and support them to build the communities they would wish to live in.

Criteria or measures used (1.36)

The charity reports on participation, individual mental health and resilience (RCADS and RSE) and how this improves, and performance assessment from the schools and parents or guardians of the beneficiaries.

The charity presents a Social Return on Investment Ratio (SROI Ratio) and value for each programme.



Main activities undertaken (1.17, 1.18, 1.19)

Programmes for young people that foster emotional wellbeing, self-belief and create an enjoyment of lifelong learning and community participation. The charity has run programmes in academic and community settings, including: arts, emotional wellbeing, employability, heritage, environmental, digital, family poverty and youth club based support. All these activities support the purposes for public benefits and are represented in the accounts.

Significant activities undertaken (1.36, 1.41)

Programmes in junior schools which develop an understanding of the history, context and life of the place and instil pride in the place where they reside and the family and neighbourhood. This also instils a desire to learn and to perform in school as well as to take part in extra-curricular activities.

Programmes in secondary schools where young people are identified by the school for a programme to address a particular issue, for example general disengagement, employability or disability/ long-term illness in the family. The young people refocus on their academic performance as a route to employment and their contribution to the community to hold onto a worthwhile purpose, and learn life skills. Remedial learning is identified and referred back to the school.

Community garden encourages a connection with nature, mental well-being and respect for others and nature, and the enjoyment of making a contribution. The community garden is a social investment (1.38) in the Consett community.

Contribution made by volunteers (1.38)

BSBCIO has also engaged in a major volunteering and community programmes, driven by young people, that bring communities together in common action.

The charity has expanded our regular volunteering base, driven by a 'Know Your Neighbourhood' initiative. These volunteers are young people as well as adults who support our youth based community activities. We are also in our fourth year of a formal partnership with Newcastle University to provide a student placement to provide them with invaluable work experience that relates to their academic studies in Psychology. These projects have added considerably to our capacity to support the young people we serve and the communities in which they live.

Trustee Statement (1.18)

The Trustees are compliant with the guidance issued – all activities have been for the public benefit and in line with our charitable purposes.

Achievements and performance

Main achievements and the difference the charity's work is making to beneficiaries and society as a whole (1.20)

To date, over 4,000 young people have now benefitted from our programmes since our establishment in April 2018. This support is focussed upon areas in the North East of England according to the National Index of Multiple Deprivation (IMD).



Quantitative feedback is used to measure the impact of our work. To date, this feedback demonstrates over 90% of the young people that we support remain engaged throughout our programmes. This results in positive improvement scores around mental health indices. Qualitative feedback from case studies, documentary films and school feedback demonstrates improvements in social isolation, attendance, educational engagement and performance from young people about how they have developed and strengthened their self-belief and as a result, their expectations around their future life chances.

We also provide evidence impact reports for our school based partners to use, as well as advice about how to provide longer term support for the young people. All of our work is focused upon engaging young people in building stronger communities and improving their future life chances.

Plans for future periods (1.49 – 1.50)

The charity is meeting the desperate need in a number of different ways:

Online

- Programmes to schools: an online provision enables schools to access the resources to run their own programmes, either in part or in whole, with expert support and quality control through ourselves.
- Programmes to individuals: individuals, families, and other young-people's organisations can access the resources to inspire them (there is a substantial collection of interviews and podcasts which illustrate career paths, the steps needed to reach them, and the twists and turns likely to be encountered on the way).

Community garden

- The community garden is opening up opportunities to run forest school and also horticultural experience. We are considering using it for formal teaching qualifications.

Franchise model

- We are still considering the best way to expand whilst at the same time maintaining quality. The programmes address a range of mental ill-health and community/ personal disengagement so identifying the right participants and then maintaining supervision to an appropriate extent remains a challenge.

Junior school programmes

- These programmes continue to be a great success. We are maintaining our delivery of community heritage based programmes, and extending this work in to environmental based programmes, at the request of our partners. We are also working closely with local Headteacher networks in order to facilitate longer terms planning to meet the needs of the children.



Secondary school disengagement programmes

These programmes are the main programmes that we run, taking a variety of forms to meet the needs of different environments. We now have specific success with employability and a growing number of schools which invite us back every year for multiple programmes.

Refugees

- Because the charity works with young people at transitional stages of life, we believe one area of growth might be to work with refugee families and other displaced people (such as families moving for work).

Interns and research

- We now host interns from three of the north east universities during their psychology undergraduate course. These students gain valuable experience about working with people in most need, in an environment that enthuses them.
- We are increasingly involved in research with these institutions and others, to inform the government of the needs and steer provision where it is most needed. In the North East, the priority is generally not the same as in London.

Apprenticeships

- The charity continues to host apprentices to understand office work and administration. The apprentices have each shown aptitude and enthusiasm for particular aspects of the work, and we keep them on and into employment.

Financial Review

Financial Position (1.21 – 1.24)

The charity has significantly increased its income and expenditure across the period. This has significantly grown since our foundation in April 2018. Our staff costs have grown in line with our charitable programmes, and we are looking to cement this growth, with Apprenticeship Levy support in the future. We have been able to access multi-year grant funding support that has us to plan on a longer term footing.

Charity's financial position (1.21) is reported in the accounts in Section B Balance Sheet

Reserves (1.22, 1.48)

We aim to hold 6 - 12 months' projected operating costs in our accounts, where we are able to accumulate this. We currently show (Accounts Section B) that we hold 2-3 months of operating expenses (total expenses includes charitable activities' costs) although if we only include wages and office expenses then we hold just over 6 months' expenses (56% of the year) which is compliant with the Trustees' wishes. Although 94% of the reserves are held in restricted funding accounts, the restriction on this funding is that it is to be used for these expenses.

In line with fair treatment of workers and volunteers we pay/reimburse our volunteers / workers on time.

The charity is in a strong position in terms of both the need for its services and the community trust and partnerships that it has built up. Grant funding remains strong as we transition from small to medium-sized. As with many charities, we would wish for more unrestricted funding although the recent grants of core funding have relieved this somewhat.

Principal sources of funding (1.47)

Grants to run programmes from awarding trusts, with a particular focus upon supporting young people and the communities in which they live. Fundraising via direct personal donations, CAF donations, crowd funding, sponsorship and group donations.

Performance against objectives set (1.41 - 1.45)

The charity is responsive to the need, and the need continues to be beyond what the charity is able to achieve at this stage. However the charity is doubling in size each year and this is considered a safe pace of growth enabling the charity to maintain quality and explore growth strategies without over-stretching.

The charity continues to demonstrate an SROI ratio above 10:1 (benefits to investment) and progress with the beneficiaries and local community, measurably improving mental well-being and observably improving contribution to the community and performance in their school work and extra-curricular activities.

The growth of the charity has changed the range of funding sources available to the charity, and this has been a learning curve. Having access to core funding has enabled the charity to be much more responsive – previously we would have to negotiate to deliver a programme and then seek funding, delaying the start of the programme. Now we are in a much stronger position to negotiate a programme and then deliver using core funding for key parts of delivery.

Structure, governance and management

Charity Constitution and Incorporation (1.25)

The Trust governing document is a Constitution, following the Charity Commission template. The charity has a Foundation model, with all trustees as members and all members as trustees, and the charity is incorporated as a Charitable Incorporated Organisation (CIO).

Appointment of Trustees (1.25)

See Constitution paragraph 10.

Trustees are appointed by the Board of Trustees by invitation. Applications are welcome although to date the charity has not had the need to advertise.

The Board identifies key skills/ lived experience/ connections required and then seeks out suitable Trustees, so the Trustees represent a wide range of experience, skills and lived experience. The Board shall continue to seek complementary and diverse contributions rather than more people with the same experience and skills, and invites non-board members to contribute with advice and through consultation where this is appropriate.

The constitution describes (para s 9 – 11) how Trustees are selected, appointed and the information given to new Trustees (SORP 1.51). Where the information pack changes, existing Trustees are updated alongside the new trustees.

Wider context in which the charity operate (1.51)

The charity has, been and continues to be, a contributing member of the Voluntary Organisations' Network North East (VONNE) and Digital UNITE. It participates in both formal and informal networks of charities and young people's supporting organisations (including schools and work capability organisations) to ensure that the charity's contribution is relevant and up to date. We work with many charity, school, business and Community Association partners on a regular basis.

The charity is proud to be asked to represent County Durham, the North East, and even some grant awarding charities to demonstrate the effectiveness of the applications of funds to the betterment of the region.

How the charity makes decisions (1.51)

The trustees are also volunteers and engaged with the charity's activities, so we have a good understanding of the day-to-day activities of the charity. However the Trustees' role is to make strategic decisions about the direction of the charity, and operational decisions are reserved to the executive (Chair, Chief Executive, fundraising manager and programme facilitator).

Reference and administrative details

Reference and administrative details provided (1.27)

Charity name	Building Self-Belief CIO
Other name the charity uses	BSBCIO
Registered charity number	1178101
Charity's principal address	Office 69, Viewpoint Derwentside Business Centre Consett County Durham DH8 0RP

Trustee name	Office (if any)	Dates acted if not for whole year
Dr Hugo Minney	Chair	Whole Year
Isabelle Wheritt		Whole Year
Lucy Reed		Whole Year
Kate Louise McGuigan		Whole Year
Gary Randolph Jones		Whole Year
Andrea McGuigan		Whole Year
Clare Louise Dellar		Whole Year

The charity does not have corporate trustees.



Day-to-Day Management (1.52)

Executive team consists of Christine Thomas (Chief Executive), Peter Thomas (Senior Manager and Programme Facilitator) and Hugo Minney (chair). All of these served for the whole period of the report. Professional advice is taken ad-hoc as needed.

We are committed to providing a pathway to employment for young people and have two Level 3 Apprentices supporting both our office based and programme delivery.

Accounts are audited by Valued Accountancy. The charity does not have a permanent legal advisor and does not invest so it does not seek investment advice.

Exemptions from disclosure (1.28 – 1.31)

The charity does not claim any exemptions from reporting.


Funds held as a custodian (1.32)

The charity does not hold funds as a custodian trustee.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Hugo Minney	
Position (eg Secretary, Chair, etc)	Chair	
Date	18 Dec 2024	

- Plans for future periods (page 3)
- Day-to-day management (page 8)

Building Self Belief CIO	Charity No	1178101
	Company No	CE013907
Annual accounts for the period		
01/05/2023	To	30/04/2024

Section A Statement of financial activities (including summary income and expenditure account)

	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Income (Note 3)					
Income and endowments from:					
Donations and legacies	S01 5,244	6,087	-	11,331	15,158
Charitable activities	S02 -	444,614	-	444,614	201,420
Other trading activities	S03 -	-	-	-	-
Investments	S04 -	-	-	-	-
Separate material item of income	S05 -	-	-	-	-
Other	S06 -	-	-	-	-
Total	S07 5,244	450,701	-	455,945	216,578
Expenditure (Notes 6)					
Expenditure on:					
Raising funds	S08 -	3,352	-	3,352	1,679
Charitable activities	S09 4,014	260,035	-	264,049	108,234
Wages and salaries	S10 933	138,211	-	139,144	75,808
Other	S11 957	18,275	-	19,232	12,155
Total	S12 5,904	419,873	-	425,777	197,876
Net income/(expenditure) before tax for the reporting period	S13 - 660	30,828	-	30,169	18,702
Tax payable	S14 -	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)	S15 - 660	30,828	-	30,168	18,702
Net gains/(losses) on investments	S16 -	-	-	-	-
Net income/(expenditure) Extraordinary items	S17 - 660	30,828	-	30,168	18,702
Transfers between funds	S18 -	-	-	-	-
Other recognised gains/(losses):	S19 -	-	-	-	-
Gains and losses on revaluation of fixed assets for the charity's own use	S20 -	-	-	-	-
Other gains/(losses)	S21 -	-	-	-	-
Net movement in funds	S22 - 660	30,828	-	30,168	18,702
Reconciliation of funds:					
Total funds brought forward	S23 5,575	52,291	-	57,866	39,164

Total funds carried forward

S24	4,915	83,119	-	88,034	57,866
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Section B Balance sheet

		Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets (Note 15)	B01		-	-	-	-	-
Tangible assets (Note 14)	B02		-	-	-	-	-
Heritage assets (Note 16)	B03		-	-	-	-	-
Investments (Note 17)	B04		-	-	-	-	-
Total fixed assets	B05		-	-	-	-	-
Current assets							
Stocks (Note 18)			-	-	-	-	-
Debtors (Note 19)	B07		2,021	-	-	2,021	-
Investments (Note 17.4)	B08		-	-	-	-	-
Cash at bank and in hand (Note 24)	B09		9,105	83,119	-	92,224	-
Total current assets	B10		11,126	83,119	-	94,245	-
Creditors: amounts falling due within one year (Note 20)	B11		6,211	-	-	6,211	-
Net current assets/(liabilities)	B12		4,915	83,119	-	88,034	-
Total assets less current liabilities	B13		4,915	83,119	-	88,034	-
Creditors: amounts falling due after one year (Note 20)	B14		-	-	-	-	-
Provisions for liabilities	B15		-	-	-	-	-
Total net assets or liabilities	B16		4,915	83,119	-	88,034	-
Funds of the Charity							
Endowment funds (Note 27)	B17		-			-	-
Restricted income funds (Note 27)	B18			83,119		83,119	-
Unrestricted funds	B19		4,915		-	4,915	-
Revaluation reserve	B20					-	
Fair value reserve	B21						
Total funds	B22		4,915	83,119	-	88,034	-

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

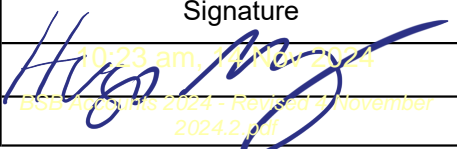
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors

Print Name	Date of approval dd/mm/yyyy
Hugo Minney (chair)	14/11/2024

Signature of director authenticating accounts being sent to Companies House

Signature	Date dd/mm/yyyy
	
	Print name

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts

The accounts have been prepared in accordance with:

- and with*

✓

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

✓

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity
constitutes a
public benefit

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

N/A

Disclosure of any uncertainties that make the going concern assumption doubtful;

N/A

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

N/A

1.3 Change of accounting policy

The accounts present a true and fair view and no changes have been made to the accounting policies adopted in note { }.

Yes*

✓

No*

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	N/A
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	N/A

<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS102 SORP.</i>	N/A
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1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS102 SORP).

Yes* ☒

No* ☐

Please disclose:

<i>(i) the nature of any changes;</i>	
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS102 SORP).

Yes* ☒

No* ☐

Please disclose:

<i>(i) the nature of the prior period error;</i>	
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	

Note 2

Accounting policies

2.2 INCOME

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Grants and donations

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Yes*	No*	N/a*
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Government grants

The charity has received government grants in the reporting period

Yes*	No*	N/a*
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Yes*	No*	N/a*
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.

Yes*	No*	N/a*
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Gifts in kind for use by the charity are included in the SoFA as income from donations

Yes*	No*	N/a*
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when receivable.

Donated services and facilities

Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.

Support costs

The charity has incurred expenditure on support costs.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Income from membership subscriptions

Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.

Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.

Settlement of insurance claims

Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.

Investment gains and losses

This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

2.3 EXPENDITURE AND LIABILITIES

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Grants with performance conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

Grants payable without performance conditions

Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.

Redundancy cost

The charity made no redundancy payments during the reporting period.

Deferred income

No material item of deferred income has been included in the accounts.

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Yes* No* N/a*

		✓
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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

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Yes* No* N/a*

✓		
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Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes*	No*	N/a*
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes*	No*	N/a*
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes*	No*	N/a*
		<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

2.4 ASSETS

Tangible fixed assets for use by charity

These are capitalised if they can be used for more than one year, and cost at least

They are valued at cost.

The depreciation rates and methods used are disclosed in note 14.

Yes*	No*	N/a*
✓		

Intangible fixed assets

The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15.

They are valued at cost.

Yes*	No*	N/a*
		✓

Yes*	No*	N/a*
		✓

Heritage assets

The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.

They are valued at cost.

Yes*	No*	N/a*
	✓	

Yes*	No*	N/a*
		✓

Investments

Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.

Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments

Yes*	No*	N/a*
	✓	

Yes*	No*	N/a*
		✓

Stocks and work in progress

Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.

Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.

Yes*	No*	N/a*
	✓	

Yes*	No*	N/a*
		✓

Yes*	No*	N/a*
		✓

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Yes*	No*	N/a*
✓		

Current asset investments

The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity of less than one year held for investment purposes rather than to meet short-term cash commitments as they fall due.

They are valued at fair value except where they qualify as basic financial instruments.

Yes*	No*	N/a*
		✓

Yes*	No*	N/a*
		✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

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Section C	Notes to the accounts	(cont)
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Note 3 **Income**

Analysis of income		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	5,244	6,087	-	11,331	15,158
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	5,244	6,087	-	11,331	15,158
Charitable activities:		-	444,614	-	444,614	201,420
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	444,614	-	444,614	201,420
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		5,244	450,701	-	455,945	216,578

Other information:

**All income in the prior year was unrestricted except for:
(please provide description and amounts)**

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

This year: Where sums originally denominated in foreign currency have been included in income, explain the basis on which those sums have been translated into sterling (or the currency in which the accounts are drawn up).

Last year: Where sums originally denominated in foreign currency have been included in income, explain the basis on which those sums have been translated into sterling (or the currency in which the accounts are drawn up).

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff and materials	122,073	81,239
Premises	61,036	-
	183,109	81,239

	This year	Last year
<p>Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.</p>	<p>Donated facilities and services are valued at market value or by comparison to market value in other similar situations. There were no donated goods. The contribution of unpaid volunteers, both interns and others, is recognised in the annual report but has not been assigned a market value</p>	<p>Donated facilities and services are valued at market value or by comparison to market value in other similar situations. There were no donated goods. The contribution of unpaid volunteers, both interns and others, is recognised in the annual report but has not been assigned a market value</p>
<p>Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.</p>		
<p>Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.</p>		

Section C

Notes to the accounts

(cont)

Note 6

Expenditure

Analysis	This year				Last year			
	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
Expenditure on raising funds:				£				£
Incurred seeking donations	-	-	-	-	-	-	-	-
Incurred seeking legacies	-	-	-	-	-	-	-	-
Incurred seeking grants	-	-	-	-	-	-	-	-
Operating membership schemes and social lotteries	-	-	-	-	-	-	-	-
Staging fundraising events	-	-	-	-	-	-	-	-
Fundraising agents	-	-	-	-	-	-	-	-
Operating charity	-	-	-	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-	-	-	-
Advertising, marketing, direct mail and publicity	-	3,352	-	3,352	-	1,679	-	1,679
Start up costs incurred in generating new source of future income	-	-	-	-	-	-	-	-
Database development costs	-	-	-	-	-	-	-	-
Other trading activities	-	-	-	-	-	-	-	-
Investment management costs:	-	-	-	-	-	-	-	-
Portfolio management costs	-	-	-	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-	-	-	-
Investment administration costs	-	-	-	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on raising funds	-	3,352	-	3,352	-	1,679	-	1,679
Expenditure on charitable activities:								
Direct charitable expenditure	4,014	260,035	-	264,049	1,623	25,372	-	26,995
In kind donations	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on charitable activities	4,014	260,035	-	264,049	1,623	25,372	-	26,995
Separate material item of expense								
Wages and salaries	-	126,273	-	126,273	16,757	56,325	-	73,082
Employer pension contributions	-	5,902	-	5,902	1,101	-	-	1,101
Employer Nic	933	6,037	-	6,970	1,625	-	-	1,625
Total	933	138,211	-	139,144	19,483	56,325	-	75,808
Other								

General admin expenditure	957	18,275	-	19,232	2,080	10,075	-	12,155
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total other expenditure	957	18,275	-	19,232	2,080	10,075	-	12,155
TOTAL EXPENDITURE	5,904	419,873	-	425,777	23,186	93,451	-	116,637

Note 11 **Paid employees**

Please complete this note if the charity has any employees (transactions with Trustees dealt with in Note 28)

11.1 Staff Costs

Salaries and wages

Social security costs

Pension costs (defined contribution scheme)

Other employee benefits

Total staff costs

This Year £	Last year £
126,208	73,082
7,034	1,625
5,902	1,101
-	-
139,144	75,808

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

--

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	1	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

Please provide the total amount paid to key management

This year £	Last year £
108,986	65,203

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	1	-
Charitable Activities	3	2
Governance	1	-
Other	-	-
Total	5	2

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	5,902	1,101

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	The funds are applied to all available funds with any residual amounts being paid from unrestricted.
---	--

Note 14 **Tangible fixed assets**
Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	2,897	857	3,754
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year		-	2,897	857	3,754

14.2 Depreciation and impairments

**Basis	SL or RB (Straight Line or Reducing Balance)	SL or RB	SL or RB	SL or RB	SL or RB
** Rate					

At beginning of the year	-	-	2,897	725	3,622
Disposals	-	-	-	-	-
Depreciation	-	-	-	132	132
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	2,897	857	3,754

14.3 Net book value

Net book value at the beginning of the year	-	-	-	132	132
Net book value at the end of the year	-	-	-	-	-

Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	2,021	-
Total	2,021	-

BUILDING SELF BELIEF CIO

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BUILDING SELF BELIEF CIO

I report to the Trustees on my examination of the financial statements of Building Self Belief CIO (the charity) for the year ended 30 June 2023.

Responsibilities and basis of report

As the Trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the Charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but as not been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act;

or

2. the financial statements do not accord with those records; or

3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations in 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Valued

Dated: 18 / 12 / 2024

Annual Report



Building Self-Belief CIO

2023 - 2024



Building



Stronger



Communities



Unemployment rates in the region are at **6.1%** of the workforce, compared to **4.1%** nationally

38.7% of children in County Durham and Tees Valley live in poverty

Adults who are physically inactive (<2.5 hours/week) is **10%** higher than the English average in 5/6 local authorities in County Durham and Tees Valley

11.7 /100,000 deaths from drug misuse compared to **50/10,000** in England

Amount of major health conditions (i.e., depression, cancer) is **10%** higher

We have significantly improved the mental health, self-esteem and life chances of more than

3,500

vulnerable young people across the region

Over

£50,000

in Emergency Household Support allocated to families in severe financial need

Supported over

100

community partner organisations

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Welcome from our Chief Executive



I am delighted Building Self-Belief CIO has continued to make a real and lasting difference to the life chances of young people and their communities across the North East. With the NHS reporting that in 2023, one in five young people in England, aged between eight and twenty five, are facing challenges around their mental health, our services have never been more required.

The impact of our work continues to be far reaching, with over 3,500 young people across the region who have now been directly supported by our services. We were also delighted that our endeavours have been recognised through The North East Charity Awards, The Durham Youth Awards, Investors in the Environment and also the Durham County Council Environment Awards.

It has also been fantastic to see the growth in the number of our regular volunteers, of all ages, through programmes such as the Point North – Know Your Neighbourhood and Consett Heritage Project, supported by The National Lottery Heritage Fund. The power that community volunteering has to inspire individuals and empower them to make a difference at a local level has been wonderful to see.

Our Youth Panel work goes from strength to strength and we continue to develop new community partnerships across the region for our Wellbeing, Employability, Heritage and Environmental programmes. Our youth clubs remain exceptionally well attended and we also extended these services to providing additional budgeting and employability support for adults. As many of our local communities faced a winter of difficult financial choices these services provided a warm space in the evening, hot food and drink and winter clothing if required, for those in attendance.

The level of need that we are faced with across County Durham, in particular, has been borne out by our allocation of over £50,000 worth of emergency household support to local families. The families identified their needs and we bought white goods, beds and food vouchers. It was a great boost for us to be able to provide the actual support, rather than just signpost them to other services and we would particularly like to thank Point North for their support with Household Support Fund, for making the process so straightforward.

Having secured a 25 year lease on our community garden, we have worked tirelessly over the past year to make it a usable space. Over the coming year we have exciting plans to improve it even further.

We remain committed to engaging with our funders, volunteers, and the young people that we support in building stronger communities for the future.

“

It has been incredible supporting young people across the region to flourish and contribute so much towards the communities in which they live. Every year the charity is growing stronger and having a greater impact and we look forward to many more years of continued success”



MEET
CHRISTINE THOMAS

Our 5th Birthday

As part of our 5th birthday Annual General Meeting celebrations, Building Self-Belief invited young people that we have supported, programme volunteers, staff, trustees, funders and supporters to the Derwent Manor, County Durham, in September 2023.

We were delighted to be able to use the occasion to showcase the impact of our vital youth and community based work across the North East. There was a huge display of 'Consett Voices', as part of our Consett Heritage project and updates on our youth programmes and community partnerships across the region, including our new community garden project.

We were delighted to welcome old friends and new, including supporters who have been with us since our foundation, who continue to support our growth. Together, we look forward to supporting many more young people in building stronger local communities, as they develop the skills required for successful and happy lives in the future.

“ I loved the event and all that you and your team are doing. So inspiring, so necessary and such a gap to be filled! Thank so much for the invitation, the lovely flowers, card and chocolates too! We should definitely keep in touch and I am happy to chat further and offer any thoughts should you feel the need.”

RICHARD SWART, DEPUTY LIEUTENANT OF DURHAM



In 2018, we were delighted to have Lord Lieutenant Sue Snowden to launch the charity, our plan was to have her with us for our 5th birthday. Unfortunately, she was unwell, and her Deputy Lieutenant Richard Swart attended in her place. Richard Swart made a great deal of effort in both his research of the charity, his heartfelt speech, plus how much time he took to interact with the attendees at the event itself, his contribution added a great deal to the success of the event.



OUR TRUSTEES



“ An amazing event and wonderful to learn about the difference the charity has made to young people across the North East over the past year. I'm proud as a trustee to support the charity and to have been a part in the research evidencing the need for the charity's work. It was great to learn about BSB's plans to continue supporting young people's job prospects, self-belief and wellbeing over the year to come!”

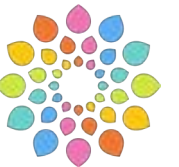
- Isabel Wherrit, Young Trustee



Our Wellbeing Programme

Teenage Girls Mental Health Programme

Boldon School, South Tyneside



Funded by The Shears Foundation, we successfully delivered a twelve-week wellbeing programme, to support the young people in improving their emotional wellbeing.

A unique selling point of all of our programmes, but in particular our wellbeing programme is that we include a creative element that is directed by the young people in the group that we are working with. It was instantly clear with our teenage girls group that social media plays a huge part in their lives. After our first session with the girls, the first thing they did was set up a group chat. This is the positive element of social media, it gives them an instant means to connect and support each other. Nevertheless, as the sessions progressed, the issues linked to social media also emerged. The girls also loved the art sessions - rock painting and drawing – so as a collective, we decided to combine the two and create a poster about staying safe online. This also coincided with Safeguarding Week!

Our sessions with the girls gave us an opportunity to discuss the positives and the negatives, and we hope that having such conversations act as trigger warnings for them within the context of their online activities. Having the face to face discussions was significant because in many ways they are more confident online, so having such conversations in front of each other – and us - gave them a better and more realistic perspective on some of the things that they have experienced.

The girls created an online safety poster that has been shared with hundreds of other young people locally.



BE BOLD, BE BRAVE, BE BEAUTIFUL BUT STAY SAFE ONLINE!

“

I loved everything about the programme. The sessions on body image really helped, they made me realise that everyone is different and that we shouldn't be worrying about small things that don't really matter. I feel more confident about how I look, and I am less bothered about what people say about me. Going for the meal helped me realise that I am actually fine eating in front of people.”

- Wellbeing Student, Boldon School, South Tyneside



Teenage Boys Wellbeing & Mental Health Programme

North Durham Academy, Stanley

Our twelve-week wellbeing programme, funded by Point North the Stanley Community Fund, successfully improved the wellbeing of a group of year 9 boys, from various domestic circumstances, including blended families, minimal parental contact or being looked after and recent bereavement.

The children engaged in employability, community and team building based activities that their personal circumstances are a barrier to. They particularly enjoyed the karting team building experience that they opted to organise and they were very excited at having the opportunity to do this all together. They were also able to gain confidence and independence by having to order their own food at Nando's and eat in a formal setting.

The boys also loved the expressive art sessions such as rock painting, which gave them the creative freedom to express their emotions, thoughts and feelings in a creative way. We discussed sensitive issues such as the high suicide rates in young men in the area, and the different ways to get help if they needed it – in the first instance making sure they had people who they could talk to if they needed some immediate support. They fully appreciated how important it is to develop their emotional intelligence, the importance of being comfortable when discussing their emotions and exploring the range of support available if required.

Teenage Girls Health & Mental Wellbeing Programme

Wellfield Community School

This four-month project was kindly supported by Point North - EDF Trimdon Grange Wind Farm Community Benefits Fund.

The children from Wellfield School, County Durham, specifically identified ten young people with low self-esteem, particularly linked to anxiety at school and in external social situations.

Many of our discussions were linked to managing social situations inside and outside of school. As a group, they loved drama and they opted to see 'Sister Act', at the Sunderland Empire. This combined their love of the theatre, with giving them an opportunity to enjoy themselves in a crowded space – and realise that it can be very worthwhile to challenge themselves. They all totally loved the theatre experience.

Overall, we really enjoyed our sessions with the girls, and we are so pleased by how much progress they have made as well as the friendships that have been formed over the course of the programme. The girls were extremely grateful for the opportunity and wished that it could have continued. We will be keeping in touch with them, and if future opportunities arise within the charity and the community, they will be getting involved.



Our Environmental Programme



Tow Law Eco-Ambassadors Programme

The project in County Durham, funded by the Energy Saving Trust Foundation's Youth Climate Action Fund and part-funded by Airbnb, was developed in collaboration with children from Tow Law Millennium Primary School and Blessed John Duckett Catholic Primary School. This initiative aims to empower young people to protect and enhance their local environment. It culminates in a community celebration event and the production of a documentary film designed to educate the broader community on pressing environmental issues.

These awards are part of the first round of national funding from the Youth Climate Action Fund, which builds on the success of a pilot project launched in the West Midlands last year.

“I want to educate people in this project about how to help our world to become a greener and healthier place to live.”

- Eco Ambassador

“I think I'll be really good at thinking of ideas to help to protect our Earth and I look forward to helping others to get involved”

- Eco Ambassador



Benfieldside Community Garden

After a year of campaigning, we are delighted to have secured a 25 year lease on a community garden in Blackhill, Consett. Our aim is to work with local volunteers to turn the space into a fabulous social asset for the community.

We have already worked extensively to clear the site, planted a sensory garden with seating area, established a fruit growing zone, held storytelling and community gardening events and renovated a once hidden Giant's Foot!

We were kindly supported in our initial efforts by local Councillors Kevin Earley and Stephen Robinson through the Derwent Valley Area Action Partnership for new oak planters in our Growing Zone.

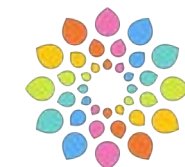
We are delighted to have now received longer term support for paths, water installation and a summer house from The National Lottery Community Fund.

We are very excited to see what the next year shall bring!





GOOD TO GROW



good to grow

Benfieldside Community Garden is now proudly featured on the Good to Grow map, part of a UK-wide network supporting community food growing. We're excited to participate in their events, which started from our Good to Grow Week in April, which celebrated the new growing season and brought volunteers together to help our local garden.

Good to Grow 2024 came at the perfect time for our garden. After extensive work to clear the site, we were ready to plant, creating a new herb garden with sage, mint, rosemary, and lavender, and establishing a 'Fruit Zone' with blueberry bushes, fruit trees, and mulch, generously donated by Clive Rudd. We've also added two new flower beds and are grateful for the community support that's helped us along the way. Our connection with regional networks, like Durham Community Action, has been invaluable in making this progress possible.



“

I wanted to say how nice it is to see the garden back in bloom. I have lived here a long time and gave up using the garden because it had been left to be a miserable place. Nobody took action in the community even though we all complained. Fast forward to 2024 and the garden is beautiful again, children are playing in it and there are lots of dog walkers. It's exactly what a community garden should be. It is without a doubt with massive thanks to Building Self-Belief and every other volunteer and charitable grant... I am certainly grateful for all you've all done. Community is important to us all.
Thank you'

- A Blackhill resident

THE RESTORATION OF THE GIANT'S FOOT

We had been told that there was some kind of artwork underneath what had become a thick layer of weeds. Some members of the community thought it was an oak leaf, others said it was a Giant's Foot. After hours and hours of hard work, we cut back the weeds, and finally uncovered the mystery. It was a huge Giant's Foot, with an oak leaf for a big toe and an acorn for a heel. We posted images of the renovated foot on Facebook, and in one of the comments, a local man said that he had created the original foot in 1996 as a part of a project sponsored by The Acorn Trust. Mystery solved!

Benfieldside along with Consett and Corbridge are all said to have been named after three mythical giants mentioned in the epic poem Ode to the River Derwent by John Carr 1732-1807:

In elder time giants uprear'd
Their heads, and affronted the skies;
Cor, Ben, Con, terrific appear'd,
With names of anomalous size.
A hammer in common they had,
And the use of it easy to all;
Each whistled, each brother was glad
To throw it three leagues at his call

Peter told the story with the help of an image of one of the giants. The children then had a great deal of fun, planting heather and lavender in the foot, and then filling up the spaces with white pea gravel to create a contrast with the land. The oak leaf was painted metallic green and the acorn brown. This combined with a bright white outline of the foot itself has restored a striking feature to the community garden. It is so bright, someone commented that you could see it from space! Most importantly to us, having the Giant's Foot in the garden is a great way of keeping local folklore alive.



Community Heritage Project

The Consett Iron Company

In March 2023, we began a two-year community heritage programme, supported by the National Lottery Heritage Fund. This has seen us co-ordinate a range of local heritage initiatives, bringing together all generations, around the 160th anniversary of the 1864 foundation of Consett Iron Company.

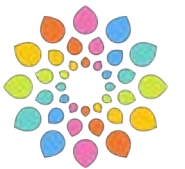
OUR HERITAGE EVENTS

As part of this we recently held a Q and A event with Brian Harrison, a local historian, to share an evening of fabulous facts and stories about Consett's heritage. We also worked alongside the amazing children at Moorside Primary Academy on a Consett steelworks project and we continue to exhibit across the area, recording podcasts and interviews, and working with young and old alike to record and share Consett's amazing industrial past. Plans are now afoot for our final celebration event to be held at the newly refurbished Durham Redhills in 2025.



A 'Consett Youth Banner'

Designed by local children as part of the project



OUR PODCASTS

We are extremely grateful to all of our podcast interviewees, including Brian Harrison and Joan Colling, seen here visiting our offices, who shared their personal insights with us regarding Consett's industrial past.



OUR FUNDRAISER

Let's celebrate Consett's industrial heritage by raising enough money for a Ray Lonsdale, steel statue for our town! Wouldn't it be wonderful if we could work together as a community and raise the funds for Ray to create a fabulous statue to represent the history and spirit of Consett Steel?

We have a plan from Ray about how much this will cost, and have decided that combined with applying for grants, we will also set up this Crowd Fund as a way for the people of Consett, and anyone who has strong links with the town, to contribute.

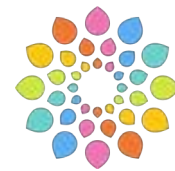
We will hold a public consultation about how the statue will look, and where it will be located. Any amount large or small will help us. It may take years, it may take months, but we thought we would make a start and have a statue in the town as soon as possible! Who is with us? Will you help John to realise his dream for Consett?



Our Employability Programme

‘Bridging the Gap’ Youth Employability Programme

Cardinal Hume Catholic School, Gateshead

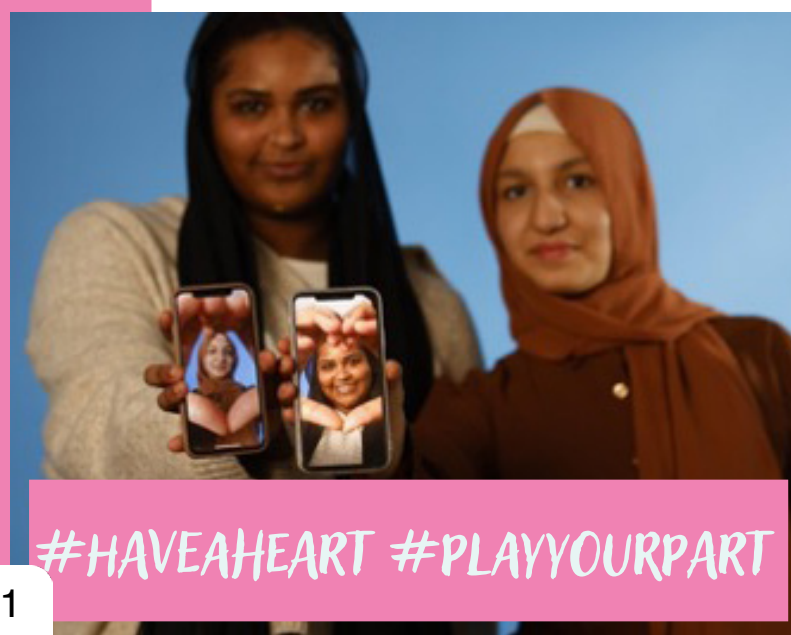


Grant funding from The Hedley Foundation, helped us to complete a youth employability programme to increase youth aspirations and their future life chances. This programme was designed to broaden their employability skills, links to local employers and actively engage the skills that they subsequently developed. They covered topics that included developing a CV and LinkedIn profile, communication skills, interview, presentation and marketing techniques.

The young people were interested in fashion, design, computing, social media, accounts and marketing. Consequently, we matched the group up with JUMP marketing agency and Solstock Fashion and Photography in Newcastle. Both of these companies specialise in the cross over between business creativity and technical innovation. Their teams of photographers, designers and developers collaborated with us to support work experience visits by the group.

During the visits, the group discovered just how many different roles and jobs there are in such companies – including IT, photography, programming, graphic design, sales and marketing. It made them realise how much effort goes into the branding and marketing of companies.

They also gave the children some great marketing ideas which they used to create a fantastic volunteering challenge booklet called #HaveaHeart #PlayYourPart for our Point North – Know Your Neighbourhood volunteering programme.



“

Volunteering enables you to challenge yourself whilst helping others. It gives you that opportunity to ‘pay it forward’ and give something back to your community.”

- Julianna



“

With volunteering, you can push your social boundaries, improve your own self-confidence, do things that you never thought you were capable of.”

- Hannah

'Bridging the Gap' Youth Employability Programme

Consett Academy, Consett



The Consett Academy Employability Programme, delivered by Building Self-Belief and sponsored by Newcastle Building Society, aims to enhance students' employability skills by focusing on CV development, LinkedIn profiles, and workplace marketing and social media. As part of the programme, students visited Newcastle Building Society's head office for mock interviews. This aligns with the Society's campaign to keep their services on the high street, which ties into our youth consultation on developing the Consett Area through the creation of a Neighbourhood Plan.

A group of Year 12 students from Consett Academy is leading this consultation, engaging local youth to gather input on how we can improve the Consett Area for the future. We're asking the community: How should the Consett Area look by 2036? What steps can we take to foster positive growth?



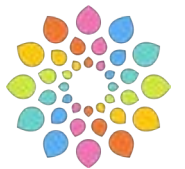
As part of the sessions, we discuss the importance of volunteering and how impressive this is to employers – especially when young people are channelling their energy into a good cause.

Three of our students – Jamie Watson, Thomas William and Jake Kingshot - as well as volunteering for our sessions, completed a gruelling 70.3 mile Iron Man contest in aid of a great cause, Teenage Cancer Research.



'Bridging the Gap' Youth Employability Programme

Norham High School, North Shields



This programme supported teenagers from the Meadow Well community in North Tyneside. This area is in the bottom 10% of National Deprivation, with Chirton Ward in the bottom 1% for family income, crime, educational opportunity, health & employment.

Our programme focussed upon delivering workshops and community experiences, for the least socially engaged, that measurably improve mental health, resilience, aspiration, employability & communication skills.

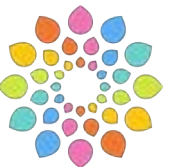
It culminated in a fantastic London residential visit that was planned by the children themselves and utilised the organisational skills that they had developed across the programme. It was kindly supported by 1989 Willan Charitable Trust through The Tyne and Wear & Northumberland Community Foundation.





New Projects

The Point North - Know Your Neighbourhood Project



The Point North – Know Your neighbourhood Project is an 18 month project that is focused upon encouraging local volunteers to regularly get involved with our youth and community based programmes. We now have a bank of over 30 regular volunteers who have been invaluable to our service provision.

OUR YOUTH CLUBS

Without the dedication of our incredible youth panel members and young people, who volunteer their evenings, our youth groups around Consett would not be possible.



“

My son had a lovely time - he can't wait to come back this week!

- Parent of Eden Miner's Youth Club

DIGITAL INCLUSION PROGRAMME

Our Digital Inclusion project was delivered as part the Know Your Neighbourhood Project which saw young volunteers supporting those attending the session to work on any areas of digital literacy or help with any practical uses of their technology that they may need.

The sessions include workshops on how to use and access emails through mobile phones, help with setting up and using social media accounts like Facebook and X (formerly known as Twitter), as well as using online banking, NHS apps, podcasting and other entertainment apps.



Developing positive partnerships with other institutions is something we do exceptionally well. Without these partners, this project would not be possible



Funded by
UK Government



County Durham
Community Foundation



UKCF

The 1989 Willan
Charitable Trust



THE
ALBERT HUNT
TRUST



ASDA
Foundation,,
Championing local communities
to help them thrive

AWARDS
FOR ALL





THE CLOTHWORKERS'
FOUNDATION



COMMUNITY
FUND



Derwent Valley
Area Action
Partnership

Better for everyone



THE GOSLING FOUNDATION

EST. 1985



Newcastle
Building Society



Sunderland
Counselling
Service

karbon
homes



HERITAGE
FUND

MARSH
Charitable Trust

The Rothley Trust

point
north

TESCO
Community Grants



SIR JAMES KNOTT TRUST



Community
Foundation
Tyne & Wear and Northumberland

The Hedley Foundation
A Grant Giving Charity

HADRIAN
TRUST

THE
Barbour
FOUNDATION



NINEVEH Charitable Trust



GROW WILD

alpk
kit
FOUNDATION



Our Awards

At the North East Charity Awards to receive recognition for our Youth Panel’s ‘Outstanding Contribution to Social Change’

Cranfield Trust Award

Building Self-Belief are delighted to have received the Masonic Charitable Foundation and Cranfield Trust Award.

Local Durham Freemasons, Paul Quinn and Duncan Maw visited the office to present a certificate to celebrate the partnership, expertise and support it has provided to help the charity and ultimately the young people that we support.



Sunderland Counselling Service Award

Our CEO Christine Thomas was delighted to be a guest at Sunderland Counselling Services AGM on 30th November 2023 and to help them celebrate their 40th anniversary. Their remit for selecting the recipients of their 40th Anniversary Award was to select a charity from each of the North East areas that they serve.

We are delighted to be the recipient of the award for County Durham. We used their award of £10,000 towards providing services to hard-to-reach communities - in this case delivering a youth club at Tow Law with hot food, and a job club to support adults back to work. SCS's Chair, Eileen Watt, told Christine how rewarding it was for them as a board to have the opportunity to select five charities to give a grant to and how liberating this felt to be able to help other charities in such a meaningful way.

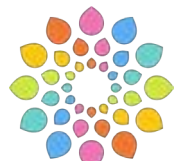


Durham County Council Environment

Building Self-Belief were absolutely delighted that our Eco Ambassadors from our North Durham Academy a Greener Future for Stanley garden project won this prestigious award. Being Highly Commended in the Environment Awards is a fabulous way to honour the hard work and significant contributions of the young people involved in this project.



Investors in the Environment Bronze Award



Building Self-Belief are absolutely delighted to have been awarded the investors in the Environment Bronze Award. There is a great deal of 'talk' about green initiatives, but to achieve this award, you have to implement the policies, not just write them down. We now have our Travel Policy, our Waste Management Policy and our Environmental Policy. We have also incorporated our approach to green initiatives into our induction process for trustees, staff and volunteers

Our Apprentice Shauna Nixon is our official 'Green Champion. Shauna completed a great deal of the training and tasks, she also collated the necessary information. Shauna will be continuing in this role, and we are looking forward to continuing with our green initiatives



“

Building Self-Belief is committed to integrating young people within their community and frequently this is via environmental projects, such as their Tow Law Eco-Youth Ambassadors' project in County Durham, and their restoration of Benfieldside Community Garden to use as a community space. Building Self-Belief have a great buy-in from colleagues across the organisation, from Management to Volunteers, to develop their environmental management system. They have made good headway with promoting sustainable travel within their organisation, and going forward, this can be developed into a formal sustainable travel plan.”

- Accreditation Report

County Durham Youth Council Award

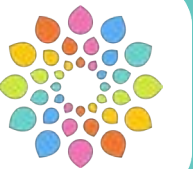
A huge congratulations to our young superstars Archie and Tommy who won the County Durham Youth Council Award for their amazing volunteering at Benfieldside Community Garden.

Additionally, congratulations to Maya for her amazing volunteering across our youth and community programmes for which she has received a Durham Youth Council Award, alongside a North East Charity Award nomination for September 2025!



Our Team

Our Newest Members



Building Self-Belief CIO would be nothing without our amazing team. These are the individuals who led our work in 2023/2024, by pushing for positive change within our community and making what we do possible.



Christine Thomas
FRSA
Chief Executive



Hugo Minney
PhD FRSA
Chair



Peter Thomas
Founder & Senior
Manager



Andrea McGuigan
Trustee



Claire L Dellar
Trustee



Gary Jones
Trustee



Lucy Reed
Trustee



Kate McGuigan
Young Trustee



Issy Wherritt
Young Trustee



Shauna Nixon
Apprentice



Holly Taylor
Research Assistant



Sarah Brown
Research Assistant



Ella Ashburn
Apprenticeship

Ella is joining the Building Self-Belief team as the new Level 3 Business Administration apprentice. She is truly delighted to be able to support this charity in numerous ways, along with gaining valuable experience and meeting various new people along the duration of the next 18 months. Ella has a great passion for helping younger people, with many experiences of voluntary work at her local kids club, where she was able to greatly assist and support the young children.



Bethany Stephens -
Gillingham
Work Placement



Sarah Patterson
Work Placement



Beth Mein
Work Placement



Alexis Smith
Work Experience



Lewis Tilney
Work Experience



Ethan Romaines
Work Experience



Autumn Mulcock
Work Experience



Aimee Wager
Newcastle
University Internship

Aimee is currently studying a BSc (Hons) Psychology degree at Newcastle University, with a passion for developmental and educational psychology. Alongside her studies, Aimee volunteers as a peer mentor, helping young people with diverse needs to improve their self-belief and reach personal goals. These experiences have sparked a keen interest in child development and the impacts of deprivation on wellbeing and self-esteem.



Thank You

A huge thank you to all of the young people we have supported, our community volunteers, grant funders and personal fundraising activities that have played such a huge part in our journey this year. Such generous support remains an inspiration to us.

We would also like to take this opportunity to thank our Trustees for their continued support and dedication, particularly our Chair, Dr Hugo Minney, who gives invaluable advice and support.

Our Next Steps

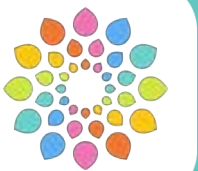
Building Self-Belief is delighted to have been selected to be part of the Digital Leaders Programme. We can't wait to get going on our digital training.

We can't wait to run some Forest School sessions at Benfieldside Community Garden. We will be using part of our National Lottery funds for staff training and fabulous resources.

We shall continue to extend the reach of youth based programmes to new communities across the North East.

We look forward to continuing to build a solid community volunteering base as part of our Point North - Know your Neighbourhood programme and beyond.

Our Income & Expenditure



This is a summary of BSBCIO's 2023/2024. A full copy of our accounts is available on request.

Total Expenditure: £425, 777

Total Income: £455, 945



Where does our money come from?

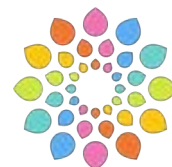


Charitable Activities

Donations and Legacies



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info@buildingselfbelief.org