

# Flavour School Trustees' Annual Report for the period from April 2021 to March 2022



Charity registration number: 1178048

## Objectives and Activities

	SORP reference	
<i>Summary of the purposes of the charity as set out in its governing document</i>	Para 1.17	The advancement of sensory education of children and the preservation and protection of health for the benefit of the public by the promotion of sensory education and helping people to build a healthy relationship with food.
<i>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</i>	Para 1.17 and 1.19	Flavour school promotes and enables sensory food education, through a simple, fun, accessible and affordable programme of lessons and activities, designed for UK Early Years and primary school children. We develop and share teaching materials, offer teacher training, and promote sensory food education generally, to encourage and enable schools to carry out the programme.
<i>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</i>	Para 1.18	The trustees confirm they have had due regard to the guidance issued by the Charity Commission on Public Benefit

## Achievements and Performance

	SORP reference	
<i>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</i>	Para 1.20	<p>2021/22 was the fourth year of operation for Flavour School as a registered charity. The Covid-19 pandemic constrained activities of Flavour School for the year. Nonetheless, some activity was achieved and we can report on the two following areas:</p> <p><b>1. Research:</b></p> <p>In his role as a fellow at the University of Leeds, Flavour School trustee Dr Nick Wilkinson was leading a multi-year research project on the <b>effects of Flavour School on Reception and Key Stage 1 children</b>. Due to the Covid-19 pandemic, this research had to be paused in 2020/21. The study resumed in October 2021, and was in progress through to March 2022, with delivery of the Flavour School programme ongoing in five primary schools in London and Leeds.</p> <p>Building on this study, Flavour School completed the first stage of an additional, associated research project, in the form of user research, focused primarily on teachers, exploring background attitudes and context for food education interventions. We produced a report (see appendix), that was shared initially with interested parties, including children's food brand Ella's Kitchen (as the funder/supporter of the work) and relevant policy makers at the Department for Education.</p> <p>A second stage of further research with an insight report is planned for 2022/2023, exploring the user experiences of teachers delivering Flavour School lessons during the University of Leeds study.</p>

		<p><b>2. Early Years pilot/programme development:</b></p> <p>We supported Ella's Kitchen with scientific advice and insights on sensory food education, to develop their Eat. Play. Love campaign promoting sensory food play for Early Years settings.</p> <p>We also made arrangements for Flavour School exploratory research sessions in four Early Years settings, to help develop our resources for Early Years. Sessions were confirmed to begin April 2022 and we will report on these in 2022/23.</p>
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## Financial Review

<i>Review of the charity's financial position at the end of the period</i>	Para 1.21	At the end of the period (31 <sup>st</sup> March 2022), Flavour School had £15,814.40 in its bank account.
<i>Statement explaining the policy for holding reserves stating why they are held</i>	Para 1.22	Flavour School has not formalised a written reserves policy, but the trustees have agreed that in practice the charity should always retain sufficient funds to cover its expected essential annual operating expenses.
<i>Amount of reserves held</i>	Para 1.22	n/a – but the Trustees were satisfied that there were sufficient funds in the account throughout 2021/22 to guarantee ongoing operations for the year and beyond.

## Additional information

<i>The charity's principal sources of funds (including any fundraising)</i>	Para 1.47	Flavour School's sole source of income in 2021/22 was a donation from children's food brand Ella's Kitchen, to support the further development of the Flavour School programme, with a particular focus on Early Years/Pre-School, including refining the programme and the teaching manual, and carrying out training.
<i>A description of the principal risks facing the charity</i>	Para 1.46	The principal risk facing Flavour School in 2021/22 was the ongoing uncertainty related to Covid-19, about schools' and nurseries' ability to remain open generally and to consistently deliver a programme of Flavour School sessions to children.

## Structure, Governance and Management

<i>Type of governing document</i>	Para 1.25	Flavour School has a <b>Foundation model CIO Constitution</b> (its only voting members are its Trustees).
<i>How is the charity constituted?</i>	Para 1.25	Flavour School is a <b>Charitable Incorporated Organisation / CIO</b> .
<i>Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees</i>	Para 1.25	As per Flavour School's constitution, apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. The trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

### Additional information

<i>Policies and procedures adopted for the induction and training of trustees</i>	Para 1.51	As per Flavour School's constitution, the charity trustees will make available to each new charity trustee, on or before his or her first appointment: a) a copy of the current version of this constitution; and b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
<i>The charity's organisational structure and any wider network with which the charity works</i>	Para 1.51	Flavour School retained the same trustees for the year; Flavour School had no paid staff.
<i>Relationship with any related parties</i>	Para 1.51	No particular relationships to report.

### Reference and Administrative details

<i>Charity name</i>	Flavour School
<i>Other name the charity uses</i>	None
<i>Registered charity number</i>	1178048
<i>Charity's principal address</i>	3 Park View Court, Woking GU22 7SE

### Names of the charity trustees who manage the charity

Trustee name	Office	Name of person entitled to appoint trustee
Geraldine Gilbert	Chair	Founding trustee
Nicholas Wilkinson		Founding trustee
Mark Breen		Appointed by G Gilbert and N Wilkinson
Kate Morris		Appointed by G Gilbert, N Wilkinson and M Breen
Katherine Mitchell		Appointed by G Gilbert, N Wilkinson and M Breen

### Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature</b>	
<b>Full name</b>	Geraldine Gilbert
<b>Position</b>	Founding trustee/chair
<b>Date</b>	25 January 2023



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name <b>FLAVOUR SCHOOL</b>	No (if any) 1178048
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Receipts and payments accounts

For the period from	Period start date 01/04/2021	To	Period end date 31/03/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Ella's Kitchen donation (User research project)	1,000	9,000	-	10,000	8,000
<b>Sub total</b> (Gross income for AR)	1,000	9,000	-	10,000	8,000
<b>A2 Asset and investment sales (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	1,000	9,000	-	10,000	8,000
<b>A3 Payments</b>					
Website / email address fees	£462.67	-	-	463	226
Banking fees (monthly account charge)	£15.00	-	-	15	-
Researcher fees (User research project phase 1) and cost reimbursements to schools participating in research	-	3,736	-	3,736	300
<b>Sub total</b>	478	3,736	-	4,214	526
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	478	3,736	-	4,214	526
<b>Net of receipts/(payments)</b>	522	5,264	-	5,786	7,474
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	£10,028.27	-	-	10,028	£2,554.27
<b>Cash funds this year end</b>	10,551	5,264	-	15,814	10,028

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account 31 March 2022	£15,814.40	-	-
		-	-	-
	<b>Total cash funds</b>	<b>15,814</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Geraldine Gilbert	Geraldine Gilbert	11/01/2023	
	Nick Wilkinson	Nick Wilkinson	11/01/2023	