



Trustees' Annual Report for the period from April 2020 to March 2021

Charity name: Flavour School; Charity registration number: 1178048

Objectives and Activities

	SORP reference	
<i>Summary of the purposes of the charity as set out in its governing document</i>	Para 1.17	The advancement of sensory education of children and the preservation and protection of health for the benefit of the public by the promotion of sensory education and helping people to build a healthy relationship with food.
<i>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</i>	Para 1.17 and 1.19	Flavour school promotes and enables sensory food education, through a simple, fun, accessible and affordable programme of lessons and activities, designed for UK Early Years and primary school children. We develop and share teaching materials, offer teacher training, and promote sensory food education generally, to encourage and enable schools to carry out the programme.
<i>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</i>	Para 1.18	The trustees confirm they have had due regard to the guidance issued by the Charity Commission on Public Benefit

Achievements and Performance

	SORP reference	
<i>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</i>	Para 1.20	<p>2020/21 was the third year of operation for Flavour School as a registered charity. From the start of that period, the Covid-19 pandemic severely limited any potential planned activities of Flavour School for the year. However, we can report on the three following areas :</p> <p>1. Governance:</p> <p>Trustees ensured that all necessary admin was carried out and that trustee meetings were held (remotely).</p> <p>In addition, Flavour School recruited two new trustees (Katherine Mitchell, and Flavour School co-founder Kate Morris) to improve the resilience of the charity's governance and bring in additional expertise (in teaching and food education).</p> <p>2. Research:</p> <p>In his role as a fellow at the University of Leeds, Flavour School trustee Dr Nick Wilkinson is leading a multi-year research project on the effects of Flavour School on Reception and Key Stage 1 children. Due to the Covid-19 pandemic, this research had to be paused in 2020/21.</p> <p>However, he was able to direct a smaller, related piece of research that started in early 2021, thanks to a donation to Flavour School from children's food brand Ella's Kitchen. The research involved surveys and interviews with the schools that had been participating in the Leeds University project</p>

		<p>up to April 2020, to understand their experience of the Flavour School programme and identify ways to refine it and make it more accessible to schools. This research continued beyond March 2021 and further details will be provided in the 2021/22 Annual Report.</p> <p>Finally, Flavour School secured a commitment to further funding (to be received in the following financial year) from Ella's Kitchen, to support the development and testing of different possible models for bringing Flavour School to children in different settings.</p> <p>3. Early Years pilot/programme development:</p> <p>In our previous Annual Report we described our pilot with Bedfordshire community health services Early Years public health team, to co-develop, pilot and refine a version of Flavour School for Early Years settings. Sadly, in early 2021 the team informed us that their programme was being decommissioned due to funding cuts, and they would not be able to roll out their Flavour School training and support to any additional settings as planned. So we worked together to finalise the resource pack they had been able to develop through their pilots with three Luton pre-schools. This resource pack was included in their programme's legacy website so it remains available to their local network of Early Years settings; Flavour School will be able to build on the pilot programme, resources and insights in future to continue to refine our Early Years programme.</p>
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Financial Review

<i>Review of the charity's financial position at the end of the period</i>	Para 1.21	At the end of the period (31 st March 2021), Flavour School had £10,028.27 in its bank account.
<i>Statement explaining the policy for holding reserves stating why they are held</i>	Para 1.22	Flavour School has not yet formalised a reserves policy, but the trustees intend to agree a reserves policy in 2021/22 based on covering essential annual operating expenses.
<i>Amount of reserves held</i>	Para 1.22	n/a – but the Trustees were satisfied that there were sufficient funds in the account to guarantee ongoing operations for the year and beyond.
<i>Reasons for holding zero reserves</i>	Para 1.22	n/a
<i>Details of fund materially in deficit</i>	Para 1.24	n/a
<i>Explanation of any uncertainties about the charity continuing as a going concern</i>	Para 1.23	n/a

Additional information

<i>The charity's principal sources of funds (including any fundraising)</i>	Para 1.47	Flavour School's sole source of income in 2020/21 was a donation from children's food brand Ella's Kitchen, to fund additional research related to the Flavour School research project carried out via the University of Leeds.
<i>Investment policy and objectives including any social investment policy adopted</i>	Para 1.46	n/a
<i>A description of the principal risks facing the charity</i>	Para 1.46	The principal risk facing Flavour School in 2020/21 was related to impacts of the Covid-19 pandemic on

		<p>our University of Leeds research project, into the effects of the Flavour School programme on primary school children.</p> <p>Due to repeated lockdowns and closures of primary schools in England between April 2020 and March 2021, the research had to be paused for most of the year.</p>
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Structure, Governance and Management

Description of charity's trusts:		
<i>Type of governing document</i>	Para 1.25	Flavour School has a Foundation model CIO Constitution (its only voting members are its Trustees).
<i>How is the charity constituted?</i>	Para 1.25	Flavour School is a Charitable Incorporated Organisation / CIO
<i>Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees</i>	Para 1.25	As per Flavour School's constitution, apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. The trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information

<i>Policies and procedures adopted for the induction and training of trustees</i>	Para 1.51	As per Flavour School's constitution, The charity trustees will make available to each new charity trustee, on or before his or her first appointment: a) a copy of the current version of this constitution; and b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
<i>The charity's organisational structure and any wider network with which the charity works</i>	Para 1.51	Flavour School gained two new trustees in November 2020, taking the total number of trustees to five; Flavour School had no paid staff.
<i>Relationship with any related parties</i>	Para 1.51	No particular relationships to report.

Reference and Administrative details

<i>Charity name</i>	Flavour School
<i>Other name the charity uses</i>	None
<i>Registered charity number</i>	1178048
<i>Charity's principal address</i>	3 Park View Court, Woking GU22 7SE

Names of the charity trustees who manage the charity

Trustee name	Office	Dates acted if not for whole year	Name of person entitled to appoint trustee
Geraldine Gilbert	Chair		Founding trustee
Nicholas Wilkinson			Founding trustee
Mark Breen			Appointed by G Gilbert and N Wilkinson - trustees
Kate Morris		From 30/11/2020	Appointed by G Gilbert, N Wilkinson and M Breen - trustees
Katherine Mitchell		From 30/11/2020	Appointed by G Gilbert, N Wilkinson and M Breen - trustees

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)


Geraldine Gilbert

Position (eg Secretary, Chair, etc)

Founding trustee/chair

Date

30th January 2022

 CHARITY COMMISSION FOR ENGLAND AND WALES	Charity Name FLAVOUR SCHOOL		No (if any) 1178048		CC16a
	Receipts and payments accounts				
	For the period from 01/04/2020	Period start date 01/04/2020	To 31/03/2021	Period end date 31/03/2021	
Section A Receipts and payments					
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Ella's Kitchen donation (User research project)	-	8,000	-	8,000	-
Sub total (Gross income for AR)	-	8,000	-	8,000	-
A2 Asset and investment sales (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	8,000	-	8,000	-
A3 Payments					
Website hosting fees	226	-	-	226	-
Researcher fees (User research project)	-	300	-	300	-
Sub total	226	300	-	526	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	226	300	-	526	-
Net of receipts/(payments)	- 226	7,700	-	7,474	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	£2,554.27	-	-	2,554	-
Cash funds this year end	2,328	7,700	-	10,028	-
Section B Statement of assets and liabilities at the end of the period					
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	
B1 Cash funds	Bank account 31 March 2021	£10,028.27	-	-	
		-	-	-	
	Total cash funds	10,028	-	-	
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK	
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	
			-	-	
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	
			-	-	
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)	
			-		
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval	
	Geraldine Gilbert	Geraldine Gilbert		30/01/2022	
	Nick Wilkinson	Nick Wilkinson		30/01/2022	