

# Trustees' Annual Report

for the period

From (start date) **010523** to (end date) **300424**

Section A

## Reference and administration details

Charity name

**FRESHSTART SMART**

Other names the charity is known by

Registered charity number (if any)

**1178047**

Charity's principal address

**181 ROYCE ROAD  
MANCHESTER**

Postcode **M15 5BP**

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<b>ICANTEE MAHARAS</b>			
2	<b>KILOLO NAYBEI</b>			
3	<b>TERMAINE J WILSON</b>			
4	<b>FATIMA SULEYMAN</b>			
5	<b>ELIZABETH A MCCORMICK</b>			
6				
7				
8				
9				
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12				
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14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year



## Section A

## Reference and administration details (continued)

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

## Section B

## Structure, governance and management

Description of the charity's trusts

Type of governing document  
(eg trust deed, constitution)

CONSTITUTION

How the charity is constituted  
(eg trust, association, company)

Trustee selection methods  
(eg appointed by, elected by)

APPOINTED BY

Additional governance issues (optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

FreshStart Smart - is a charitable incorporated organisation.

The CIO has the power to do anything which is calculated to further its objects or is conducive or incidental to do so.



## Section C

## Objectives and activities

Summary of the objects of the charity set out in its governing documents

To relieve the needs of people who are in need by reasons of their youth, age, ill-health, disability, financial hardship, social or economic circumstances.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

To relieve Poverty through the provision of a soup kitchen, food bank and grant application to further such charitable purposes.

Additional details of objectives and activities (optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Our applications for funds to carry events that supports individuals and families in the community. Freshstart Smart has a constitution, safeguard policy, insurance and liability.

All our volunteers are under our policies.

## Section D

## Achievements and performance

Summary of the main achievements of the charity during the year

Our main achievements for this year was working with a variety of supermarkets to deliver long-shelf life food for vulnerable families and elderly.

Freshstart smart has a talking therapy group every Thursday at the Forum Library and we also have inspired women (women's group) every Friday at the MSW Building in Moss side.

This has been our main projects supporting the community and families that were facing hard ship.



## Section 5

### Financial review

Brief statement of the charity's policy on reserves

To set aside funds for special purposes or as reserves against future expenditure.

Details of any funds materially in deficit

Further financial review details (optional information)

You may choose to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section 6

### Other optional information

## Section 7

### Declaration

The trustees declare that they have approved the trustees' report above signed on behalf of the charity's trustees

Signature(s)

R Maharaj

Full name(s)

RAWTEE MAHARAS

Position (eg Secretary, Chair, etc)

CHAIR

Date

31/06/25





FRESHSTART SMART  
FINANCIAL STATEMENT FOR  
THE YER ENDED 30TH APRIL 2024


FRESHSTART SMART  
INCOME AND EXPENDITURE ACCOUNT  
FOR YEAR ENDED 30-04-2024

2

APPROVAL OF THE ACCOUNTS

I CONFIRM THAT I HAVE SUPPLIED ALL THE INFORMATION NECESSARY FOR THE PRODUCTION OF THESE ACCOUNTS.

I APPROVE THESE ACCOUNTS AND GIVE MY AUTHORITY FOR THEM TO BE SUBMITTED TO THE APPROPRIATE AUTHORITIES.

SIGNED: '  \_\_\_\_\_


MRS RAWTEE MAHARAJ  
(TRUSTEE)

14/03/2025

DATE: \_\_\_\_\_

ACCOUNTANT CERTIFICATE

WE CONFIRM THAT THESE ACCOUNTS HAVE BEEN PREPARED WITHOUT AN AUDIT FROM BOOKS, VOUCHERS, OTHER INFORMATION AND EXPLANATION AS SUPPLIED TO US AND ARE IN ACCORDANCE THEREWITH.

  
ALI & CO  
ACCOUNTANTS  
450 CHEETHAM HILL ROAD  
CHEETHAM HILL  
MANCHESTER  
M8 9LE

DATE: 17/03/2025

PHONE: 0161 7954751  
FAX: 0161 7023685

**FRESHSTART SMART**  
**INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE YEAR ENDED 30-04-2024**

3

£

£

TOTAL INCOME:

22,701

**EXPENSES**

SUBCONTRACTOR & WAGES	12,852
PHONE & BROADBAND	240
FOOD, PACKAGING & EVENTS EXPENSE	12,852
TRAVELLING	5,355
HOTELLING ETC	604
DEPRECIATION	39
LEGAL AND PROFESSIONAL	300

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(32,242)

NET INCOME OVER THE EXPENDITURE FOR THE YEAR

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(9,541)  
=====

**FRESHSTART SMART**  
**BALANCE SHEET AS AT 30TH APRIL 2024**

	<u>£</u>	<u>£</u>
<b><u>FIXED ASSET</u></b>	175	
 <b><u>CURRENT ASSETS</u></b>		
CASH IN HAND & BANK	5,425	
	-----	
	5,425	
 <b><u>CURRENT LIABILITIES</u></b>		
SUNDRY ACCRUALS & CREDITORS	(300)	
	-----	
	(300)	
 <b><u>NET CURRENT ASSETS/(LIABILITIES)</u></b>		5,125
		-----
<b><u>NET ASSETS</u></b>		5,300
		=====
 <b><u>FINANCED BY:</u></b>		
BAL. B/FWD.		14,841
NET INCOME OVER THE EXPENDITURE FOR THE YEAR		(9,541)
		-----
BAL. C/FWD		5,300
		=====