

FRESHSTART SMART

England & Wales · Charity number 1178047

Details

Status Registered

Legal form CIO

Registered 2018-04-23

Register [View on the Charity Commission register](#)

Contact

Address 102 Moat Road
Manchester
M22 9PD

Phone 07806691317

Activities

Objects: THE OBJECTS OF THE CIO ARE FOR THE BENEFIT OF THE PUBLIC (THE "OBJECTS"):-
(A) TO RELIEVE THE NEEDS OF PEOPLE WHO ARE IN NEED BY REASON OF THEIR YOUTH, AGE, ILL HEALTH, DISABILITY, FINANCIAL HARDSHIP, SOCIAL OR ECONOMIC CIRCUMSTANCES IN SUCH WAYS AS THE TRUSTEES SHALL FROM TIME TO TIME THINK FIT, INCLUDING (BUT NOT BY WAY OF LIMITATION) THROUGH THE PROVISION OF ADVICE, INFORMATION, SERVICES AND SUPPORT;
(B) THE RELIEF OF POVERTY THROUGH THE PROVISION OF A SOUP KITCHEN, FOOD BANK AND GRANTS; AND (C) TO FURTHER SUCH CHARITABLE PURPOSES (CHARITABLE UNDER ENGLISH AND WELSH LAW) AS THE TRUSTEES SEE FIT FROM TIME TO TIME. THE CHARITY SHALL BE NON-PARTY IN POLITICS AND NON-SECTARIAN IN RELIGION AND SHALL OPERATE AN EQUAL OPPORTUNITIES POLICY.

Activities: social work

Classification

- **How:** Makes Grants To Organisations, Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Manchester City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31		£0	£0	-
2024-03-31	£22,701	£32,242	-	-
2023-03-31	£33,336	£22,375	-	-
2022-03-31	£4,110	£3,936	-	-
2021-03-31	£14,945	£10,768	-	-
2020-03-31	£281	£343	-	-

Trustees

Name	Role	Appointed
RAWTEE MAHARAJ	Chair	2018-04-23
Elizabeth Ann McCormick		2023-12-22
Fatima Suleyman		2023-12-22
JERMAINE WILSON		2018-04-23
KILOLO NAYBEI		2018-04-23

FRESHSTART SMART

England & Wales - Charity number 1178047

Accounts

DORMANT COMPANY ACCOUNTS

FRESHSTART SMART
FINANCIAL STATEMENT FOR THE
YER ENDED 30TH APRIL 2025

FRESHSTART SMART

2

FOR YEAR ENDED 30-04-2025

APPROVAL OF THE ACCOUNTS

I CONFIRM THAT I HAVE SUPPLIED ALL THE INFORMATION NECESSARY FOR THE PRODUCTION OF THESE ACCOUNTS.

I APPROVE THESE ACCOUNTS AND GIVE MY AUTHORITY FOR THEM TO BE SUBMITTED TO THE APPROPRIATE AUTHORITIES.

SIGNED: R. Maharaj

MRS RAWTEE MAHARAJ
(TRUSTEE)

09/04/2026
DATE:

ACCOUNTANT CERTIFICATE

WE CONFIRM THAT THESE ACCOUNTS HAVE BEEN PREPARED WITHOUT AN AUDIT FROM BOOKS, VOUCHERS, OTHER INFORMATION AND EXPLANATION AS SUPPLIED TO US AND ARE IN ACCORDANCE THEREWITH.



ALI & CO
ACCOUNTANTS
450 CHEETHAM HILL ROAD
CHEETHAM HILL
MANCHESTER
M8 9LE

DATE: 09/4/26

PHONE: 0161 7954751
FAX: 0161 7023685

FRESHSTART SMART
INCOME AND EXPENDITURE ACCOUNT
FOR YEAR ENDED 30-04-2025

3

£

£

TOTAL INCOME:

0

EXPENSES

-

-

-

(0)

NET INCOME OVER THE EXPENDITURE FOR THE YEAR

0

=====

FRESHSTART SMART

England & Wales - Charity number 1178047

Accounts



Trustees' Annual Report

for the period

From (start date) **010523** to (end date) **300424**

Section A Reference and administration details

Charity name **FRESHSTART SMART**

Other names the charity is known by

Registered charity number (if any) **1178047**

Charity's principal address **181 ROYCE ROAD
MANCHESTER**

Postcode **M15 5BP**

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	ICANTEE MAHARAS			
2	KILOLO NAYBEI			
3	JERMAINE J WILSON			
4	FATIMA SULEYMAN			
5	ELIZABETH A MCCORMICK			
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Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section A

Reference and administration details (continued)

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

Section B

Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg trust deed, constitution)

CONSTITUTION

How the charity is constituted
(eg trust, association, company)

Trustee selection methods
(eg appointed by, elected by)

APPOINTED BY

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
 - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

FreshStart Smart - is a charitable incorporated organisation.

The CIO has the power to do anything which is calculated to further its objects or is conducive or incidental to do so.

Section C

Objectives and Aims

Summary of the objects of the charity set out in its governing documents

To relieve the needs of people who are in need by reasons of their youth, age, ill-health, disability, financial hardship, social or economic circumstances.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

To relieve Poverty through the provision of a soup kitchen, food bank and grant application to further such charitable purposes.

Additional details of objectives and activities (optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Our applications for funds to carry events that supports individuals and families in the community. Freshstart Smart has a constitution, safeguard policy, insurance and liability. All our volunteers are under our policies.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Our main achievements for this year was working with a variety of supermarkets to deliver long-shelf life food for vulnerable families and elderly.

Freshstart smart has a talking therapy group every Thursday at the Forum library and we also have inspired woman (woman's group) every Friday at the MSW Building in Moss side.

This has been our main projects supporting the community and families that were facing hard ship.

Section 1

Financial review

Brief statement of the charity's policy on reserves

To set aside funds for special purposes or as reserves against future expenditure.

Details of any funds materially in deficit

[Empty box for details of funds materially in deficit]

Further financial review details (optional information)

You may choose to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

[Empty box for further financial review details]

Section 2

Other optional information

[Empty box for other optional information]

Section 3

Declaration

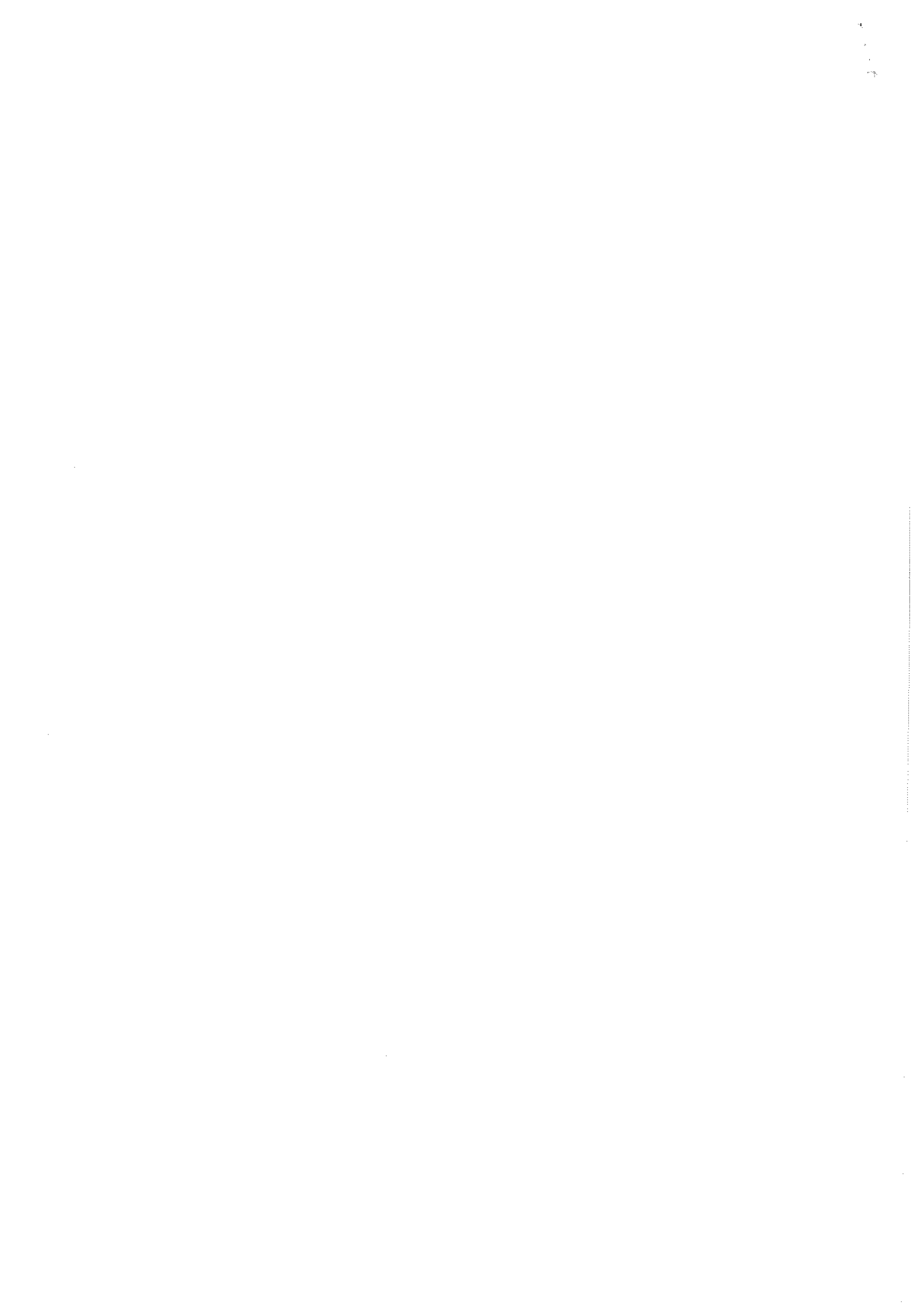
The trustees declare that they have approved the trustees' report above signed on behalf of the charity's trustees

Signature(s) R Maharaj

Full name(s) RAWTEE MAHARAS

Position (eg Secretary, Chair, etc) CHAIR

Date 310625



FRESHSTART SMART
FINANCIAL STATEMENT FOR
THE YER ENDED 30TH APRIL 2024


FRESHSTART SMART
INCOME AND EXPENDITURE ACCOUNT
FOR YEAR ENDED 30-04-2024

2

APPROVAL OF THE ACCOUNTS

I CONFIRM THAT I HAVE SUPPLIED ALL THE INFORMATION NECESSARY FOR THE PRODUCTION OF THESE ACCOUNTS.

I APPROVE THESE ACCOUNTS AND GIVE MY AUTHORITY FOR THEM TO BE SUBMITTED TO THE APPROPRIATE AUTHORITIES.

SIGNED: '  _____


MRS RAWTEE MAHARAJ
(TRUSTEE)

14/03/2025

DATE:

ACCOUNTANT CERTIFICATE

WE CONFIRM THAT THESE ACCOUNTS HAVE BEEN PREPARED WITHOUT AN AUDIT FROM BOOKS, VOUCHERS, OTHER INFORMATION AND EXPLANATION AS SUPPLIED TO US AND ARE IN ACCORDANCE THEREWITH.


ALI & CO
ACCOUNTANTS
450 CHEETHAM HILL ROAD
CHEETHAM HILL
MANCHESTER
M8 9LE

DATE: 17/03/2025

PHONE: 0161 7954751
FAX: 0161 7023685

FRESHSTART SMART
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 30-04-2024

3

	<u>£</u>	<u>£</u>
TOTAL INCOME:		22,701

EXPENSES

SUBCONTRACTOR & WAGES	12,852	
PHONE & BROADBAND	240	
FOOD, PACKAGING & EVENTS EXPENSE	12,852	
TRAVELLING	5,355	
HOTELLING ETC	604	
DEPRECIATION	39	
LEGAL AND PROFESSIONAL	300	
	-----	(32,242)
NET INCOME OVER THE EXPENDITURE FOR THE YEAR		----- (9,541) =====

FRESHSTART SMART
BALANCE SHEET AS AT 30TH APRIL 2024

	<u>£</u>	<u>£</u>
<u>FIXED ASSET</u>	175	
<u>CURRENT ASSETS</u>		
CASH IN HAND & BANK	5,425	

	5,425	
<u>CURRENT LIABILITIES</u>		
SUNDRY ACCRUALS & CREDITORS	(300)	

	(300)	
<u>NET CURRENT ASSETS/(LIABILITIES)</u>		5,125

<u>NET ASSETS</u>		5,300
		=====
<u>FINANCED BY:</u>		
BAL. B/FWD.		14,841
NET INCOME OVER THE EXPENDITURE FOR THE YEAR		(9,541)

BAL. C/FWD		5,300
		=====

FRESHSTART SMART

England & Wales - Charity number 1178047

Accounts



Trustees' Annual Report for the period

From (start date) to (end date)

Section A Reference and administration details

Charity name

Other names the charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	RAWTEE MAHARAJ			
2	KILOLO NAYBEI			
3	JERMAINE J WILSON			
4	JENNIFER A ROBINSON			
5	STEVEN TAYLOR			
6	LUCY CLARKE			
7	FATIMA SULEYMAN			
8	ELIZABETH A MCCORMICK			
9	MARGARETH THOMPSON			
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Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

FRESHSTART SMART
BALANCE SHEET AS AT 30TH APRIL 2023

	<u>£</u>	<u>£</u>
<u>FIXED ASSET</u>	214	
<u>CURRENT ASSETS</u>		
CASH IN HAND & BANK	14,927	

	14,927	
<u>CURRENT LIABILITIES</u>		
SUNDRY ACCRUALS & CREDITORS	(300)	

	(300)	
<u>NET CURRENT ASSETS/(LIABILITIES)</u>		14,627

<u>NET ASSETS</u>		14,841
		=====
<u>FINANCED BY:</u>		
BAL. B/FWD.		3,880
NET INCOME OVER THE EXPENDITURE FOR THE YEAR		10,961

BAL. C/FWD		14,841
		=====

INDEPENDENT EXAMINER'S REPORT
FRESHSTART SMART: CHARITY NO. 1178047
Account for Year Ended 30-04-2023

I report on the accounts of the Trust for the year ended 30/04/2023, which are set out on page 01 to 11.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act
- To follow the procedures laid down in the general Direction given by the charity Commission (under section 145 (5) (b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement


My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- Accounting records were not kept in accordance with section 130 of the Charities Act or
- The accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Mr Azmat Ali (IFA)
Institutes of Financial Accountants
450 Cheetham Hill Road, Manchester, M8 9LE

Date: 31/01/2024

FRESHSTART SMART

England & Wales - Charity number 1178047

Accounts

Trustees' Annual Report

for the period

From (start date) to (end date)

Section A

Reference and administration details

Charity name

Other names the charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	JENNIFER ANGELA			
2	MARIA ROBINSON			
3				
4	KILOLO NAYBEI			
5				
6	JERMAINE JUNIOR			
7	RICKY WILSON			
8	VINNY			
9	VIDESA MAHARAJ			
10				
11	RAWTEE MAHARAJ			
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Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

INDEPENDENT EXAMINER'S REPORT
FRESHSTART SMART: CHARITY NO. 1178047
Account for Year Ended 30-04-2022

I report on the accounts of the Trust for the year ended 30/04/2022, which are set out on page 01 to 11.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

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- To state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

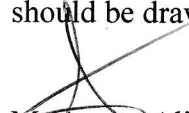
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Independent Examiner's Statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- Accounting records were not kept in accordance with section 130 of the Charities Act or
- The accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Mr Azmat Ali (IFA)
Institutes of Financial Accountants
450 Cheetham Hill Road, Manchester, M8 9LE

Date: 21/01/2023

FRESHSTART SMART

England & Wales - Charity number 1178047

Accounts

INDEPENDENT EXAMINER'S REPORT
FRESHSTART SMART: CHARITY NO. 1178047
Account for Year Ended 30-04-2021

I report on the accounts of the Trust for the year ended 30/04/2021, which are set out on page 01 to 11.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act
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- The accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Mr Azmat Ali (IFA)
Institutes of Financial Accountants
450 Cheetham Hill Road, Manchester, M8 9LE

Date: 15/01/2022

FRESHSTART SMART
BALANCE SHEET AS AT 30TH APRIL 2021

	<u>£</u>	<u>£</u>
<u>FIXED ASSET</u>	335	
<u>CURRENT ASSETS</u>		
CASH IN HAND & BANK	4,249	

	4,249	
<u>CURRENT LIABILITIES</u>		
SUNDRY ACCRUALS & CREDITORS	(878)	

	(878)	
<u>NET CURRENT ASSETS/(LIABILITIES)</u>		3,371

<u>NET ASSETS</u>		3,706
		=====
<u>FINANCED BY:</u>		
BAL. B/FWD.		(471)
NET INCOME OVER THE EXPENDITURE FOR THE YEAR		4,177

		3,706
		=====