



# Trustees' Annual Report for the period

Period start date		Period end date	
From	6th April 2022	To	5th April 2023

## Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address   
  
  
**Postcode**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Helen Elizabeth Whitworth	Chair		
2	Camilla Susan Field	Trustee		
3	Kate Helen Bassett	Trustee		
4	Dave Saxton	Trustee		

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
n/a	

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
n/a		

### Name of chief executive or names of senior staff members (Optional information)

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document   
 (eg. trust deed, constitution)

How the charity is constituted  
(eg. trust, association, company)

CIO Foundation Constitution

Trustee selection methods  
(eg. appointed by, elected by)

Apart from the first charity trustees who were selected by the Founder, every Trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees.

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C

## Objectives and activities

**Summary of the objects of the charity set out in its governing document**

For the public benefit and the advancement of education through the delivery of quality sports coaching in Primary and Secondary schools in England and Wales, including both the state and independent sectors to develop and promote personal skills with a focus on collaboration and leadership, that increase student engagement and improve educational outcomes.

No activities were undertaken during the period covered by this annual return.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

None

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The Charity does not have any recurring committed financial obligations, e.g. salaries, rents etc. and therefore, its reserves policy is purely to maintain a positive bank balance.

### Details of any funds materially in deficit

The Charity is not in deficit.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

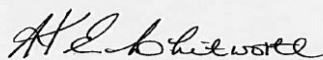
## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Helen Whitworth

Position (eg Secretary, Chair, etc)

Chair

Date

27-10-25

Section A Receipts and payments

A1 Receipts

Sub total(Gross income for AR)

A2 Asset and investment sales, (see table).

Sub total

Total receipts

A3 Payments

Sub total

A4 Asset and investment purchases, (see table)

Sub total

Total payments

Net of receipts/(payments)

A5 Transfers between funds

A6 Cash funds last year end

Cash funds this year end

Section B Statement of assets and liabilities at the end of the period

## Categories

B1 Cash funds

B2 Other monetary assets

B3 Investment assets

B4 Assets retained for the charity's own use


B5 Liabilities


Signed by one or two trustees on behalf of all the trustees

Charity Name

Receipts and payments accounts  
For the period from

Period start date  
05/22/26

Unrestricted funds  
to the nearest 

Restricted funds  
to the nearest 

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Details

Bank Balance

Total cash funds  
(agree balances with receipts and payments account(s))

Details

Details

Details


Details


Signature

No (if any)

To


Period end date  
04/23/26

Endowment funds  
to the nearest 

Total funds  
to the nearest 

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Unrestricted funds  
to nearest 


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Agreement Error  
Unrestricted funds  
to nearest 

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Restricted funds  
to nearest 

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OK  
Restricted funds  
to nearest 

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Fund to which asset belongs

Cost (optional)

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Fund to which asset belongs

Cost (optional)

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Fund to which liability relates

Amount due (optional)

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Print Name

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Last year  
to the nearest 

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Endowment funds  
to nearest 

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OK  
Endowment funds  
to nearest 

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Current value (optional)

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Current value (optional)

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When due (optional)

Date of approval