

Support and Care
SPACE
Through Difficult Times

Trustees Annual Report for the period 1 April 2022 to 31 March 2023 for Space (Aylesbury)

Charity number: 1177979

Trustees

Anne White
Hafeezah Ameen
Kate Lawton
Malcolm Abbott (Chair)
Mark Bateman
Pam Russell
Robert Taylor

Structure & governance

In response to our growth and to make our structure more robust, Space, became registered with the Charity Commission on 17 April 2018, registered as a Charitable Incorporated Organisation. Our Trustees are listed above.

Our constitution is in line with Charity Commission guidelines.

Objectives and activities

Our objectives are:

To promote and protect good physical and mental health of people in Buckinghamshire who are experiencing relationship breakdowns, loneliness, bereavement, homelessness, unemployment, ill health, isolation or other mental or emotional stress in particular but not exclusively by:

- Providing weekly drop in groups offering a listening service
- Providing a safe place and opportunity to meet with others going through difficulties
- Providing an affordable one to one counselling service
- Providing signposting to other relevant organisations for specialist support.

We mainly achieved these objectives through this weekly schedule of activities:

SPACE, St Mary's Church, St. Mary's Square, Aylesbury, Bucks. HP20 2JJ
Tel: 01296 432769 e-mail: project-coordinator@spaceaylesbury.org
Charity Registration: 1177979

- Monday – short walks, starting 11am
- Monday – Art Group, at St. Mary's 1.30 to 3pm
- Tuesdays – drop-in & food distribution at St. Mary's, 10.30 to 12 noon
- Wednesday – Mindfulness Colouring at Queens Park Arts Centre, 2 to 3.30pm
- Thursday – Southcourt drop-in, 10.30am to 12 noon
- Fridays – drop-in & food distribution at St. Mary's, 10.30am to 12 noon
- Saturdays – monthly self-help webinars
- Sundays – drop-in at St. Mary's at 1.30pm
- 22 hours of affordable one to one counselling – in-person & virtually
- Staffing an office for 30 hours a week to manage & administer the above
- A monthly warm meal at a Tuesday drop-in

During 2022/23 we have also provided the following:

- Art Sessions run by Bucks Heroes at Discover Bucks Museum
- Wellbeing walks with alpacas, run by Animal Antiks
- Taster sessions with Bucks Adult Learning – crafts, budgeting, cooking on a budget
- An occasional barber

All our services and activities are planned to be for public benefit.

Additional details of objectives and activities

We continue to be grateful to all those who help to fund our activities with grants, including the following:

- Buckinghamshire Council
- Thomas Hickman's Charity
- Aylesbury Town Council
- Rothschild Foundation
- Heart of Bucks
- JJM Fund
- Localgiving (Magic Little Grants, Peoples' Postcode Lottery)
- Barratt & David Wilson Community Fund

We are also grateful to all those kind individuals that donate generously, regularly & on an ad hoc basis towards the ongoing cost of our services. Additionally, we were pleased to benefit from some community fundraising by Aylesbury Town WI. We received a significant legacy from the estate of the late Derek Gray.

We are thankful to St. Mary's Church, Queens Park Arts Centre, Church of the Good Shepherd & Holy Trinity Church & their staff for the continued use of their spaces at preferential or no cost. Thank you for allowing our groups & sometimes chaos into your buildings. We also valued visits from the Town Mayor, Cllr. Steve Lambert.

We have worked hard to increase our internal income by contributions from service users at drop-ins and counselling and with our own internal fundraising, overseen by the Management Committee. This year we have benefited from fundraising walks, bake sales, a quiz, a couple of Rock Choir fundraisers & 3

online challenges. We have continued to engage with online income generation platforms such as Localgiving, Give as You Live & Amazon Smile.

During the last year our project has had 2 part-time employees, 5 sessional workers and over 50 volunteers. It is the volunteers that make our project tick, staffing groups, counselling, helping in the office, accountancy, bookkeeping, fundraising, making endless hot drinks, giving a warm welcome and much more. Huge thanks to them all.

Between them these volunteers give 300 hours of their free time per month to the project. This is a powerful resource.

Main achievements and significant events during the last 12 months

- During 2022/2023 we had 7476 interactions with 518 beneficiaries, 243 of these unique. This level of interactions is similar to 2021/22 with the number of beneficiaries increasing by 24%.
- Our monitoring for the first 9 months of 2023/24 indicates we experienced a similar level of interactions to the previous year.
- We are pleased to see a continued increase in the number of different faces we are supporting & also the rise in new service-users.
- We have continued to consolidate our regular programme of services.
- We continue to develop inter-agency working, currently with Bucks Adult Learning, Queens Park Arts Centre & Discover Bucks Museum.
- The redistribution of surplus food at our Tuesdays & Friday drop-ins remains a popular addition to our schedule & we are looking at ways to develop this.
- Our greatest challenge is to effectively address our increased footfall & demand with a limited increase in resources.
- The cost of living crisis has affected our service-users disproportionately.

Financial review

We are fortunate to have received grant funding, a legacy & fundraising income during the year. We are encouraged by our success at recent internal fundraising activities. However, we currently have financial resources to keep our project running for 5 months at current levels of activity. We are awaiting the outcome of grant applications. The current economic situation makes us cautious about future funding.

Conclusion

There is a clear demand for our services and feedback shows we are making a difference to client's overall mental wellbeing. We have responded well on the whole to the cost of living crisis. We need to keep on keeping on & work to secure more resources to continue to provide support and care for those in our community who are finding life difficult.



Kate Lawton
Project Manager
January 2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report
on the accounts

Section A

Independent Examiner's Report

Report to the trustees/ members of	Space (Aylesbury)		
On accounts for the year ended	31 st March 2023	Charity no (if any)	1177979
Set out on pages	1 & 2		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and
basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: Richard Willetts Date: 18/12/2023

Name: Richard Willetts

Relevant professional
qualification(s) or body
(if any):

ACMA CGMA

Address. 54 Wendover Road

Aylesbury

HP21 9LB

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here details of any items that the examiner wishes to disclose.



Space Space (Aylesbury)		Charity No (if any)	1177979	CC17a
Annual accounts for the period				
Period start date	01/04/2022	To	31/03/2023	

Section A Statement of financial activities

Recommended categories by activity	Details of own analysis	Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Incoming resources (Note 3)							
Incoming resources from generated funds			-	-	-	-	-
Voluntary income		S01	58,447	-	-	58,447	37,321
Activities for generating funds		S02	2,494	-	-	2,494	2,072
Investment income		S03	22	-	-	22	2
Incoming resources from charitable activities		S04	-	-	-	-	-
Other incoming resources		S05	-	-	-	-	-
Total incoming resources		S06	60,963	-	-	60,963	39,395
Resources expended (Notes 4-8)							
Costs of Generating Funds			-	-	-	-	-
Costs of generating voluntary income		S07	-	-	-	-	-
Fundraising trading costs		S08	-	-	-	-	-
Investment management costs		S09	-	-	-	-	-
Charitable activities		S10	50,368	-	-	50,368	52,262
Governance costs		S11	-	-	-	-	-
Other resources expended		S12	-	-	-	-	-
Total resources expended		S13	50,368	-	-	50,368	52,262
Net incoming/(outgoing) resources before transfers		S14	10,595	-	-	10,595	- 12,867
Gross transfers between funds		S15	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		S16	10,595	-	-	10,595	- 12,867
Other recognised gains/(losses)							
Gains and losses on revaluation of fixed assets for the charity's own use		S17	-	-	-	-	-
Gains and losses on investment assets		S18	-	-	-	-	-
Net movement in funds		S19	10,595	-	-	10,595	- 12,867
Total funds brought forward		S20	7,595	-	-	7,595	20,462
Total funds carried forward		S21	18,190	-	-	18,190	7,595

Section B

Balance sheet

	Note	Restricted			Total this year £	Total last year £
		Unrestricted funds £	income funds £	Endowment funds £		
		F01	F02	F03	F04	F05
Fixed assets						
Tangible assets (Note 9)	B01	-	-	-	-	-
	B02	-	-	-	-	-
Investments (Note 10)	B03	-	-	-	-	-
Total fixed assets	B04	-	-	-	-	-
Current assets						
Stock and work in progress	B05	-	-	-	-	-
Debtors (Note 11)	B06	-	-	-	-	-
(Short term) investments	B07	-	-	-	-	-
Cash at bank and in hand	B08	18,190	-	-	18,190	7,595
Total current assets	B09	18,190	-	-	18,190	7,595
Creditors: amounts falling due within one year (Note 12)	B10	-	-	-	-	-
Net current assets/(liabilities)	B11	18,190	-	-	18,190	7,595
Total assets less current liabilities	B12	18,190	-	-	18,190	7,595
Creditors: amounts falling due after one year (Note 12)	B13	-	-	-	-	-
Provisions for liabilities and charges	B14	-	-	-	-	-
Net assets	B15	18,190	-	-	18,190	7,595
Funds of the Charity						
Unrestricted funds	B16	18,190			18,190	7,595
	B17	-			-	-
Restricted income funds (Note 13)	B18		-		-	-
Endowment funds (Note 13)	B19			-	-	-
Total funds	B20	18,190	-	-	18,190	7,595

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>P. Russell</i>	P.M. RUSSELL	15.1.24
<i>Kate Austin</i>	KATHARINE LAUTON	15.1.2024



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