

Support and Care

SPACE

Through Difficult Times

Trustees Annual Report for the period 1 April 2021 to 31 March 2022 for Space (Aylesbury)

Charity number: 1177979

Trustees

Anne White
Hafeezah Ameen
Kate Lawton
Malcolm Abbott (Chair)
Mark Bateman
Pam Russell
Paul Couling
Robert Taylor

Structure & governance

In response to our growth and to make our structure more robust, Space, became registered with the Charity Commission on 17 April 2018, registered as a Charitable Incorporated Organisation. Our Trustees are listed above.

Our constitution is in line with Charity Commission guidelines.

Objectives and activities

Our objectives are:

To promote and protect good physical and mental health of people in Buckinghamshire who are experiencing relationship breakdowns, loneliness, bereavement, homelessness, unemployment, ill health, isolation or other mental or emotional stress in particular but not exclusively by:

- Providing weekly drop in groups offering a listening service
- Providing a safe place and opportunity to meet with others going through difficulties
- Providing an affordable one to one counselling service
- Providing signposting to other relevant organisations for specialist support.

We mainly achieved these objectives through this weekly schedule of activities:

SPACE, St Mary's Church, St. Mary's Square, Aylesbury, Bucks. HP20 2JJ
Tel:01296 432769 e-mail: project-coordinator@spaceaylesbury.org
Charity Registration: 1177979

- Monday – short walks, starting 11am
- Tuesdays – drop-in & food distribution at St. Mary's, 10.30 to 12 noon
- Wednesday – Mindful Colouring at Queens Park Arts Centre, 2 to 3.30pm
- Thursday – Southcourt drop-in, 10.30am to 12 noon
- Fridays – drop-in & food distribution at St. Mary's, 10.30am to 12 noon
- Saturdays – monthly self help webinars
- 22 hours of affordable one to one counselling – in-person & virtually
- Staffing an office for 30 hours a week to manage & administer the above

During 2021/22 we have also provided the following:

- Monday Art Group, St. Mary's
- Wellbeing walks with alpacas, run by Animal Antiks
- Park meet ups in Vale Park

All our services and activities are planned to be for public benefit.

Additional details of objectives and activities

We continue to be grateful to all those who help to fund our activities with grants, including the following:

- Buckinghamshire Council
- Heart of Bucks
- Aylesbury Town Council
- Rothschild Foundation
- Tesco Community Fund
- Shanly Foundation
- Localgiving (Magic Little Grants, Peoples' Postcode Lottery)
- Barratt & David Wilson Community Fund

We are also grateful to all those kind individuals that donate generously, regularly & on an ad hoc basis towards the ongoing cost of our services. Additionally, we were pleased to benefit from some community fundraising Aylesbury Old Town Residents Association.

We are very thankful to St. Mary's Church, Holy Trinity Church, Church of the Good Shepherd & Queens Park Arts Centre for the continued use of their spaces at preferential or no cost. Thank you for allowing our groups & sometimes chaos into your buildings.

We have worked hard to increase our internal income by contributions from service users at drop-ins and counselling and with our own internal fundraising, assisted by the fundraising committee. This year we have benefited from the return of our fundraising walks, table top craft sales & a volunteer's personal challenge. We have been cautious to return to larger fundraising events due to public health issues, but now have a programme of events planned. We have continued to engage with online income generation platforms such as Localgiving, Give as You Live & Amazon Smile.

Our project has 2 part time employees, 4 sessional workers and over 40 unpaid volunteers. It is the volunteers that make our project tick, staffing our groups, giving counselling sessions, helping in the office, accountancy, bookkeeping, designing websites, fundraising, making endless hot drinks, giving a warm welcome and much more. Huge thanks to them all.

Between them these volunteers give 210 hours of their free time per month to the project. This is a powerful resource.

Main achievements and significant events during the last 12 months

- During 2021/2022 we had 8881 interactions with 417 beneficiaries, 288 of these unique. This level of interactions is similar to 2020/21, number of beneficiaries has increased by 16% & the number of new service-users by 27%.
- Our interactions doubled between 2019/2020 & 2020/2021; this year this has been maintained.
- Our monitoring for the first 9 months of 2022/23 indicates we are sustaining our growth from pre-pandemic levels.
- This remains a huge increase in demand for us to meet.
- We are particularly pleased to see a continued increase in the number of different faces we are supporting & also the rise in new service-users.
- We have continued to consolidate our services. Attendance at some groups has grown significantly, & our counselling service has been in demand. We have returned to mostly in-person groups & counselling but have 2 counsellors working remotely & retain monthly webinars on Saturday mornings.
- Our current programme includes sessions run for us by other agencies – Wellbeing walks with alpacas thanks to Animal Antiks & art sessions at Discover Bucks Museum as part of their Bucks Heroes Project.
- The redistribution of surplus food at our Tuesdays & Friday drop-ins remains a popular addition to our schedule & we are looking at ways to develop this.
- Our greatest challenge is to effectively address the issues arising from the pandemic & the cost of living crisis, both of which particularly affect our regular service-users.

Financial review

We were fortunate to secure several grants from pandemic recovery funds. We are encouraged that opportunities for internal fundraising have opened up. We currently have financial resources to keep our project running for 7 months at current levels of activity. However, our grant income continues to be uncertain. We have been fortunate with grant funding in the past, but the economic situation makes us cautious about future funding.

Conclusion

There is a clear demand for our services and we have responded well on the whole to a period of global instability. Let's celebrate this & move forward to new challenges. We need to keep on keeping on & work to secure more resources to continue to provide support and care for those in our community who are finding life difficult.



Kate Lawton
Project Manager
January 2023



Space (Aylesbury)			1177979		CC17a
Annual accounts for the period					
Period start date	01-Apr-21	To	Period end date	31-Mar-22	


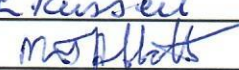
Section A Statement of financial activities

Recommended categories by activity	Details of own analysis	Note	Restricted			Total this year £	Total last year £
			Unrestricted funds £	income funds £	Endowment funds £		
			F01	F02	F03	F04	F05
Incoming resources (Note 3)							
Incoming resources from generated funds			-	-	-	-	-
Voluntary income		S01	37,321	-	-	37,321	54,757
Activities for generating funds		S02	2,072	-	-	2,072	1,963
Investment income		S03	1	-	-	1	3
Incoming resources from charitable activities		S04	-	-	-	-	-
Other incoming resources		S05	-	-	-	-	-
Total incoming resources		S06	39,395	-	-	39,395	56,723
Resources expended (Notes 4-8)							
Costs of Generating Funds			-	-	-	-	-
Costs of generating voluntary income		S07	-	-	-	-	-
Fundraising trading costs		S08	-	-	-	-	-
Investment management costs		S09	-	-	-	-	-
Charitable activities		S10	52,262	-	-	52,262	51,620
Governance costs		S11	-	-	-	-	-
Other resources expended		S12	-	-	-	-	-
Total resources expended		S13	52,262	-	-	52,262	51,620
Net incoming/(outgoing) resources before transfers		S14	- 12,867	-	-	- 12,867	5,103
Gross transfers between funds		S15	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		S16	- 12,867	-	-	- 12,867	5,103
Other recognised gains/(losses)							
Gains and losses on revaluation of fixed assets for the charity's own use		S17	-	-	-	-	-
Gains and losses on investment assets		S18	-	-	-	-	-
Net movement in funds		S19	- 12,867	-	-	- 12,867	5,103
Total funds brought forward		S20	20,462	-	-	20,462	15,359
Total funds carried forward		S21	7,595	-	-	7,595	20,462

Section B Balance sheet

	Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets						
Tangible assets (Note 9)	B01	-	-	-	-	-
	B02	-	-	-	-	-
Investments (Note 10)	B03	-	-	-	-	-
Total fixed assets	B04	-	-	-	-	-
Current assets						
Stock and work in progress	B05	-	-	-	-	-
Debtors (Note 11)	B06	-	-	-	-	1,115
(Short term) investments	B07	-	-	-	-	-
Cash at bank and in hand	B08	7,595	-	-	7,595	22,040
Total current assets	B09	7,595	-	-	7,595	23,156
Creditors: amounts falling due within one year (Note 12)	B10	-	-	-	-	2,694
Net current assets/(liabilities)	B11	7,595	-	-	7,595	20,462
Total assets less current liabilities	B12	7,595	-	-	7,595	20,462
Creditors: amounts falling due after one year (Note 12)	B13	-	-	-	-	-
Provisions for liabilities and charges	B14	-	-	-	-	-
Net assets	B15	7,595	-	-	7,595	20,462
Funds of the Charity						
Unrestricted funds	B16	7,595			7,595	16,392
	B17	-			-	-
Restricted income funds (Note 13)	B18		-		-	4,070
Endowment funds (Note 13)	B19			-	-	-
Total funds	B20	7,595	-	-	7,595	20,462

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	P.M. RUSSELL	30.1.23
	M. ABBOTT	30.1.23



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Space (Aylesbury)

On accounts for the year
ended

31 March 2022

Charity no
(if any)

1177979

Set out on pages

1 & 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of CIMA.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

P. Phillips

Date:

24/01/2023

Name:

Peter Phillips

Relevant professional
qualification(s) or body
(if any):

FCMA CGMA