

FRIDAY FRIENDS

Roseberry Cottage
Newton under Roseberry
TS9 6QR



Annual Report and Accounts
For the year ending
31st March 2023

FRIENDS FRIENDS

Bringing people together to encourage and enable,

- * Confidence
- * Independence
- * Purpose
- * Mutual Support

Never underestimating the challenges of living with additional needs.

PURPOSE AND IMPACT

FRIDAY FRIENDS is a Community Interest Organisation funded through group fundraising activities, charitable donations and grants. It is directed and supported by a Board of Trustees who are all volunteers. The group attracts no statutory funding. It aims to foster inclusion and alleviate social exclusion amongst adults who have 'special' or 'additional' needs. Our aim is to encourage independence, confidence, purposefulness and positive interaction through a supportive environment and a programme of accessible activities.

The group meets each Friday afternoon and participants are encouraged to 'drop in' to these sessions. Many people attend independently whilst others attend with their 'support workers'. A varied and inclusive programme is available throughout the year and participants self-select the activities in which they are interested. Some choose to participate independently or alone and often others choose to bring along their own projects or activities in which they are encouraged to engage. We also endeavour to root our organisation within the community. We partner with other organisations and take part in activities within the community as well as arranging group visits both locally and further afield. Our aim is that through involvement in the group, participants come to live more fulfilling lives, both by the support which the group can offer and by contributing to the mutual support engendered by the group.

VALUES AND WAYS OF WORKING

Friday Friends seek to develop ways of working which focus on,

- * DIVERSITY of gender, age and ability.
- * INCLUSIVITY
- * ACCEPTANCE
- * CO-OPERATION

Whilst creating an atmosphere which encourages,

- * INDEPENDENCE and PERSONAL GROWTH
- * STABILITY

STRUCTURE AND GOVERNANCE

Board of Trustees
Mr Roy Coleman (Chair)

Annual Report

Following the previous years drop in numbers due to Covid-19 pandemic we continued our weekly drop-in meetings with a small increase in the number of attendees. We now operate at slightly above our pre Covid numbers, we continue to try to attract new attendees.

We continue to struggle with trustees but have an additional volunteer to help with our sessions and will continue to try to attract new people to assist.

This year we have worked together with the organisers of Saltburn Folk festival and have started monthly music sessions with assistance from a local folk club performer. One of our clients is also playing guitar with one of our volunteers and we hope to coach him to have the confidence and skills to perform at the 2023 folk festival together with the volunteer.

Our budding artists are continuing to produce work and continue to develop strong friendships. Additional activities are being planned for the coming year to include baking and weaving.

Roy Coleman (Trustee)

Annual Accounts

Opening Bank Balance	£12101.14
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Income: (All unrestricted)	£2705.00
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Tees-valley donation	£2000.00
Door Money	£305.00
Saltburn & Marske Parish Council	£200.00
Barclays Bank	£200.00

	£2361.34

Expenditure:	(£4153.83)
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Expenditure Breakdown:

Art & Craft Supplies , printing	(£190.90)
Insurance - 2022-2023	(£228.93)
Church Hall Hire	(£1155.00)
National Lottery community fund refund	(£2515.00)

	(£4153.83)

Closing Bank Balance	£10652.31
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