

Registered Charity Number: 1177942

ARIAN TELEHEAL

Annual Report and Financial Statements

For the Year Ended 30 April 2023

ARIAN TELEHEAL

Report and Accounts Contents

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ARIAN TELEHEAL

REFERENCE AND ADMINISTRATIVE DETAILS

For the year ended 30 April 2023

Status

The organisation is a CIO -Foundation Registered 12 April 2018. It commenced its charitable activities on 19 July 2018. (Charity registration 1177942).

Governing Document

Arian Teleheal is constituted as a charitable trust with the Charity Commission. The constitution was adopted on the 12th of April 2018.

Trustees

The Trustees who served during the year and since the year end were as follows:

Mr Masood Soorie

Mr Sami Ullah Khan

Mr Fazale Hadi Wardag

Charity Number 1177942

Registered and Principal Office

Suite 163
2 Lansdowne Row
London
W1J 6HL

Bankers CAF Bank Ltd.

ARIAN TELEHEAL

Trustees Report

For the year ended 30 April 2023

This report has been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in February 2005 and the Charities Act 2011.

Arian Teleheal is a UK registered charity which enables medics working in war zones and low resource countries to consult with expert clinicians from across the world by using everyday technology such as smart phones, instant messaging, and video chat. We provide advice in all major specialties, and, in addition to continuing all our emergency care, we have provided advice on management of Covid-19 patients, and have also expanded our work to provide mental health support to clinicians, professionals and humanitarians.

Our volunteer specialist clinicians support local doctors in low resource countries, such as Afghanistan. We initially focused on providing support for emergency care, including major trauma, and then expanded our approach to cover assisting local doctors with COVID-19 patients and now we are also providing advice on mental health especially to local clinicians and those clinicians who are managing traumatic cases and traumatised displaced people.

Our work also includes advocating for the policies, strategies and narratives that promote the human rights, physical and emotional wellbeing of forcibly displaced people, publicly and amongst policy makers and donor organisations.

How Do We Work?

Medics in low resource settings who want advice from specialists contact our case management team 24/7 by instant messaging or video chat. Their patient's case is then allocated to an appropriate specialist, who will review it and then discuss it or reply by instant messaging or video chat. The local medic then considers the advice to help them treat their patient. Arian Teleheal provides advice for emergency cases mostly in a four-hour window, helping save countless lives each year in warzones and low resource countries. We advise in both emergency situations, and on complex cases of any kind, where specialist advice could help a clinician in low resource setting. Our doctors use everyday technology such as their smartphones rather than expensive telemedicine equipment because of the areas in which the local doctors are based, and to maximise the availability of our volunteer doctors.

We support the mental wellbeing of clinicians in low resource countries and of those clinicians and professionals who are exposed to traumatic experiences, such as managing refugee patients, through our virtual seminars led by our mental health specialists.

Our work also includes advocating for the policies, strategies and narratives that promote the human rights, physical and emotional wellbeing of people caught in conflict and in low resource settings as well as of forcibly displaced people. We do this publicly through media, social media, public conferences and events. In order to impact policies for these groups of vulnerable populations, we work collaboratively with international humanitarian

organisations, such as the UN Refugee Agency and World Health Organisation, to advocate for better policies, partnerships and more resources.

What Impact Have We Made?

The volunteer doctors of Arian Teleheal have already saved the lives of many war-stricken men, women, and children, and continue to do so on a daily basis. A pilot of our work across five hospitals with Emergency Departments and Intensive Care Units in Kabul, Afghanistan, was surveyed in 2015-2016, and concluded that “dozens of lives were saved” and that local medics found our work “hugely supportive and educational”. The success of this pilot saw our service rolled out to all major Emergency and Intensive Care Departments in Afghanistan between 2016-2019, serving a country of 35 million people. Arian Teleheal began supporting the Independent Doctors’ Association (IDA) in Syria in 2017, providing help to Syrian medics who care for 1.3 million people in Aleppo.

During the pandemic, we responded to COVID-19 by expanding our advice to include up-to-date management advice for patients, educational seminars as well as providing mental health support and awareness sessions.

The support we have been providing consists of the following layers:

1. Providing WHO and other scientific guidelines on continuous basis
2. Providing specialist advice on 24/7 basis for any questions from doctors, including, case management of severe cases in emergency and intensive care units
3. Providing regular training for emergency, intensive care and Covid-19 cases
4. Providing mental health support and awareness to clinicians and professionals

The impact of our advocacy and policy work in support of people caught in conflict and displacement is reflected in the wide ranging media interviews given by our CEO Dr Arian and through his social media content that has reached millions of people as well as his participation in national and international conferences and High Level Meetings attended by policy makers, governments and non-profits from across the world.

Research presentation and publication

Our work has been published by UK Radiological Congress (UKRC), The Royal College of Radiologists Annual Scientific Meeting (RCR-ASM), the British Medical Journal (BMJ), The Lancet and media platforms. It has also been presented at numerous national and international conferences, mainly as keynote speeches by our CEO, Dr Arian.

Telemedicine Pioneers

Arian Teleheal has achieved several world firsts in telemedicine: 2015, Arian Teleheal became the first organisation in the world to offer live 24/7 international clinical telemedicine support using secure social media channels on smartphones, with advice based on WHO guidelines. In 2017, Arian Teleheal performed the world’s first international telemedicine consultation using augmented reality on Microsoft HoloLens. In 2020, Arian Teleheal started supporting international medical colleagues with specialist Covid-19 advice using simple

technology and provided regular expert-led virtual educational webinars on all COVID-19 topics. Using similar technologies, we also now provide mental health support sessions.

Collaboration and advisory

We collaborate with a range of carefully chosen partners in multi-agency projects, using our expertise and learning to help improve healthcare across the world, especially through innovative use of readily available technology. This includes acting as an advisory consultancy to governments and international organisations in digital health, governance, inclusion and providing advice on how to establish, launch and scale-up systems, especially as applied to emergency care and mental health to build the resilience and capacity of local healthcare systems and make them more inclusive of refugees and migrants.

Objectives

We have always, and will continue to, take our responsibilities of ensuring that our charitable activities contribute significantly to the lives of those we work with.

Work to improve human health in the UK and the developing world.

Engage in the development of medical and surgical healthcare centres and hospitals including building new hospitals or clinics in areas of need.

Work with other charitable organisations to improve existing healthcare systems and providing specialist care to patients with complicated conditions.

Promote healthcare education and disease prevention programmes with a view to relieving health inequality.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable Incorporated Organisation.

The Charity is registered as a charity and is governed by its constitution. The board of trustees administer the charity. The trustees meet three times a year, and there are committees covering finance and Personnel.

The trustees are responsible for setting general policy, finalising and approving the annual plan and budget, monitoring the charity and taking major decisions about the strategic direction of the charity and any capital expenditure.

A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and performance related activity.

Risk Management

The Board of trustees have assessed the major risks to which the charity is exposed, in the particular those related to the operations and finances of the charity. These risks are formally documented and regularly reviewed, and the trustees are satisfied that systems are in place to mitigate the charity's exposure to significant risk. The charity is also seeking to recruit additional trustees so that our beneficiaries can benefit from further perspectives.

Statement of Trustees Responsibilities

The Trustees are aware that Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure for that period. In preparing those financial statements, the directors are required to

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles of the charities SORP;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 26th February 2024 and signed on its behalf of
by:

Fazale Hadi Wardag
Fazale Hadi Wardag (Feb 27, 2024 09:08 GMT)

Mr Fazale Hadi Wardag

Trustee

Independent Examiner's Report for the year ended 30 April 2023

We report on the accounts for the year ended 30 April 2023 set out on pages eight to eleven.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is our responsibility to:

- examine the financial statements under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 149(5)(b) of the 2011 Act); and
- to state whether particular matters have come to our attention.

Basis on the independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that, in any material respect, the requirement
 - to keep accounting records in accordance with Section 130 of the 2011 Act; and
 - to prepare financial statement which accord with the accounting records and comply with the accounting requirements of the 2011 Act.have not been met; or
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

AQ Accountants

133 West Hendon Broadway,

London,

NW9 7DY.

Date:26-02-2024.....

ARIAN TELEHEALStatement of Financial Activities
for the year ended 30 April 2023

| | | | | 2023 | 2022 |
|--|-------|-----------------------|---------------------|---------------|---------------|
| | | Unrestricted Funds | Restricted Funds | | |
| Incoming Resources | Notes | £ | £ | £ | £ |
| <i>Activities in furtherance of the charity's objects:</i> | | | | | |
| Donations | 2 | 39,950 | - | 39,950 | 15,991 |
| Total Incoming Resources | | 39,950 | - | 39,950 | 15,991 |
| Resources Expended | | | | | |
| Fundraising and advocacy | 3 | 32,885 | - | 32,885 | 12,919 |
| Administration expenditure | 5 | 3,193 | - | 3,193 | 3,474 |
| Governance costs | 6 | 580 | - | 580 | 580 |
| Total Resources Expended | | 36,658 | - | 36,658 | 16,973 |
| Net Income/(Deficit) | | 3,292 | - | 3,292 | (982) |
| Total funds brought forward | | 1,196 | - | 1,196 | 2,178 |
| Total funds carried forward | | 4,488 | - | 4,488 | 1,196 |

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

ARIAN TELEHEAL

Balance Sheet

As at 30 April 2023

| | Notes | £ | 2023 £ | 2022 £ |
|--|-------|---------|--------------|--------------|
| Current Assets: | | | | |
| Cash at bank and in hand | | 5,737 | | 3,094 |
| Creditors: amounts falling due within one year | | (1,249) | | (1,898) |
| Net Current Assets | | | 4,488 | 1,196 |
| Total Assets less Current Liabilities: | | | 4,488 | 1,196 |
| Unrestricted funds | | | 4,488 | 1,196 |
| Total Charity Funds | | | 4,488 | 1,196 |

The financial statements were approved by the Board of Trustees on 26th February 2024, and were signed on its behalf by:

Fazale Hadi Wardag
Fazale Hadi Wardag (Fdn 27, 2024/0028 CNI).....

Mr Fazale Hadi Wardag

Trustee

The notes on pages 12 to 13 form part of the part of these financial statements

ARIAN TELEHEAL

Notes to the Financial Statements

for the year ended 30 April 2023

Note 1: Accounting Policies

Accounting convention

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Incoming Resources

Incoming resources represents grants and donations from Local Authorities and other charitable bodies (on an accruals basis), together with donations and contributions to costs from participants and other interested parties.

Deferral of incoming Resources

Grants received during the year which relate to future periods are deferred to those future periods but are shown on the face of the statement of financial activities in accordance with the SORP.

Resources Expended

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of the overall direction and administration on each activity, comprising the salary and overhead cost of the central function, is apportioned equally across the board.

Note 2: Donations and similar incoming resources

| | Unrestricted | <u>2023</u> | <u>2022</u> |
|-----------|---------------------|--------------------|--------------------|
| Donations | 39,950 | 39,950 | 15,991 |

Note 3-5: Resources Expended

| | <u>2023</u> | <u>2022</u> |
|----------------------------|--------------------|--------------------|
| Fundraising and advocacy | 32,885 | 12,919 |
| Administration expenditure | 3,193 | 3,474 |

Note 6: Governance Costs

| | | |
|-------------|-----|-----|
| Accountancy | 580 | 580 |
|-------------|-----|-----|

ARIAN TELEHEAL

Notes to the Financial Statements

For the year ended 30 April 2023

7. Trustees remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 30 April 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 April 2023.

8. Financial commitments

At 30 April 2023 the charity had no annual commitments: Nil

9. Related Parties

There were no transactions with related parties during the period.







Arian Teleheal Accounts and Report 2022-23

Final Audit Report

2024-02-27

| | |
|-----------------|--|
| Created: | 2024-02-26 |
| By: | AQ Accountants (aman@aqaccountants.co.uk) |
| Status: | Signed |
| Transaction ID: | CBJCHBCAABAACcD-K8PZBwnsRXXSGBzbtHleVrp2MbOg |

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-  Signer info@arianteleheal.com entered name at signing as Fazale Hadi Wardag
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