

# ARIAN TELEHEAL

England & Wales · Charity number 1177942

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2018-04-12

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Suite 151  
2 Old Brompton Road  
London  
SW7 3DQ

**Phone** 07887407887

**Email** [info@arianteleheal.com](mailto:info@arianteleheal.com)

**Website** <http://www.arianteleheal.com>

## Activities

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**Objects:** FOR THE PUBLIC BENEFIT, THE RELIEF AND ASSISTANCE OF PEOPLE IN NEED IN ANY PART OF THE WORLD WHO ARE THE VICTIMS OF WAR OR NATURAL DISASTER OR CATASTROPHE BY SUPPLYING THEM WITH MEDICAL ASSISTANCE INCLUDING IN THE FORM OF CLINICAL ADVICE BY TELEHEALTH AND TEACHING.FOR THE PURPOSES OF THIS CLAUSE "TELEHEALTH" IS A METHOD OF COMMUNICATING MEDICAL ADVICE, INFORMATION AND EDUCATION TO DOCTORS WORKING REMOTELY IN OTHER COUNTRIES BY PHONE, TEXT, VOICE CALL, FACE TIME ETC.

**Activities:** Arian Teleheal is a UK registered charity which enables doctors working in warzones and lowresource countries to consult with expert clinicians from across the world by using everydaytechnology such as smart phones, instant messaging, and video chat. We provide advice in all majorspecialties.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** The General Public/mankind

## Geography

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- **Area of benefit:** OVERSEAS
- Afghanistan
- Akrotiri
- Albania
- Algeria
- American Samoa
- Andorra
- Angola
- Anguilla
- Antarctica
- Antigua And Barbuda
- Argentina
- Armenia
- Aruba
- Australia
- Austria
- Azerbaijan
- Bahrain
- Bangladesh
- Barbados
- Belarus
- Belgium
- Belize
- Benin
- Bermuda
- Bhutan
- Bolivia
- Bosnia And Herzegovina
- Botswana
- Brazil
- British Indian Ocean Territory
- British Virgin Islands
- Brunei
- Bulgaria

- Burkina Faso
- Burma
- Burundi
- Cambodia
- Cameroon
- Canada
- Cape Verde
- Cayman Islands
- Central African Republic
- Chad
- Chile
- China
- Christmas Island
- Cocos (KEELING) ISLANDS
- Colombia
- Comoros
- Congo
- Congo (Democratic Republic)
- Cook Islands
- Costa Rica
- Croatia
- Cuba
- Cyprus
- Czech Republic
- Denmark
- Dhekelia
- Djibouti
- Dominica
- Dominican Republic
- East Timor
- Easter Island
- Ecuador
- Egypt
- El Salvador
- Equatorial Guinea

- Eritrea
- Estonia
- Eswatini
- Ethiopia
- Falkland Islands
- Faroe Islands
- Fiji
- Finland
- France
- French Guiana
- French Polynesia
- Gabon
- Georgia
- Germany
- Ghana
- Gibraltar
- Greece
- Greenland
- Grenada
- Guadeloupe
- Guam
- Guatemala
- Guernsey
- Guinea
- Guinea-bissau
- Guyana
- Honduras
- Hong Kong
- Hungary
- Iceland
- India
- Indonesia
- Iran
- Iraq
- Ireland

- Isle Of Man
- Israel
- Italy
- Ivory Coast
- Jamaica
- Japan
- Jersey
- Jordan
- Kazakhstan
- Kenya
- Kiribati
- Kosovo
- Kuwait
- Kyrgyzstan
- Laos
- Latvia
- Lebanon
- Lesotho
- Liberia
- Libya
- Liechtenstein
- Lithuania
- Luxembourg
- Macau
- Macedonia
- Madagascar
- Malawi
- Malaysia
- Maldives
- Malta
- Marshall Islands
- Martinique
- Mauritania
- Mauritius
- Mayotte

- Mexico
- Micronesia
- Moldova
- Monaco
- Mongolia
- Montenegro
- Montserrat
- Morocco
- Mozambique
- Namibia
- Nauru
- Nepal
- Netherlands
- New Caledonia
- New Zealand
- Nicaragua
- Niger
- Nigeria
- Niue
- Norfolk Island
- North Korea
- Northern Ireland
- Northern Mariana Islands
- Norway
- Occupied Palestinian Territories
- Oman
- Pakistan
- Palau
- Panama
- Papua New Guinea
- Paraguay
- Peru
- Philippines
- Pitcairn, Henderson, Ducie And Oeno Islands
- Poland

- Portugal
- Puerto Rico
- Qatar
- Romania
- Russia
- Rwanda
- Réunion
- Saint Barthélemy
- Saint Helena
- Saint Pierre And Miquelon
- Saint Vincent
- Samoa
- San Marino
- Saudi Arabia
- Scotland
- Senegal
- Serbia
- Seychelles
- Sierra Leone
- Singapore
- Sint Maarten
- Slovakia
- Slovenia
- Solomon Islands
- Somalia
- South Africa
- South Georgia And South Sandwich Islands
- South Korea
- South Sudan
- Spain
- Sri Lanka
- St Kitts And Nevis
- St Lucia
- Sudan
- Suriname

- Svalbard And Jan Mayen
- Sweden
- Switzerland
- Syria
- São Tomé And Príncipe
- Taiwan
- Tajikistan
- Tanzania
- Thailand
- The Bahamas
- The Gambia
- Togo
- Tokelau
- Tonga
- Trinidad And Tobago
- Tunisia
- Turkey
- Turkmenistan
- Turks And Caicos Islands
- Tuvalu
- Uganda
- Ukraine
- United States
- United States Virgin Islands
- Uruguay
- Uzbekistan
- Vanuatu
- Venezuela
- Vietnam
- Wallis And Futuna
- Yemen
- Zambia
- Zimbabwe
- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£162,638	£60,150	-	-
2024-04-30	£31,283	£34,509	-	-
2023-04-30	£39,950	£36,658	-	-
2022-04-30	£15,991	£16,973	-	-
2021-04-30	£3,561	£2,429	-	-

## Trustees

Name	Role	Appointed
<b>Dr FAZALE HADI WARDAG MBBS</b>	Chair	2018-04-12
DR KHAN		2018-04-12
DR SOORIE		2018-04-12

**ARIAN TELEHEAL**

England & Wales - Charity number 1177942

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# Accounts

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Registered Charity Number: 1177942

# ARIAN TELEHEAL

Annual Report and Financial Statements

For the Year Ended 30 April 2025

# **ARIAN TELEHEAL**

## **Report and Accounts Contents**

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## **ARIAN TELEHEAL**

### **REFERENCE AND ADMINISTRATIVE DETAILS**

**For the year ended 30 April 2025**

#### **Status**

The organisation is a CIO -Foundation Registered on 12 April 2018. It commenced its charitable activities on 19 July 2018. (Charity registration 1177942).

#### **Governing Document**

Arian Teleheal is constituted as a charitable trust with the Charity Commission. The constitution was adopted on the 12<sup>th</sup> of April 2018.

#### **Trustees**

The Trustees who served during the year and since the year-end were as follows:

Mr Masood Soorie

Mr Sami Ullah Khan

Mr Fazale Hadi Wardag

**Charity Number**        1177942

#### **Registered and Principal Office**

Suite 151  
2 Old Brompton Road  
London  
SW7 3DQ

**Bankers**                CAF Bank Ltd.

## **ARIAN TELEHEAL**

### **Trustees Report**

#### **For the year ended 30 April 2025**

This report has been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in February 2005 and the Charities Act 2011.

Arian Teleheal is a UK registered international charity which enables medics working in low resource settings to consult with expert clinicians from across the world by using everyday technology such as smartphones, instant messaging, and video chat. We provide advice on major specialties, in particular in emergency care. We have expanded our work to provide culturally sensitive mental health support to clinicians and professionals as well as to displaced and traumatised communities in the UK and in low resource settings.

Our work also includes advocating for the policies, strategies and narratives that promote the physical and emotional wellbeing of refugees and other vulnerable migrants, publicly and amongst policy makers and donor organisations.

#### **How Do We Work?**

1. Emergency care - medics in low resource settings who want advice from specialists contact our case management team 24/7 by instant messaging or video chat. Their patient's case is then allocated to an appropriate specialist (or specialists), who will review it and then discuss it or reply by instant messaging or video chat. The local medic then considers the advice to help them treat their patient. We provide advice for emergency cases, mostly within hours, helping save countless lives each year. We advise in both emergency situations and on complex cases, where specialist advice could help a clinician in low resource setting. Our doctors use everyday technology such as smartphones, rather than expensive telemedicine equipment, because of the areas in which the local doctors are based, and to maximise the availability of our volunteer doctors.
2. Mental health support and training to staff – we support the mental well-being of clinicians and professionals who are exposed to traumatic and distressing experiences, such as those working with displaced people, through our virtual seminars led by our mental health specialists and lived experience experts.
3. Mental health support to displaced communities – We provide mental health support to displaced people in the UK in partnership with local authorities, the NHS and community organisations. Our dedicated lived experience of migration and mental health sessions are delivered to staff and communities across the UK.
4. Advocacy for vulnerable and displaced people – we advocate for the policies, strategies and narratives that promote the physical and emotional well-being of people caught in conflict and in low-resource settings, as well as of displaced people. We do this publicly through media, social media, public conferences and events.
5. National and international collaboration – we work closely with national and international healthcare, academic and humanitarian organisations to enhance our objectives, including with the World Health Organisation, the UN Refugee Agency and other UN organisations, Cambridge and Oxford universities.

## **What Impact Have We Made?**

Emergency care – our volunteer specialists have contributed to saving the lives of many men, women and children in low-resource settings and continue to do so on a regular basis. Clinicians from several Emergency Departments and Intensive Care Units in Afghanistan are connected to our specialist volunteer network, independently, without any involvement or influence of the current government. They receive emergency care and mental health support from our expert volunteers. A previous survey concluded that “dozens of lives were saved” and that local medics found our work “hugely supportive and educational”.

Mental health support and training to staff – we support the mental well-being of clinicians and professionals who are exposed to traumatic and distressing experiences, such as those working with displaced people, through our virtual seminars led by our mental health specialists and lived experience experts. We have provided support to medics in low-resource settings as well as to multi-agency professionals who work with displaced communities in the UK.

Mental health support to displaced communities – We provide mental health support to displaced people in the UK in partnership with local authorities, the NHS and community organisations. Our dedicated lived experience of migration and mental health support sessions are delivered to staff and communities across several local authorities in the UK.

Advocacy for vulnerable and displaced people – we have advocated for the policies, strategies and narratives that promote the physical and emotional well-being of people caught in conflict and in low-resource settings as well as of displaced people. We have done this through media, social media, public conferences and events.

The impact of our advocacy and policy work in support of people caught in conflict and displacement is reflected in the wide-ranging media interviews given by our CEO Dr Arian and through his social media content that has reached millions of people as well as his participation at national and international conferences and high-level meetings attended by policy makers, government, non-profit and for-profit organisations across the world.

## **Research presentation and publication**

Through our dedicated mental health work, we have worked closely with academics and students from Cambridge, Oxford, Manchester universities and the NHS to study engagement with diverse communities and the development of culturally sensitive digital mental health tools and approaches.

Our work has been presented at numerous local, regional, national and international conferences and meetings.

## **Collaboration and advisory**

We collaborate with a range of carefully chosen partners in multi-agency projects, using our expertise and learning to help improve healthcare across the world, especially through innovative use of readily available technology. This includes acting as an advisory consultancy to governments and international organisations in digital health, governance, and inclusion and providing advice on how to establish, launch and scale-up systems, especially as applied to emergency care and mental health, to build the resilience and capacity of local healthcare systems and make them more inclusive of refugees and other vulnerable people.

We have collaborated with the WHO, UN Refugee Agency and other UN organisations, the NHS, UK local authorities, and third sector organisations to enhance our objectives.

## **Objectives**

Arian Teleheal serves for the public benefit, the relief and assistance of people in need in any part of the world who are the victims of war, natural disaster or catastrophe by supplying them with medical and general well-being assistance, including in the form of clinical advice through digital health, including telehealth, and teaching.

For the purposes of this clause, "telehealth" is a method of communicating clinical advice, information, and education to people in need and medics by phone, text, voice call, FaceTime, etc.

We have always and will continue to take our responsibilities to ensure that our charitable activities contribute significantly to the lives of those we work with.

We work with other charitable and government organisations to improve existing healthcare systems for those in need.

We promote health and well-being education and disease prevention programmes with a view to relieving health inequality.

We advocate for and raise awareness about the physical, mental, and social well-being rights of those in need.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The charity is controlled by its governing document, a deed of trust, and constitutes a Charitable Incorporated Organisation.

The Charity is registered as a charity and is governed by its constitution. The board of trustees administer the charity. The trustees meet three times a year, and there are committees covering finance and Personnel.

The trustees are responsible for setting general policy, finalising and approving the annual plan and budget, monitoring the charity and taking major decisions about the strategic direction of the charity and any capital expenditure.

A Chief Executive is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within the terms of delegation approved by the trustees, for operational matters including finance, employment and performance-related activity.

## **Risk Management**

The Board of trustees have assessed the major risks to which the charity is exposed, particularly those related to the operations and finances of the charity. These risks are formally documented and regularly reviewed, and the trustees are satisfied that systems are in place to mitigate the charity's exposure to significant risk. The charity is also seeking to recruit additional trustees so that our beneficiaries can benefit from further perspectives.

## **Statement of Trustees Responsibilities**

The Trustees are aware that Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure for that period. In preparing those financial statements, the directors are required to

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles of the charities' SORP.
- Make judgments and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 24<sup>th</sup> February 2026 and signed on its behalf by:

*Fazale Wardag*

Fazale Wardag (Feb 25, 2026 21:04:40 GMT)

Mr Fazale Hadi Wardag

Trustee

## **ARIAN TELEHEAL**

### **Independent Examiner's Report for the year ended 30 April 2025**

We report on the accounts for the year ended 30 April 2025, set out on pages eight to eleven.

#### **Respective responsibilities of trustees and examiners**

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

#### **It is our responsibility to:**

- examine the financial statements under Section 145 of the 2011 Act
- to follow the procedures laid down In the General Directions given by the Charity Commission (under Section 149(5)(b) of the 2011 Act); and
- to state whether particular matters have come to our attention.

#### **Basis on the independent examiner's report**

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records, It also includes consideration of any unusual Items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters, The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out In the statements below.

#### **Independent examiner's statement**

In connection with our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that, in any material respect, the requirement
  - to keep accounting records in accordance with Section 130 of the 2011 Act; and
  - to prepare the financial statement which accords with the accounting records and complies with the accounting requirements of the 2011 Act.have not been met; or
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

#### **AQ Accountants Limited**

133 West Hendon Broadway,

London,

NW9 7DY.

Date: 24/02/2026

**ARIAN TELEHEAL**Statement of Financial Activities  
for the year ended 30 April 2025

				2025	2024
		Unrestricted Funds	Restricted Funds		
Incoming Resources	Notes	£	£	£	£
<i>Activities in furtherance of the charity's objects:</i>					
Donations	2	162,638	-	162,638	31,283
<b>Total Incoming Resources</b>		<b>162,638</b>	-	<b>162,638</b>	<b>31,283</b>
<b>Resources Expended</b>					
Fundraising and advocacy	3	58,431	-	58,431	28,940
Administration expenditure	5	1,139	-	1,139	4,989
Governance costs	6	580	-	580	580
<b>Total Resources Expended</b>		<b>60,150</b>	-	<b>60,150</b>	<b>34,509</b>
<b>Net Income/(Deficit)</b>		<b>102,488</b>	-	<b>102,488</b>	<b>(3,226)</b>
Total funds brought forward		1,262	-	1,262	4,488
<b>Total funds carried forward</b>		<b>103,750</b>	-	<b>103,750</b>	<b>1,262</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

**ARIAN TELEHEAL**

Balance Sheet

As at 30 April 2025

	Notes	£	2025 £	2024 £
<b>Current Assets:</b>				
Cash at bank and in hand			106,020	2,254
Creditors: amounts falling due within one year		(2,270)		(992)
Net Current Assets			103,750	1,262
<b>Total Assets less Current Liabilities:</b>			<b>103,750</b>	<b>1,262</b>
Unrestricted funds			103,750	1,262
<b>Total Charity Funds</b>			<b>103,750</b>	<b>1,262</b>

The financial statements were approved by the Board of Trustees on 24<sup>th</sup> February 2026, and were signed on its behalf by:

*Fazale Wardag*

[Fazale.Wardag \(Feb 25, 2026 21:04:40 GMT\)](#)

Mr Fazale Hadi Wardag

Trustee

The notes on pages 11 to 12 form part of the part of these financial statements

## **ARIAN TELEHEAL**

### **Notes to the Financial Statements**

for the year ended 30 April 2025

#### **Note 1: Accounting Policies**

##### **Accounting convention**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011, The financial statements have been prepared under the historical cost convention.

##### **Incoming Resources**

Incoming resources represents grants and donations from Local Authorities and other charitable bodies (on an accruals basis), together with donations and contributions to costs from participants and other interested parties.

##### **Deferral of incoming Resources**

Grants received during the year which relate to future periods are deferred to those future periods but are shown on the face of the statement of financial activities in accordance with the SORP.

##### **Resources Expended**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of the overall direction and administration on each activity, comprising the salary and overhead cost of the central function, is apportioned equally across the board.

#### **Note 2: Donations and similar incoming resources**

	<b>Unrestricted</b>	<b><u>2025</u></b>	<b><u>2024</u></b>
Donations	162,638	162,638	31,283

#### **Note 3-5: Resources Expended**

	<b><u>2025</u></b>	<b><u>2024</u></b>
Fundraising and advocacy	<b>58,431</b>	21,940
Administration expenditure	<b>1,139</b>	4,989

#### **Note 6: Governance Costs**

Accountancy	580	580
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## **ARIAN TELEHEAL**

### **Notes to the Financial Statements**

**For the year ended 30 April 2025**

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#### **7. Trustees' remuneration and benefits**

There were no trustees' remuneration or other benefits for the year ended 30 April 2025.

#### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 April 2025.

#### **8. Financial commitments**

As of 30 April 2025, the charity had no annual commitments: Nil

#### **9. Related Parties**

There were no transactions with related parties during the period.

#### **9. Other matters**

The CEO's remunerations have been capped to a maximum of £80,000 (depending on the level of funding) in a year as agreed by the trustees.







# Charity Number 1177942 - 2025

Final Audit Report

2026-02-25

Created:	2026-02-25
By:	AQ Accountants (aman@aqaccountants.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAawmyLcJvE-Cs6tjaGb7tAvvLWf3yoLqit

## "Charity Number 1177942 - 2025" History

-  Document created by AQ Accountants (aman@aqaccountants.co.uk)  
2026-02-25 - 11:39:35 AM GMT
-  Document emailed to arian.teleheal@gmail.com for signature  
2026-02-25 - 11:39:40 AM GMT
-  Email viewed by arian.teleheal@gmail.com  
2026-02-25 - 11:56:07 AM GMT
-  Signer arian.teleheal@gmail.com entered name at signing as Fazale Wardag  
2026-02-25 - 9:04:38 PM GMT
-  Document e-signed by Fazale Wardag (arian.teleheal@gmail.com)  
Signature Date: 2026-02-25 - 9:04:40 PM GMT - Time Source: server
-  Agreement completed.  
2026-02-25 - 9:04:40 PM GMT

**ARIAN TELEHEAL**

England & Wales - Charity number 1177942

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# Accounts

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Registered Charity Number: 1177942

# ARIAN TELEHEAL

Annual Report and Financial Statements

For the Year Ended 30 April 2024

# **ARIAN TELEHEAL**

## **Report and Accounts Contents**

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#### **Trustees**

The Trustees who served during the year and since the year end were as follows:

Mr Masood Soorie

Mr Sami Ullah Khan

Mr Fazale Hadi Wardag

**Charity Number**        1177942

#### **Registered and Principal Office**

Suite 151  
2 Old Brompton Road  
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SW7 3DQ

**Bankers**                    CAF Bank Ltd.

## **ARIAN TELEHEAL**

### **Trustees Report**

#### **For the year ended 30 April 2024**

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Arian Teleheal is a UK registered charity which enables medics working in war zones and low resource countries to consult with expert clinicians from across the world by using everyday technology such as smart phones, instant messaging, and video chat. We provide advice in all major specialties, and, in addition to continuing all our emergency care, we have provided advice on the management of Covid-19 patients, and have also expanded our work to provide mental health support to clinicians, professionals and humanitarians.

Our volunteer specialist clinicians support local doctors in low resource countries, such as Afghanistan. We initially focused on providing support for emergency care, including major trauma, and then expanded our approach to assisting local doctors with COVID-19 patients and now we are also providing advice on mental health especially to local clinicians and those clinicians who are managing traumatic cases and traumatised displaced people.

Our work also includes advocating for the policies, strategies and narratives that promote the human rights, physical and emotional wellbeing of refugees and other vulnerable migrants, publicly and amongst policy makers and donor organisations.

#### **How Do We Work?**

Medics in low resource settings who want advice from specialists contact our case management team 24/7 by instant messaging or video chat. Their patient's case is then allocated to an appropriate specialist (or specialists), who will review it and then discuss it or reply by instant messaging or video chat. The local medic then considers the advice to help them treat their patient. Arian Teleheal provides advice for emergency cases mostly in a few hours, helping save countless lives each year. We advise in both emergency situations, and on complex cases of any kind, where specialist advice could help a clinician in low resource setting. Our doctors use everyday technology such as smartphones rather than expensive telemedicine equipment because of the areas in which the local doctors are based, and to maximise the availability of our volunteer doctors.

We support the mental wellbeing of clinicians in low resource countries and of those clinicians and professionals who are exposed to traumatic experiences, such as managing refugee patients, through our virtual seminars led by our mental health specialists.

We have provided mental health support to displaced people in the UK in partnership with local authorities and community organisations.

Our work also includes advocating for the policies, strategies and narratives that promote human rights, physical and emotional wellbeing of people caught in conflict and in low resource settings as well as of forcibly displaced people. We do this publicly through media, social media, public conferences and events. To impact policies for these groups of vulnerable populations, we work collaboratively with international humanitarian organisations, such as the UN Refugee Agency and World Health Organisation, to advocate for better policies, partnerships and more resources.

## **What Impact Have We Made?**

The volunteer doctors of Arian Teleheal have already saved the lives of many war-stricken men, women, and children, and continue to do so on a daily basis. A pilot of our work across five hospitals with Emergency Departments and Intensive Care Units in Kabul, Afghanistan, was surveyed in 2015-2016, and concluded that “dozens of lives were saved” and that local medics found our work “hugely supportive and educational”. The success of this pilot saw our service rolled out to all major Emergency and Intensive Care Departments in Afghanistan between 2016-2019, serving a country of 35 million people. Arian Teleheal began supporting the Independent Doctors’ Association (IDA) in Syria in 2017, providing help to Syrian medics who cared for local and forcibly displaced people in Aleppo.

During the pandemic, we responded to COVID-19 by expanding our advice to include up-to-date management advice for patients, educational seminars as well as providing mental health support and awareness sessions.

The support we have been providing consists of the following layers:

1. Providing WHO and other scientific guidelines on continuous basis
2. Providing specialist advice on 24/7 basis for any questions from doctors, including, case management of severe cases in emergency and intensive care units
3. Providing regular training for emergency, intensive care and Covid-19 cases
4. Providing mental health support and awareness to clinicians and professionals

The impact of our advocacy and policy work in support of people caught in conflict and displacement is reflected in the wide-ranging media interviews given by our CEO Dr Arian and through his social media content that has reached millions of people as well as his participation in national and international conferences and High-Level Meetings attended by policy makers, governments and non-profits from across the world. For example, Dr Arian was Master of Ceremonies at the Global Refugee Forum hosted by the UN in Geneva in 2023, helping to raise hundreds of millions of dollars for the mental health and psycho-social support of refugees.

Our CEO Dr Arian and our mental health experts have also provided mental health support to refugees in the UK in collaboration with local authorities and community organisations.

## **Research presentation and publication**

Our work has been presented at numerous local, regional, national and international conferences and meetings, mainly as keynote speeches by our CEO, Dr Arian.

## **Collaboration and advisory**

We collaborate with a range of carefully chosen partners in multi-agency projects, using our expertise and learning to help improve healthcare across the world, especially through innovative use of readily available technology. This includes acting as an advisory consultancy to governments and international organisations in digital health, governance, inclusion and providing advice on how to establish, launch and scale-up systems, especially as applied to emergency care and mental health to build the resilience and capacity of local healthcare systems and make them more inclusive of refugees and other vulnerable migrants.

This year, besides working with UN Refugee Agency and WHO, we have also collaborated with Red Cross and Choose Love to support people in low resource settings and refugees.

## **Objectives**

Arian Teleheal serves for the public benefit, the relief and assistance of people in need in any part of the world who are the victims of war or natural disaster or catastrophe by supplying them with medical and general well-being assistance including in the form of clinical advice through digital health, including telehealth, and teaching.

For the purposes of this clause "telehealth" is a method of communicating clinical advice, information, and education to people in need and medics by phone, text, voice call, face time, etc.

We have always, and will continue to take our responsibilities, of ensuring that our charitable activities contribute significantly to the lives of those we work with.

We work with other charitable and government organisations to improve existing healthcare systems for those in need.

We promote health and well-being education and disease prevention programmes with a view to relieving health inequality.

We advocate for and raise awareness about the physical, mental, and social wellbeing rights of those in need.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The charity is controlled by its governing document, a deed of trust, and constitutes a Charitable Incorporated Organisation.

The Charity is registered as a charity and is governed by its constitution. The board of trustees administer the charity. The trustees meet three times a year, and there are committees covering finance and Personnel.

The trustees are responsible for setting general policy, finalising and approving the annual plan and budget, monitoring the charity and taking major decisions about the strategic direction of the charity and any capital expenditure.

A Chief Executive is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and performance related activity.

## **Risk Management**

The Board of trustees have assessed the major risks to which the charity is exposed, in the particular those related to the operations and finances of the charity. These risks are formally documented and regularly reviewed, and the trustees are satisfied that systems are in place to mitigate the charity's exposure to significant risk. The charity is also seeking to recruit additional trustees so that our beneficiaries can benefit from further perspectives.

## **Statement of Trustees Responsibilities**

The Trustees are aware that Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure for that period. In preparing those financial statements, the directors are required to

- Select suitable accounting policies and then apply them consistently.

- Observe the methods and principles of the charities SORP.
- Make judgments and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 26<sup>th</sup> February 2025 and signed on its behalf of by:

Fazale Wardag  
Fazale Wardag (Feb 26, 2025 14:53 GMT)

Mr Fazale Hadi Wardag

Trustee

## **ARIAN TELEHEAL**

### **Independent Examiner's Report for the year ended 30 April 2024**

We report on the accounts for the year ended 30 April 2024 set out on pages eight to eleven.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

#### **It is our responsibility to:**

- examine the financial statements under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 149(5)(b) of the 2011 Act); and
- to state whether particular matters have come to our attention.

#### **Basis on the independent examiner's report**

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statements below.

#### **Independent examiner's statement**

In connection with our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that, in any material respect, the requirement
  - to keep accounting records in accordance with Section 130 of the 2011 Act; and
  - to prepare financial statement which accord with the accounting records and comply with the accounting requirements of the 2011 Act.have not been met; or
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

#### **AQ Accountants Limited**

133 West Hendon Broadway,

London,

NW9 7DY.

Date: 26/02/2025

**ARIAN TELEHEAL**

Statement of Financial Activities  
for the year ended 30 April 2024

				<b>2024</b>	<b>2023</b>
		<b>Unrestricted Funds</b>	<b>Restricted Funds</b>		
<b>Incoming Resources</b>	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<i>Activities in furtherance of the charity's objects:</i>					
Donations	2	31,283	-	31,283	39,950
<b>Total Incoming Resources</b>		<b>31,283</b>	<b>-</b>	<b>31,283</b>	<b>39,950</b>
<b>Resources Expended</b>					
Fundraising and advocacy	3	28,940	-	28,940	32,885
Administration expenditure	5	4,989	-	4,989	3,193
Governance costs	6	580	-	580	580
<b>Total Resources Expended</b>		<b>34,509</b>	<b>-</b>	<b>34,509</b>	<b>36,658</b>
<b>Net Income/(Deficit)</b>		<b>(3,226)</b>	<b>-</b>	<b>(3,226)</b>	<b>3,292</b>
Total funds brought forward		4,488	-	4,488	1,196
<b>Total funds carried forward</b>		<b>1,262</b>	<b>-</b>	<b>1,262</b>	<b>4,488</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

**ARIAN TELEHEAL**

## Balance Sheet

As at 30 April 2024

	Notes	£	2024 £	2023 £
<b>Current Assets:</b>				
Cash at bank and in hand		2,254		5,737
Creditors: amounts falling due within one year		(992)		(1,249)
Net Current Assets			1,262	4,488
<b>Total Assets less Current Liabilities:</b>			<b>1,262</b>	<b>4,488</b>
Unrestricted funds			1,262	4,488
<b>Total Charity Funds</b>			<b>1,262</b>	<b>4,488</b>

The financial statements were approved by the Board of Trustees on 26<sup>th</sup> February 2025, and were signed on its behalf by:

Fazale Wardag  
Fazale Wardag, 26 Feb 2025, 10:30 GMT

Mr Fazale Hadi Wardag

Trustee

The notes on pages 11 to 12 form part of the part of these financial statements

## **ARIAN TELEHEAL**

### **Notes to the Financial Statements**

for the year ended 30 April 2024

#### **Note 1: Accounting Policies**

##### **Accounting convention**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011, The financial statements have been prepared under the historical cost convention.

##### **Incoming Resources**

Incoming resources represents grants and donations from Local Authorities and other charitable bodies (on an accruals basis), together with donations and contributions to costs from participants and other interested parties.

##### **Deferral of incoming Resources**

Grants received during the year which relate to future periods are deferred to those future periods but are shown on the face of the statement of financial activities in accordance with the SORP.

##### **Resources Expended**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of the overall direction and administration on each activity, comprising the salary and overhead cost of the central function, is apportioned equally across the board.

#### **Note 2: Donations and similar incoming resources**

	<b>Unrestricted</b>	<b><u>2024</u></b>	<b><u>2023</u></b>
Donations	31,283	31,283	39,950

#### **Note 3-5: Resources Expended**

	<b><u>2024</u></b>	<b><u>2023</u></b>
Fundraising and advocacy	21,940	32,885
Administration expenditure	4,989	3,193

#### **Note 6: Governance Costs**

Accountancy	580	580
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## **ARIAN TELEHEAL**

### **Notes to the Financial Statements**

**For the year ended 30 April 2024**

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#### **7. Trustees remuneration and benefits**

There were no trustees' remuneration or other benefits for the year ended 30 April 2024.

#### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 April 2024.

#### **8. Financial commitments**

At 30 April 2024 the charity had no annual commitments: Nil

#### **9. Related Parties**

There were no transactions with related parties during the period.

#### **9. Other matters**

The CEO's remunerations have been capped to a maximum of £80,000 (depending on the level of funding) in a year as agreed by the trustees.







# Charity Number 1177942 - 2024

Final Audit Report

2025-02-26

Created:	2025-02-26
By:	AQ Accountants (aman@aqaccountants.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAaVa_s9_qX7C18geanKtlt5z69TEeeoW8G

## "Charity Number 1177942 - 2024" History

-  Document created by AQ Accountants (aman@aqaccountants.co.uk)  
2025-02-26 - 12:34:15 PM GMT
-  Document emailed to arian.teleheal@gmail.com for signature  
2025-02-26 - 12:34:19 PM GMT
-  Email viewed by arian.teleheal@gmail.com  
2025-02-26 - 1:07:21 PM GMT
-  Signer arian.teleheal@gmail.com entered name at signing as Fazale Wardag  
2025-02-26 - 2:52:58 PM GMT
-  Document e-signed by Fazale Wardag (arian.teleheal@gmail.com)  
Signature Date: 2025-02-26 - 2:53:00 PM GMT - Time Source: server
-  Agreement completed.  
2025-02-26 - 2:53:00 PM GMT

**ARIAN TELEHEAL**

England & Wales - Charity number 1177942

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# Accounts

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Registered Charity Number: 1177942

# ARIAN TELEHEAL

Annual Report and Financial Statements

For the Year Ended 30 April 2023

# **ARIAN TELEHEAL**

## **Report and Accounts Contents**

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## **ARIAN TELEHEAL**

### **REFERENCE AND ADMINISTRATIVE DETAILS**

**For the year ended 30 April 2023**

#### **Status**

The organisation is a CIO -Foundation Registered 12 April 2018. It commenced its charitable activities on 19 July 2018. (Charity registration 1177942).

#### **Governing Document**

Arian Teleheal is constituted as a charitable trust with the Charity Commission. The constitution was adopted on the 12<sup>th</sup> of April 2018.

#### **Trustees**

The Trustees who served during the year and since the year end were as follows:

Mr Masood Soorie

Mr Sami Ullah Khan

Mr Fazale Hadi Wardag

**Charity Number**      1177942

#### **Registered and Principal Office**

Suite 163  
2 Lansdowne Row  
London  
W1J 6HL

**Bankers**              CAF Bank Ltd.

## **ARIAN TELEHEAL**

### **Trustees Report**

#### **For the year ended 30 April 2023**

This report has been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in February 2005 and the Charities Act 2011.

Arian Teleheal is a UK registered charity which enables medics working in war zones and low resource countries to consult with expert clinicians from across the world by using everyday technology such as smart phones, instant messaging, and video chat. We provide advice in all major specialties, and, in addition to continuing all our emergency care, we have provided advice on management of Covid-19 patients, and have also expanded our work to provide mental health support to clinicians, professionals and humanitarians.

Our volunteer specialist clinicians support local doctors in low resource countries, such as Afghanistan. We initially focused on providing support for emergency care, including major trauma, and then expanded our approach to cover assisting local doctors with COVID-19 patients and now we are also providing advice on mental health especially to local clinicians and those clinicians who are managing traumatic cases and traumatised displaced people.

Our work also includes advocating for the policies, strategies and narratives that promote the human rights, physical and emotional wellbeing of forcibly displaced people, publicly and amongst policy makers and donor organisations.

#### **How Do We Work?**

Medics in low resource settings who want advice from specialists contact our case management team 24/7 by instant messaging or video chat. Their patient's case is then allocated to an appropriate specialist, who will review it and then discuss it or reply by instant messaging or video chat. The local medic then considers the advice to help them treat their patient. Arian Teleheal provides advice for emergency cases mostly in a four-hour window, helping save countless lives each year in warzones and low resource countries. We advise in both emergency situations, and on complex cases of any kind, where specialist advice could help a clinician in low resource setting. Our doctors use everyday technology such as their smartphones rather than expensive telemedicine equipment because of the areas in which the local doctors are based, and to maximise the availability of our volunteer doctors.

We support the mental wellbeing of clinicians in low resource countries and of those clinicians and professionals who are exposed to traumatic experiences, such as managing refugee patients, through our virtual seminars led by our mental health specialists.

Our work also includes advocating for the policies, strategies and narratives that promote the human rights, physical and emotional wellbeing of people caught in conflict and in low resource settings as well as of forcibly displaced people. We do this publicly through media, social media, public conferences and events. In order to impact policies for these groups of vulnerable populations, we work collaboratively with international humanitarian

organisations, such as the UN Refugee Agency and World Health Organisation, to advocate for better policies, partnerships and more resources.

### **What Impact Have We Made?**

The volunteer doctors of Arian Teleheal have already saved the lives of many war-stricken men, women, and children, and continue to do so on a daily basis. A pilot of our work across five hospitals with Emergency Departments and Intensive Care Units in Kabul, Afghanistan, was surveyed in 2015-2016, and concluded that “dozens of lives were saved” and that local medics found our work “hugely supportive and educational”. The success of this pilot saw our service rolled out to all major Emergency and Intensive Care Departments in Afghanistan between 2016-2019, serving a country of 35 million people. Arian Teleheal began supporting the Independent Doctors’ Association (IDA) in Syria in 2017, providing help to Syrian medics who care for 1.3 million people in Aleppo.

During the pandemic, we responded to COVID-19 by expanding our advice to include up-to-date management advice for patients, educational seminars as well as providing mental health support and awareness sessions.

The support we have been providing consists of the following layers:

1. Providing WHO and other scientific guidelines on continuous basis
2. Providing specialist advice on 24/7 basis for any questions from doctors, including, case management of severe cases in emergency and intensive care units
3. Providing regular training for emergency, intensive care and Covid-19 cases
4. Providing mental health support and awareness to clinicians and professionals

The impact of our advocacy and policy work in support of people caught in conflict and displacement is reflected in the wide ranging media interviews given by our CEO Dr Arian and through his social media content that has reached millions of people as well as his participation in national and international conferences and High Level Meetings attended by policy makers, governments and non-profits from across the world.

### **Research presentation and publication**

Our work has been published by UK Radiological Congress (UKRC), The Royal College of Radiologists Annual Scientific Meeting (RCR-ASM), the British Medical Journal (BMJ), The Lancet and media platforms. It has also been presented at numerous national and international conferences, mainly as keynote speeches by our CEO, Dr Arian.

### **Telemedicine Pioneers**

Arian Teleheal has achieved several world firsts in telemedicine: 2015, Arian Teleheal became the first organisation in the world to offer live 24/7 international clinical telemedicine support using secure social media channels on smartphones, with advice based on WHO guidelines. In 2017, Arian Teleheal performed the world’s first international telemedicine consultation using augmented reality on Microsoft HoloLens. In 2020, Arian Teleheal started supporting international medical colleagues with specialist Covid-19 advice using simple

technology and provided regular expert-led virtual educational webinars on all COVID-19 topics. Using similar technologies, we also now provide mental health support sessions.

### **Collaboration and advisory**

We collaborate with a range of carefully chosen partners in multi-agency projects, using our expertise and learning to help improve healthcare across the world, especially through innovative use of readily available technology. This includes acting as an advisory consultancy to governments and international organisations in digital health, governance, inclusion and providing advice on how to establish, launch and scale-up systems, especially as applied to emergency care and mental health to build the resilience and capacity of local healthcare systems and make them more inclusive of refugees and migrants.

### **Objectives**

We have always, and will continue to, take our responsibilities of ensuring that our charitable activities contribute significantly to the lives of those we work with.

Work to improve human health in the UK and the developing world.

Engage in the development of medical and surgical healthcare centres and hospitals including building new hospitals or clinics in areas of need.

Work with other charitable organisations to improve existing healthcare systems and providing specialist care to patients with complicated conditions.

Promote healthcare education and disease prevention programmes with a view to relieving health inequality.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable Incorporated Organisation.

The Charity is registered as a charity and is governed by its constitution. The board of trustees administer the charity. The trustees meet three times a year, and there are committees covering finance and Personnel.

The trustees are responsible for setting general policy, finalising and approving the annual plan and budget, monitoring the charity and taking major decisions about the strategic direction of the charity and any capital expenditure.

A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and performance related activity.

### **Risk Management**

The Board of trustees have assessed the major risks to which the charity is exposed, in the particular those related to the operations and finances of the charity. These risks are formally documented and regularly reviewed, and the trustees are satisfied that systems are in place to mitigate the charity's exposure to significant risk. The charity is also seeking to recruit additional trustees so that our beneficiaries can benefit from further perspectives.

### **Statement of Trustees Responsibilities**

The Trustees are aware that Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure for that period. In preparing those financial statements, the directors are required to

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles of the charities SORP;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 26<sup>th</sup> February 2024 and signed on its behalf of  
by:

Fazale Hadi Wardag  
Fazale Hadi Wardag (Feb 27 2024 09:08 GMT).....

Mr Fazale Hadi Wardag

Trustee

**Independent Examiner's Report for the year ended 30 April 2023**

We report on the accounts for the year ended 30 April 2023 set out on pages eight to eleven.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

**It is our responsibility to:**

- examine the financial statements under Section 145 of the 2011 Act
- to follow the procedures laid down In the General Directions given by the Charity Commission (under Section 149(5)(b) of the 2011 Act); and
- to state whether particular matters have come to our attention.

**Basis on the independent examiner's report**

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records, It also includes consideration of any unusual Items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters, The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out In the statements below.

**Independent examiner's statement**

In connection with our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that, in any material respect, the requirement
  - to keep accounting records in accordance with Section 130 of the 2011 Act; and
  - to prepare financial statement which accord with the accounting records and comply with the accounting requirements of the 2011 Act.have not been met; or
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

**AQ Accountants**

133 West Hendon Broadway,

London,

NW9 7DY.

Date: .....26-02-2024.....

**ARIAN TELEHEAL**Statement of Financial Activities  
for the year ended 30 April 2023

				2023	2022
		Unrestricted Funds	Restricted Funds		
<b>Incoming Resources</b>	Notes	£	£	£	£
<i>Activities in furtherance of the charity's objects:</i>					
Donations	2	39,950	-	39,950	15,991
<b>Total Incoming Resources</b>		<b>39,950</b>	-	<b>39,950</b>	<b>15,991</b>
<b>Resources Expended</b>					
Fundraising and advocacy	3	32,885	-	32,885	12,919
Administration expenditure	5	3,193	-	3,193	3,474
Governance costs	6	580	-	580	580
<b>Total Resources Expended</b>		<b>36,658</b>	-	<b>36,658</b>	<b>16,973</b>
<b>Net Income/(Deficit)</b>		<b>3,292</b>	-	<b>3,292</b>	<b>(982)</b>
Total funds brought forward		1,196	-	1,196	2,178
<b>Total funds carried forward</b>		<b>4,488</b>	-	<b>4,488</b>	<b>1,196</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

**ARIAN TELEHEAL**

Balance Sheet

As at 30 April 2023

	Notes	£	2023 £	2022 £
<b>Current Assets:</b>				
Cash at bank and in hand		5,737		3,094
Creditors: amounts falling due within one year		(1,249)		(1,898)
Net Current Assets			4,488	1,196
<b>Total Assets less Current Liabilities:</b>			<b>4,488</b>	<b>1,196</b>
Unrestricted funds			4,488	1,196
<b>Total Charity Funds</b>			<b>4,488</b>	<b>1,196</b>

The financial statements were approved by the Board of Trustees on 26<sup>th</sup> February 2024, and were signed on its behalf by:

Fazale Hadi Wardag  
Fazale Hadi Wardag (Feb 27, 2024 00:28 GMT)

Mr Fazale Hadi Wardag

Trustee

The notes on pages 12 to 13 form part of the part of these financial statements

## ARIAN TELEHEAL

### Notes to the Financial Statements

for the year ended 30 April 2023

#### Note 1: Accounting Policies

##### Accounting convention

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011, The financial statements have been prepared under the historical cost convention.

##### Incoming Resources

Incoming resources represents grants and donations from Local Authorities and other charitable bodies (on an accruals basis), together with donations and contributions to costs from participants and other interested parties.

##### Deferral of incoming Resources

Grants received during the year which relate to future periods are deferred to those future periods but are shown on the face of the statement of financial activities in accordance with the SORP.

##### Resources Expended

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of the overall direction and administration on each activity, comprising the salary and overhead cost of the central function, is apportioned equally across the board.

#### Note 2: Donations and similar incoming resources

	<b>Unrestricted</b>	<b><u>2023</u></b>	<b><u>2022</u></b>
Donations	39,950	39,950	15,991

#### Note 3-5: Resources Expended

	<b><u>2023</u></b>	<b><u>2022</u></b>
Fundraising and advocacy	32,885	12,919
Administration expenditure	3,193	3,474

#### Note 6: Governance Costs

Accountancy	580	580
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## **ARIAN TELEHEAL**

### **Notes to the Financial Statements For the year ended 30 April 2023**

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#### **7. Trustees remuneration and benefits**

There were no trustees' remuneration or other benefits for the year ended 30 April 2023.

#### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 April 2023.

#### **8. Financial commitments**

At 30 April 2023 the charity had no annual commitments: Nil

#### **9. Related Parties**

There were no transactions with related parties during the period.







# Arian Teleheal Accounts and Report 2022-23

Final Audit Report

2024-02-27

Created:	2024-02-26
By:	AQ Accountants (aman@aqaccountants.co.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAACcD-K8PZBwnsRXXSGBzbtHleVrp2MbOg

## "Arian Teleheal Accounts and Report 2022-23" History

-  Document created by AQ Accountants (aman@aqaccountants.co.uk)  
2024-02-26 - 11:57:52 AM GMT- IP address: 82.38.192.57
-  Document emailed to info@arianteleheal.com for signature  
2024-02-26 - 11:57:57 AM GMT
-  Email viewed by info@arianteleheal.com  
2024-02-26 - 5:20:01 PM GMT- IP address: 66.249.93.67
-  Signer info@arianteleheal.com entered name at signing as Fazale Hadi Wardag  
2024-02-27 - 0:08:00 AM GMT- IP address: 78.32.142.30
-  Document e-signed by Fazale Hadi Wardag (info@arianteleheal.com)  
Signature Date: 2024-02-27 - 0:08:02 AM GMT - Time Source: server- IP address: 78.32.142.30
-  Agreement completed.  
2024-02-27 - 0:08:02 AM GMT



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**ARIAN TELEHEAL**

England & Wales - Charity number 1177942

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# Accounts

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Registered Charity Number: 1177942

# ARIAN TELEHEAL

Annual Report and Financial Statements

For the Year Ended 30 April 2022

# **ARIAN TELEHEAL**

## **Report and Accounts Contents**

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## **ARIAN TELEHEAL**

### **REFERENCE AND ADMINISTRATIVE DETAILS**

**For the year ended 30 April 2022**

#### **Status**

The organisation is a CIO -Foundation Registered 12 April 2018. It commenced its charitable activities on 19 July 2018. (Charity registration 1177942).

#### **Governing Document**

Arian Teleheal is constituted as a charitable trust with the Charity Commission. The constitution was adopted on the 12<sup>th</sup> of April 2018.

#### **Trustees**

The Trustees who served during the year and since the year end were as follows:

Mr Masood Soorie

Mr Sami Ullah Khan

Mr Fazale Hadi Wardag

**Charity Number**        1177942

#### **Registered and Principal Office**

Suite 163  
2 Lansdowne Row  
London  
W1J 6HL

**Bankers**                CAF Bank Ltd.

## **ARIAN TELEHEAL**

### **Trustees Report**

#### **For the year ended 30 April 2022**

This report has been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in February 2005 and the Charities Act 2011.

Arian Teleheal is a UK registered charity which enables doctors working in warzones and low resource countries to consult with expert clinicians from across the world by using everyday technology such as smart phones, instant messaging, and video chat. We provide advice in all major specialties, and, in addition to continuing all our emergency care, we have responded to the COVID-19 pandemic by providing advice on management of patients, and have also expanded our work to provide mental health support.

We have around 100 volunteer doctors, in a wide range of specialties, based in countries including the UK, the USA, Canada, Australia and Western Europe. They support local doctors in countries including Afghanistan (where we began our work began). We initially focused on all aspects of emergency care, including major trauma, and then expanded our approach to cover assisting local doctors with COVID-19 patients and now we are also providing advice on mental health especially to local clinicians and those clinicians who are managing traumatic cases.

Our work has also focused on advocating for the rights of migrants and refugees through media platforms and social media.

#### **How Do We Work?**

Local doctors who want advice from specialists contact our case management team 24/7 by instant messaging or video chat. Their patient's case is then allocated to an appropriate specialist, who will review it and then discuss it or reply by instant messaging or video chat. The local doctor then considers the advice to help them treat their patient. Unlike many other telemedicine projects, Arian Teleheal provides advice for emergency cases in a four-hour window, helping save hundreds of lives each year in warzones and low resource countries. We advise in both emergency situations, and on complex cases of any kind, where specialist advice could help a local doctor. Our doctors use everyday technology such as their smartphones rather than expensive telemedicine equipment because of the areas in which the local doctors are based, and to maximise the availability of our volunteer doctors.

We also support the mental wellbeing of local clinicians and those clinicians who are exposed to traumatic experiences, such as managing refugee patients, through our virtual seminars led by our specialists.

#### **What Impact Have We Made?**

The volunteer doctors of Arian Teleheal have already saved the lives of many war-stricken men, women, and children, and continue to do so on a daily basis. A pilot of our work across five hospitals with Emergency Departments and Intensive Care Units in Kabul, Afghanistan, was surveyed in 2015-

2016, and concluded that “dozens of lives were saved” and that local medics found our work “hugely supportive and educational”. The success of this pilot saw our service rolled out to all major Emergency and Intensive Care Departments in Afghanistan between 2016-2019, serving a country of 35 million people. Arian Teleheal began supporting the Independent Doctors’ Association (IDA) in Syria in 2017, providing help to Syrian medics who care for 1.3 million people in Aleppo.

Since the beginning of pandemic, we have responded to COVID-19 by expanding our advice to include up-to-date management advice for patients, as well as providing mental health advice as detailed below:

### **Covid-19 support:**

Arian Teleheal charity has provided humanitarian Covid-19 support from the beginning of pandemic. Arian Teleheal volunteer teams consist of fully qualified and experienced specialists from intensive and critical care, acute medicine, emergency medicine, radiology and other specialties. These specialists work in the UK and across the world on the frontline of Covid-19. They have experience of managing Covid-19 patients, including their ventilation. Our specialists have contributed to supporting medics in low resource countries on voluntary basis through the following 4 support systems:

1. Providing WHO and other scientific guidelines on continuous basis
2. Providing specialist advice on 24/7 basis for any questions from doctors, including, case management of severe cases in emergency and intensive care units
3. Providing regular training for all Covid-19 related topics
4. Providing mental health support to frontline workers

Our work has also focused on advocating for the rights of migrants and refugees through our founder, Dr Arian’s, interviews on media platforms, podcasts and social media.

### **Research presentation and publication**

Our work has been published by UK Radiological Congress (UKRC), The Royal College of Radiologists Annual Scientific Meeting (RCR-ASM), the British Medical Journal (BMJ), The Lancet and media platforms. It has also been presented at numerous national and international conferences, mainly as keynote speeches by our founder, Dr Arian.

### **Telemedicine Pioneers**

Arian Teleheal has achieved several world firsts in telemedicine: 2015, Arian Teleheal became the first organisation in the world to offer live 24/7 international clinical telemedicine support using secure social media channels on smartphones, with advice based on WHO guidelines. In 2017, Arian Teleheal performed the world’s first international telemedicine consultation using augmented reality on Microsoft HoloLens. In 2020, Arian Teleheal started supporting international medical colleagues with specialist Covid-19 advice using simple technology and provided regular expert-led virtual educational webinars on all COVID-19 topics.

## **Collaboration**

We collaborate with a range of carefully chosen partners in multi-agency projects, using our expertise and learning to help improve healthcare across the world, especially through innovative use of readily available technology. This includes acting as an advisory consultancy to governments and international organisations in digital health, providing advice on how to establish, launch and scale-up systems, especially as applied to emergency care, migration health,

## **Objectives**

We have always, and will continue to, take our responsibilities of ensuring that our charitable activities contribute significantly to the lives of those we work with.

Work to improve human health in the UK and the developing world.

Engage in the development of medical and surgical healthcare centres and hospitals including building new hospitals or clinics in areas of need.

Work with other charitable organisations to improve existing healthcare systems and providing specialist care to patients with complicated conditions.

Promote healthcare education and disease prevention programmes with a view to relieving health inequality.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable Incorporated Organisation.

The Charity is registered as a charity and is governed by its constitution. The board of trustees administer the charity. The trustees meet three times a year, and there are committees covering finance and Personnel.

The trustees are responsible for setting general policy, finalising and approving the annual plan and budget, monitoring the charity and taking major decisions about the strategic direction of the charity and any capital expenditure.

A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and performance related activity.

### **Risk Management**

The Board of trustees have assessed the major risks to which the charity is exposed, in the particular those related to the operations and finances of the charity. These risks are formally documented and regularly reviewed, and the trustees are satisfied that systems are in place to mitigate the charity's exposure to significant risk. The charity is also seeking to recruit additional trustees so that our beneficiaries can benefit from further perspectives.

### **Statement of Trustees Responsibilities**

The Trustees are aware that Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure for that period. In preparing those financial statements, the directors are required to

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles of the charities SORP;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 5th February 2023 and signed on its behalf of  
by:

.....

Mr Fazale Hadi Wardag

Trustee

**Independent Examiner's Report for the year ended 30 April 2022**

We report on the accounts for the year ended 30 April 2022 set out on pages eight to eleven.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

**It is our responsibility to:**

- examine the financial statements under Section 145 of the 2011 Act
- to follow the procedures laid down In the General Directions given by the Charity Commission (under Section 149(5)(b) of the 2011 Act); and
- to state whether particular matters have come to our attention.

**Basis on the independent examiner's report**

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records, It also includes consideration of any unusual Items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters, The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out In the statements below.

**Independent examiner's statement**

In connection with our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that, in any material respect, the requirement
  - to keep accounting records in accordance with Section 130 of the 2011 Act; and
  - to prepare financial statement which accord with the accounting records and comply with the accounting requirements of the 2011 Act.have not been met; or
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

**AQ Accountants**

133 West Hendon Broadway,

London,

NW9 7DY.

Date: .....05-02-2023.....

**ARIAN TELEHEAL**Statement of Financial Activities  
for the year ended 30 April 2022

				<b>2022</b>	<b>2021</b>
		<b>Unrestricted Funds</b>	<b>Restricted Funds</b>		
<b>Incoming Resources</b>	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<i>Activities in furtherance of the charity's objects:</i>					
Donations	2	15,991	-	15,991	3,561
<b>Total Incoming Resources</b>		<b>15,991</b>	-	<b>15,991</b>	<b>3,561</b>
<b>Resources Expended</b>					
Fundraising and advocacy	3	12,919	-	12,919	1,255
Administration expenditure	5	3,474	-	3,474	694
Governance costs	6	580	-	580	480
<b>Total Resources Expended</b>		<b>16,973</b>	-	<b>16,973</b>	<b>2,429</b>
<b>Net Income/(Deficit)</b>		<b>(982)</b>	-	<b>(982)</b>	<b>1,132</b>
Total funds brought forward		2,178	-	2,178	1,046
<b>Total funds carried forward</b>		<b>1,196</b>	-	<b>1,196</b>	<b>2,178</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

**ARIAN TELEHEAL**

Balance Sheet

As at 30 April 2022

	Notes	£	2022 £	2021 £
<b>Current Assets:</b>				
Cash at bank and in hand		3,094		5,838
Creditors: amounts falling due within one year		<u>(1,898)</u>		<u>(3,180)</u>
Net Current Assets			1,196	2,658
<b>Total Assets less Current Liabilities:</b>			<u><b>1,196</b></u>	<u><b>2,658</b></u>
Unrestricted funds			1,196	2,658
<b>Total Charity Funds</b>			<u><b>1,196</b></u>	<u><b>2,658</b></u>

The financial statements were approved by the Board of Trustees on 5<sup>th</sup> February 2023, and were signed on its behalf by:

.....

Mr Fazale Hadi Wardag

Trustee

The notes on pages 12 to 13 form part of the part of these financial statements

## ARIAN TELEHEAL

### Notes to the Financial Statements

for the year ended 30 April 2022

#### Note 1: Accounting Policies

##### Accounting convention

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011, The financial statements have been prepared under the historical cost convention.

##### Incoming Resources

Incoming resources represents grants and donations from Local Authorities and other charitable bodies (on an accruals basis), together with donations and contributions to costs from participants and other interested parties.

##### Deferral of incoming Resources

Grants received during the year which relate to future periods are deferred to those future periods but are shown on the face of the statement of financial activities in accordance with the SORP.

##### Resources Expended

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of the overall direction and administration on each activity, comprising the salary and overhead cost of the central function, is apportioned equally across the board.

#### Note 2: Donations and similar incoming resources

	Unrestricted	<u>2022</u>	<u>2021</u>
Donations	15,991	15,991	3,561

#### Note 3-5: Resources Expended

	<u>2022</u>	<u>2021</u>
Fundraising and advocacy	12,919	1,255
Administration expenditure	3,474	694

#### Note 6: Governance Costs

Accountancy	580	480
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**ARIAN TELEHEAL**

**Notes to the Financial Statements  
For the year ended 30 April 2022**

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**7. Trustees remuneration and benefits**

There were no trustees' remuneration or other benefits for the year ended 30 April 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 April 2022.

**8. Financial commitments**

At 30 April 2022 the charity had no annual commitments: Nil

**9. Related Parties**

There were no transactions with related parties during the period.

**ARIAN TELEHEAL**

England & Wales - Charity number 1177942

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# Accounts

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Registered Charity Number: 1177942

# ARIAN TELEHEAL

Annual Report and Financial Statements

For the Year Ended 30 April 2021

# **ARIAN TELEHEAL**

## **Report and Accounts Contents**

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## **ARIAN TELEHEAL**

### **REFERENCE AND ADMINISTRATIVE DETAILS**

**For the year ended 30 April 2021**

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The Trustees who served during the year and since the year end were as follows:

Mr Masood Soorie

Mr Sami Ullah Khan

Mr Fazale Hadi Wardag

**Charity Number**        1177942

#### **Registered and Principal Office**

Suite 163  
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London  
W1J 6HL

**Bankers**                CAF Bank Ltd.

## **ARIAN TELEHEAL**

### **Trustees Report**

#### **For the year ended 30 April 2021**

This report has been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in February 2005 and the Charities Act 2011.

Arian Teleheal is a UK registered charity which enables doctors working in warzones and low resource countries to consult with expert clinicians from across the world by using everyday technology such as smart phones, instant messaging, and video chat. We provide advice in all major specialties, and, in addition to continuing all our emergency care, we have responded to the COVID-19 pandemic by providing advice on management of patients, and mental health support.

We have around 100 volunteer doctors, in a wide range of specialties, based in countries including the UK, the USA, Canada, Australia and Western Europe. They support local doctors in countries including Afghanistan (where we began our work) and Syria. We initially focused on all aspects of emergency care, including major trauma, but have expanded our approach to cover assisting local doctors with COVID-19 patients and providing advice on mental health.

#### **How Do We Work?**

Local doctors who want advice from specialists contact our case management team 24/7 by instant messaging or video chat. Their patient's case is then allocated to an appropriate specialist, who will review it and then discuss it or reply by instant messaging or video chat. The local doctor then considers the advice to help them treat their patient. Unlike many other telemedicine projects, Arian Teleheal provides advice for emergency cases in a four-hour window, helping save hundreds of lives each year in warzones and low resource countries. We advise in both emergency situations, and on complex cases of any kind, where specialist advice could help a local doctor. Our doctors use everyday technology such as their smartphones rather than expensive telemedicine equipment because of the areas in which the local doctors are based, and to maximise the availability of our volunteer doctors.

#### **What Impact Have We Made?**

The volunteer doctors of Arian Teleheal have already saved the lives of many war-stricken men, women, and children, and continue to do so on a daily basis. A pilot of our work across five hospitals with Emergency Departments and Intensive Care Units in Kabul, Afghanistan, was surveyed in 2015-2016, and concluded that "dozens of lives were saved" and that local medics found our work "hugely supportive and educational". The success of this pilot saw our service rolled out to all major Emergency and Intensive Care Departments in Afghanistan between 2016-2019, serving a country of 35 million people. Arian Teleheal began supporting the Independent Doctors' Association (IDA) in Syria in 2017, providing help to Syrian medics who care for 1.3 million people in Aleppo.

Since the beginning of pandemic, we have responded to COVID-19 by expanding our advice to include up-to-date management advice for patients, as well as providing mental health advice as detailed below:

## **Covid-19 support:**

Arian Teleheal charity has provided humanitarian Covid-19 support from the beginning of pandemic. Arian Teleheal volunteer teams consist of fully qualified and experienced specialists from intensive and critical care, acute medicine, emergency medicine, radiology and other specialties. These specialists work in the UK and across the world on the frontline of Covid-19. They have experience of managing Covid-19 patients, including their ventilation. Our specialists have contributed to supporting medics in low resource countries on voluntary basis through the following 4 support systems:

1. Providing WHO and other scientific guidelines on continuous basis
2. Providing specialist advice on 24/7 basis for any questions from doctors, including, case management of severe cases in emergency and intensive care units
3. Providing regular training for all Covid-19 related topics
4. Providing mental health support to frontline workers

## **Research presentation and publication**

Our work has been published by UK Radiological Congress (UKRC), The Royal College of Radiologists Annual Scientific Meeting (RCR-ASM) and the British Medical Journal (BMJ). It has also been presented at numerous international conferences, mainly as keynote speeches by our founder, Dr Arian, or as poster presentations.

## **Telemedicine Pioneers**

Arian Teleheal has achieved several world firsts in telemedicine: 2015, Arian Teleheal became the first organisation in the world to offer live 24/7 international clinical telemedicine support using secure social media channels on smartphones, with advice based on WHO guidelines. In 2017, Arian Teleheal performed the world's first international telemedicine consultation using augmented reality on Microsoft HoloLens. In 2020, Arian Teleheal started supporting international medical colleagues with specialist Covid-19 advice using simple technology and provided regular expert-led virtual educational webinars on all COVID-19 topics.

## **Collaboration**

We collaborate with a range of carefully chosen partners in multi-agency projects, using our expertise and learning to help improve healthcare across the world, especially through innovative use of readily available technology. This includes acting as an advisory consultancy to governments and international organisations in digital health, providing advice on how to establish, launch and scale-up systems. We are currently working with partners in areas including:

West Nile Consortium – Teleheal is a member of this consortium which includes Health Education England, Uganda Red Cross, THET and other international organisations. The consortium provides support to people of Uganda and refugees from South Sudan residing in the West Nile region, totalling around 1.4 million people. Teleheal has been providing Uganda Red Cross with COVID-19 guidelines and protocols.

South Africa – Teleheal has developed COVID-19 guidelines and protocols for the five South African hospitals which have been in partnership with Teleheal and Health Education England.

Yemen – Teleheal is currently advising a group of healthcare professionals who are supporting medical colleagues in Yemen in response to COVID-19. Teleheal’s consultancy role means that we can take the lessons from developing our system and use them to help millions of other people across the world’s conflict zones and low resource countries and regions.

India – we work in partnership with the UK-based British Association of Physicians of Indian Origin (BAPIO) charity, which has around 60,000 doctors as members. Together we are entering a partnership with the All-India Institute of Medical Sciences (AIIMS) Rishikesh, which was established by the Government of India. Teleheal is advising AIIMS on the creation of the global Teleheal Connect Platform in India, through which Indian overseas doctors (and other volunteers) can serve millions of people in India.

Sub-Saharan Africa – Wales for Africa is a global health charitable arm of the Welsh government which is helping sub-Saharan African countries. Teleheal is working in partnership with Wales for Africa to support establishing and scaling up digital health solutions in these countries.

Tropical Health Education Trust (THET) – Teleheal has become a member of the steering group for digital health for the Trust, which has supported 100,000 healthcare workers in 31 countries over the last decade.

## **Objectives**

We have always, and will continue to, take our responsibilities of ensuring that our charitable activities contribute significantly to the lives of those we work with.

Work to improve human health in the UK and the developing world.

Engage in the development of medical and surgical healthcare centres and hospitals including building new hospitals or clinics in areas of need.

Work with other charitable organisations to improve existing healthcare systems and providing specialist care to patients with complicated conditions.

Promote healthcare education and disease prevention programmes with a view to relieving health inequality.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable Incorporated Organisation.

The Charity is registered as a charity and is governed by its constitution. The board of trustees administer the charity. The trustees meet three times a year, and there are committees covering finance and Personnel.

The trustees are responsible for setting general policy, finalising and approving the annual plan and budget, monitoring the charity and taking major decisions about the strategic direction of the charity and any capital expenditure.

A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and performance related activity.

### **Risk Management**

The Board of trustees have assessed the major risks to which the charity is exposed, in the particular those related to the operations and finances of the charity. These risks are formally documented and regularly reviewed, and the trustees are satisfied that systems are in place to mitigate the charity's exposure to significant risk. The charity is also seeking to recruit additional trustees so that our beneficiaries can benefit from further perspectives.

### **Statement of Trustees Responsibilities**

The Trustees are aware that Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure for that period. In preparing those financial statements, the directors are required to

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles of the charities SORP;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 28th February 2022 and signed on its behalf of  
by:

.....

Mr Fazale Hadi Wardag

Trustee

**Independent Examiner's Report for the year ended 30 April 2021**

We report on the accounts for the year ended 30 April 2021 set out on pages eight to eleven.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

**It is our responsibility to:**

- examine the financial statements under Section 145 of the 2011 Act
- to follow the procedures laid down In the General Directions given by the Charity Commission (under Section 149(5)(b) of the 2011 Act); and
- to state whether particular matters have come to our attention.

**Basis on the independent examiner's report**

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records, It also includes consideration of any unusual Items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters, The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out In the statements below.

**Independent examiner's statement**

In connection with our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that, in any material respect, the requirement
  - to keep accounting records in accordance with Section 130 of the 2011 Act; and
  - to prepare financial statement which accord with the accounting records and comply with the accounting requirements of the 2011 Act.have not been met; or
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

**AQ Accountants**

133 West Hendon Broadway,

London,

NW9 7DY.

Date: .....

**ARIAN TELEHEAL**Statement of Financial Activities  
for the year ended 30 April 2021

				<b>2021</b>	<b>2020</b>
		<b>Unrestricted Funds</b>	<b>Restricted Funds</b>		
<b>Incoming Resources</b>	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<i>Activities in furtherance of the charity's objects:</i>					
Donations	2	3,561	-	3,561	10,070
<b>Total Incoming Resources</b>		<b>3,561</b>	-	<b>3,561</b>	<b>10,070</b>
<b>Resources Expended</b>					
Fundraising	3	1,255	-	1,255	5,588
Administration expenditure	5	694	-	694	3,390
Governance costs	6	480	-	480	480
<b>Total Resources Expended</b>		<b>2,429</b>	-	<b>2,429</b>	<b>9,458</b>
<b>Net Income</b>		<b>1,132</b>	-	<b>1,132</b>	<b>612</b>
Total funds brought forward		1,046	-	1,046	434
<b>Total funds carried forward</b>		<b>2,178</b>	-	<b>2,178</b>	<b>1,046</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

**ARIAN TELEHEAL**

Balance Sheet

As at 30 April 2021

	Notes	£	2021 £	2020 £
<b>Current Assets:</b>				
Cash at bank and in hand		5,838		7,033
Creditors: amounts falling due within one year		<u>(3,180)</u>		<u>(5,987)</u>
Net Current Assets			2,658	1,046
<b>Total Assets less Current Liabilities:</b>			<u><b>2,658</b></u>	<u><b>1,046</b></u>
Unrestricted funds			2,658	1,046
<b>Total Charity Funds</b>			<u><b>2,658</b></u>	<u><b>1,046</b></u>

The financial statements were approved by the Board of Trustees on 28<sup>th</sup> February 2022, and were signed on its behalf by:

.....

Mr Fazale Hadi Wardag

Trustee

The notes on pages 12 to 13 form part of the part of these financial statements

## **ARIAN TELEHEAL**

### **Notes to the Financial Statements**

for the year ended 30 April 2021

#### **Note 1: Accounting Policies**

##### **Accounting convention**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011, The financial statements have been prepared under the historical cost convention.

##### **Incoming Resources**

Incoming resources represents grants and donations from Local Authorities and other charitable bodies (on an accruals basis), together with donations and contributions to costs from participants and other interested parties.

##### **Deferral of incoming Resources**

Grants received during the year which relate to future periods are deferred to those future periods but are shown on the face of the statement of financial activities in accordance with the SORP.

##### **Resources Expended**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of the overall direction and administration on each activity, comprising the salary and overhead cost of the central function, is apportioned equally across the board.

#### **Note 2: Donations and similar incoming resources**

	<b>Unrestricted</b>	<b><u>2021</u></b>	<b><u>2020</u></b>
Donations	3,561.00	3,561	10,070

#### **Note 3-5: Resources Expended**

	<b><u>2021</u></b>	<b><u>2020</u></b>
Fundraising	1,255	5,588
Administration expenditure	694	3,390

#### **Note 6: Governance Costs**

Accountancy	480	480
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## **ARIAN TELEHEAL**

### **Notes to the Financial Statements For the year ended 30 April 2021**

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#### **7. Trustees remuneration and benefits**

There were no trustees' remuneration or other benefits for the year ended 30 April 2021.

#### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 April 2021.

#### **8. Financial commitments**

At 30 April 2021 the charity had no annual commitments: Nil

#### **9. Related Parties**

There were no transactions with related parties during the period.

# AQ Accountants Limited

Signed By

**FAZALE HADI WARDAG**

Date Signed	Mon, 28 Feb 2022 16:18:40 +0000
Name	FAZALE HADI WARDAG
Email	info@arianteleheal.com
Printed Name	FAZALE HADI WARDAG
IP Address	78.32.142.30
Browser User Agent	Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/97.0.4692.71 Safari/537.36 Edg/97.0.1072.55