

AUTO IMMUNE AND MULTIPLE SCLEROSIS (A.I.M.S)

England & Wales · Charity number 1177907

Details

Status Registered

Legal form CIO

Registered 2018-04-11

Register [View on the Charity Commission register](#)

Contact

Address 48 River View
Tarleton
Preston
Lancashire
PR4 6EQ

Phone 01772813971

Email alison@aimscharity.org

Website www.aimscharity.org

Activities

Objects: THE OBJECTIVES OF THE CIO ARE: TO PRESERVE AND PROTECT THE HEALTH OF PATIENTS SUFFERING FROM MS AND AUTOIMMUNE DISEASE IN THE UK BY PROVIDING AND ASSISTING IN THE PROVISION OF SIGNPOSTING, ADVICE, SUPPORT SERVICES AND GRANTS WITH PARTICULAR EMPHASIS (BUT NOT BY WAY OF LIMITATION) ON THOSE SEEKING HSCT (HAEMATOPOIETIC STEM CELL TRANSPLANT).

Activities: We are a registered charity who's purpose is to help and support UK based sufferers of auto-immune diseases, primarily Multiple Sclerosis. We aim to provide advice and support, raising awareness of the latest treatments available, and signposting patients to the relevant medical professionals. We would also like to develop into a grant making body to assist with patient expenses.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** People With Disabilities

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£10,716	£11,711	-	-
2024-04-05	£38,340	£47,043	-	-
2023-04-05	£19,477	£16,100	-	-
2022-04-05	£16,706	£12,095	-	-
2021-04-05	£16,317	£6,697	-	-

Trustees

Name	Role	Appointed
ALISON COATES		2018-04-11
DAMIEN SCOTT		2020-11-05
Dr Alexander Stuart Parker PhD		2024-11-29
JAMES COATES		2018-04-11
LAURA ROBB		2020-11-05
PAUL HARVEY		2024-11-29
REBECCA LOUISE DOUGHTY		2024-11-29
REEMA SANDHU		2024-11-29

AUTO IMMUNE AND MULTIPLE SCLEROSIS (A.I.M.S)

England & Wales - Charity number 1177907

Accounts

AIMS Annual Financial Statements 2024-2025

Auto Immune and Multiple Sclerosis (A.I.M.S)
For the year ended 5 April 2025

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7	Statement of Financial Activities
8	Balance Sheet
9	Notes to the Financial Statements

Financial Statements

Auto Immune and Multiple Sclerosis (A.I.M.S) For the year ended 5 April 2025

Charity Number

1177907

Registered Office

48 River View, Tarleton, Preston, Lancashire, PR4 6EQ

Governing Document

The charity was set up as a Charitable Incorporated Organisation under a governing document registered on 11th April 2018.

Contact

Mrs Alison Coates

Trustees

Alison Coates	Rebecca White (Resigned)
James Coates	Janet Voyce (Resigned)
Laura Robb	Catherine Rogers (Resigned)
Dr Alexander Parker	Samantha MacKenzie (Resigned)
Rebecca Doughty	Preeti Jaswal (Resigned)
Reema Sandhu	
Paul Harvey	
Damien Scott	

Bankers

The Co-Operative Bank, 1 Balloon Street, Manchester, M60 4EP

Independent Examiner

Amanda Watt

Trustees Report

Auto Immune and Multiple Sclerosis (A.I.M.S) For the year ended 5 April 2025

The trustees present their annual report and the financial statements for the year ended 5th April 2025

Governing Instrument

The charity was set up as a charitable incorporated organisation under a governing document registered on 11th April 2018

Risk Assessment

The charity has reviewed, and systems have been established to mitigate those major risks to which the charity is exposed. In particular with regard to future funding income, new avenues are being explored on a regular basis, including raising awareness of the charity's profile to the general public.

Objectives and Public Benefit

The charity is set up to preserve and protect the health of patients suffering from MS and Autoimmune disease in the UK by providing and assisting in the provision of signposting, advice, support services and grants with particular emphasis (but not by way of limitation) on those seeking HSCT (Haematopoietic Stem Cell Transplant).

Results for the year

The results for the year are set out on page 7.

Review of the Year

- **Peer Support Project** - We launched this service in 2022, initially training our trustees to deliver the calls, and later recruiting HSCT veterans and training them to deliver the calls too. This initiative has been a great success, with excellent feedback from service users. We plan to extend the service to offer patient advocacy over the next 12 months.
- **Grants** - We have continued to award grants every quarter. We continue to award travel grants to patients being treated in Mexico but have paused grants to patients opting to be treated in Russia, due to the Russia / Ukraine crisis, and government advice of travel to Russia.
- **Star MS Trial** - Recruitment for the trial completed in November 2024. A total of 94 patients were recruited and the study results are expected in 2027.
- **Trustees** - sadly several Trustees left the Board during 2024/25. We recruited 4 new Trustees who all joined the Board w.e.f 1st January 2025.

Future of the charity

Our objectives for the charity's growth include:

- To continue the growth of our Peer Support Project, which has allowed us to support MS patients from across the world, and to develop other projects including continuing Peer Support calls and advice regarding Hospital appointments where applicable. We plan to expand this service to include a patient advocacy service for patients who wish to discuss HSCT at a neurology appointment – cognitive function can be severely impacted by MS, and our research has confirmed that many patients would value having an AIMS advocate with them at appointments, to ask the right questions and record outcomes.
- To maintain the awarding of grants and ensure sustainability over the long term, primarily by fundraising.
- To seek, apply for and obtain further grants applicable to developing and sustaining new and existing Projects which will be kept separately to the provision of funds for support and travel grants for HSCT.
- To maximise our fundraising efforts and maintain and expand our relationship with the facilities who treat MS patients with HSCT, and the MS Society, MS Trust, and other organisations (such as the Scottish HSCT Network) raising awareness of this treatment for people with MS and Autoimmune conditions. To build new relationships with relevant organisations and key people.
- To grow as an organisation by recruiting more trustees with specific skills to aid the charity, as well as volunteers. We also aim to begin to employ staff to support the operational side of the charity.
- To invest a proportion of our general reserves, to generate a return that can help us to develop additional products and services.

Reserves Policy

Trustees Report

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between expenditure and receiving income from fundraising and donations. The trustees have established a reserves policy for unrestricted reserves, whereby, in order to enable the charity to operate effectively they aim to have twelve months worth of expenditure in general fund reserves.

The trustees therefore consider that the ideal level of reserves as at 5th April 2025 would be £18,000. On 5th April 2025 the general reserves were £43,876.75.

Alison Coates

Alison Coates (Secretary)

On behalf of the Charity

Date

Independent Examiner's Report

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2025

I report to the trustees on my examination of the accounts of the charity for the period ended 5th April 2025

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act')

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or**
- 2. the accounts do not accord with those records; or**
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.**

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Amanda Watt
Independent Examiner

Date

28 HAVILLANDS PLACE, WYE, ASHFORD, TN25 5GJ

Statement of Financial Activities

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2025

	2025	2024
Income		
Donations & Legacies	10,369.45	6,719.48
Grants	-	2,000.00
Other Trading Activities	8.99	665.55
Interest Income	310.60	-
Fundraising Events	-	28,912.84
Cookbook	27.38	41.90
Total Income	10,716.42	38,339.77
Expenditure		
Charitable Activities		
Grants to UK Individuals ¹	7,070.00	7,975.00
Peer Support Project	875.00	1,075.00
Operating Expenses	3,464.64	2,532.81
Cookbook Postage	(3.70)	-
Total Charitable Activities	11,405.94	11,582.81
Fundraising Event Costs	81.00	34,763.87
Raising Funds	223.61	696.10
Total Expenditure	11,710.55	47,042.78
Gross Profit	(994.13)	(8,703.01)
Administrative Costs		
Travel - National	473.58	-
Total Administrative Costs	473.58	-
Net funds	(1,467.71)	(8,703.01)
Total Funds for the period	(1,467.71)	(8,703.01)

1. Grant Payments

Mexico £6400

Russia £0

UK £770

Total £7070

In 2025 we paid grants to 10 UK individuals

In 2024 we paid grants to 16 UK individuals

Balance Sheet

Auto Immune and Multiple Sclerosis (A.I.M.S)

As at 5 April 2025

	5 APR 2025	5 APR 2024
Current Assets		
Cash at bank and in hand		
AIMS	24,624.71	45,380.94
GBP PayPal	112.84	20.52
AIMS - 95 DAY	20,310.60	-
Total Cash at bank and in hand	45,048.15	45,401.46
Total Current Assets	45,048.15	45,401.46
Creditors: amounts falling due within one year		
Accounts Payable	1,114.40	-
Historical Adjustment	57.00	57.00
Total Creditors: amounts falling due within one year	1,171.40	57.00
Net Current Assets (Liabilities)	43,876.75	45,344.46
Total Assets less Current Liabilities	43,876.75	45,344.46
Net Assets	43,876.75	45,344.46
Capital and Reserves		
Current Year Earnings	(1,467.71)	(8,703.01)
Retained Earnings		
Retained Earnings	45,344.46	54,047.47
Total Retained Earnings	45,344.46	54,047.47
Total Capital and Reserves	43,876.75	45,344.46

Notes to the Financial Statements

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2025

Accounting Policies

The financial statements have been prepared in accordance with the applicable accounting standards and the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2015 FRSI 02). The financial statements have been prepared under the historical cost convention.

Funds

General funds represent the funds of the charity that are not subject to any restrictions regarding their use and are available for application on the general purposes of the charity at the discretion of the trustees. Funds designated for a particular purpose by the charity are also unrestricted.

Restricted funds are funds received which are subject to specific conditions imposed by the donors.

Transfers of funds are made to recognise the release of restricted funds or to meet expenditure not covered by restricted income.

The accounts include all transactions, assets and liabilities for which the charity is held responsible in law.

Income from Charitable Activities

Income from charitable activities is accounted for when receivable by the charity to the extent that the amount is expected to be received.

Income from investments

Interest is accounted for when received. Tax recoverable on such income is recognised in the same accounting year.

Expenditure - Charitable activities

This includes all costs relating to the activities of the charity and those activities that whilst are fundraising in nature, are also relating to the objects of the charity.

The management and administration of the charity is carried out by the trustees.

Tangible Fixed Assets and Depreciation Fixtures, fittings and office equipment

Assets used within the charity are currently owned by the trustees personally. New equipment with a purchase price of £1000 or less are written off when the asset is acquired.

Current Assets

Amounts owing to the charity at 5th April 2021 are shown as debtors less provision for amounts that may prove uncollectible.

Value Added Tax

The charity is not registered for VAT. Any tax that is paid on the supply of goods and services is charged with the appropriate expense to "Expenditure On".

Reserves Policy

Notes to the Financial Statements

The trustees intend to ensure that there are sufficient reserves to cover the running costs of the charity for a period of approximately 12 months at any one time

Investment Policy

Much of the income of the charity is irregular and uncertain, hence the need to keep funds readily available, therefore the charity invests surplus funds in short term cash deposits with banks or building societies.

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Amanda Watt

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Results for the year

The results for the year are set out on page 7.

Review of the Year

- **Peer Support Project** - We launched this service in April 2022, initially training our trustees to deliver the calls, and later recruiting HSCT veterans and training them to deliver the calls too. This initiative has been a great success, with excellent feedback from service users.
- **StarMS** - is a UK trial to compare HSCT against high efficacy DMTs. The trial is taking place across 19 centres across the UK and AIMS has been working closely with the StarMS team to publicise and recruit candidates. We have been hosting monthly round table meetings with the StarMS team and MS charities.
- **HSCT Travel Grants** - We have continued to award HSCT travel grants every quarter. We hoped that the advent of the StarMS trial meant that there would be more patients being treated in the UK needing our support, and we took this into account when we reviewed our maximum grant policy. However a lack of recruitment of trial participants has led to only 1 recipient of a travel grant for HSCT. We will continue to award travel grants to patients being treated in Mexico but have paused grants to patients opting to be treated in Russia, due to the Russia / Ukraine crisis. This has meant that there has been an overall reduction in HSCT travel grants compared with the previous financial year.
- **AIMS 5th Birthday MS Summit** - To mark the occasion of our 5th birthday, we held an MS Summit and evening celebration & fundraising event in Sheffield in November 2023 to thank our supporters and members. AIMS was honoured to have the world's most eminent HSCT experts speaking at the event.

Future of the charity

Our objectives for the charity's growth include:

- To continue the growth of our Peer Support Project, which has allowed us to support MS patients from across the world, and to develop other projects including continuing Peer Support calls and advice regarding Hospital appointments where applicable. We plan to expand this service to include a patient advocacy service for patients who wish to discuss HSCT at a neurology appointment – cognitive function can be severely impacted by MS, and our research has confirmed that many patients would value having an AIMS advocate with them at appointments, to ask the right questions and record outcomes.
- To maintain the awarding of grants and ensure sustainability over the long term, primarily by fundraising. Covid-19 prevented us from hosting fundraising events on the scale that we would have liked, and we plan to expand in this area in the coming months. We aim to host an international HSCT for MS conference to link practitioners, patients, and other interested parties – this has not been done in the UK before.
- To seek, apply for and obtain further grants applicable to developing and sustaining new and existing Projects which will be kept separately to the provision of funds for support and travel grants for HSCT.
- To maximise our fundraising efforts and maintain and expand our relationship with the facilities who treat MS patients with HSCT, and the MS Society, MS Trust, and other organisations (such as the Scottish HSCT Network) raising awareness

of this treatment for people with MS and Autoimmune conditions. To build new relationships with relevant organisations and key people.

- To grow as an organisation by recruiting more trustees with specific skills to aid the charity, as well as volunteers. We also aim to begin to employ staff to support the operational side of the charity.
- To invest a proportion of our general reserves, to generate a return that can help us to develop additional products and services.

Reserves Policy

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between expenditure and receiving income from fundraising and donations. The trustees have established a reserves policy for unrestricted reserves, whereby, in order to enable the charity to operate effectively they aim to have twelve months worth of expenditure in general fund reserves.

The trustees therefore consider that the ideal level of reserves as at 5th April 2024 would be £18,000. On 5th April 2024 the general reserves were £45,401.

Alison Coates

Alison Coates (Secretary)
On behalf of the Charity

Date

Independent Examiner's Report

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2024

I report to the trustees on my examination of the accounts of the charity for the period ended 5th April 2024

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act')

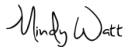
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

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Amanda Watt

Independent Examiner

Date

28 HAVILLANDS PLACE, WYE, ASHFORD, TN25 5GJ

Statement of Financial Activities

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2024

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	TOTAL FUNDS	2023
Income				
Donations & Legacies				
Donations received	-	1,959.81	1,959.81	8,230.69
Paypal Giving (Bulk Donations)	-	363.72	363.72	1,146.32
Much loved	-	-	-	1,564.43
Peer Support Call Donations	-	-	-	15.00
Total Donations & Legacies	-	2,323.53	2,323.53	10,956.44
Grants ¹	-	2,000.00	2,000.00	-
Sales of Merchandise	707.45	-	707.45	279.67
Fundraising				
Fundraising Events ²	28,912.84	-	28,912.84	185.00
Justgiving	4,058.37	-	4,058.37	7,725.58
Shopping channels commission	323.28	14.30	337.58	330.26
Total Fundraising	33,294.49	14.30	33,308.79	8,240.84
Total Income	34,001.94	4,337.83	38,339.77	19,476.95
Expenditure				
Operating Expenses	2,532.81	-	2,532.81	4,751.12
Charitable Activities				
Grants to UK Individuals ³	-	7,975.00	7,975.00	10,898.16
Peer Support	1,075.00	-	1,075.00	7,419.48
Total Charitable Activities	1,075.00	7,975.00	9,050.00	18,317.64
Raising Funds				
Fundraising Event Costs	34,763.87	-	34,763.87	-
Card Processing fees	480.10	-	480.10	84.33
Just Giving Monthly Fee	216.00	-	216.00	216.00
Total Raising Funds	35,459.97	-	35,459.97	300.33
Total Expenditure	39,067.78	7,975.00	47,042.78	23,369.09
Gross Profit	(5,065.84)	(3,637.17)	(8,703.01)	(3,892.14)
Administrative Costs				
Consulting	-	-	-	600.00
Travel - National	-	-	-	71.95
Total Administrative Costs	-	-	-	671.95
Net funds	(5,065.84)	(3,637.17)	(8,703.01)	(4,564.09)
Total Funds for the period	(5,065.84)	(3,637.17)	(8,703.01)	(4,564.09)

1. Grants

We received a grant from The Hospital Saturday Fund in September 2023 to support a new project to enhance our Peer Support service - Beyond Resilience: Holistic Support for HSCT for MS Non Responders and Those Facing Adverse Outcomes.

2. Fundraising Events

The AIMS 5th Birthday MS Summit was held in November 2023 at The Cutlers' Hall, Sheffield.

This event was a resounding success, providing an invaluable platform for people with multiple sclerosis (pwMS) to learn about autologous haematopoietic stem cell transplantation (HSCT), a potentially life-changing treatment.

The meeting provided an opportunity for pwMS to engage with experts, ask questions, and gain a deeper understanding of HSCT.

3. Grants to UK Individuals

Mexico - 9 grants totalling £7200

Russia - 0 grants

UK - 4 grants totalling £775

In 2023 we paid grants to 16 UK individuals

Balance Sheet

Auto Immune and Multiple Sclerosis (A.I.M.S)

As at 5 April 2024

	TOTAL FUNDS	5 APR 2023
Current Assets		
Cash at bank and in hand		
AIMS	45,380.94	54,063.81
GBP PayPal	20.52	40.66
Total Cash at bank and in hand	45,401.46	54,104.47
Historical Adjustment ¹	(57.00)	(57.00)
Total Current Assets	45,344.46	54,047.47
Net Current Assets (Liabilities)	45,344.46	54,047.47
Total Assets less Current Liabilities	45,344.46	54,047.47
Total Net Assets	45,344.46	54,047.47
Capital and Reserves		
Current Year Earnings	(8,703.01)	(4,564.09)
Retained Earnings		
Retained Earnings	54,047.47	58,611.56
Total Retained Earnings	54,047.47	58,611.56
The Funds Of The Charity	45,344.46	54,047.47

1. Historic Adjustment

Full reconciliation of all bank account transactions since 31st March 2021 has created an historic adjustment of £57 relating to the credit balance in the PayPal account as of 5th April 2021 that was not included in the 2020-2021 financial year's balance sheet and therefore represents an understatement of cash at bank and in hand

Notes to the Financial Statements

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2024

Accounting Policies

The financial statements have been prepared in accordance with the applicable accounting standards and the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2015 FRSI 02). The financial statements have been prepared under the historical cost convention.

Funds

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Restricted funds are funds received which are subject to specific conditions imposed by the donors.

Transfers of funds are made to recognise the release of restricted funds or to meet expenditure not covered by restricted income.

The accounts include all transactions, assets and liabilities for which the charity is held responsible in law.

Income from Charitable Activities

Income from charitable activities is accounted for when receivable by the charity to the extent that the amount is expected to be received.

Income from investments

Interest is accounted for when received. Tax recoverable on such income is recognised in the same accounting year.

Expenditure - Charitable activities

This includes all costs relating to the activities of the charity and those activities that whilst are fundraising in nature, are also relating to the objects of the charity.

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Tangible Fixed Assets and Depreciation Fixtures, fittings and office equipment

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The charity is not registered for VAT. Any tax that is paid on the supply of goods and services is charged with the appropriate expense to "Expenditure On".

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Notes to the Financial Statements

The trustees intend to ensure that there are sufficient reserves to cover the running costs of the charity for a period of approximately 12 months at any one time

Investment Policy

Much of the income of the charity is irregular and uncertain, hence the need to keep funds readily available, therefore the charity invests surplus funds in short term cash deposits with banks or building societies.

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Trustees Report

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The charity has reviewed, and systems have been established to mitigate those major risks to which the charity is exposed. In particular with regard to future funding income, new avenues are being explored on a regular basis, including raising awareness of the charity's profile to the general public.

Objectives and Public Benefit

The charity is set up to preserve and protect the health of patients suffering from MS and Autoimmune disease in the UK by providing and assisting in the provision of signposting, advice, support services and grants with particular emphasis (but not by way of limitation) on those seeking HSCT (Haematopoietic Stem Cell Transplant).

Results for the year

The results for the year are set out on page 6.

Review of the Year

- **Peer Support Project** - We launched this service last spring, initially training our trustees to deliver the calls, and later recruiting HSCT veterans and training them to deliver the calls too. This initiative has been a great success, with excellent feedback from service users.
- **StarMS** - is a UK trial to compare HSCT against high efficacy DMTs. The trial will take place across 19 centres across the UK and AIMS has been working closely with the StarMS team to publicise and recruit candidates. To this end, AIMS sent 6,000 leaflets detailing HSCT and StarMS to UK neurological centres and continues to host monthly round table meetings with the StarMS team and MS charities.
- **Grants** - We have continued to award grants every quarter. The advent of the StarMS trial means that there will be more patients being treated in the UK who will need our support, and we will be taking this into account when we review our maximum grant policy. We will continue to award travel grants to patients being treated in Mexico but have paused grants to patients opting to be treated in Russia, due to the Russia / Ukraine crisis, and government advice of travel to Russia.
- **Disabled Facility Grants** - We are really proud to have been instrumental to a change to the wording of the 'Disabled Facilities Grants' criteria, so that it now specifically includes air conditioning for people with MS affected by the heat
- **AIMS 5th Birthday** - To mark the occasion of our 5th birthday, we are planning an autumn celebration event in Sheffield in 2023 to thank our supporters and members. We are looking forward to celebrating our success with the people who have made it happen.

Future of the charity

Our objectives for the charity's growth include:

- To continue the growth of our Peer Support Project, which has allowed us to support MS patients from across the world, and to develop other projects including continuing Peer Support calls and advice regarding Hospital appointments where applicable. We plan to expand this service to include a patient advocacy service for patients who wish to discuss HSCT at a neurology appointment – cognitive function can be severely impacted by MS, and our research has confirmed that many patients would value having an AIMS advocate with them at appointments, to ask the right questions and record outcomes.
- To maintain the awarding of grants and ensure sustainability over the long term, primarily by fundraising. Covid-19 prevented us from hosting fundraising events on the scale that we would have liked, and we plan to expand in this area in the coming months. We aim to host an international HSCT for MS conference to link practitioners, patients, and other interested parties – this has not been done in the UK before.
- To seek, apply for and obtain further grants applicable to developing and sustaining new and existing Projects which will be kept separately to the provision of funds for support and travel grants for HSCT.

- To maximise our fundraising efforts and maintain and expand our relationship with the facilities who treat MS patients with HSCT, and the MS Society, MS Trust, and other organisations (such as the Scottish HSCT Network) raising awareness of this treatment for people with MS and Autoimmune conditions. To build new relationships with relevant organisations and key people.
- To grow as an organisation by recruiting more trustees with specific skills to aid the charity, as well as volunteers. We also aim to begin to employ staff to support the operational side of the charity.
- To invest a proportion of our general reserves, to generate a return that can help us to develop additional products and services.

Reserves Policy

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between expenditure and receiving income from fundraising and donations. The trustees have established a reserves policy for unrestricted reserves, whereby, in order to enable the charity to operate effectively they aim to have twelve months worth of expenditure in general fund reserves.

The trustees therefore consider that the ideal level of reserves as at 5th April 2023 would be £18,000. On 5th April 2023 the general reserves were £54,047



Alison Coates (Secretary)
On behalf of the Charity

Date

Independent Examiner's Report

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2023

I report to the trustees on my examination of the accounts of the charity for the period ended 5th April 2023

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act')

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or**
- 2. the accounts do not accord with those records; or**
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.**

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Amanda Watt
Independent Examiner

Date

28 HAVILLANDS PLACE, WYE, ASHFORD, TN25 5GJ

Statement of Financial Activities

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2023

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	TOTAL FUNDS	2022
Income				
Donations & Legacies	19,012	-	19,012	6,824
Grants ¹	-	-	-	10,000
Other Trading Activities ²	280	-	280	594
Fundraising Events ³	185	-	185	9,289
Total Income	19,477	-	19,477	26,706
Expenditure				
Charitable Activities				
Grants to UK Individuals ⁴	10,898	-	10,898	7,115
Peer Support Project ⁵	150	7,269	7,419	2,688
Operating Expenses				
Bank Fees	-	-	-	5
Audit & Accountancy fees	100	-	100	100
IT Software and Consumables	917	-	917	132
General Expenses	53	-	53	30
Insurance	274	-	274	274
Legal Expenses	40	-	40	-
Postage, Freight & Courier	197	-	197	284
Printing & Stationery	-	-	-	69
Professional fees	1,256	-	1,256	52
Purchase Of Merchandise Stock	170	-	170	3,206
Subscriptions	98	-	98	97
Trustee meetings	1,645	-	1,645	-
Website costs	-	-	-	453
Total Operating Expenses	4,751	-	4,751	4,702
Total Charitable Activities	15,799	7,269	23,069	14,505
Raising Funds				
Card Processing fees	84	-	84	62
Just Giving Monthly Fee	216	-	216	216
Total Raising Funds	300	-	300	278
Total Expenditure	16,100	7,269	23,369	14,783
Gross Profit	3,377	(7,269)	(3,892)	11,923
Administrative Costs				
Consulting	600	-	600	-
Travel - National	72	-	72	-
Total Administrative Costs	672	-	672	-

Statement of Financial Activities

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	TOTAL FUNDS	2022
Net funds	2,705	(7,269)	(4,564)	11,923
Total Funds for the period	2,705	(7,269)	(4,564)	11,923

1. Grants

In July 2021 we secured a grant from the National Lottery to launch our Peer Support project offering free peer support calls to patients seeking information on HSCT. This funding was extended to December 2022 to enable us to complete setting up the IT infrastructure and recruit and train consultants. This service has been operating since January 2023 as business as usual with funds from our unrestricted reserves (normal operating expenses)

2. Other Trading Activities

We started selling AIMS branded products on our website in November 2021. We added the Neutropenic Cookbook to our product range in April 2023

3. Fundraising Events

We held a raffle in December 2022 to win a copy of Dr Richard Burt's book 'Everyday Miracles'

4. Grants to UK Individuals

Mexico - 13 grants totalling £10,031

Russia - 0 grants

UK - 3 grants totalling £867

In 2022 we paid grants to 12 UK individuals

5. Peer Support Project

This represents total expenditure for the year. Restricted funds represent the total paid from the remaining lottery grant and the unrestricted figure represents ongoing payments to Peer Support Consultants from January 2023 from charity reserves (normal operating expenses)

Balance Sheet

Auto Immune and Multiple Sclerosis (A.I.M.S)

As at 5 April 2023

	RESTRICTED FUNDS	UNRESTRICTED FUNDS	TOTAL FUNDS	5 APR 2022
Current Assets				
Cash at bank and in hand	113	53,992	54,104	58,669
Historical Adjustment ¹	-	(57)	(57)	(57)
Tracking Transfers ²	9,219	(9,219)	-	-
Total Current Assets	9,332	44,716	54,047	58,612
Net Current Assets (Liabilities)	9,332	44,716	54,047	58,612
Total Assets less Current Liabilities	9,332	44,716	54,047	58,612
Total Net Assets	9,332	44,716	54,047	58,612
Capital and Reserves				
Current Year Earnings	(7,269)	2,705	(4,564)	11,923
Retained Earnings				
Retained Earnings	16,601	42,010	58,612	46,688
Total Retained Earnings	16,601	42,010	58,612	46,688
The Funds Of The Charity	9,332	44,716	54,047	58,612

1. Historic Adjustment

Full reconciliation of all bank account transactions since 31st March 2021 has created an historic adjustment of £57 relating to the credit balance in the PayPal account as of 5th April 2021 that was not included in the 2020-2021 financial year's balance sheet and therefore represents an understatement of cash at bank and in hand

2. Tracking Transfers

We made the decision to restrict the use of donations to fund travel grants and to use revenue from fundraising events to fund operational costs. The movement represents recoding of funds received from Just Giving from restricted income to unrestricted income

Notes to the Financial Statements

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2023

Accounting Policies

The financial statements have been prepared in accordance with the applicable accounting standards and the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2015 FRSI 02). The financial statements have been prepared under the historical cost convention.

Funds

General funds represent the funds of the charity that are not subject to any restrictions regarding their use and are available for application on the general purposes of the charity at the discretion of the trustees. Funds designated for a particular purpose by the charity are also unrestricted.

Restricted funds are funds received which are subject to specific conditions imposed by the donors.

Transfers of funds are made to recognise the release of restricted funds or to meet expenditure not covered by restricted income.

The accounts include all transactions, assets and liabilities for which the charity is held responsible in law.

Income from Charitable Activities

Income from charitable activities is accounted for when receivable by the charity to the extent that the amount is expected to be received.

Income from investments

Interest is accounted for when received. Tax recoverable on such income is recognised in the same accounting year.

Expenditure - Charitable activities

This includes all costs relating to the activities of the charity and those activities that whilst are fundraising in nature, are also relating to the objects of the charity.

The management and administration of the charity is carried out by the trustees.

Tangible Fixed Assets and Depreciation Fixtures, fittings and office equipment

Assets used within the charity are currently owned by the trustees personally. New equipment with a purchase price of £1000 or less are written off when the asset is acquired.

Current Assets

Amounts owing to the charity at 5th April 2021 are shown as debtors less provision for amounts that may prove uncollectible.

Value Added Tax

The charity is not registered for VAT. Any tax that is paid on the supply of goods and services is charged with the appropriate expense to "Expenditure On".

Reserves Policy

Notes to the Financial Statements

The trustees intend to ensure that there are sufficient reserves to cover the running costs of the charity for a period of approximately 12 months at any one time

Investment Policy

Much of the income of the charity is irregular and uncertain, hence the need to keep funds readily available, therefore the charity invests surplus funds in short term cash deposits with banks or building societies.

AUTO IMMUNE AND MULTIPLE SCLEROSIS (A.I.M.S)

England & Wales - Charity number 1177907

Accounts

Financial Statements

**Auto Immune and Multiple Sclerosis (A.I.M.S)
For the year ended 5 April 2022**

Charity Number 1177907

Auto Immune and Multiple Sclerosis (AIMS)

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2022

Charity Number

1177907

Registered Office

108 Ropeland Way

Horsham

West Sussex

RH12 5NZ

Governing Document

The charity was set up as a Charitable Incorporated Organisation under a governing document registered on 11th April 2018.

Contact

Mrs Alison Coates

Trustees

- Alison Coates
- Ann Wilson (Resigned November 2022)
- James Coates
- Rebecca White
- Laura Robb
- Philippa Charman (Resigned December 2022)
- Preeti Jaswal
- Damien Scott
- Janet Voyce
- Adrian Berkeley

Bankers

The Co-Operative Bank

1 Balloon Street

Manchester

M60 4EP

Independent Examiner

Amanda Watt

Trustees Report

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2022

The trustees present their annual report and the financial statements for the year ended 5th April 2022

Governing Instrument

The charity was set up as a charitable incorporated organisation under a governing document registered on 11th April 2018

Risk Assessment

The charity has reviewed, and systems have been established to mitigate those major risks to which the charity is exposed. In particular with regard to future funding income, new avenues are being explored on a regular basis, including raising awareness of the charity's profile to the general public.

Objectives and Public Benefit

The charity is set up to preserve and protect the health of patients suffering from MS and Autoimmune disease in the UK by providing and assisting in the provision of signposting, advice, support services and grants with particular emphasis (but not by way of limitation) on those seeking HSCT (Haematopoietic Stem Cell Transplant).

Results for the year

The results for the year are set out on page 6.

Review of the Year

- Accounting & Reporting - During the year we have enhanced our financial reporting capability using Xero financial accounting software. Full reconciliation of all bank account transactions since 31st March 2021 has created an historic adjustment of £57 relating to the credit balance in the PayPal account as of 5th April 2021 and not reflected in the previous year (2020) balance sheet
- Peer Support Project - In July 2021 we obtained a grant of £10K from the National Lottery Communities fund to setup our Peer Support Project offering free Peer Support Calls via Zoom to patients seeking information about HSCT. We developed a platform to deliver this service, and now have 7 HSCT veteran Peer Support consultants (3 Trustees & 4 external recruits) that we trained to provide non-medical advice. Our consultants also undertook and passed the accredited online 'Understanding MS' online course from the University of Tasmania to develop their own understanding of the basic biology and pathology of MS. Our other trustees also undertook this course. In addition to this, new groups were added to our social media profile to target specific groups who may need our help and support. We wanted to expand our digital reach given the isolation that many people with MS have experienced due to Covid-19.
- StarMS is a UK trial to compare HSCT against high efficacy DMTs. The trial will take place across 19 centres across the UK and AIMS has been working closely with the StarMS team to publicise and recruit candidates. To this end, AIMS sent 6,000 leaflets detailing HSCT and StarMS to UK neurological centres and continues to host monthly round table meetings with the StarMS team and MS charities.
- We have continued to award grants every quarter. The advent of the StarMS trial means that there will be more patients being treated in the UK who will need our support, and we will be taking this into account when we review our maximum grant policy. We will continue to award travel grants to patients being treated in Mexico but have paused grants to patients opting to be treated in Russia, due to the Russia / Ukraine crisis, and government advice of travel to Russia.
- We have expanded our online shop with branded merchandise to create an additional stream of income for the charity and to increase awareness. Supporters wore our branded clothing at high profile events such as the London Marathon and the LEJOG cycle race in 2021-2022. We plan to expand on the exposure of our brand by developing our links with the media in 2023.

Future of the charity

Our objectives for the charity's growth include:

- To continue the growth of our Peer Support Project, which has allowed us to support MS patients from across the world, and to develop other projects including continuing Peer Support calls and advice regarding Hospital appointments where applicable. We plan to expand this service to include a patient advocacy service for patients who wish to discuss HSCT at a neurology appointment – cognitive function can be severely impacted by MS, and our research has confirmed that many patients would value having an AIMS advocate with them at appointments, to ask the right questions and record outcomes.
- To maintain the awarding of grants and ensure sustainability over the long term, primarily by fundraising. Covid-19 prevented us from hosting fundraising events on the scale that we would have liked, and we plan to expand in this area in the coming months. We aim to host an international HSCT for MS conference to link practitioners, patients, and other interested parties – this has not been done in the UK before.
- To seek, apply for and obtain further grants applicable to developing and sustaining new and existing Projects which will be kept separately to the provision of funds for support and travel grants for HSCT.
- To maximise our fundraising efforts and maintain and expand our relationship with the facilities who treat MS patients with HSCT, and the MS Society, MS Trust, and other organisations (such as the Scottish HSCT Network) raising awareness of this treatment for people with MS and Autoimmune conditions. To build new relationships with relevant organisations and key people.
- To grow as an organisation by recruiting more trustees with specific skills to aid the charity, as well as volunteers. We also aim to begin to employ staff to support the operational side of the charity.
- To invest a proportion of our general reserves, to generate a return that can help us to develop additional products and services.

Reserves Policy

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between expenditure and receiving income from fundraising and donations. The trustees have established a reserves policy for unrestricted reserves, whereby, in order to enable the charity to operate effectively they aim to have twelve months worth of expenditure in general fund reserves.

The trustees therefore consider that the ideal level of reserves as at 5th April 2022 would be £ 18,000. On 5th April 2022 the general reserves were £51,299.33

Alison Coates

Alison Coates (Secretary)

On behalf of the Charity

Date

Independent Examiner's Report

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2022

I report to the trustees on my examination of the accounts of the charity for the period ended 5th April 2021 which are set out on pages 5 and 6.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act')

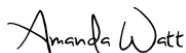
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or**
- 2. the accounts do not accord with those records; or**
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.**

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Amanda Watt
Independent Examiner

Date

28 HAVILLANDS PLACE, WYE, ASHFORD, TN25 5GJ

Statement of Financial Activities

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2022

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	TOTAL FUNDS	2021
Income				
Donations & Legacies ¹	6,824	-	6,824	12,726
Grants ²	-	10,000	10,000	-
Other Trading Activities ³	594	-	594	-
Fundraising Events	9,289	-	9,289	3,611
Total Income	16,706	10,000	26,706	16,337
Expenditure				
Charitable Activities				
Grants to UK Individuals ⁴	7,115	-	7,115	5,000
Peer Support Project ⁵	-	2,688	2,688	-
Operating Expenses				
Bank Fees	5	-	5	-
Audit & Accountancy fees	100	-	100	150
IT Software and Consumables	132	-	132	-
General Expenses	30	-	30	-
Insurance	274	-	274	274
Postage, Freight & Courier	284	-	284	-
Printing & Stationery	69	-	69	-
Professional fees	52	-	52	136
Purchase Of Merchandise Stock	3,206	-	3,206	-
Subscriptions	97	-	97	-
Website costs	453	-	453	921
Total Operating Expenses	4,702	-	4,702	1,481
Total Charitable Activities	11,817	2,688	14,505	6,481
Raising Funds				
Card Processing fees	62	-	62	-
Just Giving Monthly Fee	216	-	216	216
Total Raising Funds	278	-	278	216
Total Expenditure	12,095	2,688	14,783	6,697
Gross Profit	4,611	7,312	11,923	9,640
Net funds	4,611	7,312	11,923	9,640
Total Funds for the period	4,611	7,312	11,923	9,640

1. Donations & Legacies

We introduced a donation form with direct payment options on our website in November 2021 and despite the ongoing impact of Covid-19 donations have remained flat. We have also split out donations raised by fundraising events such as the 2021 Xmas Quiz (£1068) and LeJog (£8210)

2. Grants

Statement of Financial Activities

In July 2021 we secured a grant from the National Lottery to launch our Peer Support project offering free peer support calls to patients seeking information on HSCT

3. Other Trading Activities

We started selling AIMS branded products on our website in November 2021

4. Grants to UK Individuals

Mexico - 7 grants totalling £5186

Russia - 5 grants totalling £1929

UK - 0 grants

In 2021 we paid grants to 5 individuals for treatment in Mexico

5. Peer Support Project

This represents total expenditure relating to the set-up of the infrastructure, recruitment and training of consultants and calls conducted from October 2021 to April 2022. A full breakdown of transactions is provided at the end of this report

Balance Sheet

Auto Immune and Multiple Sclerosis (A.I.M.S)

As at 5 April 2022

	RESTRICTED FUNDS	UNRESTRICTED FUNDS	TOTAL FUNDS	5 APR 2021
Current Assets				
Cash at bank and in hand	7,312	51,356	58,669	46,745
Total Current Assets	7,312	51,356	58,669	46,745
Liabilities falling due within one year				
Historical Adjustment ¹	-	57	57	57
Total Liabilities falling due within one year	-	57	57	57
Net Current Assets (Liabilities)	7,312	51,299	58,612	46,688
Total Assets less Current Liabilities	7,312	51,299	58,612	46,688
Total Net Assets	7,312	51,299	58,612	46,688
Capital and Reserves				
Current Year Earnings	7,312	4,611	11,923	9,640
Retained Earnings				
Retained Earnings	-	46,688	46,688	37,048
Total Retained Earnings	-	46,688	46,688	37,048
The Funds Of The Charity	7,312	51,299	58,612	46,688

1. Historical Adjustment

We have implemented a new financial accounting system and fully automated and reconciled all our transactions creating a small restatement of £57. This adjustment relates to the PayPal balance as at 5th April 2021 that was not included in 'cash at bank and in hand' in the published financial statement for 2020 -2021

Notes to the Financial Statements

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the year ended 5 April 2022

Accounting Policies

The financial statements have been prepared in accordance with the applicable accounting standards and the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2015 FRSI 02). The financial statements have been prepared under the historical cost convention.

Funds

General funds represent the funds of the charity that are not subject to any restrictions regarding their use and are available for application on the general purposes of the charity at the discretion of the trustees. Funds designated for a particular purpose by the charity are also unrestricted.

Restricted funds are funds received which are subject to specific conditions imposed by the donors.

Transfers of funds are made to recognise the release of restricted funds or to meet expenditure not covered by restricted income.

The accounts include all transactions, assets and liabilities for which the charity is held responsible in law.

Income from Charitable Activities

Income from charitable activities is accounted for when receivable by the charity to the extent that the amount is expected to be received.

Income from investments

Interest is accounted for when received. Tax recoverable on such income is recognised in the same accounting year.

Expenditure - Charitable activities

This includes all costs relating to the activities of the charity and those activities that whilst are fundraising in nature, are also relating to the objects of the charity.

The management and administration of the charity is carried out by the trustees.

Tangible Fixed Assets and Depreciation Fixtures, fittings and office equipment

Assets used within the charity are currently owned by the trustees personally. New equipment with a purchase price of £1000 or less are written off when the asset is acquired.

Current Assets

Amounts owing to the charity at 5th April 2021 are shown as debtors less provision for amounts that may prove uncollectible.

Value Added Tax

The charity is not registered for VAT. Any tax that is paid on the supply of goods and services is charged with the appropriate expense to "Expenditure On".

Reserves Policy

Notes to the Financial Statements

The trustees intend to ensure that there are sufficient reserves to cover the running costs of the charity for a period of approximately 12 months at any one time

Investment Policy

Much of the income of the charity is irregular and uncertain, hence the need to keep funds readily available, therefore the charity invests surplus funds in short term cash deposits with banks or building societies.

Peer Support Project Spend (Restricted Funds)

Auto Immune and Multiple Sclerosis (A.I.M.S)

For the period 6 April 2021 to 5 April 2022

Restricted funds is expense.

DATE	CONTACT	DESCRIPTION	DEBIT	CREDIT	ACCOUNT TYPE
Peer Support Business Planning Support					
15 Mar 2022	ALISON COATES	ALISON COATES - Delivery of Peer Support Consultancy Training 28/02/2022	100.00	-	Expense
15 Mar 2022	LAURA ROBB	LAURA ROBB - Peer Support Consultant Induction Training	100.00	-	Expense
Total Peer Support Business Planning Support			200.00	-	
Peer support consultancy costs					
1 Apr 2022	Jean Garrett	Jean Garrett - Peer Support Calls	25.00	-	Expense
1 Apr 2022	Karen Davies	Karen Davies - Peer Support Calls	25.00	-	Expense
Total Peer support consultancy costs			50.00	-	
Peer support marketing/ publicity					
25 Feb 2022	ZOHO	ZOHO - Zoho Social subscription upgrade	213.04	-	Expense
Total Peer support marketing/ publicity			213.04	-	
Peer Support software					
7 Mar 2022	LAURA ROBB	LAURA ROBB - 1 year subscription to Xero Bridge by Parex- to sync website sales with Xero	100.08	-	Expense
7 Mar 2022	LAURA ROBB	LAURA ROBB - Gantt Project Management Software (Peer Support Project)1 year subscription (3 licences)	95.88	-	Expense
28 Sep 2021	WIX	WIX - Upgrade Ascend business plan (website forms)	180.14	-	Expense
6 Sep 2021	Zoom.US	Zoom.US - Peer Support Call service	143.88	-	Expense
Total Peer Support software			519.98	-	
Trustee Peer Support Consultancy Payments					
1 Apr 2022	James Coates	James Coates - Peer Support Calls	50.00	-	Expense
1 Apr 2022	ALISON COATES	ALISON COATES - Peer Support Calls	125.00	-	Expense
1 Apr 2022	Philippa Charman	Philippa Charman	25.00	-	Expense
1 Apr 2022	Damien Scott	Damien Scott	25.00	-	Expense
8 Mar 2022	Philippa Charman	Philippa Charman - PS004	25.00	-	Expense
7 Mar 2022	LAURA ROBB	LAURA ROBB	175.00	-	Expense
7 Mar 2022	James Coates	James Coates	100.00	-	Expense
7 Mar 2022	ALISON COATES	ALISON COATES	1,125.00	-	Expense
Total Trustee Peer Support Consultancy Payments			1,650.00	-	

Peer Support Project Spend (Restricted Funds)

DATE	CONTACT	DESCRIPTION	DEBIT	CREDIT	ACCOUNT TYPE
Total			2,633.02	-	

Payments To Trustees

Auto Immune and Multiple Sclerosis (A.I.M.S) For the period 6 April 2021 to 5 April 2022

Restricted funds is expense, Income.

DATE	CONTACT	DESCRIPTION	DEBIT
Peer Support Business Planning Support			
15 Mar 2022	LAURA ROBB	LAURA ROBB - Peer Support Consultant Induction Training	100.00
15 Mar 2022	ALISON COATES	ALISON COATES - Delivery of Peer Support Consultancy Training 28/02/2022	100.00
Total Peer Support Business Planning Support			200.00
Trustee Peer Support Consultancy Payments			
8 Mar 2022	Philippa Charman	Philippa Charman - PS004	25.00
1 Apr 2022	Philippa Charman	Philippa Charman	25.00
7 Mar 2022	LAURA ROBB	LAURA ROBB	175.00
7 Mar 2022	James Coates	James Coates	100.00
1 Apr 2022	James Coates	James Coates - Peer Support Calls	50.00
1 Apr 2022	Damien Scott	Damien Scott	25.00
7 Mar 2022	ALISON COATES	ALISON COATES	1,125.00
1 Apr 2022	ALISON COATES	ALISON COATES - Peer Support Calls	125.00
Total Trustee Peer Support Consultancy Payments			1,650.00
Total			1,850.00

AUTO IMMUNE AND MULTIPLE SCLEROSIS (A.I.M.S)

England & Wales - Charity number 1177907

Accounts

**Auto Immune & Multiple Sclerosis (AIMS)
Charity Number: 1177907**

Financial Statements for the year ended 5th April 2021

Auto Immune and Multiple Sclerosis (AIMS)

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Charity Name	Auto Immune & Multiple Sclerosis (AIMS)
Charity Number	1177907
Contact Address	48 River View Tarleton Preston PR4 6EQ
Governing Document	The charity was set up as a Charitable Incorporated Organisation under a governing document registered on 11th April 2018.
Contact	Mrs Alison Coates
Trustees	Alison Coates James Coates Rebecca White Laura Robb Philippa Charman Preeti Jaswal Ann Wilson Damien Scott Janet Voice Adrian Berkeley
Trustee Resignations	Mark Rye (2020) Patrick McCormack (2021)
Bankers	The Co-Operative Bank 1 Balloon Street Manchester M60 4EP
Independent Examiner	Mindy Watt

Auto Immune and Multiple Sclerosis (AIMS)

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The trustees present their annual report and the financial statements for the year ended 5th April 2021.

Governing instrument

The charity was set up as a charitable incorporated organisation under a governing document registered on 11th April 2018.

Objects and Public Benefit

The charity is set up to preserve and protect the health of patients suffering from MS and Autoimmune disease in the UK by providing and assisting in the provision of signposting, advice, support services and grants with particular emphasis (but not by way of limitation) on those seeking HSCT (Haematopoietic Stem Cell Transplant).

Results for year

The results for the year are set out on page 5.

Review of the year

During this year we have continued to have a lot of success in encouraging many more of our supporters to raise money on behalf of AIMS. This has included walks, marathons and birthday fundraisers. We are hoping to develop a Peer Support Project and are exploring funding streams for this. Our travel grants have commenced and we have increased the number of these for patients pursuing HSCT in the UK, Russia and Mexico over the year. Even throughout Covid we were able to award 5 travel grants to people having HSCT. Our social media links and website have been updated not only to raise awareness of HSCT but to communicate and support more closely with our members and anyone requiring advice or support. We have a number of regular payments from supporters to assist funding and our relationships with the centres we endorse continue to gain strength. Alison, James, Paddy and Becky previously (2019) conducted interviews in both Russia and Mexico with the teams providing HSCT which have now been included on our website for further support and information to our members. We continue to expand our relationship with the MS Society and other charitable organisations.

Future of the charity

To continue the development of our Peer Support Project, and to develop other projects including support calls and advice regarding Hospital appointments where applicable. To maintain the awarding of grants and ensure sustainability over the long term, primarily by fundraising. Also to seek, apply and obtain further grants applicable to developing and sustaining new and existing Projects which will be kept separately to the provision of funds for support and travel grants for HSCT. To maximise our fundraising efforts and maintain and expand our relationship with the facilities who treat MS patients with HSCT and the MS Society, MS Trust and other organisations raising awareness of this treatment for people with MS and Autoimmune conditions. To grow as an organisation and employ staff.

Reserves Policy

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between expenditure and receiving income from fundraising and donations. The trustees have established a reserves policy for unrestricted reserves, whereby, in order to enable the charity to operate effectively they aim to have twelve months worth of expenditure in general fund reserves.

The trustees therefore consider that the ideal level of reserves as at 5th April 2021 would be £ 12,000. On 5th April 2021 the general reserves were £ 46,688.

Risk assessment

The charity has reviewed, and systems have been established to mitigate those major risks to which the charity is exposed. In particular with regard to future funding income, new avenues are being explored on a regular basis, including raising awareness of the charity's profile to the general public.

Auto Immune and Multiple Sclerosis (AIMS)

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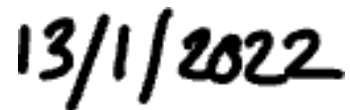
Statement of Trustees Responsibilities

Charity law requires the trustees to prepare financial statements for each financial period which give a true and fair view of the financial activities of the charity for that period and of its financial position at the end of the period.

In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards and Statements of Recommended Practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.


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Alison Coates (Secretary)

On behalf of the charity

Date

Auto Immune and Multiple Sclerosis (AIMS)

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Independent Examiner's Report to the Trustees of Auto Immune and Multiple Sclerosis (A.I.M.S.)

I report to the trustees on my examination of the accounts of the charity for the period ended 5th April 2021 which are set out on pages 5 and 6.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act')

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Watt

Mindy Watt

28 HAVILLANDS PLACE,
WYE,
ASHFORD,
TN25 5GJ

Auto Immune and Multiple Sclerosis (AIMS)

Statement of Financial Activities

		Unrestricted	Restricted	Total Funds	
	Note	Funds	Funds	2021	2020
			£	£	£
Income from:					
Donations and legacies	2	12,706	0	12,706	13,499
Other trading activities	3	3,611	0	3,611	1,574
TOTAL INCOME		16,317	0	16,317	15,073
Expenditure On:					
Charitable Activities	4	6,481	0	6,481	10,506
Raising Funds	5	216	0	216	965
TOTAL EXPENDITURE		6,697	0	6,697	11,471
NET INCOME		9,620	0	9,620	3,602
Transfer between funds		0	0	0	0
		9,620	0	9,620	3,602
Total Funds Brought forward at 6th April 2020		37,068	0	37,068	33,466
Total Funds carried forward at 5th April 2021		46,688	0	46,688	37,068

Auto Immune and Multiple Sclerosis (AIMS)

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Balance Sheet as at 5th April 2021

	Note	2021 £	2020 £
Fixed Assets	7	0	0
Current Assets			
Debtors		0	0
Bank Balance	8	46,688	37,608
Liabilities falling due within one year			
Accruals	9	0	540
Total Net Assets		46,688	37,068
The funds of the charity			
Unrestricted		46,688	37,068
Restricted		0	0
		46,688	37,068

Approved by the board of Trustees on 15/1/22 and signed on its behalf by



Alison Coates



James Coates

The notes on pages 7 to 9 form part of these accounts

Auto Immune and Multiple Sclerosis (AIMS)

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Notes to the Financial Statements for the period ended 5th April 2021

Accounting policies

The financial statements have been prepared in accordance with the applicable accounting standards and the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2015 FRSI 02). The financial statements have been prepared under the historical cost convention.

Funds

General funds represent the funds of the charity that are not subject to any restrictions regarding their use and are available for application on the general purposes of the charity at the discretion of the trustees. Funds designated for a particular purpose by the charity are also unrestricted.

Restricted funds are funds received which are subject to specific conditions imposed by the donors.

Transfers of funds are made to recognise the release of restricted funds or to meet expenditure not covered by restricted income.

The accounts include all transactions, assets and liabilities for which the charity is held responsible in law.

Income

Income from Charitable Activities

Income from charitable activities is accounted for when receivable by the charity to the extent that the amount is expected to be received.

Income from investments

Interest is accounted for when received. Tax recoverable on such income is recognised in the same accounting year.

Expenditure

Charitable activities

This includes all costs relating to the activities of the charity and those activities that whilst are fundraising in nature, are also relating to the objects of the charity.

The management and administration of the charity is carried out by the trustees.

Tangible Fixed Assets and Depreciation

Fixtures, fittings and office equipment

Assets used within the charity are currently owned by the trustees personally. New equipment with a purchase price of £1000 or less are written off when the asset is acquired.

Current Assets

Amounts owing to the charity at 5th April 2021 are shown as debtors less provision for amounts that may prove uncollectible.

Value Added Tax

The charity is not registered for VAT. Any tax that is paid on the supply of goods and services is charged with the appropriate expense to "Expenditure On".

Reserves Policy

The trustees intend to ensure that there are sufficient reserves to cover the running costs of the charity for a period of approximately 12 months at any one time

Investment Policy

Much of the income of the charity is irregular and uncertain, hence the need to keep funds readily available, therefore the charity invests surplus funds in short term cash deposits with banks or building societies.

Auto Immune and Multiple Sclerosis (AIMS)

Notes to the Financial Statements

For the Year Ended 5th April 2021

Note		Unrestricted	Restricted	Total Funds	
		Funds	Funds	2021	2020
2	Donations and Legacies				
	Donations	12,706	0	12,706	13,499
		12,706	0	12,706	13,499
3	Other Trading Activities				
	Fundraising Events	0	0	0	1,574
	Fundraising Commission	3,611	0	0	0
		3,611	0	0	1,574
4	Charitable Activities				
	Grants to 5 UK individuals (2020,10)	5,000	0	5,000	5,289
	Hotel and travel	0	0	0	3,202
	Meeting	0	0	0	350
	Professional fees	136	0	136	150
	Website/IT	921	0	921	428
	Insurance	274	0	274	327
	Subscriptions	0	0	0	40
	Accountant/ Ind Expert	150	0	150	540
	Sundry	0	0	0	180
		6,481	0	6,481	10,506
5	Raising Funds	0	0	0	0
	Fundraising Expenses	0	0	0	743
	Card processing fees	216	0	0	222
	Registration fees	0	0	0	0
		216	0	0	965

Auto Immune and Multiple Sclerosis (AIMS)

Notes to the Accounts for the Year Ended 5th April 2021

6 Staff Costs

During the year the charity had no employees. The trustees received no remuneration during the period

The trustees were reimbursed expenses during the year of £752 (2020 :£2,678).

There are no other items to be disclosed.

7 Tangible fixed assets.

The charity has use of office equipment and assets owned by the trustees at no cost to the charity.

8 Bank Balances

	2021	2020
	£	£
Co-operative bank-current account	46,688	37,608

9 Liabilities

	2021	2020
	£	£
Accruals	0	540

10 Fund Balances

	2020	Income	Expenditure	Gains/Losses	2021
	£	£	£	£	£
General Funds	37,068	16,317	6,697	0	46,688
Restricted Funds	0	0	0	0	0
	37,068	16,317	6,697	0	46,688