

Trustee Annual Report

Yellowbird Age Friendly Drop-in & Advice Group
Charity Registration Number: 1177904
For the Financial Year Ended: 2024

1. Introduction

This report outlines the work of **Yellowbird Age Friendly Drop-in & Advice Group** during the financial year ended **2024**. The trustees are pleased to present an overview of our activities, impact, and financial position.

2. Governance & Management

2.1 Legal Status & Structure

- **Yellowbird Age Friendly Drop-in & Advice Group** is a **registered charity** governed by a **Constitution**
- The charity is managed by a **board of trustees**, who oversees its work and ensure compliance with legal requirements.

2.2 Trustees

The following trustees served during this period:

- **Amy Muthra (Chair)**
- **Alaina Choudary (Treasurer)**
- **Hartley Polson (Secretary)**
- **Eula Mesquita (Trustee)**

Trustees are **elected annually by members or co-opted by existed trustees**.

3. Objectives & Activities

3.1 Our Mission

To provide services and activities that enhance and improve the quality of life of the elderly targeting isolation and loneliness ensuring they stay fit, healthy, active and connected.

3.2 Key Activities & Achievements

Over the past year, **Yellowbird Age Friendly Drop-in & Advice Group** has continued to deliver vital support and engagement for elders through a range of well-established activities, including:

- **Weekly Drop-in Sessions (Thursday Lunch Club)** – Provided a warm, friendly space where elders could have a meal, socialise, share experiences, and access support.
- **Advice & Support Services** – Assisted individuals with issues such as benefits, housing, healthcare, and general well-being.
- **Community Engagement Events** – Organised social and cultural activities to combat loneliness and promote connection. Facilitated Christmas Dinner on 19 December 2024 courtesy of the Bugle Group.
- **Health & Well-being Activities** – Facilitated usual chair-based exercises to encourage physical activity.
- **Creative & Cultural Activities** – Offered opportunities for members to engage in board games etc.
- **Peer Support & Confidence Building** – Encouraged members to share personal experiences, challenges, and successes in a respectful and understanding environment.

These activities, which have been at the heart of our mission, have directly benefited 10-15 people in our community weekly, reinforcing our long-standing commitment to reducing social isolation and loneliness, confidence building and improving the quality of life for our elders.

4. Financial Review

4.1 Income & Expenditure

For the financial year ending **31/03/2023**, **Yellowbird Age Friendly Drop-in & Advice Group** operated without external grants or formal funded. Instead, all activities and services were sustained through members' subscriptions.

- **Total income:** £1500 (100% from members' subscriptions)
- **Total expenditure:** £1400 (used for lunches, activity materials, and operational expenses)
- **Closed balance:** £0

4.2 Sustainability & Financial Challenges

As we rely entirely on member' subscriptions, financial sustainability remains a key challenge. We continue to manage our resources carefully to ensure the continuation of our services while exploring potential funding opportunities that align with our mission.

4.3 Reserves Policy

At the close of the financial year, the charity maintained **£100** in reserves. These funds are crucial for covered essential costs and ensured that we can continue to provide a welcomed space for our members.

5. Future Plans & Development

Looking ahead, **Yellowbird Age Friendly Drop-in & Advice Group** aims to strengthen and expand its support services for elders. Key areas for development include:

- **Expanded Outreach:** We aim to reach and support more elders, particularly those experiencing loneliness, isolation.
- **Securing Additional Funding:** As we currently operate solely on members' subscriptions, we will actively seek funding opportunities to enhance our service delivery and provide additional resources for our beneficiaries.
- **Strengthening Partnerships:** We plan to develop stronger collaborations with local organisations to expand our impact and improve the support available to our members.

By pursuing these initiatives, we hope to broaden our reach, improve operational efficiency, and secure a more sustainable future for the group.

6. Compliance & Governance Statement

- No serious incidents were reported to the Charity Commission.
- The charity remains compliant with its governing document and legal obligations.

7. Trustee Declaration

The trustees confirm that this report has been approved by the board on **03/10/2025**.

Signed on behalf of the trustees:

X

Amy Muthra
Chair

X

Hartley Polson
Secretary