

# Trustee Annual Report

**Yellowbird Age Friendly Drop-in & Advice Group**

**Charity Registration Number: 1177904**

**For the Financial Year Ending: 2023**

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## 1. Introduction

This report outlines the work of **Yellowbird Age Friendly Drop-in & Advice Group** during the financial year ending **2023**. The trustees are pleased to present an overview of our activities, impact, and financial position.

## 2. Governance & Management

### *2.1 Legal Status & Structure*

- **Yellowbird Age Friendly Drop-in & Advice Group** is a **registered charity** governed by a **Constitution**
- The charity is managed by a **board of trustees**, who oversees its work and ensure compliance with legal requirements.

### *2.2 Trustees*

The following trustees served during this period:

- **Amy Muthra (Chair)**
- **Hartley Polson (Secretary)**
- **Alaina Choudry (Treasurer)**
- **Eula Mesquita (Trustee)**

Trustees are **elected annually by members or co-opted by existing trustees**.

## 3. Objectives & Activities

### *3.1 Our Mission*

To provide services and activities that enhance and improve the quality of life of the elderly targeting isolation and loneliness ensuring they stay fit, healthy, active and connected.

### *3.2 Key Activities & Achievements*

Over the past year, **Yellowbird Age Friendly Drop-in & Advice Group** has continued to deliver vital support and engagement for older adults through a range of well-established activities, including:

- **Thursday Lunch Club** – Provided a warm, friendly space where older adults can socialise, share experiences, and access support.
- **Advice & Support Services** – Informed and assisted individuals on how to access local services e.g. housing and health provisions and local authority services.
- **Health & Well-being Activities** – Facilitated light chair-based exercises to encourage physical activity.
- **Peer Support & Confidence Building** – Encouraged members to share personal experiences and challenges.

Service take-up slightly improving as we recover from the pandemic.

## 4. Financial Review

### *4.1 Income & Expenditure*

For the financial year ending 31/03/2023, **Yellowbird Age Friendly Drop-in & Advice Group** operated without external grants or formal funding. Instead, all activities and services were sustained through voluntary contributions from group members.

- **Total income:** £1500 (100% from member contributions and donations)
- **Total expenditure:** £1500 (used for lunches and operational expenses)
- **Closing balance:** £0

### *4.2 Sustainability & Financial Challenges*

As we rely entirely on member contributions, financial sustainability remains a key challenge. We continue to manage our resources carefully to ensure the continuation of our services while exploring potential funding opportunities that align with our mission.

### *4.3 Reserves Policy*

At the close of the financial year, the charity had no reserves.

## 5. Future Plans & Development

Looking ahead, **Yellowbird Age Friendly Drop-in & Advice Group** aims to strengthen and maintain its support services for older adults. Key areas for development include:

- **Expanding Outreach:** We aim to reach and support more elders, particularly those experiencing loneliness and isolation.
- **Securing Additional Funding:** As we currently operate solely on member contributions, we will actively seek funding opportunities to enhance our service delivery and provide additional resources for our beneficiaries.
- **Strengthening Partnerships:** We plan to develop stronger collaborations with local organisations to expand our impact and improve the support available to our members.

By pursuing these initiatives, we hope to broaden our reach, improve operational efficiency, and secure a more sustainable future for the group.

## **6. Compliance & Governance Statement**

- No serious incidents were reported to the Charity Commission.
- The charity remains compliant with its governing document and legal obligations.

## **7. Trustee Declaration**

The trustees confirm that this report has been approved by the board on **03/10/2025**.

Signed on behalf of the trustees:

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Amy Muthra  
Chair

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Hartley Polson  
Secretary