



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	April	2021		31	March	2022

Section A Reference and administration details

Charity name FLYNNE'S BARN

Other names charity is known by

Registered charity number (if any) 1177897

Charity's principal address Thorneythwaite Farm

Borrowdale

Keswick

Postcode

CA12 5XQ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Anne Darlington	Chair		
2	Claire Wormsley			
3	Katherine Bonner			
4	Richard McKerrow			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Katherine Bonner, Robin Ewart-Biggs (co-founders and coordinators)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

Every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote and protect the physical and mental health of children and young people up to the age of 25 diagnosed and living with cancer and other life-changing illnesses by providing holidays and creative workshops, outward bound activities, emotional support and practical advice.

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

This is the fourth reporting year for Flynnne's Barn. It took place during the COVID-19 pandemic and therefore within the restrictions in place during this time. As such, activities carried out during 2020/2021 mainly continued: to lay the ground for future work; and to develop the Counselling and Family Support project initiated in 2019/2020. Specific activities are listed in Section D.

The charity aims to alleviate the suffering and distress caused to children and young people living with cancer and other life-changing illnesses, and their families, by providing day and residential visits, creative and outward-bound activities, and emotional and psychosocial support. This advances health, relieves suffering and distress, and aims to build resilience and wellbeing.

Flynnne's Barn proposes to meet the needs of beneficiaries by providing services and facilities through which young people living with cancer and other potentially life-limiting illnesses can:

- a. Meet with others going through similar experiences and receive peer support in a welcoming and nurturing environment, which is safe and secure.
- b. Engage in a range of activities that will help them to get away from the stresses associated with illness and treatment, and to build resilience, confidence, teamwork, positive relationships and hope for the future [improved wellbeing], through:
 - a creative hub, where young people will be free to explore a range of art, craft and musical materials [peer to peer, expressive activities]
 - specialist-led workshops [skill-based interventions]
 - outward-bound activities: abseiling, archery, kayaking, canoeing, hill-walking [physical and emotional well-being].
- c. Engage in professional counselling and family support.

Flynn's Barn trustees 'have regard' to the Commission's public benefit guidance 'when exercising any powers or duties to which the guidance is relevant'.

'Having regard' to its public benefit guidance means charity trustees should be able to show that:

- they are aware of the guidance
- they have taken it into account when making a decision to which the guidance is relevant
- if they have decided to depart from the guidance, they have good reasons for doing so

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Flynne's Barn was registered as a Charitable Incorporated Organisation on 11th April 2018. This is the fourth Trustees' Report.

Trustees:

We have retained a core group of founder trustees. The recruitment of trustees with experience in medical services (paediatric oncology/ wellbeing) and charity fundraising, and with local connections, has not taken place due to the slowing down of overall charity development caused by the pandemic. However, this is still planned to take place as we build stronger connections with professionals in the North West.

Strategy 2021-2022

The strategy from 2020/2021 was reviewed in light of the pandemic and re-formulated for 2021/2022 as follows:

- to carry out our first group residential visit if possible, subject to COVID-19 restrictions, guidance, safety protocols and returning confidence of partner organisations, young people and their families;
- to continue networking with national and local organisations working with young people living with cancer;
- to consolidate the Counselling and Family Support service.

The Thorneythwaite site:

The development of the site reached completion in October 2021. Please note that this development is independent from the charity but, now finished, is available to the charity to use for residential visits and other activities.

Love Productions filming of developments continued, with the subsequent release of promotional footage.

Visits and networking

It has been a key year in the development of the charity as we welcomed our first residential group and continued to establish connections with other organisations. The periods of reflection in 2021 and the networking we have done show that there is a need for us to work more broadly with families affected by a young person's cancer diagnosis and with professionals working in the field.

Accordingly, while the site was still under development in the summer of 2021, we offered day visits for the Teenage Cancer Trust team based in the North West. Referrals followed, including a family and then a couple. As a result of our growing partnership with CancerCare, we also welcomed their Re-Fresh group for a day visit.

Once development of the site was finished In October 2021, we were able to re-welcome the Re-Fresh girls for our first residential group in collaboration with CancerCare.

Different models for Flynnne's Barn visits are evolving. In February this year we hosted a Friendship Support Bubble visit of fourteen teenagers for the week. A young man has since benefited from a solo residential stay as of March 2022.

Over the course of these first residential stays we have continued to strengthen our relationships with local Lake District allies and friends of Flynnne's Barn, including potential providers of activities for visits and residentials.

Counselling and family support project

With the onset of the pandemic and subsequent cancellation of our pilot group visits in 2020, the momentum Flynnne's Barn had been gathering was put on hold. We had therefore decided to set up an online and telephone counselling and support service for young people and their families in 2021. As part of this, we linked up with a number of Cumbria, North West and national organisations, including Cumbria Youth Alliance, CancerCare, Trekstock, Young Lives versus Cancer and the Teenage Cancer Trust team in Manchester.

Through this 2021/2022 period we have continued to commission two qualified and experienced youth counsellors for sessional work, and taken referrals from the treatment centres we're linked into. Sessions have been taking place via Zoom or telephone; and we plan to offer those using the service to come together for a residential.

The work our counsellors have been doing during this time is invaluable and much needed to support young people not only with the stress of a cancer diagnosis but also with anxieties that have been compounded by the pandemic. This financial year we have generated 19 referrals, compared to the 3 in our launch year 2020/2021. We ran a total of 103 sessions over this 2021/2022 period. Both referrals and total sessions increased 6-fold from 2020/2021 to 2021/2022. We hope to continue this expansion through 2022/2023 as mental health services nationwide are overstretched and young people struggle to access this kind of tailored support.

The project is fully funded for 2022 thanks to much appreciated grants from the E.C. Graham Trust and, for a second time, the National Lottery Community Fund.

Fundraising:

As COVID-19 restrictions have eased during 2021/2022, fundraising activities curtailed by the pandemic have been able to recommence. There have been a range of imaginative fundraising endeavours.

The Isherwood family held a Curry and Cocktails evening in December 2021. Many thanks to the chefs, musicians, all who donated generous auction prizes and to those who enjoyed the evening. £900 was raised.

This year we received a £2,500 donation from St James's Place to fund the visit for Harry P and his support bubble. Harry also donated £400 to

Section D

Achievements and performance

cover the costs of transport for the group. These generous donations ensured that the group had a fantastic visit and will also help towards future group visits.

As mentioned earlier, the E.C. Graham Trust and the National Lottery Community Fund provided grants covering the counselling and family support project.

We also received a significant donation from the Robert Gavron Charitable Trust.

We are very grateful to all who make regular contributions and who think of unique ways of raising funds for Flynnne's Barn.

Summary

The thinking and planning time that we have had throughout the pandemic has shown us that we are in a strong position to be flexible in the support we can offer. Whilst supporting young people will always be at the core of what we do, we anticipate that Flynnne's Barn will work more broadly with families affected by cancer and with the professionals supporting them. It has been special to see this come into fruition and provide our first of many residential stays during this 2021/2022 period.

Section E

Financial review

Brief statement of the charity's policy on reserves

The trustees will consider the level of reserves that is prudent for Flynnne's Barn to have when agreeing the annual budget. Consideration will be given to future strategy, potential redundancy liabilities, and any other significant factors that should be taken into account were Flynnne's Barn to close or move to new premises. The specific reserves policy including any designation of reserves for specific purposes will be agreed by trustees on an annual basis.

Details of any funds materially in deficit

Non applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Principle source of funding during this period: individual donations

Section F**Other optional information**

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Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Anne Darlington	
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Position (eg Secretary, Chair, etc)

Chair of Trustees	
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Date

26/07/22



Receipts and payments account

For the period from	Period start date 01.04.2021	To
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
A1 Receipts			
Donations	33,824	-	-
Grants	10,431	12,465	-
Fundraising events	2,623	-	-
Interest on deposit accounts	8	-	-
Sub total (Gross income for AR)	46,886	12,465	-
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	46,886	12,465	-
A3 Payments			
Office: postage, stationery, etc.	8	-	-
Bank interest and charges	96	-	-
ICT	830	1,189	-
Psychosocial Activity materials	207	-	-
Governance	1,135	-	-
Promotion (audit & evaluation)	-	454	-
Promotion (website)	-	-	-
Staffing	2,266	-	-
Counselling project	-	5,425	-
Residential	2,567	-	-
Sub total	7,109	7,068	-
A4 Asset and investment purchases, (see table)			
	-	-	-
	-	-	-
Sub total	-	-	-
Total payments	7,109	7,068	-
Net of receipts/(payments)	39,777	5,397	-
A5 Transfers between funds	-	-	-
A6 Cash funds last year end	44,009	409	-
Cash funds this year end	83,786	5,806	-

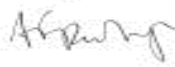
Section B Statement of assets and liabilities at the end of

Categories	Details	Unrestricted funds to nearest £
B1 Cash funds	Current account	27,734
	Despoit account	56,052
		-
	Total cash funds	83,786
	(agree balances with receipts and payments account(s))	OK
B2 Other monetary assets	Details	
		-
		-
		-
		-
		-
		-
B3 Investment assets	Details	Fund to which asset belongs
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs
B5 Liabilities	Details	Fund to which liability relates

Signed by one or two trustees on
behalf of all the trustees

Signature

Print N



Anne Dar

o (if any)
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Period end date
31.03.2022

CC16a



Total funds

Last year

to the nearest £

to the nearest £

33,824	14,708
22,896	-
2,623	-
8	12
59,351	14,720

-	
-	-
-	-

59,351	14,720
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8	65
96	69
2,019	1,660
207	2,531
1,135	1,171
454	2,590
-	434
2,266	-
5,425	-
2,567	1,833
14,177	10,353

-	
-	
-	-

14,177	10,353
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45,174	4,367
-	-
44,418	39,961
89,592	44,328

the period

Restricted funds to nearest £	Endowment funds to nearest £
5,806	-
-	-
-	-
5,806	-
OK	OK

Restricted funds to nearest £	Endowment funds to nearest £
-	-
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

Amount due (optional)	When due (optional)
-	
-	

-	
-	
-	

lame	Date of approval
lington	07/26/2022



Section A

Independent Examiner's Report

Report to the
trustees/directors/
members of

Flynn's Barn.

On accounts for the year
ended

31/03/2022

Charity no.:

1177897

Company no.:

Set out on pages

I report to the charity trustees on my examination of the accounts of the Company for the year ended

Responsibilities and
basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

Independent
examiner's statement

~~[The company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below~~*) which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- ~~the accounts have not been prepared in accordance with the Charities SORP (FRS102).~~

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: L E Waller Date: 15/07/2022

Name: LINDA E WALLER

Relevant professional qualification(s) or body (if any):

n/a

Address:

4 PENNYHILL PARK

PENRITH

CUMBRIA CA11 9JU

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.