



Trustees' Annual Report for the period

| From | Period start date | | | To | Period end date | | |
|------|-------------------|-------|------|----|-----------------|-------|------|
| | 1 | April | 2020 | | 31 | March | 2021 |

Section A Reference and administration details

Charity name FLYNNE'S BARN

Other names charity is known by

Registered charity number (if any) 1177897

Charity's principal address Thorneythwaite Farm

Borrowdale

Keswick

Postcode

CA12 5XQ

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|------------------|-----------------|-----------------------------------|---|
| 1 | Anne Darlington | Chair | | |
| 2 | Claire Wormsley | | | |
| 3 | Katherine Bonner | | | |
| 4 | Richard McKerrow | | | |
| 5 | Sian Macfie | | 01.04.20-31.08.20 | |
| 6 | | | | |

Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
| | |
| | |
| | |

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

Katherine Bonner, Robin Ewart-Biggs (co-founders and coordinators)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

Every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote and protect the physical and mental health of children and young people up to the age of 25 diagnosed and living with cancer and other life-changing illnesses by providing holidays and creative workshops, outward bound activities, emotional support and practical advice.

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

This is the third reporting year for Flynn's Barn. It took place entirely during the COVID-19 pandemic and therefore within the restrictions in place during this time. As such, activities carried out during 2020/2021 mainly continued: to lay the ground for future work; and to develop the Counselling and Family Support project initiated in 2019/2020. Specific activities are listed in Section D.

The charity aims to alleviate the suffering and distress caused to children and young people living with cancer and other life-changing illnesses, and their families, by providing day and residential visits, creative and outward-bound activities, and emotional and psychosocial support. This advances health, relieves suffering and distress and aims to build resilience and wellbeing.

Flynne's Barn proposes to meet the needs of beneficiaries by providing services and facilities through which young people living with cancer and other potentially life-limiting illnesses can:

- a. Meet with others going through similar experiences and receive peer support in a welcoming and nurturing environment, which is safe and secure.
- b. Engage in a range of activities that will help them to get away from the stresses associated with illness and treatment, and to build resilience, confidence, teamwork, positive relationships and hope for the future [improved wellbeing], through:
 - a creative hub, where young people will be free to explore a range of art, craft and musical materials [peer to peer, expressive activities]
 - specialist-led workshops [skill-based interventions]
 - outward-bound activities: abseiling, archery, kayaking, canoeing, hill-walking [physical and emotional well-being].
- c. Engage in professional counselling and family support.

Flynne's Barn trustees 'have regard' to the Commission's public benefit guidance 'when exercising any powers or duties to which the guidance is relevant'.

'Having regard' to its public benefit guidance means charity trustees should be able to show that:

- they are aware of the guidance
- they have taken it into account when making a decision to which the guidance is relevant
- if they have decided to depart from the guidance, they have good reasons for doing so

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Flynne's Barn was registered as a Charitable Incorporated Organisation on 11th April 2018. This is the third Trustees' Report.

Trustees:

We have retained a core group of founder trustees. The recruitment of trustees with experience in medical services (paediatric oncology/ wellbeing) and charity fundraising, and with local connections, has not taken place due to the slowing down of overall charity development caused by the pandemic. However, this is still planned to take place as we build stronger connections with professionals in the North West.

Strategy 2020-2021

The strategy from 2019-2020 was reviewed in light of the pandemic and re-formulated for 2020-2021 as follows:

- to carry out pilot group visits where possible and subject to COVID-19 restrictions, guidance, safety protocols and returning confidence of partner organisations, young people and their families;
- to continue networking with national and local organisations working with young people living with cancer;
- to develop the Counselling and Family Support service;

The Thorneythwaite site:

The site is being developed and works continued throughout 2020-2021; by the end of the reporting year these were near completion. Several significant aspects remained outstanding that would be required for completion, including North West electricity service upgrade. Please note that this development is independent from the charity but, once completed, will be available to the charity to use for residential visits and other activities.

Love Productions filming of developments continue, with a view to promotional footage and a possible documentary.

Pilot Groups

Disappointingly we had to cancel planned pilot group visits for the Spring and Summer of 2020 due to the pandemic. These were a central part of our strategy to build evidence for the Flynne's Barn approach through an ongoing independent evaluation and to use this for networking, promotion and fundraising activities.

Networking

However, we have been able to continue networking, partly through the continuation of the Counselling and Family Support service that we have been offering remotely.

Section D

Achievements and performance

This has included contact with Teenage Cancer Trust and NHS staff based in Manchester and Lancashire, CancerCare in Kendal and Lancashire and through the Cumbria Youth Alliance.

We have begun or furthered relationships with local Lake District allies and 'friends of Flynnne's Barn, including potential providers of activities for visits and residentials.

Counselling and family support project

With the onset of the pandemic and subsequent cancellation of our pilot group visits, the momentum Flynnne's Barn had been gathering was put on hold. We had therefore decided to set up an online and telephone counselling and support service for young people and their families. As part of this, we linked up with a number of Cumbria, North West and national organisations, including Cumbria Youth Alliance, CancerCare, Trekstock and the Teenage Cancer Trust team in Manchester. Initially, the National Lottery funding we secured was for young Cumbrian residents who have been impacted by COVID 19. We have since determined to continue the counselling service beyond the pandemic and extend it outside of Cumbria through general funds. We anticipate that as our network of young people grows in the future this will be a positive service that we can offer after a stay at Flynnne's Barn.

Fundraising:

As mentioned above, fundraising activities have been curtailed by the pandemic and the need to restrict planned activities. We are so very grateful to all who make regular contributions and who think of imaginative ways of raising funds for Flynnne's Barn. Particular thanks to Nic who raised £900 and to Aoise who raised £500 from sales of her debut CD Nashville in Heaven.

Summary

The thinking and planning time that we have had during this challenging year has shown us that we are in a strong position to be flexible in the support we can offer. Whilst supporting young people will always be at the core of what we do, we anticipate that Flynnne's Barn will work more broadly with families affected by cancer and with the professionals supporting them.

Section E

Financial review

Brief statement of the charity's policy on reserves

The trustees will consider the level of reserves that is prudent for Flynnne's Barn to have when agreeing the annual budget. Consideration will be given to future strategy, potential redundancy liabilities, and any other significant factors that should be taken into account were Flynnne's Barn to close or move to new premises. The specific reserves policy including any designation of reserves for specific purposes will be agreed by trustees on an annual basis.

Details of any funds materially in deficit

Non applicable

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Principle source of funding during this period: individual donations

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Anne Darlington

Position (eg Secretary, Chair, etc)

Chair of Trustees

Date

20.12.2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Flynn's Barn

No (if any)
1177897

Receipts and payments accounts

| | | | |
|------------------------|---------------------------------|----|-------------------------------|
| For the period from | Period start date 01.04.2020 | To | Period end date 31.03.2021 |
|------------------------|---------------------------------|----|-------------------------------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ |
|--|---|--------------------------------------|-------------------------------------|---------------------------------|
| A1 Receipts | | | | |
| Donations, legacies and grants | 6,843 | 7,865 | - | 14,708 |
| Fundraising events | - | - | - | - |
| Fundraised, t-shirts | - | - | - | - |
| Interest on deposit accounts | 12 | - | - | 12 |
| | - | - | - | - |
| | - | - | - | - |
| | - | - | - | - |
| | - | - | - | - |
| Sub total (Gross income for AR) | 6,855 | 7,865 | - | 14,720 |
| A2 Asset and investment sales, (see table). | | | | |
| | - | - | - | - |
| | - | - | - | - |
| Sub total | - | - | - | - |
| Total receipts | 6,855 | 7,865 | - | 14,720 |
| A3 Payments | | | | |
| Fundraising costs | - | - | - | - |
| Printing, postage, stationery, computer supplies & ICT | 909 | 751 | - | 1,660 |
| Bank interest and charges | 69 | - | - | 69 |
| Psychosocial Activity materials | - | 2,531 | - | 2,531 |
| Governance | 1,171 | - | - | 1,171 |
| Office | - | 65 | - | 65 |
| Promotion (audit & evaluation) | 454 | 2,136 | - | 2,590 |
| Promotion (website) | 294 | 140 | - | 434 |
| Residential / counselling | - | 1,833 | - | 1,833 |
| Sub total | 2,897 | 7,456 | - | 10,353 |
| A4 Asset and investment purchases, (see table) | | | | |
| | - | - | - | - |
| | - | - | - | - |
| Sub total | - | - | - | - |
| Total payments | 2,897 | 7,456 | - | 10,353 |
| Net of receipts/(payments) | 3,958 | 409 | - | 4,367 |
| A5 Transfers between funds | - | - | - | - |
| A6 Cash funds last year end | 40,051 | - | - | 40,051 |
| Cash funds this year end | 44,009 | 409 | - | 44,418 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ |
|----------------------|--|------------------------------------|----------------------------------|
| B1 Cash funds | Current account | 17,964 | 409 |
| | Deposit account | 26,045 | - |
| | | - | - |
| | Total cash funds | 44,009 | 409 |
| | (agree balances with receipts and payments account(s)) | OK | OK |

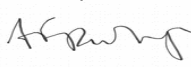
| | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|
| B2 Other monetary assets | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |

| | Details | Fund to which asset belongs | Cost (optional) |
|-----------------------------|---------|-----------------------------|-----------------|
| B3 Investment assets | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |

| | Details | Fund to which asset belongs | Cost (optional) |
|---|---------|-----------------------------|-----------------|
| B4 Assets retained for the charity's own use | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |

| | Details | Fund to which liability relates | Amount due (optional) |
|-----------------------|---------|---------------------------------|-----------------------|
| B5 Liabilities | | | - |
| | | | - |
| | | | - |
| | | | - |
| | | | - |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name |
|---|-----------------|
|  | Anne Darlington |
| | |

CC16a

Last year

to the nearest £

| |
|--------|
| 29,697 |
| - |
| 535 |
| 32 |
| - |
| - |
| - |
| - |
| 30,264 |

| |
|---|
| - |
| - |
| - |

| |
|--------|
| 30,264 |
|--------|

| |
|-------|
| 2,936 |
| 35 |
| 60 |
| 503 |
| 68 |
| 268 |
| 950 |
| 3,540 |
| 1,397 |
| 9,756 |

| |
|---|
| - |
| - |

| |
|-------|
| 9,756 |
|-------|

| |
|--------|
| 20,508 |
| - |
| 19,453 |
| 39,961 |



**Endowment
funds**
to nearest £

| |
|---|
| - |
| - |
| - |
| - |

OK

**Endowment
funds**
to nearest £

| |
|---|
| - |
| - |
| - |
| - |
| - |
| - |

**Current value
(optional)**

| |
|---|
| - |
| - |
| - |
| - |
| - |

**Current value
(optional)**

| |
|---|
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |
| - |

**When due
(optional)**

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| |
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| |
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Date of
approval

20.12.2021