

Trustees' Annual Report for the period								
From		Period start date			To		Period end date	
		01	04	2023			31	03

Section A Reference and administration details

Charity name	NURSES REACHING OUT
Other names charity is known by	NRO
Registered charity number (if any)	1177890
Charity's principal address	18 COTSWOLD COURT
	HORSHAM
Postcode	RH13 5SS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Priamo Karslake	Secretary		
2	Michelle Grainger	Chair		
3	Charlotte Emma Grierson			
5	Alan James Lee			
6	Orobola Feyisola Lafe	Treasurer		
7				
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9				
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12				
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14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Senior Advisor	Mrs Marian Surgenor	

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Foundation CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by the board of trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Summary of the objects of the charity set out in its governing document

The relief of sickness and the preservation of health among people living in low and middle income countries, including but not by way of limitation through the exchange of knowledge and the provision of education and resources.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Nurses Reaching Out (NRO) runs a project in Northern Uganda which concerns the provision of food and drink for hospitalised patients who are without a family member to look after them. It is customary to have an attendant during a period of hospitalisation to provide meals to a patient. Patients who need the meal provision from NRO are identified during hospital admission and a referral is made by nurses and/or hospital social workers to the cooks employed by the charity. The patients identified for this provision by nurses and/or the hospital social worker receive meals and refreshments for the period of their hospitalisation. The project feeds approximately 20-25 patients in each meal sitting. Locally these patients are described as destitute and as such receive the provision free of charge. Without the meal and refreshment provision provided those patients without family or an attendant are at risk of hunger, malnutrition and dehydration.

In planning and prioritising our activities for this financial year, the trustees have reviewed the guidance on public benefit issued by the Charity Commission at our trustee meetings and ensured that we are in full compliance.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Unfortunately, the monthly donations to Nurses Reaching Out that we had seen reduce in the previous year, continued to fall and our Trustee's met to decide what the charity needed to do in order to continue with a reduced income. A difficult decision, and one that was not taken lightly, was made in August to stop the Baby Project. This decision meant that the charity funds would now solely go to the project that provides meals to vulnerable patients. As a group of Trustees, we are extremely grateful to the individuals and organisations that have continued to support Nurses Reaching Out's work and enabled our feeding project to continue.

Section E

Financial review

Brief statement of the charity's policy on reserves

No policy on reserves

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity raised money during this financial year by means of charitable donations from individuals and from Kingdom Faith Church. The aftermath of the pandemic, the Ukraine war, the Israel and Gaza war and the cost of living crisis has undoubtedly had a continued detrimental impact on our finances and we have had to cut back our assistance in line with available funding.

Section F**Other optional information**

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Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	M. Grainger	O.F. Lafe
Full name(s)	Michelle Grainger	Orobola Feyisola Lafe
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	29/01/2025	



Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01/04/2023		31/03/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Miscellaneous donations	6,443	-	-	6,443	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,443	-	-	6,443	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,443	-	-	6,443	-
A3 Payments					
Various: staffing, events, travel etc.	5,803	-	-	5,803	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	5,803	-	-	5,803	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,803	-	-	5,803	-
Net of receipts/(payments)	640	-	-	640	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	823	-	-	823	-
Cash funds this year end	1,463	-	-	1,463	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Balance	1,463	-	-
		-	-	-
		-	-	-
	Total cash funds	1,463	-	-

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Details			
	Land in Uganda	Land	-	2,000
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Details			
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Details			
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
O. F. Lafe	Orobola Lafe	29/01/2025