

# NURSES REACHING OUT

England & Wales · Charity number 1177890

## Details

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Other names	NRO
Status	Registered
Legal form	CIO
Registered	2018-04-10
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	18 Cotswold Court Horsham RH13 5SS
Phone	01403256810
Email	<a href="mailto:info@nursesreachingout.org">info@nursesreachingout.org</a>
Website	<a href="http://www.nursesreachingout.org">www.nursesreachingout.org</a>

## Activities

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**Objects:** THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE LIVING IN LOW AND MIDDLE INCOME COUNTRIES INCLUDING BUT NOT BY WAY OF LIMITATION THROUGH THE EXCHANGE OF KNOWLEDGE AND THE PROVISION OF EDUCATION AND RESOURCES.

**Activities:** The relief of sickness and the preservation of health among people living in low and middle income countries including but not by way of limitation through the exchange of knowledge and the provision of education and resources

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** The General Public/mankind

## Geography

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- Uganda

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£6,036	£5,500	-	-
2024-03-31	£6,443	£5,803	-	-
2023-03-31	£7,823	£8,546	-	-
2022-03-31	£9,486	£10,401	-	-
2021-03-31	£8,115	£10,945	-	-

## Trustees

Name	Role	Appointed
ALAN JAMES LEE		2012-10-14
MICHELLE GRAINGER		2009-03-01
OROBOLA FEYISOLA LAFE		2017-10-01
PAUL PRIAMO KARSLAKE		2012-10-14

**NURSES REACHING OUT**

England & Wales - Charity number 1177890

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# Accounts

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<b>Trustees' Annual Report for the period</b>					
		Period start date		Period end date	
<b>From</b>	01	04	2024	<b>To</b>	31
					03
					2025

**Section A Reference and administration details**

<b>Charity name</b>	NURSES REACHING OUT
<b>Other names charity is known by</b>	NRO
<b>Registered charity number (if any)</b>	1177890
<b>Charity's principal address</b>	18 COTSWOLD COURT
	HORSHAM
<b>Postcode</b>	RH13 5SS

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Priamo Karlake	Secretary		
2	Michelle Grainger	Chair		
3	Charlotte Emma Grierson			
5	Alan James Lee			
6	Orobola Feyisola Lafe	Treasurer		
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
Senior Advisor	Mrs Marian Surgenor	

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Foundation CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by the board of trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Summary of the objects of the charity set out in its governing document**

The relief of sickness and the preservation of health among people living in low and middle income countries, including but not by way of limitation through the exchange of knowledge and the provision of education and resources.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Nurses Reaching Out (NRO) runs a project in Northern Uganda which concerns the provision of food and drink for hospitalised patients who are without a family member to look after them. It is customary to have an attendant during a period of hospitalisation to provide meals to a patient. Patients who need the meal provision from NRO are identified during hospital admission and a referral is made by nurses and/or hospital social workers to the cooks employed by the charity. The patients identified for this provision by nurses and/or the hospital social worker receive meals and refreshments for the period of their hospitalisation. The project feeds approximately 20-25 patients in each meal sitting. Locally these patients are described as destitute and as such receive the provision free of charge. Without the meal and refreshment provision provided those patients without family or an attendant are at risk of hunger, malnutrition and dehydration.

In planning and prioritising our activities for this financial year, the trustees have reviewed the guidance on public benefit issued by the Charity Commission at our trustee meetings and ensured that we are in full compliance.

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



**Summary of the main achievements of the charity during the year**

The monthly donations to Nurses Reaching Out have remained steady and the Trustees are very grateful to organisations and individuals who continue to support NRO's work. This has meant that the feeding programme which provides food to vulnerable patients has been able to continue.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

No policy on reserves

**Details of any funds materially in deficit**

N/A

### **Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity raised money during this financial year by means of charitable donations from individuals and from 2 church organisations.

**Section F****Other optional information**

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**Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	M. Grainger	O.F. Lafe
<b>Full name(s)</b>	Michelle Grainger	Orobola Feyisola Lafe
<b>Position (eg Secretary, Chair, etc)</b>	Chair	Treasurer
<b>Date</b>	30/01/2026	



**Receipts and payments accounts**

For the period from	Period start date 01/04/2024	To	Period end date 31/03/2025
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**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Miscellaneous donations	6,036	-	-	6,036	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>6,036</b>	<b>-</b>	<b>-</b>	<b>6,036</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>6,036</b>	<b>-</b>	<b>-</b>	<b>6,036</b>	<b>-</b>
<b>A3 Payments</b>					
Various: staffing, events, travel etc.	5,500	-	-	5,500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>5,500</b>	<b>-</b>	<b>-</b>	<b>5,500</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>5,500</b>	<b>-</b>	<b>-</b>	<b>5,500</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>536</b>	<b>-</b>	<b>-</b>	<b>536</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,463	-	-	1,463	-
Cash funds this year end	1,999	-	-	1,999	-

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	1,999	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>1,999</b>	<b>-</b>	<b>-</b>

	<b>Unrestricted funds</b> to nearest £	<b>Restricted funds</b> to nearest £	<b>Endowment funds</b> to nearest £
<b>B2 Other monetary assets</b>			
<b>Details</b>			
		-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B3 Investment assets</b>			
<b>Details</b>			
Land in Uganda	Land	-	2,000
		-	-
		-	-
		-	-
		-	-

	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B4 Assets retained for the charity's own use</b>			
<b>Details</b>			
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
<b>B5 Liabilities</b>			
<b>Details</b>			
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

<b>Signature</b>	<b>Print Name</b>	<b>Date of approval</b>
<i>O. F. Lafe</i>	Orobola Lafe	30/01/2026

**NURSES REACHING OUT**

England & Wales - Charity number 1177890

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# Accounts

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Trustees' Annual Report for the period									
From		Period start date			To		Period end date		
		01	04	2023			31	03	2024

**Section A Reference and administration details**

<b>Charity name</b>	NURSES REACHING OUT
<b>Other names charity is known by</b>	NRO
<b>Registered charity number (if any)</b>	1177890
<b>Charity's principal address</b>	18 COTSWOLD COURT
	HORSHAM
<b>Postcode</b>	RH13 5SS

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Priamo Karlake	Secretary		
2	Michelle Grainger	Chair		
3	Charlotte Emma Grierson			
5	Alan James Lee			
6	Orobola Feyisola Lafe	Treasurer		
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
Senior Advisor	Mrs Marian Surgenor	

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Foundation CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by the board of trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Summary of the objects of the charity set out in its governing document**

The relief of sickness and the preservation of health among people living in low and middle income countries, including but not by way of limitation through the exchange of knowledge and the provision of education and resources.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Nurses Reaching Out (NRO) runs a project in Northern Uganda which concerns the provision of food and drink for hospitalised patients who are without a family member to look after them. It is customary to have an attendant during a period of hospitalisation to provide meals to a patient. Patients who need the meal provision from NRO are identified during hospital admission and a referral is made by nurses and/or hospital social workers to the cooks employed by the charity. The patients identified for this provision by nurses and/or the hospital social worker receive meals and refreshments for the period of their hospitalisation. The project feeds approximately 20-25 patients in each meal sitting. Locally these patients are described as destitute and as such receive the provision free of charge. Without the meal and refreshment provision provided those patients without family or an attendant are at risk of hunger, malnutrition and dehydration.

In planning and prioritising our activities for this financial year, the trustees have reviewed the guidance on public benefit issued by the Charity Commission at our trustee meetings and ensured that we are in full compliance.

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



**Summary of the main achievements of the charity during the year**

Unfortunately, the monthly donations to Nurses Reaching Out that we had seen reduce in the previous year, continued to fall and our Trustee's met to decide what the charity needed to do in order to continue with a reduced income. A difficult decision, and one that was not taken lightly, was made in August to stop the Baby Project. This decision meant that the charity funds would now solely go to the project that provides meals to vulnerable patients. As a group of Trustees, we are extremely grateful to the individuals and organisations that have continued to support Nurses Reaching Out's work and enabled our feeding project to continue.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

No policy on reserves

**Details of any funds materially in deficit**

N/A

### **Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity raised money during this financial year by means of charitable donations from individuals and from Kingdom Faith Church. The aftermath of the pandemic, the Ukraine war, the Israel and Gaza war and the cost of living crisis has undoubtedly had a continued detrimental impact on our finances and we have had to cut back our assistance in line with available funding.

**Section F****Other optional information**

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**Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	M. Grainger	O.F. Lafe
<b>Full name(s)</b>	Michelle Grainger	Orobola Feyisola Lafe
<b>Position (eg Secretary, Chair, etc)</b>	Chair	Treasurer
<b>Date</b>	29/01/2025	



**Receipts and payments accounts**

For the period from	Period start date 01/04/2023	To	Period end date 31/03/2024
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**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Miscellaneous donations	6,443	-	-	6,443	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>6,443</b>	<b>-</b>	<b>-</b>	<b>6,443</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>6,443</b>	<b>-</b>	<b>-</b>	<b>6,443</b>	<b>-</b>
<b>A3 Payments</b>					
Various: staffing, events, travel etc.	5,803	-	-	5,803	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>5,803</b>	<b>-</b>	<b>-</b>	<b>5,803</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>5,803</b>	<b>-</b>	<b>-</b>	<b>5,803</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>640</b>	<b>-</b>	<b>-</b>	<b>640</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	823	-	-	823	-
Cash funds this year end	1,463	-	-	1,463	-

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	1,463	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>1,463</b>	<b>-</b>	<b>-</b>

	<b>Unrestricted funds</b> to nearest £	<b>Restricted funds</b> to nearest £	<b>Endowment funds</b> to nearest £
<b>B2 Other monetary assets</b>			
<b>Details</b>			
		-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B3 Investment assets</b>			
<b>Details</b>			
Land in Uganda	Land	-	2,000
		-	-
		-	-
		-	-
		-	-

	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B4 Assets retained for the charity's own use</b>			
<b>Details</b>			
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
<b>B5 Liabilities</b>			
<b>Details</b>			
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

<b>Signature</b>	<b>Print Name</b>	<b>Date of approval</b>
<i>O. F. Lafe</i>	Orobola Lafe	29/01/2025

**NURSES REACHING OUT**

England & Wales - Charity number 1177890

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# Accounts

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Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	04	2022		31	03

**Section A Reference and administration details**

<b>Charity name</b>	NURSES REACHING OUT
<b>Other names charity is known by</b>	NRO
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**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
Senior Advisor	Mrs Marian Surgenor	

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Foundation CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by the board of trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Summary of the objects of the charity set out in its governing document**

The relief of sickness and the preservation of health among people living in low and middle income countries, including but not by way of limitation through the exchange of knowledge and the provision of education and resources.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Nurses Reaching Out (NRO) has a project in Northern Uganda called 25:35. This project provides food and drink for hospitalised patients who are without a family member to look after them. It is customary to have an attendant during a period of hospitalisation to provide meals to a patient. Patients who are in need of the meal provision from NRO are identified during hospital admission and a referral is made by nurses and/or hospital social workers to the cooks employed by the charity. The patients identified for this provision will receive meals and refreshments for the period of their hospitalisation. Locally these patients are described as destitute and as such receive the provision free of charge. Without the meal and refreshment provision provided those patients without family or an attendant are at risk of at hunger and dehydration.

Until August 2022 the charity had a second project which provided a baby kit to accompany the government maternity kit. The baby kits contain essential items to clean and keep a new born baby warm. The kits are delivered to medical centres with maternity facilities that have partnered with NRO. An educational package accompanied the kits to highlight the benefits of antenatal checks and to encourage pregnant women to attend these checks. The baby kit was received by mothers at the last antenatal check. Centres which have the kits have saw increasing numbers of women attending antenatal checks and deliveries increasing with good outcomes for mother and baby.

In planning and prioritising our activities for this financial year, the trustees have reviewed the guidance on public benefit issued by the Charity Commission at our trustee meetings and ensured that we are in full compliance.

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



**Summary of the main achievements of the charity during the year**

Nurses Reaching Out saw it's monthly donations fall and attempts to gain grants were not successful. The financial income stabilised but the Trustee's needed to make a difficult decision as the regular income to the charity would not support the work of both projects. The decision was to close the baby kits project for the time being and continue with the 25:35 NRO's meal provision project. We are extremely grateful to those who have given financially to the charity over this past year. The charity aim is to reinstate the baby kit project when the financial provision improves.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

No policy on reserves

**Details of any funds materially in deficit**

N/A

### **Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity raised money during this financial year by means of charitable donations from individuals and from Kingdom Faith Church. The aftermath of the pandemic, the Ukraine war and the cost of living crisis has undoubtedly had a continued detrimental impact on our finances and we have had to cut back our assistance in line with available funding.

**Section F****Other optional information**

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**Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	M. Grainger	O.F. Lafe
<b>Full name(s)</b>	Michelle Grainger	Orobola Feyisola Lafe
<b>Position (eg Secretary, Chair, etc)</b>	Chair	Treasurer
<b>Date</b>	30/01/2024	



**Receipts and payments accounts**

For the period from	Period start date 01/04/2022	To	Period end date 31/03/2023
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**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Miscellaneous donations	7,823	-	-	7,823	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>7,823</b>	<b>-</b>	<b>-</b>	<b>7,823</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>7,823</b>	<b>-</b>	<b>-</b>	<b>7,823</b>	<b>-</b>
<b>A3 Payments</b>					
Various: staffing, events, travel etc.	8,546	-	-	8,546	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>8,546</b>	<b>-</b>	<b>-</b>	<b>8,546</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>8,546</b>	<b>-</b>	<b>-</b>	<b>8,546</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>- 723</b>	<b>-</b>	<b>-</b>	<b>- 723</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>1,547</b>	<b>-</b>	<b>-</b>	<b>1,547</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>824</b>	<b>-</b>	<b>-</b>	<b>824</b>	<b>-</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	824	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>824</b>	<b>-</b>	<b>-</b>

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	<b>Details</b>			
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>	<b>Details</b>			
	Land in Uganda	Land	-	2,000
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>			
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	<b>Details</b>			
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>O. F. Lafe</i>	Orobola Lafe	30/01/2024

**NURSES REACHING OUT**

England & Wales - Charity number 1177890

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# Accounts

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Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	04	2021		31	03

**Section A Reference and administration details**

<b>Charity name</b>	NURSES REACHING OUT
<b>Other names charity is known by</b>	NRO
<b>Registered charity number (if any)</b>	1177890
<b>Charity's principal address</b>	18 COTSWOLD COURT
	HORSHAM
	<b>Postcode</b> RH13 5SS

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Priamo Karlsruhe	Secretary		
2	Michelle Grainger	Chair		
3	Charlotte Emma Grierson			
5	Alan James Lee			
6	Orobola Feyisola Lafe	Treasurer		
7				
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
Senior Advisor	Mrs Marian Surgenor	

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Foundation CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by the board of trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Summary of the objects of the charity set out in its governing document**

The relief of sickness and the preservation of health among people living in low and middle income countries, including but not by way of limitation through the exchange of knowledge and the provision of education and resources.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Nurses Reaching Out (NRO) runs two projects in Northern Uganda. The first project concerns the provision of food and drink for hospitalised patients who are without a family member to look after them. It is customary to have an attendant during a period of hospitalisation to provide meals to a patient. Patients who are in need of the meal provision from NRO are identified during hospital admission and a referral is made by nurses and/or hospital social workers to the cooks employed by the charity. The patients identified for this provision will receive meals and refreshments for the period of their hospitalisation. Locally these patients are described as destitute and as such receive the provision free of charge. Without the meal and refreshment provision provided those patients without family or an attendant are at risk of at hunger and dehydration.

The second project provides a baby kit to accompany government maternity kit. The baby kits contain essential items to clean and keep a new born baby warm. The kits are delivered to medical centres maternity facilities that have partnered with NRO. An educational package has accompanied the kits to inform of the benefits of antenatal checks and encourage pregnant women to attend these checks. The baby kit is received by mothers at the last antenatal check. Centres which have the kits have seen increasing numbers of women attending antenatal checks and deliveries increasing.

In planning and prioritising our activities for this financial year, the trustees have reviewed the guidance on public benefit issued by the Charity Commission at our trustee meetings and ensured that we are in full compliance.

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



**Summary of the main achievements of the charity during the year**

Unfortunately, NRO has seen it's monthly donations fall. Our fundraising activities have been somewhat limited with less people and grant giving organisations donating to charities. We are extremely grateful to those who have given financially to the charity. The trustees reviewed the meal service and revisions were made to the ingredients used for the meal provision. The charity has been able to continue to run both projects and keep the staff we have employed to run these projects.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

No policy on reserves

**Details of any funds materially in deficit**

N/A

### **Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity raised money during this financial year by means of charitable donations from individuals and from Kingdom Faith Church. The aftermath of the pandemic, the Ukraine war and the cost of living crisis has undoubtedly had a continued detrimental impact on our finances and we have had to cut back our assistance in line with available funding.

The sum of £1,933 in HMRC Gift Aid was also received during the period which related to 2018 – 2021.

**Section F****Other optional information**

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**Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	M. Grainger	O.F. Lafe
<b>Full name(s)</b>	Michelle Grainger	Orobola Feyisola Lafe
<b>Position (eg Secretary, Chair, etc)</b>	Chair	Treasurer
<b>Date</b>	30/01/2022	



**Receipts and payments accounts**

For the period from	Period start date 01/04/2021	To	Period end date 31/03/2022
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**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Miscellaneous donations	7,553	-	-	7,553	-
HMRC Gift Aid	1,933	-	-	1,933	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>9,486</b>	<b>-</b>	<b>-</b>	<b>9,486</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>9,486</b>	<b>-</b>	<b>-</b>	<b>9,486</b>	<b>-</b>
<b>A3 Payments</b>					
Various: staffing, events, travel etc.	10,401	-	-	10,401	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>10,401</b>	<b>-</b>	<b>-</b>	<b>10,401</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>10,401</b>	<b>-</b>	<b>-</b>	<b>10,401</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>- 915</b>	<b>-</b>	<b>-</b>	<b>- 915</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>2,462</b>	<b>-</b>	<b>-</b>	<b>2,462</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>1,547</b>	<b>-</b>	<b>-</b>	<b>1,547</b>	<b>-</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	1,547	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>1,547</b>	<b>-</b>	<b>-</b>

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	<b>Details</b>			
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>	<b>Details</b>			
	Land in Uganda	Land	-	2,000
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>			
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	<b>Details</b>			
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>O. F. Lafe</i>	Orobola Lafe	30/01/2023

**NURSES REACHING OUT**

England & Wales - Charity number 1177890

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# Accounts

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<b>Trustees' Annual Report for the period</b>						
		Period start date			Period end date	
<b>From</b>	01	04	2020	<b>To</b>	31	03
						2021

**Section A Reference and administration details**

<b>Charity name</b>	NURSES REACHING OUT
<b>Other names charity is known by</b>	NRO
<b>Registered charity number (if any)</b>	1177890
<b>Charity's principal address</b>	18 COTSWOLD COURT
	HORSHAM
<b>Postcode</b>	RH13 5SS

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Priamo Karlake	Secretary		
2	Michelle Grainger	Chair		
3	Charlotte Emma Grierson			
4	Susan Patricia Sanger		01/04/20 – 19/08/20	
5	Alan James Lee			
6	Orobola Feyisola Lafe	Treasurer		
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13				
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15				
16				
17				
18				
19				
20				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
Patron	Dame Anne Gloag	
Senior Advisor	Mrs Marian Surgenor	

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity’s trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Foundation CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by the board of trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

--

**Summary of the objects of the charity set out in its governing document**

The relief of sickness and the preservation of health among people living in low and middle income countries, including but not by way of limitation through the exchange of knowledge and the provision of education and resources.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The charity has two projects running:

The first project concerns the provision of food and drink for patients without a family member with them, where it is customary to have an attendant during their hospitalisation and where the hospital also does not provide patient meals. Patients in need of the meal provision are identified during hospital admission and a referral is made by nurses and/or hospital social workers to the cooks employed by the charity. Patients identified for this provision will receive meals and refreshments for the period of their hospitalisation. Locally these patients are described as destitute and as such receive the provision free of charge. Without the meal and refreshment provision provided those patients without family or an attendant are at risk of at hunger, starvation and dehydration.

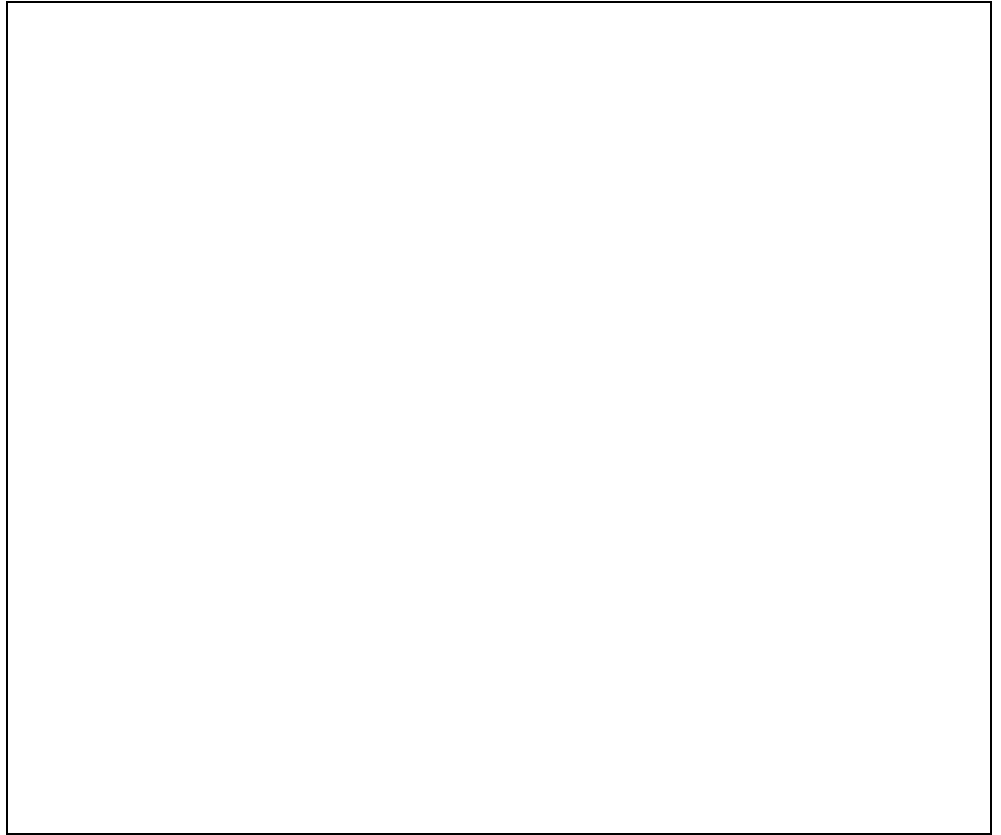
The second project provides a baby kit to accompany government maternity kit. The baby kits contain essential items to clean and keep warm new born babies. The kits are delivered to partnering medical centres that have maternity facilities. An educational package has accompanied the kits to encourage pregnant women to attend antenatal checks. Centres which have the kits have seen increasing numbers of women attending antenatal checks as well as deliveries increasing.

In planning and prioritising our activities for this financial year, the trustees have reviewed the guidance on public benefit issued by the Charity Commission at our trustee meetings and ensured that we are in full compliance.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



**Summary of the main achievements of the charity during the year**

Unfortunately, due to the continuation of the pandemic our fundraising activities have been somewhat limited with a smaller number of people and organisations donating to charities. We are extremely grateful to those who have given financially to the charity and we are pleased to say that we have been able to continue to run both of the projects and keep the staff we have employed to run these projects.

The meal and refreshment provision to patients has continued as has the provision of the baby kits.

We held an online quiz during the year which raised some funds and enabled new people to hear about NRO's projects. We aim to hold another quiz in 2022.

We are very pleased that the meal provision has continued to provide food to hospitalised people without family help on a 7 day week basis throughout the year.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

No policy on reserves

**Details of any funds materially in deficit**

N/A

### **Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity raised money during this financial year by means of charitable donations from individuals and from Kingdom Faith Church. The pandemic has undoubtedly had a continual impact on our finances, however donations increased 169% compared to 2019/20 whilst our costs increased by 29% over the same period.

We have more people giving on a regular basis now, and the Trustees have also increased their personal donations to NRO.

**Section F****Other optional information**

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**Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	M. Grainger	O.F. Lafe
<b>Full name(s)</b>	Michelle Grainger	Orobola Feyisola Lafe
<b>Position (eg Secretary, Chair, etc)</b>	Chair	Treasurer
<b>Date</b>	29/01/2021	



## Receipts and payments accounts

For the period from	Period start date 01/04/2020	To	Period end date 31/03/2021
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Miscellaneous donations	8,115	-	-	8,115	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>8,115</b>	<b>-</b>	<b>-</b>	<b>8,115</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>8,115</b>	<b>-</b>	<b>-</b>	<b>8,115</b>	<b>-</b>
<b>A3 Payments</b>					
Various: staffing, events, travel etc.	10,945	-	-	10,945	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>10,945</b>	<b>-</b>	<b>-</b>	<b>10,945</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>10,945</b>	<b>-</b>	<b>-</b>	<b>10,945</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>- 2,830</b>	<b>-</b>	<b>-</b>	<b>- 2,830</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>5,292</b>	<b>-</b>	<b>-</b>	<b>5,292</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>2,462</b>	<b>-</b>	<b>-</b>	<b>2,462</b>	<b>-</b>

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	2,462	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>2,462</b>	<b>-</b>	<b>-</b>

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	<b>Details</b>			
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>	<b>Details</b>			
	Land in Uganda	Land	-	2,000
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>			
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	<b>Details</b>			
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>O. F. Lafe</i>	Orobola Lafe	28/01/2022