

# *Fibroid Forum UK*

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**FIBROID FORUM UK**

**CHARITABLE INCORPORATED ORGANISATION NO. 1177878**

**REPORT AND ACCOUNTS**

**31 DECEMBER 2024**

## **Fibroid Forum UK**

### **Report of the Trustees for the year ending 31 December 2024**

The Trustees of the Fibroid Forum UK present their annual report and accounts for the year ending 31 December 2024.

The board of trustees is satisfied with the performance of the charity during the year and the position as of 31 December 2024 and consider that the charity is in a good position to continue its activities during the coming year.

### **Charity's Registered Address**

253 Lordship Lane  
London  
SE22 8JF

The charity is a registered Charitable Incorporated Organisation No. 1177878

### **A summary of the objects of the charity as set out in its governing document:**

The relief of sickness and the preservation of health of women who are suffering or are at risk of suffering from uterine fibroids, in particular but not exclusively by:

- (1) raising awareness of fibroids and how it impacts on the lives of sufferers;
- (2) educating and empowering women suffering from fibroids to enable them to make informed choices about the best treatment options for them and how to access them;  
and:
- (3) aiding the research of the causes of fibroids to help alleviate and eliminate the condition and to publish the useful results.

### **An explanation of the charity's main activities and objectives for the year**

The charity continues to run quarterly Fibroid Support Group meetings which it has done since September 2017. Since 2020, in the wake of the COVID-19 pandemic and the lockdown restrictions, the quarterly meetings moved from in person meetings at St Thomas's Hospital to the Zoom online platform which has enabled the charity to continue offering support to fibroid sufferers and provide access to attendees from further afield, including overseas. These quarterly meetings continued online in 2024 with three meetings taking place. Attendees were required to pre-register to attend and asked to remain on camera during meetings.

The support group meetings continue to raise awareness of fibroids and how the condition impacts the lives of sufferers; educating and empowering women suffering from the condition to make informed choices about the best treatment and self-care options and how to access them.

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The support group meetings have continued to provide the opportunity for sufferers to share their experience of the condition, the various treatment options that they had undergone, the challenges in obtaining treatment as well as the self-care they have engaged with in treating their condition. Some of the attendees continue to regularly attend meetings even after receiving treatment and add their voice and support to the group discussions.

The charity continues to have a social media presence both on Facebook and X (formerly Twitter), with the charity's private Facebook group providing a forum where sufferers of the condition can share their experience, ask questions, and gain support from other sufferers. Articles regarding the condition and other gynaecological conditions are also shared in the Facebook group.

Facebook, X, Eventbrite and an email mailing list (which recipients give their consent to join) have also been the means by which support group meetings have been publicised.

In July 2024, one of our trustees gave a presentation on fibroids to the Alzheimer's Society Menstrual Health network as part of Fibroids Awareness Month.

In August 2024 two of the charity's trustees took part in Ultra Challenge's London Summer fundraising walk over 10km, raising more than £1,000 for the charity.

In November 2024 two of the trustees visited Homerton College, Cambridge University to participate in the Homerton Big Conversations and Department of Obstetrics and Gynaecology symposium on Breaking the Silence about Uterine Fibroids: Confronting the Inequalities in Women's Health. As a result of their attendance a collaborative relationship has been formed between the charity and the Homerton College Department of Obstetrics and Gynaecology.



## **Structure, Governance and Management**

The charity trustees are responsible for the overall management and control of the charity. All decisions are made by the trustees.

The trustees met on six occasions during the year to discuss governance of the charity, plan support group meetings and ways of promoting awareness of fibroids and the treatment options available.

The charity is not part of a wider group structure.

## **Public benefit**

The charity's trustees continue to have regards to the Charity Commission's public benefit guidance. The trustees are aware of the guidance and have taken it into account when

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decision making to which the guidance is relevant in the running of the charity. On any occasion where the trustees decide to depart from the guidance, they have good reasons for doing so and this is recorded.

The trustees are confident that the charity has continued to provide public benefit through the support group meetings for fibroid sufferers, many of whom have fed back with their appreciation for a supportive forum and a network in which to share their experience with other sufferers as well as gaining information from practitioners in the field. The has enabled sufferers of the condition to make more informed choices about the treatment options available to them. Several of the attendees continue to regularly attend the online support group meetings.

Public benefit has also continued to be provided through the charity's Facebook group which was established in 2017 and is administered by two of the trustees. At the end of the reporting period the Facebook group had increased by 240 members to a total of 1,088 members. Members frequently contribute to the group page by sharing their own individual experiences or asking other members for guidance on navigating treatment options.

## **Financial Review & Annual Return Questions**

The financial statements are set out in the accounts for the period ending 31 December 2024. The accounts have been presented as a Receipts and Payments Accounts.

Income of £1,314.87 was received during the period being reported with expenditure of £50 and this is reflected in the accounts. Grant making is not the main way that the charity carries out its purposes.

In August 2024 the charity registered with the Fundraising Regulator.

During the financial period for this return, the charity received no income or grant funding from contracts from central government or a local authority.

During the financial period for this annual return, the charity received no income from outside of the UK.

During the financial period for this annual return, the charity did not operate outside England and Wales, and no money was spent or transferred outside England and Wales.

The charity has no trading subsidiaries.

During the financial period for this annual return, none of the trustees received remuneration or benefits other than any expenses incurred.

None of the trustees were paid:

- (a) for being a trustee;
- (b) for providing professional advice or services to the charity; or
- (c) for any other benefit from the charity (for example accommodation, car, holiday).

The charity has no employees or paid members of staff and during the period covered by this annual return, none of the trustees resigned to take up employment with the charity.

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The charity had no UK volunteers during the financial period. All activities were undertaken by the trustees.

The charity has no overseas expenditure and therefore no monitoring controls in place to monitor such expenditure.

None of the charity's trustees are in roles within the charity requiring a standard, enhanced, or enhanced with barred lists DBS check, but may have such checks in other roles.

### **Members of the Board of Trustees at the date the report and the accounts were approved**

Audrey Skervin (Chair)  
Yvonne Maye (Treasurer)  
Elfreda Skervin  
Helen Odozi  
Dawn Martin

30 September 2025



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
Fibroid Forum UK

No (if any)  
1177878

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01/01/2024

To

Period end date  
31/12/2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Fundraising & Donations	1,315	£0.00	£0.00	£1,315.00	140
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	1,315.00	-	-	1,315	140
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	1,315	-	-	1,315	140
<b>A3 Payments</b>					
Registration with Fundraising Regulator	50	-	-	50	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	50	-	-	50	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	50	-	-	50	-
<b>Net of receipts/(payments)</b>	1,265	-	-	1,265	140
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	1,265	-	-	1,265	140

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		1,646	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	1,646	-	-
	(agree balances with receipts and payments account(s))		OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Dawn Martin	Dawn Martin	30/09/2025	